

# Ingli Runners RNL1 10k 2007

Sunday, 19 August 2007 at 11:00am

Pos	Race No	Surname	First Name	Club	Time	Cat	Age
1	68	ABBOTT	ANDREW	SARN HELEN	00:35:36	OM	36
2	100	HEWITSON	LES	INGLI RUNNERS	00:35:51	M40	43
3	80	GRIFFITHS	KEVIN	TROTS	00:37:02	M40	43
4	63	PRICE	GLYN	SARN HELEN	00:37:07	M40	40
5	99	THOMAS	CARWYN	SARN HELEN	00:38:33	OM	19
6	71	THOMAS	ANN	TROTS	00:38:41	F35	40
7	95	BOWEN	PAUL	SOSPAN ROAD RUNNERS	00:38:50	OM	35
8	86	ELLIOTT	GARETH	PEMBROKESHIRE HARRIERS	00:39:01	OM	25
9	76	JAMES	TIM	INGLI RUNNERS	00:39:59	OM	29
10	83	LLOYD	PETER	GLOUCESTER AC	00:40:05	M40	47
11	74	WILLIAMS	ROB	INGLI RUNNERS	00:40:12	M40	41
12	88	SINNETT	JOHN	PEMBROKESHIRE HARRIERS	00:41:15	M50	50
13	93	LLWYD	GWION	NONE	00:41:24	OM	31
14	60	DRIVER	KAT	PEMBROKESHIRE HARRIERS	00:41:28	OF	30
15	75	JONES	STEPHEN	NONE	00:42:04	M40	44
16	85	SEXTON	TASHA	INGLI RUNNERS	00:42:15	OF	33
17	56	ATKIN	SIMON	WHITE HORSE HARRIERS	00:42:33	M40	43
18	73	HALSALL	MICHAEL	LLANELLI AAC	00:42:35	OM	34
19	81	RUTHERFORD	JULIAN	PEMBROKESHIRE TRI	00:42:46	OM	35
20	84	SEXTON	CHRIS	INGLI RUNNERS	00:43:19	M40	43
21	61	CLEATHERO	CLAIRE	TROTS	00:43:34	OF	33
22	96	MILLARD	BRIAN	INGLI RUNNERS	00:44:04	OM	37
23	64	WILKINS	JASON	CARDIGAN RUNNING CLUB	00:44:10	OM	37
24	70	PADGET	PAUL	INGLI RUNNERS	00:44:27	M50	52
25	59	BIRCH	CHRIS	TROTS	00:44:31	M40	48
26	67	EDWARDS	PAUL	PEMBROKESHIRE HARRIERS	00:45:33	M40	48
27	62	PALMER	SAM	TROTS	00:46:11	OM	28
28	50	SHERWOOD	ROLAND	AMMAN VALLEY HARRIERS	00:46:14	M60	62
29	94	THOMAS	EMYR	NONE	00:46:24	OM	38
30	97	CLARKE	DAVE	NONE	00:46:33	OM	38
31	98	REES	LYN	SARN HELEN	00:46:51	M50	57
32	72	SMITH	BOB	NONE	00:47:26	M40	46
33	65	BUCK	JANE	CARDIGAN RUNNING CLUB	00:47:33	F35	44
34	77	ASHCROFT	IAN	WILMSLOW	00:47:56	M60	60
35	87	ROGERS	TOBY	INGLI RUNNERS	00:48:19	OM	28
36	101	WOODROW	ALEX	NONE	00:49:02	OM	35
37	58	GLOVER	THOMAS	MERLINS BRIDGE	00:49:34	YTM	15
38	57	SMITH	MARK	NONE	00:49:52	M40	40
39	78	WILLIAMS	ALAN	INGLI RUNNERS	00:50:57	OM	
40	91	JONES	ELIN	NONE	00:50:59	F35	42
41	82	COOKE	FRANCES	INGLI RUNNERS	00:52:32	OF	24
42	89	LIGHT	ANDY	NONE	00:53:10	M40	45
43	69	JONES	NIGEL	LLANELLI SEASIDE STROLLER	00:53:19	M50	53
44	92	MATHIAS	JAYNE	NONE	00:53:25	F35	41
45	79	BATEMAN	EDDIE	PEMBROKESHIRE HARRIERS	00:55:03	M50	50
46	66	GARDNER	COLIN	NONE	00:55:06	M50	58
47	90	HODGES	MIKE	TROTS	00:57:21	M50	54
48	55	CHARLETT	PAULINE	PEMBROKESHIRE HARRIERS	00:58:26	F45	45
49	52	BRITTON	PHILIP	NONE	00:58:34	M40	47
50	53	BELL	JAN	PEMBROKESHIRE HARRIERS	00:59:00	F55	62
51	54	THOMAS	BARBARA	PEMBROKESHIRE HARRIERS	00:59:00	F55	63
52	51	WATTS	ALLEN	SARN HELEN	01:15:50	M70	78