



# Watlington Hill XC XK

## Sunday 4<sup>th</sup> July 2010 - 10:30 10km

(To secure your place please complete in **BLOCK CAPITALS** and post to Murray Bishop - Adaurum Ascent, 36 Couching Street, Watlington OX49 5QQ with your payment to Adaurum Ascent )

SURNAME.....

FIRST NAME .....

ADDRESS .....

.....POST CODE.....

E-MAIL: .....

MALE / FEMALE      AGE:                      EXPECTED FINISH TIME: Hours:    Minutes:  
10km min, age 16 on day of race

RACE ENTRY FEE: £10:00 (Affiliated)    £12.00 Unaffiliated

ENTRY FEE ON RACE DAY £13.00 (Affiliated)    £15.00 Unaffiliated

I UNDERSTAND THAT THE WATLINGTON XC XK RACE ORGANISERS AND ALL ASSOCIATED SPONSORS CANNOT BE HELD RESPONSIBLE IN ANY WAY FOR ANY LOSS OR INJURY TO ME OR ANY OTHER PARTY HOWSOEVER CAUSED. I CONFIRM THAT I AM AWARE OF THE ORGANISER'S INFORMATION AND REQUIREMENTS IN CONNECTION WITH THIS RACE. I ACCEPT THE HAZARDS INVOLVED IN HILL RUNNING AND ACKNOWLEDGE THAT I AM ENTERING AND RUNNING THIS RACE AT MY OWN RISK. OTHER THAN THE ORGANISER'S LIABILITY FOR CAUSING DEATH OR PERSONAL INJURY BY NEGLIGENCE, I CONFIRM THAT I UNDERSTAND THAT THE ORGANISER ACCEPTS NO LIABILITY TO ME FOR ANY LOSS OR DAMAGE OF ANY NATURE TO MYSELF OR MY PROPERTY ARISING OUT OF MY PARTICIPATION IN THIS RACE. I AM AWARE THAT I SHOULD SEEK ADVICE FROM MY MEDICAL PRACTITIONER IF I AM IN ANY DOUBT AS TO MY PHYSICAL ABILITY TO PARTICIPATE IN THIS EVENT.

Signature

Dated

PLEASE COMPLETE THIS FORM AND POST TO Murray Bishop - Adaurum Ascent, 36 Couching Street, Watlington OX49 5QQ with your payment to Adaurum Ascent and collect your race number on Race Day.

