

Apex Sports Chiltern League Division Two 2008/2009 Round 2

Held at RAF Halton on 08 November 2008

Senior/Junior/Veteran Men

1	W. LANGLEY (WYCOMBE)	33.13	M20	1
2	J. MCGINN (WATFORD)	33.17	M	1
3	P. JEGOU (WHITE HORSE)	33.18	M	2
4	F. FULCHER (HANDY CROSS)	33.38	M40	1
5	T. WRIGHT (BANBURY)	33.54	M	3
6	R. GLASTONBURY (RADLEY)	34.04	M20	2
7	J. HILLIER (WYCOMBE)	34.19	M	4
8	R. HOLLAND (WATFORD)	34.51	M	5
9	R. COLES (GADE VALLEY)	35.04	M	6
10	B. GREENE (Q.P.H.)	35.12	M	7
11	P. ALLAN (TRING)	35.22	M40	2
12	N. BUNN (TRING)	35.31	M40	3
13	G. SMITH (BEARBROOK)	36.02	M40	4
14	M. BOOTH (WYCOMBE)	36.10	M	8
15	J. EL-BAHRADRI (Q.P.H.)	36.13	M	9
16	M. ROCHESTER (TRING)	36.19	M	10
17	O. BYRNE (BEARBROOK)	36.22	M40	5
18	S. LONG (TRING)	36.32	M40	6
19	M. WARD (TRING)	36.53	M	11
20	B. GILBERT (HANDY CROSS)	36.55	M	12
21	G. WOOLLETT (GADE VALLEY)	37.05	M	13
22	A. BYERLEY (THAME)	37.10	M	14
23	M. BRADLEY (WATFORD)	37.11	M50	1
24	S. ROBERTS (HANDY CROSS)	37.16	M40	7
25	M. ADCOCK (WATFORD)	37.23	M40	8
26	D. VANNEN (WATFORD)	37.24	M	15
27	S. BARNETT (TRING)	37.29	M	16
28	H. PAPWORTH (THAME)	37.47	M50	2
29	T. SPENCER (WYCOMBE)	37.55	M	17
30	R. SLATER (THAME)	38.04	M	18
31	R. LANGLEY (TRING)	38.12	M	19
32	P. REDDEN (BIGGLESWADE)	38.14	M50	3
33	N. HARRIS (WATFORD)	38.15	M	20
34	C. THOMPSON (LEIGHTON B)	38.20	M	21
35	C. BRIMACOMBE (GADE)	38.24	M	22
36	N. CLAY (LEIGHTON B)	38.31	M40	9
37	J. DOOEY (HANDY CROSS)	38.34	M50	4
38	B. HAWES (GADE VALLEY)	38.46	M40	10
39	A. JONES (HANDY CROSS)	38.47	M50	5
40	D. WALKER (WATFORD)	38.47	M40	11
41	J. HURLEY (LEIGHTON B)	38.48	M40	12
42	A. TWISSELL (BEARBROOK)	38.57	M40	13
43	R. ANSELL (TRING)	39.05	M40	14
44	G. MAYOH (WATFORD)	39.05	M40	15
45	B. HODGES (BEARBROOK)	39.10	M50	6
46	B. HENDRIE (BANBURY)	39.11	M60	1
47	M. BOXALL (BEARBROOK)	39.20	M	23
48	D. JOHNSON (BURNHAM J.)	39.24	M	24
49	J. HAINES (BIGGLESWADE)	39.27	M	25
50	D. DRUMMOND (BANBURY)	39.37	M40	16
51	J. REDSHAW (ST. ALBANS)	39.42	M	26
52	J. WOODISSE (HANDY CROSS)	39.45	M	27
53	D. STEEDMAN (BEARBROOK)	39.49	M40	17
54	A. KELLY (WATFORD)	39.51	M	28
55	I. ROBINSON (BANBURY)	40.08	M	29
56	W. ROYE (Q.P.H.)	40.12	M	30
57	S. BOYD (GADE VALLEY)	40.14	M40	18
58	A. BENJAMIN (HANDY CROSS)	40.16	M50	7
59	A. HARRISON (HANDY CROSS)	40.20	M	31
60	J. POWELL (BEARBROOK)	40.23	M	32
61	D. MCDUGALL (THAME)	40.30	M40	19
62	C. HOBS (THAME)	40.33	M40	20
63	S. ROUSE (WATFORD)	40.34	M	33
64	M. SHERRINGTON (WYCOMBE)	40.40	M	34
65	P. WHITE (THAME)	40.56	M50	8
66	P. ILLING (WATFORD)	40.58	M40	21
67	T. WOOLRIDGE (WATFORD)	41.04	M40	22
68	N. WAITE (HANDY CROSS)	41.06	M40	23
69	M. GODDEN (WHITE HORSE)	41.14	M40	24
70	M. EMMETT (THAME)	41.27	M40	25
71	M. WILKINS (WATFORD)	41.40	M	35
72	J. GRIGG (Q.P.H.)	41.44	M	36
73	M. SNOWDEN (LEIGHTON B)	41.49	M	37
74	P. CAIRNIE (BEARBROOK)	41.50	M40	26
75	J. PEERLESS (HANDY CROSS)	41.51	M50	9
76	N. ROGERS (THAME)	41.53	M40	27
77	A. BODING (BUCKINGHAM)	41.58	M20	3
78	S. NEWING (GADE VALLEY)	42.08	M	38
79	J. SMITH (TRING)	42.17	M	39
80	G. SMITH (BEARBROOK)	42.25	M40	28
81	M. GRIMSDALE (WATFORD)	42.28	M50	10
82	F. WATT (LEIGHTON B)	42.38	M60	2
83	T. RUBERY (TRING)	42.40	M50	11
84	M. BRYANT (LEIGHTON B)	42.49	M	40
85	G. WIGGINS (WHITE HORSE)	42.59	M	41
86	M. HOLLIS (HANDY CROSS)	43.25	M50	12
87	R. CLAESSENS (WYCOMBE)	43.44	M	42
88	G. SMITH (BANBURY)	43.52	M60	3
89	R. DAVIES (Q.P.H.)	43.52	M40	29
90	S. BENJAMIN (THAME)	43.59	M40	30
91	D. STRINGFELLOW (WHH)	44.07	M40	31
92	S. DANIEL (WATFORD)	44.20	M40	32
93	B. STOTT (BEARBROOK)	44.23	M40	33
94	F. NOLAN (Q.P.H.)	44.27	M50	13
95	S. THURKETTLE (BEARBROOK)	44.32	M40	34
96	G. TURNER (THAME)	44.33	M40	35
97	B. CRADDEN (BEARBROOK)	44.50	M60	4
98	M. TRAVERS (GADE VALLEY)	45.03	M40	36
99	S. GRAHAM (THAME)	45.10	M50	14
100	M. GARLAND (WYCOMBE)	45.14	M40	37
101	M. BIRD (GADE VALLEY)	45.22	M	43
102	C. HAMLET (WATFORD)	45.24	M60	5
103	R. KOSTER (THAME)	45.27	M50	15
104	A. NEWING (GADE VALLEY)	45.38	M40	38
105	J. WRAY (WATFORD)	45.41	M50	16
106	P. HEARN (BEARBROOK)	46.07	M40	39
107	A. AIREY (THAME)	46.08	M60	6
108	R. WHITE (TRING)	46.14	M50	17
109	D. PERCIVAL (GADE VALLEY)	46.14	M	44
110	B. LAYTON (TRING)	46.40	M50	18
111	D. READMAN (THAME)	47.01	M	45
112	R. COLEMAN (BURNHAM J.)	47.25	M50	19
113	N. AMHEISER (HANDY CROSS)	47.32	M	46
114	C. LANSDOWN (HANDY CROSS)	47.46	M50	20
115	T. CHAPMAN (BEARBROOK)	48.04	M40	40
116	P. WATKINS (LEIGHTON B)	48.18	M50	21
117	F. ASHFORD (HANDY CROSS)	48.59	M60	7
118	D. CRAWLEY (LEIGHTON B)	49.25	M50	22
119	M. DEAN (HANDY CROSS)	49.28	M60	8
120	P. RANCE (BEARBROOK)	49.35	M50	23
121	S. BRIGHT (GADE VALLEY)	49.45	M40	41
122	A. SMITH (Q.P.H.)	50.12	M	47
123	N. LACEY (TRING)	52.54	M50	24
124	D. BENJAMIN (Q.P.H.)	66.17	M50	25

TEAM RESULT

1	TRING RUNNING CLUB	823	11	12	16	18	19	27	31	43
2	WATFORD	799	2	8	23	25	26	33	40	44
3	HANDY CROSS	707	4	20	24	37	39	52	58	59
4	BEARBROOK JOGGERS	649	13	17	42	45	47	53	60	74
5	THAME RUNNERS	586	22	28	30	61	62	65	70	76
6	WYCOMBE PHOENIX	573	1	7	14	29	64	87	100	
7	GADE VALLEY	563	9	21	35	38	57	78	98	101
8	QUEENS PARK H.	418	10	15	56	72	89	94	122	124
9	LEIGHTON BUZZARD	416	34	36	41	73	82	84	116	118
10	BANBURY	381	5	46	50	55	88			
11	WHITE HORSE	252	3	69	85	91				
12	BIGGLESWADE	169	32	49						
13	RADLEY A.C.	119	6							
14	BURNHAM JOGGERS	90	48	112						
15	ST. ALBANS A.C.	74	51							
16	BUCKINGHAM & STOWE	48	77							

DIVISION RESULT

1	TRING RUNNING CLUB	1667	844	823
2	WATFORD	1581	782	799
3	HANDY CROSS	1419	712	707
4	BEARBROOK JOGGERS	1248	599	649
5	THAME RUNNERS	1235	649	586
6	GADE VALLEY	1110	547	563
7	WYCOMBE PHOENIX	999	426	573
8	LEIGHTON BUZZARD	998	582	416
9	QUEENS PARK H.	900	482	418
10	BANBURY	781	400	381
11	WHITE HORSE	414	162	252
12	RADLEY A.C.	241	122	119
13	BIGGLESWADE	169	169	
14	BURNHAM JOGGERS	90	90	
15	ST. ALBANS A.C.	84	10	74
16	BUCKINGHAM & STOWE	48		48

Veteran Mens Race

1	TRING RUNNING CLUB	416	11	12	18	43
2	HANDY CROSS	396	4	24	37	39
3	BEARBROOK JOGGERS	383	13	17	42	45
4	WATFORD	368	23	25	40	44
5	THAME RUNNERS	284	28	61	62	65
6	LEIGHTON BUZZARD	225	36	41	82	116
7	GADE VALLEY	203	38	57	98	104
8	BANBURY	191	46	50	88	
9	BIGGLESWADE	93	32			
10	WHITE HORSE	90	69	91		
11	QUEENS PARK H.	68	89	94	124	
12	WYCOMBE PHOENIX	25	100			
13	BURNHAM JOGGERS	13	112			

DIVISION RESULT

1	TRING RUNNING CLUB	868	452	416
2	HANDY CROSS	791	395	396
3	BEARBROOK JOGGERS	732	349	383
4	WATFORD	710	342	368
5	THAME RUNNERS	563	279	284
6	LEIGHTON BUZZARD	447	222	225
7	GADE VALLEY	408	205	203
8	BANBURY	352	161	191
9	QUEENS PARK H.	273	205	68
10	WHITE HORSE	158	68	90
11	WYCOMBE PHOENIX	103	78	25
12	BIGGLESWADE	93	93	
13	BURNHAM JOGGERS	13		13

Under 17 Men

1	S. FERGUSON (RADLEY)	21.49	M17	1
2	E. POULAIN (ST. ALBANS)	22.22	M17	2
3	A. BRACE (WYCOMBE)	22.38	M17	3
4	J. ROMAIN (ST. ALBANS)	24.37	M17	4
5	T. MATTHEWS (BUCKINGHAM)	27.33	M17	5

TEAM RESULT

1	ST. ALBANS A.C.	6	2	4
2	RADLEY A.C.	5	1	
3	WYCOMBE PHOENIX	3	3	
4	BUCKINGHAM & STOWE	1	5	

DIVISION RESULT

1	RADLEY A.C.	33	28	5
2	WYCOMBE PHOENIX	21	18	3
3	ST. ALBANS A.C.	14	8	6
4	BUCKINGHAM & STOWE	9	8	1
5	WATFORD	4	4	

Under 15 Boys

1	J. MCMURRAY (ST. ALBANS)	17.07	M15	1
2	M. McLAUGHLIN (SB)	17.09	M15	2
3	O. POULAIN (ST. ALBANS)	17.44	M15	3
4	J. DICKINSON (BUCKINGHAM)	18.11	M15	4
5	C. DICKINSON (BUCKINGHAM)	18.12	M15	5
6	L. DORMER (WATFORD)	18.51	M15	6
7	T. CLAESSANS (WYCOMBE)	19.03	M15	7
8	E. DOWNS (WYCOMBE)	19.19	M15	8
9	S. JAMESON-WEST (SAGD)	19.22	M15	9
10	S. BRABHAM (WYCOMBE)	19.30	M15	10
11	K. ENGLAND-ARCHIBALD (WYC)	19.58	M15	11
12	S. SMITH (BIGGLESWADE)	20.02	M15	12
13	J. HARTLEY (BUCKINGHAM)	20.21	M15	13
14	L. ROONEY (WYCOMBE)	20.31	M15	14
15	S. PRICE (WYCOMBE)	21.39	M15	15
16	A. ALHASHEMI (BUCKINGHAM)	21.55	M15	16
17	C. SEABY (WYCOMBE)	22.04	M15	17
18	K. GILFEDDER (WYCOMBE)	22.10	M15	18
19	O. WHITEHEAD (BUCKINGHAM)	22.16	M15	19
20	I. HILL (WYCOMBE)	22.18	M15	20
21	M. WALKER (WATFORD)	.00	M15	21

TEAM RESULT

1	ST. ALBANS A.C.	53	1	3	9
2	BUCKINGHAM & STOWE	44	4	5	13
3	WYCOMBE PHOENIX	41	7	8	10
4	SHAFTESBURY BARNET	20	2		
5	WATFORD	17	6	21	
6	BIGGLESWADE	10	12		

DIVISION RESULT

1	ST. ALBANS A.C.	84	31	53
2	WYCOMBE PHOENIX	74	33	41
3	BUCKINGHAM & STOWE	58	14	44
4	BIG			

Under 13 Boys

1 R. SUTHERLAND (WYCOMBE).....11.32 M13 1	6 L. DEE (ST. ALBANS).....12.30 M13 6	12 J. CLAY (LEIGHTON B).....14.15 M13 12
2 T. WARSHARE (WYCOMBE).....11.54 M13 2	7 A. WHEATCROFT (ST. ALBANS).....12.31 M13 7	13 E. ROBERTS (WYCOMBE).....14.18 M13 13
3 C. VON EITZEN (RADLEY).....11.55 M13 3	8 T. VERBENA (WATFORD).....12.37 M13 8	14 R. TURNLEY (WATFORD).....14.35 M13 14
4 H. O'BARRAT (WATFORD).....12.16 M13 4	9 S. DELGADO (WYCOMBE).....12.38 M13 9	15 J. PHILLIPPS (WATFORD).....15.21 M13 15
5 B. SUTHERLAND (WYCOMBE).....12.19 M13 5	10 L. KELLING (BANBURY).....13.04 M13 10	16 P. JENKINS (Q.P.H.).....15.33 M13 16
	11 S. WALKER (WATFORD).....14.02 M13 11	17 C. FOSTER (BIGGLESWADE).....15.37 M13 17

TEAM RESULT

1 WYCOMBE PHOENIX	46	1	2	5
2 WATFORD	31	4	8	11
3 ST. ALBANS A.C.	23	6	7	
4 RADLEY A.C.	15	3		
5 BANBURY	8	10		
6 LEIGHTON BUZZARD	6	12		
7 QUEENS PARK H.	2	16		
8 BIGGLESWADE	1	17		

DIVISION RESULT

1 WYCOMBE PHOENIX	77	31	46
2 ST. ALBANS A.C.	73	50	23
3 WATFORD	64	33	31
4 RADLEY A.C.	44	29	15
5 BANBURY	22	14	8
6 BIGGLESWADE	19	18	1
7 SHAFTESBURY BARNET	15	15	
8 LEIGHTON BUZZARD	13	7	6
9 WHITE HORSE	11	11	
10 QUEENS PARK H.	2		2

Senior/Veteran Ladies

1 R. KELLING (BANBURY).....23.55 F45 1	17 C. MURPHY (WHITE HORSE).....28.46 F45 5	35 J. ROGERS (THAME).....33.21 F35 14
2 J. DIXON (BANBURY).....24.19 F35 1	18 R. RUTT (TRING).....28.47 F45 6	36 V. MORTON (WYCOMBE).....33.30 F 11
D. STEER (ST. ALBANS) N/S.....24.56 F45	19 P. HERBERT (BEARBROOK).....28.49 F35 8	37 J. ESKERDALE (GADE VALLEY).....33.56 F45 12
3 M. BARTLETT (BANBURY).....25.05 F35 2	20 D. CHANNER (BEARBROOK).....29.09 F35 9	38 N. BURGESS (TRING).....34.01 F35 15
4 J. SHORROCKS (HANDY CROSS).....25.41 F 1	21 D. GATESMAN (HANDY CROSS).....29.13 F 6	39 E. HENSON (GADE VALLEY).....34.08 F35 16
5 M. DUBLON (BEARBROOK).....26.37 F 2	22 J. TURNLEY (WATFORD).....29.24 F35 10	40 L. WEEDON (HANDY CROSS).....34.25 F55 1
6 E. HAYNES (HANDY CROSS).....26.40 F35 3	23 S. RIDGWAY (BEARBROOK).....29.35 F45 7	41 S. SMITH (BANBURY).....34.33 F55 2
7 M. COLWELL (TRING).....26.42 F35 4	24 L. HUXLEY (BEARBROOK).....29.37 F45 8	42 D. BIGNELL (BEARBROOK).....34.38 F 12
8 H. MULHALL (BEARBROOK).....26.59 F35 5	25 K. BARNETT (TRING).....29.52 F 7	43 A. SMITH (BEARBROOK).....34.41 F 13
9 A. HARDING (TRING).....27.08 F45 2	26 L. MAYER (BEARBROOK).....30.05 F35 11	44 D. STREETER (BEARBROOK).....34.57 F 14
10 C. MCDONNELL (GADE VALLEY).....27.11 F35 6	27 H. PARRY (THAME).....30.14 F35 12	45 M. CHADWICK (BEARBROOK).....35.48 F35 17
11 A. REINIKKALA (BEARBROOK).....27.20 F35 7	28 M. BOOTH (HANDY CROSS).....30.16 F45 9	46 G. FOREMAN (GADE VALLEY).....35.51 F 15
12 M. RUSSELL (BEARBROOK).....27.23 F 3	29 L. RZEWUSKI (WYCOMBE).....30.23 F 8	47 M. BRADLEY (WATFORD).....37.41 F35 18
13 L. ANNETTS (BURNHAM J).....27.42 F45 3	30 A. PUTKO (WATFORD).....32.25 F 9	48 F. YIASOUMI (GADE VALLEY).....37.59 F45 13
14 V. CRAWLEY (GADE VALLEY).....28.05 F 4	31 S. HEATH (HANDY CROSS).....32.52 F45 10	49 H. HUNT (Q.P.H.).....38.05 F 16
15 T. STRACEY (HANDY CROSS).....28.32 F 5	32 P. COOK (GADE VALLEY).....32.55 F45 11	50 C. MACDONALD (GADE VALLEY).....39.08 F35 19
16 B. ORTH (THAME).....28.41 F45 4	33 N. ECONOMU (WATFORD).....33.04 F35 13	51 N. HARRIS (Q.P.H.).....00 F35 20
	34 A. HALFORD (WATFORD).....33.19 F 10	

TEAM RESULT non scorers excluded

1 BEARBROOK JOGGERS	172	5	8	11	12
2 HANDY CROSS	162	4	6	15	21
3 BANBURY	161	1	2	3	41
4 TRING RUNNING CLUB	149	7	9	18	25
5 GADE VALLEY	115	10	14	32	37
6 WATFORD	89	22	30	33	34
7 THAME RUNNERS	78	16	27	35	
8 WYCOMBE PHOENIX	39	29	36		
9 BURNHAM JOGGERS	39	13			
10 WHITE HORSE	35	17			
11 QUEENS PARK H.	4	49	51		

DIVISION RESULT

1 BEARBROOK JOGGERS	317	145	172
2 TRING RUNNING CLUB	268	119	149
3 HANDY CROSS	267	105	162
4 BANBURY	213	52	161
5 GADE VALLEY	213	98	115
6 WATFORD	210	121	89
7 THAME RUNNERS	142	64	78
8 DAVID LLOYD PACERS	110	110	
9 BURNHAM JOGGERS	72	33	39
10 LEIGHTON BUZZARD	63	63	
11 WYCOMBE PHOENIX	55	16	39
12 WHITE HORSE	35		35
13 SHAFTESBURY BARNET	15	15	
14 ST. ALBANS A.C.	14	14	
15 QUEENS PARK H.	4		4

Veteran Ladies Race

1 BANBURY	161	1	2	3	41
2 BEARBROOK JOGGERS	150	8	11	19	20
3 TRING RUNNING CLUB	136	7	9	18	38
4 HANDY CROSS	103	6	28	31	40
5 GADE VALLEY	90	10	32	37	39
6 THAME RUNNERS	78	16	27	35	
7 WATFORD	54	22	33	47	
8 BURNHAM JOGGERS	39	13			
9 WHITE HORSE	35	17			
10 QUEENS PARK H.	1	51			

DIVISION RESULT

1 BEARBROOK JOGGERS	278	128	150
2 TRING RUNNING CLUB	241	105	136
3 BANBURY	213	52	161
4 HANDY CROSS	180	77	103
5 THAME RUNNERS	142	64	78
6 GADE VALLEY	134	44	90
7 DAVID LLOYD PACERS	110	110	
8 WATFORD	90	36	54
9 BURNHAM JOGGERS	72	33	39
10 LEIGHTON BUZZARD	43	43	
11 WHITE HORSE	35		35
12 ST. ALBANS A.C.	14	14	
13 QUEENS PARK H.	1		1

Junior/U17 Ladies

1 P. WOOLVEN (WYCOMBE).....18.44 F17 1	5 D. YEOMANS (ST. ALBANS).....22.52 F17 5	9 L. GROSSICK (BUCKINGHAM).....24.37 F20 2
2 J. BLACKSTOCK (WYCOMBE).....19.09 F17 2	6 Z. LEUWIN (SHAFTESBURY).....23.29 F17 6	10 V. WELLS (BANBURY).....24.51 F20 3
3 V. WALKER (WATFORD).....19.50 F17 3	7 H. HUTCHINSON (BIGG).....23.38 F17 7	11 E. KASCHE (BUCKINGHAM).....26.00 F17 8
4 H. JOHNSON (SHAFTESBURY).....22.28 F17 4	8 H. KITCHEN (WATFORD).....24.32 F20 1	12 N. MCDAID (BUCKINGHAM).....28.33 F20 4

TEAM RESULT

1 WYCOMBE PHOENIX	23	1	2	
2 SHAFTESBURY BARNET	16	4	6	
3 WATFORD	15	3	8	
4 ST. ALBANS A.C.	8	5		
5 BUCKINGHAM & STOWE	7	9	11	12
6 BIGGLESWADE	6	7		
7 BANBURY	3	10		

DIVISION RESULT

1 SHAFTESBURY BARNET	53	37	16
2 WATFORD	41	26	15
3 WYCOMBE PHOENIX	26	3	23
4 BUCKINGHAM & STOWE	18	11	7
5 ST. ALBANS A.C.	17	9	8
6 BIGGLESWADE	6		6
7 BANBURY	5	2	3

Under 15 Girls

1 C. MCMILLAN (BANBURY).....13.37 F15 1	7 M. STEER (ST. ALBANS).....14.36 F15 7	14 E. STEED (WATFORD).....15.42 F15 14
2 C. STEWART (SHAFTESBURY).....13.44 F15 2	8 H. HULL (ST. ALBANS).....14.50 F15 8	15 G. DUNFORD (SHAFTESBURY).....15.52 F15 15
3 N. WICKINGS (WATFORD).....14.00 F15 3	9 S. SATO (SHAFTESBURY).....14.59 F15 9	16 R. DORMER (WATFORD).....15.54 F15 16
4 R. PRITCHARD (ST. ALBANS).....14.13 F15 4	10 M. PATEL (ST. ALBANS).....15.06 F15 10	17 H. BODEN (WYCOMBE).....16.28 F15 17
5 B. MURPHY-HAND (WHH).....14.20 F15 5	11 I. HILLIER (WYCOMBE).....15.15 F15 11	18 C. BENTLEY (WATFORD).....16.53 F15 18
6 G. RUSSELL (WYCOMBE).....14.35 F15 6	12 M. OMAR (WATFORD).....15.30 F15 12	19 C. BRYAN (SHAFTESBURY).....17.38 F15 19
	13 A. TOMLINSON (SHAFTESBURY).....15.31 F15 13	20 N. PEPEVERZINA (SB).....18.02 F15 20

TEAM RESULT

1 ST. ALBANS A.C.	44	4	7	8
2 SHAFTESBURY BARNET	39	2	9	13
3 WATFORD	34	3	12	14
4 WYCOMBE PHOENIX	29	6	11	17
5 BANBURY	20	1		
6 WHITE HORSE	16	5		

DIVISION RESULT

1 SHAFTESBURY BARNET	104	65	39
2 ST. ALBANS A.C.	103	59	44
3 WYCOMBE PHOENIX	70	41	29
4 WATFORD	66	32	34
5 BANBURY	45	25	20
6 WHITE HORSE	16		16

Under 13 Girls

1 D. NEWMAN (SHAFTESBURY).....	12.19	F13	1	6 L. ECONOMU (WATFORD).....	13.54	F13	6	12 C. FALCONER (WATFORD).....	16.03	F13	12
2 F. LENTON (SHAFTESBURY).....	12.55	F13	2	7 L. DEE (ST. ALBANS).....	14.19	F13	7	13 M. PEREVERZINA (SB).....	16.17	F13	13
3 H. HOLLIS (WATFORD).....	13.26	F13	3	8 S. HARWOOD (WYCOMBE).....	14.22	F13	8	14 C. NEALE (WYCOMBE).....	16.31	F13	14
4 N. SHAH (SHAFTESBURY).....	13.35	F13	4	9 L. VARNHAM (WATFORD).....	14.29	F13	9	15 K. HALL (ST. ALBANS).....	16.45	F13	15
5 S. BENTLEY (WATFORD).....	13.49	F13	5	10 M. ROBERTSON (WYCOMBE).....	14.39	F13	10	16 J. JAMES (ST. ALBANS).....	16.47	F13	16
				11 E. TARGET (ST. ALBANS).....	14.55	F13	11				

TEAM RESULT

1 SHAFTESBURY BARNET	44	1	2	4
2 WATFORD	37	3	5	6
3 WYCOMBE PHOENIX	19	8	10	14
4 ST. ALBANS A.C.	18	7	11	15

DIVISION RESULT

1 SHAFTESBURY BARNET	119	75	44
2 ST. ALBANS A.C.	80	62	18
3 WATFORD	79	42	37
4 WYCOMBE PHOENIX	49	30	19
5 WHITE HORSE	23	23	

Total Overall Score

1 WATFORD	1022	847	175
2 TRING RUNNING CLUB	972	823	149
3 HANDY CROSS	869	707	162
4 BEARBROOK JOGGERS	821	649	172
5 WYCOMBE PHOENIX	773	663	110
6 GADE VALLEY	678	563	115
7 THAME RUNNERS	664	586	78
8 BANBURY	573	389	184
9 QUEENS PARK H.	424	420	4
10 LEIGHTON BUZZARD	422	422	
11 WHITE HORSE	303	252	51
12 ST. ALBANS A.C.	226	156	70
13 BIGGLESWADE	186	180	6
14 RADLEY A.C.	139	139	
15 BURNHAM JOGGERS	129	90	39
16 SHAFTESBURY BARNET	119	20	99
17 BUCKINGHAM & STOWE	100	93	7

DIVISION RESULT

1 WATFORD	2076	1054	1022
2 TRING RUNNING CLUB	1935	963	972
3 HANDY CROSS	1686	817	869
4 BEARBROOK JOGGERS	1565	744	821
5 THAME RUNNERS	1377	713	664
6 WYCOMBE PHOENIX	1371	598	773
7 GADE VALLEY	1323	645	678
8 LEIGHTON BUZZARD	1074	652	422
9 BANBURY	1066	493	573
10 QUEENS PARK H.	906	482	424
11 WHITE HORSE	499	196	303
12 ST. ALBANS A.C.	469	243	226
13 SHAFTESBURY BARNET	326	207	119
14 RADLEY A.C.	318	179	139
15 BIGGLESWADE	232	46	186
16 BURNHAM JOGGERS	162	33	129
17 BUCKINGHAM & STOWE	133	33	100
18 DAVID LLOYD PACERS	110	110	

Male Overall Score

1 WATFORD	847	799	17	31
2 TRING RUNNING CLUB	823	823		
3 HANDY CROSS	707	707		
4 WYCOMBE PHOENIX	663	573	3	41
5 BEARBROOK JOGGERS	649	649		46
6 THAME RUNNERS	586	586		
7 GADE VALLEY	563	563		
8 LEIGHTON BUZZARD	422	416		6
9 QUEENS PARK H.	420	418		2
10 BANBURY	389	381		8
11 WHITE HORSE	252	252		
12 BIGGLESWADE	180	169	10	1
13 ST. ALBANS A.C.	156	74	6	53
14 RADLEY A.C.	139	119	5	15
15 BUCKINGHAM & STOWE	93	48	1	44
16 BURNHAM JOGGERS	90	90		
17 SHAFTESBURY BARNET	20			20

DIVISION RESULT

1 WATFORD	1680	833	847
2 TRING RUNNING CLUB	1667	844	823
3 HANDY CROSS	1419	712	707
4 BEARBROOK JOGGERS	1248	599	649
5 THAME RUNNERS	1235	649	586
6 WYCOMBE PHOENIX	1171	508	663
7 GADE VALLEY	1110	547	563
8 LEIGHTON BUZZARD	1011	589	422
9 QUEENS PARK H.	902	482	420
10 BANBURY	803	414	389
11 WHITE HORSE	425	173	252
12 RADLEY A.C.	318	179	139
13 ST. ALBANS A.C.	255	99	156
14 BIGGLESWADE	226	46	180
15 BUCKINGHAM & STOWE	115	22	93
16 BURNHAM JOGGERS	90	90	
17 SHAFTESBURY BARNET	35	15	20

Female Overall Score

1 BANBURY	184	161	3	20
2 WATFORD	175	89	15	34
3 BEARBROOK JOGGERS	172	172		37
4 HANDY CROSS	162	162		
5 TRING RUNNING CLUB	149	149		
6 GADE VALLEY	115	115		
7 WYCOMBE PHOENIX	110	39	23	29
8 SHAFTESBURY BARNET	99		16	39
9 THAME RUNNERS	78	78		44
10 ST. ALBANS A.C.	70		8	44
11 WHITE HORSE	51	35		16
12 BURNHAM JOGGERS	39	39		
13 BUCKINGHAM & STOWE	7		7	
14 BIGGLESWADE	6		6	
15 QUEENS PARK H.	4	4		

DIVISION RESULT

1 WATFORD	396	221	175
2 BEARBROOK JOGGERS	317	145	172
3 SHAFTESBURY BARNET	291	192	99
4 TRING RUNNING CLUB	268	119	149
5 HANDY CROSS	267	105	162
6 BANBURY	263	79	184
7 ST. ALBANS A.C.	214	144	70
8 GADE VALLEY	213	98	115
9 WYCOMBE PHOENIX	200	90	110
10 THAME RUNNERS	142	64	78
11 DAVID LLOYD PACERS	110	110	
12 WHITE HORSE	74	23	51
13 BURNHAM JOGGERS	72	33	39
14 LEIGHTON BUZZARD	63	63	
15 BUCKINGHAM & STOWE	18	11	7
16 BIGGLESWADE	6		6
17 QUEENS PARK H.	4		4