

100:

M35: (w/s -3.1) 1.Joshua Wood SCVAC 11.23; 2.Imam Qazi SWVAC 11.91; 3.Bernard Ward NVAC 11.96; 4.Kwadjo Adjepong OPEN 12.06; 5.Richard H-Blythe NVAC 12.11; 6.Martin White MMAC 12.19; 7.Stephen Thorpe NVAC 12.56; 8.Brian Taylor OPEN 12.57; **M40:** (w/s -3.7) 1.Mark Dunwell MMAC 11.67; 2.Scott Dorset SCVAC 12.04; 3.Paul Donaghy VAA-NE 12.23; 4.Raphael Smith MMAC 12.62; 5.Leroy Golding NVAC 12.81; 6.Richard Buckingham VAC 13.04; 7.David James WMAA 13.62; 8.Bruno Laasna SWVAC 14.16; **M45:** 1.Dalton Powell MMAC 11.91; 2.Pat Logan SCVAC 11.96; 3.John Statham MMAC 12.45; 4.John Garner SCVAC 12.45; 5.Glen Reddington SCVAC 12.70; 6.Shaun Davy MMAC 12.86; 7.David Richardson SWVAC 13.88; 8.Michael May VAC 14.97; **M50:** (w/s -2.7) 1.John Wright NVAC 12.28; 2.Ricky Huskisson EVAC 12.29; 3.Dougie Donald MMAC 12.58; 4.John Mayor EVAC 12.95; 5.Clement Leon SCVAC 13.41; 6.Roderick Davies SCVAC 13.43; 7.Brian Matthews VAC 13.56; **M55** (w/s -0.1) 1.Steve Peters NVAC 12.08; 2.Ray Watkins SCVAC 12.58; 3.Tom Phillips SCVAC 12.97; 4.John McGarry SVHC 13.18; 5.Mario Lapka SWVAC 13.19; 6.Bob Douglas SVHC 13.81; 7.=Christopher Monk MMAC 14.60; 7.=Jack McGuire OPEN 14.60; 9.Alan Perry VAC 14.68; **M60:** (w/s -3.7) 1.Geoffrey Kitchener VAC 14.17; 2.Michael Applegate SWVAC 14.64; 3.Brian Williamson WMAA 14.70; 4.Roderick Howe WMAA 14.97; **M65:** (w/s -3.3) 1.Terry Bissett SCVAC 13.73; 2.Patsey Forbes IRL (G) 14.04; 3.Victor Novell SCVAC 14.11; 4.Charles Isetts VAC 14.37; **M70**(Hand timing);(w/s -2.2) Anthony Hughes NVAC 15.8; **M75** (Hand timing);(w/s -2.2) 1.John Evans MMAC 17.0; 2.Hubert Daniels WMAA 17.7; 3.Geoffrey Feast VAC 18.1; **W35**(w/s -2.4) 1.Kirsty Taylor SCVAC 13.79; 2.Katy Williams MMAC 14.69; 3.Lorraine G-Mulvaney WMAA 15.66; **W40:** (w/s -2.0) 1.Kay Reynolds SCVAC 13.50; 2.Helen Eve WMAA 14.46; 3.Penelope Barber SCVAC 14.59; 4.Shirley Rowbotham SCVAC 15.50; 5.Lesley Richardson SCVAC 16.82; **W45:**1.Lolita Byfield-Moore WMAA 13.64; 2.Anita Sampson EVAC 14.05; 3.Lesley Willis MMAC 14.36; 4.Judy Thomas MMAC 14.39; 5.Amanda Rochester SCVAC 14.78; 6.Angela Kelly SVHC 14.82; 7.Abi Onatade SCVAC 15.83; **W50:** (w/s -2.8) 1.Averil McClelland NVAC 13.73; 2.Wendy Dunn EVAC 14.04; 3.Linda Nicholson SVHC 14.51; 4.Pauline Gerner MMAC 15.03; 5.Chris Salvary SCVAC 16.03; **W55:** (w/s -1.5) 1.Joan Trimble VAC 14.56; 2.Sue Dassie SCVAC 15.28; 3.Anne Nelson SCVAC 15.92; 4.Fiona Argent SCVAC 16.79; 5.Lyn Ahmet SCVAC 17.09; 6.Cathy Lyon-Green MMAC 18.57; **W60** : (w/s -2.5) 1.Vivien Bonner MMAC 14.57; 2.Brenda Fee VAC 15.39; 3.Sally Hine MMAC 16.09; 4.Daphne Marler SCVAC 23.00; **W65:** w/s -2.1; 1.Mary Axtell SCVAC 17.61; 2.Ann Bolitho SCVAC 18.08; **W70:** (w/s -2.1) 1.Dorothy Fraser EVAC 17.64; 2.Gillian Woodland OPEN 20.77; **W75:** (w/s -2.5); Rosemary Chrimes MMAC18.83 (**British Record**);

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M35: (w/s -1.5) 1.Bernard Ward NVAC 23.39; 2.Scott Spencer SCVAC 23.90; 3.Martin White MMAC 24.15; 4.Michael Culshaw NVAC 24.86; 5.Richard H-Blythe NVAC 25.41; 6.Stephen Thorpe NVAC 25.65; 7.Gary Wyn-Jones WMAA 26.06; **M40:** (w/s 0.0) 1.Scott Dorset SCVAC 24.25; 2.Paul Donaghy VAA-NE 24.42; 3.Ian Allen SWVAC 24.84; 4.Leroy Golding NVAC 25.63; 5.Raphael Smith MMAC 25.85; **M45:** w/s -2.2; 1.Dalton Powell MMAC 24.25; 2.Pat Logan SCVAC 24.42; 3.Michael Vassiliou VAC 24.95; 4.Clarence Riley SCVAC 25.58; 5.John Statham MMAC 25.98; 6.Michael May VAC 29.42; **M50:** (w/s -1.3) 1.John Wright NVAC 24.68; 2.Kermitt Bentham SCVAC 25.24; 3.Dougie Donald MMAC 25.35; 4.Alan Harrison SCVAC 26.67; 5.Clive Pengelly SWVAC 26.79; 6.Roderick Davies SCVAC 26.85; 7.Paul Bevan WMAA 27.04; 8.Clement Leon SCVAC 27.46; **M55 (B)** 1.Les Percival EVAC 26.98; 2.John McGarry SVHC 27.51; 3.Bob Douglas SVHC 27.99; 4.Peter Mould MMAC 28.56; 5.Alan Perry VAC 30.42; **(A)** (w/s -2.4) 1.Steve Peters NVAC 24.27; 2.Viv Oliver MMAC 25.10; 3.Ray Watkins SCVAC 25.64; 4.Ian Broadhurst WMAA 26.20; 5.Tom Phillips SCVAC 26.40; **M60:**(w/s -2.4; 1.Geoffrey Kitchener VAC 28.16; 2.Paul Anthony MMAC 28.17; 3.Tony Wells EVAC 28.30; 4.Bruce Hendrie MMAC 28.88; 5.Roderick Howe WMAA 29.55; 6.Brian Williamson WMAA 29.56; 7.Michael Applegate SWVAC 29.72; **M65:** (w/s -1.8) 1.Terry Bissett SCVAC 27.65; 2.Victor Novell SCVAC 28.70; 3.Patsey Forbes IRL (G) 29.09; 4.Charles Isetts VAC 30.24; **M70:** (w/s -2.2) 1.John Wilson NVAC 33.18; 2.Anthony Hughes NVAC 33.63; **M75:** (w/s -2.2) 1.John Evans MMAC 35.49; 2.Hubert Daniels WMAA 37.83; 3.Geoffrey Feast VAC 38.04; **W35:** (w/s +0.1) 1.Kirsty Taylor SCVAC 28.65; 2.Katy Williams MMAC 30.51; **W40:** (w/s -2.8) 1.Kay Reynolds SCVAC 26.97; 2.Fiona Palmer MMAC 28.52; 3.Louise Oliver MMAC 28.68; 4.Michele Wakefield SCVAC 29.69; 5.Helen Eve WMAA 30.00; 6.Deborah Doherty SCVAC 30.13; 7.Shirley Rowbotham SCVAC 31.58; 8.Sandra Campbell VAC 36.05; **W45** (w/s -0.9) 1.Lolita Byfield-Moore WMAA 27.95; 2.Anita Sampson EVAC 28.47; 3.Lesley Willis MMAC 29.01; 4.Sue Hooper WMAA 29.39; 5.Gaye Clarke EVAC 29.64; 6.Angela Kelly SVHC 30.09; 7.Abi Onatade SCVAC 31.72; **W50:** (w/s -0.2) 1.Averil McClelland NVAC 27.71; 2.Wendy Dunn EVAC 28.39; 3.Chris Salvary SCVAC 31.87; 4.Isabel McMillan NVAC 33.16; **W55:** w/s -2.3; 1.Caroline Powell SWVAC 30.04; 2.Joan Trimble VAC 30.34; 3.Carol Alker OPEN 31.53; 4.Sue Dassie SCVAC 32.78; 5.Anne Nelson SCVAC 33.32; 6.Anne Darby SWVAC 35.03; 7.Fiona Argent SCVAC 35.44; 8.Cathy Lyon-Green MMAC 38.20; **W60:** 1.Vivien Bonner MMAC 29.54 (**CBP**); 2.Brenda Fee VAC 32.09; 3.Sally Hine MMAC 33.88; **W65:** 1.Ann Bolitho SCVAC 38.41; **W70:** Dorothy Fraser EVAC 37.48;

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M35: 1.Bernard Ward NVAC 51.00; 2.Scott Spencer SCVAC 51.57; 3.Craig Holder SCVAC 55.09; 4.Michael Culshaw NVAC 56.66; 5.Gary Wyn-Jones WMAA 57.17; 6.Craig Russell WMAA 57.53; **M40:** 1.Michael Gardiner MMAC 52.40; 2.Neville Warnke NVAC 55.37; 3.Chris Taplin OPEN 55.56; 4.Lance Croft EVAC 56.86; 5.Leroy Golding NVAC 58.10; 6.Bruno Laasna SWVAC 62.47; **M45 (B)** 1.Ty Holden SCVAC 58.12; 2.Iain Moody MMAC 58.43; 3.Mark Turner SWVAC 58.44; 4.David Richardson SWVAC 60.71; 5.Michael May VAC 71.98; **(A)** 1.Jonathan Tilt SCVAC 52.65; 2.Michael Vassiliou VAC 53.54; 3.Robert Grew SWVAC 54.07; 4.Sean Price WMAA 54.40; 5.Tony Noel MMAC 57.82; **M50: (B)** 1.Malcolm Cowton SWVAC 57.60; 2.Stewart Walton MMAC 58.39; 3.Brian Matthews VAC 59.76; 4.Clement Leon SCVAC 60.12; 5.Tony Foster MMAC 61.33; 6.Mike Burling EVAC 65.66; **(A)** 1.Kermitt Bentham SCVAC 54.41; 2.Jeff Battista NVAC 55.21; 3.Nigel Wilson EVAC 55.95; 4.Ivars Licietis EVAC 56.55; 5.Tennyson James EVAC 58.19; **M55:** 1.Ian Broadhurst WMAA 57.79; 2.Les Percival EVAC 59.72; 3.Elio Lepore EVAC 69.49; **M60:** 1.Derek Wardle VAC 61.97; 2.David Hayward VAC 61.42; 3.Paul Anthony MMAC 61.53; 4.Geoffrey Kitchener VAC 62.82; 5.Bruce Hendrie MMAC 65.54; 6.Roderick Howe WMAA 66.58; 7.Ray Lewis SCVAC 74.99; **M65:** 1.Terry Bissett SCVAC 64.29; 2.Richard Somers VAC 68.09; 3.Melvyn James WMAA 69.78; 4.Chris Lawn EVAC 75.82; **M70:** 1.John Wilson NVAC 71.71; 2.Peter Donaghy VAA-NE 78.20; **M75:** 1.Leonard Tew WMAA 74.20; 2.John Seymour SCVAC 80.14; **W35:** Amanda Wale WMAA 61.76; **W40:** 1.Denise Morley EVAC 61.35; 2.Fiona Palmer MMAC 62.56; 3.Sian Gifford WMAA 65.46; 4.Deborah Doherty SCVAC 65.89; 5.Michele Wakefield SCVAC 66.22; 6.Jayne Ancombe VAC 70.01; **W45:** 1.Anita Sampson EVAC 65.23; 2.Lesley Willis MMAC 66.46; 3.Tracy Burrows SCVAC 66.59; 4.Sue Hooper WMAA 67.67; 5.Amanda Rochester SCVAC 68.14; 6.Angela Kelly SVHC 73.10; **W50:** 1.Laura Mahady SVHC 63.52; 2.Wendy Dunn EVAC 66.23; 3.Isabel McMillan VAC 75.02; **W55** 1.Caroline Powell SWVAC 65.06; 2.Fiona Argent SCVAC 79.02; 3.Sue James SCVAC 81.36; **W60:** 1.Brenda Fee VAC 71.43 (**CBP**); 2.Moira West SCVAC 73.08; **W65** Iris Hornsey EVAC 92.40; **W70:** Dorothy Fraser EVAC 89.81;

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M35: 1.Jim Bennett SCVAC 2-06.80; 2.Richard Weaver SCVAC 2-08.50; 3.Simon Howard SWVAC 2-15.29; **M40:** 1.Lee Jones OPEN 2-00.34; 2.Adrian Haines VAC 2-03.48; 3.Gary Burnett MMAC 2-04.21; 4.David Blackman SCVAC 2-04.96; 5.Matthew Bland EVAC 2-05.37; 6.Calvin Scoltock MMAC 2-09.01; 7.Geoff Gallagher SCVAC 2-13.46; 8.Russell Middleton OPEN 2-19.52; **M45: (B)** 1.Edward Ball WMAA 2-05.24; 2.Donald Bradley SVHC 2-06.01; 3.Ian Wright SCVAC 2-06.89; 4.Rob Webster SCVAC 2-08.29; 5.John Knibb MMAC 2-16.17; **(A)** 1.Rob Andrew MMAC 2-03.04; 2.Sean Price WMAA 2-05.42; 3.Simon Anderson SWVAC 2-05.65; 4.Robert Tudor NVAC 2-08.56; 5.Alex Bryce SVHC 2-09.48; 6.Derek Watson SVHC 2-10.43; **1 Andrew; 2 Ball; 3 Price;** **M50:** 1.Jonathan Metcalf EVAC 2-15.89; 2.Ray Daniel VAC 2-16.05; 3.Keven Pye MMAC 2-16.14; 4.Ivars Licietis EVAC 2-16.28; 5.Richard Jenkin SCVAC 2-18.48; 6.Malcolm Cowton SWVAC 2-20.03; 7.Tony Foster MMAC 2-20.36; 8.Paul Bevan WMAA 2-21.56; **M55:** 1.Keven Archer SWVAC 2-16.94; 2.Bilal Namani WMAA 2-18.76; 3.Stuart MacGregor SWVAC 2-19.93; 4.Jonathan Hughes EVAC 2-21.00; 5.George Maybury IRL (G) 2-27.97; 6.Fred Pidgeon MMAC 2-33.01; **M60:** 1.Patrick Timmons IRL (G) 2-26.72; 2.Ed Connolly SCVAC 2-30.11; 3.Michael Davies WMAA 2-45.38; 4.Ray Lewis SCVAC 2-58.67; 5.Howard Brown WMAA 3-14.66; **M65:** 1.Mike Dixon SCVAC 2-29.87; 2.Rod Scholes NVAC 2-30.67; 3.Richard Somers VAC 2-40.14; **M70:** 1.Barry Swindells NVAC 2-48.84; 2.Eric Hughes WMAA 2-49.98; 3.Peter Donaghy VAA-NE 3-02.24; 4.David Carney MMAC 3-27.21; **M75:** 1.Leonard Tew WMAA 3-26.18; 2.John Seymour SCVAC 3-33.38; 3.John Cullingham VAC 3-50.75; 4.Brian Shave VAC 3-56.68; **W35:** 1.Joanna Winfield EVAC 2-24.33; 2.Heather Graz WMAA 2-31.71; 3.Rachel Matthews WMAA 2-32.83; **W40:** 1.Denise Morley EVAC 2-21.58; 2.Jacqueline Kind MMAC 2-33.07; 3.Sian Gifford WMAA 2-34.65; 4.Sally Frapwell OPEN 2-37.75; 5.Michelle Hooton MMAC 2-38.50; **W45:** 1.Helen Walch NVAC 2-26.05; 2.Tracy Burrows SCVAC 2-33.44; 3.Julia Austin SCVAC 2-35.56; 4.Jane Pidgeon MMAC 2-37.45; 5.Anita Sampson EVAC 2-43.59; **W50:** 1.Laura Mahady SVHC 2-23.63; 2.Joan Lasenby EVAC 2-33.68; 3.Susie Ardron EVAC 2-43.50; **W55:** 1.Jacqueline Walpole SWVAC 2-37.57; 2.Joan Howe NVAC 2-39.51; 3.Liz Bowers SVHC 2-53.81; 4.Joyce Barrus MMAC 3-00.60; 5.Sue James SCVAC 3-04.19; 6.Anne Darby SWVAC 3-05.30; **W60:** 1.Nancy Hitchmough MMAC 2-44.16; 2.Pat Gallagher WMAA 2-52.13; 3.Ros Tabor VAC 2-52.19; **W65:** Iris Hornsey EVAC 3-34.62; **W70:** Betty Stracey EVAC 3-51.13;

1500:**M35:** 1.Phillip Bullock MMAC 4-50.13; 2.James Middleton OPEN 4-56.30;**M40:** 1.Matthew Bland EVAC 4-08.07; 2.Adrian Haines VAC 4-08.58; 3.Andy Morgan-Lee SWVAC 4-08.63; 4.Kevin Downee SVHC 4-10.38; 5.David Blackman SCVAC 4-20.85; 6.Andrew Deamer SWVAC 4-35.28; 7.Andrew Del nevo SCVAC 4-41.86; **M45:** 1.Rob Andrew MMAC 4-08.38; 2.Simon Anderson SWVAC 4-08.69; 3.Jon James SWVAC 4-10.75; 4.Edward Ball WMAA 4-15.41; 5.John Knibb MMAC 4-18.91; 6.Alex Bryce SVHC 4-22.56; 7.Paul Berrett EVAC 4-46.84; **M50:** 1.Jonathan Metcalf EVAC 4-36.92; 2.Richard Jenkin SCVAC 4-38.75; 3.Geoffrey Brewster EVAC 4-42.44; 4.Jeremy Hogan SWVAC 4-43.17; 5.Kevin Steed EVAC 4-45.99; 6.David Darby NVAC 4-47.32; 7.Simon Bean SCVAC 4-55.95; 8.Huw Roberts WMAA 5-18.70; **M55:** 1.David Bedwell MMAC 4-41.80; 2.Jonathan Hughes EVAC 4-50.14; 3.David Oxland MMAC 4-51.75; 4.Gavin Bayne VAA-NE 4-59.68; 5.Stuart MacGregor SWVAC 4-59.74; 6.Ian Snow SWVAC 5-08.37; 7.Alan Newman SCVAC 5-24.94; 8.David King SWVAC 5-35.61; 9.Martin Lippitt SCVAC 6-18.91; **M60:** 1.Patrick Timmons IRL (G) 4-55.13; 2.Michael Mann VAC 5-03.15; 3.Bob Chapman SWVAC 5-14.98; 4.Mick Smedley MMAC 5-22.13; 5.Michael Davies WMAA 5-35.90; **M65:** 1.Peter Giles VAC 5-11.05; 2.Mike Dixon SCVAC 5-12.05; 3.Michael Smith NVAC 5-17.05; 4.Barrie Roberts WMAA 5-51.04; **M70:** 1.Barry Swindells NVAC 5-50.25; 2.Eric Hughes WMAA 5-50.28; 3.Peter Donaghy VAA-NE 6-21.37;**M75:** 1.Leonard Tew WMAA 6-07.68 (**CBP**); 2.Bill Rigby NVAC 7-00.60; 3.Richard P-Knowles VAC 7-03.20; 4.Brian Shave VAC 7-32.64; 5.John Cullingham VAC 7-54.36; **W35:** 1.Cara Oliver SCVAC 4-58.54; 2.Heather Graz WMAA 5-06.20; 3.Candy Hawkins SCVAC 5-08.38; **W40:** 1.Sarah Wells VAC 5-03.16; 2.Jenny Phillips WMAA 5-04.25; 3.Sharon Leech WMAA 5-05.41; 4.Janine Stones NVAC 5-09.75; **W45:** 1.Clare Elms VAC 4-44.58 (**CBP**); 2.Julia Austin SCVAC 5-10.18; 3.Tracey Gibson NVAC 5-46.94; **W50:** 1.Joan Lasenby EVAC 5-10.77; 2.Susie Tawney MMAC 5-26.86; 3.Susie Ardron EVAC 5-29.62; 4.Diane Farmer EVAC 5-51.53; 5.Maureen Emmett WMAA 5-53.91; **W55:** 1.Joan Howe NVAC 5-34.29; 2.Liz Bowers SVHC 5-43.90; 3.Pat Halstead SCVAC 5-49.06; 4.Sue James SCVAC 6-10.54; 5.Anne Lippitt SCVAC 6-44.51; **W60:** 1.Nancy Hitchmough MMAC 5-24.13; 2.Ros Tabor VAC 5-36.64; 3.Pat Gallagher WMAA 5-50.54; **W65:** 1.Clare Johnson WMAA 7-08.61; 2.Iris Hornsey EVAC 7-10.56; **W70:** 1.Cecilia Morrison SCVAC 6-04.59 (**World Record**); 2.Betty Tracey EVAC 7-32.59;**5000:****M35:** 1.David Morwood NIMAC 15-37.60 (**CBP**); 2.Darran Hiscox WMAA 15-41.24; 3.Steve Hallas NVAC 16-10.66; **M40:** 1.Robert Palmer OPEN 15-44.89; 2.Andy Morgan-Lee SWVAC 15-49.84; 3.Ian Johnston SCVAC 15-59.96; 4.Andrew Wright MMAC 16-41.88; **M45:** 1.Philip Parry MMAC 15-51.53; 2.Mark Cursons OPEN 16-19.08; 3.Martin Farran NVAC 16-43.14; 4.Steven Doxey NVAC 18-15.06; **M50:** 1.Bill Foster SCVAC 16-08.44; 2.Iain Campbell OPEN 16-13.63; 3.Michael Deegan NVAC 16-16.84; 4.Michael Bridgeland EVAC 16-32.07; 5.David Darby NVAC 17-10.62; 6.Colin Oxlade SCVAC 19-12.40; 7.Robert Banner SCVAC 19-49.04; 8.Ian Wright SWVAC 19-50.92; **M55:** 1.David Oxland MMAC 17-56.10; 2.Henry Heavisides NVAC 17-57.26; 3.Gavin Bayne VAA-NE 18-12.25; 4.Alan Newman SCVAC 19-53.07; **M60:** 1.Desmond Michael SCVAC 18-00.04; 2.Michael Mann VAC 18-19.16; 3.Sandy Johnston WMAA 18-24.14; 4.Gareth Jones VAC 18-54.91; 5.Peter Hamilton SWVAC 19-01.15; 6.Peter Banks MMAC 19-09.73; 7.Arthur Daley OPEN 19-11.65; 8.Alan Appleby NVAC 19-31.08; 9.Paul Allen MMAC 20-11.44; 10.Alan Rich VAC 20-12.97; 11.Mick Smedley MMAC 20-32.66; 12.Arnold Bradshaw NVAC 20-54.20; **M65:** 1.Martin Ford MMAC 18-39.13; 2.Peter Giles VAC 18-56.18; 3.Gordon Orme MMAC 19-42.07; 4.Tony Brackstone SCVAC 19-58.86; 5.Andrew Johnson MMAC 20-50.68; 6.Ken Buckle WMAA 21-15.86; 7.Barrie Roberts WMAA 23-01.39; **M70:** Edmond Simpson VAC 22-21.46; **M75:** 1.Bill Rigby NVAC 25-33.25; 2.Richard P-Knowles VAC 26-20.25; 3.Derek Howarth NVAC 26-24.55; 4.Brian Shave VAC 28-13.70; **M80:** 1.Arthur Walsham NVAC 32-26.20; 2.Ron Franklin SCVAC 42-14.84; **W35:** 1.Sally Gray OPEN 17-59.68; 2.Candy Hawkins SCVAC 19-42.71; 3.Michelle Stark RSA (G) 20-49.94; **W40:** 1.Emma Stallard SWVAC 17-29.78; 2.Helen Wheeler OPEN 19-07.22; 3.Nina Skilton MMAC 19-17.99; 4.Satu Haikala WMAA 19-46.89; 5.Michelle Hooton MMAC 19-48.48; **W45:** 1.Clare Elms VAC 17-25.88; 2.Julia Myatt MMAC 18-42.37; 3.Tracey Gibson NVAC 21-14.22; **W50:** 1.Lesley Wright SWVAC 23-21.04; 2.Ann Roberts NVAC 25-03.80; **W55:** 1.Gail Duckworth EVAC 19-22.16; 2.Edwina Turner WMAA 23-20.11; **W60:** 1.Ros Tabor VAC 20-24.75; 2.Lou Lyness NVAC 20-29.86; 3.Lesley Griffin MMAC 21-51.60; 4.Ann James WMAA 24-28.59; **W65:** 1.Pauline Rich VAC 23-51.97; 2.June Johnson MMAC 24-09.69; 3.Clare Johnson WMAA 25-59.01; **W70:** 1.Cecilia Morrison SCVAC 22-19.99 (**World Record**); 2.Betty Tracey EVAC 26-29.48;**3000W:****M45:** Mark Williams MMAC 14-38.81; **M50:** Gary MacDonald SCVAC 19-01.93; **M55:** 1.Nick Silvester SCVAC 15-12.82; 2.Rodney Dunn EVAC 17-34.32; **M60:** Roger Michell MMAC 15-55.32; **M65:** 1.Ken Bobbett WMAA 17-09.23; 2.Peter Hannell SCVAC 17-28.10; 3.Peter Howard EVAC 20-08.57; **M70:** 1.Arthur Thomson VAC 16-24.82; 2.Ron Powell SCVAC 19-23.59; 3.David Stevens VAC 19-59.08; 4.John Collins WMAA 22-21.39; **M75:** 1.Norbert Will NIMAC 20-48.90; 2.Eric Horwill MMAC 20-52.55; 3.John Cullingham VAC DISQ; **W45:** Diane Bradley VAC 15-35.52; **W50:** 1.Ann Wheeler MMAC 16-35.75; **W60:** 1.Susan Barnett EVAC 19-02.21; 2.Ann Lewis SCVAC 19-15.49; **W75:** Maureen Spelman VAC 21-43.01 (**British Record**);**5000W:****M45:** Mark Williams MMAC 25-13.14; **M50:** Gary MacDonald SCVAC 31-25.33; **M60:** Roger Michell MMAC 26-52.01; **M65:** 1.Ken Bobbett WMAA 29-46.99; 2.Peter Howard EVAC DISQ; **M70:** 1.Arthur Thomson VAC 28-00.61; 2.Edmund Shillabeer SWVAC 30-00.36; 3.Ron Powell SCVAC 32-18.68; 4.David Stevens VAC 34-55.36; 5.John Collins WMAA 38-43.73; **M75:** 21.Norbert Will NIMAC 35-46.03; 2.Eric Horwill MMAC 35-48.96; **W40:** Angie Alstrachen SCVAC DISQ; **W45:** 1.Diane Bradley VAC 26-48.89; 2.Helen Middleton EVAC 29-11.21; **W50:** 1.Ann Wheeler MMAC 28-22.23; **W60 Heat 1 01.** Susan Barnett EVAC 32-49.28; 2.Ann Lewis SCVAC 33-00.76; **W75:** Maureen Spelman VAC 37-24.30 (**British Record**);**3000SC:****M35:** 1.Jason Lendon OPEN 10-06.24 (**CBP**); 2.Josh Painter VAC 10-33.58; **M40:** Colin Palmer MMAC 9-49.64; **M45:** 1.Andrew Tindall VAC 10-15.49; 2.Philip York SWVAC 11-05.03; 3.Paul Berrett EVAC 11-16.78; **M50:** 1.Chris Ireland NVAC 10-35.82; 2.Ifan Lloyd WMAA 11-09.41; 3.Richard Jenkin SCVAC 11-49.36; 4.Colin Oxlade SCVAC 12-20.09; **M55:** 1.Ian Snow SWVAC 13-18.44; 2.David King SWVAC 13-55.09;**2000SC:****M65:** John Oldfield MMAC 9-54.82; **W45:** Jane Pidgeon MMAC 7-39.98 (**CBP**); **W55:** Anne Darby SWVAC 9-20.46; ;**110H:****M35:** (w/s -0.7) 1.Darren Dods SCVAC 15.58 (**CBP**); 2.Peter Davey SCVAC 16.00; **M40:** (w/s -0.7) Adam Young MMAC 16.91; **M45:** (w/s -1.6); 1.Neil Tunstall SWVAC 16.53; 2.Glen Reddington SCVAC 17.23; 3.Iain Moody MMAC 18.59;**100H:****M50:** (w/s -1.6) 1.Tennyson James EVAC 15.39; 2.John Mayor EVAC 15.41; 3.Paul Edwards MMAC 16.22; 4.Clive Pengelly SWVAC 17.38; **M55:** (w/s -1.6) 1.David Robinson NVAC 17.85; 2.Roy Buchanan SVHC 19.94; **M60:** (w/s +0.1) Tony Wells EVAC 16.37; **M65:** (w/s +0.1) Barry Ferguson VAC 16.95 (**CBP**); **W35:** (w/s +0.1) 1.Kate Brook OPEN 16.56; 2.Amanda Wale WMAA 17.49; 3.Natasha Mighty OPEN DNF;**80H:****M75:** (w/s -0.7) Colin Shafto NVAC 15.80 (**British Record**); **W40:** (w/s -2.1) 1.Kay Reynolds SCVAC 12.10; 2.Louise Oliver MMAC 14.89; **W45:** (w/s -2.1); 1.Wendy Laing NVAC 13.02; 2.Gaye Clarke EVAC 13.46; **W50:** (w/s -0.7) 1.Hazel Barker NVAC 13.77; 2.Susan Frisby MMAC 14.39; 3.Mary Barrett IRL (G) 14.74; 4.Janice Hardcastle EVAC 17.44; **W60:** (w/s -0.7) 1.Jean Fail SWVAC 14.46 (**British Record**); 2.Sally Hine MMAC 16.07;**400H:****M35:** 1.Joe Lloyd MMAC 54.77 (**CBP**); 2.Darren Dods SCVAC 58.41; 3.Richard Holt OPEN 59.21; 4.Peter Davey SCVAC 63.24; 5.Julian Langley OPEN 65.93; **M40:** David James WMAA 72.93; **M45:** 11.Neil Tunstall SWVAC 57.34; 2.Jonathan Tilt SCVAC 57.88; 3.Iain Moody MMAC 64.69; 4.Leroy Gould SCVAC 67.69; **M50:** 1.David Moles VAC 63.75; 2.John Mayor EVAC 64.33; 3.Tennyson James EVAC 64.69; 4.Paul Edwards MMAC 65.58; **M55:** David Robinson NVAC 74.17; **W35:** Kate Brook OPEN 66.92; **W40:** Deborah Doherty SCVAC 75.56;**300H:**

M60: 1.Tony Wells EVAC 47.48; 2.Geoffrey Kitchener VAC 49.38; **M65:** 1.Barry Ferguson VAC 53.46; 2.Mike Dixon SCVAC 54.57; **W50:** Jane Horder MMAC 48.78;

LJ:

M35: 1.Neil Lincoln SCVAC 6.51w; 2.Darren Dods SCVAC 6.40w; 3.Steve Lake SCVAC 6.02w; 4.Donovan Davenport MMAC 5.97w; 5.Brian Taylor OPEN 5.56; **M40:** 1. Kevin Rixon SCVAC 5.71w; 2.Ian Allen SWVAC 5.70; 3.Richard Buckingham VAC 5.48w; 4.Leroy Golding NVAC 4.64; **M45:** 1.John Garner SCVAC 5.96w; 2.Masaktsu Kondo SCVAC 5.94; 3.Paul Guest SWVAC 5.58w; 4.Andrew Waddington SWVAC 5.47w; 5.Clarence Riley SCVAC 5.13w; 6.Nicholas Walker SWVAC 4.81; **M50:** 1.John Mayor EVAC 5.58w; 2.Trevor Wade SCVAC 5.49; 3.Stephen Langford SCVAC 5.38w; 4.Clement Leon SCVAC 5.01; 5.Roderick Davies SCVAC 4.97w; 6.Wayne Howe SCVAC 4.51; **M55:** 1.Mario Lapka SWVAC 5.20w; 2.Ken Jackson SWVAC 5.05; 3.Geoff Miller WMAA 4.72; 4.David Robinson NVAC 4.58w; 5.Peter Morgan VAC 4.07; **M60:** Lawrie Dunn MMAC 4.33w; **M65:** 1.Allan Cheers WMAA 4.36; 2.Allan Long VAC 4.07; 3.Harold Halliwell NVAC 4.01; 4.Collin Green MMAC 3.91w; **M70:** 1.Padraig Maye IRL (G) 3.97w; 2.Trefor Pugh WMAA 3.56; 3.Michael Collins SCVAC 3.46; **M75:** 1.John Evans MMAC 3.71w; 2.Colin Shafto NVAC 3.67w; 3.Geoffrey Feast VAC 2.75w; **W35:** Kate Brook OPEN 4.82w; **W40:** 1.Louise Oliver MMAC 4.62; 2.Sandra Campbell VAC 3.91w; **W45:** 1.Wendy Laing NVAC 4.78w; 2.Alison Duke SCVAC 4.46; 3.Lesley Willis MMAC 4.45w; 4.Gaye Clarke EVAC 4.28 ; **W50:** 1.Linda Nicholson SVHC 4.87 (=CBP); 2.Carole Filer EVAC 4.61w; 3.Pauline Gerner MMAC 3.86w; 4.Janice Hardcastle EVAC 3.81; 5.Elaine Restorick MMAC 3.78w; 6.Chris Salvary SCVAC 3.62w; **W55:** 1.Sue Yeomans SCVAC 3.98w; 2.Lyn Ahmet SCVAC 3.34; 3.Fiona Argent SCVAC 3.23; 4.Cathy Lyon-Green MMAC 2.81; 5.Linda Harrison SCVAC 2.39w; **W60:** 1.Jean Fail SWVAC 3.84; ; 2.Sally Hine MMAC 3.32w; 3.Patricia Oakes SCVAC 3.10w, 4.Daphne Marler SCVAC 2.30; **W70:** Gillian Woodland OPEN 2.49;

TJ:

M35: 1.Darren Dods SCVAC 12.67; 2.Donovan Davenport MMAC 12.61w; 3.Steve Lake SCVAC 12.50w; 4.Neil Lincoln SCVAC 12.18; **M40:** 1.Ian Allen SWVAC 12.48; 2. Kevin Rixon SCVAC 11.55w; 3.Adrian Haines VAC 11.38w; 4.Chris Daniels VAC 11.03w; 5.Leroy Golding NVAC 10.37w; **M45:** 1.Dave Shields WMAA 10.21w; 2.Clarence Riley SCVAC 10.04; **M50:** 1.Clement Leon SCVAC 10.76w; 2.Wayne Howe SCVAC 9.77; **M55:** 1.Mario Lapka SWVAC 10.31w; 2.David Robinson NVAC 9.52; **M65:** 1.Allan Cheers WMAA 9.30; 2.Collin Green MMAC 8.57w; 3.Harold Halliwell NVAC 8.37; **M70:** 1.Padraig Maye IRL (G) 9.05w; 2.Tony Crocker MMAC 8.47w; 3.Trefor Pugh WMAA 7.80w; **M75:** John Evans MMAC 7.80w (CBP); **W40:** 1.Louise Oliver MMAC 9.39w; 2.Sandra Campbell VAC 8.39w; **W45:** Lesley Willis MMAC 8.97w; **W50:** Lorraine Benton MMAC 6.88w; **W55:** 1.Cathy Lyon-Green MMAC 6.82; 2.Linda Harrison SCVAC 5.84; **W60:** 1.Patricia Oakes SCVAC 7.05; 2.Daphne Marler SCVAC 5.27;

HJ:

M35: 1.Darren Dods SCVAC 1.75 (CBP); 2.Donovan Davenport MMAC 1.70; 3.Peter Davey SCVAC 1.60; **M40:** 1.Ian Allen SWVAC 1.75; 2.Adam Young MMAC 1.70; 3.Phillip Chalke SCVAC 1.65; **M45:** 1.Steve Linsell NVAC 1.75; 2.Andrew Waddington SWVAC 1.70; 3.Mark Roach SWVAC 1.60; 4.John Garner SCVAC 1.55; **M50:** 1.Thomas Endrody SCVAC 1.63; 2.Clement Leon SCVAC 1.60; 3.John Mayor EVAC 1.60; 4.Colin Hague SWVAC 1.50; **M55:** 1.Duncan Talbot SCVAC 1.51; 2.Paul Askew MMAC 1.40; 3.David Robinson NVAC 1.30; **M60:** 1.Geoffrey Kitchener VAC 1.33; **M65:** 1.Collin Green MMAC & Jim O'Shea IRL (G) 1.33; 3.John Howe WMAA 1.21; **M70:** Tony Crocker MMAC 1.36; **M75:** 1.Colin Shafto NVAC 1.31 (British Record) 2.Robin Sykes NVAC 1.06; **W45:** 1.Wendy Laing NVAC 1.50 (eq CBP); 2.Gaye Clarke EVAC 1.30; 3.Amanda Rowley-Jones SCVAC 1.25; **W50:** 1.Susan Frisby MMAC 1.39 (CBP); 2.Mary Barrett IRL (G) 1.39 (Irish Record); 3.Carole Filer EVAC 1.33; **W55:** Pam Garvey MMAC 1.27; **W60:** 1.Sally Hine MMAC 1.15; 2.Patricia Oakes SCVAC 1.09; **W75:** Rosemary Chrimes MMAC 1.15 (Eq CBP);

PV:

M40: Andrew Del nevo SCVAC 2.60; **M45:** 1.Mark Johnson NVAC 4.40 (CBP); 2.John Andrews SCVAC 3.80; 3.Alan Easey VAC 3.30; 4.Nicholas Walker SWVAC 3.20; **M50:** 1.Martin Davies WMAA 3.10; 2.Brian Slaughter SCVAC 3.00; **M55:** David Robinson NVAC 2.70; **M65:** 1.John Bradley MMAC 3.00; 2.John Howe WMAA 2.60; 3.Brian Harlick SCVAC 2.40; **M75:** Robert Brown MMAC 2.40; **W45:** Alison Duke SCVAC 2.60; **W55:** Sue Yeomans SCVAC 2.71(CBP); **W65:** Margaret Coombe EVAC 1.81 (British Record) ;

SP:

M35: 1.Ken Baker OPEN 13.38bp; 2.Simon Achurch EVAC 11.84; 3.Graham Holder WMAA 11.63; 4.Barry Barnfield WMAA 10.68; 5.Stephen Minnikin NVAC 10.60; **M40:** 1.Paul Smith MMAC 9.43; 2.Michael Clift OPEN 9.31; **M45:** 1.Andy Turner WMAA 12.56; 2.Allan Leiper SCVAC 12.06; 3.Philip Davies NVAC 11.31; 4.Anthony Tipping SCVAC 11.11; 5.Dave Brown NVAC 10.99; 6.Glyndwr Pugh WMAA 10.26; 7.Darren Gibson NVAC 9.98; **M50:** 1.Bob Broadbridge SWVAC 13.68; 2.John Moreland MMAC 11.75; 3.Jan Drzewiecki SCVAC 9.82; 4.John Birkett SVHC 9.11; **M55:** 1.Michael Small SWVAC 12.64; 2.Philip Olsen WMAA 10.29; 3.Clive Howell MMAC 8.85; 4.Bob Douglas SVHC 7.29; **M60:** 1.Neil Griffin SCVAC 14.04; 2.Michael Hazlewood NVAC 12.83; 3.Anthony Richards VAC 12.49; 4.Barry Hawsworth MMAC 11.83; 5.Philip Bramford EVAC 10.07; 6.Robert Richards EVAC 9.80; 7.Allan Webb SWVAC 7.52; **M65:** 1.Peter Virgo VAC 11.39; 2.Richard Jegou MMAC 10.54; 3.David Kuester VAC 10.01; 4.James Sloan SVHC 9.89; 5.Godfrey Leak EVAC 9.63; 6.Brian Harlick SCVAC 8.16; **M70:** 1.Bill Legg SWVAC 10.93; 2.Michael Jones MMAC 10.42; 3.Colin Brand SCVAC 10.15; 4.William Gentleman NVAC 9.62; 5.Brian Webb WMAA 7.76; **M75:** 1.Ian Miller EVAC 10.83br; 2.Gordon Hickey VAC 9.63; 3.Robin Sykes NVAC 9.25; 4.Michael McGarry IRL (G) 9.17; 5.Warwick Dixon SCVAC 8.15; 6.Norman Fullick SCVAC 6.92; 7.Peter Barber SCVAC 6.63; **M80:** 1.Jaroslav Hanus VAC 8.87(CBP); **W35:** 1.Sue Lawrence SCVAC 10.86; 2.Natasha Mighty OPEN 10.47; 3.Amanda Wale WMAA 9.15; 4.Catherine Alford WMAA 8.44; 5.Kristina Black HUN (G) 8.26; **W40:** 1.Louise Oliver MMAC 9.51; 2.Sandra Campbell VAC 8.47; 3.Julie Driscoll WMAA 6.84; **W45:** 1.Wendy Laing NVAC 9.49; 2.Julie Wilson SCVAC 9.01; 3.Janet Smith SCVAC 8.81; 4.Ruth Bird MMAC 8.63; 5.Karen Llewellyn WMAA 8.51; 6.Priscilla O'Sullivan IRL (G) 8.51; 7.Maureen Glanton IRL (G) 8.35; 8.Gaye Clarke EVAC 6.89; **W50:** 1.Mary Barrett IRL (G) 11.07; 2.Claire Cameron SVHC 10.06; 3.Hazel Barker NVAC 10.04; 4.Wendy Dunsford SCVAC 9.81; 5.Lucy Moore-Fox IRL (G) 8.60; **W55:** 1.Vilma Thompson SCVAC 10.79; 2.Sue Dassie SCVAC 8.70; 3.Gwen McFarlane SVHC 8.61; 4.Fiona Crompton NVAC 8.48; 5.Eirian Arwyn WMAA 7.30; **W60:** 1.Mo Pearson SWVAC 8.98; 2.Barbara Terry SCVAC 8.41; 3.Patricia Oakes SCVAC 6.90; 4.Anthea Bramford EVAC 6.19; **W65:** 1.Elizabeth Sissons SCVAC 9.38; 2.Margaret Coombe EVAC 6.60; 3.Helen Cole WMAA 5.98; 4.Yvonne Miles SCVAC 4.96; **W70:** 1.Anne Martin EVAC 6.58; 2.Sheila Champion IRL (G) 5.20; **W75:** 1.Rosemary Chrimes MMAC 10.35 (World Record);

DT:

M35: 1.Matthew Allison NVAC 41.55; 2.Graham Holder WMAA 37.55; 3.Simon Achurch EVAC 34.77; 4.Barry Barnfield WMAA 31.23; **M40:** 1.Michael Clift OPEN 27.43; 2.Paul Smith MMAC 26.41; 3.Leroy Golding NVAC 26.21; **M45:** 1.Gerrard Farrell SVHC 38.25; 2.Anthony Tipping SCVAC 37.41; 3.Andy Turner WMAA 37.22; 4.Allan Leiper SCVAC 32.73; 5.Graham Middleton MMAC 32.49; 6.Glyndwr Pugh WMAA 31.99; 7.Darren Gibson NVAC 28.87; 8.Dave Brown NVAC 27.73; 9.Dave Shields WMAA 20.57; **M50:** 1.John Moreland MMAC 46.46; 2.Jan Drzewiecki SCVAC 41.23; 3.Chris Privett SCVAC 39.33; 4.David Maggs WMAA 31.16; 5.Geoff Van klaveren WMAA 28.27; 6.John Birkett SVHC 22.06; **M55:** 1.Michael Small SWVAC 43.93; 2.Richard Healey SCVAC 42.34; 3.John Wild VAA-NE 36.84; 4.Philip Olsen WMAA 32.47; 5.Frank McCrystal NIMAC 29.59; **M60:** 1.Neil Griffin SCVAC 46.59; 2.Michael Hazlewood NVAC 46.59; 3.Anthony Richards VAC 42.77; 4.Barry Hawsworth MMAC 41.53; 5.Philip Bramford EVAC 39.28; 6.Robert Richards EVAC 35.59; 7.Allan Webb SWVAC 25.20; **M65:** 1.Peter Eddy SVHC 36.52; 2.Brian Harlick SCVAC 35.96; 3.James Sloan SVHC 35.14; 4.Godfrey Leak EVAC 35.04; 5.Peter Virgo VAC 34.79; 6.David Kuester VAC 32.58; 7.Ian Bowles MMAC 32.23; 8.Richard Jegou MMAC 30.62; 9.Patsy Conboy IRL (G) 25.12; **M70:** 1.Colin Brand SCVAC 32.44; 2.George Eccles SWVAC 29.75; 3.William Gentleman NVAC 28.95; 4.Vic Adcock SCVAC 21.41; **M75:** 1.Robin Sykes NVAC 29.58; 2.Ian Miller EVAC 29.12; 3.Michael McGarry IRL (G) 28.93; 4.Warwick Dixon SCVAC 27.36; 5.Gordon Hickey VAC 24.88; 6.Peter Barber SCVAC 23.78; 7.Norman Fullick SCVAC 17.44; **M80:** 1.Jaroslav Hanus VAC 24.77 (CBP); **W40:** Catarina Hallden SWVAC 28.21; **W45:** 1.Maureen Glanton IRL (G) 31.45; 2.Helen Daniel VAC 29.24; 3.Priscilla O'Sullivan IRL (G) 26.32; 4.Karen Llewellyn WMAA 24.95; **W50:** 1.Claire Cameron SVHC 32.56; 2.Wendy Dunsford SCVAC 24.54; 3.Mary Barrett IRL (G) 22.99; 4.Julie Wakelam MMAC 20.39; **W55:** 1.Vilma Thompson SCVAC 25.58; 2.Gwen McFarlane SVHC 22.05; 3.Eirian Arwyn WMAA 19.26; 4.Fiona Crompton NVAC 17.46; 5.Margaret Ehrenberg MMAC 15.62; **W60:** 1.Mo Pearson SWVAC 22.25; 2.Barbara Terry SCVAC 21.47; **W65:** 1.Elizabeth Sissons SCVAC 19.69; 2.Margaret Coombe EVAC 14.41; 3.Helen Cole WMAA 11.85; **W70:** Carole Derrien SWVAC 19.41; **W75:**

JT:

M35: 1.Matthew Allison NVAC 55.87; 2.Simon Achurch EVAC 47.16; 3.James Cowell MMAC 47.13; **M40:** Richard Ledger WMAA 44.07;
M45: 1.Roald Bradstock OPEN 64.92 (CBP); 2.Trevor Ratcliffe SCVAC 53.73; 3.Allan Leiper SCVAC 43.44; 4.Dave Brown NVAC 40.01; 5.Anthony Tipping SCVAC 35.69; 6.Andrew Waddington SWVAC 34.70; **M50:** 1. Kevin Murch MMAC 54.87 (CBP); 2.Stephen Langdon SCVAC 51.79; 3.John Fenton SCVAC 47.15; 4.Geoff Van Klaveren WMAA 38.28; 5.Martyn Thomas WMAA 35.58; 6.Wayne Howe SCVAC 34.43; **M55:** 1.Frank McCrystal NIMAC 31.38; 2.Peter Morgan VAC 25.05; **M60:** 1.Michael Hazlewood NVAC 44.02; 2.Barry Hawksworth MMAC 40.04; 3.Philip Bramford EVAC 37.11; 4.John Davies WMAA 34.59; 5.Robert Richards EVAC 30.02; 6.Allan Webb SWVAC 25.82; **M65:** 1.David Kuester VAC 38.01; 2.Phil Owen MMAC 35.71; 3.Ashley Fox SCVAC 33.88; 4.James Sloan SVHC 29.71; 5.Peter Daw SWVAC 28.40; 6.Brian Harlick SCVAC 24.26; **M70:** 1.George Eccles SWVAC 40.36 (British Record); 2.Colin Brand SCVAC 37.84; 3.Vic Adcock SCVAC 34.36; 4.David Price MMAC 33.32; 5.John Webster SCVAC 30.07; 6.Robert Evans OPEN 25.88; 7.Brian Webb WMAA 24.12; **M75:** 1.Gordon Hickey VAC 25.32; 2.Ian Miller EVAC 24.69; 3.Norman Fullick SCVAC 18.52; **W35:** 1.Jo Davis WMAA 30.18; 2.Karen Addis MMAC 26.96; 3.Amanda Wale WMAA 26.43; 4.Natasha Mighty OPEN 26.22; **W40:** Deborah Doherty SCVAC 28.63; **W45:** 1.Karen Llewelin WMAA 19.29; 2.Priscilla O'Sullivan IRL (G) 18.04; 3.Gaye Clarke EVAC 16.51; **W50:** 1.Mary Barrett IRL (G) 24.98; 2.Julie Wakelam MMAC 22.60; 3.Hazel Barker NVAC 22.58; 4.Carole Morris EVAC 10.87; **W55:** 1.Vilma Thompson SCVAC 23.64; 2.Gwen McFarlane SVHC 23.58; 3.Fiona Crompton NVAC 20.88; 4.Fiona Argent SCVAC 14.38; **W60:** 1.Barbara Terry SCVAC 19.27; 2.Patricia Oakes SCVAC 16.26; **W65:** 1.Elizabeth Sissons SCVAC 23.02; 2.Margaret Coombe EVAC 23.02; 3.Helen Cole WMAA 14.74; **W70:** Sheila Champion IRL (G) 8.39;

HT:

M35: 1.Graham Holder WMAA 54.70; 2.Stephen Minnikin NVAC 52.86; 3.Simon Achurch EVAC 44.07; 4.Barry Barnfield WMAA 37.43; 5.Darren Andrews WMAA 34.11; **M40:** 1.Gary Halpin WMAA 53.17; 2.Michael Clift OPEN 26.61; 3.Paul Smith MMAC 25.35; **M45:** 1.Russell Payne MMAC 45.28; 2.Anthony Tipping SCVAC 38.99; 3.Darren Gibson NVAC 36.77; 4.Graham Middleton MMAC 35.77; 5.Glyndwr Pugh WMAA 34.18; 6.Dave Brown NVAC 26.28; **M50:** 1.Nigel Winchcombe EVAC 49.62; 2.Martin Roberts MMAC 48.13; 3.Chris Privett SCVAC 45.71; 4.John Moreland MMAC 42.86; 5.David Maggs WMAA 40.98; 6.Jan Drzewiecki SCVAC 31.42; 7.Mike Burling EVAC 27.35; **M55:** 1.Michael Small SWVAC 40.74; 2.Clive Howell MMAC 36.88; 3.John Wild VAA-NE 36.31; 4.Philip Olsen WMAA 32.01; **M60:** 1.Paul Dickenson SCVAC 50.07; 2.Barry Hawksworth MMAC 46.83; 3.Michael Hazlewood NVAC 43.77; 4.Allan Webb SWVAC 25.72; 5.Philip Bramford EVAC 25.54; **M65:** 1.Chris Melliush SCVAC 42.29; 2.Patsy Conboy IRL (G) 36.64; 3.David Kuester VAC 31.33; 4.Richard Jegou MMAC 30.08; 5.Godfrey Leak EVAC 28.85; 6.Brian Harlick SCVAC 25.64; **M70:** 1.Jack Kee EVAC 46.52bp; 2.William Gentleman NVAC 46.28; 3.Hamilton Thomas SCVAC 35.15; 4.John Webster SCVAC 33.10; 5.Colin Brand SCVAC 29.98; **M75:** 1.Warwick Dixon SCVAC 34.43; 2.Ian Miller EVAC 34.26; 3.Peter Barber SCVAC 33.62; 4.Michael McGarry IRL (G) 28.81; 5.Gordon Hickey VAC 24.33; 6.Norman Fullick SCVAC 22.66; 7.Graham Roberts MMAC 20.03; 8.Neville Hargreaves SCVAC 19.81; **M80:** Jaroslav Hanus VAC 28.76 ; **W35:** 1.Krisztina Black HUN (G) 36.67; 2.Sue Lawrence SCVAC 33.84; 3.Catherine Alford WMAA 32.74; **W40:** 1.Catarina Hallden SWVAC 31.81; 2.Catriona Gentleman NVAC 27.63; 3.Julie Driscoll WMAA 25.59; **W45:** 1.Janet Smith SCVAC 43.48(CBP); 2.Priscilla O'Sullivan IRL (G) 38.29; 3.Julie Wilson SCVAC 32.77; 4.Marion Loveridge MMAC 32.25; 5.Ruth Bird MMAC 30.89; 6.Karen Llewelin WMAA 27.61; **W50:** 1.Wendy Dunsford SCVAC 32.56; 2.Claire Cameron SVHC 32.50; 3.Pat Higgins MMAC 27.51; 4.Lucy Moore-Fox IRL (G) 21.03; 5.Wanda Callahan OPEN 16.59; **W55:** 1.Vilma Thompson SCVAC 33.34; 2.Gwen McFarlane SVHC 26.61; 3.Fiona Crompton NVAC 23.68; 4.Linda Harrison SCVAC 19.68; 5.Eirian Arwyn WMAA 19.30; **W60:** 1.Rosemary Hutton SWVAC 30.89; 2.Anthea Bramford EVAC 28.14; 3.Barbara Terry SCVAC 23.97; **W65:** 1.Elizabeth Sissons SCVAC 27.43; 2.Yvonne Miles SCVAC 18.67; 3.Helen Cole WMAA 18.43; 4.Margaret Coombe EVAC 17.50; **W70:** 1.Carole Derrien SWVAC 23.88; 2.Anne Martin EVAC 18.08; 3.Dorothy Fraser EVAC 17.95; **W75:** 1.Rosemary Chrimes MMAC 28.02 (CBP);

WT:

M35: 1.Graham Holder WMAA 15.01; 2.Stephen Minnikin NVAC 14.08; 3.Simon Achurch EVAC 12.85; 4.Barry Barnfield WMAA 11.33; **M40:** 1.Gary Halpin WMAA 15.40; 2.Paul Smith MMAC 7.54; **M45:** 1.Russell Payne MMAC 12.45; 2.Anthony Tipping SCVAC 11.85; 3.Andy Turner WMAA 11.59; 4.Darren Gibson NVAC 11.42; 5.Graham Middleton MMAC 11.18; 6.Glyndwr Pugh WMAA 9.88; **M50:** 1.Chris Privett SCVAC 17.59; 2.John Moreland MMAC 14.95; 3.Bob Broadbridge SWVAC 14.82; 4.Martin Roberts MMAC 14.66; 5.David Maggs WMAA 13.63; 6.Mike Burling EVAC 10.70; **M55:** 1.Michael Small SWVAC 14.19; 2.Clive Howell MMAC 13.92; 3.John Wild VAA-NE 12.44; **M60:** 1.Paul Dickenson SCVAC 18.06 (CBP); 2.Neil Griffin SCVAC 17.47; 3.Barry Hawksworth MMAC 17.42; 4.Michael Hazlewood NVAC 16.26; **M65:** 1.Chris Melliush SCVAC 16.08 (Eq CBP); 2.David Kuester VAC 13.51; 3.Patsy Conboy IRL (G) 12.96; 4.Godfrey Leak EVAC 12.80; 5.Brian Harlick SCVAC 10.94; 6.Richard Jegou MMAC 10.42; **M70:** 1.Jack Kee EVAC 16.28; 2.William Gentleman NVAC 15.48; 3.Hamilton Thomas SCVAC 13.98; 4.Colin Brand SCVAC 10.32; **M75:** 1.Ian Miller EVAC 14.23 (CBP); 2.Peter Barber SCVAC 12.20; 3.Gordon Hickey VAC 10.76; 4.Graham Roberts MMAC 8.60; 5.Neville Hargreaves SCVAC 7.05; 6.Norman Fullick SCVAC 6.26; **M80:** Jaroslav Hanus VAC 10.73 (CBP); **W35:** 1.Natasha Mighty OPEN 11.84; 2.Krisztina Black HUN (G) 10.98; 3.Sue Lawrence SCVAC 10.83; 4.Catherine Alford WMAA 9.52; **W40:** 1.Julie Driscoll WMAA 9.99; 2.Catriona Gentleman NVAC 9.72; 3.Catarina Hallden SWVAC 8.87; **W45:** 1.Janet Smith SCVAC 13.95 (British Record); 2.Priscilla O'Sullivan IRL (G) 10.55; 3.Julie Wilson SCVAC 10.07; 4.Ruth Bird MMAC 9.46; 5.Karen Llewelin WMAA 8.96; **W50:** 1.Claire Cameron SVHC 10.61; 2.Wendy Dunsford SCVAC 10.41; 3.Pat Higgins MMAC 9.81; 4.Lucy Moore-Fox IRL (G) 8.55; **W55:** 1.Vilma Thompson SCVAC 11.96 (CBP); 2.Fiona Crompton NVAC 8.67; 3.Gwen McFarlane SVHC 8.11; 4.Eirian Arwyn WMAA 7.68; 5.Linda Harrison SCVAC 7.16; **W60:** 1.Rosemary Hutton SWVAC 11.75; 2.Barbara Terry SCVAC 10.00; 3.Anthea Bramford EVAC 9.62; **W65:** 1.Elizabeth Sissons SCVAC 9.80; **W70:** 1.Carole Derrien SWVAC 9.05 (CBP); 2.Anne Martin EVAC 7.39;