

Pos	Time	No Name	Club
1	00:09:14	10 Grace Howie	Poole
2	00:09:32	8 Shelby Haysom	Poole
3	00:09:38	122 Shannon Carroll	Gloucestershire Schools
4	00:09:58	5 Emma Fay	Ardee + District
5	00:10:01	124 Holly Jones	Gloucestershire Schools
6	00:10:06	123 Bethan Tomlinson	Gloucestershire Schools
7	00:10:10	130 Lucy Goudswaard	Gloucestershire Schools
8	00:10:11	111 Megan Osborne	Cardiff & Vale Schools
9	00:10:13	4 Aoife Donnelly	Ardee + District
10	00:10:15	62 Kerstin Watts	GlamValleys Schools
11	00:10:16	9 Annie Ingram	
12	00:10:17	131 Corrigan Cox	Gloucestershire Schools
13	00:10:18	61 Rebecca Evans	GlamValleys Schools
14	00:10:19	128 Hatti Dent	Gloucestershire Schools
15	00:10:20	110 Lucy Tarrant	Cardiff & Vale Schools
16	00:10:22	65 Hannah Mittelberger	GlamValleys Schools
17	00:10:27	64 Jessica Hegarty	GlamValleys Schools
18	00:10:29	129 Cara Froggett	Gloucestershire Schools
19	00:10:30	63 Francesca Morris	GlamValleys Schools
20	00:10:31	126 Katy Townsend	Gloucestershire Schools
21	00:10:32	93 Georgia Morgan	Cardiff & Vale Schools
22	00:10:45	55 Kari O'Neill	Dyfed Schools
23	00:10:46	92 Lucy Hammett	Afan NT Schools
24	00:10:47	136 Kelly Smith	Gloucestershire Schools
25	00:10:52	140 Sam Quayle	SE Wales Schools
26	00:10:55	104 Rebecca John	Cardiff & Vale Schools
27	00:10:57	99 Rachel Bevan	Cardiff & Vale Schools
28	00:11:01	142 Malika Rezougui	SE Wales Schools
29	00:11:03	151 Ellie Campbell	SE Wales Schools
30	00:11:04	20 Unknown Runner	
31	00:11:06	138 Polly Smart	Gloucestershire Schools
32	00:11:10	66 Ceyn Emanuel	GlamValleys Schools
33	00:11:11	108 Aimee Price	Cardiff & Vale Schools
34	00:11:11	100 Talia Price	Cardiff & Vale Schools
35	00:11:12	97 Amy Lane	Cardiff & Vale Schools
36	00:11:14	56 Grace Gibbon	Dyfed Schools
37	00:11:16	133 Beth Wilmore	Gloucestershire Schools
38	00:11:18	125 Dory Alexander	Gloucestershire Schools
39	00:11:21	2 Trion Davies	Aberystwyth
40	00:11:23	144 Francesca Hyde	SE Wales Schools
41	00:11:25	98 Lucy Mogford	Cardiff & Vale Schools
42	00:11:28	58 Tesni Galvin	Dyfed Schools
43	00:11:31	6 Ciara Leacx	Ardee + District
44	00:11:32	117 Bryony Harper	Cardiff & Vale Schools
45	00:11:35	103 Katie Munro	Cardiff & Vale Schools
46	00:11:35	81 Elin Davies	Afan NT Schools
47	00:11:37	51 Rhian Campbell	Dyfed Schools
48	00:11:38	67 Elin Lewis	GlamValleys Schools
49	00:11:39	107 Chantara James	Cardiff & Vale Schools
50	00:11:42	147 Victoria Young	SE Wales Schools
51	00:11:43	112 Kristie Simmons	Cardiff & Vale Schools
52	00:11:46	137 Alice Harper	Gloucestershire Schools
53	00:11:46	88 Catrin Roberts	Afan NT Schools
54	00:11:48	76 Lowri James	GlamValleys Schools
55	00:11:50	102 Caitlin Allin	Cardiff & Vale Schools
56	00:11:50	68 Ellen Harvard	GlamValleys Schools
57	00:11:53	85 Naomi Osborne	Afan NT Schools
58	00:11:55	106 Izzy Lewis	Cardiff & Vale Schools
59	00:11:55	143 Rosie Eccles	SE Wales Schools
60	00:11:56	84 Fiona Shuttleworth	Afan NT Schools
61	00:11:57	94 Bethan Yapp	Cardiff & Vale Schools
62	00:11:58	60 Bethan Cant	Dyfed Schools
63	00:12:00	71 Isabelle Hughes	GlamValleys Schools
64	00:12:00	139 Cicely Wiggins	Gloucestershire Schools
65	00:12:01	73 Bethan Phillips	GlamValleys Schools
66	00:12:03	83 Jenny Shuttleworth	Afan NT Schools
67	00:12:05	146 Danielle Jordan	SE Wales Schools
68	00:12:05	119 Lara Durrani	Cardiff & Vale Schools
69	00:12:09	154 Shannon Evans	SE Wales Schools
70	00:12:10	79 Holly Short	GlamValleys Schools
71	00:12:13	115 Sara Doust	Cardiff & Vale Schools
72	00:12:14	120 Rhiannon Jones	Cardiff & Vale Schools
73	00:12:20	150 Tamsin Jones	SE Wales Schools
74	00:12:25	118 Rachel Bishop	Cardiff & Vale Schools
75	00:12:31	77 Naomi Thompson	GlamValleys Schools
76	00:12:36	148 Megan Jones	SE Wales Schools
77	00:12:37	91 Maria Titley	Afan NT Schools

78	00:12:38	152 Kayleigh Price	SE Wales Schools
79	00:12:40	121 Rhiannon Lloyd Williams	Cardiff & Vale Schools
80	00:12:44	90 Caitlin Rees-Godwin	Afan NT Schools
81	00:12:47	156 Fiona Anthony	SE Wales Schools
82	00:12:49	95 Lisa James	Cardiff & Vale Schools
83	00:12:50	72 Harley Howells	GlamValleys Schools
84	00:12:51	7 Alice Ohare	Ardee + District
85	00:12:52	114 Leah Byrne	Cardiff & Vale Schools
86	00:12:54	78 Mair Davies	GlamValleys Schools
87	00:12:57	59 Taylor MacLeod	Dyfed Schools
88	00:12:58	86 Laura Kerswell	Afan NT Schools
89	00:12:58	113 Chloe Eva	Cardiff & Vale Schools
90	00:13:03	89 Keavy Slattery	Afan NT Schools

Schools

1	47 pts	Gloucestershire Schools	(3 5 6 7 12 14)
2	107 pts	GlamValleys Schools	(10 13 16 17 19 32)
3	130 pts	Cardiff & Vale Schools	(8 15 21 26 27 33)
4	168 pts	Gloucestershire Schools	(18 20 24 31 37 38)
5	231 pts	SE Wales Schools	(25 28 29 40 50 59)
6	248 pts	Cardiff & Vale Schools	(34 35 41 44 45 49)
7	296 pts	Dyfed Schools	(22 36 42 47 62 87)
8	305 pts	Afan NT Schools	(23 46 53 57 60 66)
9	356 pts	GlamValleys Schools	(48 54 56 63 65 70)
10	364 pts	Cardiff & Vale Schools	(51 55 58 61 68 71)
11	444 pts	SE Wales Schools	(67 69 73 76 78 81)
12	481 pts	Cardiff & Vale Schools	(72 74 79 82 85 89)

Under 13 Boys

22/01/2008

Pos	Time	No	Name	Club
1	00:08:46	5	Alex Carter	Wessex & Bath
2	00:09:05	218	Morgan Thomas	GlamValleys Schools
3	00:09:07	174	Dominic James	Gloucestershire Schools
4	00:09:18	1	Kieran Young	Mendip
5	00:09:20	173	Sam Jones	Gloucestershire Schools
6	00:09:25	237	Macauley Birkinshaw	GlamValleys Schools
7	00:09:28	155	Jack Gooch	Cardiff & Vale Schools
8	00:09:33	8	Liam Bradley	Newport H
9	00:09:34	169	Emmett Thompson	Gloucestershire Schools
10	00:09:35	166	Harri Williams	Cardiff & Vale Schools
11	00:09:35	186	William Smith	SE Wales Schools
12	00:09:37	175	Sam Evans	Gloucestershire Schools
13	00:09:37	165	Jamie Perrington	Cardiff & Vale Schools
14	00:09:38	170	Evan Whitbourn	Gloucestershire Schools
15	00:09:42	159	David Shallis	Cardiff & Vale Schools
16	00:09:43	243	Stephen Williams	Dyfed Schools
17	00:09:45	207	Jonathon Tobin	Afan NT Schools
18	00:09:46	172	Tom Parnell	Gloucestershire Schools
19	00:09:50	191	Cameron Still	SE Wales Schools
20	00:09:50	7	Christian Lovatt	Carmarthen
21	00:09:53	171	Jack Fear	Gloucestershire Schools
22	00:09:53	184	Ben Vincent	Gloucestershire Schools
23	00:09:54	212	Lewis Preece	Afan NT Schools
24	00:09:56	181	Lewis Wassell	Gloucestershire Schools
25	00:09:58	178	Kieran Shoemark	Gloucestershire Schools
26	00:09:58	205	Finley Davies	Afan NT Schools
27	00:09:58	190	Daniel Still	SE Wales Schools
28	00:10:00	241	Ieuan Cooke	Dyfed Schools
29	00:10:00	216	Luke Ford	Afan NT Schools
30	00:10:03	240	Jack Tranter	Dyfed Schools
31	00:10:05	177	Robbie Dee	Gloucestershire Schools
32	00:10:06	142	Felix Iacono	Cardiff & Vale Schools
33	00:10:07	204	Kieron White	Afan NT Schools
34	00:10:08	182	Tom Head	Gloucestershire Schools
35	00:10:08	192	Chris Price	SE Wales Schools
36	00:10:09	187	William England	SE Wales Schools
37	00:10:09	180	Tom Keeble	Gloucestershire Schools
38	00:10:10	149	Harri Thomas	Cardiff & Vale Schools
39	00:10:11	156	Elliot Richards	Cardiff & Vale Schools
40	00:10:11	179	Jack Richards	Gloucestershire Schools
41	00:10:11	219	Regan May	GlamValleys Schools
42	00:10:13	168	Iwan Rowlands	Cardiff & Vale Schools
43	00:10:15	220	Geraint Jones	GlamValleys Schools
44	00:10:16	167	Geraint Roblin	Cardiff & Vale Schools
45	00:10:19	158	Joe Dyer	Cardiff & Vale Schools
46	00:10:21	238	Alex Arnold	Dyfed Schools
47	00:10:22	152	Tom Morgan	Cardiff & Vale Schools
48	00:10:23	183	Chris Wright	Gloucestershire Schools
49	00:10:24	176	Jamie Power	Gloucestershire Schools
50	00:10:25	143	Sam Chandler	Cardiff & Vale Schools
51	00:10:27	196	James Scarfi	SE Wales Schools
52	00:10:27	208	Daniel Hall	Afan NT Schools
53	00:10:27	206	James Watts	Afan NT Schools
54	00:10:29	139	Stefan Rollnick	Cardiff & Vale Schools
55	00:10:31	224	Liam Hook	GlamValleys Schools
56	00:10:31	197	Sam Scott	SE Wales Schools
57	00:10:32	6	Daniel Glen	Bridgend
58	00:10:33	161	Brandon Wheeler	Cardiff & Vale Schools
59	00:10:35	200	Joel Morris	SE Wales Schools
60	00:10:36	226	Callum Ireland	GlamValleys Schools
61	00:10:36	147	Ross Findlay	Cardiff & Vale Schools
62	00:10:38	145	Harry Orbell	Cardiff & Vale Schools
63	00:10:39	239	Iwan Hicks	Dyfed Schools
64	00:10:39	162	Tom Rogers	Cardiff & Vale Schools
65	00:10:40	164	Aidan Keay	Cardiff & Vale Schools
66	00:10:41	245	Ellis Morgan	Dyfed Schools
67	00:10:41	141	Luc Dobie	Cardiff & Vale Schools
68	00:10:42	154	Rowan Miller	Cardiff & Vale Schools
69	00:10:45	203	Daniel Williams	SE Wales Schools
70	00:10:45	222	William Kersey	GlamValleys Schools
71	00:10:46	163	Aeron Campbell	Cardiff & Vale Schools
72	00:10:46	248	Logan Cunningham	Dyfed Schools
73	00:10:49	151	Jason Sami	Cardiff & Vale Schools
74	00:10:56	2	James Hunt	Bridgend
75	00:10:56	228	Jordan Stenner	GlamValleys Schools
76	00:10:57	199	Tom Doidge	SE Wales Schools
77	00:10:59	214	Osian Griffiths	Afan NT Schools
78	00:11:00	227	Callum Williams	GlamValleys Schools
79	00:11:01	232	Llewellyn Williams	GlamValleys Schools
80	00:11:04	138	Liam Welsh	Cardiff & Vale Schools

Under 13 Boys

22/01/2008

Pos	Time	No	Name	Club
81	00:11:06	236	Thomas Allen	GlamValleys Schools
82	00:11:06	210	Luke Gregory	Afan NT Schools
83	00:11:10	157	Jake Bosza	Cardiff & Vale Schools
84	00:11:14	231	Sam Owens	GlamValleys Schools
85	00:11:17	144	Matthew Schofield	Cardiff & Vale Schools
86	00:11:20	189	Gavin Rees	SE Wales Schools
87	00:11:26	160	Ryan Earls	Cardiff & Vale Schools
88	00:11:27	153	Aaron Bolter	Cardiff & Vale Schools
89	00:11:41	140	Kyle Abraham	Cardiff & Vale Schools
90	00:11:41	146	Milan Vujanic	Cardiff & Vale Schools
91	00:11:42	194	Lewis Priest	SE Wales Schools
92	00:11:44	4	Harri Tatnell	Cardiff Triathletes
93	00:12:28	215	Matthew Birdsey	Afan NT Schools

Schools

1	61	pts	Gloucestershire Schools	(3 5 9 12 14 18)
2	115	pts	Cardiff & Vale Schools	(7 10 13 15 32 38)
3	157	pts	Gloucestershire Schools	(21 22 24 25 31 34)
4	179	pts	SE Wales Schools	(11 19 27 35 36 51)
5	180	pts	Afan NT Schools	(17 23 26 29 33 52)
6	207	pts	GlamValleys Schools	(2 6 41 43 55 60)
7	249	pts	Dyfed Schools	(16 28 30 46 63 66)
8	267	pts	Cardiff & Vale Schools	(39 42 44 45 47 50)
9	364	pts	Cardiff & Vale Schools	(54 58 61 62 64 65)
10	437	pts	SE Wales Schools	(56 59 69 76 86 91)
11	442	pts	Cardiff & Vale Schools	(67 68 71 73 80 83)
12	467	pts	GlamValleys Schools	(70 75 78 79 81 84)

Under 15 Girls

22/01/2008

Pos	Time	No	Name	Club
1	00:15:38	10	Melissa Courtney	Poole
2	00:16:08	143	Amber Watson	Gloucestershire Schools
3	00:16:16	2	Floren Scrafton	Westbury H
4	00:16:32	88	Hywelis Thomas-Howells	Afan NT Schools
5	00:16:44	51	Lauren Bell	Dyfed Schools
6	00:17:06	149	Becky Summers	Gloucestershire Schools
7	00:17:11	57	Josie Lewis	Dyfed Schools
8	00:17:17	89	Jordan Smart	Afan NT Schools
9	00:17:19	148	Immogen Briscoe	Gloucestershire Schools
10	00:17:22	67	Ffion Lewis	GlamValleys Schools
11	00:17:25	145	Georgie Gunn	Gloucestershire Schools
12	00:17:27	150	Holly Hill	Gloucestershire Schools
13	00:17:31	3	Lauren Welsh	Poole
14	00:17:33	56	Megan Withers	Dyfed Schools
15	00:17:39	147	Beth Pudifoot	Gloucestershire Schools
16	00:17:42	153	Lydia Mitchell	Gloucestershire Schools
17	00:17:55	65	Lauren Harries	Dyfed Schools
18	00:17:58	151	Sam Roberts	Gloucestershire Schools
19	00:18:00	119	Caitlin Bryant	Cardiff & Vale Schools
20	00:18:11	50	Hannah Iles	Cornwall A C
21	00:18:12	127	Molly Sander	Cardiff & Vale Schools
22	00:18:16	152	Georgi Lowe	Gloucestershire Schools
23	00:18:18	53	Megan Turner	Dyfed Schools
24	00:18:19	146	Mia O'Connell	Gloucestershire Schools
25	00:18:21	12	Zoe Barber	Westbury H
26	00:18:22	90	Elysia Pearson	Afan NT Schools
27	00:18:24	158	Lisa Tattersall	Gloucestershire Schools
28	00:18:25	102	Isobel Godfrey	SE Wales Schools
29	00:18:27	94	Jemma Osborne	Afan NT Schools
30	00:18:30	133	Lucy Harvey	Cardiff & Vale Schools
31	00:18:32	92	Katy Reynolds	Afan NT Schools
32	00:18:33	155	Camilla Mather	Gloucestershire Schools
33	00:18:34	157	Beth Hawling	Gloucestershire Schools
34	00:18:35	100	Ellie Leek	SE Wales Schools
35	00:18:47	59	Heather Lewis	Dyfed Schools
36	00:19:02	121	Chloe Gore	Cardiff & Vale Schools
37	00:19:03	142	Heledd Williams	Cardiff & Vale Schools
38	00:19:04	69	Zoe Davis	GlamValleys Schools
39	00:19:26	104	Jade Harding	SE Wales Schools
40	00:19:31	125	Fiona Bray	Cardiff & Vale Schools
41	00:19:32	159	Brogan Rudge	Gloucestershire Schools
42	00:19:32	95	Holly Powell	Afan NT Schools
43	00:19:37	129	Elinor Barker	Cardiff & Vale Schools
44	00:19:38	128	Anna Morris	Cardiff & Vale Schools
45	00:19:40	99	Christie McCallum	Afan NT Schools
46	00:19:42	124	Rebecca Findlay	Cardiff & Vale Schools
47	00:19:47	68	Nikita John	GlamValleys Schools
48	00:19:50	103	Lucy Morgan	SE Wales Schools
49	00:19:56	55	Jodie Jones	Dyfed Schools
50	00:20:01	123	Kate Monnickendam	Cardiff & Vale Schools
51	00:20:04	131	Clare Harwood	Cardiff & Vale Schools
52	00:20:05	139	Alys Smith	Cardiff & Vale Schools
53	00:20:26	105	Emilly Paull	SE Wales Schools
54	00:20:28	116	Holly McGee	SE Wales Schools
55	00:20:33	132	Emma Johns	Cardiff & Vale Schools
56	00:20:36	74	Shannon Kinsella	GlamValleys Schools
57	00:20:41	117	Delwyn Louden	SE Wales Schools
58	00:20:44	93	Cassie James	Afan NT Schools
59	00:20:44	137	Lucy Daly	Cardiff & Vale Schools
60	00:20:50	113	Ceri-ann Morgan	SE Wales Schools
61	00:20:53	136	Elice Harding	Cardiff & Vale Schools
62	00:20:58	75	Bethan Price	GlamValleys Schools
63	00:20:59	97	Mali James	Afan NT Schools
64	00:21:03	140	Catherine Hughes	Cardiff & Vale Schools
65	00:21:05	141	Elin Hughes	Cardiff & Vale Schools
66	00:21:11	60	Alyce Phillips	Dyfed Schools
67	00:21:13	79	Rachel Galliers	GlamValleys Schools
68	00:21:14	98	Aoife Morris	Afan NT Schools
69	00:21:14	86	Bethan Masson	GlamValleys Schools
70	00:21:15	70	Catrin Griffiths	GlamValleys Schools
71	00:21:20	108	Kirsty Pewtner	SE Wales Schools
72	00:21:25	1	Hazel McGuinness	Ardee + District
73	00:21:34	130	Amy Baldry	Cardiff & Vale Schools
74	00:21:49	134	Chloe Jones	Cardiff & Vale Schools
75	00:21:56	138	Holly Rye	Cardiff & Vale Schools
76	00:22:03	118	Emily Hackett	Cardiff & Vale Schools
77	00:22:09	71	Alysha Jones	GlamValleys Schools
78	00:22:17	72	Terri C-Barter	GlamValleys Schools
79	00:22:49	96	Ainsley Richards	Afan NT Schools
80	00:23:16	76	Shaina Ali	GlamValleys Schools
81	00:24:00	82	Angharad Masson	GlamValleys Schools
82	00:24:13	78	Bronwen Edwards	GlamValleys Schools
83	00:24:27	109	Grace Hart	SE Wales Schools
84	00:28:39	113	Already Finished	

Schools	pts	Schools	(2	6	9	11	12	15)
1	55 pts	Gloucestershire Schools	(2	6	9	11	12	15)
2	101 pts	Dyfed Schools	(5	7	14	17	23	35)
3	139 pts	Gloucestershire Schools	(16	18	22	24	27	32)
4	140 pts	Afan NT Schools	(4	8	26	29	31	42)
5	183 pts	Cardiff & Vale Schools	(19	21	30	36	37	40)
6	256 pts	SE Wales Schools	(28	34	39	48	53	54)
7	280 pts	GlamValleys Schools	(10	38	47	56	62	67)
8	286 pts	Cardiff & Vale Schools	(43	44	46	50	51	52)
9	377 pts	Cardiff & Vale Schools	(55	59	61	64	65	73)
10	455 pts	GlamValleys Schools	(69	70	77	78	80	81)

Under 15 Boys

22/01/2008

Pos	Time	No Name	Club
1	00:14:10	2 Daniel Mills	Nuneston
2	00:14:33	8 Max Van Haefte	Donore H
3	00:14:43	137 Tom Purnell	Gloucestershire Schools
4	00:14:52	4 Frank Bailey	Shaftesbury Barnet
5	00:14:59	123 Luke Carroll	Gloucestershire Schools
6	00:15:06	7 Fergus O'Reilly	Bournemouth
7	00:15:15	93 Elliott Hardee	SE Wales Schools
8	00:15:15	165 Tom Davis	GlamValleys Schools
9	00:15:37	138 Harri Coldray	Gloucestershire Schools
10	00:15:43	6 Josh McHugh	Trafford
11	00:15:46	92 James Hanrahan	SE Wales Schools
12	00:15:54	3 Barry Faulkner	Ardee & District
13	00:15:56	124 Kerion Hale	Gloucestershire Schools
14	00:15:59	91 Daniel Chesworth	SE Wales Schools
15	00:16:03	149 Elliot Mears	Cardiff & Vale Schools
16	00:16:04	127 Will Paulson	Gloucestershire Schools
17	00:16:05	188 Liam Lloyd	Dyfed Schools
18	00:16:12	112 Daniel Lewis	Afan NT Schools
19	00:16:15	113 Matthew O'Leary	Afan NT Schools
20	00:16:19	126 Adam Thrall	Gloucestershire Schools
21	00:16:22	192 Lloyd Heckler	Dyfed Schools
22	00:16:23	128 Gethin Richards	Gloucestershire Schools
23	00:16:25	159 Sam Longville	Cardiff & Vale Schools
24	00:16:30	97 Kieran Stephens	SE Wales Schools
25	00:16:31	193 Liam Jones	Dyfed Schools
26	00:16:34	129 Tommaso Migiluolo	Gloucestershire Schools
27	00:16:37	135 Aaron Phelps	Gloucestershire Schools
28	00:16:41	194 Ronan Llyr	Dyfed Schools
29	00:16:43	142 Declan Court	Cardiff & Vale Schools
30	00:16:44	130 Charles Dee	Gloucestershire Schools
31	00:16:45	147 Tom Bevan	Cardiff & Vale Schools
32	00:16:46	141 Aled Pottinger	Cardiff & Vale Schools
33	00:16:48	101 Oliver Weeden	SE Wales Schools
34	00:16:51	185 Matthew Antoniazzi	GlamValleys Schools
35	00:16:53	170 Lewis Green	GlamValleys Schools
36	00:16:58	132 Kieren Meheran	Gloucestershire Schools
37	00:16:58	200 Davy Lewis	Dyfed Schools
38	00:17:01	5 Samuel Peter Peter	Poole
39	00:17:03	106 Thomas Matthews	SE Wales Schools
40	00:17:05	163 Rhys George	Cardiff & Vale Schools
41	00:17:06	133 xander Browning	Gloucestershire Schools
42	00:17:09	122 Ben Jenkins	Afan NT Schools
43	00:17:12	189 Grant Westcott	Dyfed Schools
44	00:17:16	144 Rhys Griffin	Cardiff & Vale Schools
45	00:17:19	14 Unknown Runner	
46	00:17:21	94 Stephen Scarfi	SE Wales Schools
47	00:17:25	105 David Middleton	SE Wales Schools
48	00:17:25	164 Rory Heslop	Cardiff & Vale Schools
49	00:17:28	140 James Hunt	Cardiff & Vale Schools
50	00:17:28	154 Dan Owen	Cardiff & Vale Schools
51	00:17:33	157 Gareth Jones	Cardiff & Vale Schools
52	00:17:35	111 Sean White	Afan NT Schools
53	00:17:35	198 Timmy Jones	Dyfed Schools
54	00:17:38	99 Jonathan Moon	SE Wales Schools
55	00:17:41	98 Alex Davies	SE Wales Schools
56	00:17:45	116 Carwyn Evans	Afan NT Schools
57	00:17:46	146 Sam Lane	Cardiff & Vale Schools
58	00:17:47	161 Sam Middlemiss	Cardiff & Vale Schools
59	00:17:47	3 Already Finished	
60	00:17:48	155 Elliot Parry	Cardiff & Vale Schools
61	00:17:49	152 Matthew Sullivan	Cardiff & Vale Schools
62	00:17:50	177 Joseph Gatt	GlamValleys Schools
63	00:17:54	114 Stephen Reynolds	Afan NT Schools
64	00:17:57	95 Ryan Cole	SE Wales Schools
65	00:18:01	109 William Davies	SE Wales Schools
66	00:18:02	117 Paul Tobin	Afan NT Schools
67	00:18:03	168 Ryan Parker	GlamValleys Schools
68	00:18:06	158 Keiron McNamara	Cardiff & Vale Schools
69	00:18:09	180 Aled Jenkins	GlamValleys Schools
70	00:18:26	100 Matthew Cuff	SE Wales Schools
71	00:18:31	179 Ieuan Black	GlamValleys Schools
72	00:18:34	160 Duke Durham	Cardiff & Vale Schools
73	00:18:45	139 David Graves	Cardiff & Vale Schools
74	00:18:50	103 Ben Ford	SE Wales Schools
75	00:18:53	118 David Murray	Afan NT Schools
76	00:18:56	121 Jake Price	Afan NT Schools
77	00:19:01	174 Jamie Jones	GlamValleys Schools
78	00:19:07	134 Joshua Staton	Gloucestershire Schools
79	00:21:23	187 Dylan Yates	GlamValleys Schools
80	00:22:25	197 Daniel Jones	Dyfed Schools

Schools

1	66 pts	Gloucestershire Schools	(3 5 9 13 16 20)
2	128 pts	SE Wales Schools	(7 11 14 24 33 39)
3	170 pts	Cardiff & Vale Schools	(15 23 29 31 32 40)
4	171 pts	Dyfed Schools	(17 21 25 28 37 43)
5	182 pts	Gloucestershire Schools	(22 26 27 30 36 41)
6	250 pts	Afan NT Schools	(18 19 42 52 56 63)
7	275 pts	GlamValleys Schools	(8 34 35 62 67 69)
8	299 pts	Cardiff & Vale Schools	(44 48 49 50 51 57)
9	331 pts	SE Wales Schools	(46 47 54 55 64 65)
10	392 pts	Cardiff & Vale Schools	(58 60 61 68 72 73)

Under 17 Women

22/01/2008

Pos	Time	No	Name	Club
1	00:16:29	117	Zoe Thomas	GlamValleys Schools
2	00:17:09	153	Natasha Cockram	SE Wales Schools
3	00:17:15	104	Angharad Davies	Dyfed Schools
4	00:17:20	103	Emily Downey	Dyfed Schools
5	00:17:20	101	Aneura Phillips	Dyfed Schools
6	00:17:29	171	Brittany Teague	Gloucestershire Schools
7	00:17:30	151	Steffi Wright	SE Wales Schools
8	00:17:37	2	Michelle Allen	Cardiff
9	00:17:48	138	Cerys Morgan	Afan NT Schools
10	00:17:51	174	Rachel Price	Gloucestershire Schools
11	00:17:54	168	Vicky Jackson	SE Wales Schools
12	00:17:59	173	Immogen Simmonds	Gloucestershire Schools
13	00:18:01	140	Katrina Ley	Afan NT Schools
14	00:18:02	119	Sloane Kinsella	GlamValleys Schools
15	00:18:04	192	Lauren Regan	Cardiff & Vale Schools
16	00:18:16	177	Anna Tattersall	Gloucestershire Schools
17	00:18:17	178	Rachel Underhill	Gloucestershire Schools
18	00:18:18	172	Rosie Gale	Gloucestershire Schools
19	00:18:21	205	Lauren Brobin	Cardiff & Vale Schools
20	00:18:22	3	Natalie Allen	Cardiff
21	00:18:34	190	Ceri Sayce	Cardiff & Vale Schools
22	00:18:40	176	Emily Docherty	Gloucestershire Schools
23	00:18:50	121	Jessica Stacey	GlamValleys Schools
24	00:19:01	120	Ffion Jones	GlamValleys Schools
25	00:19:02	180	Olivia Willson	Gloucestershire Schools
26	00:19:03	179	Helen Pugh	Gloucestershire Schools
27	00:19:18	175	Alice Thomas	Gloucestershire Schools
28	00:19:24	183	Julia Fish	Gloucestershire Schools
29	00:19:41	181	Hannah Jones	Gloucestershire Schools
30	00:19:43	110	Jennie Brock	Dyfed Schools
31	00:19:47	107	Jessica Gates	Dyfed Schools
32	00:19:48	188	Lana Evans	Cardiff & Vale Schools
33	00:19:51	202	Cerri-Anne Santos	Cardiff & Vale Schools
34	00:20:07	1	Virginia Green	Salisbury
35	00:20:09	139	Nia Lewis	Afan NT Schools
36	00:20:16	144	Claire Waters	Afan NT Schools
37	00:20:27	131	Carys Evans	GlamValleys Schools
38	00:20:29	141	Rhiannon Anderson	Afan NT Schools
39	00:20:30	158	Kathleen Cardwell	SE Wales Schools
40	00:20:39	122	Nia Challinor	GlamValleys Schools
41	00:20:40	193	Sabrina James	Cardiff & Vale Schools
42	00:20:42	112	Nia Owen	Dyfed Schools
43	00:20:42	108	Eleri Allan	Dyfed Schools
44	00:20:44	199	Eluned Hyde	Cardiff & Vale Schools
45	00:20:55	200	Hannah Manley	Cardiff & Vale Schools
46	00:20:59	196	Jo Westwood	Cardiff & Vale Schools
47	00:21:05	186	Charlotte Grey	Gloucestershire Schools
48	00:21:05	169	Ella Stone	SE Wales Schools
49	00:21:24	194	Alice Johnston	Cardiff & Vale Schools
50	00:21:31	195	Angharad Thomas	Cardiff & Vale Schools
51	00:21:32	204	Manon Williams	Cardiff & Vale Schools
52	00:21:32	164	Hannah Wilcox	SE Wales Schools
53	00:22:07	163	Emily Haynes	SE Wales Schools
54	00:22:40	159	Sioned Brereton	SE Wales Schools
55	00:22:47	125	Paige Barnell	GlamValleys Schools
56	00:22:47	142	Rachel Banks	Afan NT Schools
57	00:23:15	167	Jane Davies	SE Wales Schools
58	00:23:23	147	Bethan Davies	Afan NT Schools
59	00:23:26	162	Abigail Jones	SE Wales Schools
60	00:24:14	145	Rebecca Reilly	Afan NT Schools
61	00:24:20	127	Kayleigh Hughes	GlamValleys Schools
62	00:25:19	148	Michaela Davies	Afan NT Schools
63	00:25:24	132	Olivia Jones	GlamValleys Schools
64	00:25:26	129	Katy Bridges	GlamValleys Schools
65	00:25:40	166	Antoinette Damayne	SE Wales Schools
66	00:26:54	149	Rachel Ward	Afan NT Schools

Schools

1	79 pts	Gloucestershire Schools	(6 10 12 16 17 18)
2	115 pts	Dyfed Schools	(3 4 5 30 31 42)
3	139 pts	GlamValleys Schools	(1 14 23 24 37 40)
4	157 pts	Gloucestershire Schools	(22 25 26 27 28 29)
5	159 pts	SE Wales Schools	(2 7 11 39 48 52)
6	161 pts	Cardiff & Vale Schools	(15 19 21 32 33 41)
7	187 pts	Afan NT Schools	(9 13 35 36 38 56)
8	285 pts	Cardiff & Vale Schools	(44 45 46 49 50 51)

Under 17 Men

22/01/2008

Pos	Time	No	Name	Club
1	00:20:10	115	Robert Galt	Gloucestershire Schools
2	00:20:22	114	Tom Curr	Gloucestershire Schools
3	00:20:33	12	John Travers	Donore H
4	00:20:44	116	Ben Coldray	Gloucestershire Schools
5	00:20:55	9	Sam Witter	Trafford
6	00:21:06	161	Jonathan Hopkins	GlamValleys Schools
7	00:21:08	1	Nathan Young	Mendip
8	00:21:10	182	Josh Harries	Dyfed Schools
9	00:21:28	183	Nicky Morell	Dyfed Schools
10	00:21:53	13	Eric Keogh	Donore H
11	00:22:04	117	Charlie White	Gloucestershire Schools
12	00:22:07	130	Chris Carpanini	SE Wales Schools
13	00:22:09	162	Alex Edwards	GlamValleys Schools
14	00:22:12	11	Stephen Pierce	Menai
15	00:22:15	119	George Livingstone-Thompson	Gloucestershire Schools
16	00:22:21	190	Matthew Richards	Dyfed Schools
17	00:22:37	108	Owen Haswell	Cardiff & Vale Schools
18	00:22:41	104	Matt Thomas	Cardiff & Vale Schools
19	00:22:44	123	Jordan Frapwell	Gloucestershire Schools
20	00:22:50	120	Lewis Gani	Gloucestershire Schools
21	00:22:50	188	Alex Matchett	Dyfed Schools
22	00:23:04	127	Tom Foster	Gloucestershire Schools
23	00:23:08	166	Owain Chick	GlamValleys Schools
24	00:23:10	7	William Bobkin	Unattached
25	00:23:10	99	Peter Davies	Cardiff & Vale Schools
26	00:23:15	15	Unknown Runner	
27	00:23:24	181	Marcus James	GlamValleys Schools
28	00:23:30	149	James McEvoy	Afan NT Schools
29	00:23:32	150	Ceri Lewis	Afan NT Schools
30	00:23:34	24	Unknown Runner	
31	00:23:42	109	Abdi Yussef	Cardiff & Vale Schools
32	00:23:45	98	Nick Gallimore	Cardiff & Vale Schools
33	00:23:45	101	Sam Pemberton	Cardiff & Vale Schools
34	00:23:49	132	Fraddir Naseriyan	SE Wales Schools
35	00:23:55	185	Luke Parker	Dyfed Schools
36	00:23:57	121	Adam Gouha	Gloucestershire Schools
37	00:23:59	153	Ben Pritchard	Afan NT Schools
38	00:24:00	156	Ryan Davies	Afan NT Schools
39	00:24:02	184	Phillip Mayhew	Dyfed Schools
40	00:24:03	128	Nathan Jones	Gloucestershire Schools
41	00:24:03	107	Darren Jones	Cardiff & Vale Schools
42	00:24:05	168	Cai James	GlamValleys Schools
43	00:24:08	125	Henry Broom	Gloucestershire Schools
44	00:24:14	131	George Phillpotts	SE Wales Schools
45	00:24:21	124	Jack McMullen	Gloucestershire Schools
46	00:24:29	126	Lawrence Hughes	Gloucestershire Schools
47	00:24:31	136	Evan Hughes	SE Wales Schools
48	00:24:33	140	Jake Hughes	SE Wales Schools
49	00:24:33	152	Christian Williams	Afan NT Schools
50	00:24:42	189	Paul Bennett	Dyfed Schools
51	00:24:53	111	Robert Batchelor	Cardiff & Vale Schools
52	00:24:57	169	Brennig Emanuel	GlamValleys Schools
53	00:25:13	110	Ben Bryl	Cardiff & Vale Schools
54	00:25:16	142	Lewis Shaw	SE Wales Schools
55	00:25:16	97	Rhys Thomas	Cardiff & Vale Schools
56	00:25:21	113	Sean Cronin	Cardiff & Vale Schools
57	00:25:38	141	Robert Morgan	SE Wales Schools
58	00:25:39	172	Alex John	GlamValleys Schools
59	00:25:44	105	Stefano Falsini	Cardiff & Vale Schools
60	00:25:44	145	James Middleton	SE Wales Schools
61	00:25:51	148	Matt Kinloch	SE Wales Schools
62	00:25:58	138	Emrys Penny	SE Wales Schools
63	00:26:14	100	Richard Monnickedam	Cardiff & Vale Schools
64	00:26:19	14	Jared Wilson	Nuneaton H
65	00:26:32	158	Rhodri Jones	Afan NT Schools
66	00:26:45	155	Luke Price	Afan NT Schools
67	00:26:46	112	Joseff Whitmarsh-Knight	Cardiff & Vale Schools
68	00:27:04	3	Adam Byrne	Ardee + District
69	00:27:16	175	Connor Wickham	GlamValleys Schools
70	00:27:27	179	David Morgan	GlamValleys Schools
71	00:27:49	146	Tom Powell-Touig	SE Wales Schools
72	00:31:14	159	Sam Joseph	Afan NT Schools

Schools

1	52 pts	Gloucestershire Schools	(1 2 4 11 15 19)
2	128 pts	Dyfed Schools	(8 9 16 21 35 39)
3	156 pts	Cardiff & Vale Schools	(17 18 25 31 32 33)
4	163 pts	GlamValleys Schools	(6 13 23 27 42 52)
5	206 pts	Gloucestershire Schools	(20 22 36 40 43 45)
6	239 pts	SE Wales Schools	(12 34 44 47 48 54)
7	246 pts	Afan NT Schools	(28 29 37 38 49 65)
8	315 pts	Cardiff & Vale Schools	(41 51 53 55 56 59)

Under 20 Women

22/01/2008

Pos	Time	No Name	Club
1	00:18:37	13 Katie Knowles	South West England
2	00:18:59	1 Julia Cooke	Cheltenham H
3	00:19:30	185 Leah Dixon	GlamValleys Schools
4	00:19:38	7 Laura Parker	Wells City H
5	00:19:47	4 Sarah Holliday	Andover
6	00:20:00	173 Daisy Hughes	Gloucestershire Schools
7	00:20:05	160 Gwenno Brown	Cardiff & Vale Schools
8	00:20:05	174 Jenna Roberts	SE Wales Schools
9	00:20:08	163 Stephanie Lane	Gloucestershire Schools
10	00:20:19	18 Angela Speight	UWAC
11	00:20:26	12 Clare Conway	South West England
12	00:20:52	167 Suzanne Edwards	Gloucestershire Schools
13	00:21:22	153 Leigh Barker	Powys Schools
14	00:21:51	154 Sophie Kendrick	Powys Schools
15	00:21:57	186 Rebecca King	Afan NT Schools
16	00:21:57	157 Bethan Davies	Cardiff & Vale Schools
17	00:22:21	178 Lucy Henly	SE Wales Schools
18	00:22:23	165 Claire Brooke	Gloucestershire Schools
19	00:22:26	172 Sophie Cooke	Gloucestershire Schools
20	00:22:32	166 Rachel Gardner	Gloucestershire Schools
21	00:23:14	164 Molly Rasch	Gloucestershire Schools
22	00:23:21	168 Jane Thomas	Gloucestershire Schools
23	00:23:21	199 Eleri Jones	Dyfed Schools
24	00:23:31	187 Nia Williams	Afan NT Schools
25	00:23:51	183 Alice Bevan	GlamValleys Schools
26	00:23:55	161 Hannah Cronin	Cardiff & Vale Schools
27	00:24:16	171 Charlotte Mowbray	Gloucestershire Schools
28	00:24:47	155 Aimee Thomas	Cardiff & Vale Schools
29	00:25:57	158 Hollie Ryder	Cardiff & Vale Schools
30	00:26:46	189 Rebecca Richards	Afan NT Schools
31	00:28:54	190 Catherine Linne-Godden	Afan NT Schools

Schools

1	45 pts	Gloucestershire Schools	(6 9 12 18)
2	77 pts	Cardiff & Vale Schools	(7 16 26 28)
3	82 pts	Gloucestershire Schools	(19 20 21 22)
4	100 pts	Afan NT Schools	(15 24 30 31)

Under 20 Men

22/01/2008

Pos	Time	No Name	Club
1	00:22:07	6 Simon Lawson	Cardiff
2	00:22:20	104 Joe Dalglish	Gloucestershire Schools
3	00:22:28	22 Richard Peters	South West England
4	00:22:37	23 Steve Gallienne	South West England
5	00:22:56	11 Dave Fitmaurice	Clonliffe
6	00:23:06	55 Adam Bitchell	Dyfed Schools
7	00:23:08	26 Dan Woolford	South West England
8	00:23:14	79 Gavin Hanrahan	SE Wales Schools
9	00:23:18	12 Eoin Pierce	Clonliffe
10	00:23:22	106 Christopher Dobson	South West England
11	00:23:27	19 Lee Van Haefte	Donore
12	00:23:47	91 Matt Withey	Gloucestershire Schools
13	00:23:52	81 Michael Kershaw	SE Wales Schools
14	00:23:58	92 Carl Frapwell	Gloucestershire Schools
15	00:23:59	13 Chris Moore	Aldershot Farnham & D
16	00:24:00	75 Ali Soljho	GlamValleys Schools
17	00:24:14	51 Luke Watson	Dyfed Schools
18	00:24:16	61 Rhys Jones	Afan NT Schools
19	00:24:22	52 Daniel Thomas	Dyfed Schools
20	00:24:25	18 Darren Kelly	Donore
21	00:24:29	93 Richard de Camps	Gloucestershire Schools
22	00:24:37	114 Tomos Whitmarsh-Knight	Cardiff & Vale Schools
23	00:24:41	67 Tom Miller	Afan NT Schools
24	00:24:46	94 Andrew Kaighin	Gloucestershire Schools
25	00:25:07	69 Will Douglas	Afan NT Schools
26	00:25:11	60 Chris Driscoll	Afan NT Schools
27	00:25:14	15 Michael Pierce	Menai
28	00:25:21	4 Simon Smith	Bristol University
29	00:25:24	88 Callum Kinloch	SE Wales Schools
30	00:25:29	65 Rhodri Harris	Afan NT Schools
31	00:25:31	8 Gethin Edwards	Menai
32	00:25:42	103 Max Shaughnessy	Gloucestershire Schools
33	00:25:45	107 David Garner	Cardiff & Vale Schools
34	00:25:49	58 Geraint Mansfield	Dyfed Schools
35	00:25:51	14 Alan Metcalfe	Poole
36	00:25:53	64 Aled Anderson	Afan NT Schools
37	00:25:54	66 Antonio Cirillo	Afan NT Schools
38	00:25:55	109 Chris Silver	Cardiff & Vale Schools
39	00:26:02	98 William New	Gloucestershire Schools
40	00:26:05	21 Tadgh Prendiville	Donore
41	00:26:06	108 Huw Adams	Cardiff & Vale Schools
42	00:26:23	59 Adam Marshall	Afan NT Schools
43	00:26:32	110 Joseph Beech	Cardiff & Vale Schools
44	00:26:34	73 Hywel Jones	GlamValleys Schools
45	00:26:36	71 Jerome Evans	Afan NT Schools
46	00:27:07	97 Tom Jess	Gloucestershire Schools
47	00:27:25	112 Craig Hudson	Cardiff & Vale Schools
48	00:28:21	105 Richard Leahy	Cardiff & Vale Schools
49	00:28:38	100 Dan Ade-Odia	Gloucestershire Schools
50	00:28:40	96 Joe Ballinger	Gloucestershire Schools
51	00:29:26	5 Matthew Haines	Bristol University
52	00:30:01	85 John Worgan	SE Wales Schools
53	00:30:55	102 Nick Butler	Gloucestershire Schools
54	00:32:17	87 Tristian Castling	SE Wales Schools
55	00:32:24	17 Robert Way	

School Teams

1	105 pts	Gloucestershire Schools	(2 12 14 21 24 32)
2	158 pts	Afan NT Schools	(18 23 25 26 30 36)
3	178 pts	Cardiff & Vale Schools	(1 22 33 38 41 43)

Senior Women

22/01/2008

Pos	Time	No	Name	Club
1	00:21:09	49	Andrea Whitcombe	Swansea
2	00:21:16	17	Louise Durman	South West England
3	00:21:16	51	Michelle Ross-Cope	City of Stoke
4	00:21:27	7	Amy Chalk	South West England
5	00:21:29	9	Juliet Potter	Charnwood
6	00:21:43	12	Tina Brown	Midland Counties
7	00:21:46	43	Emily Adames	Aldershot Farnham & D
8	00:21:50	47	Ava Hutchinson	Ireland
9	00:21:50	10	Jane Potter	Charnwood
10	00:22:07	2	Debbie Jones	Wales
11	00:22:08	20	Clare Martin	Wales
12	00:22:11	5	Kate Goodhead	South West England
13	00:22:12	46	Frances Briscoe	White House
14	00:22:18	11	Nicky Bamford	Midland Counties
15	00:22:23	15	Julia Russel	North of England
16	00:22:52	40	Charlie Coffey	Bristol University
17	00:22:59	4	Sam Knill	Wales
18	00:23:12	35	Imogen Ainsworth	Bristol University
19	00:23:16	41	Katherine Humphreys	Cardiff
20	00:23:20	42	Louise Durman	Stroud
21	00:24:08	36	Philippa Aukett	Bristol University
22	00:24:42	13	Harriet Canter	North of England
23	00:25:00	21	Hannah Jarvis	Sale
24	00:25:10	24	Ruth Tyler	Cardiff University
25	00:25:17	18	Tasha Sexton	Wales
26	00:25:31	30	Emily Brown	Cardiff
27	00:25:54	22	Katie Beecher	Les Croupiers
28	00:27:16	34	Nicola Woods	Royal Sutton Coldfield
29	00:30:12	45	Sara Griffiths	Neath

Senior Men

22/01/2008

Pos	Time	No	Name	Club
1	00:31:41	9	Jean Ndayisenga	Midland Counties
2	00:32:21	5	Rob Bugden	South West England
3	00:32:29	6	Kevin Heywood	South West England
4	00:32:30	7	Kevin Toher	South West England
5	00:32:49	16	Lee Turner	North of England
6	00:33:08	3	Nathaniel Lane	Wales
7	00:33:24	2	Jorge Thomas	Wales
8	00:33:27	4	Huw Evans	Wales
9	00:33:32	56	Ben Warren	Hailsham
10	00:33:37	14	John McCole	North of England
11	00:33:46	15	Nick Swinburn	North of England
12	00:33:50	1	Richard Gardiner	Cardiff
13	00:33:55	11	Tim Dalton	Midland Counties
14	00:34:02	71	Jonathan Wills	Bristol & West
15	00:34:08	80	Andrew Chambers	Exeter
16	00:34:30	88	Mark Jennings	Cardiff
17	00:35:15	67	Daniel Stevens	Cardiff University
18	00:35:38	66	Blake Ellis	Trafford
19	00:35:54	20	Alex Donald	Wales
20	00:36:00	35	Chris Discombe	Les Croupiers
21	00:36:09	47	Oli Mott	Bristol University
22	00:36:11	37	Steve Paterson	Sam Domenico
23	00:36:23	150	William Hughes	Thurlescrokes A C
24	00:37:14	48	Dave Green	Bristol University
25	00:37:16	49	Mike Vella	Bristol University
26	00:37:28	75	Gavin Keogh	Donore
27	00:38:10	34	Nicky Dukes	Les Croupiers
28	00:38:21	31	Mark Fowles	Cardiff
29	00:38:40	74	Philip Cavanagh	Donore
30	00:38:48	21	Edward Takata	Cardiff
31	00:38:59	24	John Daniel Harris	Les Croupiers
32	00:39:17	33	Vincent Jones	Cardiff
33	00:39:41	62	Mark Palser	Les Croupiers
34	00:39:44	54	James King	Caerleon
35	00:40:28	60	Mark Campell	Rifles
36	00:40:32	72	Richard Wilder	unattached
37	00:40:34	89	Unknown Runner	
38	00:41:40	73	Simon Bagguley	unattached
39	00:42:14	77	Chris Blackmore	unattached
40	00:43:18	55	John Waldie	unattached
41	00:44:51	82	Dave Cooper	unattached
42	00:45:02	61	Dan Conroy	Rifles
43	00:46:13	59	Adam Richardsor	Rifles
44	00:48:38	69	Stephen Alexander	Les Croupiers
45	00:51:58	65	Malcolm Bradley	unattached
46	00:53:41	70	Martin Kitchener	unattached

Pos	Time	No	Name	Club
1	00:15:19	8	Eleanor Sherrard Smith	Swansea
2	00:17:00	2	Alison Hurford	Bristol & West
3	00:17:50	1	Samantha Talor	
4	00:21:12	7	Ellie Edwards	Menai
5	00:23:50	6	Viv Edwards	Menai

Masters

22/01/2008

Pos	Time	No	Name	M/F	Cat	Club
1	00:19:48	88	Bashir Hussain	M	40	North of England
2	00:19:56	55	Austin Davies	M	40	Brecon
3	00:20:00	76	John Downs	M	40	Donore H
4	00:21:42	17	Peter Coles	M	45	Pontypridd
5	00:21:54	6	Mark Leacy	M	40	South Ohanlon
6	00:21:57	72	Philip Crane	M	45	Neath H
7	00:22:19	140	Tim Lewis	M	40	Bridgend
8	00:22:22	51	David Davies	M	50	Spa Tans
9	00:22:22	85	Simon Wilson	M	40	
10	00:22:25	73	Michael Robbins	M	40	Wrexham
11	00:22:29	15	Nigel Webb	M	45	Les Croupiers
12	00:22:36	2	Robert Jones	M	45	Les Croupiers
13	00:22:58	56	Shaun Tobin	M	45	Swansea H
14	00:23:22	25	Mick Tabor	M	50	Les Croupiers
15	00:23:27	11	Rob Hunt	M	45	Bridgend
16	00:23:28	78	Peter Crane	M	45	Neath H
17	00:23:36	8	Stan Woods	M	50	Ardee + District
18	00:23:48	16	Craig Fowler	M	45	Pontypridd
19	00:23:51	84	Paul Coker	M	50	Les Croupiers
20	00:24:09	87	Richard Self	M	50	Les Croupiers
21	00:24:11	71	Haydn Hartnell	M	45	Islwyn
22	00:24:22	74	Jeff Thomas	M	40	Bridgend
23	00:24:25	77	Dylan Owen	M	40	Les Croupiers
24	00:24:48	18	Ian McDonald	M	40	Sam Domenico
25	00:24:50	89	Keith Short	M		Gloucester AC
26	00:24:58	90	Sandy Johnston	M	55	Les Croupiers
27	00:25:07	13	John Diffey	M	40	Les Croupiers
28	00:25:10	52	Mark Dunscombe	M	45	Sarn Helen
29	00:25:14	63	Julian Davies	M	40	Pontypridd
30	00:25:22	50	Gerard Crispie	M	45	Les Croupiers
31	00:25:33	29	Ron Morris	M	55	Sam Domenico
32	00:25:37	3	Libby O'Duffy	F	35	Les Croupiers
33	00:25:41	66	Terry Caveney	M	45	Les Croupiers
34	00:25:47	67	Dave Hughes	M	40	Bridgend
35	00:26:00	23	Richie Sewell	M	50	Les Croupiers
36	00:26:06	65	Andrew Davies	M	40	Pontypridd
37	00:26:12	70	Martin Pinnell	M	50	Les Croupiers
38	00:26:21	21	Mike Davies	M	55	Les Croupiers
39	00:26:26	75	Dominic Shields	M	40	Sam Domenico
40	00:26:28	9	Alan Mason	M	45	Les Croupiers
41	00:26:30	37	Ceri-Ann Davies	F	35	Pontypridd
42	00:26:37	44	Cornelius Corcoran	M		Pontypridd
43	00:26:54	81	Nick Wilson	M	45	Nuneaton H
44	00:26:54	86	Kieran McDonnell	M	50	
45	00:27:03	80	Simone Wilson	F	40	Nuneaton H
46	00:27:12	83	Jane Coker	F	45	Les Croupiers
47	00:27:21	60	Ros Tabor	F	55	Dulwich
48	00:27:33	26	Brian Gough	M	65	Pontypridd
49	00:27:41	4	Julie Scholey	F	45	Les Croupiers
50	00:27:46	22	Jeff Aston	M	60	Les Croupiers
51	00:27:46	41	Maureen Emmett	F	50	IIF Group
52	00:27:50	59	Paul Sander	M	55	
53	00:28:06	28	Jim Delaney	M	50	Sam Domenico
54	00:28:10	32	Maria Prout	F	40	Bridgend
55	00:28:36	57	Kenneth Buckle	M	65	Cheltenham
56	00:28:50	39	Fiona Davies	F	50	Bridgend
57	00:29:08	53	Sue Davies	F	45	Brecon
58	00:29:20	38	Frances Williams	F	40	Sam Domenico
59	00:29:42	49	Howard Brown	M	55	Les Croupiers
60	00:30:26	45	Caroline Dallimore	F	50	Les Croupiers
61	00:31:48	61	Anay Murray	M	50	
62	00:35:51	40	Gwenno Williams	F	50	Cardiff
63	00:37:43	42	Gill Murphy	F	50	Les Croupiers