

2010 Richard Burton 10k Results

Venue: Cwmafan, West Glamorgan
Sunday, 28 March 2010. 10:15 am

Pos.	Name	Category	Club	Time
1	MATT BOWSER	SM	LINCOLN WELLINGTON	00:30:38
2	MARC HOBBS	SM	SWANSEA HARRIERS	00:31:23
3	CRAIG HOPKINS	SM	SWANSEA HARRIERS	00:31:25
4	TOM MERSON	SM	BRISTOL AND WEST	00:32:11
5	JAMES THIE	SM	CARDIFF AAC	00:32:41
6	AUSTIN D DAVIES	V40	BRECON	00:32:49
7	AFAN HUMPHREYS	SM	CWMBRAN HARRIERS	00:33:11
8	STEVE REES	SM	PORT TALBOT HARRIERS	00:33:13
9	PHILLIP MATTHEWS	SM	SWANSEA HARRIERS	00:33:16
10	MATTHEW HARVEY	SM	NEATH HARRIERS	00:33:55
11	STEVE DAVIES	SM	SWANSEA HARRIERS	00:34:00
12	CHRIS DAVIES	SM	SWANSEA HARRIERS	00:34:32
13	EMILY PIDGEON	SW	STROUD A/C	00:34:40
14	PAUL TALBOT	V40	NEATH HARRIERS	00:35:08
15	JAMES HOCKIN	SM	CETLTIC TRI	00:35:16
16	NICK FROST	V40	PONTY RODENTS	00:35:40
17	DANIEL GURMIN	SM	SWANSEA HARRIERS	00:35:42
18	ALAN DAVIES	V50		00:35:44
19	GARETH JONES	SM	3MS	00:35:52
20	REBECCA RANDALL	SW	BRISTOL AND WEST	00:36:15
21	SIMON OSBORNE	V50	BRIDGEND	00:36:26
22	ADAM ROBERTS	SM	TROTTS	00:36:39
23	SIMON WILSON	V40	SWANSEA HARRIERS	00:36:54
24	ANDREA WHITCOMBE	V35	SWANSEA HARRIERS	00:36:56
25	ALUN WOOD	V40	BRIDGEND	00:37:02
26	ANDREW CLEVERLEY	SM	SWANSEA HARRIERS	00:37:07
27	RICHARD GORDON	SM		00:37:11
28	DEE BUCHANAN	SM	SAN DOMENICO	00:37:30
29	GARETH AYRES	SM	PORT TALBOT HARRIERS	00:37:31
30	MATT HURFORD	SM	LES CROUPIERS	00:37:37
31	ANN MARIE HUTCHINSON	SW	NEATH HARRIERS	00:37:41
32	JEFFREY GIANSIRACUSA	SM	SWANSEA HARRIERS	00:37:51
33	MICH MCGEOCH	V50	LES CROUPIERS	00:37:55
34	DANIEL THOMAS	SM	SWANSEA HARRIERS	00:38:09
35	ROYSTON WHITEHOUSE	V40	NEATH HARRIERS	00:38:11
36	ADRIAN WEAVER	SM	NEATH HARRIERS	00:38:14
37	ANDREW WRIGHT	SM	PORT TALBOT HARRIERS	00:38:23
38	CHRIS FULCHER	V40	PORT TALBOT HARRIERS	00:38:28
39	BRYN GRIFFITHS	SM	BRIDGEND	00:38:33
40	AARON JONES	V50	PORT TALBOT HARRIERS	00:38:50
41	JOHN HIDDLESTONE	SM		00:38:52
42	HUW EVANS	SM	PENARTH & DINAS	00:38:58
43	ASHLEY JONES	SM		00:39:01
44	RICHARD KENNEY	SM		00:39:07
45	KATE ROBERTS	SW	BRIDGEND	00:39:08
46	LEIGHTON WILLIAMS	SM	CELTIC TRI	00:39:15
47	ELEANOR KIRK	SW	SWANSEA HARRIERS	00:39:22
48	NEIL DAVIES	V50	CORNELLY STRIDERS	00:39:30
49	ALAN REES	SM	NEATH HARRIERS	00:39:38
50	RICHARD MULVAWY	SM	ABINGDON AMBLERS	00:39:42
51	SOPHIE WILLIAMS	SW	BIRCHFIELD HARRIERS	00:39:43
52	KEIRAN MACKINTOSH	SM	PORT TALBOT HARRIERS	00:39:53
53	SCOTT HEMMENS	SM	LES CROUPIERS	00:39:54
54	JOHN DAVIES	V50	LES CROUPIERS	00:40:13
55	HUW MATHIAS	V40		00:40:17
56	CHRIS ALLTON	V40	SWANSEA HARRIERS	00:40:21
57	KEITH POWELL	V50	CORNELLY STRIDERS	00:40:24
58	CHARLES WALSH	SM	PORT TALBOT HARRIERS	00:40:30
59	PAUL HORROCKS	SM	UWIC	00:40:35
60	STEPHEN RICHARDS	SM	SWANSEA HARRIERS	00:40:43
61	SEAN TRELOAR	V40	PORT TALBOT HARRIERS	00:40:43
62	PAUL BOXER	SM		00:40:45

63	ROBERT BAMSEY	V50	NEATH HARRIERS	00:40:47
64	STEVE WILLIAMS	V50	NEATH HARRIERS	00:40:49
65	DAVID DAVIES	V40		00:40:50
66	NIGEL JOHN COCKRAN	V50	PENARTH & DINAS	00:40:53
67	ELYSIA RIDLEY	SW	SWANSEA HARRIERS	00:40:53
68	BERNARD HENDERSON	V50	PORT TALBOT HARRIERS	00:41:13
69	RICHARED BOWEN	V40	NEATH HARRIERS	00:41:15
70	STEVE WALSH	V40	PORT TALBOT HARRIERS	00:41:16
71	TIM MOSS	SM	PENARTH & DINAS	00:41:21
72	PAUL REES	V40	PORT TALBOT HARRIERS	00:41:25
73	JOHN HOPKINS	V40	PORT TALBOT HARRIERS	00:41:48
74	ALEX WILLIAMS	V40	PORT TALBOT HARRIERS	00:42:08
75	GLEN CLEMENT	V50	PENARTH & DINAS	00:42:24
76	JASON GRIFFITHS	V40	CORUS	00:42:26
77	SANDRA PINKHAM	V45	PORT TALBOT HARRIERS	00:42:29
78	K BAIRD-MURRAY	V40	PENARTH & DINAS	00:42:39
79	EMYR JONES	V40		00:43:04
80	MICHAEL CURRAN	SM		00:43:18
81	ROBERT WARLOW	SM		00:43:23
82	MIKE WARLOCK	V40	PORT TALBOT HARRIERS	00:43:30
83	JENNY PHILLIPS	V40	LLANELLI AAC	00:43:39
84	GREGG MILLARD	SM		00:43:46
85	MICHAEL EVANS	V40	NEATH HARRIERS	00:43:48
86	LISA HOWE	V35		00:43:51
87	DAVID CORNISH	V40	PORT TALBOT HARRIERS	00:44:06
88	DAVID PARFITT	V40	PORT TALBOT HARRIERS	00:44:09
89	SAMUEL KULAK	SM	BMF CARDIFF	00:44:30
90	CAROL MOSLEY	SW	PORT TALBOT HARRIERS	00:44:40
91	DANIEL LEOPARD	SM	BMF CARDIFF	00:44:45
92	DEAN BIRT	SM	PONTY RODENTS	00:44:48
93	PETER DEACON	V50	SWANSEA HARRIERS	00:45:16
94	STACEY FARNELL	SM		00:45:17
95	NEIL DAVIES	V50	NYRRC	00:45:19
96	GRAHAM VYNER	V40	3MS	00:45:21
97	UKU KUMARI	V50	SWANSEA HARRIERS	00:45:24
98	WAYNE KERR	SM	BRITISH ATHLETICS	00:45:38
99	DAVID CHARLES	SM		00:45:46
100	KEVIN J SMITH	V50		00:46:00
101	MARK JONES	V40		00:46:05
102	ROSS POINER	SM		00:46:17
103	GAVIN EARNSHAW	SM		00:46:18
104	PAUL KNIGHT	SM		00:46:20
105	HELEN JONES	V40		00:46:22
106	SIAN KIRK	SW	SWANSEA HARRIERS	00:46:42
107	JASON ROBERTS	V40		00:46:44
108	MIKE NASH	V40	3MS	00:46:46
109	STEVEN JONES	SM		00:47:03
110	CERI BRAMLEY-TUCKER	V40	PORT TALBOT HARRIERS	00:47:07
111	MATTHEW BENNETT	SM		00:47:15
112	MANO RABAIOTTI	V40	PORT TALBOT HARRIERS	00:47:21
113	LIAM DAVIES	V50		00:47:25
114	RICHARD EDWARDS	SM	YSTALYFERA	00:47:28
115	PAULINE WILLIAMS	V50	PORT TALBOT HARRIERS	00:47:47
116	LOUISE MISKELL	V35	GORSEINON RR	00:47:49
117	STEPHEN MATTHEWS	SM		00:47:53
118	DEAN O'BRIEN	SM		00:48:04
119	ANDREW GARVEY	SM		00:48:15
120	MICHAEL LONERGAN	SM		00:48:25
121	DAVID PHILLIPS	SM		00:48:48
122	ANDREW EDWARD	V40		00:48:48
123	JUSTIN JOHNSON	SM	BAGLAN BULLDOGS	00:49:03
124	GARETH JOHN	V50		00:49:21
125	JUDITH OAKLEY	V45	PORT TALBOT HARRIERS	00:49:32
126	GLYN WILLIAMS	V50	3MS	00:49:36
127	COLIN ANTHONY	V50	PORT TALBOT HARRIERS	00:49:42
128	STEPHEN D GARVEY	V50		00:49:48
129	A P MOORE	V40		00:49:52

130	JENNY BLACKMORE	SW	PORT TALBOT HARRIERS	00:49:55
131	DAVID ASHMAN	V40		00:49:56
132	DARREN MORGAN	SM		00:50:08
133	LEIGH WATKINS	SM		00:50:39
134	MATHEW JOHN WILLIAMS	SM		00:50:39
135	DAVID MISKELL	SM		00:50:44
136	PAUL JONES	SM	MUMBLES MILERS	00:50:46
137	JAMES FRASER	SM	PORT TALBOT HARRIERS	00:50:49
138	JONATHAN WILSON	V40		00:50:56
139	PAUL RUNDELL	V40		00:50:58
140	RAY JAMES	V40	PORT TALBOT HARRIERS	00:51:04
141	LEE KWOK	SM	GLAMORGAN HR	00:51:10
142	CORRENE MACKINTOSH	SW	PORT TALBOT HARRIERS	00:51:12
143	JAMES DAVIES	V40	3MS	00:51:21
144	IAN OWEN WILLIAMS	V40	PORT TALBOT HARRIERS	00:51:26
145	DEBRA CLARKE	V40		00:51:35
146	JULIAN GRIFFITHS	V40		00:51:35
147	MICHELLE SMORNEY	V45	BRACKLA	00:51:45
148	GARY VAUGHAN	SM		00:51:45
149	ALAN PERKINS	V50	PORT TALBOT HARRIERS	00:51:55
150	ELERI CONNOR	SW	PENARTH & DINAS	00:51:55
151	MIKE PRITCHARD	V50		00:51:55
152	EMILY LUKE	SW	PENARTH & DINAS	00:52:03
153	STEVE HILL	V40	PENARTH & DINAS	00:52:03
154	PAUL O'BRIEN	V40		00:52:29
155	LESLEY MAINWARING	V40		00:52:47
156	GARETH MORRIS	SM		00:52:53
157	STEPHEN LEWIS	SM		00:53:04
158	GWYNETH PARRY	V55		00:53:07
159	MARTIN HINES	SM		00:53:22
160	NICK PORTSMOUTH	V40	WHITE HORSE HARRIERS	00:53:27
161	JOHN REES	V50		00:53:34
162	AYRES	V50	PORT TALBOT HARRIERS	00:53:45
163	STUART BARNES	V50		00:51:51
164	JACKY JONES	V40		00:54:01
165	JANICE CLEMENT	V50	PENARTH & DINAS	00:54:10
166	RICHARD DONNE	V40	3MS	00:54:16
167	VICTORIA LYDIARD-REES	V35	ESPORTA	00:54:22
168	ANGELA JAMES	SW		00:54:33
169	RAYMOND BOYCE	V40	CORNELLY STRIDERS	00:54:48
170	RICHARD PARRY	V50		00:55:08
171	NICOLA THOMAS	SW		00:55:11
172	STEPHEN BRIGHT	V40	BRITISH ATHLETICS	00:55:31
173	SHIRLEY MATNURNIN	V45	NEATH HARRIERS	00:55:58
174	NIGEL L JONES	V50	LLANELLI STROLLERS	00:56:05
175	TRACY ISSOTT	V40		00:56:08
176	LOUISE PIERPOINT	SW		00:56:12
177	JULIE NOBLE	V40	CELTIC TRI	00:56:34
178	JULIE SAMUEL	V45	CORUS	00:56:52
179	NEIL SAMUEL	V50	CORUS	00:56:52
180	JASON LEE	SM		00:56:56
181	TERRY HUMPHREYS	V50		00:57:12
182	MARTIN RUCK	SM		00:57:13
183	VINCENT LEWIS	V40	PORT TALBOT HARRIERS	00:57:13
184	JUSTINE CASS	V35	PENARTH & DINAS	00:58:21
185	IAN SWANSON	V50	PORT TALBOT HARRIERS	00:58:46
186	MARTIN NEVILLE	V40		00:59:00
187	ELEANOR FLAHERTY	V35		00:59:01
188	CAPTAIN BEANY	V50		00:59:07
189	NIA WEEKLEY	V40		00:59:16
190	ANTHONY HENEBERY	V40	MUMBLES MILERS	00:59:23
191	SHIRLEY DAVIES	V45	CORUS	00:59:25
192	ALAN HOWELL	V50		01:00:51
193	GARETH LEWIS	SM		01:01:17
194	SARAH STEVENS	SW	PENARTH & DINAS	01:01:28
195	RHIAN JAMES-HARGREAVES	V45		01:01:41
196	SIMON JAMES-HARGREAVES	V45		01:01:41

197 SUSAN FELSTEAD	V40	CELTIC TRI	01:01:47
198 CATH RICHARDS	V50	CORUS	01:02:09
199 ALAN DAINTY	V35		01:03:26
200 GARY TAYLOR	SM	MUMBLES MILERS	01:03:33
201 ELEANOR HUGHES	SW		01:04:11
202 DANIELLE LLEWELLYN	SW		01:04:11
203 LISA WILLIAMS	SW		01:04:11
204 SIMON HUDD	V40		01:06:16
205 JOANNA BEVIN-MERRILL	SW		01:06:42
206 ANDREW JOHN	SM		01:06:42
207 CHRIS LEWIS	SM		01:07:58
208 BARBARA TATE	V45		01:10:59
209 ANNE WILKINSON	V40	CELTIC STRIDERS	01:12:52
210 PHIL DAVID	V40		01:20:01
211 ALLEN WATTS	V50	SARN HELENS	01:26:40