

Under 13 Girls

Pos	RaceNo	Time	Name	Club
1	1597	00:12:37	Abbie Hetherington	Carlisle and Asdatria AC
2	1991	00:12:38	Loren Bleaken	Team Bath AC
3	1513	00:12:49	Harriet Preedy	Aldershot Farnham & District AC
4	1778	00:12:51	Bo Haywood	Lincoln Wellington AC
5	1766	00:12:58	Amy Griffiths	Leicester Coritanian AC
6	1874	00:12:58	Bethany Hawtin	Oxford City AC
7	1780	00:13:01	Emma Tonner	Lincoln Wellington AC
8	2059	00:13:02	Ruth Bourne	Windsor Slough Eton & Hounslow AC
9	1587	00:13:03	Sophie Parkes	Cambridge Harriers
10	1704	00:13:05	Holly Callaghan	Halifax Harriers
11	1689	00:13:08	Hannah Bethwaite	Ellenborough AC
12	1825	00:13:08	Rebecca Carver	Mendip AC
13	1560	00:13:09	Molly Betmead	Blackpool Wyre & Fylde AC
14	1935	00:13:10	Natalie Connor	Shaftesbury Barnet Harriers
15	1771	00:13:11	Mari Smith	Leicester Coritanian AC
16	1716	00:13:11	Grace Baker	Hastings AC
17	1705	00:13:13	Natalia Hackett	Hallamshire Harriers Sheffield
18	1699	00:13:16	Nicole Bailey	Halesowen AC
19	1549	00:13:18	Sophie Forster	Birtley AC
20	1537	00:13:18	Alanah Harris	Bedford & County AC
21	1921	00:13:20	Abigail Fitton	Sale Harriers Manchester
22	1506	00:13:21	Leigh Chapman	Aldershot Farnham & District AC
23	1784	00:13:22	Beth Tynan	Liverpool Harriers & AC
24	1959	00:13:25	Beth Ellis	Spensborough AC
25	1576	00:13:27	Annasley Park	Bristol & West AC
26	1768	00:13:29	Alice Murfitt	Leicester Coritanian AC
27	1509	00:13:29	Rebecca Howard	Aldershot Farnham & District AC
28	1749	00:13:30	Suzie Reid	Ipswich Harriers
29	1641	00:13:31	Lucy Holt	City of Stoke AC
30	1540	00:13:36	Molly McKenzie	Bedford & County AC
31	1795	00:13:36	Chevelle Baxter	Mansfield Harriers & AC
32	1531	00:13:37	Charlotte Chalwin	Basingstoke & Mid Hants AC
33	1775	00:13:37	Eve Rothwell	Lewes AC
34	1539	00:13:37	Ellie Hemmings	Bedford & County AC
35	2029	00:13:38	Jade Evans	Vale Royal AC
36	1655	00:13:41	Sian Rainsley	Coventry Godiva Harriers
37	1979	00:13:42	Olivia Wild	Stockport Harriers & AC
38	1547	00:13:42	Ellie Howat	Birchfield Harriers
39	1646	00:13:43	Katy Wood	City of York AC
40	1508	00:13:46	Bethany Gibson	Aldershot Farnham & District AC
41	2060	00:13:46	Rebecca Croft	Windsor Slough Eton & Hounslow AC
42	1947	00:13:48	Sophie Foreman	South London Harriers
43	1630	00:13:48	Connie Lewis	Chiltern Harriers AC
44	1516	00:13:48	Katie Stevens	Aldershot Farnham & District AC
45	1628	00:13:50	Amy Harris	Chiltern Harriers AC
46	2067	00:13:51	Eloise Milbourn	Windsor Slough Eton & Hounslow AC
47	1934	00:13:51	Tabitha Adams	Sevenoaks AC
48	1873	00:13:52	Georgia Tuckfield	Orion Harriers
49	2027	00:13:53	Alice Wood	Tonbridge AC
50	1543	00:13:54	Ellen Newark	Bexley AC
51	1737	00:13:55	Mary Gough	Herts Phoenix AC
52	1810	00:13:55	Tamsin Smith	Mansfield Harriers & AC

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Pos	RaceNo	Time	Name	Club
53	1600	00:13:56	Hannah Cox	Charnwood AC
54	1532	00:13:57	Jennifer Helyar	Basingstoke & Mid Hants AC
55	1988	00:13:58	Corrine Blythe	Tamworth AC
56	1806	00:13:58	Caelidh Ross	Mansfield Harriers & AC
57	2011	00:14:00	Ailish Craig	Tipton Harriers
58	1881	00:14:00	Mollie Haines	Reading AC
59	1923	00:14:01	Rachael Hibberd	Sale Harriers Manchester
60	1868	00:14:01	Chloe Ward	Nuneaton Harriers AC
61	1548	00:14:02	Anne Kenchington	Birmingham Rowheath AC
62	2002	00:14:03	Lauren Pestana	Telford AC
63	1943	00:14:03	Nikita Shah	Shaftesbury Barnet Harriers
64	1865	00:14:04	Amy Casey	Nuneaton Harriers AC
65	1980	00:14:05	Mollie Williams	Stockport Harriers & AC
66	1914	00:14:05	Elizabeth Ward	Royal Sutton Coldfield AC
67	2034	00:14:05	Louise Towers	Vale Royal AC
68	1581	00:14:06	Alana Grundy	Bury AC
69	1564	00:14:07	Leah Peplow	Bolton United Harriers & AC
70	1750	00:14:07	Lauren Lowe	Jersey Spartans AC
71	2051	00:14:08	Imogen Emmett	Winchester & District AC
72	1569	00:14:08	Tess Pritchard	Bracknell AC
73	1621	00:14:09	Sophie Riches	Chelmsford AC
74	1709	00:14:10	Claire Wilsher	Hallamshire Harriers Sheffield
75	1889	00:14:10	Alice Chandler	Reigate Priory AC
76	1790	00:14:10	Ellie Still	Luton AC
77	1956	00:14:11	Chloe Williams	Southend AC
78	1654	00:14:11	Melissa Kevern	Cornwall AC
79	1964	00:14:12	Naomi Hodson	St.Albans AC
80	1866	00:14:12	Laura Gilbert	Nuneaton Harriers AC
81	1739	00:14:13	Emily Ruane	Herts Phoenix AC
82	1720	00:14:13	Louise Nash	Hastings AC
83	1969	00:14:13	Aimee Aikin	Stockport Harriers & AC
84	1801	00:14:13	Molly Johnson	Mansfield Harriers & AC
85	1912	00:14:14	Molly Rees	Royal Sutton Coldfield AC
86	1580	00:14:14	Christie Cook	Bury AC
87	1687	00:14:14	Bethany Donnelly	East Cheshire Harriers & Tameside AC
88	1520	00:14:15	Charlotte Wright	Aldershot Farnham & District AC
89	1627	00:14:16	Jessica Franks	Chiltern Harriers AC
90	1602	00:14:16	Georgia Gartside	Charnwood AC
91	1777	00:14:17	Abbie Donnelly	Lincoln Wellington AC
92	2061	00:14:18	Kathryn Ditton	Windsor Slough Eton & Hounslow AC
93	2055	00:14:18	Phoebe Rochford	Winchester & District AC
94	2054	00:14:19	Lucy Rochford	Winchester & District AC
95	1803	00:14:19	Claire Norris	Mansfield Harriers & AC
96	2030	00:14:19	Cerys Heaher	Vale Royal AC
97	1909	00:14:20	Taryn Beech	Royal Sutton Coldfield AC
98	1619	00:14:20	Rosa Prideaux	Chelmsford AC
99	1667	00:14:21	Veleska Wills	Derby AC
100	1867	00:14:21	Chloe Tillin	Nuneaton Harriers AC
101	1807	00:14:22	Ellie Saxton	Mansfield Harriers & AC
102	2031	00:14:22	Jade Lamb	Vale Royal AC
103	1916	00:14:22	Isobel Hughes	Rugby & Northampton AC
104	1613	00:14:23	Natasha Fisher	Chelmsford AC

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Pos	RaceNo	Time	Name	Club
105	1798	00:14:24	Robyn Foster	Mansfield Harriers & AC
106	1675	00:14:24	Kerry Baily	Ealing Southall & Middlesex AC
107	1892	00:14:25	Darcy Grant	Reigate Priory AC
108	1614	00:14:25	Bryony Gardiner	Chelmsford AC
109	2087	00:14:26	India Spoor	Worthing & District Harriers
110	1729	00:14:26	Ashleigh Campbell	Herne Hill Harriers
111	1700	00:14:26	Zoe Fincher	Halesowen AC
112	1562	00:14:27	Emily Wass	Blackwell & District AC
113	1579	00:14:27	Georgie Hartigan	Bromsgrove & Redditch AC
114	1592	00:14:27	Amelia Ridgway	Cannock & Stafford AC
115	1767	00:14:27	India Mitchell-Jarvis	Leicester Coritanian AC
116	1617	00:14:27	Lucy Langdon	Chelmsford AC
117	2010	00:14:28	Rachel Mumford	Thetford AC
118	1661	00:14:29	Saffron Salih	Dartford Harriers AC
119	1514	00:14:29	Molly Shaples	Aldershot Farnham & District AC
120	1541	00:14:29	Armored Tribbeck	Bedford & County AC
121	1534	00:14:30	Megan Angell	Bedford & County AC
122	1836	00:14:30	Steph Burton	Nene Valley Harriers
123	1523	00:14:30	Hermonie Toomey	Andover AC
124	2048	00:14:30	Sophie Lloyd	White Horse Harriers
125	1772	00:14:32	Olivia Tansey	Leicester Coritanian AC
126	1533	00:14:33	Gemma Wildash	Basingstoke & Mid Hants AC
127	2078	00:14:34	Kay Oakley	Wolverhampton & Bilston AC
128	1898	00:14:34	Megan Davies	Rossendale Harriers & AC
129	2019	00:14:35	Katie Humphrey	Tonbridge AC
130	2017	00:14:36	Sian Driscoll	Tonbridge AC
131	1663	00:14:36	Danielle Booth	Derby AC
132	1629	00:14:37	Ellie Jones	Chiltern Harriers AC
133	1837	00:14:38	Jade Cavath Smith	Nene Valley Harriers
134	1726	00:14:39	Lindsay McLachlan	Havering Mayesbrook AC
135	2056	00:14:41	Rosie Upton	Winchester & District AC
136	1904	00:14:41	Emma Ellis	Rotherham Harriers & AC
137	1660	00:14:43	Sarah Needleman	Dacorum & Tring AC
138	1738	00:14:43	Elizabeth Parry	Herts Phoenix AC
139	1724	00:14:43	Lydia Hallam	Havering Mayesbrook AC
140	1634	00:14:44	Alice Cheverton	City of Norwich AC
141	1703	00:14:44	Hannah Sharkey	Halesowen AC
142	1973	00:14:45	Carla Edwards	Stockport Harriers & AC
143	1625	00:14:46	Isobella Warren	Chelmsford AC
144	1736	00:14:46	Megan Breen	Herts Phoenix AC
145	2089	00:14:46	Emily Hollis	Wreake Runners
146	1635	00:14:47	Natalie Flintham	City of Norwich AC
147	1783	00:14:48	Erin Stewart	Liverpool Harriers & AC
148	1591	00:14:49	Leanne Dimmock	Cannock & Stafford AC
149	1929	00:14:49	Chloe Yates	Sale Harriers Manchester
150	1960	00:14:49	Emma Wilkinson	Spensborough AC
151	2033	00:14:50	Anni Sorensen	Vale Royal AC
152	1652	00:14:50	Abigail M-Harris	Corby AC
153	1779	00:14:51	Catrina Thomas	Lincoln Wellington AC
154	1769	00:14:51	Hannah Perry	Leicester Coritanian AC
155	1782	00:14:51	Isabel Perez	Liverpool Harriers & AC
156	1701	00:14:52	Mollie Parsons	Halesowen AC

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157	1610	00:14:52	Georgina Warner	Chichester Runners & AC
158	1565	00:14:53	Ellie Boyson	Boston & District AC
159	2073	00:14:53	Ellie Wallis	Windsor Slough Eton & Hounslow AC
160	1683	00:14:53	Megan Ashelby	East Cheshire Harriers & Tameside AC
161	1708	00:14:53	Charlotte Slack	Hallamshire Harriers Sheffield
162	1998	00:14:54	Emily Jenkinson	Team Southampton
163	1535	00:14:54	Kayleigh Barnes	Bedford & County AC
164	1728	00:14:55	Billie Barbour	Herne Hill Harriers
165	2001	00:14:55	Isabelle Bradley	Telford AC
166	1894	00:14:55	Emily Mills	Reigate Priory AC
167	1819	00:14:55	Hannah Selvey	Marshall Milton Keynes AC
168	1561	00:14:56	Lindsey Morgan	Blackwell & District AC
169	1717	00:14:56	Katie Garland	Hastings AC
170	1926	00:14:56	Connie Vickers	Sale Harriers Manchester
171	2080	00:14:56	Ellie Foster	Woodford Green AC with Essex Ladies
172	1651	00:14:58	Helena Keenan	Corby AC
173	1875	00:14:58	Imogen Van Zyl	Oxford City AC
174	1930	00:14:59	Lucy Matthews	Salford Metropolitan AC
175	2064	00:14:59	Joanne Fallon	Windsor Slough Eton & Hounslow AC
176	1851	00:15:00	Bethany Scotney	Newark AC
177	1653	00:15:00	Ellie Welch	Corby AC
178	1796	00:15:01	Harriet Codd	Mansfield Harriers & AC
179	1638	00:15:01	Eleanor Curran	City of Sheffield AC
180	2094	00:15:01	Alice Conquest	Cheltenham Harriers
181	1773	00:15:03	Holly English	Lewes AC
182	2028	00:15:03	Jade Dos Santos	Trent Park RC
183	1730	00:15:04	Georgie Hay	Herne Hill Harriers
184	1937	00:15:05	Lucy Ham	Shaftesbury Barnet Harriers
185	1684	00:15:06	Roisin Clegg	East Cheshire Harriers & Tameside AC
186	1505	00:15:06	Ellie Bollons	Aldershot Farnham & District AC
187	1640	00:15:06	Jessica Heath	City of Stoke AC
188	1895	00:15:06	Lydia Parker	Reigate Priory AC
189	1762	00:15:06	Rachel Borrows	Leicester Coritanian AC
190	1931	00:15:07	Lucy Whittaker	Salford Metropolitan AC
191	1815	00:15:08	Emily Bousfield	Marshall Milton Keynes AC
192	1913	00:15:08	Lydia Sergiew	Royal Sutton Coldfield AC
193	1526	00:15:08	Beth Carter	Barnet & District AC
194	2020	00:15:08	Catherine Northridge	Tonbridge AC
195	1743	00:15:09	Ruby Sykes	Holmfirth Harriers AC
196	2046	00:15:09	Samantha Carson	West Suffolk AC
197	1710	00:15:10	Martha Clapp	Harborough AC
198	1721	00:15:10	Dorothy Wilson	Hastings AC
199	1967	00:15:10	Emma McCartney	St.Helens Sutton AC
200	1882	00:15:11	Nicole Haines	Reading AC
201	1725	00:15:11	Avril Loynes	Havering Mayesbrook AC
202	2053	00:15:12	Hannah Knapton	Winchester & District AC
203	1744	00:15:12	Faye McLellan	Huntingdonshire AC
204	2057	00:15:13	Lily Wilde	Winchester & District AC
205	1623	00:15:13	Rebecca Wade	Chelmsford AC
206	1845	00:15:14	Paige Lambert	Nene Valley Harriers
207	1808	00:15:15	Ella Shirley	Mansfield Harriers & AC
208	1666	00:15:15	Annie Kinane	Derby AC

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209	1883	00:15:15	Lauren Herrington	Reading AC
210	1774	00:15:15	Ella James	Lewes AC
211	1905	00:15:16	Jessica Freeman	Rotherham Harriers & AC
212	1968	00:15:16	Rachel Wousey	St.Helens Sutton AC
213	1876	00:15:17	Mya Walker	Oxford City AC
214	2026	00:15:17	Amy Wolstenholme	Tonbridge AC
215	1858	00:15:17	Ahley Smith	Newquay & Par AC
216	1863	00:15:17	Daisy Reed	Notts AC
217	1872	00:15:20	Sydney Taylor	Orion Harriers
218	1582	00:15:20	Caitlin Healy	Bury AC
219	1826	00:15:21	Erin Martin	Mendip AC
220	1601	00:15:22	Eliza Dickie	Charnwood AC
221	2072	00:15:23	Alice Turner	Windsor Slough Eton & Hounslow AC
222	1958	00:15:23	Katie Byrne	Spensborough AC
223	1942	00:15:25	Maria Pereirzina	Shaftesbury Barnet Harriers
224	1978	00:15:27	Jessica Shaw	Stockport Harriers & AC
225	1985	00:15:27	Molly White	Stratford upon Avon AC
226	1793	00:15:27	Alice Hughes	Manchester Harriers & AC
227	1671	00:15:29	Clea Giles	Dorking & Mole Valley AC
228	1639	00:15:29	Natasha Clowes	City of Stoke AC
229	1649	00:15:29	Georgia Bevins	Corby AC
230	1800	00:15:30	Emma Heath	Mansfield Harriers & AC
231	1839	00:15:31	Melanie Chapman	Nene Valley Harriers
232	1918	00:15:33	Alison Inwood	Rugby & Northampton AC
233	1568	00:15:33	Rebecca Howard	Bracknell AC
234	1530	00:15:33	Zoe Smith	Barnet & District AC
235	1903	00:15:34	Emma Dutton	Rotherham Harriers & AC
236	1764	00:15:36	Ellen Coady	Leicester Coritanian AC
237	1688	00:15:36	Hayley Simpson	East Cheshire Harriers & Tameside AC
238	1936	00:15:37	Rebecca Graham	Shaftesbury Barnet Harriers
239	1702	00:15:38	Beth Sharkey	Halesowen AC
240	1572	00:15:38	Esther Lutz Davies	Brighton & Hove City AC
241	2075	00:15:42	Paige Champion	Wolverhampton & Bilston AC
242	2092	00:15:42	Bethan Scott	Wreake Runners
243	1996	00:15:43	Natile Nash	Team Bath AC
244	2043	00:15:44	Harriet Hollis	Watford Harriers
245	1861	00:15:44	India Hasnip	Notts AC
246	1890	00:15:46	Lisa Ferguson	Reigate Priory AC
247	1804	00:15:46	Rachel Norris	Mansfield Harriers & AC
248	2076	00:15:46	Lauren Hillman	Wolverhampton & Bilston AC
249	2023	00:15:47	Ottilie Swift	Tonbridge AC
250	1927	00:15:47	Martha Vickers	Sale Harriers Manchester
251	1681	00:15:48	Shannon Powell	Ealing Southall & Middlesex AC
252	1855	00:15:49	Lucy Bowden	Newquay & Par AC
253	1558	00:15:49	Sonia Woolhouse	Blackheath & Bromley Harriers
254	1748	00:15:50	Lilly Coward	Invicta East Kent AC
255	1888	00:15:52	Katherine West	Reading AC
256	1761	00:15:54	Shannon Anderson	Leicester Coritanian AC
257	1835	00:15:55	Sarah Wilkes	Morpeth Harriers & AC
258	1971	00:15:56	Hannah Arnold	Stockport Harriers & AC
259	1827	00:15:56	Amy Reakes	Mendip AC
260	1908	00:15:57	Georgina Spencer	Rotherham Harriers & AC

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261	1524	00:15:58	Hester Hill	Ashford AC
262	1574	00:16:00	Laura Smith	Brighton & Hove City AC
263	1752	00:16:01	Emily Baker	Leamington Cycling & AC
264	1849	00:16:03	Charlotte Peach	Newark AC
265	2047	00:16:03	Lauren James	West Suffolk AC
266	2074	00:16:05	Hannah Champion	Wolverhampton & Bilston AC
267	1611	00:16:06	Abby Chalmers	Chelmsford AC
268	1877	00:16:06	Maiya Greenwood	Peterborough AC
269	1981	00:16:06	Sophie Williams	Stockport Harriers & AC
270	1920	00:16:08	Alice Bennett	Sale Harriers Manchester
271	1906	00:16:09	Emily Hutchinson	Rotherham Harriers & AC
272	1529	00:16:10	Holly Smith	Barnet & District AC
273	2049	00:16:11	Sharon Hutchings	Wimborne AC
274	1792	00:16:15	Ciara Green	Manchester Harriers & AC
275	1650	00:16:16	Holly Bevins	Corby AC
276	1732	00:16:16	Francesca Meade	Herne Hill Harriers
277	1984	00:16:17	Hannah Taylor	Stratford upon Avon AC
278	1662	00:16:18	Lauren Bingley	Derby AC
279	1907	00:16:19	Jessica Mangham	Rotherham Harriers & AC
280	1847	00:16:21	Elisha Reid	Nene Valley Harriers
281	2090	00:16:22	Ellen McNeelance	Wreake Runners
282	1944	00:16:23	Amy Billups	South London Harriers
283	2045	00:16:23	Sophie Barker	West Suffolk AC
284	2093	00:16:24	Laura Tailor	Wreake Runners
285	1624	00:16:24	Lydia Ward	Chelmsford AC
286	1510	00:16:26	Ruby Matthews	Aldershot Farnham & District AC
287	2021	00:16:27	Lucy Roud	Tonbridge AC
288	2036	00:16:29	Abigail Jowett	Victoria Park H. & Tower Hamlets AC
289	1781	00:16:29	Hannah Burgon	Liverpool Harriers & AC
290	1932	00:16:30	Louise Wilson	Salford Metropolitan AC
291	1609	00:16:32	Alice Stubbings	Chichester Runners & AC
292	2044	00:16:32	Lilly Varnham	Watford Harriers
293	1840	00:16:33	Grace Clarke	Nene Valley Harriers
294	1970	00:16:34	Carla Aikin	Stockport Harriers & AC
295	1722	00:16:34	Rosie Brett	Havering Mayesbrook AC
296	1949	00:16:37	Alex Roberts	South London Harriers
297	1992	00:16:38	Georgina Cornish	Team Bath AC
298	1745	00:16:40	Rebecca Pedley	Huntingdonshire AC
299	1842	00:16:41	Megan Griessel	Nene Valley Harriers
300	1897	00:16:41	Emma King	Richmond & Zetland Harriers
301	1896	00:16:41	Charlotte Robinson	Reigate Priory AC
302	1886	00:16:45	Emily Stone	Reading AC
303	1878	00:16:46	Megan Haines Eynon	Peterborough AC
304	2084	00:16:47	Stephanie Smith	Woodford Green AC with Essex Ladies
305	1503	00:16:49	Amber Acres-McGuigan	Aldershot Farnham & District AC
306	1632	00:16:50	Maria Slade	Chiltern Harriers AC
307	1527	00:16:52	Lydia Herridge	Barnet & District AC
308	1679	00:16:52	Evie King	Ealing Southall & Middlesex AC
309	1885	00:16:52	Elizabeth Shorland	Reading AC
310	1841	00:16:56	Alice Dolan	Nene Valley Harriers
311	2008	00:16:56	Clare Foad	Thanet Road Runners AC
312	1740	00:16:57	Edith Ault	Highgate Harriers

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313	1797	00:16:58	Abigail D'Aguiar	Mansfield Harriers & AC
314	1933	00:17:00	Franchesca Adams	Sevenoaks AC
315	1834	00:17:01	Rachel Todd	Morpeth Harriers & AC
316	1838	00:17:02	Sarah Chan	Nene Valley Harriers
317	1603	00:17:02	Karyn Lewis	Charnwood AC
318	1770	00:17:03	Rebecca Saunders	Leicester Coritanian AC
319	1658	00:17:09	Karina Maurice	Croydon Harriers
320	1706	00:17:13	Alice Hague	Hallamshire Harriers Sheffield
321	2004	00:17:14	Aneta Jaskulska	Thames Valley Harriers
322	2086	00:17:16	Imogen Marshall	Worthing & District Harriers
323	1605	00:17:22	Rebekah Stretton	Charnwood AC
324	1919	00:17:24	Maddie Spellman	Rugby & Northampton AC
325	1997	00:17:32	Fiona Campbell	Team Southampton
326	2003	00:17:32	Sohpia Acquistapace	Thames Valley Harriers
327	1659	00:17:35	Jenna Hail	Dacorum & Tring AC
328	1596	00:17:37	Rebecca Wallace	Cannock & Stafford AC
329	1734	00:17:39	Charlotte Scott	Herne Hill Harriers
330	1536	00:17:41	Lucy Brooks	Bedford & County AC
331	1647	00:17:41	Hannah Banks	Colchester & Tendring AC
332	1631	00:17:42	Claudia McInerney	Chiltern Harriers AC
333	1674	00:17:53	Seren Adlem	Ealing Southall & Middlesex AC
334	1677	00:17:53	Kate Eastmond	Ealing Southall & Middlesex AC
335	2091	00:17:54	Gabrielle McNeelance	Wreake Runners
336	1823	00:17:55	Sarah Westby	Medway & Maidstone AC
337	1583	00:18:03	Sophie Quince	Buxton AC
338	1693	00:18:05	Claire Kenny	Enfield & Haringey AC
339	1821	00:18:20	Nicole Reed	Medway & Maidstone AC
340	1791	00:18:22	Freya Vafadori	Luton AC
341	2088	00:18:32	Cassie Amor	Wreake Runners
342	1727	00:18:38	Chantel Banton	Herne Hill Harriers
343	1604	00:18:53	Ellie Shaw	Charnwood AC
344	1545	00:19:03	Eleanor Winch	Bexley AC
345	1982	00:19:18	Kitty Boyes	Stratford upon Avon AC
346	1606	00:19:43	Holly Beaton	Chichester Runners & AC
347	1648	00:19:45	Ella Clarke	Colchester & Tendring AC
348	2038	00:19:48	Paris Walker	Victoria Park H. & Tower Hamlets AC
349	1864	00:19:52	Jenny Robbins	Notts AC
350	1542	00:19:56	Katherine Farrell	Bexley AC
351	1656	00:20:07	Zainab Carr Miller	Croydon Harriers
352	1809	00:20:09	Holly Smith	Mansfield Harriers & AC
353	3293	00:22:17	Bethany Smith	Wreake Runners
354	1755	00:23:58	Hannah Taylor	Leamington Cycling & AC

Pos	Points	Team Name	Placings
1	92	Aldershot Farnham & District AC	(3 22 27 40)
2	161	Leicester Coritanian AC	(5 15 26 115)
3	187	Windsor Slough Eton & Hounslow AC	(8 41 46 92)
4	204	Bedford & County AC	(20 30 34 120)
5	223	Mansfield Harriers & AC	(31 52 56 84)
6	255	Lincoln Wellington AC	(4 7 91 153)
7	300	Vale Royal AC	(35 67 96 102)
8	304	Nuneaton Harriers AC	(60 64 80 100)
9	309	Chiltern Harriers AC	(43 45 89 132)
10	327	Stockport Harriers & AC	(37 65 83 142)
11	383	Chelmsford AC	(73 98 104 108)
12	393	Winchester & District AC	(71 93 94 135)
13	399	Sale Harriers Manchester	(21 59 149 170)
14	414	Herts Phoenix AC	(51 81 138 144)
15	426	Halesowen AC	(18 111 141 156)
16	440	Royal Sutton Coldfield AC	(66 85 97 192)
17	465	Hastings AC	(16 82 169 198)
18	484	Shaftesbury Barnet Harriers	(14 63 184 223)
19	502	Tonbridge AC	(49 129 130 194)
20	536	Reigate Priory AC	(75 107 166 188)
21	572	Hallamshire Harriers Sheffield	(17 74 161 320)
22	614	Liverpool Harriers & AC	(23 147 155 289)
23	669	East Cheshire Harriers & Tameside AC	(87 160 185 237)
24	680	Charnwood AC	(53 90 220 317)
25	692	Nene Valley Harriers	(122 133 206 231)
26	716	Derby AC	(99 131 208 278)
27	722	Reading AC	(58 200 209 255)
28	730	Corby AC	(152 172 177 229)
29	733	Herne Hill Harriers	(110 164 183 276)
30	769	Havering Mayesbrook AC	(134 139 201 295)
31	842	Rotherham Harriers & AC	(136 211 235 260)
32	882	Wolverhampton & Bilston AC	(127 241 248 266)
33	952	Wreake Runners	(145 242 281 284)
34	998	Ealing Southall & Middlesex AC	(106 251 308 333)
35	1006	Barnet & District AC	(193 234 272 307)

Under 13 Boys

Pos	RaceNo	Time	Name	Club
1	4042	00:11:46	James Knox	Helm Hill Runners
2	3821	00:11:49	Max Nicholls	Ashford AC
3	4193	00:11:52	Adam Howard	Oldham & Royton Harriers & AC
4	3851	00:11:58	William Somogyi	Bexley AC
5	3882	00:12:00	Tom Johnson	Bracknell AC
6	3802	00:12:00	Matthew Arnold	Aldershot Farnham & District AC
7	4285	00:12:01	Liam Stedman	Spensborough AC
8	4342	00:12:09	Sean Molloy	Tonbridge AC
9	4231	00:12:10	Luke Cotter	Rotherham Harriers & AC
10	3873	00:12:11	Ben Everson	Blackpool Wyre & Fylde AC
11	3814	00:12:19	Toby Starling	Aldershot Farnham & District AC
12	3923	00:12:21	Christopher Peverley	Chester-Le-Street & District AC
13	4006	00:12:21	Michael Murphy	East Cheshire Harriers & Tameside AC
14	4307	00:12:22	Alex Carter	Team Bath AC
15	4335	00:12:22	Corey De'Ath	Tonbridge AC
16	3815	00:12:22	Ben Watson	Aldershot Farnham & District AC
17	4104	00:12:25	Xander Tansey	Leicester Coritanian AC
18	3801	00:12:25	Richard Allen	Aldershot Farnham & District AC
19	4275	00:12:26	Robert Frith	Southend AC
20	4241	00:12:26	Billy Bowman-Shaw	Rugby & Northampton AC
21	4298	00:12:27	Michael Wilson	Sunderland Harriers
22	4343	00:12:28	Hanro Rossouw	Tonbridge AC
23	3841	00:12:30	Tom Stead	Bedford & County AC
24	4074	00:12:30	Bernie Spannagl	Horsham Blue Star Harriers
25	4002	00:12:31	Jack Crabtree	East Cheshire Harriers & Tameside AC
26	4420	00:12:31	Matthew Westby	Wirral AC
27	3884	00:12:33	Matthew Seddon	Bracknell AC
28	4083	00:12:34	Daniel Robinson	Jersey Spartans AC
29	3967	00:12:35	Thomas King	Cumberland Fell Runners
30	4305	00:12:39	Joe Merriweather	Taunton AC
31	4358	00:12:40	Liam Burthem	Warrington AC
32	4062	00:12:42	Stanley Harrison	Highgate Harriers
33	3992	00:12:43	Jack Wyllie	Dorking & Mole Valley AC
34	4407	00:12:43	Jack Rowe	Windsor Slough Eton & Hounslow AC
35	4293	00:12:44	Thomas Parnell	Stroud & District AC
36	3896	00:12:45	Jacob Hood	Bromsgrove & Redditch AC
37	4301	00:12:46	Robert Stroud	Tamworth AC
38	4357	00:12:47	Daniel Franks	Wakefield & District Harriers AC
39	3939	00:12:48	Scott Greeves	City of Norwich AC
40	3910	00:12:48	James Hatton	Charnwood AC
41	4413	00:12:49	Richard Evans	Wirral AC
42	4418	00:12:50	Tarique Al Shabazz	Wirral AC
43	4289	00:12:50	Daniel Lawton	Stockport Harriers & AC
44	3890	00:12:50	Tom Poole	Brighton & Hove City AC
45	3949	00:12:51	Ashley Wyatt	City of Stoke AC
46	3968	00:12:51	William King	Cumberland Fell Runners
47	4015	00:12:53	Dominic Bill	Halesowen AC
48	4048	00:12:53	Lascelles Hussey	Herne Hill Harriers
49	4151	00:12:53	James West	Medway & Maidstone AC
50	4008	00:12:54	Evans Akpoveta	Enfield & Haringey AC
51	4414	00:12:54	Daniel Jarvis	Wirral AC
52	4055	00:12:54	Liam Dee	Herts Phoenix AC

Under 13 Boys

Pos	RaceNo	Time	Name	Club
53	4070	00:12:55	Stephen Crosbie	Hillingdon AC
54	4206	00:12:56	Joshua Tack	Oxford City AC
55	4137	00:12:56	Sam Johnson	Mansfield Harriers & AC
56	4115	00:12:56	Kristian Quirk	Liverpool Harriers & AC
57	4284	00:12:57	Paul Davis	Spensborough AC
58	3990	00:12:58	Ollie May	Dorking & Mole Valley AC
59	3889	00:12:58	James Oliver	Brighton & Hove City AC
60	4319	00:12:59	Alex Ruggles	Team Southampton
61	4220	00:12:59	Oscar Morton	Reading AC
62	4395	00:12:59	Callum Upton	Winchester & District AC
63	4384	00:13:01	Will Smith	Wharfedale Harriers
64	3933	00:13:01	Alex Johnson	Chiltern Harriers AC
65	3874	00:13:01	Bradley Yates	Blackpool Wyre & Fylde AC
66	4239	00:13:02	Sam Watkins	Royal Sutton Coldfield AC
67	4302	00:13:02	Patrick Thomas	Tamworth AC
68	4035	00:13:02	Freddie Keefe	Havering Mayesbrook AC
69	4367	00:13:02	Tom Verbena	Watford Harriers
70	4054	00:13:03	Liam Cloona	Herts Phoenix AC
71	4339	00:13:04	Alex Kidd	Tonbridge AC
72	4336	00:13:05	Tim Faes	Tonbridge AC
73	3840	00:13:05	Joshua Saunders	Bedford & County AC
74	3897	00:13:05	Alex Benfield	Burton AC
75	3945	00:13:05	Jordan Warren	City of Portsmouth AC
76	4007	00:13:06	Joe Steward	East Cheshire Harriers & Tameside AC
77	4067	00:13:06	Eugene Potter	Highgate Harriers
78	4277	00:13:06	Steven Hancock	Southend AC
79	4184	00:13:07	Paddy Clark	Notts AC
80	4247	00:13:07	James Smith	Rugby & Northampton AC
81	4139	00:13:08	Jake Lancaster	Mansfield Harriers & AC
82	3913	00:13:08	Sam Moore	Charnwood AC
83	4124	00:13:08	Jake Sache	Liverpool Pembroke & Sefton H & AC
84	3957	00:13:08	Nathan Udall	Coventry Godiva Harriers
85	4354	00:13:11	Nathan Tipping	Vale Royal AC
86	3880	00:13:11	Sam Walrond	Bournemouth AC
87	4227	00:13:14	Paul Harmsworth	Richmond & Zetland Harriers
88	4221	00:13:14	Ben Priddle	Reading AC
89	4311	00:13:15	Ethan Jones	Team Bath AC
90	4270	00:13:15	Tate Baron	Southend AC
91	4105	00:13:15	Robert Powell	Leigh Harriers & AC
92	4082	00:13:15	Ross Tennant	Ipswich Harriers
93	3941	00:13:15	Bradley Stansbury	City of Norwich AC
94	4401	00:13:15	George Gathercole	Windsor Slough Eton & Hounslow AC
95	3905	00:13:16	Rian McCawley	Camberley & District AC
96	4102	00:13:16	William Rawlinson	Leicester Coritanian AC
97	3869	00:13:17	William Ruiz	Blackheath & Bromley Harriers
98	4288	00:13:18	Rowan Birch	Stockport Harriers & AC
99	3881	00:13:19	Ben Horgan	Bracknell AC
100	3836	00:13:19	Jack Douglas	Bedford & County AC
101	4266	00:13:19	Tom Holden	South London Harriers
102	4316	00:13:19	Matthew Knapp	Team Southampton
103	4205	00:13:20	Matthieu Marshall	Oxford City AC
104	4259	00:13:21	Rory Mudd	Shaftesbury Barnet Harriers

Under 13 Boys

Pos	RaceNo	Time	Name	Club
105	4303	00:13:22	Oliver Wood	Tamworth AC
106	3856	00:13:23	Thomas Potter	Bingley Harriers & AC
107	3927	00:13:24	James McKenzie	Chichester Runners & AC
108	4242	00:13:24	George Goodwin	Rugby & Northampton AC
109	3944	00:13:24	Jack Parker	City of Portsmouth AC
110	3943	00:13:25	Rory Bevis	City of Portsmouth AC
111	4292	00:13:25	Matthew Davis	Stroud & District AC
112	3900	00:13:25	Nathan Hilligan	Bury AC
113	4396	00:13:25	Gregory Baynham	Windsor Slough Eton & Hounslow AC
114	4279	00:13:26	Josh Mann	Southend AC
115	3999	00:13:26	Duncan Pinder	Ealing Southall & Middlesex AC
116	4321	00:13:26	James Gant	Telford AC
117	3903	00:13:27	nathan Mapperley	Camberley & District AC
118	4379	00:13:28	Alex Gray	West Suffolk AC
119	4380	00:13:28	Eddie Mills	West Suffolk AC
120	3810	00:13:28	George Neighbour	Aldershot Farnham & District AC
121	3904	00:13:30	Brogan McCawley	Camberley & District AC
122	4016	00:13:30	Ethan Brown	Halesowen AC
123	4217	00:13:30	Callum Gregory	Reading AC
124	4140	00:13:30	Bailey Wardle	Mansfield Harriers & AC
125	4398	00:13:31	Augustus Cockle	Windsor Slough Eton & Hounslow AC
126	4377	00:13:31	Sebastian Anthony	West Suffolk AC
127	4350	00:13:31	James Iken	Vale Royal AC
128	4210	00:13:31	Luke Reynolds	Phoenix AC
129	4334	00:13:31	Ben Chapman	Tonbridge AC
130	4378	00:13:32	Ben Eames	West Suffolk AC
131	4238	00:13:32	Ben Topley	Royal Sutton Coldfield AC
132	4263	00:13:32	Daniel Mladenovic	Solihull & Small Heath AC
133	4299	00:13:33	Ellis Cross	Tamworth AC
134	4347	00:13:34	Rory Wilson	Tonbridge AC
135	3962	00:13:35	Joshua Haaz	Croydon Harriers
136	3872	00:13:36	Richard Webb	Blackheath & Bromley Harriers
137	3883	00:13:36	Steven Payne	Bracknell AC
138	4152	00:13:36	James Williamson	Medway & Maidstone AC
139	3935	00:13:37	Andrew Stenning	Chiltern Harriers AC
140	3898	00:13:37	Jack Brown	Bury AC
141	3934	00:13:37	James McCarthy	Chiltern Harriers AC
142	3803	00:13:39	Daniel Ayers	Aldershot Farnham & District AC
143	4397	00:13:39	William Brennan	Windsor Slough Eton & Hounslow AC
144	3879	00:13:40	Declan Toth	Bournemouth AC
145	4346	00:13:40	William Whitmore	Tonbridge AC
146	3937	00:13:40	Darryl Broughton	City of Norwich AC
147	4196	00:13:40	George Hoy	Orion Harriers
148	3954	00:13:40	Daniel McKeown	Coventry Godiva Harriers
149	3808	00:13:41	Seb Haddock	Aldershot Farnham & District AC
150	3991	00:13:41	Charlie Wyllie	Dorking & Mole Valley AC
151	4232	00:13:43	Aidan Hall	Rotherham Harriers & AC
152	4056	00:13:43	Nicholas Doyle	Herts Phoenix AC
153	4362	00:13:44	Matthew Wigelsworth	Warrington AC
154	4287	00:13:45	James Bartley	Stockport Harriers & AC
155	4337	00:13:45	Dan Flatman	Tonbridge AC
156	4300	00:13:45	Luke Jones	Tamworth AC

Under 13 Boys

Pos	RaceNo	Time	Name	Club
157	4304	00:13:46	Ben Hawkins	Taunton AC
158	4103	00:13:47	Charlie Stevenson	Leicester Coritanian AC
159	4365	00:13:47	Harvey O'Brart	Watford Harriers
160	4123	00:13:47	James Grundy	Liverpool Pembroke & Sefton H & AC
161	3989	00:13:48	Ben Brunswick	Dorking & Mole Valley AC
162	4325	00:13:49	Zewede Hamid	Thames Valley Harriers
163	4356	00:13:50	Michael Callaly	Wakefield & District Harriers AC
164	3916	00:13:52	Adam Bateman	Chelmsford AC
165	4271	00:13:52	Joe Beard	Southend AC
166	4027	00:13:54	Ryan Hodd	Hastings AC
167	4236	00:13:54	David Carty	Royal Sutton Coldfield AC
168	4216	00:13:55	Max Dorey	Reading AC
169	4237	00:13:56	Alfie McBrien	Royal Sutton Coldfield AC
170	3956	00:13:56	Thomas Ridding	Coventry Godiva Harriers
171	4246	00:13:57	Jack Murphy	Rugby & Northampton AC
172	4130	00:13:57	Robert Morris	Longwood Harriers AC
173	4100	00:13:59	Phillip Maddocks	Leicester Coritanian AC
174	4017	00:13:59	Ben Symonds	Halesowen AC
175	4113	00:14:00	Liam Evans	Liverpool Harriers & AC
176	4388	00:14:01	Zack Olliffe	White Horse Harriers
177	3929	00:14:01	Joe Aherne	Chiltern Harriers AC
178	4361	00:14:02	Matthew Rostron	Warrington AC
179	3942	00:14:02	Samuel Lane-De-Courtin	City of Plymouth AC
180	4148	00:14:02	Ben Murphy	Medway & Maidstone AC
181	4096	00:14:03	Ben Craig	Leicester Coritanian AC
182	4225	00:14:03	Ed Clark	Reigate Priory AC
183	3952	00:14:03	Joe Alexander	Colchester & Tendring AC
184	4091	00:14:04	Dominic Owens	Leeds Carnegie AC
185	3985	00:14:05	Harry Baker	Dorking & Mole Valley AC
186	4265	00:14:06	Ben Foreman	South London Harriers
187	4129	00:14:07	Lewis Crank	Longwood Harriers AC
188	4309	00:14:08	Alex Dudbridge	Team Bath AC
189	3940	00:14:08	Adam King	City of Norwich AC
190	3816	00:14:08	Jayson Fenwick	Amber Valley AC
191	4145	00:14:08	Stephen Jones	Medway & Maidstone AC
192	4119	00:14:09	Paul Tyson	Liverpool Harriers & AC
193	4199	00:14:09	Jess Taylor	Orion Harriers
194	4404	00:14:10	Jack Major	Windsor Slough Eton & Hounslow AC
195	3930	00:14:10	Joe Cochrane	Chiltern Harriers AC
196	4223	00:14:10	Jamie Brown	Reigate Priory AC
197	4172	00:14:11	Ellis O'Connell	Nene Valley Harriers
198	3921	00:14:11	Chris Waltham	Chelmsford AC
199	4313	00:14:11	David Fisher	Team Southampton
200	4267	00:14:12	James Male	South London Harriers
201	4286	00:14:12	Matthew Cloke	St.Albans AC
202	4248	00:14:12	Adam Wright	Rugby & Northampton AC
203	4314	00:14:13	Charlie Gunson	Team Southampton
204	4190	00:14:13	Gregory Jones	Nuneaton Harriers AC
205	4088	00:14:13	Daniel Waples	Kettering Town Harriers
206	4138	00:14:13	George King	Mansfield Harriers & AC
207	4345	00:14:13	Will Scott	Tonbridge AC
208	4230	00:14:14	Robert Bentham	Rotherham Harriers & AC

Under 13 Boys

Pos	RaceNo	Time	Name	Club
209	4131	00:14:14	Jacob Anderson	Macclesfield Harriers
210	3958	00:14:15	Daniel Villette	Coventry Godiva Harriers
211	4415	00:14:16	Benjamin McGee	Wirral AC
212	4373	00:14:17	Luke Prior	Wells City Harriers
213	4003	00:14:17	Tom Donnelly	East Cheshire Harriers & Tameside AC
214	3906	00:14:17	Max Sanderson	Camberley & District AC
215	4218	00:14:18	Nathan Meredith	Reading AC
216	4101	00:14:18	Robbie Moulding	Leicester Coritanian AC
217	4281	00:14:18	Alan Vermeulen	Southend AC
218	3842	00:14:18	Jack Watkinson	Bedford & County AC
219	4249	00:14:19	Alastair Bishop	Sevenoaks AC
220	4229	00:14:19	Callum Davidson	Rossendale Harriers & AC
221	4322	00:14:19	Oliver Berg	Thames Valley Harriers
222	3911	00:14:20	Troy Kumar-Wright	Charnwood AC
223	4149	00:14:20	William Stockwell	Medway & Maidstone AC
224	3886	00:14:20	Michael Wimbledon	Bracknell AC
225	4078	00:14:20	Thomas King	Ilford AC
226	3948	00:14:21	Macauley Snutch	City of Stoke AC
227	4018	00:14:21	Jack Jones	Hallamshire Harriers Sheffield
228	4296	00:14:22	Luca Irvine	Sunderland Harriers
229	4019	00:14:22	Joshua Walton	Hallamshire Harriers Sheffield
230	3892	00:14:23	Tom Stewart-Green	Brighton & Hove City AC
231	4244	00:14:23	Michael Inwood	Rugby & Northampton AC
232	3982	00:14:24	Blake Wills	Derby AC
233	3858	00:14:24	Theo Blundell	Birchfield Harriers
234	4295	00:14:25	Ben Craig	Sunderland Harriers
235	4364	00:14:26	Edward Marsh	Watford Harriers
236	4095	00:14:26	Zak Anderson	Leicester Coritanian AC
237	4133	00:14:27	Aaron Shaughnessy	Macclesfield Harriers
238	3986	00:14:27	Thomas Ball	Dorking & Mole Valley AC
239	4135	00:14:28	Lewis Ashmore	Mansfield Harriers & AC
240	4144	00:14:28	Louis Jennings	Medway & Maidstone AC
241	4338	00:14:31	Luke Gunter	Tonbridge AC
242	4122	00:14:31	Albert Curran	Liverpool Pembroke & Sefton H & AC
243	4000	00:14:32	Alex Allen	East Cheshire Harriers & Tameside AC
244	4125	00:14:32	Aidan Ishack	London Heathside
245	4090	00:14:32	Jack Savage	Leamington Cycling & AC
246	3946	00:14:33	Korey Blanch-Hallett	City of Stoke AC
247	4394	00:14:37	Charlie Maw	Winchester & District AC
248	3857	00:14:37	Joe Wain	Bingley Harriers & AC
249	3979	00:14:37	Jordan Townsend	Derby AC
250	4291	00:14:38	Howard Allison	Stratford upon Avon AC
251	4029	00:14:38	Harry Reece	Hastings AC
252	4025	00:14:39	Lewis Sexton	Harrow AC
253	4030	00:14:39	Mitchell Chesterton	Havering Mayesbrook AC
254	4157	00:14:41	Shane Williams	Mendip AC
255	4064	00:14:41	Peter Laing	Highgate Harriers
256	4351	00:14:42	Duncan Lee	Vale Royal AC
257	3980	00:14:44	Matthew Ward	Derby AC
258	4250	00:14:44	Miles Hawes	Sevenoaks AC
259	4079	00:14:44	Louis Duprez	Invicta East Kent AC
260	4141	00:14:45	David Wilkinson	Mansfield Harriers & AC

Under 13 Boys

Pos	RaceNo	Time	Name	Club
261	3977	00:14:46	Benjamin Robertson	Derby AC
262	3876	00:14:47	Brendan Kirkton	Bournemouth AC
263	4021	00:14:48	Joe Gammell	Harrow AC
264	4245	00:14:48	James Miller	Rugby & Northampton AC
265	3924	00:14:49	Edward Gerwat	Chichester Runners & AC
266	4269	00:14:50	Aaron Wells	South London Harriers
267	3891	00:14:50	Lewis Sides	Brighton & Hove City AC
268	3860	00:14:51	Oliver Griffiths	Birchfield Harriers
269	4022	00:14:52	Kai Hammond	Harrow AC
270	4233	00:14:53	William Johnson	Rotherham Harriers & AC
271	3895	00:14:55	Simeon Clarence	Bromsgrove & Redditch AC
272	4169	00:14:55	Aston Capes	Nene Valley Harriers
273	4195	00:14:55	Cheyenne Antoine-Chagar	Orion Harriers
274	4128	00:14:56	Max Robertson	London Heathside
275	3953	00:14:56	Jasper Larken	Corby AC
276	4191	00:14:56	Tyler Selway	Nuneaton Harriers AC
277	3899	00:14:57	Benn Heywood	Bury AC
278	4175	00:14:57	Chris Sanger	Newark AC
279	4068	00:14:57	Gabriel Springer	Highgate Harriers
280	3970	00:14:57	Matthew Simpson	Dacorum & Tring AC
281	3901	00:14:58	Ethan Forester	Camberley & District AC
282	4391	00:14:58	Sam Appleton	Winchester & District AC
283	3817	00:14:58	Jerome Richards	Amber Valley AC
284	4251	00:14:59	Awbers Kairsgaard	Sevenoaks AC
285	4328	00:14:59	Steven Davies	Thurrock Harriers
286	3966	00:14:59	Andrew Statter	Croydon Harriers
287	3963	00:15:02	Kartik Iyer	Croydon Harriers
288	4258	00:15:05	Calum McCormick	Shaftesbury Barnet Harriers
289	4323	00:15:08	Joseph Cooper	Thames Valley Harriers
290	4099	00:15:09	Ryan Lee	Leicester Coritanian AC
291	4315	00:15:11	Niall Holt	Team Southampton
292	3866	00:15:12	Thomas Desborough	Blackheath & Bromley Harriers
293	4419	00:15:12	Christopher Smith	Wirral AC
294	4147	00:15:12	Daniel Murison	Medway & Maidstone AC
295	4417	00:15:13	Spencer Roe-Ely	Wirral AC
296	3893	00:15:13	Harry Sullivan-Jones	Brighton & Hove City AC
297	4390	00:15:14	Jordan Symington	Wimborne AC
298	3914	00:15:16	Connor Moorland	Charnwood AC
299	3947	00:15:17	Lindon Evans	City of Stoke AC
300	4200	00:15:19	Jack Waller	Orion Harriers
301	4039	00:15:21	Finbar Smythe	Havering Mayesbrook AC
302	3909	00:15:24	Tarun Chhiber	Charnwood AC
303	4376	00:15:24	James McCrae	Werrington Joggers
304	4134	00:15:27	James Taylor	Macclesfield Harriers
305	3902	00:15:27	Mark Hastings	Camberley & District AC
306	4089	00:15:28	Charlie Davies	Leamington Cycling & AC
307	4033	00:15:29	Charles Hammond	Havering Mayesbrook AC
308	3950	00:15:30	Philip Nesom	City of York AC
309	4432	00:15:31	Thomas Johnson	Wreake Runners
310	3826	00:15:32	Paul Smith	Barnet & District AC
311	4086	00:15:34	Thomas Taylor	Kendal AAC
312	3865	00:15:34	Kieran Robinson	Birtley AC

Under 13 Boys

Pos	RaceNo	Time	Name	Club
313	4005	00:15:34	Ian Graham	East Cheshire Harriers & Tameside AC
314	4041	00:15:35	James Wright	Havering Mayesbrook AC
315	3988	00:15:36	Thomas Brankin-Frisby	Dorking & Mole Valley AC
316	4098	00:15:38	Cameron Hart	Leicester Coritanian AC
317	4020	00:15:39	James Francis	Harrow AC
318	4176	00:15:39	Paul Fradley	Newcastle (Staffs) AC
319	4433	00:15:40	Archie Lyon	Wreake Runners
320	3995	00:15:41	David Hannah	Ealing Southall & Middlesex AC
321	4106	00:15:42	Harry Lander	Leighton Buzzard AC
322	4167	00:15:43	Sam Bently	Nene Valley Harriers
323	4198	00:15:46	Paul Inkpen	Orion Harriers
324	4171	00:15:48	Jayden Leaver	Nene Valley Harriers
325	3888	00:15:49	James Hobbs	Brighton & Hove City AC
326	3908	00:15:50	Andrew Brine	Charnwood AC
327	4126	00:15:58	Callum Jackson	London Heathside
328	4065	00:15:59	Daniel Lavin	Highgate Harriers
329	4185	00:16:02	Alessandro Coleman	Notts AC
330	4324	00:16:03	Samuel Cooper	Thames Valley Harriers
331	4058	00:16:04	Jon Ludlow	Herts Phoenix AC
332	3850	00:16:13	Luke Legan	Bexley AC
333	3862	00:16:16	Hayden Higgins	Birchfield Harriers
334	3871	00:16:16	Daniel Waller	Blackheath & Bromley Harriers
335	3915	00:16:20	Jake Shaw	Charnwood AC
336	4028	00:16:20	Alfie Jeffery	Hastings AC
337	4168	00:16:21	Chris Binns	Nene Valley Harriers
338	3969	00:16:28	Jack Quoroll	Dacorum & Tring AC
339	4341	00:16:28	Ross Miles	Tonbridge AC
340	4189	00:16:34	Sam Pitts	Notts AC
341	4087	00:16:35	Liam Kirk	Kettering Town Harriers
342	3961	00:16:37	Stirling Gibbons	Croydon Harriers
343	3819	00:16:43	Jack Huxley	Ashford AC
344	4425	00:16:44	Lorenzo Ferrari	Woodford Green AC with Essex Ladies
345	4188	00:16:44	Andrew McCarthy	Notts AC
346	3813	00:16:56	Alex Soutar	Aldershot Farnham & District AC
347	4120	00:16:57	Jonathan Bride	Liverpool Pembroke & Sefton H & AC
348	4077	00:16:59	Harry Whybrow	Huntingdonshire AC
349	4112	00:17:00	Mathew Crowley	Liverpool Harriers & AC
350	4026	00:17:00	Ryan Higgs	Hastings AC
351	3998	00:17:04	Bradley Pinder	Ealing Southall & Middlesex AC
352	4178	00:17:20	Jonathan Whitehurst	Newcastle (Staffs) AC
353	3863	00:17:28	Quicy Okeke	Birchfield Harriers
354	4177	00:18:23	Christopher Whitehurst	Newcastle (Staffs) AC
355	4186	00:18:30	Francesco Coleman	Notts AC
356	4349	00:19:06	James Joy	Trent Park RC

Pos	Points	Team Name	Placings
1	51	Aldershot Farnham & District AC	(6 11 16 18)
2	116	Tonbridge AC	(8 15 22 71)
3	160	Wirral AC	(26 41 42 51)
4	268	Bracknell AC	(5 27 99 137)
5	301	Southend AC	(19 78 90 114)
6	327	East Cheshire Harriers & Tameside AC	(13 25 76 213)
7	342	Tamworth AC	(37 67 105 133)
8	366	Windsor Slough Eton & Hounslow AC	(34 94 113 125)
9	379	Rugby & Northampton AC	(20 80 108 171)
10	402	Dorking & Mole Valley AC	(33 58 150 161)
11	414	Bedford & County AC	(23 73 100 218)
12	440	Reading AC	(61 88 123 168)
13	444	Leicester Coritanian AC	(17 96 158 173)
14	466	Mansfield Harriers & AC	(55 81 124 206)
15	467	City of Norwich AC	(39 93 146 189)
16	493	West Suffolk AC	(118 119 126 130)
17	521	Chiltern Harriers AC	(64 139 141 177)
18	533	Royal Sutton Coldfield AC	(66 131 167 169)
19	547	Camberley & District AC	(95 117 121 214)
20	558	Medway & Maidstone AC	(49 138 180 191)
21	564	Team Southampton	(60 102 199 203)
22	600	Brighton & Hove City AC	(44 59 230 267)
23	605	Herts Phoenix AC	(52 70 152 331)
24	612	Coventry Godiva Harriers	(84 148 170 210)
25	638	Rotherham Harriers & AC	(9 151 208 270)
26	642	Charnwood AC	(40 82 222 298)
27	643	Highgate Harriers	(32 77 255 279)
28	753	South London Harriers	(101 186 200 266)
29	772	Liverpool Harriers & AC	(56 175 192 349)
30	816	City of Stoke AC	(45 226 246 299)
31	832	Liverpool Pembroke & Sefton H & AC	(83 160 242 347)
32	859	Blackheath & Bromley Harriers	(97 136 292 334)
33	913	Orion Harriers	(147 193 273 300)
34	929	Havering Mayesbrook AC	(68 253 301 307)
35	999	Derby AC	(232 249 257 261)
36	1002	Thames Valley Harriers	(162 221 289 330)
37	1050	Croydon Harriers	(135 286 287 342)
38	1093	Notts AC	(79 329 340 345)
39	1101	Harrow AC	(252 263 269 317)
40	1103	Hastings AC	(166 251 336 350)
41	1115	Nene Valley Harriers	(197 272 322 324)
42	1187	Birchfield Harriers	(233 268 333 353)

Under 15 Girls

Pos	RaceNo	Time	Name	Club
1	2709	00:13:57	Emelia Gorecka	Aldershot Farnham & District AC
2	2773	00:14:03	Annabel Gummow	Bristol & West AC
3	3204	00:14:21	Jessica Judd	Thurrock Harriers
4	2740	00:14:24	Emily Wallbank	Bedford & County AC
5	2715	00:14:32	Georgia Peel	Aldershot Farnham & District AC
6	2711	00:14:59	Ruth Haynes	Aldershot Farnham & District AC
7	2866	00:15:02	Georgia Taylor Brown	East Cheshire Harriers & Tameside AC
8	2907	00:15:03	Johanna Spannael	Horsham Blue Star Harriers
9	3250	00:15:06	Rebecca Knapton	Winchester & District AC
10	2897	00:15:16	Katie Snowden	Herne Hill Harriers
11	2923	00:15:20	Danielle Leerson	Jersey Spartans AC
12	2734	00:15:23	Alice Burgin	Bedford & County AC
13	2717	00:15:24	Susan Shiel-Rankin	Aldershot Farnham & District AC
14	2879	00:15:35	Chloe Richardson	Halesowen AC
15	2888	00:15:36	Elenor Bounds	Havering Mayesbrook AC
16	2863	00:15:39	Victoria Newell	East Cheshire Harriers & Tameside AC
17	2878	00:15:40	Sophie Page	Halesowen AC
18	3031	00:15:41	Lauren Hawtin	Oxford City AC
19	2998	00:15:43	Aoife Thordgood	Mendip AC
20	3150	00:15:43	Izzy Thompson	St.Albans AC
21	3244	00:15:44	Holly Archer	West Suffolk AC
22	3170	00:15:46	Amber Watson	Stroud & District AC
23	2971	00:15:48	Danielle Wallis	Macclesfield Harriers
24	2877	00:15:49	Emily Monk	Halesowen AC
25	2765	00:15:49	Becky Berger North	Bracknell AC
26	2991	00:15:53	Elle Roche	Marshall Milton Keynes AC
27	2754	00:15:56	Amber Reed	Blackheath & Bromley Harriers
28	2707	00:15:57	Emily Alexander-High	Aldershot Farnham & District AC
29	2880	00:15:59	Fiona Bell	Hallamshire Harriers Sheffield
30	2782	00:16:00	George Schwiening	Cambridge & Coleridge AC
31	3045	00:16:01	Grace Howie	Poole AC
32	3131	00:16:02	Zoe Hewitson	Sildon R & AC
33	2950	00:16:02	Freya Vincent	Leicester Coritanian AC
34	2951	00:16:03	Shannon Johnson	Leigh Harriers & AC
35	2919	00:16:03	Mary Galbraith	Ipswich Harriers
36	3227	00:16:05	Tessa McCormick	Vale Royal AC
37	3205	00:16:06	Hannah McGowan Jones	Thurrock Harriers
38	2737	00:16:06	Rebecca Murray	Bedford & County AC
39	3076	00:16:07	Codie Marsh	Rotherham Harriers & AC
40	2875	00:16:09	Sophie Storey	Guildford & Godalming AC
41	2758	00:16:14	Bianca Pedersen	Blackpool Wyre & Fylde AC
42	3081	00:16:17	Megan McBrien	Royal Sutton Coldfield AC
43	3190	00:16:18	Katie Hickson	Team Southampton
44	3271	00:16:19	Hannah Tarver	Wirral AC
45	2865	00:16:20	Katie Reynolds	East Cheshire Harriers & Tameside AC
46	3032	00:16:21	Jade Walker	Oxford City AC
47	3166	00:16:21	Imogen Briscoe	Stroud & District AC
48	3024	00:16:25	Emily Sales	Nuneaton Harriers AC
49	3136	00:16:26	Aimee Garnett	Southend AC
50	3211	00:16:27	Lucy Blackstone	Tonbridge AC
51	2862	00:16:29	Kirsten McAslan	East Cheshire Harriers & Tameside AC
52	3196	00:16:30	Harriet Grandfield	Telford AC

Under 15 Girls

Pos	RaceNo	Time	Name	Club
53	2986	00:16:31	Claire Talbot	Mansfield Harriers & AC
54	2890	00:16:33	Rebecca Stanley	Havering Mayesbrook AC
55	2943	00:16:35	Georgie Brookes	Leicester Coritanian AC
56	2921	00:16:35	Hannah Pettersson	Ipswich Harriers
57	3074	00:16:36	Natasha Hatswell	Rotherham Harriers & AC
58	2767	00:16:36	Ella Row	Bracknell AC
59	3174	00:16:36	Isla Ness	Taunton AC
60	3200	00:16:36	Katherine Spooner	Thames Valley Harriers
61	2947	00:16:37	Emily Orton	Leicester Coritanian AC
62	2874	00:16:37	Louise Heron	Guildford & Godalming AC
63	3201	00:16:38	Sasha Tory	Thames Valley Harriers
64	3155	00:16:38	Katie Iliffe	St.Mary's Richmond AC
65	2810	00:16:39	Juliette Broster	City of Norwich AC
66	3065	00:16:40	Calypso Finch	Reigate Priory AC
67	2954	00:16:41	Maddy Smith	Lewes AC
68	2926	00:16:41	Jess Lonsdale	Kingston Upon Hull AC
69	3028	00:16:42	Lauren MacGregor	Orion Harriers
70	2961	00:16:42	Rebecca Donohue	Liverpool Harriers & AC
71	3191	00:16:42	Mhairi Claire Stewart	Team Southampton
72	3214	00:16:43	Nicole Taylor	Tonbridge AC
73	3083	00:16:44	Nicole Parsons	Royal Sutton Coldfield AC
74	2706	00:16:44	Jade Aderson-Busby	Aldershot Farnham & District AC
75	3253	00:16:46	Amy Rochford	Winchester & District AC
76	2763	00:16:48	Daisy Harper Brown	Bournemouth AC
77	3158	00:16:48	Ruby Woolfe	St.Mary's Richmond AC
78	3216	00:16:48	Nicola Wilkinson	Tonbridge AC
79	3112	00:16:49	Megan Hawes	Sevenoaks AC
80	3080	00:16:50	Gabrielle Kinney	Royal Sutton Coldfield AC
81	2739	00:16:51	Megan Shreeves	Bedford & County AC
82	3141	00:16:51	Camilla Smee	Southend AC
83	3026	00:16:51	Jay Andrews	Orion Harriers
84	3145	00:16:52	Laura Farrer	St.Albans AC
85	3230	00:16:52	Ameila Pettitt	Vale Royal AC
86	2872	00:16:57	Poppy Desley May	Guildford & Godalming AC
87	2941	00:16:57	Tilly Abraham	Leicester Coritanian AC
88	2924	00:16:58	Chloe Turmel	Jersey Spartans AC
89	3027	00:16:58	Armanni Antoine Chagar	Orion Harriers
90	3283	00:16:59	Lauren Bourne	Worthing & District Harriers
91	3059	00:17:01	Beki Taylor	Reading AC
92	3181	00:17:01	Annie Ingram	Team Bath AC
93	2813	00:17:01	Esme Salmon	City of Norwich AC
94	2970	00:17:01	Reeve Walcott Nolan	Luton AC
95	2798	00:17:01	Lizzie Mellor	Charnwood AC
96	3162	00:17:02	Imogen Nutter	Stockport Harriers & AC
97	2735	00:17:02	Brogan Fielden	Bedford & County AC
98	3224	00:17:03	Megan Huxley	Vale Royal AC
99	3193	00:17:03	Holly Clino	Telford AC
100	2906	00:17:03	Rosie Inman	Horsham Blue Star Harriers
101	3198	00:17:04	Chloe Murphy	Telford AC
102	3251	00:17:07	Jessica Maw	Winchester & District AC
103	2889	00:17:07	Rachel Sadler	Havering Mayesbrook AC
104	2710	00:17:09	Laura Haines	Aldershot Farnham & District AC

Under 15 Girls

Pos	RaceNo	Time	Name	Club
105	2942	00:17:10	April Beeby	Leicester Coritanian AC
106	3018	00:17:11	Amy Sweet	Newquay & Par AC
107	2920	00:17:14	Sophia Nicklin	Ipswich Harriers
108	2978	00:17:14	Hannah Hardy	Mansfield Harriers & AC
109	3091	00:17:15	Gabby Moriarty	Rugby & Northampton AC
110	2881	00:17:15	Harriet Makin	Harrogate HAC
111	2768	00:17:16	Becky Turton	Bracknell AC
112	3186	00:17:16	Ellie Sutor	Team Bath AC
113	3106	00:17:17	Becky Mills	Scarborough AC
114	3030	00:17:17	Ellie Clarke Jacques	Oxford City AC
115	3246	00:17:18	Emily Legg	Wetherby Runner AC
116	2729	00:17:18	Kate Barber	Barnet & District AC
117	3139	00:17:18	Jessica Mead	Southend AC
118	3296	00:17:19	Teresa Hulme	Cannock & Stafford AC
119	3178	00:17:20	Sarah Hornby	Tavistock AC
120	2997	00:17:21	Adele Martin	Mendip AC
121	2876	00:17:21	Megan Evans	Halesowen AC
122	2811	00:17:22	Keira Mooney	City of Norwich AC
123	3233	00:17:23	Lauren Brooke	Wakefield & District Harriers AC
124	3132	00:17:23	Fiona Higgin	Shildon R & AC
125	3256	00:17:24	Emma Croft	Windsor Slough Eton & Hounslow AC
126	3213	00:17:26	Jayne Mallyon	Tonbridge AC
127	3066	00:17:27	Laura Gent	Reigate Priory AC
128	3144	00:17:28	Mollie Flannery	Spensborough AC
129	2790	00:17:29	Catherine Hulme	Cannock & Stafford AC
130	2839	00:17:30	Laura Brown	Dacorum & Tring AC
131	3203	00:17:30	Megan Norry	Thetford AC
132	3192	00:17:31	Evie Bentley	Telford AC
133	3167	00:17:31	Thea Marshall	Stroud & District AC
134	2720	00:17:31	Emily Burns	Altrincham & District AC
135	2791	00:17:31	Sarah Hulme	Cannock & Stafford AC
136	3264	00:17:32	Ella Pepper	Windsor Slough Eton & Hounslow AC
137	2719	00:17:32	Ellie Walton	Aldershot Farnham & District AC
138	3229	00:17:33	Claire Perry	Vale Royal AC
139	2956	00:17:33	Laura Donnelly	Lincoln Wellington AC
140	2963	00:17:34	Olivia Perez	Liverpool Harriers & AC
141	3175	00:17:36	Harriet Rogers	Taunton AC
142	3241	00:17:40	Natalie Wickings	Watford Harriers
143	3248	00:17:41	Laura Fenwick	Winchester & District AC
144	3228	00:17:41	Katie Moulds	Vale Royal AC
145	2887	00:17:41	Amanda Blaxland	Havering Mayesbrook AC
146	2870	00:17:42	Katie Bingle	Guildford & Godalming AC
147	2762	00:17:43	Alice Flint	Boston & District AC
148	2746	00:17:44	Sian Whittingham	Birchfield Harriers
149	3225	00:17:44	Rebecca James	Vale Royal AC
150	2927	00:17:45	Katie Michaels	Kingston Upon Hull AC
151	3054	00:17:45	Naomi Forshaw	Reading AC
152	2738	00:17:46	Leah Relton	Bedford & County AC
153	3127	00:17:46	Yee Yewt Smart	Shaftesbury Barnet Harriers
154	2980	00:17:46	Demi Jade Jakymelen	Mansfield Harriers & AC
155	2796	00:17:48	Kim Jalland	Charnwood AC
156	3023	00:17:49	Lindsay Deacon	Nuneaton Harriers AC

Under 15 Girls

Pos	RaceNo	Time	Name	Club
157	3008	00:17:50	Emma Randle	Nene Valley Harriers
158	3085	00:17:50	Rachel Smith	Royal Sutton Coldfield AC
159	2736	00:17:50	Ruth Flory	Bedford & County AC
160	2723	00:17:52	Emily Allsop	Amber Valley AC
161	2852	00:17:53	Eloise Hay	Dorking & Mole Valley AC
162	2873	00:17:53	Lizzie Dingemans	Guildford & Godalming AC
163	3055	00:17:54	Alyx Gregory	Reading AC
164	2886	00:17:55	Claire Wolf	Harrow AC
165	3125	00:17:55	Suzu Sato	Shaftesbury Barnet Harriers
166	2992	00:17:56	Lucy Nicholson	Medway & Maidstone AC
167	2803	00:17:57	Laura O'Connor	Chelmsford AC
168	3254	00:17:57	Rosie Adams	Windsor Slough Eton & Hounslow AC
169	2748	00:17:57	Sophie Taylor	Birtley AC
170	2781	00:17:58	Abigail Dow	Cambridge & Coleridge AC
171	3149	00:17:58	Megan Steer	St.Albans AC
172	3223	00:17:59	Hannah Bishop	Vale Royal AC
173	2844	00:17:59	Rebecca Miller	Derby AC
174	3100	00:17:59	Misha Nayak Oliver	Sale Harriers Manchester
175	2712	00:18:00	Bella Milliken	Aldershot Farnham & District AC
176	2845	00:18:01	Agnes Milner	Derby AC
177	3226	00:18:01	Jessica Lee	Vale Royal AC
178	3061	00:18:02	Emma Taylor	Reading AC
179	3082	00:18:07	Naomi O'Brien	Royal Sutton Coldfield AC
180	3159	00:18:08	Nicola Berry	Stockport Harriers & AC
181	3072	00:18:10	Megan Bailey	Rotherham Harriers & AC
182	3067	00:18:10	Nicole Loucaides	Reigate Priory AC
183	2741	00:18:10	Beth Armstrong	Bexley AC
184	2802	00:18:11	Sophie Johnstone	Chelmsford AC
185	3013	00:18:11	Doja Atanda	Newham & Essex Beagles
186	3287	00:18:12	Megan Lillie	Worthing & District Harriers
187	3053	00:18:12	Amy Banning	Reading AC
188	2721	00:18:13	Helana Flippance	Altrincham & District AC
189	2827	00:18:13	Lucy Hayes	City of Stoke AC
190	2804	00:18:16	Isobel Brown	Chichester Runners & AC
191	2975	00:18:17	Rachel Brandham	Mansfield Harriers & AC
192	3096	00:18:18	Jodie Guinnane	Sale Harriers Manchester
193	3130	00:18:19	Emmy Yatagai	Shaftesbury Barnet Harriers
194	3242	00:18:20	Kelly Green	Werrington Joggers
195	2724	00:18:21	Jessica Turner	Amber Valley AC
196	3218	00:18:23	Sally Ratcliffe	Trafford AC
197	3147	00:18:25	Melissa Patel	St.Albans AC
198	3164	00:18:26	Katie Taylor	Stratford upon Avon AC
199	3206	00:18:26	Anabelle Murray	Thurrock Harriers
200	2898	00:18:26	Elizabeth Bird	Herts Phoenix AC
201	3154	00:18:27	Eve Edmunds	St.Mary's Richmond AC
202	3126	00:18:28	Yat Wing Smart	Shaftesbury Barnet Harriers
203	3274	00:18:29	Amy Doyle	Woodford Green AC with Essex Ladies
204	3140	00:18:30	Alex Morgan	Southend AC
205	3087	00:18:30	Clarissa Blake	Rugby & Northampton AC
206	3022	00:18:31	Lauren Rudd	Notts AC
207	2814	00:18:31	Hazel Wilson	City of Norwich AC
208	2825	00:18:31	Samy Jo Davies	City of Stoke AC

Under 15 Girls

Pos	RaceNo	Time	Name	Club
209	2869	00:18:34	Lucy Smith	Grantham AC
210	2957	00:18:34	Nicola Isaacs	Lincoln Wellington AC
211	2792	00:18:35	Charlotte Smith	Cannock & Stafford AC
212	2750	00:18:36	Anna Cook	Blackheath & Bromley Harriers
213	2829	00:18:36	Sarah Lovewell	City of Stoke AC
214	3042	00:18:36	Sophie Allen	Poole AC
215	2778	00:18:36	Fiona Clarke	Camberley & District AC
216	3232	00:18:37	Lucy Whittick	Vale Royal AC
217	2751	00:18:39	Lauren Heria	Blackheath & Bromley Harriers
218	2757	00:18:40	Hope Stenning	Blackheath & Bromley Harriers
219	3183	00:18:40	Colette McCambridge	Team Bath AC
220	2832	00:18:45	Celine Bangay	Corby AC
221	3108	00:18:46	Megan Annetts	Sevenoaks AC
222	3199	00:18:46	Katie Smith	Thames Valley Harriers
223	3119	00:18:48	Anna MacKenzie	Shaftesbury Barnet Harriers
224	2989	00:18:49	Lorna Adams	Marshall Milton Keynes AC
225	2981	00:18:50	Alice Mortiboy	Mansfield Harriers & AC
226	2909	00:18:51	Amie Schneider	Huntingdonshire AC
227	3182	00:18:52	Amber James	Team Bath AC
228	2826	00:18:54	Lucie Farrell	City of Stoke AC
229	2952	00:18:57	Faith Daughtery	Lewes AC
230	2822	00:19:00	Beth Ansell	City of Sheffield AC
231	2812	00:19:01	Rachel Rathjen	City of Norwich AC
232	2969	00:19:02	Grace Keane	Luton AC
233	3034	00:19:02	Amy Haines Eynon	Peterborough AC
234	3291	00:19:03	Amber Wallace	Worthing & District Harriers
235	2885	00:19:05	Adele Rainsford	Harrow AC
236	3288	00:19:05	Emily Moore	Worthing & District Harriers
237	2871	00:19:05	Catie Callander	Guildford & Godalming AC
238	2833	00:19:08	Charlotte Cotter	Corby AC
239	3122	00:19:08	Molly Patch	Shaftesbury Barnet Harriers
240	2891	00:19:09	Shannon Sullivan	Havering Mayesbrook AC
241	3010	00:19:11	Beth Thomas	Nene Valley Harriers
242	3286	00:19:11	Rachel Gifford	Worthing & District Harriers
243	2896	00:19:11	Jessica Quartey Pigot	Herne Hill Harriers
244	3057	00:19:12	Jamie Poulston	Reading AC
245	2780	00:19:12	Ella Cave	Cambridge & Coleridge AC
246	2892	00:19:14	Leila Abandah	Herne Hill Harriers
247	2831	00:19:14	Belinda Yeldon	City of York AC
248	3245	00:19:16	Grace Waters	West Suffolk AC
249	3120	00:19:20	Faye McCormick	Shaftesbury Barnet Harriers
250	2911	00:19:25	Bethany Burnett	Invicta East Kent AC
251	3111	00:19:26	Sophie Foggin	Sevenoaks AC
252	3269	00:19:28	Liadh Troy	Windsor Slough Eton & Hounslow AC
253	3277	00:19:30	Sophie Fuhr	Woodford Green AC with Essex Ladies
254	2855	00:19:30	Rebecca Johnson	Ealing Southall & Middlesex AC
255	2752	00:19:31	Jessica Jones	Blackheath & Bromley Harriers
256	3243	00:19:31	Justine Anthony	West Suffolk AC
257	3117	00:19:33	Georgina Dunford	Shaftesbury Barnet Harriers
258	2830	00:19:46	Emily Simpson	City of York AC
259	2856	00:19:47	Ellis Redmond	Ealing Southall & Middlesex AC
260	2853	00:19:48	Genevieve Crean	Ealing Southall & Middlesex AC

Under 15 Girls

Pos	RaceNo	Time	Name	Club
261	2705	00:19:48	Ellie Wilkins	Abingdon AAC
262	2910	00:19:49	Eleanor Smith	Huntingdonshire AC
263	3073	00:19:50	Zoe Brain	Rotherham Harriers & AC
264	2828	00:19:51	Jade Heath	City of Stoke AC
265	2769	00:19:52	Rachel Titheradge	Brighton & Hove City AC
266	3037	00:19:52	Hayley Woodward	Peterborough AC
267	2836	00:19:53	Zoe Bryden	Coventry Godiva Harriers
268	3297	00:19:53	Laura Kassim	Salford Mets
269	3275	00:19:57	Georgina Ferrari	Woodford Green AC with Essex Ladies
270	3095	00:19:58	Chloe Grant	Sale Harriers Manchester
271	3101	00:19:59	Sarah Simeen	Sale Harriers Manchester
272	3077	00:20:00	Olivia Neal	Rotherham Harriers & AC
273	3021	00:20:00	Hannah McLennaghan	Notts AC
274	2932	00:20:04	Lydia Mee	Leamington Cycling & AC
275	2799	00:20:05	Isabelle Perry	Charnwood AC
276	2704	00:20:05	Lucie Webb	Abingdon AAC
277	3295	00:20:14	Ellie Mae Wilson	Wreake Runners
278	3099	00:20:14	Samara Mohtasham	Sale Harriers Manchester
279	2929	00:20:20	Mary Donaldson	Leamington Cycling & AC
280	3163	00:20:22	Sarah Tipping	Stockport Harriers & AC
281	3172	00:20:25	Abbie Cresswell	Tamworth AC
282	2823	00:20:26	Susannah Curran	City of Sheffield AC
283	2916	00:20:27	Grace Leggatt	Invicta East Kent AC
284	3093	00:20:29	Victoria Calderbank	Sale Harriers Manchester
285	3005	00:20:31	Emma Chan	Nene Valley Harriers
286	3090	00:20:34	Megan Love	Rugby & Northampton AC
287	3273	00:20:37	Holly Bedeau	Woodford Green AC with Essex Ladies
288	3263	00:20:43	Lauren Mills	Windsor Slough Eton & Hounslow AC
289	2840	00:20:44	Lucy Hickmott	Dartford Harriers AC
290	3110	00:20:49	Katie Dunn	Sevenoaks AC
291	2835	00:20:57	Rebecca Wymant	Corby AC
292	2860	00:21:01	Phoebe Hartshorne	East Cheshire Harriers & Tameside AC
293	2930	00:21:03	Georgina Eashaugh	Leamington Cycling & AC
294	3209	00:21:06	Lara Tipper	Tipton Harriers
295	2893	00:21:17	Tamsin Cornelius	Herne Hill Harriers
296	3020	00:21:17	Grace Foster	Notts AC
297	3019	00:21:17	Ella Dermot Banahan	Notts AC
298	3123	00:21:17	Natalia Pereverzina	Shaftesbury Barnet Harriers
299	3151	00:21:21	Louise Hayes	St.Helens Sutton AC
300	3044	00:21:22	Kirsten Holmes Evans	Poole AC
301	2976	00:21:24	Emily D'Agviar	Mansfield Harriers & AC
302	2933	00:21:33	Katie Taylor	Leamington Cycling & AC
303	3109	00:21:39	Emma Campbell	Sevenoaks AC
304	2917	00:21:43	Becky Reilly	Invicta East Kent AC
305	2861	00:21:44	Victoria Hartshorne	East Cheshire Harriers & Tameside AC
306	2968	00:21:59	Lottie Sorbie	London Heathside
307	3234	00:22:14	Katie Hall	Warrington AC
308	2854	00:22:46	Grainne Gahan	Ealing Southall & Middlesex AC
309	2824	00:22:52	Hayley Simpson	City of Sheffield AC
310	3217	00:22:52	Natasha Dunn	Trafford AC
311	3058	00:22:53	Amy Sturgess	Reading AC
312	2974	00:23:33	Charlotte Bellingham	Mansfield Harriers & AC

Under 15 Girls

Pos	RaceNo	Time	Name	Club
313	3221	00:26:05	Myia Joy	Trent Park RC
314	3294	00:26:05	Abby Sutton	Wreake Runners
315	3103	00:27:22	Emily Cooper	Salford Metropolitan AC

Pos	Points	Team Name	Placings
1	25	Aldershot Farnham & District AC	(1 5 6 13)
2	119	East Cheshire Harriers & Tameside AC	(7 16 45 51)
3	135	Bedford & County AC	(4 12 38 81)
4	176	Halesowen AC	(14 17 24 121)
5	236	Leicester Coritanian AC	(33 55 61 87)
6	317	Havering Mayesbrook AC	(15 54 103 145)
7	326	Tonbridge AC	(50 72 78 126)
8	329	Winchester & District AC	(9 75 102 143)
9	334	Guildford & Godalming AC	(40 62 86 146)
10	353	Royal Sutton Coldfield AC	(42 73 80 158)
11	357	Vale Royal AC	(36 85 98 138)
12	384	Telford AC	(52 99 101 132)
13	452	Southend AC	(49 82 117 204)
14	472	St.Albans AC	(20 84 171 197)
15	487	City of Norwich AC	(65 93 122 207)
16	506	Mansfield Harriers & AC	(53 108 154 191)
17	540	Rotherham Harriers & AC	(39 57 181 263)
18	583	Reading AC	(91 151 163 178)
19	593	Cannock & Stafford AC	(118 129 135 211)
20	650	Team Bath AC	(92 112 219 227)
21	674	Blackheath & Bromley Harriers	(27 212 217 218)
22	681	Windsor Slough Eton & Hounslow AC	(125 136 168 252)
23	713	Shaftesbury Barnet Harriers	(153 165 193 202)
24	746	Worthing & District Harriers	(90 186 234 236)
25	794	Herne Hill Harriers	(10 243 246 295)
26	838	City of Stoke AC	(189 208 213 228)
27	841	Sevenoaks AC	(79 221 251 290)
28	907	Sale Harriers Manchester	(174 192 270 271)
29	1012	Woodford Green AC with Essex Ladies	(203 253 269 287)
30	1072	Notts AC	(206 273 296 297)
31	1081	Ealing Southall & Middlesex AC	(254 259 260 308)
32	1148	Leamington Cycling & AC	(274 279 293 302)

Under 15 Boys

Pos	RaceNo	Time	Name	Club
1	8	00:15:26	Harvey Dixon	Aldershot Farnham & District AC
2	179	00:15:27	Connor Robinson	Cornwall AC
3	210	00:15:33	Karnvir Hayer	Ealing Southall & Middlesex AC
4	306	00:15:37	Hugo Hayes	Invicta East Kent AC
5	687	00:15:43	Kegan Lymn	Windsor Slough Eton & Hounslow AC
6	436	00:15:44	Mark Thompson	Notts AC
7	608	00:15:44	Robbie Farnham-Rose	Tonbridge AC
8	316	00:15:45	Kieran Clements	Ipswich Harriers
9	341	00:15:46	Elliot Todd	Leeds City AC
10	103	00:15:47	Zak Seddon	Bracknell AC
11	117	00:15:47	Rhys Park	Bristol & West AC
12	280	00:15:54	Lewis Lloyd	Herne Hill Harriers
13	395	00:15:55	Adam Gilbert	Medway & Maidstone AC
14	182	00:15:56	Matthew Rose	Coventry Godiva Harriers
15	617	00:16:01	Luca Russo	Tonbridge AC
16	452	00:16:02	Charlie Grice	Phoenix AC
17	501	00:16:03	Josh Schofield	Scarborough AC
18	335	00:16:06	Gordon benson	Leeds City AC
19	490	00:16:08	Guy Marshman	Rugby & Northampton AC
20	570	00:16:09	Blair Brown	Taunton AC
21	321	00:16:09	Elliott Dorey	Jersey Spartans AC
22	562	00:16:10	Thomas Purnell	Stroud & District AC
23	560	00:16:11	Aaron Phelps	Stroud & District AC
24	238	00:16:22	Edward Hester	Halifax Harriers
25	471	00:16:22	Fergus Roberts	Richmond & Zetland Harriers
26	317	00:16:24	Jack Garvin	Ipswich Harriers
27	41	00:16:28	Jack Fitsal	Basildon AC
28	234	00:16:28	Harvey Brown	Halesowen AC
29	118	00:16:29	Adam Speake	Bristol & West AC
30	472	00:16:29	Marc Scott	Richmond & Zetland Harriers
31	571	00:16:30	Simon Cooper	Taunton AC
32	302	00:16:32	Thomas Travis-Pollard	Holmfirth Harriers AC
33	46	00:16:34	Jake Sellwood	Basingstoke & Mid Hants AC
34	606	00:16:35	Jamie Bryant	Tonbridge AC
35	696	00:16:35	Nick Jones	Wirral AC
36	33	00:16:35	Alex Rudge	Andover AC
37	309	00:16:35	Alex Newson	Invicta East Kent AC
38	180	00:16:36	Michael McKeown	Coventry Godiva Harriers
39	45	00:16:36	Chris Ladhams	Basingstoke & Mid Hants AC
40	225	00:16:40	Joe Sherry	Enfield & Haringey AC
41	186	00:16:41	Peter Chambers	Croydon Harriers
42	228	00:16:46	Lewis Hogg	Gateshead Harriers & AC
43	701	00:16:48	Liam Blaikie	Woodford Green AC with Essex Ladies
44	141	00:16:48	Alex Short	Chelmsford AC
45	310	00:16:48	Kieran Reilly	Invicta East Kent AC
46	187	00:16:49	Jordan Maurice	Croydon Harriers
47	649	00:16:50	Simon Dawson	West Suffolk AC
48	104	00:16:50	Adam Wimbledon	Bracknell AC
49	642	00:16:50	Luke Johnston	Warrington AC
50	520	00:16:51	Sam Brown	Southend AC
51	695	00:16:51	Maxwell Jeffers	Wirral AC
52	119	00:16:52	Zach Tobias	Bristol & West AC

Under 15 Boys

Pos	RaceNo	Time	Name	Club
53	551	00:16:52	Richard Hindley	Stockport Harriers & AC
54	333	00:16:53	Guy West	Leamington Cycling & AC
55	304	00:16:53	Jack Balsdon	Invicta East Kent AC
56	700	00:16:54	Sam Robinson	Wirral AC
57	328	00:16:55	Luke Ingham	Kendal AAC
58	160	00:16:55	Martainn Ramsey	City of Norwich AC
59	546	00:16:56	Bradley Goater	St.Mary's Richmond AC
60	108	00:16:57	Liam Hurley	Brighton & Hove City AC
61	297	00:16:58	Matthew Fayers	Hillingdon AC
62	47	00:16:59	Toby Smith	Basingstoke & Mid Hants AC
63	467	00:17:00	William Robinson	Reigate Priory AC
64	289	00:17:00	Vasuden Zaver	Herts Phoenix AC
65	318	00:17:00	Rhys Hinton-Smith	Ipswich Harriers
66	383	00:17:00	Ryan Saxton	Mansfield Harriers & AC
67	607	00:17:01	Ryan Driscoll	Tonbridge AC
68	18	00:17:01	Ryan Ganose	Altrincham & District AC
69	537	00:17:02	Jamie Cozens	Sphinx AC
70	300	00:17:03	Max Kaye	Holmfirth Harriers AC
71	510	00:17:03	Mathew McLaughlin	Shaftesbury Barnet Harriers
72	461	00:17:04	Jordan Bateman	Reading AC
73	487	00:17:04	Conor Hills	Rugby & Northampton AC
74	98	00:17:05	Fergus O'Reilly	Bournemouth AC
75	346	00:17:06	Richard Powell	Leigh Harriers & AC
76	342	00:17:06	Jake Kench	Leicester Coritanian AC
77	16	00:17:08	Andrew Provost	Aldershot Farnham & District AC
78	331	00:17:09	Adam Bateman	Lancaster & Morecambe AC
79	566	00:17:09	Kristian Edwards	Tamworth AC
80	313	00:17:10	Henry Alexander	Ipswich Harriers
81	274	00:17:10	Edward Saywell	Hercules Wimbledon AC
82	28	00:17:10	Tom Bennett	Andover AC
83	526	00:17:12	Harry Grose	Southend AC
84	559	00:17:14	William Paulson	Stroud & District AC
85	541	00:17:14	James McMurray	St.Albans AC
86	203	00:17:14	Adam Hulin	Dorking & Mole Valley AC
87	173	00:17:15	Luke Jacobs	Clevedon AC
88	543	00:17:15	Jamie White	St.Helens Sutton AC
89	32	00:17:16	Sam Robinson	Andover AC
90	435	00:17:16	Robert Needham	Notts AC
91	552	00:17:17	Jack Nixon	Stockport Harriers & AC
92	360	00:17:19	William Reynolds	Liverpool Harriers & AC
93	423	00:17:20	Tommy Bower	Newham & Essex Beagles
94	581	00:17:24	Martin Campbell	Team Southampton
95	75	00:17:26	Jamal Logan	Birchfield Harriers
96	217	00:17:27	Leon Gregory	East Cheshire Harriers & Tameside AC
97	646	00:17:28	George Harris	Wells City Harriers
98	288	00:17:28	Edward Shepherd	Herts Phoenix AC
99	183	00:17:29	Joe Shail	Coventry Godiva Harriers
100	19	00:17:29	Josh Morse	Altrincham & District AC
101	165	00:17:29	Craig Winfield	City of Portsmouth AC
102	676	00:17:29	Ben Bradley	Windsor Slough Eton & Hounslow AC
103	113	00:17:29	Samuel Bedwell	Bristol & West AC
104	158	00:17:30	Tom Hook	City of Norwich AC

Under 15 Boys

Pos	RaceNo	Time	Name	Club
105	56	00:17:31	Andrew Minney	Bedford & County AC
106	49	00:17:33	Ben Alcock	Bedford & County AC
107	599	00:17:33	Thomas Richardson	Thurrock Harriers
108	611	00:17:33	Jack Keywood	Tonbridge AC
109	338	00:17:33	Alex Hart	Leeds City AC
110	170	00:17:34	Dave Sheldon	City of Stoke AC
111	43	00:17:35	Andrew Law	Basildon AC
112	613	00:17:36	Henry Kinnersley	Tonbridge AC
113	476	00:17:36	Elliot Wylie	Rossendale Harriers & AC
114	327	00:17:36	Micheal Hoyle	Kendal AAC
115	513	00:17:39	Chandi Uduinana	Shaftesbury Barnet Harriers
116	184	00:17:40	Jack Villette	Coventry Godiva Harriers
117	166	00:17:40	Alex Brecker	City of Stoke AC
118	85	00:17:41	Sam Jackson	Blackheath & Bromley Harriers
119	320	00:17:41	Oliver Jones	Ipswich Harriers
120	362	00:17:41	Luke Towers	Liverpool Harriers & AC
121	299	00:17:42	Tom Halton	Holmfirth Harriers AC
122	29	00:17:42	Dan Grinham	Andover AC
123	296	00:17:42	Tommie Drury	Hillingdon AC
124	222	00:17:42	Alex Cordell	Enfield & Haringey AC
125	246	00:17:43	Andrew Holliman	Harrow AC
126	80	00:17:43	Cameron Wood	Birchfield Harriers
127	168	00:17:43	Callum Hulme	City of Stoke AC
128	53	00:17:44	Ben Churchman	Bedford & County AC
129	112	00:17:45	Tom Wilmot	Brighton & Hove City AC
130	150	00:17:45	Daniel Barraclough	Chiltern Harriers AC
131	206	00:17:46	Christopher Charles	Ealing Southall & Middlesex AC
132	115	00:17:49	George Hurford	Bristol & West AC
133	226	00:17:49	Johnie Boyd	Gateshead Harriers & AC
134	24	00:17:51	Joshua Rae	Amber Valley AC
135	582	00:17:52	Simon Campbell	Team Southampton
136	231	00:17:53	Thomas Oliver	Gateshead Harriers & AC
137	263	00:17:54	Hosea Gikunku	Havering Mayesbrook AC
138	366	00:17:55	Sean Kirkbride	Liverpool Pembroke & Sefton H & AC
139	95	00:17:55	Daniel Johnson	Bolton United Harriers & AC
140	637	00:17:56	Jordan Turner	Wakefield & District Harriers AC
141	54	00:17:57	Micheal Harrison	Bedford & County AC
142	528	00:17:57	John Kerridge	Southend AC
143	212	00:17:58	Dalton McGuigan	Ealing Southall & Middlesex AC
144	319	00:17:58	Daniel Jackson	Ipswich Harriers
145	651	00:17:58	Tom Eames	West Suffolk AC
146	576	00:18:00	Alex Hill	Team Bath AC
147	475	00:18:00	Danny Walsh	Rossendale Harriers & AC
148	34	00:18:00	Alex Toomey	Andover AC
149	23	00:18:01	David Narborough	Amber Valley AC
150	255	00:18:02	Monty Wilson	Hastings AC
151	343	00:18:02	Jonathan Monk	Leicester Coritanian AC
152	680	00:18:02	Daniel Ditton	Windsor Slough Eton & Hounslow AC
153	236	00:18:02	Max Park-Davies	Halesowen AC
154	146	00:18:03	Jamie Moore	Chichester Runners & AC
155	650	00:18:03	McCauley Delo	West Suffolk AC
156	655	00:18:04	Calum Rutter	West Suffolk AC

Under 15 Boys

Pos	RaceNo	Time	Name	Club
157	178	00:18:04	Tom Rawet	Cornwall AC
158	344	00:18:05	Harry Mullen	Leicester Coritanian AC
159	347	00:18:05	Ludo Goodliffe	Lewes AC
160	677	00:18:06	Gari Brown	Windsor Slough Eton & Hounslow AC
161	70	00:18:06	Ben Griffiths	Birchfield Harriers
162	149	00:18:07	Charlie Stubbings	Chichester Runners & AC
163	625	00:18:07	Rory Wagstaff	Trent Park RC
164	272	00:18:07	Joe Clark	Hercules Wimbledon AC
165	22	00:18:08	Andrew Fenwick	Amber Valley AC
166	629	00:18:09	Lewis Healey	Vale Royal AC
167	432	00:18:10	Freddie Hessian	Notts AC
168	448	00:18:11	Ryan Meredith	Oxford City AC
169	616	00:18:11	Alexis Parrinder-Nicholls	Tonbridge AC
170	57	00:18:12	Matthew Nicholson	Bedford & County AC
171	258	00:18:12	Thomas Davis	Havering Mayesbrook AC
172	694	00:18:12	Liam Fryer	Wirral AC
173	205	00:18:14	Mark Cameron	Ealing Southall & Middlesex AC
174	586	00:18:15	Ryan Heath	Telford AC
175	12	00:18:15	Robert Hislop	Aldershot Farnham & District AC
176	198	00:18:15	Joseph Booth	Derby AC
177	88	00:18:16	Greg Proctor	Blackheath & Bromley Harriers
178	693	00:18:16	James Watson	Windsor Slough Eton & Hounslow AC
179	220	00:18:17	Chris Middleton	East Cheshire Harriers & Tameside AC
180	227	00:18:18	Robbie Costello	Gateshead Harriers & AC
181	542	00:18:18	Jamie Webb	St.Helens Sutton AC
182	702	00:18:18	Sean Drennan	Woodford Green AC with Essex Ladies
183	286	00:18:18	Daniel Wilmott	Herne Hill Harriers
184	554	00:18:19	Jack Allison	Stratford upon Avon AC
185	37	00:18:20	Jack Wreathall	Ashford AC
186	421	00:18:21	Linton Taylor	Newark AC
187	50	00:18:22	Luke Angell	Bedford & County AC
188	446	00:18:22	Rupert Radley	OWLS AC
189	384	00:18:23	Tom Wragg	Mansfield Harriers & AC
190	214	00:18:23	Ben Waterman	Ealing Southall & Middlesex AC
191	86	00:18:24	Will Mercer	Blackheath & Bromley Harriers
192	277	00:18:24	Billy Holmes	Herne Hill Harriers
193	332	00:18:25	Jimmy Bull	Leamington Cycling & AC
194	598	00:18:25	Joseph Kirton	Thetford AC
195	301	00:18:25	Max Lawton	Holmfirth Harriers AC
196	549	00:18:26	Edward Smith	St.Mary's Richmond AC
197	518	00:18:27	Ben Austin	Southend AC
198	161	00:18:30	Sean Watson	City of Norwich AC
199	618	00:18:30	Nick Taylor	Tonbridge AC
200	532	00:18:30	Luke Oliver	Southend AC
201	153	00:18:30	George Gillingwater	Chiltern Harriers AC
202	90	00:18:31	Robert Yates	Blackheath & Bromley Harriers
203	434	00:18:31	Doug Musson	Notts AC
204	488	00:18:31	Ben Jennings	Rugby & Northampton AC
205	6	00:18:32	Luke Buckland	Aldershot Farnham & District AC
206	653	00:18:33	Jake Hughes	West Suffolk AC
207	357	00:18:33	Tom Crowley	Liverpool Harriers & AC
208	558	00:18:33	James Gardner	Stroud & District AC

Under 15 Boys

Pos	RaceNo	Time	Name	Club
209	609	00:18:33	Felix Harding	Tonbridge AC
210	612	00:18:35	Christian Kinnersley	Tonbridge AC
211	664	00:18:36	Alex Mills	White Horse Harriers
212	574	00:18:37	George Speak	Tavistock AC
213	370	00:18:37	Warren Turner	Liverpool Pembroke & Sefton H & AC
214	578	00:18:37	Adam Lloyd	Team Bath AC
215	392	00:18:38	Jamie Arnold	Medway & Maidstone AC
216	470	00:18:39	Dan Overin	Richmond & Zetland Harriers
217	358	00:18:39	Andrew Desmond	Liverpool Harriers & AC
218	568	00:18:40	Anthony Parkes	Tamworth AC
219	293	00:18:40	Roland Turnell-Ritson	Highgate Harriers
220	148	00:18:41	George Richardson	Chichester Runners & AC
221	601	00:18:41	Matt Davies	Tipton Harriers
222	478	00:18:42	Nicholas Myers	Rotherham Harriers & AC
223	634	00:18:42	Mike Vennard	Vale Royal AC
224	257	00:18:43	Josh Conors	Havering Mayesbrook AC
225	531	00:18:44	Alex Masterson	Southend AC
226	591	00:18:44	Tommy Armstrong	Thanet Road Runners AC
227	285	00:18:45	Zack Weller-Davies	Herne Hill Harriers
228	111	00:18:45	Alex Rice	Brighton & Hove City AC
229	125	00:18:45	James Cochrane	Cambridge & Coleridge AC
230	5	00:18:46	Matthew Brown	Aldershot Farnham & District AC
231	648	00:18:46	Adam Cripps	West Suffolk AC
232	500	00:18:46	Adam Sample	Scarborough AC
233	431	00:18:46	Harry Foster	Notts AC
234	382	00:18:47	Henry Partridge	Mansfield Harriers & AC
235	483	00:18:47	Theo Larcombe	Royal Sutton Coldfield AC
236	350	00:18:47	Adam Baker	Lincoln Wellington AC
237	354	00:18:47	Jack Culpin	Lincoln Wellington AC
238	204	00:18:47	Archie Allen	Ealing Southall & Middlesex AC
239	368	00:18:48	Kyle Nichols	Liverpool Pembroke & Sefton H & AC
240	155	00:18:48	Jack Walker	Chiltern Harriers AC
241	412	00:18:48	Jack Moore	Nene Valley Harriers
242	540	00:18:51	Sam Jamieson-West	St.Albans AC
243	534	00:18:51	Simon Bolland	Spensborough AC
244	259	00:18:52	Massi Dendani	Havering Mayesbrook AC
245	409	00:18:53	Ross Huskissan	Nene Valley Harriers
246	678	00:18:55	John Cousins	Windsor Slough Eton & Hounslow AC
247	196	00:18:55	Dan Gibbons	Dartford Harriers AC
248	674	00:18:56	Jack Walker	Winchester & District AC
249	564	00:18:56	Aidan Blythe	Tamworth AC
250	352	00:18:57	Richard Brine	Lincoln Wellington AC
251	621	00:18:57	Reece Ballett	Trent Park RC
252	406	00:18:58	Ben Hampson	Nene Valley Harriers
253	189	00:18:58	Ben Saville	Croydon Harriers
254	619	00:18:58	Andrew Thomas	Tonbridge AC
255	707	00:18:58	Marcus Stainsby	Worthing & District Harriers
256	556	00:18:59	Xander Brown	Stroud & District AC
257	21	00:18:59	Michael Bosworth	Amber Valley AC
258	60	00:19:00	Christopher Thornley	Bedford & County AC
259	89	00:19:00	Adam Willis	Blackheath & Bromley Harriers
260	372	00:19:00	Renat Hammet-Millay	London Heathside

Under 15 Boys

Pos	RaceNo	Time	Name	Club
261	627	00:19:03	Zach Bamber	Vale Royal AC
262	72	00:19:04	Alex Jackson	Birchfield Harriers
263	522	00:19:04	Ashley Capel	Southend AC
264	164	00:19:04	Nick Thorn	City of Portsmouth AC
265	235	00:19:05	Joe Donkin	Halesowen AC
266	548	00:19:06	Joss Moran	St.Mary's Richmond AC
267	394	00:19:06	Sam Gibbons	Medway & Maidstone AC
268	644	00:19:06	Christopher Smith	Warrington AC
269	140	00:19:08	Sam Robinson	Chelmsford AC
270	620	00:19:08	Georgio Anastasi	Trent Park RC
271	340	00:19:09	Luke Murray	Leeds City AC
272	708	00:19:10	Henry Teague-Smith	Worthing & District Harriers
273	15	00:19:10	Francois Owlage	Aldershot Farnham & District AC
274	363	00:19:11	George Curran	Liverpool Pembroke & Sefton H & AC
275	439	00:19:11	Alex Gordon	Orion Harriers
276	326	00:19:11	Tom Hartley	Kendal AAC
277	369	00:19:12	Dave Reece	Liverpool Pembroke & Sefton H & AC
278	1	00:19:13	Josh Beech	Abingdon AAC
279	485	00:19:16	Matt Finnigan	Rugby & Northampton AC
280	536	00:19:16	Andrew Butcher	Sphinx AC
281	615	00:19:16	Alex Norden	Tonbridge AC
282	102	00:19:16	James Mitchell	Bracknell AC
283	192	00:19:17	Greg Bennett	Dacorum & Tring AC
284	654	00:19:18	Archie Palmer	West Suffolk AC
285	97	00:19:18	Aidan McClure	Boston & District AC
286	503	00:19:19	Danij Abrey	Shaftesbury Barnet Harriers
287	152	00:19:20	Jack Dutton	Chiltern Harriers AC
288	71	00:19:20	Joshua Hackett	Birchfield Harriers
289	697	00:19:22	Toby Kelly	Wirral AC
290	137	00:19:23	Adam Crook	Chelmsford AC
291	414	00:19:23	James Thomas	Nene Valley Harriers
292	575	00:19:24	Chris Brown	Team Bath AC
293	84	00:19:25	Tom Greenhill	Blackheath & Bromley Harriers
294	535	00:19:25	Chris Hampson	Spensborough AC
295	507	00:19:26	Joe Headland	Shaftesbury Barnet Harriers
296	545	00:19:27	Ollie Garner	St.Mary's Richmond AC
297	239	00:19:28	Tom Bains	Hallamshire Harriers Sheffield
298	254	00:19:28	James Weston	Hastings AC
299	698	00:19:28	Josh Mitchell	Wirral AC
300	191	00:19:29	Philip Wise	Croydon Harriers
301	101	00:19:29	Seb Bowerman	Bracknell AC
302	10	00:19:30	Tom Fricker	Aldershot Farnham & District AC
303	132	00:19:30	Harry Buttery	Charnwood AC
304	298	00:19:32	Luke Pierre-Inkson	Hillingdon AC
305	711	00:19:33	Mathew Kirby	Wreake Runners
306	572	00:19:34	Thom Fowler	Taunton AC
307	273	00:19:36	Bradlee Mulroe	Hercules Wimbledon AC
308	213	00:19:39	William Pinder	Ealing Southall & Middlesex AC
309	36	00:19:40	Patrick Duncan	Ashford AC
310	482	00:19:40	Devon Wood	Rotherham Harriers & AC
311	628	00:19:40	Josh Boyce	Vale Royal AC
312	264	00:19:43	Chris Hyde	Havering Mayesbrook AC

Under 15 Boys

Pos	RaceNo	Time	Name	Club
313	237	00:19:45	Alex Wyer	Halesowen AC
314	509	00:19:45	Richard Johnson	Shaftesbury Barnet Harriers
315	635	00:19:46	Andrew Zimmer	Vale Royal AC
316	645	00:19:47	Lewis Dormer	Watford Harriers
317	3	00:19:49	Owen Stepney	Abingdon AAC
318	641	00:19:53	Adam Jefferson	Warrington AC
319	585	00:19:53	Lewis Williams	Team Southampton
320	398	00:19:55	Andrew Watkin	Medway & Maidstone AC
321	397	00:19:56	Christian Walker	Medway & Maidstone AC
322	334	00:19:57	Oliver Watson	Leeds Carnegie AC
323	481	00:19:57	Paul Ward	Rotherham Harriers & AC
324	109	00:19:58	Charlie Noakes	Brighton & Hove City AC
325	462	00:19:58	Alex Bow	Reading AC
326	336	00:20:03	Steven Eastwood	Leeds City AC
327	27	00:20:04	Roland Barter	Andover AC
328	233	00:20:04	Stephen Tranmer	Grantham AC
329	39	00:20:05	Alex Emanuel	Barnet & District AC
330	110	00:20:05	Harvey Noakes	Brighton & Hove City AC
331	469	00:20:05	James King	Richmond & Zetland Harriers
332	314	00:20:06	James Baker	Ipswich Harriers
333	283	00:20:06	John Tayleur	Herne Hill Harriers
334	596	00:20:11	Jordan Greenwood	Thetford AC
335	539	00:20:12	Joe Somers	Sphinx AC
336	322	00:20:12	Aaron Turmel	Jersey Spartans AC
337	218	00:20:12	James Hill	East Cheshire Harriers & Tameside AC
338	138	00:20:17	Jack Crook	Chelmsford AC
339	426	00:20:19	James Watts	Newham & Essex Beagles
340	325	00:20:20	Jake Carradns	Kendal AAC
341	477	00:20:24	Luke Hammill	Rotherham Harriers & AC
342	307	00:20:27	Sam Hudson	Invicta East Kent AC
343	567	00:20:31	Sam Greenbank	Tamworth AC
344	538	00:20:32	Craig Pears	Sphinx AC
345	705	00:20:33	Dan Colbourne	Worthing & District Harriers
346	215	00:20:35	Jack Donnelly	East Cheshire Harriers & Tameside AC
347	593	00:20:35	Jacob Burton	Thanet Road Runners AC
348	502	00:20:35	Mads Kairsgaard	Sevenoaks AC
349	51	00:20:37	Jack Benedictr	Bedford & County AC
350	121	00:20:39	Jamie Scoltock	Bromsgrove & Redditch AC
351	79	00:20:39	Patrick Thewlis	Birchfield Harriers
352	689	00:20:41	James Porter	Windsor Slough Eton & Hounslow AC
353	587	00:20:43	Kyle Kenrick	Thames Valley Harriers
354	624	00:20:44	Sam Szczurek	Trent Park RC
355	380	00:20:45	Alex Heath	Mansfield Harriers & AC
356	622	00:20:52	Eoin Brogan	Trent Park RC
357	25	00:20:56	Aiden Smith	Amber Valley AC
358	69	00:21:01	Thomas Wright	Bexley AC
359	175	00:21:04	Sam Furey	Corby AC
360	712	00:21:07	Jim Payne	Wreake Runners
361	415	00:21:19	Daniel Barrie	Newark AC
362	371	00:21:23	Alex Beattie-Child	London Heathside
363	604	00:21:25	Tom Hammond	Tipton Harriers
364	275	00:21:29	James Allen	Herne Hill Harriers

Under 15 Boys

Pos	RaceNo	Time	Name	Club
365	78	00:21:33	Mark Poniatowski	Birchfield Harriers
366	68	00:21:35	Charles Winch	Bexley AC
367	460	00:21:39	James Wright	Poole AC
368	416	00:21:40	Peter Barrie	Newark AC
369	459	00:21:41	Sam Ham	Poole AC
370	521	00:21:44	Sean Butler	Southend AC
371	26	00:21:46	Luke Turner	Amber Valley AC
372	73	00:21:46	Sam Lacey	Birchfield Harriers
373	303	00:21:53	George Allen	Huntingdonshire AC
374	425	00:21:55	Joe Robinson	Newham & Essex Beagles
375	489	00:21:58	Robert Male	Rugby & Northampton AC
376	252	00:21:59	Craig Howard	Hastings AC
377	260	00:22:00	Ross Earney	Havering Mayesbrook AC
378	216	00:22:00	Michael Fagg	East Cheshire Harriers & Tameside AC
379	219	00:22:07	Matthew McGann	East Cheshire Harriers & Tameside AC
380	669	00:22:18	Jack Snook	Wimborne AC
381	429	00:22:20	Ben Abbott	Notts AC
382	667	00:22:29	Callum Kennedy	Wimborne AC
383	433	00:22:39	Robert Keighery	Notts AC
384	652	00:22:47	Justin Haryluck	West Suffolk AC
385	251	00:22:57	Sam Garland	Hastings AC
386	411	00:22:58	Dan Martin	Nene Valley Harriers
387	437	00:23:24	Philip Waring	Notts AC
388	589	00:23:29	Nabil Toumi	Thames Valley Harriers
389	267	00:23:36	Ben Thompson	Havering Mayesbrook AC
390	271	00:23:47	Rory Blakeney-Edwards	Hercules Wimbledon AC
391	378	00:23:58	Jonathan Brown	Mansfield Harriers & AC
392	688	00:24:02	Robert Partridge	Windsor Slough Eton & Hounslow AC
393	40	00:24:30	Matthew Kos	Barnet & District AC
394	176	00:25:18	Rob Glading	Cornwall AC
395	600	00:25:18	Darryl Worbey	Thurrock Harriers
396	710	00:26:22	William Goodbourn	Wreake Runners
397	199	00:26:30	Jonathon Owen	Derby AC
398	65	00:30:59	Joseph Gunton	Bexley AC

Pos	Points	Team Name	Placings
1	123	Tonbridge AC	(7 15 34 67)
2	141	Invicta East Kent AC	(4 37 45 55)
3	179	Ipswich Harriers	(8 26 65 80)
4	195	Bristol & West AC	(11 29 52 103)
5	267	Coventry Godiva Harriers	(14 38 99 116)
6	314	Wirral AC	(35 51 56 172)
7	329	Andover AC	(36 82 89 122)
8	337	Stroud & District AC	(22 23 84 208)
9	407	Leeds City AC	(9 18 109 271)
10	418	Holmfirth Harriers AC	(32 70 121 195)
11	419	Windsor Slough Eton & Hounslow AC	(5 102 152 160)
12	450	Ealing Southall & Middlesex AC	(3 131 143 173)
13	458	Aldershot Farnham & District AC	(1 77 175 205)
14	466	Notts AC	(6 90 167 203)
15	472	Southend AC	(50 83 142 197)
16	480	Bedford & County AC	(105 106 128 141)
17	491	Gateshead Harriers & AC	(42 133 136 180)
18	503	West Suffolk AC	(47 145 155 156)
19	575	Rugby & Northampton AC	(19 73 204 279)
20	602	Richmond & Zetland Harriers	(25 30 216 331)
21	614	Herne Hill Harriers	(12 183 192 227)
22	636	Liverpool Harriers & AC	(92 120 207 217)
23	640	Croydon Harriers	(41 46 253 300)
24	641	Bracknell AC	(10 48 282 301)
25	644	Birchfield Harriers	(95 126 161 262)
26	688	Blackheath & Bromley Harriers	(118 177 191 202)
27	705	Amber Valley AC	(134 149 165 257)
28	741	Brighton & Hove City AC	(60 129 228 324)
29	759	Halesowen AC	(28 153 265 313)
30	767	Shaftesbury Barnet Harriers	(71 115 286 295)
31	776	Havering Mayesbrook AC	(137 171 224 244)
32	787	Kendal AAC	(57 114 276 340)
33	815	Medway & Maidstone AC	(13 215 267 320)
34	817	St.Mary's Richmond AC	(59 196 266 296)
35	844	Mansfield Harriers & AC	(66 189 234 355)
36	858	Chiltern Harriers AC	(130 201 240 287)
37	864	Liverpool Pembroke & Sefton H & AC	(138 213 239 274)
38	889	Tamworth AC	(79 218 249 343)
39	941	Chelmsford AC	(44 269 290 338)
40	942	Hercules Wimbledon AC	(81 164 307 390)
41	958	East Cheshire Harriers & Tameside AC	(96 179 337 346)
42	961	Vale Royal AC	(166 223 261 311)
43	1028	Sphinx AC	(69 280 335 344)
44	1029	Nene Valley Harriers	(241 245 252 291)
45	1038	Trent Park RC	(163 251 270 354)
46	1196	Rotherham Harriers & AC	(222 310 323 341)
47	1209	Hastings AC	(150 298 376 385)

Under 17 Women

Pos	RaceNo	Time	Name	Club
1	807	00:18:30	Louise Small	Aldershot Farnham & District AC
2	1061	00:18:35	Kate Avery	Shildon R & AC
3	954	00:18:43	Laura Park	Kendal AAC
4	853	00:19:35	Eleanor Wimshurst	Bristol & West AC
5	814	00:19:42	Grace Nicholls	Ashford Athletic Club
6	1009	00:19:54	Melissa Hawtin	Oxford City AC
7	811	00:20:10	Tamara Armoush	Amber Valley AC
8	1116	00:20:24	Rebecca Craigie	Vale Royal AC
9	820	00:20:29	Gemma Kersey	Basildon AC
10	803	00:20:29	Ciara Dullaghan	Aldershot Farnham & District AC
11	952	00:20:44	Charlotte Christensen	Ipswich Harriers
12	883	00:20:52	Kate Holt	City of Stoke AC
13	959	00:20:53	Lucy Crookes	Leicester Coritanian AC
14	1133	00:21:01	Nicole Roberts	Winchester & District AC
15	1018	00:21:02	Alex Bell	Pudsey & Bramley AC
16	964	00:21:03	Laura Riches	Leigh Harriers & AC
17	1154	00:21:03	Abigail Fowlie	Worthing & District Harriers
18	809	00:21:07	Catherine Taylor	Aldershot Farnham & District AC
19	926	00:21:13	Stacey Clusker	Hastings AC
20	916	00:21:15	Calli Thackery	Hallamshire Harriers Sheffield
21	1092	00:21:20	Joanna Mobed	Thames Valley Harriers
22	826	00:21:23	Abigail MacKinnon Austin	Bedford & County AC
23	1118	00:21:27	Nikki Meadows	Vale Royal AC
24	805	00:21:30	Bethan Hubbard	Aldershot Farnham & District AC
25	1045	00:21:39	Emily Waugh	Rugby & Northampton AC
26	1110	00:21:40	Annabel Shepherd Barron	Tonbridge AC
27	1107	00:21:45	Lucy Reid	Tonbridge AC
28	1081	00:21:48	Bryony Pearce	Stockport Harriers & AC
29	879	00:21:54	Jess Chen	City of Portsmouth AC
30	1015	00:21:55	Melissa Courtney	Poole AC
31	913	00:21:56	Adelle Tracey	Guildford & Godalming AC
32	1023	00:21:56	Julia Henderson	Reading AC
33	914	00:21:58	Jade Burke	Halesowen AC
34	812	00:21:58	Lori Marshal	Amber Valley AC
35	1084	00:22:02	Nienke Verwer	Stratford upon Avon AC
36	1119	00:22:02	Charlotte Mills	Vale Royal AC
37	1039	00:22:05	Monique Powell	Royal Sutton Coldfield AC
38	1030	00:22:06	Robin Lanceley	Rotherham Harriers & AC
39	936	00:22:06	Hannah Edwards	Herne Hill Harriers
40	981	00:22:06	Hannah Wragg	Mansfield Harriers & AC
41	1086	00:22:09	Catherine Blew	Taunton AC
42	1007	00:22:17	Jane Augsburger	Oldham & Royton Harriers & AC
43	1120	00:22:18	Hannah Paver	Vale Royal AC
44	852	00:22:23	Vanessa Brann	Bristol & West AC
45	870	00:22:24	Jess McKenzie	Chichester Runners & AC
46	1124	00:22:24	Rachael Jefferson	Warrington AC
47	819	00:22:28	Sophie Carroll	Basildon AC
48	1106	00:22:29	Petra Pavlovic	Tonbridge AC
49	1068	00:22:30	Emily Burgess	Southend AC
50	832	00:22:35	Danielle Johnson	Birchfield Harriers
51	1108	00:22:38	Vicky Rukin	Tonbridge AC
52	960	00:22:40	Amy Danaher	Leicester Coritanian AC

Under 17 Women

Pos	RaceNo	Time	Name	Club
53	1103	00:22:43	Megan Brickell	Tonbridge AC
54	977	00:22:45	Laura Brown	Mansfield Harriers & AC
55	950	00:22:45	Emily Hosker Thornhill	Invicta East Kent AC
56	1016	00:22:47	Abigail Jones	Poole AC
57	808	00:22:47	Emma Stevens	Aldershot Farnham & District AC
58	1088	00:22:48	Marcie Bower	Team Bath AC
59	1069	00:22:48	Holly Gillard	Southend AC
60	1028	00:22:49	Emily Fisher	Rotherham Harriers & AC
61	1037	00:22:50	Amy Johnson	Royal Sutton Coldfield AC
62	822	00:22:50	Sophie Smith	Basingstoke & Mid Hants AC
63	1087	00:22:51	Laura James	Taunton AC
64	985	00:22:51	Joanna Livesey	Marshall Milton Keynes AC
65	868	00:22:53	Katie Johnson	Chichester Runners & AC
66	885	00:22:55	Charlotte Mason	City of York AC
67	1059	00:22:57	Alice Keane	Shaftesbury Barnet Harriers
68	947	00:22:57	Alex Marshall	Huntingdonshire AC
69	940	00:22:57	Julia Wedmore	Herne Hill Harriers
70	863	00:22:58	Poppy Blake	Chelmsford AC
71	904	00:22:59	Rosie Clarke	Epsom & Ewell Harriers
72	1132	00:22:59	Jennifer McLachlan	Winchester & District AC
73	1142	00:23:00	Bex Myers	Windsor Slough Eton & Hounslow AC
74	917	00:23:01	Fiona Wiles	Hallamshire Harriers Sheffield
75	1038	00:23:04	Larna Partridge	Royal Sutton Coldfield AC
76	867	00:23:08	Katie Tuttlebury	Chelmsford AC
77	972	00:23:12	Hester Talbot	Lincoln Wellington AC
78	921	00:23:16	Carolina Blane	Harrogate HAC
79	1078	00:23:20	Madi Garner	St.Mary's Richmond AC
80	994	00:23:21	Charlotte Hinch	Nene Valley Harriers
81	961	00:23:24	Louisa Monk	Leicester Coritanian AC
82	890	00:23:25	Laura Hillyard	Colchester & Tendring AC
83	818	00:23:30	Charlotte Bishop	Basildon AC
84	824	00:23:31	Emily Boast	Bedford & County AC
85	978	00:23:33	Georgia Milton	Mansfield Harriers & AC
86	1057	00:23:35	Hannah Johnson	Shaftesbury Barnet Harriers
87	1052	00:23:37	Rachel Underhill	Severn AC
88	1003	00:23:41	Claire Waring	Notts AC
89	980	00:23:41	Emma Wilkinson	Mansfield Harriers & AC
90	1147	00:23:45	Claudia Conway	Woodford Green AC with Essex Ladies
91	865	00:23:48	Victoria Hayes	Chelmsford AC
92	948	00:23:49	Sammie Skinner	Huntingdonshire AC
93	963	00:23:50	Abigail Howarth	Leigh Harriers & AC
94	829	00:23:50	Rebecca Farrell	Bexley AC
95	1104	00:23:50	Jess Owen	Tonbridge AC
96	932	00:23:51	Amber Turner	Havering Mayesbrook AC
97	958	00:23:52	Faye Barr	Leamington Cycling & AC
98	1143	00:23:56	Sarah Spears	Windsor Slough Eton & Hounslow AC
99	1123	00:23:57	Sarah Griffiths	Warrington AC
100	860	00:23:57	Briony Bendle	Charnwood AC
101	1140	00:23:58	Melissa Hack	Windsor Slough Eton & Hounslow AC
102	1010	00:23:59	Charlotte Kenny	Peterborough AC
103	1102	00:24:00	Sophie Ward	Tipton Harriers
104	1109	00:24:02	Lucy Saker	Tonbridge AC

Under 17 Women

Pos	RaceNo	Time	Name	Club
105	1101	00:24:05	Leah Sargeant	Tipton Harriers
106	922	00:24:06	Katherine Coupland	Harrogate HAC
107	1025	00:24:06	Hayley Randell	Reading AC
108	911	00:24:08	Abbey Fewell	Guildford & Godalming AC
109	821	00:24:09	Katie Smith	Basingstoke & Mid Hants AC
110	1014	00:24:15	Katie Allen	Poole AC
111	1095	00:24:17	Megan Collins	Tipton Harriers
112	1077	00:24:18	Lucy Edmunds	St.Mary's Richmond AC
113	861	00:24:19	Katya Blackledge	Charnwood AC
114	1032	00:24:19	Emily Cosgrove	Royal Sutton Coldfield AC
115	835	00:24:21	Chelsea Crowser	Blackheath & Bromley Harriers
116	969	00:24:22	Holly Haywood	Lincoln Wellington AC
117	931	00:24:23	Gemma Phillips	Havering Mayesbrook AC
118	997	00:24:24	Neha Dabhi	Newham & Essex Beagles
119	1126	00:24:25	Emily Barker	West Suffolk AC
120	848	00:24:26	Louise Rutt	Boston & District AC
121	1125	00:24:26	Emily Baker	West Suffolk AC
122	1127	00:24:33	Abi Marriott	West Suffolk AC
123	847	00:24:37	Chelsea Brockett	Boston & District AC
124	1155	00:24:39	Rebecca Moore	Worthing & District Harriers
125	944	00:24:42	India Parker Smith	Horsham Blue Star Harriers
126	974	00:24:44	Lauren Towers	Liverpool Harriers & AC
127	1000	00:24:46	Jenny Evans	Notts AC
128	951	00:24:49	Leah Samarasingh	Invicta East Kent AC
129	971	00:24:54	Gemma Selwood	Lincoln Wellington AC
130	1137	00:24:58	Hannah Barefield	Windsor Slough Eton & Hounslow AC
131	1090	00:25:01	Nicole Hillicker	Telford AC
132	975	00:25:03	Rosie Keane	Luton AC
133	900	00:25:03	Jade Flynn	East Cheshire Harriers & Tameside AC
134	1036	00:25:04	Lucy Jennings	Royal Sutton Coldfield AC
135	929	00:25:09	Zoey Littlechild	Havering Mayesbrook AC
136	810	00:25:10	Leanne Sigsworth	Altrincham
137	998	00:25:15	Kristi Clark	Notts AC
138	1111	00:25:17	Hope Simpson	Tonbridge AC
139	965	00:25:17	Lizzie Keep	Lewes AC
140	1113	00:25:32	Jessica McCormick	Trent Park RC
141	1020	00:25:38	Abi Morgan	Pudsey & Bramley AC
142	955	00:25:38	Kelly Barnett	Kettering Town Harriers
143	887	00:25:41	Lacey Bareham	Colchester & Tendring AC
144	1060	00:25:45	Zoe Levin	Shaftesbury Barnet Harriers
145	1017	00:25:46	Kathryn Lewer	Poole AC
146	943	00:25:47	Ayicia Lee	Horsham Blue Star Harriers
147	871	00:25:50	Sophie Millett	Chichester Runners & AC
148	1162	00:25:52	Jenny Smith	Wreake Runners
149	840	00:25:58	Melody Kane	Blackheath & Bromley Harriers
150	1159	00:26:01	Amber Willard	Worthing & District Harriers
151	1042	00:26:06	Emma McGowan	Rugby & Northampton AC
152	825	00:26:09	Samantha Cutler	Bedford & County AC
153	1029	00:26:11	Rachel Hall	Rotherham Harriers & AC
154	901	00:26:18	Chelsea Salisbury	East Cheshire Harriers & Tameside AC
155	806	00:26:24	Jo Parker	Aldershot Farnham & District AC
156	941	00:26:29	Aisha Wey Naibe	Herne Hill Harriers

Under 17 Women

Pos	RaceNo	Time	Name	Club
157	1158	00:26:33	Victoria Seth	Worthing & District Harriers
158	1136	00:26:35	Diane Barac	Windsor Slough Eton & Hounslow AC
159	895	00:26:47	Emma Davies	Ealing Southall & Middlesex AC
160	1096	00:26:51	Natalie Davies	Tipton Harriers
161	1129	00:26:51	Madelaine Vaughan Johncey	Wimborne AC
162	1128	00:26:52	Kayleigh Samuels	West Suffolk AC
163	857	00:27:00	Bethany Clarke	Cannock & Stafford AC
164	1072	00:27:07	Amelia Kyrarides	Southend AC
165	1024	00:27:09	Katherine Jones	Reading AC
166	993	00:27:11	Dea Anna Davey	Nene Valley Harriers
167	920	00:27:14	Sarah Ward	Harborough AC
168	979	00:27:14	Kate Raynor	Mansfield Harriers & AC
169	866	00:27:16	Hanah Jones	Chelmsford AC
170	1097	00:27:17	Sarah Farmer	Tipton Harriers
171	872	00:27:55	Emma Nicholson	Chichester Runners & AC
172	844	00:27:55	Emma Freeman	Blyth RC
173	1122	00:28:58	Sarah Franks	Wakefield & District Harriers AC
174	1157	00:29:02	Hannah Seth	Worthing & District Harriers
175	984	00:29:09	Amy Brown	Marshall Milton Keynes AC
176	1034	00:29:16	Lizzie Farrow	Royal Sutton Coldfield AC
177	1001	00:29:47	Antonia Lagou	Notts AC
178	815	00:29:47	Katherine Cunningham	Barnet & District AC
179	1085	00:29:58	Shaunie Warner	Stratford upon Avon AC
180	1161	00:30:08	Charlotte Merry	Wreake Runners
181	864	00:30:43	Bethany Hawkings	Chelmsford AC
182	996	00:32:41	Amy Whitehurst	Newcastle (Staffs) AC
183	898	00:34:08	Elisabeth Matthews	Ealing Southall & Middlesex AC
184	907	00:34:11	Rebecca Oldham	Gateshead Harriers & AC

Pos	Points	Team Name	Placings
1	53	Aldershot Farnham & District AC	(1 10 18 24)
2	110	Vale Royal AC	(8 23 36 43)
3	152	Tonbridge AC	(26 27 48 51)
4	268	Mansfield Harriers & AC	(40 54 85 89)
5	287	Royal Sutton Coldfield AC	(37 61 75 114)
6	341	Poole AC	(30 56 110 145)
7	402	Windsor Slough Eton & Hounslow AC	(73 98 101 130)
8	406	Chelmsford AC	(70 76 91 169)
9	428	Chichester Runners & AC	(45 65 147 171)
10	448	Worthing & District Harriers	(17 124 150 157)
11	479	Tipton Harriers	(103 105 111 160)
12	524	West Suffolk AC	(119 121 122 162)
13	529	Notts AC	(88 127 137 177)

Under 17 Men

Pos	RaceNo	Time	Name	Club
1	2106	00:19:55	Jonny Hay	Aldershot Farnham & District AC
2	2532	00:20:12	Richard Goodman	Shaftesbury Barnet Harriers
3	2529	00:20:27	Danny Schofield	Scarborough AC
4	2476	00:20:28	Sam Stabler	OWLS AC
5	2463	00:20:35	Danny Mills	Nuneaton Harriers AC
6	2159	00:20:36	Karl Billington	Blackburn Harriers
7	2460	00:20:37	Ben Norris	Notts AC
8	2141	00:20:42	Jack Goodwin	Bedford & County AC
9	2617	00:20:50	Andrew Combs	Tonbridge AC
10	2420	00:20:59	John McDonnell	Luton AC
11	2584	00:21:02	Ben Coldray	Stroud & District AC
12	2620	00:21:04	Seb Harding	Tonbridge AC
13	2541	00:21:07	Yasin Mohammed	Sheffield RC
14	2632	00:21:07	Andrew Clews	Vale Royal AC
15	2105	00:21:11	Joshua Grace	Aldershot Farnham & District AC
16	2566	00:21:12	Matthew Crehan	St.Helens Sutton AC
17	2232	00:21:13	James Jackson	City of Norwich AC
18	2329	00:21:13	Liam White	Hercules Wimbledon AC
19	2104	00:21:15	Ian Bailey	Aldershot Farnham & District AC
20	2517	00:21:20	Charlie Hulson	Sale Harriers Manchester
21	2244	00:21:21	Jamie Shadbolt	City of Portsmouth AC
22	2591	00:21:22	Tom Gill	Tavistock AC
23	2158	00:21:24	Paul Thompson	Birmingham Rowheath AC
24	2615	00:21:26	Josh Bentham	Tonbridge AC
25	2531	00:21:29	Niall Fleming	Shaftesbury Barnet Harriers
26	2272	00:21:31	Benjamin Connor	Derby AC
27	2276	00:21:32	Niall Maguire	Derby AC
28	2521	00:21:32	Jamie Roden	Sale Harriers Manchester
29	2405	00:21:34	Toby Loveridge	Liverpool Pembroke & Sefton H & AC
30	2364	00:21:35	Patrick Vicary	Kendal AAC
31	2128	00:21:35	Grant Webb	Basildon AC
32	2589	00:21:36	Charlie Maclean	Taunton AC
33	2375	00:21:36	Michael Wood	Leeds City AC
34	2417	00:21:37	Peter Benedickter	Luton AC
35	2645	00:21:42	Alex Dunbar	West Suffolk AC
36	2354	00:21:43	Jason Prickett	Invicta East Kent AC
37	2530	00:21:43	Frank Bailey	Shaftesbury Barnet Harriers
38	2493	00:21:47	Amrik Mehtd	Reading AC
39	2607	00:21:50	Adam Dawson	Thurrock Harriers
40	2371	00:21:51	Jack Mee	Leamington Cycling & AC
41	2377	00:21:51	Elliot hart	Leicester Coritanian AC
42	2357	00:21:52	John Bird	Ipswich Harriers
43	2526	00:21:54	Ryan Worland	Sale Harriers Manchester
44	2461	00:21:54	Blayne Pick	Notts AC
45	2533	00:21:55	Charles Gunning	Shaftesbury Barnet Harriers
46	2234	00:21:55	James Senior	City of Norwich AC
47	2109	00:21:55	William Newman	Aldershot Farnham & District AC
48	2454	00:21:55	Chris Wright	Nene Valley Harriers
49	2595	00:21:56	Tom Beer	Team Bath AC
50	2373	00:21:56	Daniel Davies	Leeds City AC
51	2172	00:21:57	Tom Carson	Bolton United Harriers & AC
52	2674	00:21:57	Jon-Philip Seymour	Wirral AC

Under 17 Men

Pos	RaceNo	Time	Name	Club
53	2423	00:21:59	Daniel Woodgate	Luton AC
54	2315	00:21:59	Ross Skelton	Hastings AC
55	2182	00:22:00	Henry Mitchell	Bracknell AC
56	2422	00:22:03	Sean Still	Luton AC
57	2230	00:22:05	Thomas Crawshaw	City of Norwich AC
58	2475	00:22:06	Lewis Smart	OWLS AC
59	2535	00:22:07	Evan McKenzie	Shaftesbury Barnet Harriers
60	2593	00:22:10	Tom Lawson	Tavistock AC
61	2435	00:22:10	Josh Elderfield	Medway & Maidstone AC
62	2501	00:22:11	Ashley Kay	Rossendale Harriers & AC
63	2126	00:22:12	Dale Clutterbuck	Basildon AC
64	2228	00:22:13	Allan Stewart	Chiltern Harriers AC
65	2580	00:22:14	Jack Morris	Stockport Harriers & AC
66	2623	00:22:14	James Pigot	Tonbridge AC
67	2487	00:22:16	Adam Sloan	Poole AC
68	2401	00:22:16	David Forrester	Liverpool Pembroke & Sefton H & AC
69	2622	00:22:18	Will Mitham	Tonbridge AC
70	2187	00:22:19	James McCarthy	Brighton & Hove City AC
71	2358	00:22:20	Andrew Constable	Ipswich Harriers
72	2657	00:22:22	Nathan Ditton	Windsor Slough Eton & Hounslow AC
73	2240	00:22:24	Harry Carter	City of Portsmouth AC
74	2664	00:22:25	Joshua Radvan	Windsor Slough Eton & Hounslow AC
75	2237	00:22:26	Jacob Landers	City of Plymouth AC
76	2233	00:22:27	Oliver Maskell	City of Norwich AC
77	2362	00:22:27	Thomas Sessford	Keighley & Craven AC
78	2688	00:22:28	Tom Marsden	Worthing & District Harriers
79	2379	00:22:29	Liam Phelan	Leicester Coritanian AC
80	2245	00:22:32	Alex Teuten	City of Portsmouth AC
81	2585	00:22:32	Tom Curr	Stroud & District AC
82	2285	00:22:34	Ryan Gould	East Cheshire Harriers & Tameside AC
83	2459	00:22:35	Tom Collins	Notts AC
84	2130	00:22:36	Jonathon Bradford	Basingstoke & Mid Hants AC
85	2574	00:22:36	Kyle Fowler	Staffordshire Moorlands AC
86	2638	00:22:36	Daniel Jackson	Warrington AC
87	2320	00:22:37	Daniel Shanney	Havering Mayesbrook AC
88	2653	00:22:37	Jonathon Bradshaw	Wharfedale Harriers
89	2239	00:22:38	Toby Brimecome	City of Portsmouth AC
90	2560	00:22:39	Tom Frith	Southend AC
91	2565	00:22:39	John Ashcroft	St.Helens Sutton AC
92	2572	00:22:40	Taylor Nunn	St.Mary's Richmond AC
93	2467	00:22:40	Frankie Conway	Orion Harriers
94	2686	00:22:40	Khalid Yusuf	Woodford Green AC with Essex Ladies
95	2668	00:22:40	Elliott Woolmer	Windsor Slough Eton & Hounslow AC
96	2235	00:22:42	Ben Stanton	City of Norwich AC
97	2478	00:22:43	Jacob Wisbey	Peterborough AC
98	2562	00:22:45	David Smale	Southend AC
99	2643	00:22:46	Sam Hunt	Werrington Joggers
100	2196	00:22:46	Nathan Young	Bristol & West AC
101	2388	00:22:47	Ian Maplethorpe	Lincoln Wellington AC
102	2538	00:22:49	Ryan Stephenson	Shaftesbury Barnet Harriers
103	2409	00:22:49	Jai Vernon-McGuigan	Liverpool Pembroke & Sefton H & AC
104	2678	00:22:50	Alex Cornwell	Woodford Green AC with Essex Ladies

Under 17 Men

Pos	RaceNo	Time	Name	Club
105	2552	00:22:51	Jack Bourne	South London Harriers
106	2647	00:23:00	Dominic Thackeray	West Suffolk AC
107	2528	00:23:01	Danny Collins	Scarborough AC
108	2134	00:23:02	Stephen Reid	Basingstoke & Mid Hants AC
109	2207	00:23:03	Philip Pugh	Cannock & Stafford AC
110	2498	00:23:04	Jordan Beard	Rossendale Harriers & AC
111	2462	00:23:05	Paul Thompson	Notts AC
112	2186	00:23:07	Will Gray	Brighton & Hove City AC
113	2210	00:23:08	Sam Densham	Charnwood AC
114	2399	00:23:09	Mike Bride	Liverpool Pembroke & Sefton H & AC
115	2540	00:23:11	Samuel Chambers	Sheffield RC
116	2496	00:23:11	George Robinson	Richmond & Zetland Harriers
117	2669	00:23:12	Ben Costello	Wirral AC
118	2183	00:23:12	Mitchell White	Bracknell AC
119	2619	00:23:16	Tom Cox	Tonbridge AC
120	2670	00:23:16	Shaun Egam	Wirral AC
121	2253	00:23:17	Sam Clayton	Colchester & Tendring AC
122	2365	00:23:17	Alf Grimsey	Kent AC
123	2438	00:23:18	Nathan Wilkins	Medway & Maidstone AC
124	2471	00:23:19	Ashley Chambers	OWLS AC
125	2284	00:23:19	Sebastien Zajaczkowski	Ealing Southall & Middlesex AC
126	2497	00:23:19	Sam Wood	Richmond & Zetland Harriers
127	2219	00:23:21	Ryan Judge	Chelmsford AC
128	2590	00:23:25	Nick Champion	Tavistock AC
129	2347	00:23:25	Gavin Barclay	Hillingdon AC
130	2199	00:23:26	Nick Burch	Cambridge & Coleridge AC
131	2369	00:23:27	Jake Waples	Kettering Town Harriers
132	2327	00:23:27	Joe Toomey	Hercules Wimbledon AC
133	2247	00:23:29	Nathan Ainsworth	City of Stoke AC
134	2338	00:23:29	Samuel Woods	Herne Hill Harriers
135	2452	00:23:29	Callum Ramsey	Nene Valley Harriers
136	3984	00:23:32	Freddie Cook	Dorchester AC
137	2582	00:23:32	Jack McMullan	Stratford upon Avon AC
138	2397	00:23:33	Daniel McNiffe	Liverpool Harriers & AC
139	2376	00:23:34	Danny Callow	Leicester Coritanian AC
140	2275	00:23:34	Ross Keeling	Derby AC
141	2418	00:23:34	Daniel Bianchi	Luton AC
142	2579	00:23:37	Nathan Ludlain	Stockport Harriers & AC
143	2448	00:23:40	Edward Hewitt	Nene Valley Harriers
144	2601	00:23:43	Matthew Myers	Thames Valley Harriers
145	2110	00:23:44	Jordan Nutbrown	Aldershot Farnham & District AC
146	2486	00:23:47	Alex Sampson	Poole AC
147	2416	00:23:48	Mark Boot	Long Eaton Running Club
148	2231	00:23:48	Thomas Francis	City of Norwich AC
149	2112	00:23:49	George Pilling	Aldershot Farnham & District AC
150	2352	00:23:50	Josh Freemont	Invicta East Kent AC
151	2355	00:23:52	James Reilly	Invicta East Kent AC
152	2513	00:23:53	Luke Robinson	Rugby & Northampton AC
153	2188	00:23:54	Kieran Silsby	Brighton & Hove City AC
154	2209	00:23:55	George Buttery	Charnwood AC
155	2197	00:23:57	Chris Rushworth	Buxton & District AC
156	2179	00:23:57	Chris Larsen	Bracknell AC

Under 17 Men

Pos	RaceNo	Time	Name	Club
157	2142	00:23:57	Patrick Stuart	Bedford & County AC
158	2477	00:23:58	Edward Gunby	Peterborough AC
159	2592	00:24:00	Matt Harding	Tavistock AC
160	2345	00:24:00	William Laing	Highgate Harriers
161	2473	00:24:01	Niall McSaarry	OWLS AC
162	2524	00:24:02	James Wignall	Sale Harriers Manchester
163	2449	00:24:03	Josh Lunn	Nene Valley Harriers
164	2243	00:24:04	Ben Placidi	City of Portsmouth AC
165	2378	00:24:04	Stephen Maddocks	Leicester Coritanian AC
166	2317	00:24:06	Jamie Buckley-Stanton	Havering Mayesbrook AC
167	2325	00:24:06	Geordie Logan	Hercules Wimbledon AC
168	2495	00:24:08	Liam Fletcher	Richmond & Zetland Harriers
169	2248	00:24:09	Joe Broome	City of Stoke AC
170	2500	00:24:10	Joe Johnston	Rossendale Harriers & AC
171	2198	00:24:11	John Baslington	Cambridge & Coleridge AC
172	2249	00:24:11	Liam Hendricken	City of Stoke AC
173	2568	00:24:13	David Thomas Griffiths	St.Helens Sutton AC
174	2609	00:24:14	Jonathon Hunt	Tipton Harriers
175	2346	00:24:15	Sean White	Highgate Harriers
176	2302	00:24:15	Matthew Wilsher	Hallamshire Harriers Sheffield
177	2181	00:24:16	Sam London	Bracknell AC
178	2508	00:24:17	Kieran Smith	Royal Sutton Coldfield AC
179	2129	00:24:17	Sam Bevan	Basingstoke & Mid Hants AC
180	2660	00:24:18	Nick Lingley	Windsor Slough Eton & Hounslow AC
181	2278	00:24:22	Hugh Baker	Dorking & Mole Valley AC
182	2120	00:24:23	Andrew Robertson	Ashford AC
183	2396	00:24:23	Mark Loveridge	Liverpool Harriers & AC
184	2453	00:24:23	Tom Rodgers	Nene Valley Harriers
185	2190	00:24:25	Bruce Coran	Bristol & West AC
186	2586	00:24:25	Jordan Frapwell	Stroud & District AC
187	2450	00:24:26	David Newton	Nene Valley Harriers
188	2115	00:24:26	Tom Wayland	Aldershot Farnham & District AC
189	2624	00:24:27	Paul Southall	Tonbridge AC
190	2573	00:24:27	Adam Villard	St.Mary's Richmond AC
191	2111	00:24:28	Sean Nutbrown	Aldershot Farnham & District AC
192	2570	00:24:28	Danny Hughes	St.Helens Sutton AC
193	2428	00:24:31	Richie Talbot	Mansfield Harriers & AC
194	2536	00:24:31	Jack Perry-Williams	Shaftesbury Barnet Harriers
195	2544	00:24:32	Joel Griffith	Skipton AC
196	2119	00:24:33	Ryan Powell	Ashford AC
197	2629	00:24:35	Luke Callis	Trent Park RC
198	2583	00:24:35	Sam Taylor	Stratford upon Avon AC
199	2628	00:24:35	Adam Browman	Trent Park RC
200	2241	00:24:36	Alastair Darwent	City of Portsmouth AC
201	2558	00:24:38	Alan Brittain	Southend AC
202	2144	00:24:39	Sam Risby	Bexley AC
203	2408	00:24:42	Edward Rimmer	Liverpool Pembroke & Sefton H & AC
204	2611	00:24:42	Jacob Tipper	Tipton Harriers
205	2279	00:24:43	Alex Leslie	Ealing Southall & Middlesex AC
206	2613	00:24:44	Lee Whitehouse	Tipton Harriers
207	2217	00:24:46	Peter Hawkins	Chelmsford AC
208	2512	00:24:47	Rory Grant	Rugby & Northampton AC

Under 17 Men

Pos	RaceNo	Time	Name	Club
209	2360	00:24:50	Andrew Tanner	Ipswich Harriers
210	2470	00:24:51	Jake Boat	OWLS AC
211	2323	00:24:55	Joseph Waked	Havering Mayesbrook AC
212	2131	00:24:55	Darren Carr	Basingstoke & Mid Hants AC
213	2174	00:24:57	Stephan Brockett	Boston & District AC
214	2625	00:24:57	Henry Thomas	Tonbridge AC
215	2676	00:24:58	Karim Ali	Woodford Green AC with Essex Ladies
216	2456	00:24:59	David Kail	Newham & Essex Beagles
217	2673	00:25:02	Phil Robertson	Wirral AC
218	2321	00:25:03	Thomas Shanney	Havering Mayesbrook AC
219	2654	00:25:04	Thomas Cunningham	Wharfedale Harriers
220	2102	00:25:05	David Walters	Abingdon AAC
221	2189	00:25:06	Christopher Woolcott	Brighton & Hove City AC
222	2419	00:25:07	Daniel Johnson	Luton AC
223	2692	00:25:07	Joshua Slingsby	Wreake Runners
224	2383	00:25:08	Matt Rethy	Lewes AC
225	2259	00:25:08	Daniel Hillman	Coventry Godiva Harriers
226	2313	00:25:09	Kristofer Everett-Arnasson	Hastings AC
227	2208	00:25:10	Luke Baxter	Charnwood AC
228	2509	00:25:11	Stuart Bates	Rugby & Northampton AC
229	2563	00:25:12	Alex Stapleton	Southend AC
230	2212	00:25:16	Simon Jones	Charnwood AC
231	2263	00:25:21	Samuel Highfield	Dacorum & Tring AC
232	2344	00:25:23	George Laing	Highgate Harriers
233	2446	00:25:26	Scott Forman	Nene Valley Harriers
234	2491	00:25:27	Jack Gregory	Reading AC
235	2605	00:25:29	Phil Waity	Thetford AC
236	2556	00:25:33	Martin Parry	South London Harriers
237	2298	00:25:36	Jago Leckie	Hailsham Harriers Sheffield
238	2160	00:25:39	Anthony Hauserman	Blackburn Harriers
239	2502	00:25:52	Jack Stringfellow	Rossendale Harriers & AC
240	2614	00:25:52	Phillip Wilson	Tipton Harriers
241	2165	00:25:55	Jonathan Halls	Blackheath & Bromley Harriers
242	2440	00:25:57	Dan Wright	Mendip AC
243	2610	00:26:03	Matt Rice	Tipton Harriers
244	2464	00:26:04	Jared Wilson	Nuneaton Harriers AC
245	2447	00:26:06	Darrellian Hamilton	Nene Valley Harriers
246	2469	00:26:07	Daniel Penfold	Orion Harriers
247	2264	00:26:12	Christopher Pope	Dacorum & Tring AC
248	2223	00:26:25	Sam Bryan	Chichester Runners & AC
249	2280	00:26:29	Anthony Shaw	Ealing Southall & Middlesex AC
250	2303	00:26:33	Bradley Doe	Halstead RR
251	2567	00:26:33	Adam Fachey	St.Helens Sutton AC
252	2465	00:26:33	Christopher Atkins	Orion Harriers
253	2603	00:26:40	Jamie Bailey	Thanet RR AC
254	2121	00:26:43	Warren Uden	Ashford AC
255	2634	00:26:51	Andy Perry	Vale Royal AC
256	2218	00:26:53	Connar Judge	Chelmsford AC
257	2204	00:26:54	Stuart Davies	Cannock & Stafford AC
258	2597	00:27:03	James Hazell	Team Bath AC
259	2277	00:27:07	Michael Alwin	Dorking & Mole Valley AC
260	2162	00:27:12	Ross Braden	Blackheath & Bromley Harriers

Under 17 Men

Pos	RaceNo	Time	Name	Club
261	2503	00:27:25	Sam Walsh	Rossendale Harriers & AC
262	2295	00:27:27	Reece SurrIDGE	Enfield & Haringey AC
263	2415	00:27:33	Simon Rosum	London Heathside
264	2146	00:27:37	Tommy Taylor	Bexley AC
265	2368	00:27:38	David Edwards	Kettering Town Harriers
266	2214	00:27:39	Nick Rees	Charnwood AC
267	2693	00:27:48	Greg Webb	Wreake Runners
268	2429	00:27:49	Daniel Ward	Mansfield Harriers & AC
269	2511	00:27:53	Tom Collins	Rugby & Northampton AC
270	2557	00:27:58	Kyle Alridge	Southend AC
271	2426	00:28:08	James Bellingham	Mansfield Harriers & AC
272	2451	00:28:20	Toby Nolan	Nene Valley Harriers
273	2689	00:28:33	John Morrey	Worthing & District Harriers
274	2353	00:28:56	Chris Little	Invicta East Kent AC
275	2604	00:29:00	Christopher Ray	Thanet RR AC
276	2571	00:29:13	Grant Bridgman	St.Mary's Richmond AC
277	2631	00:29:29	Adam Wright	Trent Park RC
278	2687	00:29:51	Morra George-Lui	Worthing & District Harriers
279	2124	00:31:46	Jack Morris	Barnet & District AC
280	2474	00:32:02	Patrick Radley	OWLS AC
281	2466	00:33:00	Ellis Ball	Orion Harriers
282	2413	00:33:00	William Godfrey-Evans	London Heathside
283	2289	00:34:41	Tom Fallon	Enfield & Haringey AC
284	2641	00:35:29	Graham Taylor	Watford Joggers
285	2642	00:37:50	Sean Taylor	Watford Joggers

Pos	Points	Team Name	Placings
1	82	Aldershot Farnham & District AC	(1 15 19 47)
2	109	Shaftesbury Barnet Harriers	(2 25 37 45)
3	111	Tonbridge AC	(9 12 24 66)
4	153	Luton AC	(10 34 53 56)
5	196	City of Norwich AC	(17 46 57 76)
6	245	Notts AC	(7 44 83 111)
7	253	Sale Harriers Manchester	(20 28 43 162)
8	263	City of Portsmouth AC	(21 73 80 89)
9	314	Liverpool Pembroke & Sefton H & AC	(29 68 103 114)
10	347	OWLS AC	(4 58 124 161)
11	369	Tavistock AC	(22 60 128 159)
12	421	Windsor Slough Eton & Hounslow AC	(72 74 95 180)
13	424	Leicester Coritanian AC	(41 79 139 165)
14	472	St.Helens Sutton AC	(16 91 173 192)
15	489	Nene Valley Harriers	(48 135 143 163)
16	506	Bracknell AC	(55 118 156 177)
17	506	Wirral AC	(52 117 120 217)
18	556	Brighton & Hove City AC	(70 112 153 221)
19	581	Rosendale Harriers & AC	(62 110 170 239)
20	583	Basingstoke & Mid Hants AC	(84 108 179 212)
21	611	Invicta East Kent AC	(36 150 151 274)
22	618	Southend AC	(90 98 201 229)
23	682	Havering Mayesbrook AC	(87 166 211 218)
24	724	Charnwood AC	(113 154 227 230)
25	824	Tipton Harriers	(174 204 206 240)
26	857	Rugby & Northampton AC	(152 208 228 269)
27	872	Orion Harriers	(93 246 252 281)

Junior Women

Pos	RaceNo	Time	Name	Club
1	1211	00:17:56	Stephanie Twell	Aldershot Farnham & District AC
2	1298	00:18:09	Lauren Howarth	Leigh Harriers & AC
3	1207	00:18:45	Lily Partridge	Aldershot Farnham & District AC
4	1407	00:18:55	Stevie Stockton	Vale Royal AC
5	1287	00:18:57	Ellie Sprake	Ipswich Harriers
6	1328	00:19:00	Sophie Coleman	Phoenix AC
7	1240	00:19:03	Hollie Rowland	City of Norwich AC
8	1206	00:19:09	Emma Pallant	Aldershot Farnham & District AC
9	1205	00:19:11	Natasha Doel	Aldershot Farnham & District AC
10	1347	00:19:18	Natalie Grant	Rotherham Harriers & AC
11	1402	00:19:21	Kirsty Milner	Trafford AC
12	1273	00:19:42	Leigh Lattimore	Harrow AC
13	1369	00:19:48	Georgie Bruinvels	South London Harriers
14	1304	00:19:58	Blue Haywood	Lincoln Wellington AC
15	1392	00:20:08	Louise Webb	Team Southampton
16	1322	00:20:10	Alison Lavender	Oswestry Olympians
17	1204	00:20:11	Olivia Bryant	Aldershot Farnham & District AC
18	1384	00:20:16	Naomi Taschimowitz	Taunton AC
19	1230	00:20:22	Emily Merrick	Bristol & West AC
20	1401	00:20:23	Jackie Fairchild	Trafford AC
21	1299	00:20:25	Rebecca Howarth	Leigh Harriers & AC
22	1237	00:20:28	Danielle Nimmock	City of Norwich AC
23	1351	00:20:36	Jordan Kinney	Royal Sutton Coldfield AC
24	1409	00:20:40	Amy Talbot	Warrington AC
25	1352	00:20:46	Emma Langdell	Royal Sutton Coldfield AC
26	1291	00:20:51	Hannah Bateson	Lancaster & Morecambe AC
27	1436	00:20:55	Georgie Lou Sales	Woodford Green AC with Essex Ladies
28	1419	00:20:56	Sarah Holliday	Winchester & District AC
29	1416	00:21:03	Charlotte Bates	Winchester & District AC
30	1310	00:21:05	Rhea Ellis	Liverpool Pembroke & Sefton H & AC
31	1343	00:21:08	Jade Allen	Rotherham Harriers & AC
32	1290	00:21:18	Vanessa Rollins	Kettering Town Harriers
33	1389	00:21:19	Aiya Abe	Team Southampton
34	1250	00:21:20	Abby Wilson	Darlington Harriers
35	1346	00:21:20	Jessica Fawcett	Rotherham Harriers & AC
36	1387	00:21:20	Natalie Burke	Team Bath AC
37	1358	00:21:28	Rebekah Gardiner	Shaftesbury Barnet Harriers
38	1411	00:21:33	Kate Titlow	Warrington AC
39	1253	00:21:33	Becky Gardner	Dorking & Mole Valley AC
40	1383	00:21:33	Rachel Heard	Taunton AC
41	1243	00:21:36	Heather Holt	City of Stoke AC
42	1285	00:21:38	Sarah Wigmore	Horsham Blue Star Harriers
43	1229	00:21:39	Kokob Menere	Bristol & West AC
44	1312	00:21:40	Ella Waldman	London Heathside
45	1323	00:21:45	Martha Lloyd	Oxford City AC
46	1372	00:21:47	Kerry Holland	Southend AC
47	1227	00:21:48	Kirsty Hamilton	Bristol & West AC
48	1399	00:21:51	Catherine Symonds	Tonbridge AC
49	1255	00:21:58	Melissa Newbery	Ealing Southall & Middlesex AC
50	1325	00:21:59	Sarah Caskey	Peterborough AC
51	1350	00:22:03	Clare Hodgson	Royal Sutton Coldfield AC
52	1256	00:22:07	Hannah Pollak	Ealing Southall & Middlesex AC

Junior Women

Pos	RaceNo	Time	Name	Club
53	1349	00:22:08	Laura Spence	Rotherham Harriers & AC
54	1353	00:22:10	Olivia Larcombe	Royal Sutton Coldfield AC
55	1373	00:22:12	Danniele Hurley	Southend AC
56	1261	00:22:14	Claire Baudouin	Gateshead Harriers & AC
57	1246	00:22:20	Laura Condron	Colchester & Tendring AC
58	1302	00:22:25	Caitlin Lloyd	Lewes AC
59	1375	00:22:31	Becky Rowlands	Spenborough AC
60	1247	00:22:35	Mairead Roche	Corby AC
61	1209	00:22:53	Sam Prier	Aldershot Farnham & District AC
62	1217	00:22:56	Sarah Caunt	Bedford & County AC
63	1311	00:23:05	Bibsi Haywill	London Heathside
64	1427	00:23:06	Faith Smith	Windsor Slough Eton & Hounslow AC
65	1326	00:23:08	Lucy Davies	Peterborough AC
66	1288	00:23:10	Hayley Munn	Kettering Town Harriers
67	1252	00:23:12	Elizabeth Hill	Derby AC
68	1245	00:23:14	Vicky Needham	City of York AC
69	1391	00:23:15	Siobhan Svendsen	Team Southampton
70	1319	00:23:16	Amelia Susulowsky	Nene Valley Harriers
71	1215	00:23:19	Tarley Barnes	Bedford & County AC
72	1361	00:23:21	Sophie Proffitt	Shaftesbury Barnet Harriers
73	1295	00:23:22	Sophie Waterhouse	Leeds City AC
74	1260	00:23:28	Emily Hallet	Epsom & Ewell Harriers
75	1234	00:23:29	Katie North	Charnwood AC
76	1422	00:23:33	Susanna Ditton	Windsor Slough Eton & Hounslow AC
77	1415	00:23:51	Emily Wenman	West Suffolk AC
78	1414	00:23:58	Zara McLoone	West Suffolk AC
79	1283	00:24:01	Charlotte Davies	Herts Phoenix AC
80	1394	00:24:02	Stephanie Ainley	Thames Valley Harriers
81	1226	00:24:05	Grace Copplesstone	Bristol & West AC
82	1231	00:24:10	Nathalie Richards	Cambridge & Coleridge AC
83	1282	00:24:12	Lucy Smith	Herne Hill Harriers
84	1274	00:24:12	Lucy Baker	Hastings AC
85	1432	00:24:14	Jessica Docking	Woodford Green AC with Essex Ladies
86	1388	00:24:15	Katie Sandford	Team Bath AC
87	1218	00:24:17	Rachel Cave	Bedford & County AC
88	1248	00:24:18	Rebecca Harding	Dacorum & Tring AC
89	1266	00:24:22	Beth Young	Halesowen AC
90	1339	00:24:25	Rosie Adams	Richmond & Zetland Harriers
91	1313	00:24:25	Alex Sharp	Louth AC
92	1331	00:24:25	Becky Neal	Poole AC
93	1222	00:24:26	Emma Lines	Birchfield Harriers
94	1380	00:24:29	Rachel Malbon	Stockport Harriers & AC
95	1354	00:24:34	Hannah Jones	Rugby & Northampton AC
96	1412	00:24:43	Hannah Kitchen	Watford Harriers
97	1390	00:24:51	Vicki Cronin	Team Southampton
98	1437	00:24:56	Kavita Solder	Woodford Green AC with Essex Ladies
99	976	00:24:57	Daisy Baugh	Mansfield Harriers & AC
100	1232	00:25:38	Rosa Sampson Geroski	Cambridge Harriers
101	1320	00:26:01	Venita Dabhi	Newham & Essex Beagles
102	1395	00:26:14	Sue Davies	Tipton Harriers
103	1212	00:26:42	Bryony Walsh	Ashford Athletic Club
104	1430	00:27:13	Anna Marie McGraw	Woking AC

Junior Women

Pos	RaceNo	Time	Name	Club
105	1379	00:28:02	Sarah Kay	Stockport Harriers & AC
106	1286	00:28:05	Katy Burgin	Huntingdonshire AC
107	1434	00:28:22	Amelia Holford	Woodford Green AC with Essex Ladies
108	1377	00:28:27	Jenny Bawer	Stockport Harriers & AC
109	1221	00:31:49	Holly Ramsden	Bingley Harriers & AC

Pos	Points	Team Name	Placings
1	21	Aldershot Farnham & District AC	(1 3 8 9)
2	129	Rotherham Harriers & AC	(10 31 35 53)
3	153	Royal Sutton Coldfield AC	(23 25 51 54)
4	190	Bristol & West AC	(19 43 47 81)
5	214	Team Southampton	(15 33 69 97)
6	317	Woodford Green AC with Essex Ladies	(27 85 98 107)

Junior Men

Pos	RaceNo	Time	Name	Club
1	3341	00:34:09	Nick Goolab	Belgrave Harriers
2	3659	00:34:27	Ben Hunter	Southend AC
3	3747	00:34:38	Ronnie Sparke	Woodford Green AC with Essex Ladies
4	3724	00:34:47	Phillip Berntsen	Winchester & District AC
5	3535	00:34:50	James Wilkinson	Leeds City AC
6	3412	00:35:32	Mitch Goose	City of Norwich AC
7	3454	00:35:34	Simon Horsfield	East Cheshire Harriers & Tameside AC
8	3413	00:35:35	Ashley Harrell	City of Norwich AC
9	3455	00:35:41	Shaun Collins	Enfield & Haringey AC
10	3358	00:35:48	James Trollope	Birchfield Harriers
11	3708	00:35:48	Matthew Jackson	Warrington AC
12	3643	00:35:55	Dominic Easter	Shaftesbury Barnet Harriers
13	3404	00:35:58	Seb Foy	Cheltenham & County Harriers
14	3349	00:36:04	Jonathan Brownlee	Bingley Harriers & AC
15	3313	00:36:07	Steve Scullion	Aldershot Farnham & District AC
16	3644	00:36:08	Jake Shelley	Shaftesbury Barnet Harriers
17	3335	00:36:09	Ryan Parker	Bedford & County AC
18	3459	00:36:29	Ben Nagy	Enfield & Haringey AC
19	3741	00:36:31	Angus Holford	Woodford Green AC with Essex Ladies
20	3527	00:36:33	Geoff Belcher	Leeds City AC
21	3546	00:36:36	Ricky Challinor	Liverpool Harriers & AC
22	3409	00:36:38	Luke Allen	City of Norwich AC
23	3727	00:36:40	Max Kiralyfi	Winchester & District AC
24	3350	00:36:44	Thomas Crowley	Bingley Harriers & AC
25	3411	00:36:46	Tommy Carroll	City of Norwich AC
26	3746	00:36:49	Thomas Phillips	Woodford Green AC with Essex Ladies
27	3709	00:36:52	Oliver Park	Warrington AC
28	3316	00:36:53	Tom Wade	Aldershot Farnham & District AC
29	3625	00:36:54	Will Mackay	Riverside Runners (St.Neots)
30	3533	00:36:56	Michael Salter	Leeds City AC
31	3383	00:36:59	Richard Peters	Bristol & West AC
32	3537	00:37:00	Oliver Ziff	Leeds City AC
33	3386	00:37:06	Dan Woolford	Bristol & West AC
34	3310	00:37:07	Chris Moore	Aldershot Farnham & District AC
35	3368	00:37:09	Luke Minns	Blackpool Wyre & Fylde AC
36	3422	00:37:11	Matthew Cleave	Cornwall AC
37	3315	00:37:20	Joe Wade	Aldershot Farnham & District AC
38	3726	00:37:22	Dom Kiralyfi	Winchester & District AC
39	3384	00:37:25	Harry Webb	Bristol & West AC
40	3688	00:37:31	Jelle Verwer	Tipton Harriers
41	3731	00:37:34	Alex Tovey	Windsor Slough Eton & Hounslow AC
42	3723	00:37:39	Tom Anderson	Winchester & District AC
43	3499	00:37:42	Matthew Revier	Hillingdon AC
44	3362	00:37:43	Alex Bruce-Littlewood	Blackheath & Bromley Harriers
45	3598	00:37:43	Tom Mahon	OWLS AC
46	3716	00:37:45	Sam Dalgleish	Westbury Harriers
47	3674	00:37:47	Matthew Withey	Stroud & District AC
48	3425	00:37:50	Chris Bannon	Coventry Godiva Harriers
49	3508	00:37:52	Elliot Palmer	Ipswich Harriers
50	3312	00:37:58	Mickey Reed	Aldershot Farnham & District AC
51	3593	00:37:59	Jack Stroud	Orion Harriers
52	3536	00:37:59	Michael Williams	Leeds City AC

Junior Men

Pos	RaceNo	Time	Name	Club
53	3639	00:38:02	Sam O'Neill	Scunthorpe & District AC
54	3632	00:38:02	Niall Brooks	Sale Harriers Manchester
55	3566	00:38:02	James Mee	Mansfield Harriers & AC
56	3638	00:38:04	James Krsft	Scarborough AC
57	3389	00:38:04	Will Mycroft	Cambridge & Coleridge AC
58	3647	00:38:08	Abdirisak Ahmed	Sheffield RC
59	3658	00:38:09	Lloyd Hartman	Southend AC
60	3460	00:38:12	Matt Sharp	Enfield & Haringey AC
61	3423	00:38:13	Ryan Cleave	Cornwall AC
62	3591	00:38:14	Michael Mannings	Oldham & Royton Harriers & AC
63	3583	00:38:15	Harry Paton	Newcastle University AC
64	3622	00:38:17	Carl Bradbury	Reading AC
65	3689	00:38:22	Sam Bradley	Tonbridge AC
66	3642	00:38:24	Billy Collins	Shaftesbury Barnet Harriers
67	3640	00:38:25	Sagie Benaim	Shaftesbury Barnet Harriers
68	3550	00:38:27	Laurie Luscombe	Liverpool Harriers & AC
69	3588	00:38:33	Chris McGurk	Notts AC
70	3743	00:38:35	Omar Mansour	Woodford Green AC with Essex Ladies
71	3597	00:38:36	Eddie Highton	OWLS AC
72	3624	00:38:44	Douglas Roberts	Richmond & Zetland Harriers
73	3338	00:38:52	Stephen Tuttle	Bedford & County AC
74	3427	00:38:53	Tom Madden	Coventry Godiva Harriers
75	3374	00:38:56	Matthew Grace	Bourne Town Harriers
76	3504	00:38:57	Chris Holmes	Invicta East Kent AC
77	3309	00:39:01	Danny Heathcoye	Aldershot Farnham & District AC
78	3637	00:39:02	Joe Bailey	Salford Harriers
79	3541	00:39:04	Shane Robinson	Lincoln Wellington AC
80	3599	00:39:07	Josh Norman	OWLS AC
81	3332	00:39:10	Robert Heaney	Bedford & County AC
82	3464	00:39:12	Alex Hawkins	Epsom & Ewell Harriers
83	3551	00:39:15	James Russell	Liverpool Harriers & AC
84	3382	00:39:17	Sean Hazell	Bristol & West AC
85	3704	00:39:17	Chris Perry	Vale Royal AC
86	3728	00:39:18	Jamie Knapp	Winchester & District AC
87	3330	00:39:19	Alex Bellew	Bedford & County AC
88	3742	00:39:22	Gavin Lewis	Woodford Green AC with Essex Ladies
89	3424	00:39:23	Christopher Dobson	Cornwall AC
90	3528	00:39:27	Alex Davy	Leeds City AC
91	3673	00:39:27	Carl Frapwell	Stroud & District AC
92	3695	00:39:31	Kurt Wolfe	Tonbridge AC
93	3445	00:39:37	Sam Ashcroft	Ealing Southall & Middlesex AC
94	3419	00:39:40	Iain Lynn	City of York AC
95	3672	00:39:41	Dean Matkin	Stockport Harriers & AC
96	3530	00:39:44	James Lavin	Leeds City AC
97	3701	00:39:53	James Griffiths	Vale Royal AC
98	3700	00:39:55	Zach Cross	Vale Royal AC
99	3318	00:39:59	Robert Love	Amber Valley AC
100	3714	00:40:00	Andrew Ridley	West Suffolk AC
101	3623	00:40:03	Daniel Thorne	Reading AC
102	3415	00:40:05	James Preston	City of Norwich AC
103	3580	00:40:06	Kris Axok	Newcastle University AC
104	3478	00:40:07	Matthew Judson	Harrow AC

Junior Men

Pos	RaceNo	Time	Name	Club
105	3656	00:40:09	Howard Clarke	Southend AC
106	3631	00:40:12	David Smith	Rotherham Harriers & AC
107	3444	00:40:19	Alex Ward	Dorking & Mole Valley AC
108	3377	00:40:20	Jake Hughes	Bracknell AC
109	3434	00:40:22	Nick Wood	Dartford Harriers AC
110	3388	00:40:29	Alister Mathie	Burton AC
111	3579	00:40:29	Josh Reed	Nene Valley Harriers
112	3692	00:40:34	Chris Kiely	Tonbridge AC
113	3493	00:40:37	Andrew Penney	Hercules Wimbledon AC
114	3365	00:40:38	Frank Kilama	Blackheath & Bromley Harriers
115	3594	00:40:47	Tom Bell	OWLS AC
116	3385	00:40:49	Rob Whitham	Bristol & West AC
117	3417	00:40:51	James Teuten	City of Portsmouth AC
118	3448	00:40:53	Luke Nicholas	Ealing Southall & Middlesex AC
119	3399	00:40:59	Scott Baxter	Charnwood AC
120	3571	00:41:10	Anthony Pinol	Medway & Maidstone AC
121	3565	00:41:13	Luke Marshall	Mansfield Harriers & AC
122	3681	00:41:20	Mohamud Aadan (F)	Thames Valley Harriers
123	3329	00:41:23	Daniel Francis	Basingstoke & Mid Hants AC
124	3633	00:41:27	Rob Jowett	Sale Harriers Manchester
125	3451	00:41:29	David Barratt	East Cheshire Harriers & Tameside AC
126	3339	00:41:40	Sam Wallbank	Bedford & County AC
127	3305	00:41:45	Tom Bowerman	Aldershot Farnham & District AC
128	3431	00:41:48	Jamie Rutherford	Darlington Harriers
129	3463	00:41:50	Alex Byrne	Epsom & Ewell Harriers
130	3429	00:41:52	Lenny Shail	Coventry Godiva Harriers
131	3507	00:42:02	Daniel Palmer	Ipswich Harriers
132	3458	00:42:08	Alex Milne	Enfield & Haringey AC
133	3562	00:42:11	Liam Bartlett	Manchester Harriers & AC
134	3387	00:42:12	Simon Lawckham	Bromsgrove & Redditch AC
135	3690	00:42:15	James Darby	Tonbridge AC
136	3494	00:42:26	Alex Robinson	Hercules Wimbledon AC
137	3748	00:42:34	Rory Johnson	Worcester AC
138	3406	00:42:44	Will New	Cheltenham & County Harriers
139	3525	00:42:54	Jamie Langley	Leamington Cycling & AC
140	3563	00:42:59	Chris Brown	Mansfield Harriers & AC
141	3405	00:43:10	George Livingstone-Thompson	Cheltenham & County Harriers
142	3540	00:43:15	Beren Cross	Lincoln Wellington AC
143	3552	00:43:20	Harry Boyd	Liverpool Pembroke & Sefton H & AC
144	3694	00:43:21	Jon Undy	Tonbridge AC
145	3466	00:43:24	Jamie King	Epsom & Ewell Harriers
146	3375	00:43:27	Adam Hillless	Bourne Town Harriers
147	3517	00:43:38	Theo Hadlow	Kent AC
148	3465	00:43:44	Alex Jackson	Epsom & Ewell Harriers
149	3610	00:43:58	Alan Metcalfe	Poole AC
150	3602	00:44:01	Jason Burke	Peterborough AC
151	3663	00:44:06	Matt Melia	Sphinx AC
152	3320	00:44:18	Richard Daggar	Ashford AC
153	3446	00:44:30	Chris Hepworth	Ealing Southall & Middlesex AC
154	3730	00:44:37	Cameron Smart	Windsor Slough Eton & Hounslow AC
155	3512	00:44:37	Tom Taylor	Ipswich Harriers
156	3301	00:44:38	Alex Hamilton	Abingdon AAC

Junior Men

Pos	RaceNo	Time	Name	Club
157	3539	00:45:01	Ashley Williams	Lewes AC
158	3636	00:45:07	Lee Whitley	Sale Harriers Manchester
159	3665	00:45:08	Steven Clague	St.Helens Sutton AC
160	3443	00:46:00	Evan Erskine-Thomas	Dorking & Mole Valley AC
161	3509	00:46:03	Jonny Palmer	Ipswich Harriers
162	3302	00:46:05	Daniel Hamilton	Abingdon AAC
163	3604	00:46:28	Peter Davies	Peterborough AC
164	3450	00:46:29	Martin Shelley	Ealing Southall & Middlesex AC
165	3521	00:47:03	Tom Warr	Kent AC
166	3613	00:47:34	James Whittle	Poole AC
167	3453	00:48:28	Andrew Hartshorne	East Cheshire Harriers & Tameside AC
168	3621	00:50:39	Jacob Batchelor	Reading AC
169	3607	00:51:17	Nathanael Epton	Poole AC
170	3664	00:51:24	Andrew Tuppen	St.Albans AC
171	3395	00:51:58	Jamie Graham	Cannock & Stafford AC
172	3353	00:52:45	Jack Frankham	Birchfield Harriers
173	3441	00:54:32	Philip Whitehouse	Derby AC

Pos	Points	Team Name	Placings
1	61	City of Norwich AC	(6 8 22 25)
2	87	Leeds City AC	(5 20 30 32)
3	107	Winchester & District AC	(4 23 38 42)
4	114	Aldershot Farnham & District AC	(15 28 34 37)
5	118	Woodford Green AC with Essex Ladies	(3 19 26 70)
6	161	Shaftesbury Barnet Harriers	(12 16 66 67)
7	187	Bristol & West AC	(31 33 39 84)
8	219	Enfield & Haringey AC	(9 18 60 132)
9	258	Bedford & County AC	(17 73 81 87)
10	311	OWLS AC	(45 71 80 115)
11	404	Tonbridge AC	(65 92 112 135)
12	496	Ipswich Harriers	(49 131 155 161)
13	504	Epsom & Ewell Harriers	(82 129 145 148)
14	528	Ealing Southall & Middlesex AC	(93 118 153 164)

Senior Women

Pos	RaceNo	Time	Name	Club
1	4885	00:29:34	Hatti Dean	Hallamshire Harriers Sheffield
2	5052	00:29:46	Sara Tunstall	Kendal AAC
3	5338	00:30:00	Sonia Samuels	Sale Harriers Manchester
4	4704	00:30:07	Jane Potter	Charnwood AC
5	4934	00:30:27	L Deadman	Havering Mayesbrook AC
6	5248	00:30:35	Michelle Sikes	Oxford University Cross Country Club
7	4764	00:30:36	Justina Heslop	Clapham Chasers
8	5776	00:30:46	Katherine Sparke	Woodford Green AC with Essex Ladies
9	4567	00:30:52	Nicola Sykes	Bedford & County AC
10	4755	00:30:56	Olivia Walwyn	City of Norwich AC
11	4598	00:31:01	Victoria Wilkinson	Bingley Harriers & AC
12	5049	00:31:05	Gemma Miles	Kendal AAC
13	4707	00:31:10	Hannah Whitemore	Charnwood AC
14	5051	00:31:15	Rebecca Robinson	Kendal AAC
15	4693	00:31:18	Juliet Doyle	Charnwood AC
16	5546	00:31:23	Claire Martin	Telford AC
17	4705	00:31:28	Gemma Steel	Charnwood AC
18	4597	00:31:36	Mary Wilkinson	Bingley Harriers & AC
19	4761	00:31:38	Becky Penty	City of York AC
20	4700	00:31:39	Sarah Maude	Charnwood AC
21	4557	00:31:43	Stacey Ward	Basildon AC
22	4654	00:31:52	Steph Barnes	Bristol & West AC
23	5348	00:31:54	Tessa Walker	Salford Harriers
24	4608	00:31:56	Debbie Walters	Birchfield Harriers
25	4940	00:31:57	Harriet Scott	Havering Mayesbrook AC
26	4656	00:32:00	Amy Chalk	Bristol & West AC
27	4754	00:32:05	Ruth Senior	City of Norwich AC
28	4892	00:32:17	Julia Russell	Hallamshire Harriers Sheffield
29	5229	00:32:19	Nikki De La Salle	Notts AC
30	4863	00:32:23	Mary Ferrier	Gateshead Harriers & AC
31	4697	00:32:25	Tara Krzywicki	Charnwood AC
32	4983	00:32:30	Svenja Abel	Highgate Harriers
33	4660	00:32:39	Kate Goodhead	Bristol & West AC
34	4653	00:32:42	Imogen Ainsworth	Bristol & West AC
35	5765	00:32:46	Linda Jackson	Woodford Green AC with Essex Ladies
36	4661	00:32:48	Claire Hallssey	Bristol & West AC
37	4519	00:33:03	Sarah Rollins	Aldershot Farnham & District AC
38	5729	00:33:05	Jo Kelsey	Winchester & District AC
39	4629	00:33:11	Caroline Betmead	Blackpool Wyre & Fylde AC
40	5727	00:33:13	Karen Hazlitt	Winchester & District AC
41	4577	00:33:16	Sarah Murphy	Belgrave Harriers
42	5581	00:33:17	Jo Ritson	Tipton Harriers
43	5468	00:33:18	Amanda Crook	Southport Waterloo AC
44	4615	00:33:22	Jennie Butler	Blackheath & Bromley Harriers
45	4731	00:33:24	Kathryn Foley	Chester-Le-Street & District AC
46	5093	00:33:27	Harriet Canter	Lincoln Wellington AC
47	4768	00:33:31	Margaret Dersy	Colchester & Tendring AC
48	5081	00:33:36	Emily Klee	Leeds City AC
49	5631	00:33:40	Jo Singer	Victoria Park H. & Tower Hamlets AC
50	4907	00:33:40	Sarah Haines	Harborough AC
51	4962	00:33:45	Karen Ellison	Herne Hill Harriers
52	4665	00:33:45	Suzanne Richards	Bristol & West AC

Senior Women

Pos	RaceNo	Time	Name	Club
53	5761	00:33:48	Audrey Wilson	Wolverhampton & Bilston AC
54	4895	00:33:52	Liz Such	Hallamshire Harriers Sheffield
55	4809	00:33:52	Pippa Whitehouse	Dorking & Mole Valley AC
56	5650	00:33:53	Louisa Tanner	Warrington AC
57	5309	00:33:54	Jenny Blizard	Rotherham Harriers & AC
58	4939	00:33:57	Robyn Matson	Havering Mayesbrook AC
59	4891	00:34:01	Claire Robson	Hallamshire Harriers Sheffield
60	5555	00:34:02	Lisa Da Silva	Thames Valley Harriers
61	5004	00:34:05	Helen Berry	Holmfirth Harriers AC
62	4593	00:34:12	Jo Buckley	Bingley Harriers & AC
63	4659	00:34:15	Helen Fines	Bristol & West AC
64	4771	00:34:18	Danielle Tatum	Colchester & Tendring AC
65	5331	00:34:19	Rachel Deegan	Sale Harriers Manchester
66	5362	00:34:20	Jane Fanning	Serpentine RC
67	4544	00:34:20	Joanne Kent	Barnet & District AC
68	5590	00:34:21	Helen Dkye	Torbay AC
69	4779	00:34:28	Rachel Buxton	Coventry Godiva Harriers
70	5542	00:34:28	Ceri Mitchell	Team Southampton
71	5670	00:34:31	Robyn Golding	Westbury Harriers
72	5777	00:34:34	Lauren Stewart	Woodford Green AC with Essex Ladies
73	5391	00:34:34	Philippa Auckett	Shaftesbury Barnet Harriers
74	4981	00:34:35	Elizabeth Brathwaite	Herts Phoenix AC
75	5486	00:34:36	Lucy Waterlow	St.Albans Striders
76	5289	00:34:37	Louise Bardsley	Reading AC
77	5114	00:34:37	Sarah Swinhoe	London Heathside
78	4694	00:34:42	Bev Gray	Charnwood AC
79	5669	00:34:44	Catherine Dulla	Westbury Harriers
80	5371	00:34:45	Jenny Lundgren	Serpentine RC
81	4609	00:34:46	Sophie Williams	Birchfield Harriers
82	5247	00:34:46	Emily Rockett	Oxford University Cross Country Club
83	5451	00:34:47	Nicci Blandford	Southampton RC
84	5706	00:34:48	Ruth Clifton	Wimbledon Windmilers
85	5346	00:34:49	Estelle Malm	Salford Harriers
86	5519	00:34:51	Louise Durman	Stroud & District AC
87	5147	00:34:53	Lara Bromilow	Marshall Milton Keynes AC
88	4993	00:34:59	Anna McCutcheon	Highgate Harriers
89	4889	00:35:00	Chaanah Patton	Hallamshire Harriers Sheffield
90	5585	00:35:01	Kate Williams	Tipton Harriers
91	5076	00:35:03	Claire Duck	Leeds City AC
92	4508	00:35:03	Beth Andrew	Aldershot Farnham & District AC
93	5396	00:35:04	Emily Ferenczi	Shaftesbury Barnet Harriers
94	5151	00:35:05	Carly Scott	Marshall Milton Keynes AC
95	4953	00:35:08	Claire Grima	Hercules Wimbledon AC
96	5595	00:35:10	Julia Leventon	Trafford AC
97	5105	00:35:11	Kirsty Longley	Liverpool Pembroke & Sefton H & AC
98	5249	00:35:12	Phoebe Williams	Oxford University Cross Country Club
99	5499	00:35:12	Jenny Knass	Stockport Harriers & AC
100	5485	00:35:13	Deborah Steer	St.Albans Striders
101	4558	00:35:17	Teresa Ward	Basildon AC
102	5743	00:35:18	Charlotte Firth	Windsor Slough Eton & Hounslow AC
103	5386	00:35:19	Liz Wynn	Serpentine RC
104	5165	00:35:22	Katherine Reeves	Metropolitan Police AC

Senior Women

Pos	RaceNo	Time	Name	Club
105	5580	00:35:24	Aimie Fithern	Tipton Harriers
106	5543	00:35:28	Helen Zenner	Team Southampton
107	5234	00:35:30	Eleanor Greenfield	Nuneaton Harriers AC
108	5764	00:35:31	Katherine Gundersen	Woodford Green AC with Essex Ladies
109	5387	00:35:32	Jo Fletcher	Severn AC
110	4746	00:35:35	Nicola Alford	City of Norwich AC
111	4819	00:35:36	Alison Hopkins	Ealing Southall & Middlesex AC
112	4945	00:35:38	Laura Kyte	Headington RR
113	4821	00:35:44	Fiona Kennedy	Ealing Southall & Middlesex AC
114	5668	00:35:48	Emma D'Alton	Westbury Harriers
115	5287	00:35:52	Marie Synnott Wells	Ranelagh Harriers
116	4802	00:35:57	Helen Bridle	Dorking & Mole Valley AC
117	4867	00:35:59	Kim Simpson	Gateshead Harriers & AC
118	5752	00:36:05	Anabel Levene	Woking AC
119	5675	00:36:06	Sophie Voller	Westbury Harriers
120	4658	00:36:08	Sian Davies	Bristol & West AC
121	4575	00:36:10	Mathilde Heaton	Belgrave Harriers
122	4896	00:36:11	Kathy Van Hee	Hallamshire Harriers Sheffield
123	5794	00:36:12	Caroline Warrington	York Knavesmire Harriers
124	5126	00:36:12	Claire Donald	Maidenhead AC
125	4970	00:36:12	Rosalind Keiran	Herne Hill Harriers
126	5125	00:36:13	Janine Stones	Mablethorpe RC
127	4868	00:36:13	Jess Trowbridge	Gateshead Harriers & AC
128	5496	00:36:14	Carly Davies	Stockport Harriers & AC
129	4650	00:36:15	Fiona Powell	Brighton & Hove City AC
130	4930	00:36:16	Amy Whittle	Hastings AC
131	5487	00:36:17	Gemma Connolly	St.Helens Sutton AC
132	4941	00:36:17	Vicky Smith	Havering Mayesbrook AC
133	4988	00:36:20	Esther Evans	Highgate Harriers
134	4828	00:36:21	Stella Boam	East Cheshire Harriers & Tameside AC
135	5206	00:36:22	Lucy Kelvey	Newquay & Par AC
136	4696	00:36:24	Laura Johnson	Charnwood AC
137	5252	00:36:26	Liz Durman	Phoenix AC
138	5399	00:36:27	Anne Ridley	Shaftesbury Barnet Harriers
139	5607	00:36:27	Adela Salt	Trentham RC
140	5272	00:36:31	Estelle Damant	Ranelagh Harriers
141	5143	00:36:35	Gail Griffiths	Manx Harriers
142	4859	00:36:40	Martha Hall	Garden City Runners
143	4576	00:36:42	Anne Hegvold	Belgrave Harriers
144	4756	00:36:43	Clare Booker	City of Stoke AC
145	5107	00:36:48	Andrea Devine	London Heathside
146	5450	00:36:50	Beckie Woodland	South London Harriers
147	4955	00:36:51	Zoe Pike	Hercules Wimbledon AC
148	4812	00:36:53	Teresa De Gaillard	Dulwich Runners AC
149	4950	00:36:54	Joanna Zoppi	Heaton Harriers
150	4887	00:36:56	Rachael Elder	Hallamshire Harriers Sheffield
151	5537	00:36:56	Rebecca Pierce	Team Bath AC
152	4985	00:37:01	Natasha Cendrowicz	Highgate Harriers
153	5162	00:37:03	Sharon McHugh	Metropolitan Police AC
154	4762	00:37:04	Emma Willits	City of York AC
155	5392	00:37:06	Maggie Cooper	Shaftesbury Barnet Harriers
156	4795	00:37:11	Cara Oliver	Dartford Harriers AC

Senior Women

Pos	RaceNo	Time	Name	Club
157	5730	00:37:12	Claire Knapton	Winchester & District AC
158	5744	00:37:13	Paula Fudge	Windsor Slough Eton & Hounslow AC
159	5583	00:37:14	Cath Veysey	Tipton Harriers
160	5766	00:37:15	Diana Kennedy	Woodford Green AC with Essex Ladies
161	5531	00:37:17	Francesca Meakin	Sutton in Ashfield Harriers & AC
162	5262	00:37:19	Sarah Chaloner	Poole AC
163	4596	00:37:21	Bev Whitfield	Bingley Harriers & AC
164	4602	00:37:22	Naomi Eaton	Birchfield Harriers
165	5075	00:37:23	Celia De Maria	Leeds City AC
166	5318	00:37:24	Alison Cooper	Rugby & Northampton AC
167	5292	00:37:27	Lucy Daniels	Reading AC
168	4944	00:37:28	Frances Burge	Headington RR
169	5680	00:37:29	Tamara Hird	Wharfedale Harriers
170	4978	00:37:29	Helen Sharp	Herne Hill Harriers
171	5475	00:37:29	Kathryn Stuart	Sphinx AC
172	5299	00:37:32	Ali Brown	Reigate Priory AC
173	5122	00:37:34	Claire Bassill	Luton AC
174	4667	00:37:39	Alexia Trafford	Bristol & West AC
175	5710	00:37:40	Denise Harris	Wimbledon Windmilers
176	4715	00:37:42	Rebecca Luxton	Chelmsford AC
177	4913	00:37:43	Aleksandra Burlinson	Hardley Runners
178	4657	00:37:45	Clare Louise Conway	Bristol & West AC
179	5481	00:37:46	Gill Jubb	St.Albans Striders
180	4995	00:37:47	Jenny Turner	Highgate Harriers
181	5150	00:37:51	Lauren Licietis	Marshall Milton Keynes AC
182	4546	00:37:53	Katherine March	Barnet & District AC
183	5200	00:37:53	Rachel McCuaig	Newark AC
184	5381	00:37:54	Tanya Shaw	Serpentine RC
185	4984	00:37:56	Sarah Bailey	Highgate Harriers
186	5626	00:37:56	Emily Mosedale	Victoria Park H. & Tower Hamlets AC
187	4759	00:37:57	Helen Garnham	City of York AC
188	4638	00:37:59	Linda Howell	Bournville Harriers
189	5104	00:38:01	Elizabeth Egan	Liverpool Harriers & AC
190	5131	00:38:02	Hayley Kuter	Manchester YMCA Harriers
191	4523	00:38:04	Sandra Lewis	Altrincham & District AC
192	5742	00:38:06	Yolanda Edwards	Windsor Slough Eton & Hounslow AC
193	4618	00:38:06	Sarah Dowling	Blackheath & Bromley Harriers
194	5634	00:38:07	Miranda Adcock	Victory AC
195	5508	00:38:08	Louise Peters	Stopsley Striders
196	4823	00:38:10	Gillian Morgan	Ealing Southall & Middlesex AC
197	4875	00:38:10	Fiona Love	Guildford & Godalming AC
198	4811	00:38:10	Ola Balme	Dulwich Runners AC
199	5246	00:38:10	Maggie Reynolds	Oxford University Cross Country Club
200	4635	00:38:10	Kathryn Abbott	Bournville Harriers
201	5767	00:38:11	Rachel Lund	Woodford Green AC with Essex Ladies
202	4542	00:38:12	Nicola Froud	Barnet & District AC
203	5149	00:38:12	Sophie Gibbens	Marshall Milton Keynes AC
204	5127	00:38:12	Stephanie James	Maidenhead AC
205	5720	00:38:15	Sarah Yates	Wimbledon Windmilers
206	5375	00:38:16	Ella Palmer	Serpentine RC
207	5488	00:38:20	Tracey Patmore	Riverside Runners (St.Neots)
208	5653	00:38:25	Agnieszka Pieczka	Watford Harriers

Senior Women

Pos	RaceNo	Time	Name	Club
209	4637	00:38:25	Marianne Hensman	Bournville Harriers
210	4512	00:38:26	Val Clews	Aldershot Farnham & District AC
211	5028	00:38:28	Alison Bennett	Ilkley Harriers
212	5602	00:38:29	Laurey Rankin	Trent Park RC
213	5454	00:38:33	Hannah Coombs	Southampton RC
214	4753	00:38:34	Kelly Rushton	City of Norwich AC
215	4807	00:38:35	Miranda Oberman	Dorking & Mole Valley AC
216	5514	00:38:35	Emma Bexson	Stratford upon Avon AC
217	5266	00:38:35	Emma Essex Crosby	Preston Harriers
218	4561	00:38:35	Linda Plant	Basingstoke & Mid Hants AC
219	5476	00:38:37	Tracy Alexandrou	Springfield Striders
220	5233	00:38:38	Lisa Morris	Notts AC
221	5035	00:38:39	Sharon Hawkins	Invicta East Kent AC
222	5482	00:38:40	Belinda Pullan	St.Albans Striders
223	5477	00:38:43	Sarah Colbert	Springfield Striders
224	5582	00:38:45	Michelle Stephens	Tipton Harriers
225	4796	00:38:46	Ruth Ward	Dartford Harriers AC
226	5608	00:38:54	Debbie Thomas	Trentham RC
227	5463	00:38:55	Sarah Jeffery	Southend AC
228	5759	00:38:55	Vicki Ornsby	Wolverhampton & Bilston AC
229	4766	00:38:56	Becky Adams	Colchester & Tendring AC
230	5772	00:38:57	Maggie Powell	Woodford Green AC with Essex Ladies
231	5667	00:38:57	Tamsin Chick	Westbury Harriers
232	4563	00:39:04	Helen Frizzell	Bedford & County AC
233	5326	00:39:05	Louise Thompson	Rugby & Northampton AC
234	4845	00:39:07	Zoe Woodward	Eton Manor AC
235	5525	00:39:08	Penny Forse	Stubbington Green Runners & AC
236	4957	00:39:08	Estle Viljoen	Hercules Wimbledon AC
237	5096	00:39:09	Sarah Kimpton	Lincoln Wellington AC
238	5193	00:39:10	Emma Lord	Nene Valley Harriers
239	5382	00:39:11	Catkin Shelley	Serpentine RC
240	5294	00:39:13	Rachel Phillips	Reading AC
241	5368	00:39:15	Grace Kimble	Serpentine RC
242	5092	00:39:17	Susy Ardron	Lincoln Wellington AC
243	4808	00:39:18	Louise Tonascu	Dorking & Mole Valley AC
244	5693	00:39:18	Rie Hool	Wilmslow RC
245	5010	00:39:18	Julia Johnson	Holmfirth Harriers AC
246	5535	00:39:19	Zina Marchant	Team Bath AC
247	5325	00:39:21	Madeleine Smith	Rugby & Northampton AC
248	5459	00:39:22	Jo Bradford	Southend AC
249	4625	00:39:28	Kate Pratten	Blackheath & Bromley Harriers
250	5470	00:39:30	Sian Evans	Sparkhill Harriers
251	5267	00:39:32	Marian Hesketh	Preston Harriers
252	4825	00:39:34	Patricia Thomas	Ealing Southall & Middlesex AC
253	4559	00:39:36	Charmaine Wheeler	Basildon AC
254	5306	00:39:38	Anna Blomfield	Rochdale Harriers & AC
255	4692	00:39:39	Jenni Van Deelen	Canterbury Harriers
256	5319	00:39:46	Angela Copson	Rugby & Northampton AC
257	4763	00:39:47	Karen Wood	City of York AC
258	5007	00:39:52	Lesley Ewart	Holmfirth Harriers AC
259	5232	00:39:53	Julie Lambourne	Notts AC
260	5702	00:39:54	Kate Sutton	Wilmslow RC

Senior Women

Pos	RaceNo	Time	Name	Club
261	5275	00:39:55	Liz Kipling	Ranelagh Harriers
262	5117	00:39:58	Jackie Wastell	London Heathside
263	5222	00:40:01	Penny Edwards	Norwich RR
264	5183	00:40:03	Gwenda Cavill	Morpeth Harriers & AC
265	5038	00:40:04	Victoria Talbot Rosner	Invicta East Kent AC
266	5056	00:40:04	Rebecca Hall	Kettering Town Harriers
267	4612	00:40:09	Jane Hodgkinson	Blackburn Harriers
268	4541	00:40:10	Karen Bradley	Barnet & District AC
269	5212	00:40:11	Natasha Pitman	North Herts Road Running
270	5606	00:40:11	Kiri Johnson	Trentham RC
271	5587	00:40:13	Pippa Blackstone	Tonbridge AC
272	5026	00:40:17	Bree Nordin	Iford AC
273	5177	00:40:18	Maki Kimura	Mornington Chasers RC
274	5080	00:40:19	Sorrel Hoare	Leeds City AC
275	4946	00:40:23	Hendriette Thorn	Headington RR
276	5084	00:40:24	Veronique Marot	Leeds City AC
277	5412	00:40:25	Linda Lytollis	Silson Joggers AC
278	5158	00:40:26	Sarah Green	Metropolitan Police AC
279	5290	00:40:27	Nicky Cooke	Reading AC
280	4505	00:40:28	Maggie Stacey	26.2 RRC
281	5045	00:40:30	Angela Hames	Istead & Ifield Harriers
282	5356	00:40:31	Katie Crowe	Serpentine RC
283	5302	00:40:31	Fiona Hughes	Richmond & Zetland Harriers
284	4886	00:40:31	Jennifer Dick	Hallamshire Harriers Sheffield
285	5048	00:40:33	Rebecca Cronshaw	Kendal AAC
286	5230	00:40:33	Michelle Hooton	Notts AC
287	5124	00:40:37	Jo Winfield	Luton AC
288	5224	00:40:40	Elies Mann	Norwich RR
289	4929	00:40:42	Isobel Peters	Haslemere Border AC
290	5283	00:40:47	Carola Richter	Ranelagh Harriers
291	5276	00:40:47	Sarah Lintern	Ranelagh Harriers
292	4750	00:40:50	Esther Hope	City of Norwich AC
293	5197	00:40:52	Ann Kitchen	Newark AC
294	5330	00:40:53	Jackie Cordingley	Sale Harriers Manchester
295	5358	00:40:53	Laura Denison	Serpentine RC
296	5235	00:40:54	Simone Wilson	Nuneaton Harriers AC
297	5411	00:40:54	Heather Cooke	Silson Joggers AC
298	5751	00:40:54	Jeanette Fox	Wirral AC
299	5041	00:40:56	Sharon McNally	Isle of Wight AC
300	5455	00:40:58	Sally Diaper	Southampton RC
301	5108	00:41:01	Fiona Holland	London Heathside
302	5033	00:41:05	Charlotte Cooper	Invicta East Kent AC
303	5291	00:41:06	Andrea Curson	Reading AC
304	5311	00:41:10	Janet Hindley	Rotherham Harriers & AC
305	4992	00:41:12	Fiona Maguire	Highgate Harriers
306	5159	00:41:13	Karen Horswood	Metropolitan Police AC
307	4551	00:41:16	Grace Brown	Basildon AC
308	5118	00:41:17	Jackie Watt	London Heathside
309	5148	00:41:18	Lauren Cripps	Marshall Milton Keynes AC
310	5380	00:41:18	Pam Rutherford	Serpentine RC
311	5044	00:41:22	Lynne Champion	Istead & Ifield Harriers
312	4951	00:41:23	Tamsin Cargill	Hercules Wimbledon AC

Senior Women

Pos	RaceNo	Time	Name	Club
313	5111	00:41:24	Karen Levene	London Heathside
314	5672	00:41:25	Siana Jones	Westbury Harriers
315	5196	00:41:27	Kate Else	Newark AC
316	5155	00:41:27	Louisa Brana	Metropolitan Police AC
317	5128	00:41:29	Ade Aboaba	Manchester YMCA Harriers
318	5511	00:41:30	Joan Clarke	Stourbridge RC
319	5374	00:41:32	Angharad Palin	Serpentine RC
320	5598	00:41:34	Sally Woolhouse	Trafford AC
321	5484	00:41:35	Katharine Stanbridge	St.Albans Striders
322	5307	00:41:36	Josefa Terim	Rochdale Harriers & AC
323	5545	00:41:39	Sian Davies	Telford AC
324	5369	00:41:40	Sarah Knox	Serpentine RC
325	5655	00:41:42	Jackie Drew	Watford Joggers
326	5271	00:41:42	Kate Brooks	Ranelagh Harriers
327	5421	00:41:45	Caroline Scott	Sinfin RC
328	4837	00:41:46	Vanda Caulfield	Epsom & Ewell Harriers
329	5562	00:41:47	Hilary Hilhouse	The Stragglers
330	4857	00:41:49	Fiona Turner	Forest of Dean AC
331	5328	00:41:50	Helen Armitage	Sale Harriers Manchester
332	5020	00:41:50	Dianne Crisp	Ilford AC
333	5483	00:41:52	Georgie Ripper	St.Albans Striders
334	5726	00:41:56	Alison Fenwick	Winchester & District AC
335	5619	00:41:57	June Barrow Green	Victoria Park H. & Tower Hamlets AC
336	5018	00:41:58	Eloise Lee	Horsham Blue Star Harriers
337	5594	00:42:00	Rosie Fearon	Trafford AC
338	4959	00:42:05	Rebecca Barrow	Herne Hill Harriers
339	5264	00:42:07	Jane Neal	Poole AC
340	5009	00:42:07	Barbara Hinchliffe	Holmfirth Harriers AC
341	4798	00:42:09	Stephanie Wood	Dartford Harriers AC
342	5210	00:42:14	Michelle Moran	North East Veterans AC
343	4818	00:42:21	Nicola Baker	Ealing Southall & Middlesex AC
344	4937	00:42:24	Jane Hallam	Havering Mayesbrook AC
345	5736	00:42:26	Madeline Vosser	Winchester & District AC
346	5378	00:42:26	Melanie Pryke	Serpentine RC
347	5528	00:42:28	Margie Pritchard	Stubbington Green Runners & AC
348	5373	00:42:33	Valerie Metcalf	Serpentine RC
349	4622	00:42:33	Carolyna Jones Baldock	Blackheath & Bromley Harriers
350	4639	00:42:34	Laura Leslie	Bournville Harriers
351	5558	00:42:35	Cathy Davis	The Stragglers
352	5591	00:42:39	Melissa Davis	Trafford AC
353	4769	00:42:39	Leurie Douglas	Colchester & Tendring AC
354	5656	00:42:39	Katerina Prior	Wells City Harriers
355	4570	00:42:41	Jennifer Beecroft	Belgrave Harriers
356	5032	00:42:47	Lisa Clayton	Invicta East Kent AC
357	4780	00:42:49	Christa James	Coventry Godiva Harriers
358	4504	00:42:50	Heather Mackay	26.2 RRC
359	4562	00:42:54	Emma Coombes	Bedford & County AC
360	4631	00:42:56	Helen Morris	Blyth RC
361	5047	00:42:57	Sally Whitelaw	Istead & Ifield Harriers
362	4860	00:43:00	Andrea Mann	Garden City Runners
363	4774	00:43:00	Lorraine Kent	Corby AC
364	5036	00:43:04	Janice Moorekite	Invicta East Kent AC

Senior Women

Pos	RaceNo	Time	Name	Club
365	5599	00:43:08	Kathyn Berry	Trent Park RC
366	4881	00:43:12	Sam Morton	Halesowen AC
367	5138	00:43:15	Amanda Hardy	Mansfield Harriers & AC
368	4883	00:43:18	Clare Baker	Hallamshire Harriers Sheffield
369	4820	00:43:19	Carol Jones	Ealing Southall & Middlesex AC
370	5734	00:43:21	Joy Radford	Winchester & District AC
371	5029	00:43:25	Diane Kitchen	Ilkley Harriers
372	5022	00:43:29	Nicola Hopkinson	Iford AC
373	5563	00:43:31	Jo Kilkenny	The Stragglers
374	5320	00:43:33	Sharon Fearn	Rugby & Northampton AC
375	5043	00:43:35	Alison Bell	Istead & Ifield Harriers
376	5437	00:43:37	Pam Iannella	South London Harriers
377	4947	00:43:40	Helen Turley	Headington RR
378	5517	00:43:46	Lynn Sherren	Stratford upon Avon AC
379	5620	00:43:50	Elaine Battson	Victoria Park H. & Tower Hamlets AC
380	5115	00:43:51	Barbara Tomaszczyk	London Heathside
381	4797	00:43:55	Suzi Wiltshire	Dartford Harriers AC
382	5559	00:43:58	Julie Garner	The Stragglers
383	5057	00:44:03	Nicky Atkins	Kingston AC & Polytechnic Harriers
384	5370	00:44:09	Poppy Lenton	Serpentine RC
385	4524	00:44:10	Jane Poole	Amber Valley AC
386	4776	00:44:11	Trudi Pike	Corby AC
387	5039	00:44:14	Brianna Zoll	Invicta East Kent AC
388	5323	00:44:20	Kate Lundy	Rugby & Northampton AC
389	5340	00:44:23	Joanne Street	Sale Harriers Manchester
390	4899	00:44:24	Wendy Carter	Halstead RR
391	5509	00:44:25	Alison Sugars	Stopsley Striders
392	5781	00:44:28	Lucy Wilson	Woodford Green AC with Essex Ladies
393	5588	00:44:28	Val Evans	Tonbridge AC
394	5134	00:44:29	Ann Brown	Mansfield Harriers & AC
395	5106	00:44:32	Susie Brighton	London Heathside
396	4669	00:44:33	Melanie Hepke	Bromsgrove & Redditch AC
397	5479	00:44:35	Elizabeth Turk	Springfield Striders
398	4862	00:44:41	Christine Baudouin	Gateshead Harriers & AC
399	5560	00:44:44	Chris Glew	The Stragglers
400	5410	00:44:51	Mel Bignell	Silson Joggers AC
401	4518	00:44:53	Ruth McLannan	Aldershot Farnham & District AC
402	5135	00:44:54	Claire Coombes	Mansfield Harriers & AC
403	5244	00:44:55	Lisa Sammons	Oxford City AC
404	5202	00:44:55	Holly Ward	Newark AC
405	5191	00:44:57	Louise Burton	Nene Valley Harriers
406	5785	00:44:59	Sally Valentine	Yaxley Runners & Joggers
407	4641	00:44:59	Sarah Deed	Boxfit Tri Club
408	5547	00:45:01	Grace Hough	Telford Harriers
409	5133	00:45:03	Sue Bellingham	Mansfield Harriers & AC
410	4640	00:45:03	Sarah Rock	Bournville Harriers
411	4963	00:45:10	Penelope Fixter	Herne Hill Harriers
412	4976	00:45:11	Fiona Pierce	Herne Hill Harriers
413	4986	00:45:13	Sarah Chapman	Highgate Harriers
414	4646	00:45:16	Gill Cammack	Brighton & Hove City AC
415	5784	00:45:19	Claire Piercy	Yaxley Runners & Joggers
416	5161	00:45:23	Samantha Johnston	Metropolitan Police AC

Senior Women

Pos	RaceNo	Time	Name	Club
417	5489	00:45:27	Lydia Atkins	Stafford Harriers
418	5697	00:45:27	Catriona Marshall	Wilmslow RC
419	5176	00:45:31	Nicola Heron	Mornington Chasers RC
420	5544	00:45:33	Liza Blagden	Telford AC
421	5529	00:45:34	Georgie Wallis	Stubbington Green Runners & AC
422	5173	00:45:36	Faye Coddington	Mornington Chasers RC
423	5498	00:45:37	Marie Kay	Stockport Harriers & AC
424	4636	00:45:38	Helen Foot	Bournville Harriers
425	4858	00:45:38	Joy Allen	Garden City Runners
426	5408	00:45:43	Natalie Owens	Shildon R & AC
427	5601	00:45:45	Catherine Jackson	Trent Park RC
428	4674	00:45:47	Mika Butler	Burton AC
429	5447	00:45:48	Zoe Simek	South London Harriers
430	5113	00:45:50	Jayne Sales	London Heathside
431	5324	00:45:52	Ann Rollings	Rugby & Northampton AC
432	5223	00:45:56	Anne Hulse	Norwich RR
433	5567	00:45:56	Ingrid Wagner	The Stragglers
434	4855	00:46:01	Lynne Park	Forest of Dean AC
435	5129	00:46:04	Miranda Clarke	Manchester YMCA Harriers
436	4686	00:46:05	Jo Winn Smith	Cambridge Harriers
437	5467	00:46:05	Anna Ockendon	Southend AC
438	5160	00:46:10	Sarah James	Metropolitan Police AC
439	5471	00:46:11	Manisha Parmar	Sparkhill Harriers
440	5427	00:46:15	Su Bottle	South London Harriers
441	4684	00:46:15	Lucy Oliver Welch	Cambridge Harriers
442	5364	00:46:15	Jane Harris	Serpentine RC
443	5190	00:46:18	Sarah Bertly	Nene Valley Harriers
444	5166	00:46:19	Jacqui Reid	Metropolitan Police AC
445	5327	00:46:23	Kate Williams	Rugby & Northampton AC
446	5204	00:46:29	Debbie Shepherd	Newham & Essex Beagles
447	5269	00:46:30	Kirsty Bangham	Ranelagh Harriers
448	5632	00:46:34	Louise Vasher	Victoria Park H. & Tower Hamlets AC
449	5352	00:46:43	Joanne Gentry	Saltwell Harriers
450	5013	00:46:46	Nathaitia Pineau	Holmfirth Harriers AC
451	4846	00:46:48	Yvonne Goodsell	Eye Community Runners
452	4736	00:46:53	Janet Taylor	Chester Triathlon Club
453	4649	00:46:59	Isobel Muir	Brighton & Hove City AC
454	5313	00:47:02	Gill Taylor	Rotherham Harriers & AC
455	5556	00:47:05	Lynda Chase	The Stragglers
456	4758	00:47:10	Jo Ellerton	City of York AC
457	4854	00:47:11	Vicki Morgan	Forest of Dean AC
458	5457	00:47:12	Sue Read	Southampton RC
459	5651	00:47:16	Nicoleta Economu	Watford Harriers
460	5780	00:47:17	Alex Wardle	Woodford Green AC with Essex Ladies
461	5527	00:47:23	Lucy May	Stubbington Green Runners & AC
462	4772	00:47:26	Diane Wooler	Colchester & Tendring AC
463	4958	00:47:31	Sarah Allen	Herne Hill Harriers
464	5098	00:47:37	Jackie Barker	Lingfield RC
465	4900	00:47:37	Lorraine Garnham	Halstead RR
466	5690	00:47:39	Katy Green	Wilmslow RC
467	4775	00:47:42	Cathy Oram	Corby AC
468	5175	00:47:43	Lucy Francis	Mornington Chasers RC

Senior Women

Pos	RaceNo	Time	Name	Club
469	5722	00:47:49	Lyn Hutchings	Wimborne AC
470	5042	00:47:52	Susan Beecham	Istead & Ifield Harriers
471	4714	00:47:56	Michelle Levene	Chelmsford AC
472	5102	00:48:03	Debbie Wilkes	Lingfield RC
473	5353	00:48:04	Lisa MacDonald	Saltwell Harriers
474	5478	00:48:14	Kerry Marsh	Springfield Striders
475	5357	00:48:16	Kiera Davidson	Serpentine RC
476	5566	00:48:19	Liz Souness	The Stragglers
477	5231	00:48:22	Wendy Kane	Notts AC
478	5557	00:48:24	Sue Cockle	The Stragglers
479	5023	00:48:27	Pam Jones	Iford AC
480	4501	00:48:35	Ann Bath	26.2 RRC
481	5359	00:48:43	Barbara Deuring	Serpentine RC
482	5021	00:48:45	Sally Gillam	Iford AC
483	4644	00:48:48	Barbara Bassett	Brighton & Hove City AC
484	4678	00:48:48	Diana Braverman	Cambridge & Coleridge AC
485	4903	00:49:01	Lianne Brooks	Harborough AC
486	5384	00:49:07	Wendy Vandoolae	Serpentine RC
487	4848	00:49:08	Sharon Crawley	Fairlands Valley Spartans
488	5758	00:49:12	Pam McEntee	Wolverhampton & Bilston AC
489	4502	00:49:24	Mandy Brown	26.2 RRC
490	4969	00:49:43	Debbie Jackson	Herne Hill Harriers
491	5757	00:49:45	Maureen Perkins	Wolds Veterans RC
492	5600	00:49:57	Jacqueline Hardwick	Trent Park RC
493	4810	00:50:09	Lindsey Annable	Dulwich Runners AC
494	4586	00:50:10	Breda Goss	Bexley AC
495	4878	00:50:17	Anna Cossimetti	Halesowen AC
496	5593	00:50:29	Sue Exon	Trafford AC
497	5416	00:50:42	Jo Crilly	Sinfin RC
498	4773	00:50:51	Tracy Craker	Corby AC
499	4582	00:51:00	Rose Sensecall	Belper Harriers
500	5265	00:51:03	Judith Deakin	Preston Harriers
501	5687	00:51:04	Nina Birch	Wilmslow RC
502	5604	00:51:06	Jo Summers	Trent Park RC
503	5027	00:51:08	Carol Sharratt	Ilkeston RC
504	5063	00:51:24	Carol Blower	Leamington Cycling & AC
505	5139	00:51:26	Louise Harrison	Mansfield Harriers & AC
506	5354	00:51:26	Helena Symmonds	Saltwell Harriers
507	5617	00:51:31	Carole Williams	Vale Royal AC
508	5642	00:51:34	Julie Barbat	Wallasey AC
509	5053	00:51:39	Pauline Dable	Kenilworth Runners
510	4877	00:51:49	Helena Bustin	Halesowen AC
511	5226	00:51:54	Pat Allen	Notts AC
512	5383	00:51:57	Stephanie Vaatz	Serpentine RC
513	5260	00:52:04	Teresa Flannigan	Pitsea RC
514	5059	00:52:08	Gabriela Ojeda	KPMG Running Club
515	5712	00:52:11	Angela Kikugawa	Wimbledon Windmilers
516	5003	00:52:18	Alwen Vervoorts	Holme Pierrepont RC
517	5660	00:52:19	Linda Rawlins	Werrington Joggers
518	5512	00:52:29	Natilie Dellar	Stourbridge RC
519	4850	00:52:37	Sarah O'Bryan	Fairlands Valley Spartans
520	5586	00:52:50	Tina Clarke	Tiptree Road Runners

Senior Women

Pos	RaceNo	Time	Name	Club
521	4651	00:52:51	Fiona Rowling	Brighton & Hove City AC
522	5243	00:52:56	Kath Robertshaw	Otley AC
523	4743	00:53:04	Fiona Calder	Chiltern Harriers AC
524	5211	00:53:56	Lindsay Cook	North Herts Road Running
525	4849	00:54:04	Nikki Nation	Fairlands Valley Spartans
526	4880	00:54:09	Kirsty Morgan	Halesowen AC
527	4642	00:54:11	Sandra Smyth	Boxfit Tri Club
528	5474	00:54:13	Jackie Stuart	Sphinx AC
529	5163	00:54:17	Sabrina Pacey	Metropolitan Police AC
530	4843	00:55:00	Teresa Persighetti	Eton Manor AC
531	5250	00:55:04	Faye Holden	Pendle AC
532	4503	00:55:07	Jacqueline Godfrey	26.2 RRC
533	5099	00:55:20	Teresa Donohue	Lingfield RC
534	5351	00:55:54	Denise Ford	Saltwell Harriers
535	5661	00:57:06	Tracey Walker	Werrington Joggers
536	5101	00:57:24	Bridget Hollis	Lingfield RC
537	5603	00:58:34	Christine Read	Trent Park RC
538	4588	00:58:44	Geraldine Legon	Bexley AC
539	5228	00:58:58	Laura Boulby	Notts AC
540	5625	00:59:15	Mel McClure	Victoria Park H. & Tower Hamlets AC
541	4879	00:59:16	Sonia Michael	Halesowen AC
542	5419	00:59:56	Karen Pope	Sinfin RC
543	5659	01:00:04	Rosie Loughton	Werrington Joggers
544	5070	01:00:05	Heather Waller	Leamington Cycling & AC
545	4679	01:01:38	Mary Holmes	Cambridge & Coleridge AC
546	5258	01:04:54	Linda Bates	Pitsea RC

Pos	Points	Team Name	Placings
1	49	Charnwood AC	(4 13 15 17)
2	115	Bristol & West AC	(22 26 33 34)
3	142	Hallamshire Harriers Sheffield	(1 28 54 59)
4	220	Havering Mayesbrook AC	(5 25 58 132)
5	223	Woodford Green AC with Essex Ladies	(8 35 72 108)
6	254	Bingley Harriers & AC	(11 18 62 163)
7	313	Kendal AAC	(2 12 14 285)
8	361	City of Norwich AC	(10 27 110 214)
9	383	Westbury Harriers	(71 79 114 119)
10	385	Oxford University Cross Country Club	(6 82 98 199)
11	396	Tipton Harriers	(42 90 105 159)
12	405	Highgate Harriers	(32 88 133 152)
13	433	Serpentine RC	(66 80 103 184)
14	459	Shaftesbury Barnet Harriers	(73 93 138 155)
15	565	Marshall Milton Keynes AC	(87 94 181 203)
16	569	Winchester & District AC	(38 40 157 334)
17	576	St.Albans Striders	(75 100 179 222)
18	578	Leeds City AC	(48 91 165 274)
19	617	City of York AC	(19 154 187 257)
20	629	Dorking & Mole Valley AC	(55 116 215 243)
21	660	Belgrave Harriers	(41 121 143 355)
22	672	Ealing Southall & Middlesex AC	(111 113 196 252)
23	672	Gateshead Harriers & AC	(30 117 127 398)
24	682	Basildon AC	(21 101 253 307)
25	684	Herne Hill Harriers	(51 125 170 338)
26	693	Sale Harriers Manchester	(3 65 294 331)
27	693	Colchester & Tendring AC	(47 64 229 353)
28	719	Barnet & District AC	(67 182 202 268)
29	740	Aldershot Farnham & District AC	(37 92 210 401)
30	762	Reading AC	(76 167 240 279)
31	785	London Heathside	(77 145 262 301)
32	790	Hercules Wimbledon AC	(95 147 236 312)
33	794	Notts AC	(29 220 259 286)
34	806	Ranelagh Harriers	(115 140 261 290)
35	835	Blackheath & Bromley Harriers	(44 193 249 349)
36	841	Metropolitan Police AC	(104 153 278 306)
37	902	Rugby & Northampton AC	(166 233 247 256)
38	904	Holmfirth Harriers AC	(61 245 258 340)
39	932	Headington RR	(112 168 275 377)
40	947	Bournville Harriers	(188 200 209 350)
41	949	Victoria Park H. & Tower Hamlets AC	(49 186 335 379)
42	979	Wimbledon Windmilers	(84 175 205 515)
43	1054	Southampton RC	(83 213 300 458)
44	1103	Dartford Harriers AC	(156 225 341 381)
45	1105	Trafford AC	(96 320 337 352)
46	1144	Invicta East Kent AC	(221 265 302 356)
47	1195	Newark AC	(183 293 315 404)
48	1313	Springfield Striders	(219 223 397 474)
49	1328	Istead & Ifield Harriers	(281 311 361 375)
50	1388	Wilmslow RC	(244 260 418 466)
51	1391	South London Harriers	(146 376 429 440)
52	1435	The Stragglers	(329 351 373 382)
53	1455	Ilford AC	(272 332 372 479)
54	1464	Stubbington Green Runners & AC	(235 347 421 461)
55	1479	Brighton & Hove City AC	(129 414 453 483)
56	1496	Trent Park RC	(212 365 427 492)

57	1572 Mansfield Harriers & AC	(367 394 402 409)
58	1582 Mornington Chasers RC	(273 419 422 468)
59	1607 26.2 RRC	(280 358 480 489)
60	1714 Corby AC	(363 386 467 498)
61	1897 Halesowen AC	(366 495 510 526)
62	1962 Saltwell Harriers	(449 473 506 534)
63	2005 Lingfield RC	(464 472 533 536)

Senior Men

Pos	RaceNo	Time	Name	Club
1	8607	00:38:02	Francis Tickner	Wells City Harriers
2	8246	00:38:10	Steven Vernon	Stockport Harriers & AC
3	6034	00:38:29	Andy Vernon	Aldershot Farnham & District AC
4	6197	00:38:41	Phil Wicks	Belgrave Harriers
5	7607	00:38:44	Moumin Geele (F)	Newham & Essex Beagles
6	8755	00:39:05	Benedict Whitby	Windsor Slough Eton & Hounslow AC
7	6347	00:39:06	Thomas Lancashire	Bolton United Harriers & AC
8	7920	00:39:15	Gareth Raven	Sale Harriers Manchester
9	6143	00:39:18	Neilson Hall	Bedford & County AC
10	7938	00:39:20	Andi Jones	Salford Harriers
11	7560	00:39:22	Nick Swinburn	Morpeth Harriers & AC
12	7489	00:39:26	Mike Coleman	Medway & Maidstone AC
13	7617	00:39:50	Lee Merrien	Newham & Essex Beagles
14	6023	00:39:55	Ben Lindsay	Aldershot Farnham & District AC
15	8449	00:39:59	Phil Nicholls	Tipton Harriers
16	6659	00:40:02	Jonathon Gilby	Derby AC
17	6136	00:40:07	Darren Deed	Bedford & County AC
18	6744	00:40:15	Jon Pepper	Enfield & Haringey AC
19	8442	00:40:19	Phil Hinch	Tipton Harriers
20	7308	00:40:22	Adam Grice	Leeds City AC
21	8390	00:40:24	Chris Smith	Thames Valley Harriers
22	7841	00:40:27	Paul Rodgers	Reigate Priory AC
23	8025	00:40:28	Orlando Edwards	Shaftesbury Barnet Harriers
24	7608	00:40:34	Keith Gerrard	Newham & Essex Beagles
25	7728	00:40:35	Paul Miles	OWLS AC
26	7309	00:40:36	Martin Hilton	Leeds City AC
27	7782	00:40:38	John Heneghan	Pudsey & Bramley AC
28	7680	00:40:44	Bruce Raeside	Notts AC
29	7368	00:40:46	Richard Burney	Liverpool Harriers & AC
30	6036	00:40:50	Matt Barnes	Altrincham & District AC
31	6147	00:40:51	Matt Janes	Bedford & County AC
32	7671	00:40:53	Tim Hartley	Notts AC
33	7294	00:40:56	Darran Bilton	Leeds City AC
34	7068	00:40:58	David Bruce	Highgate Harriers
35	7917	00:41:00	Simon Mills	Sale Harriers Manchester
36	6151	00:41:01	Owain Matthews	Bedford & County AC
37	8455	00:41:10	Martin Williams	Tipton Harriers
38	7618	00:41:11	David Mitchinson	Newham & Essex Beagles
39	7935	00:41:16	Carl Hardman	Salford Harriers
40	6044	00:41:17	David Norman	Altrincham & District AC
41	7377	00:41:17	John McCole	Liverpool Harriers & AC
42	7557	00:41:18	Chris Sampson	Morpeth Harriers & AC
43	7731	00:41:19	Mark Powell	OWLS AC
44	8050	00:41:19	Glen Watts	Shaftesbury Barnet Harriers
45	6016	00:41:20	Steve Connor	Aldershot Farnham & District AC
46	6872	00:41:21	Andrew Thake	Hallamshire Harriers Sheffield
47	7625	00:41:22	Kairn Stone	Newham & Essex Beagles
48	6020	00:41:23	Michael Haines	Aldershot Farnham & District AC
49	6149	00:41:27	Will Levett	Bedford & County AC
50	7634	00:41:32	Kevin Toher	Newquay & Par AC
51	8809	00:41:36	Hywel Care	Woodford Green AC with Essex Ladies
52	7675	00:41:37	Rob Joy	Notts AC

Senior Men

Pos	RaceNo	Time	Name	Club
53	6043	00:41:39	Andy Norman	Altrincham & District AC
54	8738	00:41:41	Gavin Smith	Winchester & District AC
55	7720	00:41:43	Ian Fisher	Otley AC
56	8244	00:41:43	Andrew Nixon	Stockport Harriers & AC
57	7220	00:41:45	James Connor	Kent AC
58	7685	00:41:50	Johnathon Thewlis	Notts AC
59	6121	00:41:53	John Hutchin	Basingstoke & Mid Hants AC
60	6470	00:41:54	James Gill	Cambridge University Hare & Hounds
61	7918	00:41:55	Steffan North	Sale Harriers Manchester
62	7465	00:41:56	Kevin Coundes	Manx Harriers
63	7396	00:41:56	Alex Duffield	Loftus & Whitby AC
64	6459	00:41:57	Dean Lacy	Cambridge Harriers
65	8369	00:42:00	Julian Rendall	Thames Hare & Hounds
66	6127	00:42:02	Phil Tulba	Basingstoke & Mid Hants AC
67	7317	00:42:02	Adam Osborne	Leeds City AC
68	6612	00:42:03	Ben Jones	Coventry Godiva Harriers
69	6402	00:42:04	Craig Peters	Bristol & West AC
70	7072	00:42:06	Henry Dodwell	Highgate Harriers
71	8046	00:42:07	James Trapmore	Shaftesbury Barnet Harriers
72	6186	00:42:07	James Kelly	Belgrave Harriers
73	7813	00:42:08	Sam Perkins	Ranelagh Harriers
74	7302	00:42:10	Simon Deakin	Leeds City AC
75	8351	00:42:11	Chris Rimmer	Telford AC
76	8534	00:42:13	David Alcock	Victoria Park H. & Tower Hamlets AC
77	8463	00:42:14	Huw Evans	Tonbridge AC
78	6397	00:42:15	Steve Mitchell	Bristol & West AC
79	8376	00:42:16	Simon Wurr	Thames Hare & Hounds
80	7906	00:42:18	Matt Bond	Sale Harriers Manchester
81	6021	00:42:19	Aaron Harris	Aldershot Farnham & District AC
82	6146	00:42:20	Andrew Inskip	Bedford & County AC
83	7307	00:42:22	Martin Gostling	Leeds City AC
84	8370	00:42:22	Ben Reynolds	Thames Hare & Hounds
85	6855	00:42:23	Rob Baker	Hallamshire Harriers Sheffield
86	7032	00:42:24	Iain Lockett	Herne Hill Harriers
87	7605	00:42:25	Samatar Farah	Newham & Essex Beagles
88	7616	00:42:31	Stuart Major	Newham & Essex Beagles
89	6753	00:42:32	Will Clark	Epsom & Ewell Harriers
90	7295	00:42:35	Chris Birchall	Leeds City AC
91	6292	00:42:37	Tom Cornthwaite	Blackburn Harriers & AC
92	7624	00:42:38	Scott Sterling	Newham & Essex Beagles
93	6245	00:42:38	Alistair Brownlee	Bingley Harriers & AC
94	8316	00:42:39	Patrick Martin	Sunderland Harriers
95	6593	00:42:41	Adrian Mussett	Colchester Harriers AC
96	6722	00:42:42	Jonathan Frost	East Hull Harriers & AC
97	8445	00:42:44	Matt Lockett	Tipton Harriers
98	6148	00:42:46	James Lawler	Bedford & County AC
99	8750	00:42:49	Stephen Kimber	Windsor Slough Eton & Hounslow AC
100	6041	00:42:50	Nick Leigh	Altrincham & District AC
101	6322	00:42:55	James Poole	Blackheath & Bromley Harriers
102	7896	00:42:56	Nigel Marley	Rugby & Northampton AC
103	7297	00:42:58	Mike Burrett	Leeds City AC
104	7940	00:43:01	James Kovacs	Salford Harriers

Senior Men

Pos	RaceNo	Time	Name	Club
105	6611	00:43:04	Scott Hazell	Coventry Godiva Harriers
106	8487	00:43:04	Ian Salisbury	Trafford AC
107	7662	00:43:05	Rob Birchall	Notts AC
108	8346	00:43:06	Neil Phillips	Team Southampton
109	7090	00:43:07	Glenn Saqui (F)	Highgate Harriers
110	7908	00:43:12	Adam Elliott	Sale Harriers Manchester
111	7883	00:43:18	Philip Hoole	Rotherham Harriers & AC
112	7198	00:43:20	Willy Smith	Keighley & Craven AC
113	7992	00:43:21	Richard Phillips	Serpentine RC
114	7038	00:43:21	Ben Paviour	Herne Hill Harriers
115	6865	00:43:22	Robert Little	Hallamshire Harriers Sheffield
116	8828	00:43:24	Kevin Murphy	Woodford Green AC with Essex Ladies
117	8318	00:43:25	Craig Hopkins	Swansea Harriers AC
118	8480	00:43:33	Jonathan Holt	Trafford AC
119	7934	00:43:34	Martin Cox	Salford Harriers
120	8844	00:43:35	David Wardle	Woodford Green AC with Essex Ladies
121	6157	00:43:39	Chris Riley	Bedford & County AC
122	6622	00:43:40	Richard Taylor	Coventry Godiva Harriers
123	7318	00:43:42	Martin Roscoe	Leeds City AC
124	6332	00:43:45	Peter Tucker	Blackheath & Bromley Harriers
125	8831	00:43:46	Bertie Powell	Woodford Green AC with Essex Ladies
126	8454	00:43:46	Ian Williams	Tipton Harriers
127	7036	00:43:47	Keith Newton	Herne Hill Harriers
128	8135	00:43:48	Matthew Missen	Southampton RC
129	6301	00:43:49	Andrew Conway	Blackheath & Bromley Harriers
130	7681	00:43:49	Andrius Ramonas	Notts AC
131	7248	00:43:53	Gregan Clarkson	Kingston upon Hull AC
132	7042	00:43:54	Dave Robinson	Herne Hill Harriers
133	7727	00:43:55	Tom Meakin	OWLS AC
134	8004	00:43:57	Hugh Turry	Serpentine RC
135	6128	00:43:57	Philip Critchlow	Beaumont RC
136	6841	00:43:58	Dave Kesterton	Halesowen AC
137	6758	00:43:58	Phil Sangar	Epsom & Ewell Harriers
138	8209	00:43:59	Sam Pullan	St.Albans Striders
139	7346	00:44:00	Robert James	Lewes AC
140	8083	00:44:00	Joe Mercer	Skipton AC
141	6945	00:44:01	Damian Nevins	Harrow AC
142	8703	00:44:09	Martin Snodgras	Wimbledon Windmilers
143	7599	00:44:10	Andy Barber	Newham & Essex Beagles
144	7558	00:44:10	Nathan Shrubbs	Morpeth Harriers & AC
145	8599	00:44:11	Elliot Haimes	Wells City Harriers
146	8467	00:44:12	Graeme Saker	Tonbridge AC
147	8373	00:44:12	Mark Tuckett	Thames Hare & Hounds
148	7324	00:44:13	Joshua Whitehead	Leeds City AC
149	6395	00:44:17	Tom Kingsnorth	Bristol & West AC
150	6559	00:44:20	Andy Hilton	City of York AC
151	6173	00:44:21	Will Cockerell	Belgrave Harriers
152	7895	00:44:22	Stephen Emery	Rugby & Northampton AC
153	6337	00:44:24	Phil Leybourne	Blackpool Wyre & Fylde AC
154	8416	00:44:25	Ryan Prout	Thrift Green Trotters
155	6854	00:44:26	David Archer	Hallamshire Harriers Sheffield
156	7013	00:44:26	Alastair Watson	Hermitage Harriers RC

Senior Men

Pos	RaceNo	Time	Name	Club
157	6848	00:44:27	William Nock	Halesowen AC
158	6809	00:44:28	Graham Robinson	Garden City Runners
159	7381	00:44:30	Adam Peers	Liverpool Harriers & AC
160	7218	00:44:31	Ian Cardy	Kent AC
161	6870	00:44:32	Dave Sprot	Hallamshire Harriers Sheffield
162	8448	00:44:34	John Millington	Tipton Harriers
163	8206	00:44:37	Mike Jubb	St.Albans Striders
164	6896	00:44:38	Peter Swaine	Harborough AC
165	7733	00:44:39	Jason Williams	OWLS AC
166	7742	00:44:41	Pat Davoren	Phoenix AC
167	6494	00:44:42	Ed Messer	Chelmsford AC
168	6014	00:44:43	Graham Breen	Aldershot Farnham & District AC
169	7060	00:44:44	Lee Reynolds	Herts Phoenix AC
170	7561	00:44:45	David Swinburne	Morpeth Harriers & AC
171	8440	00:44:46	Mike Hager	Tipton Harriers
172	7684	00:44:46	Nick Talbot	Notts AC
173	7310	00:44:46	Nick Hooker	Leeds City AC
174	6339	00:44:46	Stuart Robinson	Blackpool Wyre & Fylde AC
175	7228	00:44:47	Richard Munn	Kent AC
176	6975	00:44:48	Robert Warner	Havering Mayesbrook AC
177	8644	00:44:49	David Alexander	West Cheshire AC
178	7020	00:44:49	Jeff Cunningham	Herne Hill Harriers
179	7490	00:44:50	Pat Curran	Medway & Maidstone AC
180	8132	00:44:51	Oliver Keppel	Southampton RC
181	7225	00:44:51	Ed Lumley	Kent AC
182	6937	00:44:51	Jim Cooper	Harrow AC
183	7083	00:44:54	Alistair Lindsay	Highgate Harriers
184	6258	00:44:55	Tim Midgeley	Bingley Harriers & AC
185	6102	00:44:57	Geoff Beeton	Barrow Runners
186	6175	00:44:58	Russell Dessaix-Chin (F)	Belgrave Harriers
187	7501	00:45:04	Barry Royden	Medway & Maidstone AC
188	6270	00:45:05	Warren Frey	Birchfield Harriers
189	8481	00:45:05	Michael Hunt	Trafford AC
190	8363	00:45:06	John McFarlane	Thames Hare & Hounds
191	7078	00:45:07	Dominic Hall	Highgate Harriers
192	6988	00:45:10	Belal Aly (F)	Hercules Wimbledon AC
193	8243	00:45:11	Jamie Loxam	Stockport Harriers & AC
194	6846	00:45:11	Dom Morton	Halesowen AC
195	6080	00:45:12	Richard McCormick	Barnet & District AC
196	6610	00:45:14	Henry Hammond	Coventry Godiva Harriers
197	6602	00:45:15	Chris Curtis	Corby AC
198	7320	00:45:17	James Smith	Leeds City AC
199	7855	00:45:17	D Connor	Ripley RC
200	6552	00:45:18	Carl Plumpton	City of Portsmouth AC
201	6172	00:45:18	Malachi Byansi (F)	Belgrave Harriers
202	6840	00:45:19	Tom Kenderdine	Halesowen AC
203	7073	00:45:19	Peter Downie (F)	Highgate Harriers
204	7937	00:45:21	Robert Hughes	Salford Harriers
205	6309	00:45:22	Alex Gibbons	Blackheath & Bromley Harriers
206	8375	00:45:23	Andy Weir	Thames Hare & Hounds
207	6155	00:45:24	Richard Powell	Bedford & County AC
208	6038	00:45:24	Neil Chisholm	Altrincham & District AC

Senior Men

Pos	RaceNo	Time	Name	Club
209	6257	00:45:24	Stewart MacDonald	Bingley Harriers & AC
210	7373	00:45:25	Robert Dewhurst	Liverpool Harriers & AC
211	6152	00:45:26	Jim McMahon (F)	Bedford & County AC
212	7157	00:45:27	Malcolm Muir	Ilford AC
213	8751	00:45:28	Ian May	Windsor Slough Eton & Hounslow AC
214	6120	00:45:30	David Fry	Basingstoke & Mid Hants AC
215	7509	00:45:31	James Brown	Metropolitan Police AC
216	7413	00:45:31	George Stewart	London Heathside
217	8488	00:45:31	Darren Talbot	Trafford AC
218	8838	00:45:32	Matt Shone	Woodford Green AC with Essex Ladies
219	8353	00:45:35	Paul Williams	Telford AC
220	6464	00:45:36	Dave Reader	Cambridge Harriers
221	6652	00:45:38	Andrew Green	Dartford RR
222	6485	00:45:39	Steve Mears	Charnwood AC
223	8834	00:45:39	Tim Prendergast (F)	Woodford Green AC with Essex Ladies
224	6277	00:45:41	Adam Watt	Birchfield Harriers
225	7117	00:45:42	Stewart Gregory	Holme Pierrepont RC
226	8294	00:45:44	Julian Hough	Stroud & District AC
227	6390	00:45:44	Kevin Mason	Brighton & Hove City AC
228	7914	00:45:47	David Howlett	Sale Harriers Manchester
229	6680	00:45:47	Nick Hodges	Dorking & Mole Valley AC
230	7471	00:45:48	Ed Gumbley	Manx Harriers
231	6145	00:45:48	Luke Humphreys	Bedford & County AC
232	6387	00:45:49	Matthew Bristow	Brighton & Hove City AC
233	7179	00:45:51	Robert Chenery	Ipswich Jaffa
234	7784	00:45:52	Ian Nixon	Pudsey & Bramley AC
235	6714	00:45:52	Jason Dunkerley	East Cheshire Harriers & Tameside AC
236	7470	00:45:53	Darren Gray	Manx Harriers
237	7686	00:45:54	Marc Tillotson	Notts AC
238	6545	00:45:55	Jonny Quint	City of Norwich AC
239	8365	00:45:56	Simon Molden	Thames Hare & Hounds
240	8328	00:45:56	Tom Orton	Tamworth AC
241	6396	00:45:58	Steve McGuigan	Bristol & West AC
242	7474	00:46:02	Martin Malone	Manx Harriers
243	8813	00:46:02	Martyn Cryer	Woodford Green AC with Essex Ladies
244	6620	00:46:03	Harvey Speed	Coventry Godiva Harriers
245	6595	00:46:03	Chris Sellens	Colchester Harriers AC
246	6623	00:46:03	Jon White	Coventry Godiva Harriers
247	7991	00:46:03	Eric Phillips	Serpentine RC
248	7113	00:46:07	Daniel Thompson	Hillingdon AC
249	7219	00:46:08	Michael Claff	Kent AC
250	6444	00:46:10	Noel Carroll	Cambridge & Coleridge AC
251	7406	00:46:10	Norman Mitchell	London Heathside
252	8680	00:46:11	Mike Halman	Wilmslow RC
253	7835	00:46:12	Paul Blanc	Reigate Priory AC
254	7099	00:46:12	Martin Bateman	Hillingdon AC
255	8743	00:46:13	Vince Bangs	Windsor Slough Eton & Hounslow AC
256	7651	00:46:17	Simon Millett	Norwich RR
257	8161	00:46:18	Steve Wilkinson	Southport Waterloo AC
258	8845	00:46:18	Ben Whitworth	Woodford Green AC with Essex Ladies
259	7730	00:46:19	Steve Platts	OWLS AC
260	7410	00:46:22	Martin Potter	London Heathside

Senior Men

Pos	RaceNo	Time	Name	Club
261	7641	00:46:22	Nathan Holmes	Northbrook AC
262	8171	00:46:24	Darren Riley	Sparkhill Harriers
263	6017	00:46:25	Paul Couldridge	Aldershot Farnham & District AC
264	8339	00:46:29	Stephen Rose	Team Bath AC
265	7911	00:46:31	Colin Gell	Sale Harriers Manchester
266	7554	00:46:31	Andrew Lawrence	Morpeth Harriers & AC
267	7209	00:46:31	Phil Gould	Kenilworth Runners
268	7103	00:46:33	Anupam Das	Hillingdon AC
269	8677	00:46:33	Malcolm Fowler	Wilmslow RC
270	6947	00:46:34	Mo Rahim	Harrow AC
271	6862	00:46:36	Peter Hodges	Hallamshire Harriers Sheffield
272	7621	00:46:37	John Pike	Newham & Essex Beagles
273	7388	00:46:38	Adam Clansey	Liverpool Pembroke & Sefton H & AC
274	7378	00:46:38	James Meldrum	Liverpool Harriers & AC
275	7257	00:46:38	Thomas Edwards	Knivesmire Harriers
276	7568	00:46:40	Alex Tate	Muddy Mucky Munkeys
277	7836	00:46:42	George Donnelly	Reigate Priory AC
278	8687	00:46:44	Jim Pendrill	Wilmslow RC
279	8103	00:46:45	Matt Chapman	South London Harriers
280	8462	00:46:47	Daniel Bradley	Tonbridge AC
281	7678	00:46:47	John Muddeman	Notts AC
282	6826	00:46:48	David Miller	Great Western Runners
283	6928	00:46:48	Chris Miller	Harrogate Harriers & AC
284	7429	00:46:49	Stuart Still	Luton AC
285	8152	00:46:49	Roy Scott	Southend AC
286	6389	00:46:51	Luke Lambourne	Brighton & Hove City AC
287	6207	00:46:53	Darren Williams	Beverley AC
288	8160	00:46:54	Richard Shearer	Southport Waterloo AC
289	7977	00:46:55	Paul Hayman	Serpentine RC
290	7323	00:46:56	Pete Webster	Leeds City AC
291	8682	00:46:56	Tom McGaff	Wilmslow RC
292	7086	00:46:57	Saningo Martyn	Highgate Harriers
293	6711	00:46:57	Gavin Browne	East Cheshire Harriers & Tameside AC
294	8762	00:46:57	Mark Hulmston	Wirral AC
295	6999	00:46:58	Justin Kelly (F)	Hercules Wimbledon AC
296	8517	00:46:58	Andrew Howey	Tunbridge Wells Harriers
297	7886	00:46:59	Jonathan Maxfield	Rotherham Harriers & AC (NS)
298	8734	00:46:59	Julian Mann	Winchester & District AC
299	7679	00:46:59	Rob Nixon	Notts AC
300	6238	00:47:00	Roy Flemine	Billericay Striders RC
301	6939	00:47:01	Mark Cursons	Harrow AC
302	7398	00:47:01	Richard Browne	London Heathside
303	6012	00:47:02	Richard Batchelor	Aldershot Farnham & District AC
304	7305	00:47:02	Leon Foster	Leeds City AC
305	6694	00:47:03	Graham Hunt	Durham City Harriers & AC
306	7971	00:47:04	Andrea Fraquelli	Serpentine RC
307	8184	00:47:04	Paul Dobson	Springfield Striders
308	6269	00:47:05	Peter Dimpleby	Birchfield Harriers
309	7648	00:47:05	Andrew Bunn	Norwich RR
310	7087	00:47:06	Jack Matthewman	Highgate Harriers
311	6469	00:47:08	James Chettle	Cambridge University Hare & Hounds
312	8211	00:47:09	Jonathan Scott	St.Albans Striders

Senior Men

Pos	RaceNo	Time	Name	Club
313	8545	00:47:09	Tony Lashmar	Victoria Park H. & Tower Hamlets AC
314	6949	00:47:09	Alan Wray	Harrow AC
315	8441	00:47:10	Dean Hill	Tipton Harriers
316	6466	00:47:13	Matthew Winn-Smith	Cambridge Harriers
317	7849	00:47:14	Ken Harker	Richmond & Zetland Harriers
318	6449	00:47:15	Tom Vickery	Cambridge & Coleridge AC
319	7097	00:47:15	Stephen Whiting	Highgate Harriers
320	6492	00:47:16	Ken Hoye	Chelmsford AC
321	7666	00:47:17	Richard Darling	Notts AC
322	7269	00:47:19	Tom Watson	Knivesmire Harriers
323	7925	00:47:19	Richard Watson	Sale Harriers Manchester
324	6198	00:47:20	Pete Willis	Belgrave Harriers
325	6818	00:47:22	Chris Paton	Gateshead Harriers & AC
326	6679	00:47:22	Bruce Harrold	Dorking & Mole Valley AC
327	7961	00:47:24	Miguel Branco (F)	Serpentine RC
328	6163	00:47:25	Steve Earley	Bedford Harriers
329	7899	00:47:26	Jamie Sewell	Rugby & Northampton AC
330	8655	00:47:26	Gareth Hird	Wharfedale Harriers
331	6182	00:47:27	Knut Hegvold (F)	Belgrave Harriers
332	6866	00:47:28	Stuart Maycock	Hallamshire Harriers Sheffield
333	7367	00:47:29	Alan Ashton	Liverpool Harriers & AC
334	8489	00:47:30	Scott Aiken	Trent Park RC
335	8087	00:47:31	Rene Vergo	Solihull & Small Heath AC
336	6860	00:47:32	Dean Furniss	Hallamshire Harriers Sheffield
337	7374	00:47:34	Glen Groves	Liverpool Harriers & AC
338	7082	00:47:34	Thierry Lebreton (F)	Highgate Harriers
339	6596	00:47:35	Allen Smalls	Colchester Harriers AC
340	7931	00:47:35	Simon Bruton	Salford Harriers
341	7710	00:47:37	Neil McGoun	Orion Harriers
342	6176	00:47:37	Landa Eguia (F)	Belgrave Harriers
343	7101	00:47:38	Jonathan Castro	Hillingdon AC
344	7081	00:47:39	Maarten Hoeven (F)	Highgate Harriers
345	7824	00:47:40	Richard Kinnersley	Reading AC
346	6736	00:47:41	Daire Brennan	Enfield & Haringey AC
347	6555	00:47:41	James Cordwell	City of Sheffield AC
348	7212	00:47:42	Pat Noonan	Kenilworth Runners
349	7874	00:47:42	Michael Corbishley	Rossendale Harriers & AC
350	7809	00:47:43	Darryl McDonald	Ranelagh Harriers
351	7848	00:47:44	Peter Tallents	Retford AC
352	7957	00:47:45	Jolyon Attwooll	Serpentine RC
353	8154	00:47:47	Steve Whittaker	Southend AC
354	6942	00:47:48	Chris Finill	Harrow AC
355	7359	00:47:48	Phil Williams	Lincoln Wellington AC
356	6686	00:47:49	Duncan Hussey	Dulwich Runners AC
357	6260	00:47:49	Martin Peace	Bingley Harriers & AC
358	7970	00:47:50	Richard Fanning	Serpentine RC
359	7196	00:47:51	Damian Scholes	Keighley & Craven AC
360	6249	00:47:51	Stephen Fry	Bingley Harriers & AC
361	7832	00:47:52	Paul Newton	Redhill RR
362	6701	00:47:53	Andrew Dodd	Ealing Southall & Middlesex AC
363	6946	00:47:53	Peter Norris	Harrow AC
364	7232	00:47:54	Len Reilly	Kent AC

Senior Men

Pos	RaceNo	Time	Name	Club
365	7884	00:47:54	Paul Humphries	Rotherham Harriers & AC
366	8504	00:47:55	Ian Yates	Trentham RC
367	7404	00:47:56	Paul Lemmon	London Heathside
368	7887	00:47:56	Simon Mcunsey	Rotherham Harriers & AC
369	7044	00:47:57	Jonathon Stead	Herne Hill Harriers
370	6592	00:47:57	Phillip Munro	Colchester Harriers AC
371	7563	00:47:58	Paul Waterston	Morpeth Harriers & AC
372	8759	00:47:59	Jordan Donnelly	Wirral AC
373	6816	00:47:59	Chris Hainsworth	Gateshead Harriers & AC
374	6837	00:48:00	Mark Hadley	Halesowen AC
375	8464	00:48:00	Simon Fraser	Tonbridge AC
376	6747	00:48:00	Matthew Donnery	Epsom Oddballs
377	6871	00:48:02	Mike Sprot	Hallamshire Harriers Sheffield
378	6718	00:48:02	Gary Matthews	East Cheshire Harriers & Tameside AC
379	7585	00:48:02	Doug Kelley	Newark AC
380	7658	00:48:03	Wayne Utting	Norwich RR
381	6992	00:48:03	Jonathan Dobson	Hercules Wimbledon AC
382	7210	00:48:04	Stuart Hopkins	Kenilworth Runners
383	8543	00:48:05	Jeremy Gold	Victoria Park H. & Tower Hamlets AC
384	6097	00:48:05	Gavin Felton	Barnsley AC
385	6074	00:48:07	Alex Horton	Barnet & District AC
386	6997	00:48:08	Jamie Helmer	Hercules Wimbledon AC
387	6205	00:48:09	Steve Peacock	Beverley AC
388	8450	00:48:11	Henryk Piotrowski	Tipton Harriers
389	6283	00:48:12	Andrew Kenchington	Birmingham Rowheath AC
390	8597	00:48:14	Andrew Deamer	Wells City Harriers
391	7067	00:48:15	Dale Bickham (F)	Highgate Harriers
392	6437	00:48:15	Paul Smith	Burton AC
393	6580	00:48:16	Paul Helliwell	Colchester Harriers AC
394	7004	00:48:18	Richard Xerri	Hercules Wimbledon AC
395	7000	00:48:19	Peter Lee	Hercules Wimbledon AC
396	8403	00:48:20	Mark Gray	The Stragglers
397	8333	00:48:21	David Coales	Team Bath AC
398	7846	00:48:21	Andrew Walker	Reigate Priory AC
399	7191	00:48:22	Nigel Bedell	Keighley & Craven AC
400	7716	00:48:23	Tony Bourne	Otley AC
401	7661	00:48:23	Mike Benford	Notts AC
402	7603	00:48:24	Andre Duque	Newham & Essex Beagles
403	7505	00:48:25	Gareth Williams	Medway & Maidstone AC
404	6664	00:48:26	Thomas Offord	Derby AC
405	6989	00:48:27	Arnaud Claverie	Hercules Wimbledon AC
406	8832	00:48:28	Jon Powell	Woodford Green AC with Essex Ladies
407	6465	00:48:28	Kevin White	Cambridge Harriers
408	8345	00:48:28	Russell Osborn	Team Southampton
409	8849	00:48:29	Stefan Sternkopf	Worcester AC
410	7216	00:48:29	Luke Armitage	Kent AC
411	8847	00:48:30	David O'Brien	Worcester AC
412	6734	00:48:31	Arber Baci	Enfield & Haringey AC
413	6527	00:48:32	Andy Nicholson	Chichester Runners & AC
414	6830	00:48:33	Adam Stirk	Guildford & Godalming AC
415	6334	00:48:35	Chris Essex-Crosby	Blackpool Wyre & Fylde AC
416	8143	00:48:35	Tim Spencer	Southampton RC

Senior Men

Pos	RaceNo	Time	Name	Club
417	7913	00:48:36	Mike Hatch	Sale Harriers Manchester
418	8086	00:48:36	Tim Price	Solihull & Small Heath AC
419	6685	00:48:37	Neil Daniels	Dulwich Runners AC
420	8173	00:48:38	Paul Thompson	Sparkhill Harriers
421	6699	00:48:38	Robert Brown	Ealing Southall & Middlesex AC
422	6706	00:48:39	Richard Tomlinson	Ealing Southall & Middlesex AC
423	8366	00:48:43	Olly Mytton	Thames Hare & Hounds
424	6994	00:48:44	Stuart Fraser	Hercules Wimbledon AC
425	8245	00:48:46	Adrian Nutter	Stockport Harriers & AC
426	7022	00:48:47	Tim Elsey	Herne Hill Harriers
427	6775	00:48:48	Jon Massingham	Eye Community Runners
428	7665	00:48:48	Simon Burton	Notts AC
429	7496	00:48:48	Mike Lyons	Medway & Maidstone AC
430	7403	00:48:50	John Flahive	London Heathside
431	7831	00:48:51	Ben Humphreys	Redhill RR
432	7929	00:48:51	Paul Birkett	Salford Harriers
433	6101	00:48:52	Dave Battersby	Barrow Runners
434	6868	00:48:52	Andrew Preston	Hallamshire Harriers Sheffield
435	6154	00:48:52	Paul Miller	Bedford & County AC
436	6241	00:48:53	Kieran O'Doherty	Billericay Striders RC
437	6416	00:48:53	Kevin Lanckham	Bromsgrove & Redditch AC
438	6179	00:48:54	Tom Fordyce	Belgrave Harriers
439	7071	00:48:54	Jon Deane	Highgate Harriers
440	6081	00:48:54	Costa Michael	Barnet & District AC
441	6964	00:48:56	Matthew Bland	Havering Mayesbrook AC
442	6209	00:48:56	Jonathan Armstrong	Bexley AC
443	8385	00:48:57	Stephen Norris	Thames Valley Harriers
444	6442	00:48:58	John McCawley	Camberley & District AC
445	8642	00:48:58	Keith Simpson	West 4 Harriers
446	8310	00:48:59	Andrew Simpson	Stubbington Green Runners
447	6708	00:49:00	Paul Backhouse	East Cheshire Harriers & Tameside AC
448	8598	00:49:02	Jon Gilling	Wells City Harriers
449	7721	00:49:05	Dale Foster	Otley AC
450	7900	00:49:06	Brian Summers	Rugby & Northampton AC
451	6621	00:49:08	Danny Taylor	Coventry Godiva Harriers
452	7018	00:49:08	Simon Coombes	Herne Hill Harriers
453	7094	00:49:09	Richard Stewart	Highgate Harriers
454	7780	00:49:11	Niall Bourke	Pudsey & Bramley AC
455	7128	00:49:11	Alistair Langron	Holmfirth Harriers AC
456	7019	00:49:13	Mike Cummins	Herne Hill Harriers
457	7724	00:49:13	Andrew Robertshaw	Otley AC
458	6242	00:49:15	Anthony Squire	Billericay Striders RC
459	7532	00:49:16	Ian Gordon	Mornington Chasers RC
460	6564	00:49:18	Mike Raynes	City of York AC
461	7978	00:49:18	Andrew Hibbert	Serpentine RC
462	7893	00:49:18	Paul Birch	Rugby & Northampton AC
463	8329	00:49:19	Dave Williams	Tamworth AC
464	6547	00:49:19	Reece Wood	City of Norwich AC
465	6091	00:49:21	James Taylor	Barnet & District AC
466	7065	00:49:21	Chris Bailey	Highgate Harriers
467	6876	00:49:21	Gavin Allen	Halstead RR
468	7468	00:49:21	Andy Fox	Manx Harriers

Senior Men

Pos	RaceNo	Time	Name	Club
469	7399	00:49:22	Pete Crockford	London Heathside
470	6235	00:49:23	David Butler	Billericay Striders RC
471	8016	00:49:26	James Rose	Severn AC
472	8770	00:49:26	Peter Scarrett	Wirral AC
473	7951	00:49:28	Fred Smith	Saltwell Harriers
474	7392	00:49:29	Sammy Rashid	Liverpool Pembroke & Sefton H & AC
475	8140	00:49:32	Liam Richardson	Southampton RC
476	8331	00:49:32	Craig Bridges	Team Bath AC
477	7063	00:49:32	Andrew Aitken	Highgate Harriers
478	6282	00:49:35	Richard Gray	Birmingham Rowheath AC
479	7511	00:49:36	Joel Clewett	Metropolitan Police AC
480	6090	00:49:37	Michael Stapleton	Barnet & District AC
481	8213	00:49:37	Barry Graney	St.Helens Sutton AC
482	7029	00:49:38	Sawar Khan	Herne Hill Harriers
483	6835	00:49:39	Andy Carruthers	Halesowen AC
484	7892	00:49:40	Mark Armstrong	Rugby & Northampton AC
485	6526	00:49:42	Phil Morriss	Chichester Runners & AC
486	7069	00:49:43	Duncan Burbidge	Highgate Harriers
487	6626	00:49:43	Dave Rayner	Crawley AC
488	7260	00:49:44	Darren Hendley	Knivesmire Harriers
489	7904	00:49:44	Paul Barrett	Sale Harriers Manchester
490	8198	00:49:45	Colin Braybrook	St.Albans Striders
491	6419	00:49:45	Calvin Scoltock	Bromsgrove & Redditch AC
492	6443	00:49:45	Martin Bell	Cambridge & Coleridge AC
493	7820	00:49:46	Nick Earl	Reading AC
494	6159	00:49:46	Matt Sullivan	Bedford & County AC
495	8550	00:49:47	Rob Pitkethly	Victoria Park H. & Tower Hamlets AC
496	8001	00:49:49	Brian Stramer (F)	Serpentine RC
497	7107	00:49:51	Steve Hirons	Hillingdon AC
498	7772	00:49:52	Steve Hallas	Preston Harriers
499	6857	00:49:52	Armand Bush	Hallamshire Harriers Sheffield
500	8774	00:49:52	Martin Byford	Witham RC
501	7944	00:49:53	James Williams	Salford Harriers
502	6609	00:49:54	James Griggs	Coventry Godiva Harriers
503	7965	00:49:54	Roger Coyle (F)	Serpentine RC
504	7587	00:49:55	Howard Leek	Newark AC
505	6372	00:49:55	Craig Halsy	Boxfit Tri Club
506	7503	00:49:57	Nick Slade	Medway & Maidstone AC
507	7691	00:49:58	Eric Fowler	Nuneaton Harriers
508	8630	00:49:58	Alex Rowe	Wesham RR
509	6291	00:49:58	Steven Prosser	Bishops Stortford
510	7793	00:50:00	Brendan Greene	Queens Park Harriers
511	7479	00:50:01	Andy Watson	Manx Harriers
512	8123	00:50:02	Dave Blackman	Southampton RC
513	6544	00:50:03	Daniel Mann	City of Norwich AC
514	6981	00:50:03	Jim Thorn	Headington RR
515	8153	00:50:03	Peter Smale	Southend AC
516	7116	00:50:04	Paul Williams	Hillingdon AC
517	7059	00:50:05	Norman Morrison	Herts Phoenix AC
518	7124	00:50:06	John Ewart	Holmfirth Harriers AC
519	6079	00:50:07	Adrian Mason	Barnet & District AC
520	8739	00:50:07	David Vossler	Winchester & District AC

Senior Men

Pos	RaceNo	Time	Name	Club
521	8097	00:50:09	Barry Attwell	South London Harriers
522	7596	00:50:10	Steve Ratcliffe	Newcastle (Staffs) AC
523	7792	00:50:11	Jalal El Bahraoi	Queens Park Harriers
524	7636	00:50:13	Gary Cook	North Herts RRC
525	7736	00:50:15	Oliver Mason	Peterborough AC
526	6887	00:50:16	William Clapp	Harborough AC
527	8327	00:50:16	Howard Bush	Tamworth AC
528	6850	00:50:17	Nick Price	Halesowen AC
529	7409	00:50:17	Andy Owen	London Heathside
530	6852	00:50:18	Ryan Barker	Halifax Harriers
531	7273	00:50:18	Gareth Wainwright	KPMG RC
532	6037	00:50:18	Nick Burke	Altrincham & District AC
533	6766	00:50:19	Alan Duncan	Eton Manor AC
534	6075	00:50:19	Andrew Kelleher	Barnet & District AC
535	7402	00:50:20	Julian Ferraro	London Heathside
536	7052	00:50:20	Iain Yates	Herne Hill Harriers
537	7573	00:50:23	John Nash	Nene Valley Harriers
538	8352	00:50:23	Chris Talbot	Telford AC
539	6454	00:50:24	Clem Dixon	Cambridge Harriers
540	6019	00:50:24	Jamie Del Campo (F)	Aldershot Farnham & District AC
541	7411	00:50:25	Ed Samuel	London Heathside
542	8719	00:50:26	Jerry Shield	Wimborne AC
543	7235	00:50:26	Andrew Vagi (F)	Kent AC
544	8827	00:50:26	Matt Mollox	Woodford Green AC with Essex Ladies
545	6261	00:50:27	David Potter	Bingley Harriers & AC
546	7457	00:50:28	Tim Raynor	Mansfield Harriers & AC
547	7531	00:50:29	Tom Craggs	Mornington Chasers RC
548	7777	00:50:29	Dave Parkington	Preston Harriers
549	7611	00:50:30	Ben Hellmers	Newham & Essex Beagles
550	6799	00:50:30	Neill Hughes	Garden City Runners
551	6844	00:50:30	Kevin Monk	Halesowen AC
552	7224	00:50:33	Pablo Lazo (F)	Kent AC
553	8848	00:50:34	Andrew Peach	Worcester AC
554	8526	00:50:34	Simon Whitaker	Tunbridge Wells Harriers
555	8850	00:50:36	Mark Bush	Wreake Runners
556	7211	00:50:37	Matt Kineston-Lee	Kenilworth Runners
557	7850	00:50:39	Paul Roberts	Richmond & Zetland Harriers
558	8730	00:50:40	Dave Kennedy	Winchester & District AC
559	6349	00:50:42	Jose Ferreira	Boston & District AC
560	8531	00:50:43	Steve Webb	Valley Striders
561	7222	00:50:43	Lee Haze	Kent AC
562	8811	00:50:44	Andrew Clare (F)	Woodford Green AC with Essex Ladies
563	6729	00:50:45	Mark Ketley	Elswick Harriers
564	6183	00:50:46	Mark Humphrey	Belgrave Harriers
565	7673	00:50:47	Kevin Hope	Notts AC
566	8205	00:50:47	John Jones	St.Albans Striders
567	8699	00:50:48	Tom Matthews	Wimbledon Windmilers
568	7407	00:50:49	Steve Monaghan	London Heathside
569	8500	00:50:49	Paul Gibbings	Trentham RC
570	8101	00:50:49	Mark Burtwell	South London Harriers
571	7415	00:50:51	Andy Welshman	London Heathside
572	7427	00:50:52	Andrew Johnson	Luton AC

Senior Men

Pos	RaceNo	Time	Name	Club
573	7247	00:50:53	Anthony Budarkiewicz	Kingston AC & Polytechnic Harriers
574	6565	00:50:54	Steve Simpson	City of York AC
575	7115	00:50:55	Kevin Waterman	Hillingdon AC
576	6979	00:50:55	Andy Phelps	Headington RR
577	8098	00:50:56	David Baker	South London Harriers
578	7110	00:50:57	Julian McGowan	Hillingdon AC
579	7316	00:50:59	Chris Needham	Leeds City AC
580	7437	00:50:59	Andrew Skitt	Manchester Harriers & AC
581	6831	00:51:00	Marc Woodall	Guildford & Godalming AC
582	7822	00:51:01	Mark Gittins	Reading AC
583	8466	00:51:01	Richard Owen	Tonbridge AC
584	8197	00:51:03	Edward Blake	St.Albans Striders
585	8340	00:51:04	Lee Southenwood	Team Bath AC
586	6239	00:51:05	Kevin Jacob	Billericay Striders RC
587	7690	00:51:06	Tim Woodthope	Notts AC
588	7259	00:51:09	Giles Hawkins	Knivesmire Harriers
589	6615	00:51:10	James Parrott	Coventry Godiva Harriers
590	7518	00:51:12	Rhys Peters	Metropolitan Police AC
591	6504	00:51:12	Elliot Prince	Cheltenham & County Harriers
592	8076	00:51:12	Chris Morrison	Sinfin RC
593	6055	00:51:13	Kevin Williams	Ashford AC
594	8414	00:51:13	Phil Cooper	Thrift Green Trotters
595	6015	00:51:13	Mark Clews	Aldershot Farnham & District AC
596	7330	00:51:13	Alistair Goulding	Leigh Harriers & AC
597	7575	00:51:14	Steve Reid	Nene Valley Harriers
598	7529	00:51:14	John Armstrong	Mornington Chasers RC
599	7593	00:51:15	David Wright	Newbury AC
600	7492	00:51:15	Stuart Flack	Medway & Maidstone AC
601	8714	00:51:15	Graeme Furley	Wimborne AC
602	6698	00:51:17	Gavin Boyter	Ealing Southall & Middlesex AC
603	7725	00:51:17	Neil Carter	OWLS AC
604	7811	00:51:18	Chris Owens	Ranelagh Harriers
605	6353	00:51:19	Chris Rainbow	Boston & District AC
606	6668	00:51:19	John Robertson	Derby AC
607	7826	00:51:20	Darren Stevens	Reading AC
608	6571	00:51:21	Colin Shuttleworth	Clayton-Le-Moors
609	8104	00:51:22	Andy Collins	South London Harriers
610	8536	00:51:23	Simeon Bennett	Victoria Park H. & Tower Hamlets AC
611	8736	00:51:23	Steve Phillips	Winchester & District AC
612	8247	00:51:23	Jon Walch	Stockport Harriers & AC
613	8509	00:51:25	Ross Langley	Tring RC
614	8270	00:51:25	Mike Anslow	Stourbridge RC
615	7966	00:51:26	Andrew Davies	Serpentine RC
616	7867	00:51:26	Ian Roberts	Rochdale Harriers & AC
617	8224	00:51:26	Tom Hobbins	Stafford Harriers
618	7134	00:51:27	Richard Sunley	Horsforth Harriers
619	7697	00:51:28	Owen Flage	Oldham & Royton Harriers & AC
620	8119	00:51:28	Keith Mackey	South Shields Harriers & AC
621	7790	00:51:28	Michael Dmistrzak	Queens Park Harriers
622	6204	00:51:29	Johnathon Lesciewicz	Beverley AC
623	7894	00:51:31	Vincent Carroll	Rugby & Northampton AC
624	6820	00:51:31	Arthur Short	Grantham AC

Senior Men

Pos	RaceNo	Time	Name	Club
625	8567	00:51:34	Greg Jones	Wallasey AC
626	8386	00:51:35	Matt Ponting	Thames Valley Harriers
627	7630	00:51:37	Graham Hodgson	Newquay & Par AC
628	7174	00:51:37	John Wilkins	Invicta East Kent AC
629	6303	00:51:40	Richard Daniel	Blackheath & Bromley Harriers
630	8810	00:51:40	Alex Chklar	Woodford Green AC with Essex Ladies
631	7808	00:51:41	Trevor Maguire	Ranelagh Harriers
632	7653	00:51:41	Martin Morlock	Norwich RR
633	8037	00:51:42	Patrick Pearce	Shaftesbury Barnet Harriers
634	7188	00:51:43	Derek George	Istead & Ifield Harriers
635	7283	00:51:43	Steve Cornfield	Leamington Cycling & AC
636	6388	00:51:45	Andrew Chapman	Brighton & Hove City AC
637	7953	00:51:45	Jim Thompson	Saltwell Harriers
638	6042	00:51:46	Dave Livingstone	Altrincham & District AC
639	8791	00:51:47	Darren Edwards	Wolverhampton & Bilston
640	6716	00:51:47	Saul Gallagher	East Cheshire Harriers & Tameside AC
641	6700	00:51:48	Mark Delahunty	Ealing Southall & Middlesex AC
642	7581	00:51:48	Adam Combie	Newark AC
643	7700	00:51:49	Daniel Timperley	Oldham & Royton Harriers & AC
644	8602	00:51:50	Jon James	Wells City Harriers
645	8728	00:51:50	Ian Hardcastle	Winchester & District AC
646	8841	00:51:50	Iain Thompson	Woodford Green AC with Essex Ladies
647	8172	00:51:51	Nick Stringer	Sparkhill Harriers
648	8814	00:51:53	Iain Cumming	Woodford Green AC with Essex Ladies
649	8303	00:51:53	Christopher Hall	Stubbington Green Runners
650	6447	00:51:54	John Morley	Cambridge & Coleridge AC
651	7870	00:51:54	Ian Stainthorpe	Rochdale Harriers & AC
652	8808	00:51:56	Chris Brotherton	Woodford Green AC with Essex Ladies
653	7773	00:51:57	Kevin Hesketh	Preston Harriers
654	8392	00:52:00	Philip Wetton	Thames Valley Harriers
655	8761	00:52:04	Simon Fox	Wirral AC
656	8639	00:52:05	Tom Pocock	West 4 Harriers
657	6202	00:52:05	Ian Boardley	Beverley AC
658	7200	00:52:06	Adrian Thomas	Keighley & Craven AC
659	7594	00:52:07	Martin Bailey	Newcastle (Staffs) AC
660	7642	00:52:08	John Hosie	Northbrook AC
661	8672	00:52:08	Mark Bale	Wilmslow RC
662	8405	00:52:09	Rob Tyman	The Stragglers
663	6776	00:52:10	Darren Ping	Eye Community Runners
664	7927	00:52:11	Rob Whittaker	Sale Harriers Manchester
665	6371	00:52:13	Paul Halford	Boxfit Tri Club
666	8688	00:52:15	Ian Roylance	Wilmslow RC
667	6082	00:52:15	Desmond Michael	Barnet & District AC
668	7108	00:52:16	Richard Jenkins	Hillingdon AC
669	6099	00:52:18	Andrew Waters	Barnsley AC
670	6033	00:52:18	Adam Tribe	Aldershot Farnham & District AC
671	6170	00:52:20	Gareth Waite	Bedford Harriers
672	8255	00:52:21	Adrian Copp	Stopsley Striders
673	8335	00:52:21	Dan Jones	Team Bath AC
674	7187	00:52:22	Joe Cumberland	Istead & Ifield Harriers
675	6693	00:52:22	Duncan Wilson	Dulwich Runners AC
676	7818	00:52:23	Mark Curson	Reading AC

Senior Men

Pos	RaceNo	Time	Name	Club
677	7049	00:52:23	James Ward	Herne Hill Harriers
678	8412	00:52:23	Anthony Came	Thrift Green Trotters
679	6990	00:52:24	Deon Coetzee (F)	Hercules Wimbledon AC
680	7414	00:52:26	David Walton	London Heathside
681	8038	00:52:26	Michael Potticary	Shaftesbury Barnet Harriers
682	7882	00:52:28	Howard Darwin	Rotherham Harriers & AC
683	6534	00:52:28	Ian Lawson	Chiltern Harriers AC
684	7517	00:52:28	Mick Lane	Metropolitan Police AC
685	7085	00:52:29	Joseph Lowe	Highgate Harriers
686	6786	00:52:29	Markus Allen	Garden City Runners
687	6764	00:52:29	Michael Cates	Eton Manor AC
688	8514	00:52:31	Terry Everest	Tunbridge Wells Harriers
689	7985	00:52:32	Lars Menken (F)	Serpentine RC
690	7779	00:52:32	Gary Wilson	Preston Harriers
691	6489	00:52:33	Mike Bridgeland	Chelmsford AC
692	6002	00:52:34	Joseph Brewer	26.2 RRC
693	8066	00:52:34	Kevin Reboul	Silson Joggers AC
694	6059	00:52:37	Ian Hayden	Aurora Harriers
695	8494	00:52:38	Kevin Haynes	Trent Park RC
696	8262	00:52:39	Christopher Lamont	Stopsley Striders
697	6800	00:52:40	Richard Hung	Garden City Runners
698	6720	00:52:42	Steve Robinson	East Cheshire Harriers & Tameside AC
699	7043	00:52:44	Paul Sheil	Herne Hill Harriers
700	6677	00:52:44	Andy Fay	Dorking & Mole Valley AC
701	7197	00:52:44	Dave Shaw	Keighley & Craven AC
702	6311	00:52:46	Richard Hall	Blackheath & Bromley Harriers
703	7088	00:52:46	John O'Shea	Highgate Harriers
704	7714	00:52:47	Tim Wright	Orion Harriers
705	7591	00:52:47	Andy Tuttle	Newbury AC
706	8564	00:52:47	Tony Barbat	Wallasey AC
707	8374	00:52:48	Jerry Watson	Thames Hare & Hounds
708	7242	00:52:49	Ron Searle	Kettering Town Harriers
709	7152	00:52:50	Neil Crisp	Ilford AC
710	8396	00:52:51	Simon Brazil	The Stragglers
711	8499	00:52:52	Alan Evans	Trentham RC
712	8301	00:52:52	Zippy Grice	Stubbington Green Runners
713	8111	00:52:53	Paul Mitchell	South London Harriers
714	6838	00:52:54	Nick Hazelwood	Halesowen AC
715	7123	00:52:55	Matthew Dewhirst	Holmfirth Harriers AC
716	8084	00:52:55	Steven Howes	Solihull & Small Heath AC
717	7946	00:52:56	Tom Ford	Saltwell Harriers
718	6524	00:52:56	Chris Jack	Chichester Runners & AC
719	6560	00:52:57	Martin Kirby	City of York AC
720	7863	00:52:58	Paul Leary	Rochdale Harriers & AC
721	7656	00:52:58	Paul Sullivan	Norwich RR
722	7869	00:52:59	Philip Scarr	Rochdale Harriers & AC
723	6100	00:53:01	Karl Woofindin	Barnsley AC
724	8619	00:53:01	John Collier	Wesham RR
725	6642	00:53:01	Tony Durey	Dartford Harriers AC
726	7860	00:53:01	Phil Redden	Riverside Runners (St.Neots)
727	7076	00:53:04	Tim Gascoign	Highgate Harriers
728	7803	00:53:04	Andy Bickerstaff	Ranelagh Harriers

Senior Men

Pos	RaceNo	Time	Name	Club
729	8757	00:53:05	Anthony Devoy	Wirral AC
730	6724	00:53:06	Roy Lilley	East Hull Harriers & AC
731	7718	00:53:06	Malcolm Court	Otley AC
732	8592	00:53:08	Colin Taylor	Watford Joggers
733	7898	00:53:09	John Saw	Rugby & Northampton AC
734	7441	00:53:10	Eddie Gilligan	Manchester YMCA Harriers
735	8748	00:53:10	Dave Huck	Windsor Slough Eton & Hounslow AC
736	8577	00:53:11	Matt Williams	Wallasey AC
737	6847	00:53:11	Andy Nock	Halesowen AC
738	7536	00:53:12	Mike Hurford	Mornington Chasers RC
739	7775	00:53:13	Phil Nicholson	Preston Harriers
740	7888	00:53:13	Peter Neal	Rotherham Harriers & AC
741	7422	00:53:14	James Scholes	Longwood Harriers AC
742	8652	00:53:14	Paul Windle	Wetherby Runners AC
743	6236	00:53:15	Alan Clark	Billericay Striders RC
744	8218	00:53:16	Ray Vose	St.Helens Sutton AC
745	8399	00:53:18	Neil Browning	The Stragglers
746	8002	00:53:19	Andrew Taylor	Serpentine RC
747	7493	00:53:21	Bob Fursey	Medway & Maidstone AC
748	8279	00:53:22	Malcolm Bowyer	Stratford upon Avon AC
749	8718	00:53:24	Stewart Little	Wimborne AC
750	7993	00:53:25	Jon Rae	Serpentine RC
751	8476	00:53:26	Duncan Drasdo	Trafford AC
752	7010	00:53:27	Dave Williams	Hereford Couriers
753	6689	00:53:27	Ian Seinan	Dulwich Runners AC
754	6189	00:53:28	Robert Norville	Belgrave Harriers
755	8190	00:53:28	Chris Purse	Springfield Striders
756	6792	00:53:30	Russell Casey	Garden City Runners
757	7983	00:53:31	David McGregor (F)	Serpentine RC
758	8400	00:53:31	Jim Desmond	The Stragglers
759	7184	00:53:32	Steve Cable	Istead & Ifield Harriers
760	7131	00:53:32	Kevin Yewlett	Holmfirth Harriers AC
761	6233	00:53:33	Robert Hemming	Biggleswade AC
762	6748	00:53:33	Robert Harrison	Epsom Oddballs
763	6640	00:53:34	S Rutherford	Darlington Harriers
764	8794	00:53:35	Tony McArthur	Wolverhampton & Bilston
765	8404	00:53:35	Nigel Rothwell	The Stragglers
766	7023	00:53:38	Deron Fagan	Herne Hill Harriers
767	6697	00:53:38	John Blancgard	Ealing Southall & Middlesex AC
768	7972	00:53:40	Paul Fromme (F)	Serpentine RC
769	7270	00:53:41	Mike Allen	KPMG RC
770	7520	00:53:43	Jonathan Waterfield	Metropolitan Police AC
771	7285	00:53:43	Graham Garlick	Leamington Cycling & AC
772	8117	00:53:43	Paul Doxford	South Shields Harriers & AC
773	8336	00:53:43	Paul King	Team Bath AC
774	7508	00:53:43	Bobby Boothroyd	Metropolitan Police AC
775	7420	00:53:44	Richard Wilkinson	Long Eaton RC
776	8633	00:53:44	John Barnard	West 4 Harriers
777	8495	00:53:45	Miles Lakin	Trent Park RC
778	8062	00:53:47	Jim Darcy	Silson Joggers AC
779	6072	00:53:47	Paul Carter	Barnet & District AC
780	7963	00:53:48	Nick Copas	Serpentine RC

Senior Men

Pos	RaceNo	Time	Name	Club
781	6460	00:53:48	Graham Maynard	Cambridge Harriers
782	7217	00:53:49	Mick Barlow	Kent AC
783	8193	00:53:50	Darren Sutton	Springfield Striders
784	7936	00:53:51	David Hudson	Salford Harriers
785	8862	00:53:52	Simon Brown	Yaxley Runners & Joggers
786	6628	00:53:53	David Brown	Croydon Harriers
787	7223	00:53:53	Bernie Hutchinson	Kent AC
788	6030	00:53:56	Jamie Smith	Aldershot Farnham & District AC
789	6822	00:53:57	Philip Chan	Great Western Runners
790	7074	00:53:58	Greg Fuzesi	Highgate Harriers
791	8566	00:53:59	Phil Cuthbert	Wallasey AC
792	6885	00:54:00	Adam Brooks	Harborough AC
793	7336	00:54:01	Joby Hobbs	Leighton Buzzard AC
794	8182	00:54:02	Lyndsay Broadbridge	Springfield Striders
795	8109	00:54:04	Alex Halpin	South London Harriers
796	7193	00:54:06	Russell Fairhurst	Keighley & Craven AC
797	6448	00:54:07	Michael Salt	Cambridge & Coleridge AC
798	8807	00:54:07	Dave Barrett	Woodford Green AC with Essex Ladies
799	8785	00:54:09	Andrew Bave	Wolverhampton & Bilston
800	7745	00:54:11	Malcolm Hughes	Phoenix AC
801	8138	00:54:12	Michael Read	Southampton RC
802	8790	00:54:12	Duncan Davies	Wolverhampton & Bilston
803	8093	00:54:13	Neil Jones	South Cheshire Harriers
804	6783	00:54:14	Julian Mann	Farnham Runners
805	8549	00:54:14	Declan Phelan	Victoria Park H. & Tower Hamlets AC
806	8361	00:54:16	Andy Howse	Thames Hare & Hounds
807	8470	00:54:16	Andy Wood	Tonbridge AC
808	7246	00:54:16	Bob Park	Kidderminster & Stourport AC
809	8572	00:54:17	Andy Rogerson	Wallasey AC
810	6093	00:54:18	Michael Walker	Barnet & District AC
811	6765	00:54:18	Paul Cates	Eton Manor AC
812	6752	00:54:19	Jeff Butler	Epsom & Ewell Harriers
813	7118	00:54:21	Chris Beadle	Holmfirth Harriers AC
814	6424	00:54:22	Paul Reddaway	Broxbourne Runners
815	6414	00:54:24	Jamie Dancyger	Bromsgrove & Redditch AC
816	6636	00:54:25	Colin Oxlade	Croydon Harriers
817	7828	00:54:26	Mark Attenborough	Redhill RR
818	7341	00:54:28	Craig Nelson	Leighton Buzzard AC
819	7460	00:54:29	Graeme Wilkinson	Mansfield Harriers & AC
820	7127	00:54:29	Rob Kersey	Holmfirth Harriers AC
821	7759	00:54:29	Tony Hyde	Pitsea RC
822	7601	00:54:30	Jason Crispin	Newham & Essex Beagles
823	7288	00:54:31	Brian Miller	Leamington Cycling & AC
824	8208	00:54:31	John Ockenden	St.Albans Striders
825	8254	00:54:32	John Chapman	Stopsley Striders
826	6751	00:54:33	Bill Arbury	Epsom & Ewell Harriers
827	6011	00:54:34	Mark Wright	26.2 RRC
828	7968	00:54:36	James Edgar	Serpentine RC
829	7785	00:54:40	Jonathan Ainsworth	Queens Park Harriers
830	8562	00:54:40	Neil Tolfrey	Victory AC
831	6181	00:54:40	Tom Hadfield	Belgrave Harriers
832	6357	00:54:41	Thomas Honniball	Bourne Town Harriers

Senior Men

Pos	RaceNo	Time	Name	Club
833	8283	00:54:41	Keith Hawkes	Stratford upon Avon AC
834	7451	00:54:42	Steve Davies	Mansfield Harriers & AC
835	7401	00:54:42	Rick Eriksson	London Heathside
836	8654	00:54:42	Jason Hemsley	Wharfedale Harriers
837	6713	00:54:42	Anthony Connally	East Cheshire Harriers & Tameside AC
838	6984	00:54:44	Scott McEntee	Heaton Harriers
839	7926	00:54:45	Ian Wetherall	Sale Harriers Manchester
840	8188	00:54:45	Andy Mason	Springfield Striders
841	6767	00:54:46	Steve Dunn	Eton Manor AC
842	8796	00:54:52	Ian Pincher	Wolverhampton & Bilston
843	7143	00:54:53	Shane Hunt	Huntingdonshire AC
844	8698	00:54:53	Paul Leonard	Wimbledon Windmilers
845	7180	00:54:54	Ker MacRosson	Ipswich Jaffa
846	6920	00:54:55	David Askew	Harrogate Harriers & AC
847	8623	00:54:57	Alan Glasgow	Wesham RR
848	7533	00:54:59	Marc Henrion	Mornington Chasers RC
849	8202	00:54:59	Danny Digweed	St.Albans Striders
850	6200	00:55:00	Mark Riches	Belper Harriers
851	8115	00:55:00	Francis Upcott	South London Harriers
852	8501	00:55:01	Phil Mainwaring	Trentham RC
853	7183	00:55:02	Andrew Archer	Istead & Ifield Harriers
854	7430	00:55:04	Chris Bentley	Macclesfield Harriers
855	7405	00:55:05	Paul McCrossin	London Heathside
856	8330	00:55:06	Nick Bower	Team Bath AC
857	7144	00:55:06	Ian Marshall	Huntingdonshire AC
858	6392	00:55:07	Chris Thomson	Brighton & Hove City AC
859	6930	00:55:08	Tim Pocock	Harrogate Harriers & AC
860	6651	00:55:10	Peter Butler	Dartford RR
861	7660	00:55:12	Tom Bailey	Notts AC
862	6833	00:55:12	Tim Bailey	Halesowen AC
863	6926	00:55:13	Tim Haas	Harrogate Harriers & AC
864	7016	00:55:13	Edmund Barrow	Herne Hill Harriers
865	6370	00:55:14	Dave Coard	Boxfit Tri Club
866	6203	00:55:15	Ian Husband	Beverley AC
867	8215	00:55:16	Peter Johnson	St.Helens Sutton AC
868	6393	00:55:17	James Tomlinson	Brighton & Hove City AC
869	8325	00:55:19	Dave Williamson	Tadworth AC
870	6691	00:55:19	Chris Vernon	Dulwich Runners AC
871	7313	00:55:20	Danny Jones	Leeds City AC
872	6051	00:55:21	Ian King	Ashford AC
873	7334	00:55:22	Nick Clay	Leighton Buzzard AC
874	8253	00:55:23	Bill Barrett	Stopsley Striders
875	8868	00:55:25	Michael Shadwell	Yaxley Runners & Joggers
876	6921	00:55:26	Jon Blane	Harrogate Harriers & AC
877	7145	00:55:26	Andrew Richardson	Huntingdonshire AC
878	7408	00:55:28	Dave Newman	London Heathside
879	8802	00:55:29	Jay Toddington	Wolverhampton & Bilston
880	6130	00:55:29	Paul Beedie	Bedford & County AC
881	6284	00:55:31	Chris Lindsay	Birmingham Rowheath AC
882	8651	00:55:33	Ian Legg	Wetherby Runners AC
883	8064	00:55:35	Graham Linnell	Silson Joggers AC
884	7448	00:55:36	Terry Ashmore	Mansfield Harriers & AC

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Pos	RaceNo	Time	Name	Club
885	8377	00:55:37	Richard Bell	Thames Valley Harriers
886	8085	00:55:37	Steven Lidgate-Taylor	Solihull & Small Heath AC
887	6439	00:55:38	Terry Fowler	Buxton & District AC
888	8822	00:55:40	Martin Mack	Woodford Green AC with Essex Ladies
889	8781	00:55:41	Gary Perkins	Wolds Veterans RC
890	8409	00:55:42	Chris Northern	Thorney RC
891	7566	00:55:42	Michael Flowerdew	Muddy Mucky Munkeys
892	6251	00:55:42	Cary Gray	Bingley Harriers & AC
893	8322	00:55:44	Geoff Newton	Tadworth AC
894	6712	00:55:45	Liam Browne	East Cheshire Harriers & Tameside AC
895	6684	00:55:47	Rob McCaffrey	Dorking & Mole Valley AC
896	7418	00:55:47	Rob Fox	Long Eaton RC
897	8226	00:55:47	George Mafu	Stafford Harriers
898	6839	00:55:47	Tim Hazelwood	Halesowen AC
899	6627	00:55:49	Dave Stewart	Crawley AC
900	6354	00:55:49	Dennis Rainbow	Boston & District AC
901	8563	00:55:49	John Armstrong	Wallasey AC
902	7757	00:55:51	Julian Holder	Pitsea RC
903	8311	00:55:52	Chris Vernon	Stubbington Green Runners
904	6654	00:55:53	James Lucas	Dartford RR
905	8078	00:55:55	Matt Radbourne	Sinfin RC
906	8214	00:55:56	Ian Hayburn	St.Helens Sutton AC
907	7084	00:55:57	Kevin Lineham	Highgate Harriers
908	6005	00:55:59	John Matthews	26.2 RRC
909	6125	00:56:00	Mark Slaney	Basingstoke & Mid Hants AC
910	7696	00:56:02	Nick Wilson	Nuneaton Harriers
911	7692	00:56:02	Pete Greenfield	Nuneaton Harriers
912	7091	00:56:03	Steve Scruton	Highgate Harriers
913	7447	00:56:04	Matt Wade	Manchester YMCA Harriers
914	6880	00:56:04	Bob Langley	Halstead RR
915	7155	00:56:04	John Mackenzie	Ilford AC
916	8282	00:56:05	Steve Donnelly	Stratford upon Avon AC
917	8647	00:56:05	Chris Palmer	Westbury Harriers
918	6003	00:56:06	Joseph Chang	26.2 RRC
919	6225	00:56:06	Paul Smyth	Bexley AC
920	8498	00:56:08	Dan Clowes	Trentham RC
921	8586	00:56:09	Matt Wilkins	Watford Harriers
922	7190	00:56:09	Steve Lelliott	Istead & Ifield Harriers
923	8819	00:56:10	Alistair Holford	Woodford Green AC with Essex Ladies
924	8269	00:56:12	Grahame White	Stopsley Striders
925	8626	00:56:13	Mark Midgley	Wesham RR
926	8490	00:56:14	Robert Alston	Trent Park RC
927	8709	00:56:16	Richard Atkins	Wimborne AC
928	8627	00:56:17	Steve Myerscough	Wesham RR
929	6845	00:56:19	Alex Morgan	Halesowen AC
930	7705	00:56:22	Andrew Dodd	Orion Harriers
931	6606	00:56:24	Aaron Bodycote	Coventry Godiva Harriers
932	8431	00:56:26	Chris Scrivener	Thurrock Harriers
933	7170	00:56:26	Tom Purnell	Invicta East Kent AC
934	6817	00:56:27	Steve Medd	Gateshead Harriers & AC
935	6551	00:56:27	Peter Newton	City of Portsmouth AC
936	8192	00:56:28	Paul Stukas	Springfield Striders

Senior Men

Pos	RaceNo	Time	Name	Club
937	6878	00:56:30	Don English	Halstead RR
938	7182	00:56:32	Andy Alison	Istead & Ifield Harriers
939	7104	00:56:33	Stevan Dolic	Hillingdon AC
940	7702	00:56:34	Dave Brock	Orion Harriers
941	8569	00:56:36	Keith McLaughlin	Wallasey AC
942	8523	00:56:36	Chris Smith	Tunbridge Wells Harriers
943	8300	00:56:38	Nicholas Crane	Stubbington Green Runners
944	8228	00:56:39	Keith Skelton	Stafford Harriers
945	7292	00:56:41	Pete Taylor	Leamington Cycling & AC
946	6445	00:56:41	Mark Chaplin	Cambridge & Coleridge AC
947	6078	00:56:42	James March	Barnet & District AC
948	6403	00:56:44	Rez Petros (F)	Bristol & West AC
949	8189	00:56:47	Jason Prail	Springfield Striders
950	6918	00:56:48	Roy Steven	Harlow RC
951	8613	00:56:48	Chris Phillips	Werrington Joggers
952	6715	00:56:49	Andy Farley	East Cheshire Harriers & Tameside AC
953	6721	00:56:49	Gareth Simpson	East Cheshire Harriers & Tameside AC
954	7475	00:56:49	David Newton	Manx Harriers
955	7138	00:56:49	Sean Barker	Huntingdonshire AC
956	8653	00:56:52	Owen Beilby	Wharfedale Harriers
957	7146	00:56:53	Martin Rowe	Huntingdonshire AC
958	7181	00:56:53	Brian Rogers	Ipswich Jaffa
959	8042	00:56:54	Philip Shelley	Shaftesbury Barnet Harriers
960	7980	00:56:55	Charles Lescott	Serpentine RC
961	8130	00:56:55	Keith Hollis	Southampton RC
962	8722	00:56:55	Graham Whiffen	Wimborne AC
963	8712	00:56:56	Daryl Davies	Wimborne AC
964	6927	00:56:57	Brian Miller	Harrogate Harriers & AC
965	6162	00:56:57	Matt Burgin	Bedford Harriers
966	8278	00:56:58	Pete Walters	Stourbridge RC
967	6004	00:57:00	Peter Grecian	26.2 RRC
968	8548	00:57:01	Tim Mitchell-Smith	Victoria Park H. & Tower Hamlets AC
969	8874	00:57:01	Mark Hann	Yeovil Town RRC
970	7178	00:57:01	Duncan Chenery	Ipswich Jaffa
971	8575	00:57:02	Dave Walton	Wallasey AC
972	7810	00:57:02	Niall O'Connor	Ranelagh Harriers
973	8788	00:57:03	Daniel Brazier	Wolverhampton & Bilston
974	7126	00:57:03	Brandon Holroyd	Holmfirth Harriers AC
975	8169	00:57:04	Mark Pearce	Sparkhill Harriers
976	8700	00:57:04	Chris Morrison	Wimbledon Windmilers
977	7823	00:57:05	John Gregory	Reading AC
978	6273	00:57:05	Gordon Orme	Birchfield Harriers
979	7682	00:57:06	Ashley Sabin	Notts AC
980	7981	00:57:07	Justin Lock	Serpentine RC
981	7737	00:57:07	Ray Wilson	Peterborough AC
982	7572	00:57:08	Nijak Jaroslaw	Nene Valley Harriers
983	7371	00:57:08	Anthony Clarke	Liverpool Harriers & AC
984	7796	00:57:11	Frank Nolan	Queens Park Harriers
985	8174	00:57:12	Gareth Patchett	Spensborough AC
986	8615	00:57:12	Roger Richardson	Werrington Joggers
987	8640	00:57:13	Gary Robinson	West 4 Harriers
988	6103	00:57:13	John Rees	Barrow Runners

Senior Men

Pos	RaceNo	Time	Name	Club
989	8559	00:57:16	David Jeffery	Victory AC
990	7237	00:57:17	Andrew Clawson	Kettering Town Harriers
991	7130	00:57:17	Damian Wilde	Holmfirth Harriers AC
992	8541	00:57:19	Alfredo Dimeo	Victoria Park H. & Tower Hamlets AC
993	7041	00:57:19	Tim Ridley	Herne Hill Harriers
994	8304	00:57:20	Mike Harper	Stubbington Green Runners
995	7233	00:57:20	Simon Taylor	Kent AC
996	6834	00:57:21	Paul Butler	Halesowen AC
997	8068	00:57:23	Dan Taylor	Silson Joggers AC
998	8507	00:57:25	Robert Brown	Tring RC
999	8266	00:57:26	Mark Sains	Stopsley Striders
1000	7701	00:57:26	Bill Bennett	Orion Harriers
1001	6567	00:57:27	Martin Brady	Clayton-Le-Moors
1002	8165	00:57:27	Craig Hinks	Sparkhill Harriers
1003	8186	00:57:27	John Legge	Springfield Striders
1004	7333	00:57:27	Mike Bryant	Leighton Buzzard AC
1005	7053	00:57:30	Jim Zaple	Herne Hill Harriers
1006	6410	00:57:32	Gary Rushmer	British Airways AC
1007	6344	00:57:34	Kevin Freeman	Blyth RC
1008	7340	00:57:36	Tom May	Leighton Buzzard AC
1009	6643	00:57:37	Steve Hickmott	Dartford Harriers AC
1010	6199	00:57:38	Robert Norman	Belper Harriers
1011	7698	00:57:40	Brian Schofield	Oldham & Royton Harriers & AC
1012	6213	00:57:41	David Farrell	Bexley AC
1013	6240	00:57:42	Gerry O'Doherty	Billericay Striders RC
1014	7844	00:57:42	Ian Thomas	Reigate Priory AC
1015	7539	00:57:43	Guido Le Lorrain	Mornington Chasers RC
1016	6923	00:57:44	Ashley Brook	Harrogate Harriers & AC
1017	8491	00:57:46	David Birks	Trent Park RC
1018	7672	00:57:46	Dominic Hessian	Notts AC
1019	7853	00:57:47	J Bateman	Ripley RC
1020	6098	00:57:49	Mark Hurrell	Barnsley AC
1021	8168	00:57:51	Barry O'Neil	Sparkhill Harriers
1022	7186	00:57:51	Mark Champion	Istead & Ifield Harriers
1023	7540	00:57:53	John Lynch	Mornington Chasers RC
1024	8044	00:57:53	Chris Sutherland	Shaftesbury Barnet Harriers
1025	8260	00:57:56	Christopher Green	Stopsley Striders
1026	7889	00:57:56	John Spencer	Rotherham Harriers & AC
1027	6941	00:57:57	Kevin Draper	Harrow AC
1028	7695	00:57:58	Steve White	Nuneaton Harriers
1029	6321	00:58:00	Chris Pike	Blackheath & Bromley Harriers
1030	8555	00:58:02	Alexander Bangert	Victory AC
1031	8402	00:58:02	Colin Gray	The Stragglers
1032	6828	00:58:02	Anthony Rhodes	Great Western Runners
1033	6007	00:58:02	Andrew Pengelly	26.2 RRC
1034	8116	00:58:03	Colin Young	South London Harriers
1035	6118	00:58:04	Graham Cooper	Basingstoke & Mid Hants AC
1036	6070	00:58:04	Stephen Allen	Barnet & District AC
1037	7095	00:58:04	Nick Stockman	Highgate Harriers
1038	8493	00:58:05	Nick Clarke	Trent Park RC
1039	7400	00:58:06	Alan Dickson	London Heathside
1040	7933	00:58:07	Sean Cordell	Salford Harriers

Senior Men

Pos	RaceNo	Time	Name	Club
1041	8006	00:58:08	Mark Wadley	Serpentine RC
1042	8398	00:58:08	Nick Brown	The Stragglers
1043	8571	00:58:09	Pat Riley	Wallasey AC
1044	8666	00:58:09	John Peake	White Horse Harriers
1045	8515	00:58:10	George Harris	Tunbridge Wells Harriers
1046	7812	00:58:10	Mike Peace	Ranelagh Harriers
1047	6864	00:58:10	Stewart Kemp	Hallamshire Harriers Sheffield
1048	6412	00:58:11	Philip Anderson	Bromsgrove & Redditch AC
1049	7075	00:58:14	Jon Gardner (F)	Highgate Harriers
1050	8136	00:58:14	John O'Shea	Southampton RC
1051	8506	00:58:16	Simon Barnett	Tring RC
1052	7794	00:58:16	Jeremy Grigg	Queens Park Harriers
1053	6562	00:58:17	Andrew Nesom	City of York AC
1054	7976	00:58:18	Paddy Green	Serpentine RC
1055	6705	00:58:18	Andy Kotsyubka (F)	Ealing Southall & Middlesex AC
1056	8717	00:58:20	Pete Lemon	Wimborne AC
1057	6851	00:58:21	Barry Thompson	Halesowen AC
1058	8023	00:58:22	Phil Cunningham	Shaftesbury Barnet Harriers
1059	8264	00:58:24	Aidrew Moore	Stopsley Striders
1060	7006	00:58:27	Steve Herington	Hereford Couriers
1061	6781	00:58:28	Paul Holgate	Fairlands Valley Spartans
1062	7227	00:58:30	Adam Moreton	Kent AC
1063	7056	00:58:31	Richard Foskett	Herts Phoenix AC
1064	7199	00:58:33	Liam Spencer	Keighley & Craven AC
1065	6359	00:58:34	Richard Smithers	Bourne Town Harriers
1066	8650	00:58:35	Jim Buller	Wetherby Runners AC
1067	8139	00:58:35	Ian Richardson	Southampton RC
1068	7416	00:58:37	Russell Weston	London Heathside
1069	7994	00:58:39	Damon Reeve	Serpentine RC
1070	7426	00:58:40	Paul Brooks	Luton AC
1071	6832	00:58:40	Paul Allen	Halesowen AC
1072	7872	00:58:43	Nick Walsh	Rochdale Harriers & AC
1073	6728	00:58:44	Ian Fenwick	Elswick Harriers
1074	7830	00:58:45	Clive Greyson	Redhill RR
1075	8875	00:58:46	Pete Jakeman	Yeovil Town RRC
1076	8533	00:58:47	Peter Simpson	Vegan Runners UK
1077	8691	00:58:48	Steve Chandler	Wimbledon Windmilers
1078	7221	00:58:49	Andrew Dunwoody	Kent AC
1079	6018	00:58:51	Tony Davies	Aldershot Farnham & District AC
1080	6351	00:58:51	Thomas Johnson	Boston & District AC
1081	7112	00:58:52	Martin Searle	Hillingdon AC
1082	8679	00:58:52	Geoff Gilbert	Wilmslow RC
1083	8175	00:58:53	Frank Reddington	Spensborough AC
1084	6422	00:58:53	Andy Hyland	Broxbourne Runners
1085	7786	00:58:54	Andy Angus	Queens Park Harriers
1086	8614	00:58:56	Andy Rawlins	Werrington Joggers
1087	7458	00:58:57	Clive Russell	Mansfield Harriers & AC
1088	8456	00:58:58	Phillip Clarke	Tiptree RRC
1089	6568	00:58:59	James Hickie	Clayton-Le-Moors
1090	7325	00:59:01	Gary Wilks	Leeds City AC
1091	6488	00:59:01	Mark Whitmore	Charnwood AC
1092	8713	00:59:02	Craig Dixon	Wimborne AC

Senior Men

Pos	RaceNo	Time	Name	Club
1093	7643	00:59:03	Jason Nicholson	Northbrook AC
1094	7761	00:59:04	Roger Merchant	Pitsea RC
1095	8180	00:59:06	Graham Patton	Sphinx AC
1096	8503	00:59:07	Paul Thomas	Trentham RC
1097	7723	00:59:08	James Kennedy	Otley AC
1098	7629	00:59:09	Jason Henderson	Newquay & Par AC
1099	7760	00:59:12	Peter McLaughlin	Pitsea RC
1100	7456	00:59:13	Mark Partridge	Mansfield Harriers & AC
1101	7749	00:59:14	Ian Moss	Phoenix AC
1102	8695	00:59:15	Ralph Gilbert	Wimbledon Windmilers
1103	7693	00:59:16	Fred Heath	Nuneaton Harriers
1104	6313	00:59:16	Darryl Hiller	Blackheath & Bromley Harriers
1105	7827	00:59:17	Ian Abbott	Redhill RR
1106	7243	00:59:17	Shane Smith	Kettering Town Harriers
1107	7506	00:59:17	Ian Humphreys	Mendip AC
1108	7058	00:59:17	Stuart Mann	Herts Phoenix AC
1109	8581	00:59:19	Tim Cory	Watford Harriers
1110	7111	00:59:19	John Myall	Hillingdon AC
1111	8017	00:59:20	Peter Stephens	Severn AC
1112	6762	00:59:22	Steve Adams	Eton Manor AC
1113	8425	00:59:23	Michael Judd	Thurrock Harriers
1114	7859	00:59:23	Neil Adams	Riverside Runners (St.Neots)
1115	7901	00:59:23	Adrian White	Rugby & Northampton AC
1116	7804	00:59:27	Chris Brook	Ranelagh Harriers
1117	8201	00:59:28	Richard Derrick	St.Albans Striders
1118	7003	00:59:28	Frank Wood	Hercules Wimbledon AC
1119	6658	00:59:29	Gary Fallon	Derby AC
1120	7306	00:59:31	Robert Gatenby	Leeds City AC
1121	6237	00:59:33	Andy Coleman	Billericay Striders RC
1122	6095	00:59:34	Trevor Bailey	Barnsley AC
1123	7507	00:59:36	Rob Martin	Mendip AC
1124	8284	00:59:37	Paul Hawkins	Stratford upon Avon AC
1125	6688	00:59:39	Andy Murray	Dulwich Runners AC
1126	6088	00:59:39	Martyn Rowe	Barnet & District AC
1127	7989	00:59:41	Lars Olsen (F)	Serpentine RC
1128	6516	00:59:43	Neil Salt	Chester Triathlon Club
1129	7865	00:59:44	Mick Moran	Rochdale Harriers & AC
1130	7582	00:59:45	Alex Combie	Newark AC
1131	6883	00:59:45	Rob Thacker	Halstead RR
1132	7446	00:59:49	Stephen Symons	Manchester YMCA Harriers
1133	6230	00:59:51	Kevin Winch	Bexley AC
1134	8397	00:59:51	Graham Brook	The Stragglers
1135	8716	00:59:53	Ian Kennedy	Wimborne AC
1136	6760	00:59:54	Gerry Smith	Epsom & Ewell Harriers
1137	8502	00:59:55	Adrian Pestell	Trentham RC
1138	6771	00:59:57	Andy Ruffy	Eton Manor AC
1139	7172	00:59:58	Tom Sutton	Invicta East Kent AC
1140	6001	00:59:59	Dave Ashburner	26.2 RRC
1141	8701	00:59:59	Tom O'Donogue	Wimbledon Windmilers
1142	8187	01:00:00	Anthony Marsh	Springfield Striders
1143	6053	01:00:02	Pete Walshe	Ashford AC
1144	6369	01:00:04	Graham Briggs	Boxfit Tri Club

Senior Men

Pos	RaceNo	Time	Name	Club
1145	8302	01:00:04	John Gueran	Stubbington Green Runners
1146	6815	01:00:06	Chris Baudouin	Gateshead Harriers & AC
1147	8185	01:00:07	Gary Joslin	Springfield Striders
1148	7434	01:00:08	Alan Webster	Macclesfield Harriers
1149	8349	01:00:09	Michael Thompson	Teesdale AC
1150	6119	01:00:09	Tim Fowler	Basingstoke & Mid Hants AC
1151	7241	01:00:11	Alan Rain	Kettering Town Harriers
1152	8584	01:00:11	Terry Hedge	Watford Harriers
1153	7840	01:00:12	Paddy Patrick	Reigate Priory AC
1154	8422	01:00:12	John Green	Thurrock Harriers
1155	7136	01:00:14	Christopher Lee	Horsham Blue Star Harriers
1156	8408	01:00:14	Eamonn Dorling	Thorney RC
1157	8259	01:00:15	Jeff Dowsett	Stopsley Striders
1158	6687	01:00:16	Chris Loizou	Dulwich Runners AC
1159	8508	01:00:16	Geoff Head	Tring RC
1160	8312	01:00:18	Gordon Westley	Stubbington Green Runners
1161	8869	01:00:19	Allan Shutt	Yaxley Runners & Joggers
1162	8285	01:00:20	Phil Howell	Stratford upon Avon AC
1163	8546	01:00:22	John Medcroft	Victoria Park H. & Tower Hamlets AC
1164	7364	01:00:22	Peter Vasey	Lingfield RC
1165	7871	01:00:23	Mark Walker	Rochdale Harriers & AC
1166	8459	01:00:24	Edward Skinner	Tiptree RRC
1167	7272	01:00:26	Phil Lightfoot	KPMG RC
1168	8108	01:00:27	John Foss	South London Harriers
1169	7589	01:00:28	Richard Peach	Newark AC
1170	8167	01:00:30	Rob Mills	Sparkhill Harriers
1171	8276	01:00:30	Justin Phipps	Stourbridge RC
1172	6683	01:00:32	Patrick Martin	Dorking & Mole Valley AC
1173	6229	01:00:34	Stephen Walker	Bexley AC
1174	7363	01:00:36	Ian Greenaway	Lingfield RC
1175	7637	01:00:38	Chris Priestley	North Herts RRC
1176	6907	01:00:40	David Ayling	Harlow RC
1177	7949	01:00:40	Peter Mullarkey	Saltwell Harriers
1178	7289	01:00:42	Robert Payne	Leamington Cycling & AC
1179	7162	01:00:42	Peter Bowell	Invicta East Kent AC
1180	8183	01:00:43	Mark Crook	Springfield Striders
1181	6420	01:00:43	Derek Dutchburn	Broxbourne Runners
1182	6440	01:00:45	Mark Quince	Buxton & District AC
1183	6579	01:00:45	Russell Goodridge	Colchester Harriers AC
1184	6879	01:00:46	Mike Grealy	Halstead RR
1185	7837	01:00:46	Nick Feakins	Reigate Priory AC
1186	6408	01:00:46	Simon Gunning	British Airways AC
1187	6735	01:00:48	Neil Barnaby	Enfield & Haringey AC
1188	7339	01:00:49	Tom Inchley	Leighton Buzzard AC
1189	6561	01:00:50	Alan Lynn	City of York AC
1190	8281	01:00:51	James Deacon	Stratford upon Avon AC
1191	7990	01:00:52	Mark Palmer (F)	Serpentine RC
1192	7158	01:00:53	Steve Parker	Ilford AC
1193	6368	01:00:53	Martin Beare	Boxfit Tri Club
1194	7789	01:00:55	Richard Davies	Queens Park Harriers
1195	8308	01:00:55	Philip May	Stubbington Green Runners
1196	7770	01:00:57	Ian Todd	Poole AC

Senior Men

Pos	RaceNo	Time	Name	Club
1197	7202	01:00:57	Steve Burrows	Kendal AAC
1198	8578	01:00:57	Stan Williams	Wallasey AC
1199	6618	01:00:58	Martin Slevin	Coventry Godiva Harriers
1200	8478	01:01:00	Clive Fitzpatrick	Trafford AC
1201	8829	01:01:01	Michael Murphy	Woodford Green AC with Essex Ladies
1202	8839	01:01:02	Andy Smith	Woodford Green AC with Essex Ladies
1203	7954	01:01:03	Richard Townsend	Saltwell Harriers
1204	6789	01:01:05	Patrick Bird	Garden City Runners
1205	8522	01:01:09	Michael Russell	Tunbridge Wells Harriers
1206	7659	01:01:11	Ken Allen	Notts AC
1207	7342	01:01:13	Fred Watt	Leighton Buzzard AC
1208	8843	01:01:14	Julian Thorpe	Woodford Green AC with Essex Ladies
1209	7195	01:01:15	Chris Loftus	Keighley & Craven AC
1210	8358	01:01:17	Bernt Erik Roeed	Thames Hare & Hounds
1211	6629	01:01:21	Keith Brown	Croydon Harriers
1212	8842	01:01:23	Adam Thorpe	Woodford Green AC with Essex Ladies
1213	8406	01:01:23	David Venter	The Stragglers
1214	6083	01:01:24	Sean Mitchell	Barnet & District AC
1215	6572	01:01:26	Roger Alexander	Colchester & Tendring AC
1216	8756	01:01:28	David Costello	Wirral AC
1217	7301	01:01:32	Alistair Davy	Leeds City AC
1218	7054	01:01:33	Richard Bloom	Herts Phoenix AC
1219	6773	01:01:34	Chris Burgess	Eye Community Runners
1220	8521	01:01:35	Edward Peltor	Tunbridge Wells Harriers
1221	8775	01:01:36	Keith Taylor	Witham RC
1222	7864	01:01:36	John Mayall	Rochdale Harriers & AC
1223	8079	01:01:38	David Richardson	Sinfin RC
1224	7839	01:01:39	Stewart McIntyre	Reigate Priory AC
1225	8530	01:01:40	Colin Rathbone	Vale Royal AC
1226	6161	01:01:45	Tony Barnes	Bedford Harriers
1227	6169	01:01:46	Alistair Vile	Bedford Harriers
1228	7100	01:01:50	John Bignell	Hillingdon AC
1229	7389	01:01:53	Keith Lester	Liverpool Pembroke & Sefton H & AC
1230	8552	01:01:54	David Shortridge	Victoria Park H. & Tower Hamlets AC
1231	7645	01:01:55	Eddie Simmonds	Northbrook AC
1232	8383	01:01:59	Simon Maddison	Thames Valley Harriers
1233	8840	01:02:01	Tom Spanyol	Woodford Green AC with Essex Ladies
1234	8574	01:02:03	Paul Thelwell	Wallasey AC
1235	6122	01:02:04	Rudi Kruijsse	Basingstoke & Mid Hants AC
1236	8582	01:02:05	Martin Grimsdale	Watford Harriers
1237	7436	01:02:05	Michael Cunningham	Manchester Harriers & AC
1238	8873	01:02:06	Matt Driver	Yeovil Town RRC
1239	6963	01:02:07	Mark Reece	Hastings AC
1240	7514	01:02:08	Rob Harding	Metropolitan Police AC
1241	8591	01:02:12	Mark Studdart	Watford Joggers
1242	7463	01:02:13	Leslie Brown	Manx Harriers
1243	8091	01:02:13	Melvin Cole	South Cheshire Harriers
1244	8428	01:02:14	Scott Rice	Thurrock Harriers
1245	6391	01:02:15	Andrew Mitchelson	Brighton & Hove City AC
1246	7722	01:02:16	Tom Hannah	Otley AC
1247	6633	01:02:17	Norman Hemming	Croydon Harriers
1248	8178	01:02:29	Mark Coyle	Sphinx AC

Senior Men

Pos	RaceNo	Time	Name	Club
1249	7829	01:02:30	Terry Chambers	Redhill RR
1250	8356	01:02:34	Andrew Sedgeley	Telford Harriers
1251	8354	01:02:34	Daron Fincham	Telford Harriers
1252	6682	01:02:35	Steve Kemp	Dorking & Mole Valley AC
1253	8697	01:02:36	James Hoadley	Wimbledon Windmilers
1254	8805	01:02:37	Richard Wilson	Wolverhampton & Bilston
1255	6350	01:02:37	David Johnson	Boston & District AC
1256	7280	01:02:42	David Blower	Leamington Cycling & AC
1257	6166	01:02:43	Tom Lamb	Bedford Harriers
1258	8267	01:02:45	Alan Taylor	Stopsley Striders
1259	7674	01:02:45	Jamie Hutchinson	Notts AC
1260	6517	01:02:49	Dave Taylor	Chester Triathlon Club
1261	6087	01:02:51	Kerry Rochester	Barnet & District AC
1262	6096	01:02:53	David Bennett	Barnsley AC
1263	8656	01:02:56	Ian Brennan	White Horse Harriers
1264	8348	01:02:58	Stephen Moss	Teesdale AC
1265	7534	01:03:00	Gary Homewood	Mornington Chasers RC
1266	8194	01:03:02	Paul Wheeloon	Springfield Striders
1267	7452	01:03:04	Jason Foster	Mansfield Harriers & AC
1268	7997	01:03:06	Paul Rowbotham	Serpentine RC
1269	8557	01:03:07	Nigel Foskett	Victory AC
1270	7431	01:03:10	Chris Holden	Macclesfield Harriers
1271	7861	01:03:12	Clive Conway	Rochdale Harriers & AC
1272	6433	01:03:13	Graham Dingley	Burton AC
1273	7274	01:03:15	Martin Walker	KPMG RC
1274	8715	01:03:16	Jeff Hinsley	Wimborne AC
1275	6234	01:03:17	Derek Litchfield	Biggleswade AC
1276	8142	01:03:19	David Roots	Southampton RC
1277	6777	01:03:20	David Richmond	Eye Community Runners
1278	8029	01:03:25	John Kelly	Shaftesbury Barnet Harriers
1279	8094	01:03:31	Robert Mayers	South Cheshire Harriers
1280	6462	01:03:31	Mark Newell	Cambridge Harriers
1281	8866	01:03:33	Simon Perkins	Yaxley Runners & Joggers
1282	7189	01:03:33	John Gillis	Istead & Ifield Harriers
1283	8230	01:03:35	Steve Turner	Stafford Harriers
1284	8772	01:03:36	Terry Alabaster	Witham RC
1285	8317	01:03:38	Ian Lumley	Sunderland Strollers
1286	7412	01:03:39	Nik Skipper	London Heathside
1287	8593	01:03:40	Keith Taylor	Watford Joggers
1288	7583	01:03:40	John Combie	Newark AC
1289	7979	01:03:41	Ian Hodge	Serpentine RC
1290	6373	01:03:43	Noel Keenan	Boxfit Tri Club
1291	6221	01:03:44	Richard Long	Bexley AC
1292	6374	01:03:47	Mick Smyth	Boxfit Tri Club
1293	6768	01:03:48	John Few	Eton Manor AC
1294	7950	01:03:50	Chris Redfern	Saltwell Harriers
1295	7588	01:03:51	Rob Orgill	Newark AC
1296	7012	01:03:54	Jon Shaw	Hermitage Harriers RC
1297	6911	01:03:55	Matt Jones	Harlow RC
1298	7758	01:03:57	Christopher Huggins	Pitsea RC
1299	8407	01:03:58	Carl Higgins	Thetford AC
1300	8511	01:03:58	Allan Cheek	Tunbridge Wells Harriers

Senior Men

Pos	RaceNo	Time	Name	Club
1301	8203	01:03:59	Colin Egleton	St.Albans Striders
1302	7168	01:04:00	Tim Kerr	Invicta East Kent AC
1303	7435	01:04:03	Mark Wheelton	Macclesfield Harriers
1304	6936	01:04:05	Matt Carey	Harrow AC
1305	8669	01:04:08	Dene Stringfellow	White Horse Harriers
1306	8286	01:04:10	Tony Jackson	Stratford upon Avon AC
1307	8608	01:04:13	Rodney Hall	Werrington Joggers
1308	7419	01:04:13	Phil Walters	Long Eaton RC
1309	7245	01:04:15	Paul Young	Kettering Town Harriers
1310	8229	01:04:21	Edwin Smith	Stafford Harriers
1311	7948	01:04:25	Phil James	Saltwell Harriers
1312	6085	01:04:26	John Owen	Barnet & District AC
1313	7787	01:04:29	Damian Bastick	Queens Park Harriers
1314	8612	01:04:31	Kevin McGregor	Werrington Joggers
1315	8287	01:04:32	Phil Marshall	Stratford upon Avon AC
1316	7586	01:04:39	Grahame Kelly	Newark AC
1317	8590	01:04:41	Nick Slade	Watford Joggers
1318	8616	01:04:47	Geoff Walden	Werrington Joggers
1319	6788	01:04:49	Wayne Aylott	Garden City Runners
1320	6515	01:04:50	Chris Morgan	Chester Triathlon Club
1321	7799	01:04:53	Lennie Thomas	Queens Park Harriers
1322	7461	01:04:54	Steve Wragg	Mansfield Harriers & AC
1323	6695	01:05:00	Chris Ashworth	Dursley & District AC
1324	6884	01:05:01	Richard Tiller	Halstead RR
1325	6957	01:05:03	Keith Bossum	Hastings AC
1326	8063	01:05:03	Brian Keers	Silson Joggers AC
1327	7291	01:05:04	Graham Roberts	Leamington Cycling & AC
1328	8765	01:05:06	Nicholas Lindesay	Wirral AC
1329	7715	01:05:10	Colin Best	Otley AC
1330	6877	01:05:11	Andrew Carter	Halstead RR
1331	6912	01:05:14	Martin McColgan	Harlow RC
1332	6674	01:05:18	Alan Brine	Desford Striders
1333	6413	01:05:18	James Atkins	Bromsgrove & Redditch AC
1334	7873	01:05:20	Bill Southgate	Rolls Royce Harriers
1335	8767	01:05:20	Nigel Pratten	Wirral AC
1336	6719	01:05:20	Martin McGann	East Cheshire Harriers & Tameside AC
1337	7417	01:05:27	Glen Coleman	Long Eaton RC
1338	8865	01:05:28	Lenny Peacock	Yaxley Runners & Joggers
1339	6063	01:05:31	William Raine	Aurora Harriers
1340	8773	01:05:43	David Andrews	Witham RC
1341	8170	01:05:45	Pete Reeves	Sparkhill Harriers
1342	7986	01:05:46	Gareth Mitchell	Serpentine RC
1343	6089	01:05:50	John Shirley	Barnet & District AC
1344	7765	01:05:52	Nigel Harding	Poole AC
1345	6639	01:05:53	Ian Statter	Croydon Harriers
1346	7122	01:05:57	Jared Croft	Holmfrith Harriers AC
1347	6742	01:06:01	Malcolm MacLannan	Enfield & Haringey AC
1348	8729	01:06:10	Ken Hardcastle	Winchester & District AC
1349	8258	01:06:14	Dave Debnam	Stopsley Striders
1350	6048	01:06:15	Trevor Jolly	Amber Valley AC
1351	6436	01:06:19	Rob Sharratt	Burton AC
1352	7999	01:06:21	Richard Smith	Serpentine RC

Senior Men

Pos	RaceNo	Time	Name	Club
1353	7024	01:06:23	Ben Halifax	Herne Hill Harriers
1354	6126	01:06:24	Ian Smith	Basingstoke & Mid Hants AC
1355	8090	01:06:25	Phillip Cliff	South Cheshire Harriers
1356	6171	01:06:26	Don Anderson	Belgrave Harriers
1357	6039	01:06:34	Colin Davies	Altrincham & District AC
1358	8721	01:06:36	Danny Symington	Wimborne AC
1359	7361	01:06:37	Tim Aylett	Lingfield RC
1360	7163	01:06:38	Brad Burden	Invicta East Kent AC
1361	8637	01:06:38	Burkhard Fehsenfeld (F)	West 4 Harriers
1362	7801	01:06:40	Phil Aitken	Ranelagh Harriers
1363	7570	01:06:41	Steve Gibb	Nene Valley Harriers
1364	6356	01:06:45	David Grace	Bourne Town Harriers
1365	7397	01:06:49	David Browne	London Heathside
1366	8561	01:06:56	Graham Teasdale	Victory AC
1367	7208	01:06:59	Tom Dable	Kenilworth Runners
1368	8556	01:07:07	Graham Foden	Victory AC
1369	6215	01:07:09	Paul Goss	Bexley AC
1370	7688	01:07:11	Keith Waring	Notts AC
1371	8137	01:07:11	Richard Pearson	Southampton RC
1372	6201	01:07:13	Neil Bant	Beverley AC
1373	8162	01:07:17	Charles Fentiman	Sparkhill Harriers
1374	6529	01:07:28	Trevor Brawn	Chiltern Harriers AC
1375	8457	01:07:34	Robert Hadgraft	Tiptree RRC
1376	6069	01:07:36	Keith Weavers	Aurora Harriers
1377	8280	01:07:50	Phil Brennan	Stratford upon Avon AC
1378	8864	01:07:56	Sean Murphy	Yaxley Runners & Joggers
1379	8867	01:07:59	Stuart Reed	Yaxley Runners & Joggers
1380	8095	01:08:04	Martin Stirna	South Cheshire Harriers
1381	6814	01:08:06	Steve Williams	Garden City Runners
1382	7139	01:08:09	Kevin Balk	Huntingdonshire AC
1383	6823	01:08:18	Terry Fenton	Great Western Runners
1384	6821	01:08:22	Christopher Bennett	Great Western Runners
1385	8609	01:08:42	Tim Hunt	Werrington Joggers
1386	8337	01:08:44	Dennis Marchant	Team Bath AC
1387	7279	01:08:46	Mick Aston	Leamington Cycling & AC
1388	8272	01:08:54	Ian Clarke	Stourbridge RC
1389	6696	01:08:58	Roland Hobbs	Dursley & District AC
1390	7349	01:09:08	Peter Miller	Lewes AC
1391	7121	01:09:18	Tim Cock	Holmfirth Harriers AC
1392	8313	01:09:22	Martin Garrett	Sudbury Court RC
1393	6222	01:09:26	Phillip Mathieson	Bexley AC
1394	6635	01:09:31	Terry Lapins	Croydon Harriers
1395	6076	01:09:37	Harvey Khaihra	Barnet & District AC
1396	7771	01:09:39	George Wright	Poole AC
1397	6819	01:09:46	Philip Hall	Grantham AC
1398	6985	01:09:48	Allen Mulliss	Heaton Harriers
1399	6881	01:10:00	John Markham	Halstead RR
1400	6418	01:10:01	Leonard Quartly	Bromsgrove & Redditch AC
1401	6978	01:10:02	Stuart Pendred	Headington RR
1402	7362	01:10:10	Barrie Clegg	Lingfield RC
1403	7522	01:10:12	Terry Burke	Metros RC
1404	8519	01:10:13	Peter Nuttall	Tunbridge Wells Harriers

Senior Men

Pos	RaceNo	Time	Name	Club
1405	8265	01:10:23	Lance Richardson	Stopsley Striders
1406	8164	01:10:26	John Goulding	Sparkhill Harriers
1407	8542	01:10:28	Andrezj Gajbutowicz	Victoria Park H. & Tower Hamlets AC
1408	7704	01:10:31	Pete Deadman	Orion Harriers
1409	7866	01:10:33	John Purdy	Rochdale Harriers & AC
1410	8611	01:10:36	Ian McCrae	Werrington Joggers
1411	6281	01:10:40	Paul Edwards	Birmingham Rowheath AC
1412	6428	01:10:53	Richard Coleman	Burnham Joggers
1413	8821	01:11:01	Steve Lambert	Woodford Green AC with Essex Ladies
1414	7535	01:11:07	Bobby Howe	Mornington Chasers RC
1415	7433	01:11:21	David Shoosmith	Macclesfield Harriers
1416	8070	01:11:25	Barry Boole	Sinfin RC
1417	8221	01:11:31	Roy Clay	Stafford Harriers
1418	7444	01:11:33	Jon Paramor	Manchester YMCA Harriers
1419	8210	01:11:40	Michael Reibscheid	St.Albans Striders
1420	7360	01:11:43	Paul Allen	Lingfield RC
1421	6630	01:11:55	Eric Campbell	Croydon Harriers
1422	7366	01:12:08	David Wilkes	Lingfield RC
1423	8492	01:12:36	Michael Brogan	Trent Park RC
1424	7449	01:12:42	Adrian Bellingham	Mansfield Harriers & AC
1425	8560	01:13:18	Robert Kitt	Victory AC
1426	8631	01:13:31	David Young	Wesham RR
1427	7762	01:13:34	Keith Passingham	Pitsea RC
1428	7577	01:14:15	Gareth Bagguley	Newark AC
1429	8092	01:14:33	Michael Cutler	South Cheshire Harriers
1430	7754	01:14:36	Peter Bates	Pitsea RC
1431	8458	01:14:38	Ian Linton	Tiptree RRC
1432	7207	01:14:54	Paul Buchan	Kenilworth Runners
1433	8676	01:14:59	Trevor Faulkner	Wilmslow RC
1434	8121	01:15:18	David Adams	Southampton RC
1435	6058	01:15:26	Laurence Greaves	Aurora Harriers
1436	6061	01:15:29	James Hume	Aurora Harriers
1437	6692	01:15:31	Dave West	Dulwich Runners AC
1438	6435	01:15:34	Paul Mathie	Burton AC
1439	6008	01:15:36	Derek Summers	26.2 RRC
1440	6563	01:16:09	Dave Paver	City of York AC
1441	8065	01:16:11	Richard Popiel	Silson Joggers AC
1442	6057	01:16:59	Peter Coughlan	Aurora Harriers
1443	6772	01:17:17	Glyn Sayer	Eton Manor AC
1444	7031	01:17:46	Andy Lea-Gerrard	Herne Hill Harriers
1445	7677	01:20:04	Rob Keal	Notts AC
1446	7205	01:20:11	Colin Bricher	Kenilworth Runners
1447	8256	01:20:30	Ian Cousins	Stopsley Striders
1448	8061	01:20:49	Arthur Vince	Sidmouth RC
1449	7459	01:21:13	Alan Smith	Mansfield Harriers & AC
1450	8166	01:22:30	Martin Millicheap	Sparkhill Harriers
1451	6570	01:25:24	Harry Manning	Clayton-Le-Moors
1452	6530	01:27:52	Martyn Cartwright	Chiltern Harriers AC
1453	8524	01:30:39	Bryon Taylor	Tunbridge Wells Harriers
1454	6288	01:34:24	Patrick Kelly	Birtley AC
1455	7788	01:34:49	Alex Brodie	Queens Park Harriers

Pos	Points	Team Name	Placings
1	214	Newham & Essex Beagles	(5 13 24 38 47 87)
2	224	Bedford & County AC	(9 17 31 36 49 82)
3	303	Leeds City AC	(20 26 33 67 74 83)
4	359	Aldershot Farnham & District AC	(3 14 45 48 81 168)
5	407	Notts AC	(28 32 52 58 107 130)
6	456	Tipton Harriers	(15 19 37 97 126 162)
7	522	Sale Harriers Manchester	(8 35 61 80 110 228)
8	771	Thames Hare & Hounds	(65 79 84 147 190 206)
9	790	Highgate Harriers	(34 70 109 183 191 203)
10	816	Salford Harriers	(10 39 104 119 204 340)
11	833	Hallamshire Harriers Sheffield	(46 85 115 155 161 271)
12	853	Woodford Green AC with Essex Ladies	(51 116 120 125 218 223)
13	938	Belgrave Harriers	(4 72 151 186 201 324)
14	963	Altrincham & District AC	(30 40 53 100 208 532)
15	981	Coventry Godiva Harriers	(68 105 122 196 244 246)
16	1004	Morpeth Harriers & AC	(11 42 144 170 266 371)
17	1006	Herne Hill Harriers	(86 114 127 132 178 369)
18	1046	Liverpool Harriers & AC	(29 41 159 210 274 333)
19	1186	Kent AC	(57 160 175 181 249 364)
20	1228	OWLS AC	(25 43 133 165 259 603)
21	1416	Serpentine RC	(113 134 247 289 306 327)
22	1546	Halesowen AC	(136 157 194 202 374 483)
23	1562	Harrow AC	(141 182 270 301 314 354)
24	1716	Medway & Maidstone AC	(12 179 187 403 429 506)
25	1748	Bingley Harriers & AC	(93 184 209 357 360 545)
26	1749	Manx Harriers	(62 230 236 242 468 511)
27	1826	London Heathside	(216 251 260 302 367 430)
28	1890	Blackheath & Bromley Harriers	(101 124 129 205 629 702)
29	1979	Rugby & Northampton AC	(102 152 329 450 462 484)
30	2043	Hercules Wimbledon AC	(192 295 381 386 394 395)
31	2126	Hillingdon AC	(248 254 268 343 497 516)
32	2253	St.Albans Striders	(138 163 312 490 566 584)
33	2268	Tonbridge AC	(77 146 280 375 583 807)
34	2327	Cambridge Harriers	(64 220 316 407 539 781)
35	2411	Shaftesbury Barnet Harriers	(23 44 71 633 681 959)
36	2417	Wilmslow RC	(252 269 278 291 661 666)
37	2484	Barnet & District AC	(195 385 440 465 480 519)
38	2512	Southampton RC	(128 180 416 475 512 801)
39	2581	Trafford AC	(106 118 189 217 751 1200)
40	2625	Colchester Harriers AC	(95 245 339 370 393 1183)
41	2682	Victoria Park H. & Tower Hamlets AC	(76 313 383 495 610 805)
42	2686	Winchester & District AC	(54 298 520 558 611 645)
43	2691	East Cheshire Harriers & Tameside AC	(235 293 378 447 640 698)
44	2993	Billericay Striders RC	(300 436 458 470 586 743)
45	3025	Keighley & Craven AC	(112 359 399 658 701 796)
46	3107	Brighton & Hove City AC	(227 232 286 636 858 868)
47	3117	Reigate Priory AC	(22 253 277 398 1014 1153)
48	3168	Team Bath AC	(264 397 476 585 673 773)
49	3189	Otley AC	(55 400 449 457 731 1097)
50	3215	Ealing Southall & Middlesex AC	(362 421 422 602 641 767)
51	3269	South London Harriers	(279 521 570 577 609 713)
52	3292	Rotherham Harriers & AC	(111 365 368 682 740 1026)
53	3358	Ranelagh Harriers	(73 350 604 631 728 972)
54	3433	Basingstoke & Mid Hants AC	(59 66 214 909 1035 1150)
55	3453	Cambridge & Coleridge AC	(250 318 492 650 797 946)
56	3512	Metropolitan Police AC	(215 479 590 684 770 774)

57	3680 Reading AC	(345 493 582 607 676 977)
58	3738 Wirral AC	(294 372 472 655 729 1216)
59	3861 Thames Valley Harriers	(21 443 626 654 885 1232)
60	4036 The Stragglers	(396 662 710 745 758 765)
61	4051 Garden City Runners	(158 550 686 697 756 1204)
62	4081 Holmfirth Harriers AC	(455 518 715 760 813 820)
63	4145 City of York AC	(150 460 574 719 1053 1189)
64	4191 Beverley AC	(287 387 622 657 866 1372)
65	4198 Dulwich Runners AC	(356 419 675 753 870 1125)
66	4205 Mornington Chasers RC	(459 547 598 738 848 1015)
67	4327 Sparkhill Harriers	(262 420 647 975 1002 1021)
68	4352 Kenilworth Runners	(267 348 382 556 1367 1432)
69	4415 Springfield Striders	(307 755 783 794 840 936)
70	4514 Trentham RC	(366 569 711 852 920 1096)
71	4519 Queens Park Harriers	(510 523 621 829 984 1052)
72	4568 Wallasey AC	(625 706 736 791 809 901)
73	4574 Dorking & Mole Valley AC	(229 326 700 895 1172 1252)
74	4647 Stubbington Green Runners	(446 649 712 903 943 994)
75	4691 Harrogate Harriers & AC	(283 846 859 863 876 964)
76	4708 Wimbledon Windmilers	(142 567 844 976 1077 1102)
77	4725 Wolverhampton & Bilston	(639 764 799 802 842 879)
78	4730 Tunbridge Wells Harriers	(296 554 688 942 1045 1205)
79	4744 Wimborne AC	(542 601 749 927 962 963)
80	4780 Istead & Ifield Harriers	(634 674 759 853 922 938)
81	4787 Trent Park RC	(334 695 777 926 1017 1038)
82	4910 Rochdale Harriers & AC	(616 651 720 722 1072 1129)
83	4990 Stopsley Striders	(672 696 825 874 924 999)
84	5037 Redhill RR	(361 431 817 1074 1105 1249)
85	5112 Newark AC	(379 504 642 1130 1169 1288)
86	5122 Eton Manor AC	(533 687 811 841 1112 1138)
87	5180 Barnsley AC	(384 669 723 1020 1122 1262)
88	5270 Mansfield Harriers & AC	(546 819 834 884 1087 1100)
89	5323 Orion Harriers	(341 704 930 940 1000 1408)
90	5345 26.2 RRC	(692 827 908 918 967 1033)
91	5358 Wesham RR	(508 724 847 925 928 1426)
92	5501 Saltwell Harriers	(473 637 717 1177 1203 1294)
93	5524 Bromsgrove & Redditch AC	(437 491 815 1048 1333 1400)
94	5608 Leamington Cycling & AC	(635 771 823 945 1178 1256)
95	5662 BoxFit Tri Club	(505 665 865 1144 1193 1290)
96	5674 Bedford Harriers	(328 671 965 1226 1227 1257)
97	5684 Leighton Buzzard AC	(793 818 873 1004 1008 1188)
98	5871 Huntingdonshire AC	(843 857 877 955 957 1382)
99	5957 Halstead RR	(467 914 937 1131 1184 1324)
100	5970 Bexley AC	(442 919 1012 1133 1173 1291)
101	5973 Stratford upon Avon AC	(748 833 916 1124 1162 1190)
102	6118 Silson Joggers AC	(693 778 883 997 1326 1441)
103	6468 Stafford Harriers	(617 897 944 1283 1310 1417)
104	6541 Invicta East Kent AC	(628 933 1139 1179 1302 1360)
105	6641 Pitsea RC	(821 902 1094 1099 1298 1427)
106	6799 Croydon Harriers	(786 816 1211 1247 1345 1394)
107	6818 Yaxley Runners & Joggers	(785 875 1161 1281 1338 1378)
108	6852 Victory AC	(830 989 1030 1269 1366 1368)
109	6962 Werrington Joggers	(951 986 1086 1307 1314 1318)
110	7489 South Cheshire Harriers	(803 1243 1279 1355 1380 1429)
111	7722 Aurora Harriers	(694 1339 1376 1435 1436 1442)
112	7941 Lingfield RC	(1164 1174 1359 1402 1420 1422)

Pos	Points	Team Name	Placings
1	537	Newham & Essex Beagles	(5 13 24 38 47 87 88 92 143)
2	619	Leeds City AC	(20 26 33 67 74 83 90 103 123)
3	650	Bedford & County AC	(9 17 31 36 49 82 98 121 207)
4	1097	Notts AC	(28 32 52 58 107 130 172 237 281)
5	1330	Tipton Harriers	(15 19 37 97 126 162 171 315 388)
6	1465	Aldershot Farnham & District AC	(3 14 45 48 81 168 263 303 540)
7	1527	Sale Harriers Manchester	(8 35 61 80 110 228 265 323 417)
8	1711	Highgate Harriers	(34 70 109 183 191 203 292 310 319)
9	1760	Woodford Green AC with Essex Ladies	(51 116 120 125 218 223 243 258 406)
10	1878	Hallamshire Harriers Sheffield	(46 85 115 155 161 271 332 336 377)
11	2049	Belgrave Harriers	(4 72 151 186 201 324 331 342 438)
12	2140	Thames Hare & Hounds	(65 79 84 147 190 206 239 423 707)
13	2340	Herne Hill Harriers	(86 114 127 132 178 369 426 452 456)
14	2523	Coventry Godiva Harriers	(68 105 122 196 244 246 451 502 589)
15	2533	Salford Harriers	(10 39 104 119 204 340 432 501 784)
16	2587	Serpentine RC	(113 134 247 289 306 327 352 358 461)
17	2691	Kent AC	(57 160 175 181 249 364 410 543 552)
18	3339	Halesowen AC	(136 157 194 202 374 483 528 551 714)
19	3359	London Heathside	(216 251 260 302 367 430 469 529 535)
20	3551	Hercules Wimbledon AC	(192 295 381 386 394 395 405 424 679)
21	3947	Hillingdon AC	(248 254 268 343 497 516 575 578 668)
22	4256	Harrow AC	(141 182 270 301 314 354 363 1027 1304)
23	4450	Rugby & Northampton AC	(102 152 329 450 462 484 623 733 1115)
24	4464	Barnet & District AC	(195 385 440 465 480 519 534 667 779)
25	5043	St.Albans Striders	(138 163 312 490 566 584 824 849 1117)
26	5374	East Cheshire Harriers & Tameside AC	(235 293 378 447 640 698 837 894 952)
27	5590	Southampton RC	(128 180 416 475 512 801 961 1050 1067)
28	5771	Shaftesbury Barnet Harriers	(23 44 71 633 681 959 1024 1058 1278)
29	5805	Victoria Park H. & Tower Hamlets AC	(76 313 383 495 610 805 968 992 1163)
30	5949	South London Harriers	(279 521 570 577 609 713 795 851 1034)
31	6882	Ranelagh Harriers	(73 350 604 631 728 972 1046 1116 1362)
32	7243	The Stragglers	(396 662 710 745 758 765 1031 1042 1134)
33	7392	Holmfirth Harriers AC	(455 518 715 760 813 820 974 991 1346)
34	7509	Springfield Striders	(307 755 783 794 840 936 949 1003 1142)
35	7523	Wallasey AC	(625 706 736 791 809 901 941 971 1043)
36	7907	Mornington Chasers RC	(459 547 598 738 848 1015 1023 1265 1414)
37	8027	Wimborne AC	(542 601 749 927 962 963 1056 1092 1135)
38	8111	Queens Park Harriers	(510 523 621 829 984 1052 1085 1194 1313)
39	8147	Stubbington Green Runners	(446 649 712 903 943 994 1145 1160 1195)
40	8211	Sparkhill Harriers	(262 420 647 975 1002 1021 1170 1341 1373)
41	8231	Stopsley Striders	(672 696 825 874 924 999 1025 1059 1157)
42	8568	Rochdale Harriers & AC	(616 651 720 722 1072 1129 1165 1222 1271)
43	8654	Tunbridge Wells Harriers	(296 554 688 942 1045 1205 1220 1300 1404)
44	9151	Newark AC	(379 504 642 1130 1169 1288 1295 1316 1428)
45	9283	Mansfield Harriers & AC	(546 819 834 884 1087 1100 1267 1322 1424)
46	9971	Stratford upon Avon AC	(748 833 916 1124 1162 1190 1306 1315 1377)