

2010 Nationals XC - Under 13 Girls

Pos	Bib	Time	Name	Club	Pos	Bib	Time	Name	Club
1	1494	00:12:25	Hope Goddard	Bracknell AC	101	1477	00:13:43	Alisha Johnson	Blackpool Wyre & Fylde AC
2	1607	00:12:29	Bethany Donnelly	East Cheshire Harriers & Tameside AC	102	1682	00:13:43	Anna Weston	Invicta East Kent AC
3	2028	00:12:31	Bella Croft	Windsor Slough Eton & Hounslow AC	103	1956	00:13:44	Eve Goodhart	Thames Valley Harriers
4	1493	00:12:32	Grace Goddard	Bracknell AC	104	1549	00:13:44	Emma Barraclough	Chiltern Harriers AC
5	1821	00:12:32	Elisabeth Hood	Poole AC	105	1832	00:13:45	Megan Humphreys	Radley AC
6	1678	00:12:37	Bobby Clay	Invicta East Kent AC	106	1929	00:13:45	Katie Hughes	Staffordshire Moorlands AC
7	1450	00:12:38	Lydia Turner	Birtley AC	107	1446	00:13:47	Kennedy Wallace	Birchfield Harriers
8	1994	00:12:39	Rebecca Firth	Wakefield District Harriers & AC	108	1648	00:13:50	Louise Nash	Hastings AC
9	1412	00:12:40	Katie Shiel Rankin	Aldershot Farnham & District AC	109	1524	00:13:52	Lucy Jones	Charnwood AC
10	1609	00:12:42	Megan Bates	Eden Runners	110	1799	00:13:52	Laura Gilbert	Nuneaton Harriers AC
11	1553	00:12:43	Connie Lewis	Chiltern Harriers AC	111	1534	00:13:53	Christy Dailly	Chelmsford AC
12	1986	00:12:44	Jessica Parsons	Vale Royal AC	112	1468	00:13:53	Georgina Taylor	Blackheath & Bromley Harriers
13	1768	00:12:45	Sophia Cliffe	Marshall Milton Keynes AC	113	1628	00:13:54	Molly Travis	Halifax Harriers AC
14	1514	00:12:47	Chelsea Nugent	Carlisle Aspatria AC	114	1761	00:13:54	Caelidh Ross	Mansfield Harriers & AC
15	1739	00:12:48	Zoe Tynan	Liverpool Harriers & AC	115	1619	00:13:55	Alonamae Lonsdale	Gateshead Harriers
16	1714	00:12:49	Mari Smith	Leicester Coritanian	116	1810	00:13:55	Evangelina Foster	Orion Harriers
17	1812	00:12:51	Georgia Tuckfield	Orion Harriers	117	1572	00:13:55	Tasha Stone	City of Stoke AC
18	1586	00:12:52	Sian Rainsley	Coventry Godiva Harriers	118	1466	00:13:56	Charlotte Rhule	Blackheath & Bromley Harriers
19	2021	00:12:54	Hannah Knapton	Winchester & District AC	119	1945	00:13:56	Sophie Burnett	Sunderland Harriers & AC
20	1519	00:12:54	Hannah Cox	Charnwood AC	120	1865	00:13:56	Molly Rees	Royal Sutton Coldfield AC
21	1571	00:12:55	Lucy Holt	City of Stoke AC	121	1411	00:13:57	Molly Sharples	Aldershot Farnham & District AC
22	1454	00:12:56	Elizabeth Greenwood	Blackburn Harriers & AC	122	2029	00:13:57	Kathryn Ditton	Windsor Slough Eton & Hounslow AC
23	1952	00:12:57	Caitlin Stewart	Team Southampton	123	1467	00:13:57	Lucy Sidey	Blackheath & Bromley Harriers
24	1526	00:12:57	Hannah Nutthall	Charnwood AC	124	1654	00:13:58	Victoria Picken	Herne Hill Harriers
25	1541	00:12:59	Millie Smith	Chelmsford AC	125	1931	00:13:59	Lucy Golland	Stilton Striders
26	2037	00:13:00	Sophie Tarver	Wirral AC	126	1911	00:14:00	Erin Donagh	Southport Waterloo AC
27	1696	00:13:01	Gemma Keir	Leeds City AC	127	1635	00:14:00	Martha Clapp	Harborough AC
28	1483	00:13:01	Sophie Montgomery	Blaydon Harriers & AC	128	1885	00:14:00	Louise Taylor	Scarborough AC
29	1883	00:13:02	Brownwen Owen	Scarborough AC	129	1505	00:14:01	Charlotte Murphy	Cambridge & Coleridge
30	1723	00:13:02	Abbie Donnelly	Lincoln Wellington AC	130	1872	00:14:01	Rachel Hibberd	Sale Harriers Manchester
31	1562	00:13:03	Alice Cheverton	City of Norwich AC	131	1535	00:14:02	Natasha Fisher	Chelmsford AC
32	1550	00:13:03	Rosalind Firth	Chiltern Harriers AC	132	1429	00:14:02	Lauren Russell	Bedford & County AC
33	1401	00:13:04	Leigh Chadman	Aldershot Farnham & District AC	133	1625	00:14:03	Hannah Sharkey	Halesowen AC
34	1457	00:13:09	Sally Seanson	Blackburn Harriers & AC	134	1497	00:14:03	Hannah Alderson	Bury AC
35	1954	00:13:09	Isobel Bradley	Telford AC	135	1953	00:14:04	Brialen Taylor	Team Southampton
36	2006	00:13:10	Carys McCaulay	Warrington AC	136	1823	00:14:04	Rebecca Warrington	Poole AC
37	1998	00:13:10	Annabel Mason	Wakefield District Harriers & AC	137	1842	00:14:06	Charlotte Robinson	Reigate Priory AC
38	1622	00:13:10	Robyn Waugh	Gateshead Harriers	138	1909	00:14:06	Meredith Cox	Solihull & Small Heath AC
39	1584	00:13:11	Ellie Welch	Corby AC	139	1933	00:14:07	Evie Carter	Stockport Harriers & AC
40	1542	00:13:11	Katie Solis	Chelmsford AC	140	1735	00:14:08	Isabel Perez	Liverpool Harriers & AC
41	1775	00:13:11	Emma Wortley	Middlesbrough AC	141	1894	00:14:09	Molly Garden	Shaftesbury Barnet Harriers
42	1573	00:13:12	Ella Eadon	City of York AC	142	1759	00:14:09	Claire Norris	Mansfield Harriers & AC
43	1923	00:13:13	Rosie Johnson	St.Helens Sutton AC	143	1434	00:14:10	Daisy Ward	Bedford & County AC
44	1537	00:13:15	Jodie Judd	Chelmsford AC	144	1569	00:14:10	Natasha Clowes	City of Stoke AC
45	1499	00:13:15	Christie Cook	Bury AC	145	1852	00:14:11	Megan Solomon	Rossendale Harriers & AC
46	1707	00:13:16	Jemima Green	Leicester Coritanian	146	1645	00:14:11	Katie Garland	Hastings AC
47	1605	00:13:16	Megan Ashelby	East Cheshire Harriers & Tameside AC	147	1405	00:14:11	Georgeie Hoff	Aldershot Farnham & District AC
48	1891	00:13:17	Natalie Connor	Shaftesbury Barnet Harriers	148	1941	00:14:11	Katy Whiteoak	Stockport Harriers & AC
49	2019	00:13:17	Danielle Thompson	Wigan Harriers	149	1755	00:14:12	Emma Heath	Mansfield Harriers & AC
50	2005	00:13:17	Harriet Knowles-Jones	Warrington AC	150	1777	00:14:12	Alison Brown	Morpeth Harriers & AC
51	1554	00:13:18	Hannah Morton	Chiltern Harriers AC	151	1918	00:14:12	Pippa Bailey	St.Albans AC
52	1427	00:13:18	Kelly Rodd	Bedford & County AC	152	1700	00:14:14	Bronya Bird	Leicester Coritanian
53	1582	00:13:19	Helena Keenan	Corby AC	153	1878	00:14:14	Charlotte Simms	Salford Metropolitan AC
54	1884	00:13:19	Lucy Schofield	Scarborough AC	154	1734	00:14:15	Erin McBride	Liverpool Harriers & AC
55	1490	00:13:23	Leah Peplow	Bolton United Harriers & AC	155	1950	00:14:15	Phoebe Kalik	Team Southampton
56	1540	00:13:23	Rosa Prideaux	Chelmsford AC	156	1868	00:14:15	Charlotte Murphy	Rugby & Northampton AC
57	1913	00:13:23	Abby Parkinson	Spennborough AC	157	1474	00:14:16	Beth Everson	Blackpool Wyre & Fylde AC
58	1496	00:13:25	Siannah Rayment	Bracknell AC	158	1606	00:14:16	Roisin Clegg	East Cheshire Harriers & Tameside AC
59	1830	00:13:25	Rebecca Coope	Pudsey & Bramley AC	159	1681	00:14:17	Amy Old	Invicta East Kent AC
60	1969	00:13:25	Sian Driscoll	Tonbridge AC	160	1647	00:14:17	Sophie Markwick	Hastings AC
61	1710	00:13:25	India Mitchell-Jarvis	Leicester Coritanian	161	1792	00:14:17	Charlotte Peach	Newark AC
62	1536	00:13:26	Maddie Gough	Chelmsford AC	162	1565	00:14:18	Katie Stratton	City of Norwich AC
63	1932	00:13:27	Lucy Palmer	Stilton Striders	163	1715	00:14:18	Bethany Taylor	Leicester Coritanian
64	1820	00:13:27	Emma Butterworth	Poole AC	164	1779	00:14:19	Josie McCreton	Morpeth Harriers & AC
65	1491	00:13:27	Vicki Birch	Bracknell AC	165	1927	00:14:19	Lauren Hancock	Staffordshire Moorlands AC
66	1727	00:13:28	Rebekah Ward	Lincoln Wellington AC	166	1749	00:14:19	Molly Bogin	Manchester Harriers & AC
67	1523	00:13:28	Emily Hollis	Charnwood AC	167	1854	00:14:20	Maisie Elliott	Rotherham Harriers & AC
68	1942	00:13:28	Mollie Williams	Stockport Harriers & AC	168	1855	00:14:21	Ellena Freeman	Rotherham Harriers & AC
69	1425	00:13:29	Sarah Kerr	Bedford & County AC	169	1713	00:14:22	Rebecca Orton	Leicester Coritanian
70	1463	00:13:30	Georgina Kennedy	Blackheath & Bromley Harriers	170	1556	00:14:22	Hannah Thear	Chiltern Harriers AC
71	1728	00:13:30	Sophia Brennan	Liverpool Harriers & AC	171	1971	00:14:22	Katie Humphrey	Tonbridge AC
72	1683	00:13:31	Ellen Whitehead	Invicta East Kent AC	172	1588	00:14:23	Georgia Pickles	Crewe & Nantwich AC
73	1877	00:13:32	Hollie Barnes	Salford Metropolitan AC	173	2022	00:14:23	Klara Lyne	Winchester & District AC
74	1935	00:13:34	Lucy Donaghy	Stockport Harriers & AC	174	1431	00:14:24	Aimee Trafford	Bedford & County AC
75	2025	00:13:34	Rosie Upton	Winchester & District AC	175	2026	00:14:24	Gemma Burgin	Windsor Slough Eton & Hounslow AC
76	1824	00:13:36	Beth Blackwell	Preston Harriers	176	1869	00:14:24	Becky Pinto	Rugby & Northampton AC
77	1921	00:13:36	Victoria Pritchard	St.Albans AC	177	1579	00:14:25	Holly Bevins	Corby AC
78	1570	00:13:36	Jessica Heath	City of Stoke AC	178	1817	00:14:25	Katie Hutchinson	Peterborough AC
79	2009	00:13:37	Elizabeth Smith	Warrington AC	179	1839	00:14:26	Georgia Walton	Reading AC
80	1421	00:13:37	Lucy Wildash	Basingstoke & Mid Hants AC	180	1522	00:14:26	Georgia Gartside	Charnwood AC
81	1420	00:13:37	Gemma Wildash	Basingstoke & Mid Hants AC	181	2004	00:14:26	Katy Entwistle	Warrington AC
82	1847	00:13:38	Rebecca Flanagan	Rossendale Harriers & AC	182	1659	00:14:27	Lucy Farquhar	Holmfirth Harriers AC
83	1472	00:13:38	Amelia Betmead	Blackpool Wyre & Fylde AC	183	1711	00:14:27	Elizabeth Mulvaney	Leicester Coritanian
84	1650	00:13:38	Georgie Hay	Herne Hill Harriers	184	2000	00:14:28	Sophie Woolin	Wakefield District Harriers & AC
85	1867	00:13:38	Elizabeth Ward	Royal Sutton Coldfield AC	185	1585	00:14:29	Penny Oliver	Coventry Godiva Harriers
86	1974	00:13:39	Alessia Russo	Tonbridge AC	186	1926	00:14:30	Rachel Woosey	St.Helens Sutton AC
87	1930	00:13:39	Rebecca Hughes	Staffordshire Moorlands AC	187	2038	00:14:30	Hannah Campion	Wolverhampton & Bilston AC
88	1813	00:13:40	Amy Moran	Pendle AC	188	1470	00:14:31	Holly Walman	Blackheath & Bromley Harriers
89	1576	00:13:40	Jess Isaacs	City of York AC	189	1603	00:14:31	Besirat Tesfu	Ealing Southall & Middlesex AC
90	1712	00:13:40	Alice Murfitt	Leicester Coritanian	190	1936	00:14:31	Ellen Downs	Stockport Harriers & AC
91	1564	00:13:40	Megan Soames	City of Norwich AC	191	2027	00:14:32	Tilly Compton-Stewart	Windsor Slough Eton & Hounslow AC
92	1756	00:13:40	Molly Johnson	Mansfield Harriers & AC	192	1642	00:14:32	Molly Webster	Harrogate Harriers & AC
93	2030	00:13:41	Eloise Millbourn	Windsor Slough Eton & Hounslow AC	193	1423	00:14:32	Courtney Hunter	Bedford & County AC
94	2017	00:13:41	Mia Moore	Wetherby Runners AC	194	1590	00:14:33	Sarah Thompson	Dallam RC
95	1915	00:13:41	Ellen Bollard	Sphinx AC	195	1559	00:14:33	Megan Bird	City of Norwich AC
96	1679	00:13:42	Lilly Coward	Invicta East Kent AC	196	1856	00:14:34	Emily Hutchinson	Rotherham Harriers & AC
97	2002	00:13:42	Jessica Coulson	Warrington AC	197	1876	00:14:34	Connie Vickers	Sale Harriers Manchester
98	1949	00:13:42	Abbie Fisher	Team Southampton	198	1630	00:14:35	Georgia Hird	Hallamshire Harriers
99	1578	00:13:42	Georgia Bevins	Corby AC	199	1539	00:14:35	Lucy Longdon	Chelmsford AC
100	1538	00:13:43	Emily Ley	Chelmsford AC	200	2044	00:14:36	Beth Scott	Wreake Runners

Pos	Bib	Time	Name	Club	Pos	Bib	Time	Name	Club
201	1568	00:14:36	Sophie Taylor	City of Sheffield AC	303	1744	00:15:27	Chloe Hever	Longwood Harriers AC
202	1730	00:14:37	Hannah Delaney	Liverpool Harriers & AC	304	1724	00:15:27	Lucy Read	Lincoln Wellington AC
203	1671	00:14:37	Katie Scholey	Huntingdonshire AC	305	1751	00:15:27	Caitlin Whitehead	Manchester Harriers & AC
204	1498	00:14:38	Eleanor Boyle	Bury AC	306	1705	00:15:28	Caitlin Danaher	Leicester Coritanian
205	1731	00:14:39	Abbie Gray	Liverpool Harriers & AC	307	2040	00:15:28	Lauren Hillman	Wolverhampton & Bilston AC
206	1746	00:14:40	Rebecca Morris	Longwood Harriers AC	308	1567	00:15:29	Anina Atkinson	City of Sheffield AC
207	1640	00:14:40	Claire Jones	Harrogate Harriers & AC	309	1604	00:15:29	Dhara Thompson	Ealing Southall & Middlesex AC
208	1657	00:14:40	Hannah Webb	Herne Hill Harriers	310	1836	00:15:29	Lois Meredith	Reading AC
209	1990	00:14:40	Anni Sorensen	Vale Royal AC	311	1677	00:15:30	Lucy Williamson	Ilkley Harriers
210	1789	00:14:41	Izzy Pearse	New Marske Harriers	312	1858	00:15:31	Grace Tomlinson	Rotherham Harriers & AC
211	1826	00:14:41	Isobell Hughes	Preston Harriers	313	1439	00:15:32	Victoria Blincoe	Bexley AC
212	1973	00:14:41	Lucy Roud	Tonbridge AC	314	1602	00:15:32	Izzy Morris-McIntyre	Ealing Southall & Middlesex AC
213	1912	00:14:41	Elle Bolton-Hardy	Spensorough AC	315	1786	00:15:34	Georgie Gibb	Nene Valley Harriers
214	1663	00:14:42	Olivia Sykes	Holmfirth Harriers AC	316	1997	00:15:35	Heather Ludvigson	Wakefield District Harriers & AC
215	1762	00:14:42	Ella Shirley	Mansfield Harriers & AC	317	1943	00:15:36	Sophie Williams	Stockport Harriers & AC
216	1409	00:14:42	Molly Pocock	Aldershot Farnham & District AC	318	1892	00:15:36	Emma Dwan	Shaftesbury Barnet Harriers
217	1772	00:14:43	Hannah Marshall	Middlesbrough AC	319	1882	00:15:37	Sarah Ogden	Scarborough AC
218	1506	00:14:43	Hollie Parker	Cambridge & Coleridge	320	1793	00:15:37	Charlie Bagguley	Newcastle (Staffs) AC
219	1624	00:14:43	Beth Sharkey	Halesowen AC	321	1924	00:15:38	Maria McGoldrick	St.Helens Sutton AC
220	1632	00:14:43	Charlotte Slack	Hallamshire Harriers	322	1940	00:15:38	Leah O'Connell	Stockport Harriers & AC
221	1922	00:14:44	Lucy Griffiths	St.Helens Sutton AC	323	1555	00:15:38	Maria Slade	Chiltern Harriers AC
222	2007	00:14:45	Laura Nicholson	Warrington AC	324	1694	00:15:38	Charlotte Hall	Leeds Carnegie AC
223	1689	00:14:45	Lucy Witherwick	Kingston Upon Hull AC	325	1660	00:15:39	Megan Lamb	Holmfirth Harriers AC
224	1655	00:14:45	Elena Rodham-Cooke	Herne Hill Harriers	326	1844	00:15:39	Freja Nicholson	Richmond & Zetland Harriers
225	1928	00:14:46	Rebecca Higton	Staffordshire Moorlands AC	327	1760	00:15:39	Rachel Norris	Mansfield Harriers & AC
226	1981	00:14:46	Jessica Costello	Vale Royal AC	328	1893	00:15:40	Alice Elwood	Shaftesbury Barnet Harriers
227	1875	00:14:47	Caitlin Thomas	Sale Harriers Manchester	329	1738	00:15:40	Lydia Reynolds	Liverpool Harriers & AC
228	1626	00:14:47	Carregan Sibley	Halesowen AC	330	1675	00:15:40	Grace Malir	Ilkley Harriers
229	1456	00:14:47	Polly Pearse	Blackburn Harriers & AC	331	2036	00:15:40	Aileen Kearney	Wirral AC
230	1978	00:14:47	Rachael McManus	Trafford AC	332	1634	00:15:41	Lucy Woodcock	Hallamshire Harriers
231	1513	00:14:48	Danielle Woodward	Cannock & Stafford AC	333	1841	00:15:42	Florence Wilson	Reading AC
232	2011	00:14:48	Suzanne Bentley	Watford Harriers	334	1476	00:15:43	Fiona Hockey	Blackpool Wyre & Fylde AC
233	1706	00:14:48	Yasmin Gibson	Leicester Coritanian	335	1631	00:15:45	Flora McNeil	Hallamshire Harriers
234	1881	00:14:48	Leah Ogden	Scarborough AC	336	1938	00:15:47	Rebecca Horsfield	Stockport Harriers & AC
235	1404	00:14:48	Natalie Gilffin	Aldershot Farnham & District AC	337	1452	00:15:49	Katie Buckingham	Blackburn Harriers & AC
236	1525	00:14:48	Karyn Lewis	Charnwood AC	338	1857	00:15:50	Beth Taylor	Rotherham Harriers & AC
237	1783	00:14:49	Sarah Chan	Nene Valley Harriers	339	2012	00:15:51	Lucy Callaghan	Wetherby Runners AC
238	2015	00:14:49	Josephine Mather-Hunter	Wetherby Runners AC	340	1833	00:15:51	Abigail Froud	Reading AC
239	1968	00:14:50	Hannah Czarowski	Tonbridge AC	341	1684	00:15:51	Lauren Lowe	Jersey Spartans AC
240	1870	00:14:50	Rebecca Smears	Rugby & Northampton AC	342	1557	00:15:52	Meghan Adamson	Chorley Harriers
241	1874	00:14:50	Hannah Simeen	Sale Harriers Manchester	343	1719	00:15:52	Hannah O'Malley	Leigh Harriers & AC
242	1828	00:14:51	Maxine Smith	Preston Harriers	344	1530	00:15:53	Saskia Sharpe	Charnwood AC
243	1995	00:14:52	Saskia Lewis	Wakefield District Harriers & AC	345	2013	00:15:53	Stella Kremer	Wetherby Runners AC
244	1807	00:14:53	Madeline Carr	Orion Harriers	346	1627	00:15:53	Lydia Wilkinson	Halesowen AC
245	1673	00:14:54	Naomi Elliott	Ilkley Harriers	347	1716	00:15:54	Lucy Whitehead	Leicester Coritanian
246	1532	00:14:54	Rebekah Stretton	Charnwood AC	348	1702	00:15:54	Olivia Bramley	Leicester Coritanian
247	1725	00:14:55	Clara Temple	Lincoln Wellington AC	349	2014	00:15:54	Harriet Lawson	Wetherby Runners AC
248	1849	00:14:56	Isabella Lewis	Rossendale Harriers & AC	350	1939	00:15:55	Alice Hughes	Stockport Harriers & AC
249	1782	00:14:56	Sarah Wilkes	Morpeth Harriers & AC	351	1861	00:15:55	Jasmine Laidler	Rothwell Harriers
250	1784	00:14:58	Annie Dalton	Nene Valley Harriers	352	1729	00:15:56	Olivia Daly	Liverpool Harriers & AC
251	1750	00:14:58	Charlotte Kelly	Manchester Harriers & AC	353	1809	00:15:56	Joelle Ewen	Orion Harriers
252	1879	00:15:00	Lucy Whittaker	Salford Metropolitan AC	354	1758	00:15:57	Phillipa Mitchell	Mansfield Harriers & AC
253	1595	00:15:00	Lara Wisdich	Derby AC	355	1993	00:15:58	Bethan Turner	Victoria Park H. & Tower Hamlets AC
254	2018	00:15:00	Hollie Pearson	Wetherby Runners AC	356	2034	00:15:59	Miriam Gordon	Wirral AC
255	1977	00:15:01	Isobel Howe	Trafford AC	357	2035	00:15:59	Sydney Isaacs	Wirral AC
256	1811	00:15:02	Amelia Hall	Orion Harriers	358	2031	00:16:00	Amy Talbot	Windsor Slough Eton & Hounslow AC
257	1487	00:15:02	Charlotte Ramsay	Blyth RC	359	1970	00:16:00	Ella Farrdon	Tonbridge AC
258	1917	00:15:03	Jennifer Allen	St.Albans AC	360	1500	00:16:00	Jenny Smalley	Bury AC
259	1840	00:15:04	Katherine West	Reading AC	361	1558	00:16:01	Fionnuala Hart	Chorley Harriers
260	1871	00:15:04	Julia Hassall	Sale Harriers Manchester	362	1752	00:16:01	Sophie Beckingham	Mansfield Harriers & AC
261	1697	00:15:04	Nicola Sawyer	Leeds City AC	363	1853	00:16:01	Charlotte Dodds	Rotherham Harriers & AC
262	1925	00:15:05	Rachel McGoldrick	St.Helens Sutton AC	364	1843	00:16:01	Hannah Najafi	Richmond & Zetland Harriers
263	1610	00:15:05	Jessica Richardson	Elswick Harriers	365	1709	00:16:02	Molly McCallister	Leicester Coritanian
264	1920	00:15:05	Alice Mulcahy	St.Albans AC	366	1980	00:16:05	Lucy Burch	Vale Royal AC
265	1937	00:15:06	Jess Griffiths	Stockport Harriers & AC	367	1435	00:16:06	Dayna Amott	Beverley AC
266	1473	00:15:06	Molly Betmead	Blackpool Wyre & Fylde AC	368	1438	00:16:08	Kelly Dawson	Beverley AC
267	1599	00:15:06	Camille Bradbury	Ealing Southall & Middlesex AC	369	1803	00:16:09	Rachel Emmot	Oldham & Royton Harriers & AC
268	1708	00:15:06	Rebecca Griffiths	Leicester Coritanian	370	1992	00:16:10	Gemma Wyatt	Vale Royal AC
269	1510	00:15:06	Jamie O'Connor	Cannock & Stafford AC	371	1417	00:16:11	Ella Neil	Andover AC
270	1575	00:15:07	Natalie Houston	City of York AC	372	1600	00:16:11	Georgia Gibbes	Ealing Southall & Middlesex AC
271	1794	00:15:07	Dilys Growcott	Newcastle (Staffs) AC	373	1581	00:16:12	Chloe Iliffe (DQ)	Corby AC (DQ)
272	1680	00:15:08	Molly Dawson	Invicta East Kent AC	374	1589	00:16:13	Lizzie Goodfellow	Dallam RC
273	1528	00:15:09	Harriet Roberts	Charnwood AC	375	1444	00:16:15	Hannah MacArthur	Birchfield Harriers
274	1914	00:15:09	Keavey Ward	Spensorough AC	376	1455	00:16:16	Sadit Kenyon	Blackburn Harriers & AC
275	1699	00:15:10	Shannon Anderson	Leicester Coritanian	377	1587	00:16:17	Katie Lennon	Crewe & Nantwich AC
276	1787	00:15:10	Eleshia Reid	Nene Valley Harriers	378	1859	00:16:17	Megan Byrne	Rothwell Harriers
277	1934	00:15:11	Emma Donaghy	Stockport Harriers & AC	379	1646	00:16:18	Rebecca Haggard	Hastings AC
278	1662	00:15:11	Sophie Spencer	Holmfirth Harriers AC	380	1511	00:16:19	Chloe Preston	Cannock & Stafford AC
279	1863	00:15:12	Amelia Andrews	Royal Sutton Coldfield AC	381	2042	00:16:27	Charlotte Heaps	Wreake Runners
280	1644	00:15:13	Zoe Botting	Hastings AC	382	1976	00:16:33	Beth Goddard	Trafford AC
281	1989	00:15:14	Lucy Scott	Vale Royal AC	383	1906	00:16:35	Alix Oglesy	Skyrac AC
282	1895	00:15:14	Chloe Goodson	Shaftesbury Barnet Harriers	384	1944	00:16:37	Cailin Tootell	Stroud & District AC
283	1979	00:15:16	Natalia Nunes	Trafford AC	385	1829	00:16:39	Alex Walker	Preston Harriers
284	1658	00:15:16	Megan Breen	Herts Phoenix AC	386	1780	00:16:40	Molly McDonald	Morpeth Harriers & AC
285	1743	00:15:16	Katie Walker	Liverpool Pembroke & Sefton H & AC	387	1451	00:16:43	Morgan Angland	Blackburn Harriers & AC
286	1520	00:15:17	Eliza Dickie	Charnwood AC	388	1442	00:16:45	Eleanor Winch	Bexley AC
287	1598	00:15:18	Rosanna Bell	Ealing Southall & Middlesex AC	389	1802	00:16:46	Emma Burman	Oldham & Royton Harriers & AC
288	1433	00:15:19	Alice Wallbank	Bedford & County AC	390	1652	00:16:46	Olivia Lamont	Herne Hill Harriers
289	1596	00:15:19	Alice Cambell	Durham City Harriers	391	1896	00:16:47	Ellen Joyce	Shaftesbury Barnet Harriers
290	1736	00:15:20	Emily Radforth	Liverpool Harriers & AC	392	1508	00:16:54	Megan Bond-Gillick	Cannock & Stafford AC
291	1816	00:15:20	Megan Haines-Eynon	Peterborough AC	393	1827	00:16:56	Emma Shepered	Preston Harriers
292	1808	00:15:21	Serena Espeute	Orion Harriers	394	1959	00:16:56	Sophie Hill	Tipton Harriers
293	1608	00:15:21	Niamh Hartshorne	East Cheshire Harriers & Tameside AC	395	1919	00:17:01	Laura Edwards	St.Albans AC
294	1741	00:15:22	Charlotte Haines	Liverpool Pembroke & Sefton H & AC	396	1531	00:17:01	Chandini Stensel	Charnwood AC
295	1846	00:15:22	Rebecca Bevan	Rossendale Harriers & AC	397	1753	00:17:07	Abigail Daguair	Mansfield Harriers & AC
296	1785	00:15:23	Alice Dolan	Nene Valley Harriers	398	1850	00:17:09	Shona Monks	Rossendale Harriers & AC
297	1651	00:15:23	Clemmie Hilliare	Herne Hill Harriers	399	1790	00:17:10	Holly Mammatt	Newark AC
298	2033	00:15:23	Eimear Corr	Wirral AC	400	2043	00:17:17	Gabrielle McNeelance	Wreake Runners
299	1814	00:15:23	Hayley Bartlett	Peterborough AC	401	1698	00:17:19	Gabrielle Scobie	Leeds City AC
300	1732	00:15:23	Hannah King	Liverpool Harriers & AC	402	1518	00:17:19	Lauren Cooledge	Charnwood AC
301	1996	00:15:25	Beth Lovellgrave	Wakefield District Harriers & AC	403	1860	00:17:20	Grace Franklin	Rothwell Harriers
302	1430	00:15:25	Annabelle Shreeves	Bedford & County AC	404	1901	00:17:24	Georgina Bentley	Skyrac AC

Pos	Bib	Time	Name	Club
405	1845	00:17:29	Rachel Stirr	Richmond & Zetland Harriers
406	1611	00:17:31	Erin Smith	Elswick Harriers
407	1887	00:17:40	Megan Hetherington	Sedgefield Harriers
408	1561	00:17:41	Ashleigh Bunn	City of Norwich AC
409	1886	00:17:45	Ellie Gaines	Sedgefield Harriers
410	1889	00:17:45	Emily Robertshaw	Sedgefield Harriers
411	2008	00:17:46	Sophie Rice	Warrington AC
412	1601	00:17:48	Elizabeth Lloyd	Ealing Southall & Middlesex AC
413	1665	00:17:52	Sophie Williams	Holmfirth Harriers AC
414	1815	00:17:58	Felicity Ford	Peterborough AC
415	1795	00:18:04	Chloe Lindop	Newcastle (Staffs) AC
416	1643	00:18:20	Natasha Bird	Hastings AC
417	1888	00:18:56	Rebella Holke	Sedgefield Harriers

Pos	Points	Team Name	Placings	Pos	Points	Team Name	Placings
1	128	Bracknell AC	(1 4 58 65)	27	640	Herne Hill Harriers	(84 124 208 224)
2	165	Chelmsford AC	(25 40 44 56)	28	647	Lincoln Wellington AC	(30 66 247 304)
3	198	Chiltern Harriers AC	(11 32 51 104)	29	694	Hastings AC	(108 146 160 280)
4	213	Leicester Corinthian	(16 46 61 90)	30	712	St.Helens Sutton AC	(43 186 221 262)
5	220	Charmwood AC	(20 24 67 109)	31	728	Vale Royal AC	(12 209 226 281)
6	262	Warrington AC	(36 50 79 97)	32	743	Bury AC	(45 134 204 360)
7	276	Invicta East Kent AC	(6 72 96 102)	33	750	St.Albans AC	(77 151 258 264)
8	310	Aldershot Farnham & District AC	(9 33 121 147)	34	770	Rossendale Harriers & AC	(82 145 248 295)
9	360	City of Stoke AC	(21 78 117 144)	35	789	Shaftesbury Barnet Harriers	(48 141 282 318)
10	368	Corby AC	(39 53 99 177)	36	795	Sale Harriers Manchester	(130 197 227 241)
11	380	Liverpool Harriers & AC	(15 71 140 154)	37	843	Rotherham Harriers & AC	(167 168 196 312)
12	393	Windsor Slough Eton & Hounslow AC	(3 93 122 175)	38	914	Preston Harriers	(76 211 242 385)
13	396	Bedford & County AC	(52 69 132 143)	39	925	Wetherby Runners AC	(94 238 254 339)
14	411	Team Southampton	(23 98 135 155)	40	926	Halesowen AC	(133 219 228 346)
15	423	Blackheath & Bromley Harriers	(70 112 118 123)	41	949	Morpeth Harriers & AC	(150 164 249 386)
16	429	Stockport Harriers & AC	(68 74 139 148)	42	999	Holmfirth Harriers AC	(182 214 278 325)
17	445	Scarborough AC	(29 54 128 234)	43	1011	Wirral AC	(26 298 331 356)
18	472	Wakefield District Harriers & AC	(8 37 184 243)	44	1052	Ealing Southall & Middlesex AC	(189 267 287 309)
19	479	City of Norwich AC	(31 91 162 195)	45	1059	Nene Valley Harriers	(237 250 276 296)
20	497	Mansfield Harriers & AC	(92 114 142 149)	46	1081	Reading AC	(179 259 310 333)
21	500	East Cheshire Harriers & Tameside AC	(2 47 158 293)	47	1085	Hallamshire Harriers	(198 220 332 335)
22	529	Tonbridge AC	(60 86 171 212)	48	1150	Trafford AC	(230 255 283 382)
23	583	Staffordshire Moorlands AC	(87 106 165 225)	49	1182	Peterborough AC	(178 291 299 414)
24	607	Blackpool Wyre & Fylde AC	(83 101 157 266)	50	1272	Cannock & Stafford AC	(231 269 380 392)
25	622	Blackburn Harriers & AC	(22 34 229 337)	51	1643	Sedgefield Harriers	(407 409 410 417)
26	633	Orion Harriers	(17 116 244 256)				

2010 National XC - Under 13 Boys

Pos	Bib	Time	Name	Club	Pos	Bib	Time	Name	Club
1	4327	00:11:29	George Duggan	Tonbridge AC	100	3887	00:12:55	Rian McCawley	Camberley & District AC
2	3999	00:11:35	Jack Crabtree	East Cheshire Harriers & Tameside AC	101	4106	00:12:56	Alex Humberstone	Lincoln Wellington AC
3	4066	00:11:38	Tom Newnham	Isle of Wight AC	102	4187	00:12:56	Gregory Jones	Nuneaton Harriers AC
4	4214	00:11:42	Christian Von Eitzen	Radley AC	103	4178	00:12:56	James Fradley	Newcastle (Staffs) AC
5	4372	00:11:49	Calum Vpton	Winchester & District AC	104	3853	00:12:58	William Fuller	Blackheath & Bromley Harriers
6	4338	00:11:54	Elliott Bowker	Vale Royal AC	105	4284	00:12:58	Thomas Brookes	Staffordshire Moorlands AC
7	4298	00:11:56	Ellis Cross	Tamworth AC	106	4351	00:12:59	Benjamin Read	Wakefield District Harriers & AC
8	4157	00:11:57	Ben Spencer	Middlesbrough AC	107	4226	00:13:00	Robert Bentham	Rotherham Harriers & AC
9	3898	00:11:58	James Hutton	Charmwood AC	108	4141	00:13:00	Alistair Thornton	Macclesfield Harriers & AC
10	3856	00:11:59	Jake Whalley	Blackpool Wyre & Fylde AC	109	4186	00:13:00	John Elkin	Nuneaton Harriers AC
11	3878	00:12:00	Jacob Hood	Bromsgrove & Redditch AC	110	4341	00:13:00	Tim Morris	Vale Royal AC
12	4241	00:12:01	Billy Bowman-Shaw	Rugby & Northampton AC	111	3812	00:13:01	Jonty Davison	Basingstoke & Mid Hants AC
13	4310	00:12:01	George Butler	Team Southampton	112	4335	00:13:01	William Seymour	Tonbridge AC
14	4364	00:12:03	Tom Verbena	Watford Harriers	113	3892	00:13:01	Ryan Ashforth	Cannock & Stafford AC
15	4015	00:12:04	Dominic Bill	Halesowen AC	114	4230	00:13:01	James Warnock	Rotherham Harriers & AC
16	4269	00:12:05	Tom Blanchard	Skipton AC	115	4117	00:13:02	Paul Tyson	Liverpool Harriers & AC
17	4325	00:12:05	Stuart Brown	Tonbridge AC	116	3885	00:13:02	Nathan Mapperley	Camberley & District AC
18	4417	00:12:05	Matthew Sheen	Vale Royal AC	117	3890	00:13:02	Thomas Heylen	Cambridge & Coleridge
19	3906	00:12:05	Ollie Spencer	Charmwood AC	118	3924	00:13:02	Will Perkin	Chiltern Harriers AC
20	4050	00:12:07	Lewis Byram	Holmfirth Harriers AC	119	4236	00:13:03	Shaun Evans	Royal Sutton Coldfield AC
21	4046	00:12:07	Jake Barraclough	Herts Phoenix AC	120	4354	00:13:03	Daniel Evans	Warrington AC
22	4202	00:12:09	Darius Boardman	Pendle AC	121	4286	00:13:03	Luke Jane	Stilton Striders
23	4036	00:12:10	Cassian Hyde	Hercules Wimbledon AC	122	3847	00:13:06	Robert Blow	Blackburn Harriers & AC
24	4091	00:12:11	Sam Elliott	Leicester Coritanian	123	4375	00:13:06	Tom Coe	Windsor Slough Eton & Hounslow AC
25	3920	00:12:11	Bill Hughes	Chiltern Harriers AC	124	4348	00:13:06	William Ingram	Wakefield District Harriers & AC
26	4289	00:12:11	Daniel Lawton	Stockport Harriers & AC	125	4398	00:13:07	James Taylor	Wirral AC
27	4262	00:12:12	Robbie Lightowler	Shaftesbury Barnet Harriers	126	4143	00:13:07	Donnacha McGuire	Manchester Harriers & AC
28	4328	00:12:14	Tim Faes	Tonbridge AC	127	4087	00:13:09	George Bell	Leicester Coritanian
29	3998	00:12:15	Sam McGonigle	Ealing Southall & Middlesex AC	128	4104	00:13:09	Declan Dickenson	Lincoln Wellington AC
30	3857	00:12:15	Bradley Yates	Blackpool Wyre & Fylde AC	129	4260	00:13:10	Billy Kelsey	Shaftesbury Barnet Harriers
31	4163	00:12:15	Phillip Winkler	Morpeth Harriers & AC	130	3955	00:13:10	Josh Schofield	City of York AC
32	4299	00:12:16	Luke Jones	Tamworth AC	131	4330	00:13:10	Alex Kidd	Tonbridge AC
33	4072	00:12:17	Michael Adlard	Kingston Upon Hull AC	132	4288	00:13:10	William Garner	Stockport Harriers & AC
34	4076	00:12:19	Charlie Davis	Leamington C & AC	133	4040	00:13:10	Aaron Clark	Herne Hill Harriers
35	4044	00:12:19	Merhawi Tesfaldet	Herne Hill Harriers	134	3866	00:13:11	Jordan Hull	Border Harriers & AC
36	3899	00:12:20	Ewan Makepeice	Charmwood AC	135	4152	00:13:11	Terence George	Manx Harriers
37	4248	00:12:20	Christy O'Brien	Sale Harriers Manchester	136	3985	00:13:13	Daniel Haymes	Derby AC
38	4164	00:12:22	Lorenzo Thompson	Moston District Harriers & AC	137	4329	00:13:13	Luke Gunter	Tonbridge AC
39	4150	00:12:22	Alex Rieley	Mansfield Harriers & AC	138	3919	00:13:13	Sam Henning	Chiltern Harriers AC
40	4376	00:12:23	James Cumins	Windsor Slough Eton & Hounslow AC	139	4004	00:13:14	Joe Walker	Eiswick Harriers
41	4145	00:12:23	Lewis Ashmore	Mansfield Harriers & AC	140	4394	00:13:14	Will Patterson	Wirral AC
42	4266	00:12:23	Jake Findlay	Shildon Running & AC	141	4002	00:13:14	Charley Wray	East Cheshire Harriers & Tameside AC
43	4371	00:12:24	Cameron McKie	West Suffolk AC	142	3952	00:13:14	Ben Lewis	City of York AC
44	4167	00:12:26	Alex Hampson	Nene Valley Harriers	143	4086	00:13:14	Luke Beeby	Leicester Coritanian
45	4016	00:12:26	Sam Efiog	Halesowen AC	144	4383	00:13:14	Will Broadbelt	Wirral AC
46	4294	00:12:27	Luca Irvine	Sunderland Harriers & AC	145	4358	00:13:15	Leighton Sharman	Warrington AC
47	4352	00:12:27	Liam Burthem	Warrington AC	146	4111	00:13:15	Elliott Colman	Liverpool Harriers & AC
48	3907	00:12:28	Callum Charleston	Chelmsford AC	147	4312	00:13:15	Jack Forrester	Telford AC
49	4257	00:12:28	Josh Clifford	Shaftesbury Barnet Harriers	148	4081	00:13:16	Zachary Widera	Leeds Carnegie AC
50	4277	00:12:28	Andrew Kershaw	Southport Waterloo AC	149	4331	00:13:16	Peter Laing	Tonbridge AC
51	4203	00:12:29	Matthew Dutton	Pendle AC	150	3900	00:13:16	Zac Meakin	Charmwood AC
52	4332	00:12:29	Euan Nicholls	Tonbridge AC	151	4082	00:13:16	Jack Allison	Leeds City AC
53	4147	00:12:30	Samuel Johnson	Mansfield Harriers & AC	152	4023	00:13:17	Sam Peters	Hallamshire Harriers
54	4080	00:12:31	Dominic Owens	Leeds Carnegie AC	153	3849	00:13:17	Jack Hindle	Blackburn Harriers & AC
55	3925	00:12:31	Andrew Stenning	Chiltern Harriers AC	154	4026	00:13:17	Josh Walton	Hallamshire Harriers
56	3954	00:12:32	Charlie Sarginson	City of York AC	155	4231	00:13:18	Joseph Weston	Rotherham Harriers & AC
57	3922	00:12:32	James McCarthy	Chiltern Harriers AC	156	4368	00:13:18	Sebastian Anthony	West Suffolk AC
58	4095	00:12:33	Alfie Thompson	Leicester Coritanian	157	3880	00:13:19	Benn Heywood	Bury AC
59	3992	00:12:33	Charlie Wyllie	Dorking & Mole Valley AC	158	4395	00:13:19	Charlie Quinn	Wirral AC
60	3913	00:12:34	Thomas Goulding	Chester-Le-Street AC	159	4128	00:13:20	Max Robertson	London Heathside
61	4190	00:12:36	Christopher Brown	Oldham & Royton Harriers & AC	160	4129	00:13:21	Lewis Crank	Longwood Harriers AC
62	4019	00:12:38	William Richardson	Halesowen AC	161	3960	00:13:21	Jeremy Barnes	Coventry Godiva Harriers
63	3908	00:12:40	Freddie Keefe	Chelmsford AC	162	4356	00:13:21	Daniel Richardson	Warrington AC
64	4209	00:12:41	Patrick Dever	Preston Harriers	163	3802	00:13:22	Nathan Gibson	Aldershot Farnham & District AC
65	4336	00:12:41	Miles Weatherseed	Tonbridge AC	164	4337	00:13:22	William Whitmore	Tonbridge AC
66	4242	00:12:42	Jack Murphy	Rugby & Northampton AC	165	4083	00:13:22	Kieran Savage	Leeds City AC
67	4090	00:12:42	Ben Dijkstra	Leicester Coritanian	166	4370	00:13:23	Ben Eames	West Suffolk AC
68	4219	00:12:43	Max Robson	Richmond & Zetland Harriers	167	3970	00:13:23	Eliot Nevill	Crewe & Nantwich AC
69	4033	00:12:44	Ryan Hodd	Hastings AC	168	4229	00:13:24	Devon Stead	Rotherham Harriers & AC
70	4285	00:12:44	Alex Harrison	Staffordshire Moorlands AC	169	4302	00:13:24	Thomas Randolph	Tamworth AC
71	4212	00:12:44	Luke Penswick	Preston Harriers	170	4049	00:13:24	Aaron Arthur	Holmfirth Harriers AC
72	4377	00:12:45	George Gathercole	Windsor Slough Eton & Hounslow AC	171	4051	00:13:25	Ben Dickinson	Holmfirth Harriers AC
73	3910	00:12:45	Christopher Waltham	Chelmsford AC	172	4159	00:13:25	Joe Elder	Morpeth Harriers & AC
74	4059	00:12:45	Nathan Townsend	Horwich RMI Harriers	173	3921	00:13:26	Toby Jones	Chiltern Harriers AC
75	3830	00:12:45	Andre Stone	Bexley AC	174	4071	00:13:27	Tom Taylor	Kendal AAC
76	3923	00:12:46	Callum Neal	Chiltern Harriers AC	175	3968	00:13:27	Daniel Villette	Coventry Godiva Harriers
77	3826	00:12:47	Billy Carter	Bexley AC	176	4039	00:13:27	Paul Burgess	Herne Hill Harriers
78	4360	00:12:47	Matthew Wigelsworth	Warrington AC	177	4414	00:13:28	James Morris	Oswestry Olympians
79	3947	00:12:47	Liam Baggley	City of Stoke AC	178	4183	00:13:28	Peter Mumford	Notts AC
80	4008	00:12:47	Markam Lonsdale	Gateshead Harriers	179	4213	00:13:28	Braddy Wicks	Preston Harriers
81	3808	00:12:48	Will Parrott	Aldershot Farnham & District AC	180	3965	00:13:28	Cameron Innes	Coventry Godiva Harriers
82	4210	00:12:48	Rory Jodd	Preston Harriers	181	4098	00:13:28	Jordan Clay	Leighton Buzzard AC
83	4287	00:12:48	Ryan Babcock	Stockport Harriers & AC	182	4315	00:13:29	Joseph Gilbert	Thames Valley Harriers
84	3917	00:12:49	Sam Butcher	Chiltern Harriers AC	183	3916	00:13:29	Joe Aherne	Chiltern Harriers AC
85	3850	00:12:49	Robert Wong	Blackburn Harriers & AC	184	4396	00:13:29	Guy Reeve	Wirral AC
86	3817	00:12:49	Johnathon Janes	Bedford & County AC	185	4224	00:13:30	Connor Richardson	Rossendale Harriers & AC
87	4088	00:12:50	Ben Craig	Leicester Coritanian	186	4240	00:13:30	Tom Wheeler	Royal Sutton Coldfield AC
88	4113	00:12:50	Liam Evans	Liverpool Harriers & AC	187	4013	00:13:30	Jake Hornby	Grantham AC
89	4346	00:12:50	Sam Convery	Wakefield District Harriers & AC	188	4108	00:13:30	Joe Shuttleworth	Lincoln Wellington AC
90	3928	00:12:51	Fergus Tallon	Chorley AC	189	4317	00:13:30	Archie St Aubyn	Thames Valley Harriers
91	3886	00:12:51	Brogan McCawley	Camberley & District AC	190	3927	00:13:31	Jack Treanor	Chiltern Harriers AC
92	4073	00:12:51	Andrew Hess	Kingston Upon Hull AC	191	4101	00:13:31	Lloyd Milliken	Leighton Buzzard AC
93	4148	00:12:52	George King	Mansfield Harriers & AC	192	4401	00:13:31	Jamie Ward	Wolverhampton & Bilston AC
94	4334	00:12:52	William Roud	Tonbridge AC	193	4276	00:13:32	Adam Cullen	Southport Waterloo AC
95	4180	00:12:53	Jim Fodder	Newham & Essex Beagles	194	4347	00:13:32	George Heppinstall	Wakefield District Harriers & AC
96	4369	00:12:53	Michael Bartram	West Suffolk AC	195	4093	00:13:33	Robbie Moulding	Leicester Coritanian
97	4374	00:12:54	Gus Cockle	Windsor Slough Eton & Hounslow AC	196	4062	00:13:34	Jonathan Dobson	Houghton Harriers & AC
98	4069	00:12:54	Matt Doey	Kendal AAC	197	4357	00:13:34	Jack Richardson	Warrington AC
99	3987	00:12:55	Hugo Milner	Derby AC	198	4246	00:13:35	Euan Gilchrist	Sale Harriers Manchester
				Club					Club

199	3809	00:13:35	Cormac Scully-King	Aldershot Farnham & District AC	300	4123	00:14:30	Ben Haines	Liverpool Pembroke & Sefton H & AC
200	4014	00:13:35	Josh Lord	Grantham AC	301	4355	00:14:31	Patrick Iredale	Warrington AC
201	4207	00:13:35	Liam Ward	Peterborough AC	302	4184	00:14:31	Sam Pitts	Notts AC
202	3816	00:13:36	Alex Hepburn	Bedford & County AC	303	3852	00:14:32	Thomas Desborough	Blackheath & Bromley Harriers
203	3911	00:13:36	Joe Armstrong	Chester-Le-Street AC	304	4137	00:14:32	Harry Palmer	Macclesfield Harriers & AC
204	4144	00:13:36	Thomas Taylor	Manchester Harriers & AC	305	4115	00:14:34	Thomas Rogerson	Liverpool Harriers & AC
205	4011	00:13:37	John Boardman	Goole Viking Striders	306	3814	00:14:36	Robson Angell	Bedford & County AC
206	4222	00:13:37	Callum Davidson	Rossendale Harriers & AC	307	4382	00:14:36	Sean Boswell	Wirral AC
207	4092	00:13:37	Cameron Hart	Leicester Coritanian	308	4254	00:14:36	Joe Potts	Sedgefield Harriers
208	4318	00:13:38	Jacob Anson	Tipton Harriers	309	3943	00:14:37	Jarrod Beedle	City of Sheffield AC
209	4195	00:13:39	Cheyenne Antoine-Chagar	Orion Harriers	310	4175	00:14:37	Jack Fenton	Newark AC
210	3819	00:13:39	Matthew Marsom	Bedford & County AC	311	4387	00:14:37	Joseph Fisher	Wirral AC
211	3888	00:13:40	Jake Raby	Camberley & District AC	312	3914	00:14:39	Robert Peverley	Chester-Le-Street AC
212	3977	00:13:41	Louis Glyn	Dacorum & Tring AC	313	4135	00:14:39	Daniel Gayne	Macclesfield Harriers & AC
213	3940	00:13:42	Frankie Aldred	City of Plymouth AC	314	4060	00:14:40	Will Townsend	Horwich RMI Harriers
214	4112	00:13:42	Jack Courtney	Liverpool Harriers & AC	315	4034	00:14:42	Harry Reece	Hastings AC
215	4125	00:13:42	Max Heap	London Heathside	316	4263	00:14:43	Ben Wilson	Shaftesbury Barnet Harriers
216	3889	00:13:43	Bradley Timson	Camberley & District AC	317	4000	00:14:44	Christian Gallagher	East Cheshire Harriers & Tameside AC
217	4353	00:13:43	Robert Dykes	Warrington AC	318	3829	00:14:46	Declan O'Brien	Bexley AC
218	4096	00:13:43	Dominic Howarth	Leigh Harriers & AC	319	3996	00:14:47	William Lord	Ealing Southall & Middlesex AC
219	4018	00:13:44	Jack Holman	Halesowen AC	320	3929	00:14:47	Alex Latham	Chorley Harriers
220	4075	00:13:44	Jack Michaels	Kingston Upon Hull AC	321	3912	00:14:50	Brandon Feeley	Chester-Le-Street AC
221	4273	00:13:44	Elliot Asbrey	Steaford Harriers	322	3894	00:14:51	James Russell	Cannock & Stafford AC
222	4100	00:13:45	Joe McGarry	Leighton Buzzard AC	323	4156	00:14:53	Charlie Race	Middlesbrough AC
223	3957	00:13:46	Tom Wood	City of York AC	324	4189	00:14:54	Luke Brierley	Oldham & Royton Harriers & AC
224	4323	00:13:46	Joe Fairfax	Tipton Harriers	325	3896	00:14:55	Andrew Brine	Charnwood AC
225	4181	00:13:46	Henry Johson	Newton Aycliffe AC	326	4344	00:14:56	Gavin Taylor	Valley Striders
226	4191	00:13:47	Connor Colleavie	Oldham & Royton Harriers & AC	327	3807	00:14:56	Sam McReady	Aldershot Farnham & District AC
227	3989	00:13:47	Matthew Ward	Derby AC	328	4133	00:14:57	William Vertigan	Louth AC
228	4064	00:13:47	Thomas Kerr	Ilkley Harriers	329	4188	00:14:58	Robert Jones	Nuneaton Harriers AC
229	4365	00:13:48	James McCrae	Werrington Joggers	330	4140	00:14:58	James Stott	Macclesfield Harriers & AC
230	3935	00:13:48	Jamie Finch	City of Norwich AC	331	4233	00:14:59	William Collumb	Rothwell Harriers
231	4386	00:13:48	Jon Clewitt	Wirral AC	332	4247	00:15:00	Robbie Lee	Sale Harriers Manchester
232	4389	00:13:48	Felix Jackson	Wirral AC	333	4136	00:15:00	Daniel Guffillan	Macclesfield Harriers & AC
233	4339	00:13:50	Hayden Healy	Vale Royal AC	334	4267	00:15:01	Jack Wade	Shildon Running & AC
234	4272	00:13:51	Joe Stapleton	Skipton AC	335	3993	00:15:03	Harjeet Ahluwalia	Ealing Southall & Middlesex AC
235	4390	00:13:51	Thomas Kitchen	Wirral AC	336	4182	00:15:06	Andrew McCarthy	Notts AC
236	4301	00:13:52	Sam Perry	Tamworth AC	337	4283	00:15:07	Joseph Walker	St.Helens Sutton AC
237	3822	00:13:52	Ethan Dalton	Beverley AC	338	3995	00:15:11	David Hannah	Ealing Southall & Middlesex AC
238	4295	00:13:53	James Myers	Sunderland Harriers & AC	339	4169	00:15:13	Alex Weeks	Nene Valley Harriers
239	4028	00:13:54	Harry Croft	Harrogate Harriers & AC	340	3873	00:15:16	Tom Grant	Bristol & West AC
240	4397	00:13:54	Amadeo Scamavacka	Wirral AC	341	4345	00:15:16	Jack Boyes	Wakefield District Harriers & AC
241	4012	00:13:54	Daniel Cartwright	Gosforth Harriers & AC	342	3864	00:15:16	Mark Nicholson	Blyth RC
242	4281	00:13:54	James Anthoney	Spennborough AC	343	4000	00:15:18	Mat Dougliss	Wolverhampton & Bilston AC
243	4367	00:13:56	Mark R Latham	West Cheshire AC	344	4079	00:15:19	Gavin Hogg	Leeds Carnegie AC
244	4326	00:13:56	Christopher Cohen	Tonbridge AC	345	4121	00:15:20	Jonathon Bride	Liverpool Pembroke & Sefton H & AC
245	4030	00:13:57	Oliver Gilroy	Harrogate Harriers & AC	346	4166	00:15:23	Connor Durrant	Nene Valley Harriers
246	4333	00:13:57	Harry Rees	Tonbridge AC	347	4131	00:15:25	Luke Penrose	Longwood Harriers AC
247	3901	00:13:57	Conor Moreland	Charnwood AC	348	3933	00:15:26	Thomas Carr	City of Norwich AC
248	4126	00:13:57	Johnny Naylor	London Heathside	349	4250	00:15:27	Cameron Willcock	Sale Harriers Manchester
249	4314	00:13:57	Joseph Cooper	Thames Valley Harriers	350	4084	00:15:28	Ben Tootle	Leeds City AC
250	4038	00:13:57	Ibrahim Belal	Herne Hill Harriers	351	4193	00:15:35	Nathan Hilditch	Oldham & Royton Harriers & AC
251	4192	00:13:57	Bradley Healey	Oldham & Royton Harriers & AC	352	4061	00:15:36	Alex Brown	Houghton Harriers & AC
252	4158	00:13:57	Andrew Allan	Morpeth Harriers & AC	353	4041	00:15:39	Max Ferrari	Herne Hill Harriers
253	4149	00:13:58	Finn Quilty	Mansfield Harriers & AC	354	4179	00:15:43	Christopher Whitehurst	Newcastle (Staffs) AC
254	3953	00:13:59	Phillip Nesom	City of York AC	355	3865	00:15:46	Joseph Woods	Blyth RC
255	4220	00:14:00	Miles Wornor	Richmond & Zetland Harriers	356	4223	00:15:49	Nick Magee	Rossendale Harriers & AC
256	4165	00:14:01	Cameron Durrant	Nene Valley Harriers	357	4003	00:15:51	Ethan Robson	Elswick Harriers
257	4021	00:14:01	Joseph Hutchesson	Hallamshire Harriers	358	4342	00:15:51	Nick Rothwell	Vale Royal AC
258	4321	00:14:01	Chris Davies	Tipton Harriers	359	4255	00:15:55	Rory Varley	Sedgefield Harriers
259	3883	00:14:02	Kain Furniss	Camberley & District AC	360	3801	00:15:56	Ryan Crawte	Aldershot Farnham & District AC
260	4057	00:14:03	Cameron Critchley	Horwich RMI Harriers	361	4056	00:16:03	Joe Williams	Holmfirth Harriers AC
261	4205	00:14:03	Robert Roscoe	Pendle AC	362	4253	00:16:06	Josh Hetherington	Sedgefield Harriers
262	4170	00:14:04	Josh McMillan	New Marske Harriers	363	3823	00:16:09	Alex Park	Beverley AC
263	4089	00:14:04	Ben Crookes	Leicester Coritanian	364	4350	00:16:11	Adam Lofthouse	Wakefield District Harriers & AC
264	3946	00:14:05	Edward Goodison	City of Sheffield AC	365	4139	00:16:13	Sam Stockman	Macclesfield Harriers & AC
265	4228	00:14:05	Kane Smith	Rotherham Harriers & AC	366	3979	00:16:19	Joe Phillips	Darlington Harriers
266	3951	00:14:08	Tyler Hutchison	City of York AC	367	3860	00:16:32	Steven Doris	Blyth RC
267	4221	00:14:09	Adam Crowder	Rossendale Harriers & AC	368	4132	00:16:32	Nathaniel Stock	Longwood Harriers AC
268	4291	00:14:09	Jay Wood	Stockport Harriers & AC	369	4256	00:16:46	Matthew Walker	Sedgefield Harriers
269	4097	00:14:10	Jordan Smith	Leigh Harriers & AC	370	4168	00:16:55	Ewan O'Connell	Nene Valley Harriers
270	4319	00:14:10	Luke Bodin	Tipton Harriers	371	4177	00:16:59	Tyler Ludlam	Newark AC
271	4324	00:14:11	Dan Owen	Tipton Harriers	372	4292	00:17:09	Adam Baker	Sunderland Harriers & AC
272	4208	00:14:11	Dougie Ashcroft	Preston Harriers	373	4194	00:19:54	James Riley	Oldham & Royton Harriers & AC
273	4225	00:14:13	Ryan Beale	Rotherham Harriers & AC	374	3988	00:20:19	Sam Rose	Derby AC
274	3986	00:14:13	Taylor Lawrence	Derby AC					
275	3811	00:14:14	Jayson Fenwick	Amber Valley AC					
276	4282	00:14:14	Jordan Hutchinson	Spennborough AC					
277	3956	00:14:14	Tom Simpson	City of York AC					
278	4024	00:14:15	Thomas Slater	Hallamshire Harriers					
279	4031	00:14:15	Joe Hardy	Harrogate Harriers & AC					
280	4171	00:14:18	Patrick Wilson	New Marske Harriers					
281	4053	00:14:20	Eddie Hincliffe	Holmfirth Harriers AC					
282	4290	00:14:21	Alex Minshull	Stockport Harriers & AC					
283	4105	00:14:21	Dion Harrison	Lincoln Wellington AC					
284	4313	00:14:22	David Stephens	Telford AC					
285	4235	00:14:22	Matthew France	Rothwell Harriers					
286	4185	00:14:22	Marcus Skidmore	Notts AC					
287	4130	00:14:23	Harry Mallinson	Longwood Harriers AC					
288	3905	00:14:23	Josh Smith	Charnwood AC					
289	3881	00:14:23	Thomas Drabble	Buxton & District AC					
290	4366	00:14:24	Mark Hearn	West Cheshire AC					
291	3982	00:14:24	Samuel Grief	Derby AC					
292	4384	00:14:24	James Burns	Wirral AC					
293	4099	00:14:25	Jake Irvine	Leighton Buzzard AC					
294	4265	00:14:26	Ciaran Boyek	Shildon Running & AC					
295	3876	00:14:26	Kal Sevenszo	Bristol & West AC					
296	4027	00:14:26	Thomas Yarrow	Hallamshire Harriers					
297	3861	00:14:27	Joseph Dungworth	Blyth RC					
298	3882	00:14:27	Ethan Forster	Camberley & District AC					
299	4052	00:14:28	Andrew Farquhar	Holmfirth Harriers AC					

2010 National XC - Under 13 Boys

Pos	Points	Team Name	Placings
1	98	Tonbridge AC	(1 17 28 52)
2	213	Chiltern Harriers AC	(25 55 57 76)
3	214	Charnwood AC	(9 19 36 150)
4	226	Mansfield Harriers & AC	(39 41 53 93)
5	236	Leicester Coritanian	(24 58 67 87)
6	332	Windsor Slough Eton & Hounslow AC	(40 72 97 123)
7	341	Halesowen AC	(15 45 62 219)
8	367	Vale Royal AC	(6 18 110 233)
9	390	Warrington AC	(47 78 120 145)
10	396	Preston Harriers	(64 71 82 179)
11	444	Tamworth AC	(7 32 169 236)
12	461	West Suffolk AC	(43 96 156 166)
13	509	Stockport Harriers & AC	(26 83 132 268)
14	513	Wakefield District Harriers & AC	(89 106 124 194)
15	518	Camberley & District AC	(91 100 116 211)
16	521	Shaftesbury Barnet Harriers	(27 49 129 316)
17	544	Rotherham Harriers & AC	(107 114 155 168)
18	551	City of York AC	(56 130 142 223)
19	563	Liverpool Harriers & AC	(88 115 146 214)
20	567	Wirral AC	(125 140 144 158)
21	594	Herne Hill Harriers	(35 133 176 250)
22	642	Holmfirth Harriers AC	(20 170 171 281)
23	700	Lincoln Wellington AC	(101 128 188 283)
24	736	Derby AC	(99 136 227 274)
25	770	Aldershot Farnham & District AC	(81 163 199 327)
26	804	Bedford & County AC	(86 202 210 306)
27	841	Hallamshire Harriers	(152 154 257 278)
28	862	Oldham & Royton Harriers & AC	(61 226 251 324)
29	887	Leighton Buzzard AC	(181 191 222 293)
30	896	Chester-Le-Street AC	(60 203 312 321)
31	916	Sale Harriers Manchester	(37 198 332 349)
32	960	Tipton Harriers	(208 224 258 270)
33	985	Nene Valley Harriers	(44 256 339 346)
34	1014	Rosendale Harriers & AC	(185 206 267 356)
35	1021	Ealing Southall & Middlesex AC	(29 319 335 338)
36	1055	Macclesfield Harriers & AC	(108 304 313 330)
37	1102	Notts AC	(178 286 302 336)
38	1162	Longwood Harriers AC	(160 287 347 368)
39	1361	Blyth RC	(297 342 355 367)
40	1398	Sedgefield Harriers	(308 359 362 369)

2010 National XC - Under 15 Girls

Pos	Bib	Time	Name	Club	Pos	Bib	Time	Name	Club
1	2809	00:13:48	Jessica Kudd	Chelmsford AC	101	3189	00:16:12	Imogen Nutter	Stockport Harriers & AC
2	3255	00:14:15	Rebecca Knapton	Winchester & District AC	102	2836	00:16:13	Beth Ansell	City of Sheffield AC
3	2810	00:14:17	Sophie Riches	Chelmsford AC	103	2977	00:16:15	Georgina Leek	Leigh Harriers & AC
4	3292	00:14:27	Susan Shiel-Rankin	Aldershot Farnham & District AC	104	3185	00:16:15	Jasmin Southam	Stilton Striders
5	2796	00:14:39	Abbie Hetherington	Carlisle Aspatria AC	105	3091	00:16:15	Mollie Haines	Reading AC
6	3257	00:14:40	Ruth Bourne	Windsor Slough Eton & Hounslow AC	106	3169	00:16:16	Chloe Williams	Southend AC
7	2848	00:14:44	Katy Wood	City of York AC	107	2973	00:16:17	Livvy Tansey	Leicester Coritanian
8	2725	00:14:45	Rebecca Murray	Bedford & County AC	108	3176	00:16:18	Naomi Hudson	St.Albans AC
9	2710	00:14:47	Harriet Preedy	Aldershot Farnham & District AC	109	2727	00:16:18	Megan Shreeves	Bedford & County AC
10	2920	00:14:50	Grace Baker	Hastings AC	110	3239	00:16:19	Libby Greatorex	Wakefield District Harriers & AC
11	3014	00:14:52	Reeve Walcott-Nolan	Luton AC	111	2732	00:16:19	Ellen Newark	Bexley AC
12	2975	00:14:58	Shannon Johnson	Leigh Harriers & AC	112	3243	00:16:20	Jessica Timmins	Wakefield District Harriers & AC
13	2798	00:15:01	Sophie Coldwell	Charmwood AC	113	3194	00:16:21	Amy Coulson	Sunderland Harriers & AC
14	2985	00:15:02	Emma Toner	Lincoln Wellington AC	114	3138	00:16:24	Misha Nayak-Oliver	Sale Harriers Manchester
15	2952	00:15:04	Jess Lonsdale	Kingston Upon Hull AC	115	2893	00:16:24	Helen Warburton	Gosforth Harriers & AC
16	2969	00:15:04	Amy Griffiths	Leicester Coritanian	116	3090	00:16:25	Cerys Aitken	Reading AC
17	2908	00:15:06	Natalia Hackett	Hallamshire Harriers	117	2776	00:16:26	Becky Turton	Bracknell AC
18	2785	00:15:09	Georgina Schwiening	Cambridge & Coleridge	118	2900	00:16:27	Annie Richardson	Halesowen AC
19	3154	00:15:10	Chloe Loredo	Shildon Running & AC	119	3087	00:16:28	Rachael Scott	Preston Harriers
20	2878	00:15:10	Matilda Lowther	Eden Runners	120	3246	00:16:28	Shannon Swann	Watford Harriers
21	3128	00:15:11	Rebecca Robinson	Royal Sutton Coldfield AC	121	3033	00:16:28	Ellie Saxton	Mansfield Harriers & AC
22	2723	00:15:11	Ellie Hemming	Bedford & County AC	122	3158	00:16:29	Molly Keefe	Skyrac AC
23	2876	00:15:12	Emma Peters	East Cheshire Harriers & Tameside AC	123	3064	00:16:29	India Hasnip	Notts AC
24	3116	00:15:14	Codie Marsh	Rotherham Harriers & AC	124	3174	00:16:30	Emma Wilkinson	Spenborough AC
25	3161	00:15:18	Sophie Foreman	South London Harriers	125	3115	00:16:31	Jessica Maneham	Rotherham Harriers & AC
26	3039	00:15:18	Jasmine Finlay	Marshall Milton Keynes AC	126	2860	00:16:32	Kirsty Shipman	Derby AC
27	2904	00:15:18	Fiona Bell	Hallamshire Harriers	127	2742	00:16:32	Sophie Taylor	Birtley AC
28	3215	00:15:19	Nicole Taylor	Tonbridge AC	128	3022	00:16:34	Charlotte Bellingham	Mansfield Harriers & AC
29	2771	00:15:21	Becky Berger-North	Bracknell AC	129	2933	00:16:34	Ruby Sykes	Holmfirth Harriers AC
30	2806	00:15:23	Aimee Garnett	Chelmsford AC	130	2991	00:16:34	Rebecca Donohue	Liverpool Harriers & AC
31	2712	00:15:23	Rosanna Stewart	Aldershot Farnham & District AC	131	3027	00:16:35	Hannah Hardy	Mansfield Harriers & AC
32	2773	00:15:24	Fern Brereton	Bracknell AC	132	2814	00:16:36	Emma Erskine	Chesterfield & District AC
33	3065	00:15:24	Sarah Hemington	Notts AC	133	2963	00:16:36	Georgia Yearby	Leeds City AC
34	3013	00:15:24	Ellie Still	Luton AC	134	3264	00:16:37	Ellie Wallis	Windsor Slough Eton & Hounslow AC
35	2968	00:15:25	Megan Fairbrother	Leicester Coritanian	135	3235	00:16:37	Louise Towers	Vale Royal AC
36	2895	00:15:25	Naomi Collier	Grantham AC	136	2901	00:16:37	Holly Callaghan	Halifax Harriers AC
37	2834	00:15:25	Nastassja Potgeiter	City of Norwich AC	137	2857	00:16:38	Rebecca Miller	Derby AC
38	2760	00:15:26	Lauren Gowland	Blackpool Wyre & Fylde AC	138	3265	00:16:39	Alice Willis	Windsor Slough Eton & Hounslow AC
39	3231	00:15:26	Tessa McCormick	Vale Royal AC	139	3038	00:16:39	Gemma Childs	Marshall Milton Keynes AC
40	2947	00:15:29	Suzie Reid	Ipswich Harriers	140	2740	00:16:39	Sian Whittingham	Birchfield Harriers
41	3209	00:15:29	Pandora Banbury	Tonbridge AC	141	3078	00:16:39	Jade Lord	Pendle AC
42	3153	00:15:29	Zoe Hewitson	Shildon Running & AC	142	3274	00:16:40	Megan Lillie	Worthing & District Harriers
43	2708	00:15:31	Rebecca Howard	Aldershot Farnham & District AC	143	3245	00:16:41	Sophie Bates	Warrington AC
44	3005	00:15:32	Dani Braithwaite	Loftus & Whitby AC	144	2949	00:16:42	Charmaine Porter	Jarrow & Hebburn AC
45	3226	00:15:32	Jade Evans	Vale Royal AC	145	3227	00:16:44	Cerys Heafer	Vale Royal AC
46	3172	00:15:32	Beth Ellis	Spenborough AC	146	3186	00:16:44	Aimee Aikin	Stockport Harriers & AC
47	3103	00:15:33	Laura Gent	Reigate Priory AC	147	2835	00:16:44	Beth Stratton	City of Norwich AC
48	3219	00:15:34	Alice Wood	Tonbridge AC	148	3250	00:16:45	Ellen McArthur	Wetherby Runners AC
49	2778	00:15:35	Katie Buckley	Bury AC	149	3085	00:16:45	Jess McDermott	Preston Harriers
50	2716	00:15:35	Connie Macmillan	Banbury Harriers AC	150	3127	00:16:45	Nicole Parsons	Royal Sutton Coldfield AC
51	3107	00:15:35	Megan Davies	Rossendale Harriers & AC	151	3110	00:16:45	Leah Williamson	Rossendale Harriers & AC
52	2983	00:15:36	Bo Haywood	Lincoln Wellington AC	152	3177	00:16:47	Hannah Hull	St.Albans AC
53	2953	00:15:36	Katie Michaels	Kingston Upon Hull AC	153	3178	00:16:50	Abbie Smith	St.Albans AC
54	2722	00:15:38	Alanah Harris	Bedford & County AC	154	2993	00:16:50	Bethany Mason	Liverpool Harriers & AC
55	3083	00:15:41	Grace Howie	Poole AC	155	2841	00:16:50	Kate Harris	City of York AC
56	2791	00:15:43	Rebecca Straw	Cannock & Stafford AC	156	2924	00:16:51	Ashleigh Campbell	Herne Hill Harriers
57	2964	00:15:43	Tilly Abraham	Leicester Coritanian	157	3171	00:16:51	Katie Byrne	Spenborough AC
58	2777	00:15:44	Annesley Park	Bristol & West AC	158	3164	00:16:51	Sarah Imbush	Southend AC
59	3096	00:15:44	Beki Taylor	Reading AC	159	3097	00:16:52	Bethan Taylor	Reading AC
60	3259	00:15:46	Emma Croft	Windsor Slough Eton & Hounslow AC	160	2803	00:16:52	Sophie Crofts	Chelmsford AC
61	2976	00:15:47	Bethany Jones	Leigh Harriers & AC	161	2714	00:16:53	Jessica Turner	Amber Valley AC
62	2862	00:15:48	Chloe Price	Durham City Harriers	162	3052	00:16:54	Jade Carnath Smith	Nene Valley Harriers
63	2738	00:15:48	Ellie Howat	Birchfield Harriers	163	3006	00:16:54	Shannon Parkin	Loftus & Whitby AC
64	2755	00:15:50	Amber Reed	Blackheath & Bromley Harriers	164	3072	00:16:56	Chloe Tillin	Nuneaton Harriers AC
65	2724	00:15:50	Molly McKenzie	Bedford & County AC	165	3225	00:16:57	Hannah Bishop	Vale Royal AC
66	2957	00:15:52	Sarah Hodgson	Lancaster & Morecambe AC	166	3184	00:16:57	Lizzie Golland	Stilton Striders
67	2981	00:15:52	Maddy Smith	Lewes AC	167	3232	00:16:57	Katie Moulds	Vale Royal AC
68	2898	00:15:53	Sophie Page	Halesowen AC	168	3044	00:16:57	Hannah McLean	Middlesbrough AC
69	3181	00:15:53	Chelsea Jarvis	St.Helens Sutton AC	169	3149	00:16:59	Nikita Shah	Shaftesbury Barnet Harriers
70	2861	00:15:55	Vesleska Wills	Derby AC	170	3260	00:16:59	Jo Fallon	Windsor Slough Eton & Hounslow AC
71	2736	00:15:56	Jessica Freeman	Birchfield Harriers	171	2729	00:17:01	Nicole Dawson	Beverley AC
72	3261	00:15:57	Emma Maurer	Windsor Slough Eton & Hounslow AC	172	3256	00:17:01	Rose Adams	Windsor Slough Eton & Hounslow AC
73	2989	00:15:57	Riana Burton	Liverpool Harriers & AC	173	3073	00:17:02	Chloe Ward	Nuneaton Harriers AC
74	3070	00:15:58	Amy Casey	Nuneaton Harriers AC	174	3141	00:17:03	Harriet Clifford	Shaftesbury Barnet Harriers
75	3156	00:15:58	Hannah Brown	Skyrac AC	175	3130	00:17:04	Rachel Smith	Royal Sutton Coldfield AC
76	3151	00:15:58	Isobel Thompson	Shaftesbury Barnet Harriers	176	3213	00:17:04	Jemima Sneddon	Tonbridge AC
77	2941	00:15:59	Alex Clay	Invicta East Kent AC	177	2827	00:17:05	Anna Hopkin	Chorley Harriers
78	2897	00:15:59	Zoe Fincher	Halesowen AC	178	2787	00:17:05	Amelia Ridgway	Cannock & Stafford AC
79	3000	00:15:59	Katherine Walker	Liverpool Harriers & AC	179	2998	00:17:05	Erin Stewart	Liverpool Harriers & AC
80	2741	00:16:00	Sophie Forster	Birtley AC	180	3188	00:17:06	Carla Edwards	Stockport Harriers & AC
81	2756	00:16:00	Saffron Salih	Blackheath & Bromley Harriers	181	3168	00:17:06	Alex Morgan	Southend AC
82	2707	00:16:00	Bethany Gibson	Aldershot Farnham & District AC	182	2939	00:17:07	Georgia Malir	Ilkley Harriers
83	2930	00:16:01	Emily Ruane	Herts Phoenix AC	183	3262	00:17:07	Abbi Schmid	Windsor Slough Eton & Hounslow AC
84	2718	00:16:01	Charlotte Chalwin	Basingstoke & Mid Hants AC	184	3112	00:17:07	Emma Dutton	Rotherham Harriers & AC
85	3163	00:16:01	Emily Crow	Southend AC	185	3192	00:17:08	Sarah Tipping	Stockport Harriers & AC
86	2844	00:16:01	Connie O'Neill	City of York AC	186	3031	00:17:08	Alice Mortiboy	Mansfield Harriers & AC
87	3179	00:16:02	Megan Steer	St.Albans AC	187	3132	00:17:08	Clarissa Blake	Rugby & Northampton AC
88	3218	00:16:02	Nicola Wilkinson	Tonbridge AC	188	2833	00:17:08	Keira Mooney	City of Norwich AC
89	2929	00:16:02	Mary Gough	Herts Phoenix AC	189	3217	00:17:09	Stephanie Von Oppel	Tonbridge AC
90	3125	00:16:03	Megan McBrien	Royal Sutton Coldfield AC	190	2812	00:17:09	Rebecca Wade	Chelmsford AC
91	3233	00:16:03	Ameila Pettitt	Vale Royal AC	191	2790	00:17:09	Charlotte Smith	Cannock & Stafford AC
92	3021	00:16:03	Chevelle Baxter	Mansfield Harriers & AC	192	2923	00:17:09	Billie Barbour	Herne Hill Harriers
93	3251	00:16:03	Emma Megarry	Wetherby Runners AC	193	2910	00:17:10	Claire Wilsher	Hallamshire Harriers
94	2950	00:16:05	Chloe Turmel	Jersey Spartans AC	194	3290	00:17:10	Paige Gillespie	Birtley AC
95	2701	00:16:05	Cordelia Parker	Abingdon AAC	195	2799	00:17:10	Kim Jalland	Charmwood AC
96	3074	00:16:07	Armanni Antoine-Chagar	Orion Harriers	196	2986	00:17:10	Hery Barrett	Liverpool Harriers & AC
97	3037	00:16:08	Emily Bousfield	Marshall Milton Keynes AC	197	3216	00:17:11	Dominique Von Oppel	Tonbridge AC
98	2896	00:16:09	Sophia Tucker	Grantham AC	198	3254	00:17:11	Natalie Thompson	Wigan Harriers
99	3113	00:16:10	Jessica Freeman	Rotherham Harriers & AC	199	2926	00:17:11	Maisie Hilliare	Herne Hill Harriers
100	2772	00:16:12	Phily Bowden	Bracknell AC	200	3214	00:17:14	Ottillie Swift	Tonbridge AC

201	2954	00:17:16	Alice Middleton	Kingston Upon Hull AC	303	2958	00:18:49	Lydia Mee	Leamington C & AC
202	3089	00:17:18	Laura Sullivan	Preston Harriers	304	3053	00:18:50	Libby Carrington	Newark AC
203	3009	00:17:19	Freya Williams	Longwood Harriers AC	305	2884	00:18:52	Caroline Hudson	Gateshead Harriers
204	2843	00:17:19	Caitlin McGuire	City of York AC	306	3270	00:18:53	Fionna Stuart	Wirral AC
205	2808	00:17:19	Kim Johanson	Chelmsford AC	307	2859	00:18:54	Tayo Rose	Derby AC
206	2774	00:17:20	Grace Collins	Bracknell AC	308	3228	00:18:55	Rebecca James	Vale Royal AC
207	2780	00:17:20	Alana Grundy	Bury AC	309	2873	00:18:55	Sophie Dickie	East Cheshire Harriers & Tameside AC
208	3148	00:17:21	Suzu Sato	Shaftesbury Barnet Harriers	310	2744	00:18:56	Darah Darbyshire	Blackburn Harriers & AC
209	2874	00:17:23	Courtney Donald	East Cheshire Harriers & Tameside AC	311	3147	00:18:56	Maria Perevezina	Shaftesbury Barnet Harriers
210	2894	00:17:24	Ellie Boyson	Grantham AC	312	2868	00:18:57	Shannon Powell	Ealing Southall & Middlesex AC
211	2967	00:17:24	Bethan Elliott	Leicester Coritanian	313	2743	00:19:03	Holly Ballantyne	Blackburn Harriers & AC
212	3267	00:17:24	Lauren Brett	Wirral AC	314	2988	00:19:04	Hannah Burgeon	Liverpool Harriers & AC
213	3273	00:17:25	Lauren Bourne	Worthing & District Harriers	315	2867	00:19:05	Evie King	Ealing Southall & Middlesex AC
214	2811	00:17:25	Jessica Swain	Chelmsford AC	316	2866	00:19:06	Rebecca Johnson	Ealing Southall & Middlesex AC
215	3212	00:17:25	Jayne Mallyon	Tonbridge AC	317	3291	00:19:10	Sophia DeBeer	Birchfield Harriers
216	3210	00:17:26	Charlotte Cohen	Tonbridge AC	318	3276	00:19:12	Ellie-Mae Wilson	Wreake Runners
217	2913	00:17:26	Ruth Jones	Harrogate Harriers & AC	319	2717	00:19:13	Megan Jenkinson	Barnsley AC
218	3159	00:17:26	Jaye Riley	Skyrac AC	320	2781	00:19:17	Caitlin Healy	Bury AC
219	3167	00:17:27	Jessica Mead	Southend AC	321	2801	00:19:19	Elinor Thomas	Charnwood AC
220	3059	00:17:29	Bethany Scotney	Newark AC	322	2875	00:19:21	Phoebe Hartshorne	East Cheshire Harriers & Tameside AC
221	3010	00:17:31	Nicola Moss	Louth AC	323	3201	00:19:22	Samantha Fogarty	Telford AC
222	3187	00:17:32	Nicola Berry	Stockport Harriers & AC	324	2828	00:19:22	Leah Nelson	Chorley Harriers
223	2746	00:17:32	Jacinta Davison	Blackburn Harriers & AC	325	2800	00:19:24	Veda Jalland	Charnwood AC
224	2719	00:17:32	Jenny Helyar	Basingstoke & Mid Hants AC	326	3026	00:19:25	Robyn Foster	Mansfield Harriers & AC
225	3114	00:17:33	Mary Jenkinson	Rotherham Harriers & AC	327	3236	00:19:26	Janie Curtis	Victoria Park H. & Tower Hamlets AC
226	3258	00:17:33	Natasha Carr	Windsor Slough Eton & Hounslow AC	328	2917	00:19:28	Hannah Turner	Harrogate Harriers & AC
227	3275	00:17:35	Ellen McNeelance	Wreake Runners	329	3277	00:19:29	Clare Withers	Wreake Runners
228	2912	00:17:36	Emma-Louise Pyatt	Halton & Frodsham Harriers	330	3056	00:19:34	Eloise McQuaid	Newark AC
229	3224	00:17:38	Bryony Archdeacon	Vale Royal AC	331	3082	00:19:35	Sophie Allen	Poole AC
230	3061	00:17:39	Charlotte Dale	Newcastle (Staffs) AC	332	2869	00:19:37	Ellis Redmond	Ealing Southall & Middlesex AC
231	2845	00:17:39	Catriona Parkinson	City of York AC	333	2826	00:19:38	Shara Edgar	Chorley Harriers
232	3050	00:17:39	Paige Lambert	Nene Valley Harriers	334	3237	00:19:42	Paris Walker	Victoria Park H. & Tower Hamlets AC
233	2974	00:17:41	Tyler Colderley	Leigh Harriers & AC	335	3252	00:19:42	Poppy Moore	Wetherby Runners AC
234	2816	00:17:43	Lindsay Morgan	Chesterfield & District AC	336	2819	00:19:48	Katy Blackett (DQ)	Chester-Le-Street AC (DQ)
235	3118	00:17:44	Bonnie Smith	Rotherham Harriers & AC	337	3135	00:19:53	Clare Dignan	Sale Harriers Manchester
236	2994	00:17:44	Rachael Mason	Liverpool Harriers & AC	338	3080	00:19:58	Maiya Greenwood	Peterborough AC
237	3071	00:17:44	Lyndsey Deacon	Nuneaton Harriers AC	339	3095	00:19:59	Emily Stone	Reading AC
238	3008	00:17:45	Ama Williams	Longwood Harriers AC	340	3092	00:20:04	Natasha Harris-White	Reading AC
239	3028	00:17:45	Demi-Jade Jacky-Melen	Mansfield Harriers & AC	341	2925	00:20:06	Alex Flavel	Herne Hill Harriers
240	2942	00:17:46	Grace Leggett	Invicta East Kent AC	342	3157	00:20:06	Elizabeth Garnett	Skyrac AC
241	3234	00:17:46	Emily Plumb	Vale Royal AC	343	3023	00:20:08	Hazel Blount	Mansfield Harriers & AC
242	2951	00:17:47	Emily Adlard	Kingston Upon Hull AC	344	3266	00:20:19	Emily Atkin	Wirral AC
243	2937	00:17:47	Faye McLellan	Huntingdonshire AC	345	3244	00:20:20	Laura Ward	Wakefield District Harriers & AC
244	3048	00:17:48	Emma Chan	Nene Valley Harriers	346	2730	00:20:29	Rachel Buncoe	Bexley AC
245	3191	00:17:49	Jess Shaw	Stockport Harriers & AC	347	2962	00:20:40	India Wilson	Leeds City AC
246	2995	00:17:49	Laura McCourt	Liverpool Harriers & AC	348	3025	00:20:42	Emily D'Aguiar	Mansfield Harriers & AC
247	2852	00:17:49	Lauren Bingley	Derby AC	349	2731	00:20:50	Katherine Hyde	Bexley AC
248	3271	00:17:51	Paige Campion	Wolverhampton & Bilston AC	350	3020	00:20:53	Ciara Green	Manchester Harriers & AC
249	2927	00:17:51	Francesca Meade	Herne Hill Harriers	351	3196	00:20:53	Eve Rodgers	Sunderland Harriers & AC
250	3240	00:17:51	Hannah Marsh	Wakefield District Harriers & AC	352	3180	00:20:59	Louise Hayes	St.Helens Sutton AC
251	3253	00:17:52	Philippa Normington	Wetherby Runners AC	353	2829	00:21:04	Jessie Scott	Chorley Harriers
252	3094	00:17:53	Jamie Poulston	Reading AC	354	2907	00:21:06	Emily Fox	Hallamshire Harriers
253	3200	00:17:54	Joanne Fogarty	Telford AC	355	3032	00:21:09	Jessica Raynor	Mansfield Harriers & AC
254	2842	00:17:55	Gemma Hayward	City of York AC	356	2854	00:21:13	Holly Grief	Derby AC
255	3269	00:17:55	Emily Kearney	Wirral AC	357	2825	00:21:57	Leoni Edgar	Chorley Harriers
256	2877	00:17:55	Hayley Simpson	East Cheshire Harriers & Tameside AC	358	2865	00:22:30	Kate Eastmond	Ealing Southall & Middlesex AC
257	3173	00:18:00	Mollie Flannery	Spentborough AC	359	2922	00:22:33	Leila Abandah	Herne Hill Harriers
258	2934	00:18:01	Lydia Bellamy	Houghton Harriers & AC	360	2935	00:23:19	Sinead Bennett	Houghton Harriers & AC
259	2909	00:18:02	Alice Hague	Hallamshire Harriers					
260	3054	00:18:02	Cloe Hubbard	Newark AC	Pos	Points	Team Name	Placings	
261	2881	00:18:03	Beatrice Taylor	Elswick Harriers	1	87	Aldershot Farnham & District AC	(4 9 31 43)	
262	3099	00:18:05	Sian Wakerley	Reading AC	2	149	Bedford & County AC	(8 22 54 65)	
263	3242	00:18:07	Jessica Rowlands	Wakefield District Harriers & AC	3	194	Chelmsford AC	(1 3 30 160)	
264	2858	00:18:07	Agnes Milner	Derby AC	4	205	Tonbridge AC	(28 41 48 88)	
265	3015	00:18:08	Kirsty Fraser	Lytham St Annes RRC	5	215	Leicester Coritanian	(16 35 57 107)	
266	3117	00:18:08	Emma Parkinson	Rotherham Harriers & AC	6	272	Windsor Slough Eton & Hounslow AC	(6 60 72 134)	
267	2902	00:18:09	Mollie Jagger	Halifax Harriers AC	7	278	Bracknell AC	(29 32 100 117)	
268	3030	00:18:10	Amelia Mitchell	Mansfield Harriers & AC	8	310	Vale Royal AC	(39 45 91 135)	
269	2847	00:18:11	Emma Teal	City of York AC	9	409	Leigh Harriers & AC	(12 61 103 233)	
270	2872	00:18:13	Hannah Davies	East Cheshire Harriers & Tameside AC	10	432	Rotherham Harriers & AC	(24 99 125 184)	
271	3108	00:18:14	Katie Garret	Rossendale Harriers & AC	11	436	Liverpool Harriers & AC	(73 79 130 154)	
272	2768	00:18:16	Rebecca Nhill	Blyth RC	12	436	Royal Sutton Coldfield AC	(21 90 150 175)	
273	3203	00:18:16	Sarah Tatton	Telford AC	13	439	Reading AC	(59 105 116 159)	
274	2807	00:18:18	Jessica Jellicoe	Chelmsford AC	14	452	City of York AC	(7 86 155 204)	
275	2839	00:18:19	Jade Heath	City of Stoke AC	15	472	Mansfield Harriers & AC	(92 121 128 131)	
276	3024	00:18:20	Harriet Codd	Mansfield Harriers & AC	16	496	Hallamshire Harriers	(17 27 193 259)	
277	3098	00:18:21	Emma Taylor	Reading AC	17	500	St.Albans AC	(87 108 152 153)	
278	3139	00:18:25	Chloe Yates	Sale Harriers Manchester	18	511	Kingston Upon Hull AC	(15 53 201 242)	
279	3119	00:18:27	Georgina Spencer	Rotherham Harriers & AC	19	530	Southend AC	(85 106 158 181)	
280	3230	00:18:27	Jessica Lee	Vale Royal AC	20	580	Derby AC	(70 126 137 247)	
281	3049	00:18:27	Rhiannon Harris	Nene Valley Harriers	21	584	Spentborough AC	(46 124 157 257)	
282	2905	00:18:28	Rachel Coulson	Hallamshire Harriers	22	591	Birchfield Harriers	(63 71 140 317)	
283	3182	00:18:28	Vicky Lamb	St.Helens Sutton AC	23	612	Stockport Harriers & AC	(101 146 180 185)	
284	2880	00:18:32	Charlotte Sloan	Elswick Harriers	24	627	Shaftesbury Barnet Harriers	(76 169 174 208)	
285	3134	00:18:33	Nancy Clare	Sale Harriers Manchester	25	648	Nuneaton Harriers AC	(74 164 173 237)	
286	3136	00:18:33	Danielle Dignan	Sale Harriers Manchester	26	735	Wakefield District Harriers & AC	(110 112 250 263)	
287	2956	00:18:33	Hannah Fleet	Lancaster & Morecambe AC	27	757	Skyrac AC	(75 122 218 342)	
288	3207	00:18:33	Charlotte Finney	Tipton Harriers	28	758	East Cheshire Harriers & Tameside AC	(23 209 256 270)	
289	2846	00:18:35	Zoe Robson	City of York AC	29	768	Rossendale Harriers & AC	(51 151 271 295)	
290	2702	00:18:35	Ellie Wilkins	Abingdon AAC	30	796	Herne Hill Harriers	(156 192 199 249)	
291	2856	00:18:36	Annie Kinane	Derby AC	31	827	Wetherby Runners AC	(93 148 251 335)	
292	2959	00:18:36	Grace Coburn	Leeds City AC	32	854	Charnwood AC	(13 195 321 325)	
293	3042	00:18:38	Cara Jordan	Middlesbrough & Cleveland Harriers	33	919	Nene Valley Harriers	(162 232 244 281)	
294	2864	00:18:39	Genevieve Crean	Ealing Southall & Middlesex AC	34	963	Sale Harriers Manchester	(114 278 285 286)	
295	3109	00:18:40	Nicole Taylor-Lyons	Rossendale Harriers & AC	35	1114	Newark AC	(220 260 304 330)	
296	3029	00:18:40	Alice Keogh	Mansfield Harriers & AC	36	1117	Wirral AC	(212 255 306 344)	
297	3204	00:18:42	Aneta Jaskulska	Thames Valley Harriers	37	1187	Chorley Harriers	(177 324 333 353)	
298	2978	00:18:42	Lauren O'Malley	Leigh Harriers & AC	38	1237	Ealing Southall & Middlesex AC	(294 312 315 316)	
299	3077	00:18:42	Alice Garnett	Pendle AC					
300	3133	00:18:43	Megan Love	Rugby & Northampton AC					
301	2770	00:18:46	Alice Flint	Boston & District AC					
302	3093	00:18:49	Becky Mrowiec	Reading AC					

2010 Nationals XC - Under 15 Boys

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
1	518	00:14:00	James McMurray	St.Albans AC	110	643	00:15:36	Matt Kirby	Wreake Runners
2	473	00:14:02	Mathew McLaughlin	Shaftesbury Barnet Harriers	111	199	00:15:37	Chris Middleton	East Cheshire Harriers & Tameside AC
3	407	00:14:08	Adam Howard	Oldham & Royton Harriers & AC	112	41	00:15:38	William Somogyi	Bexley AC
4	471	00:14:11	Micheal Callegari	Shaftesbury Barnet Harriers	113	289	00:15:39	Adam Howarth	Leigh Harriers & AC
5	211	00:14:18	Harvey Brown	Halesowen AC	114	557	00:15:42	Corey De'ath	Tonbridge AC
6	87	00:14:23	Zak Tobias	Bristol & West AC	115	283	00:15:43	Jonathan Monk	Leicester Cortianian
7	435	00:14:26	Fergus Roberts	Richmond & Zetland Harriers	116	20	00:15:43	Toby Smith	Basingstoke & Mid Hants AC
8	560	00:14:27	Charlie Joslin-Allen	Tonbridge AC	117	159	00:15:43	Tom Ridding	Coventry Godiva Harriers
9	574	00:14:29	Adam Sixsmith	Trafford AC	118	592	00:15:44	Jordan Turner	Wakefield District Harriers & AC
10	186	00:14:30	Adam Hulin	Dorking & Mole Valley AC	119	478	00:15:44	Sam Wilson	Shaftesbury Barnet Harriers
11	619	00:14:31	Ricky Harvie	Windsor Slough Eton & Hounslow AC	120	264	00:15:44	Oliver Terry	Jersey Spartans AC
12	257	00:14:32	Jake Rogers	Invicta East Kent AC	121	267	00:15:45	Robbie Ingham	Kendal AAC
13	279	00:14:36	Stefan Ashman	Leicester Cortianian	122	213	00:15:46	Max Parker	Halesowen AC
14	432	00:14:37	William Robinson	Reigate Priory AC	123	128	00:15:46	Michael Goddard	Chiltern Harriers AC
15	593	00:14:39	Jake Worton	Wakefield District Harriers & AC	124	588	00:15:46	Daniel Franks	Wakefield District Harriers & AC
16	301	00:14:40	Jack Christie	Liverpool Harriers & AC	125	163	00:15:47	Nathan Udall	Coventry Godiva Harriers
17	640	00:14:41	James Stockings	Woodford Green AC with Essex Ladies	126	203	00:15:48	Sam Johnson	Ellenborough AC
18	268	00:14:42	James Lamswood	Kingston Upon Hull AC	127	626	00:15:50	Richard Evans	Wirral AC
19	502	00:14:43	Oliver Kyrakides	Southend AC	128	192	00:15:50	Bhavesh Soneji	Ealing Southall & Middlesex AC
20	21	00:14:44	Ben Alcock	Bedford & County AC	129	607	00:15:50	Toby Rankin	West Suffolk AC
21	157	00:14:45	Michael McKeown	Coventry Godiva Harriers	130	585	00:15:51	Mike Vennard	Vale Royal AC
22	462	00:14:45	Jack Robertson	Scarborough AC	131	578	00:15:51	Josh Boyce	Vale Royal AC
23	428	00:14:45	Jonathan Davies	Reading AC	132	615	00:15:52	Mitch Lomas	White Horse Harriers
24	236	00:14:46	James Knox	Helm Hill Runners	133	519	00:15:53	Oliver Poulain	St.Albans AC
25	315	00:14:46	Alistair Nelson	Liverpool Pembroke & Sefton H & AC	134	345	00:15:53	Sammy Holt	Manx Harriers
26	558	00:14:47	Tom Devlin	Tonbridge AC	135	35	00:15:54	Nicholas Armstrong	Bexley AC
27	568	00:14:48	James Bundred	Trafford AC	136	472	00:15:55	Joe Headland	Shaftesbury Barnet Harriers
28	470	00:14:51	Luke Ames-Blackaby	Shaftesbury Barnet Harriers	137	170	00:15:56	Patrick Lucas	Croydon Harriers
29	577	00:14:52	Zack Bamber	Vale Royal AC	138	152	00:15:57	Kristian Washington	City of Stoke AC
30	221	00:14:52	Thomas Bains	Hallamshire Harriers	139	285	00:15:57	William Rawlinson	Leicester Cortianian
31	564	00:14:53	Max Nicholls	Tonbridge AC	140	127	00:15:59	George Gillingwater	Chiltern Harriers AC
32	275	00:14:53	Steven Eastwood	Leeds City AC	141	380	00:16:00	Linton Taylor	Newark AC
33	79	00:14:55	Adam Wimbledon	Bracknell AC	142	549	00:16:00	George Duckworth	Tipton Harriers
34	292	00:14:56	Ryan Moore	Leigh Harriers & AC	143	312	00:16:00	George Curran	Liverpool Pembroke & Sefton H & AC
35	169	00:14:56	Peter Chambers	Croydon Harriers	144	465	00:16:00	Ben Hetherington	Sedgefield Harriers
36	566	00:14:57	Hanno Rossouw	Tonbridge AC	145	463	00:16:01	Bobby Scarborough	Scarborough AC
37	431	00:14:57	Dominic Nolan	Reigate Priory AC	146	616	00:16:01	Jack Walker	Winchester & District AC
38	162	00:14:57	Joe Shail	Coventry Godiva Harriers	147	621	00:16:01	Henry Suggitt	Windsor Slough Eton & Hounslow AC
39	117	00:14:59	Sam Robinson	Chelmsford AC	148	148	00:16:02	Korey Hallett-Blanch	City of Stoke AC
40	78	00:14:59	Matthew Seddon	Bracknell AC	149	237	00:16:02	Joe Clark	Hercules Wimbledon AC
41	513	00:14:59	Liam Stedman	Spennborough AC	150	450	00:16:03	Ben Topley	Royal Sutton Coldfield AC
42	255	00:14:59	Luke Dawson	Invicta East Kent AC	151	595	00:16:03	Henry Buttress	Warrington AC
43	262	00:15:00	Bradley Whittlesworth	Ipswich Harriers	152	368	00:16:03	Ross Hussiksen	Nene Valley Harriers
44	80	00:15:00	Jake Elliott	Brighton & Hove City AC	153	575	00:16:04	James Stewart	Tynedale Harriers & AC
45	98	00:15:02	James Cochrane	Cambridge & Coleridge	154	479	00:16:04	Liam Boyek	Shildon Running & AC
46	310	00:15:03	Luke Towers	Liverpool Harriers & AC	155	474	00:16:04	Rory Mudd	Shaftesbury Barnet Harriers
47	307	00:15:03	Will Reynolds	Liverpool Harriers & AC	156	266	00:16:05	Tom Hartley	Kendal AAC
48	28	00:15:03	Ryan Isaacson	Bedford & County AC	157	618	00:16:05	Ben Bradley	Windsor Slough Eton & Hounslow AC
49	361	00:15:04	Jonnie Nisbet	Morpeth Harriers & AC	158	342	00:16:05	Thomas Wragg	Mansfield Harriers & AC
50	309	00:15:04	Owen Sharp	Liverpool Harriers & AC	159	394	00:16:05	Paddy Clark	Notts AC
51	569	00:15:06	Richard Hindley	Trafford AC	160	493	00:16:05	Simon Annetts	Solihull & Small Heath AC
52	622	00:15:07	Callum Todd	Windsor Slough Eton & Hounslow AC	161	506	00:16:05	Niall Cullen	Southport Waterloo AC
53	259	00:15:07	Henry Alexander	Ipswich Harriers	162	265	00:16:06	Aaron Turmel	Jersey Spartans AC
54	528	00:15:08	Michael Wilson	Sunderland Harriers & AC	163	353	00:16:06	James West	Medway & Maidstone AC
55	88	00:15:08	Keiran Young	Bristol & West AC	164	382	00:16:06	Ben Brereton	Newcastle (Staffs) AC
56	4	00:15:08	Matthew Arnold	Aldershot Farnham & District AC	165	481	00:16:07	Ben Ashcroft	Shrewsbury AC
57	105	00:15:09	Alex Hunter	Cannock & Stafford AC	166	374	00:16:07	Drew Davidson	New Marske Harriers
58	601	00:15:09	Matthew Hulse	Warrington AC	167	12	00:16:08	Robert Hislop	Aldershot Farnham & District AC
59	477	00:15:10	Chandi Udawawala	Shaftesbury Barnet Harriers	168	397	00:16:08	Kaci Ibbegazene	Notts AC
60	571	00:15:10	Richard Powell	Trafford AC	169	551	00:16:08	Harry Hurst	Tipton Harriers
61	9	00:15:10	Sam Eglen	Aldershot Farnham & District AC	170	93	00:16:09	Kieran McMorran	Bungay Black Dog RC
62	531	00:15:10	Antony Parkes	Tamworth AC	171	392	00:16:09	Anthony Walleit	North Shields Polytechnic
63	34	00:15:11	Peter McGill	Beverley AC	172	460	00:16:10	Kyle Conway	Sale Harriers Manchester
64	272	00:15:12	Callum Hanlon	Leamington C & AC	173	441	00:16:10	Danny Walsh	Rossendale Harriers & AC
65	563	00:15:13	Sean Molloy	Tonbridge AC	174	356	00:16:10	Mathew Rhodes	Middlesbrough AC
66	83	00:15:13	Luke Jacobs	Bristol & West AC	175	38	00:16:10	Niki Faulkner	Bexley AC
67	118	00:15:13	Stephen Woodford	Chelmsford AC	176	598	00:16:11	David Gant	Warrington AC
68	164	00:15:13	Jack Vilette	Coventry Godiva Harriers	177	508	00:16:11	Liam Ellis	Southport Waterloo AC
69	350	00:15:14	Sam Redding	Marshall Milton Keynes AC	178	572	00:16:11	Robert Powell	Trafford AC
70	26	00:15:14	Micheal Harrison	Bedford & County AC	179	251	00:16:11	James Downing	Huntingdonshire AC
71	530	00:15:14	Kristian Edwards	Tamworth AC	180	30	00:16:11	Scott Proctor	Bedford & County AC
72	287	00:15:15	Xander Tansey	Leicester Cortianian	181	295	00:16:12	Richard Brine	Lincoln Wellington AC
73	173	00:15:16	Ross Taylor	Dacorum & Tring AC	182	110	00:16:12	Ryan Terry	Cannock & Stafford AC
74	200	00:15:16	Michael Murphy	East Cheshire Harriers & Tameside AC	183	359	00:16:14	Phillip Caldwell	Morpeth Harriers & AC
75	475	00:15:18	Mark Pearce	Shaftesbury Barnet Harriers	184	115	00:16:14	Steven Adcock	Chelmsford AC
76	476	00:15:18	Joe Redwood	Shaftesbury Barnet Harriers	185	579	00:16:14	Lewis Healey	Vale Royal AC
77	263	00:15:19	Daniel Robinson	Jersey Spartans AC	186	567	00:16:15	Giorgio Russo	Tonbridge AC
78	516	00:15:19	Chris Hilton	St.Albans AC	187	281	00:16:16	Phillip Maddocks	Leicester Cortianian
79	427	00:15:19	Daniel Brock	Reading AC	188	396	00:16:17	Harry Foster	Notts AC
80	434	00:15:20	Daniel Overin	Richmond & Zetland Harriers	189	68	00:16:17	Jake Jansen	Blyth RC
81	297	00:15:20	Haran Dunderdale	Lincoln Wellington AC	190	238	00:16:17	Augustin Mallon	Hercules Wimbledon AC
82	443	00:15:21	Michael Eccles	Rotherham Harriers & AC	191	19	00:16:17	Thomas Biegel	Banbury Harriers AC
83	442	00:15:21	Luke Cotter	Rotherham Harriers & AC	192	582	00:16:17	Ryan Moore	Vale Royal AC
84	631	00:15:22	Daniel Jarvis	Wirral AC	193	70	00:16:18	Scott Povey	Blyth RC
85	468	00:15:23	Dominic Brown	Sevenoaks AC	194	391	00:16:19	William Crossen	Newton Aycliffe AC
86	590	00:15:23	Matthew O'Connor	Wakefield District Harriers & AC	195	58	00:16:19	Alex Lister	Blackheath & Bromley Harriers
87	224	00:15:23	Ben Daggart	Harrogate Harriers & AC	196	494	00:16:20	Daniel Milanovic	Solihull & Small Heath AC
88	430	00:15:24	Ben Priddle	Reading AC	197	15	00:16:21	Andrew Fenwick	Amber Valley AC
89	284	00:15:24	James Nutt	Leicester Cortianian	198	37	00:16:22	Lewis Elsey	Bexley AC
90	207	00:15:25	Robbie Lorraine	Gateshead Harriers	199	371	00:16:22	Ellis O'Connell	Nene Valley Harriers
91	82	00:15:25	Miles Chandler	Bristol & West AC	200	449	00:16:22	Theo Lacombe	Royal Sutton Coldfield AC
92	276	00:15:25	Harry Foster	Leeds City AC	201	191	00:16:23	Sam Shindler-Glass	Ealing Southall & Middlesex AC
93	124	00:15:27	Dan Barraclough	Chiltern Harriers AC	202	480	00:16:24	Matthew Coulthard	Shildon Running & AC
94	156	00:15:28	Daniel McKeown	Coventry Godiva Harriers	203	337	00:16:24	Samuel Dobbs	Mansfield Harriers & AC
95	611	00:15:28	James Hall	Wharfedale Harriers	204	584	00:16:24	Nathan Tipping	Vale Royal AC
96	126	00:15:28	Jack Dutton	Chiltern Harriers AC	205	107	00:16:25	James McCann	Cannock & Stafford AC
97	298	00:15:29	Dylan Love	Lincoln Wellington AC	206	339	00:16:25	Jake Lancaster	Mansfield Harriers & AC
98	25	00:15:30	Jack Douglas	Bedford & County AC	207	426	00:16:28	Daniel Breeds	Reading AC
99	501	00:15:30	John Kerridge	Southend AC	208	302	00:16:28	Andrew Desmond	Liverpool Harriers & AC
100	447	00:15:31	Nicholas Myers	Rotherham Harriers & AC	209	482	00:16:29	George Speakman	Shrewsbury AC
101	212	00:15:31	Joe Donkin	Halesowen AC	210	102	00:16:30	Adam Coles	Cannock & Stafford AC
102	188	00:15:32	Jack Wyllie	Dorking & Mole Valley AC	211	271	00:16:30	James Whitaker	Lancaster & Morecambe AC
103	313	00:15:32	James Grundy	Liverpool Pembroke & Sefton H & AC	212	54	00:16:32	Adrian Bailes	Birtley AC
104	94	00:15:32	Alex Benfield	Burton AC	213	241	00:16:32	Tim Leek	Herne Hill Harriers
105	510	00:15:33	Paul Davis	Spennborough AC	214	628	00:16:32	Liam Gawne	Wirral AC
106	121	00:15:33	Chris Peverley	Chester-Le-Street AC	215	488	00:16:33	Sam Birch	Skyrac AC
107	215	00:15:34	Brandon Sibley	Halesowen AC	216	294	00:16:33	Billy Mead	Leighton Buzzard AC
108	424	00:15:34	Andy Smith	Pudsey & Bramley AC	217	306	00:16:34	Kristian Quirk	Liverpool Harriers & AC
109	492	00:15:35	Joshua Asbrey	Sleaford Harriers	218	291	00:16:34	Liam Moore	Leigh Harriers & AC

219	603	00:16:35	Christopher Smith	Warrington AC	330	248	00:17:41	Eugene Potter	Highgate Harriers
220	526	00:16:35	Dominic Hill	Sunderland Harriers & AC	331	258	00:17:41	Jack Smith	Invicta East Kent AC
221	589	00:16:35	Jack Mitchell	Wakefield District Harriers & AC	332	55	00:17:46	Joseph Pearse	Blackburn Harriers & AC
222	608	00:16:36	Luke Broadbent	Wetherby Runners AC	333	273	00:17:47	Chris Mellor	Leeds Carnegie AC
223	627	00:16:36	Conor Flanagan	Wirral AC	334	278	00:17:49	Zak Anderson	Leicester Coritanian
224	154	00:16:36	Joe Alexander	Colchester & Tendring AC	335	448	00:17:51	Connor Ryan	Rotherham Harriers & AC
225	522	00:16:37	Kevin Acton	Stockport Harriers & AC	336	331	00:17:52	William Gayne	Macclesfield Harriers & AC
226	366	00:16:37	Ben Hampson	Nene Valley Harriers	337	637	00:17:52	Nathan Schofield	Wirral AC
227	419	00:16:37	Kingsley Judd	Preston Harriers	338	402	00:17:54	Tom Croft	Nuneaton Harriers AC
228	326	00:16:38	Sam Hever	Longwood Harriers AC	339	39	00:17:55	Luke Francis	Bexley AC
229	247	00:16:38	Stanley Harrison	Highgate Harriers	340	484	00:17:55	Jack Beetham	Skipton AC
230	7	00:16:39	Jack Court	Aldershot Farnham & District AC	341	412	00:17:56	Jack Waller	Orion Harriers
231	389	00:16:39	Alex Russo	Newham & Essex Beagles	342	328	00:17:59	Jake Foster	Louth AC
232	354	00:16:39	James Williamson	Medway & Maidstone AC	343	330	00:18:00	Jacob Anderson	Macclesfield Harriers & AC
233	565	00:16:40	Alex Norden	Tonbridge AC	344	562	00:18:00	Ross Miles	Tonbridge AC
234	602	00:16:40	Matthew Rostrow	Warrington AC	345	45	00:18:01	Joe Wain	Bingley Harriers & AC
235	617	00:16:41	Greg Baynham	Windsor Slough Eton & Hounslow AC	346	550	00:18:02	Adam Evans	Tipton Harriers
236	6	00:16:42	Luke Buckland	Aldershot Farnham & District AC	347	223	00:18:02	Rob Aitken	Harrogate Harriers & AC
237	517	00:16:42	Sam Jamieson-West	St.Albans AC	348	514	00:18:04	Andrew Butcher	Sphinx AC
238	524	00:16:42	Robert Ward	Stockport Harriers & AC	349	95	00:18:10	Jack Brown	Bury AC
239	16	00:16:42	David Narborough	Amber Valley AC	350	71	00:18:13	Michael Scott	Blyth RC
240	630	00:16:43	Matthew Hay	Wirral AC	351	559	00:18:14	Daniel Flatman	Tonbridge AC
241	367	00:16:43	Jakob Hart	Nene Valley Harriers	352	644	00:18:18	Archie Lyon	Wreake Runners
242	112	00:16:43	Mathew Cox	Charmwood AC	353	180	00:18:18	Jonathon Owen	Derby AC
243	414	00:16:44	Jack Barber	Owls AC	354	242	00:18:19	John Tayleur	Herne Hill Harriers
244	612	00:16:44	Ben Johnstone	Wharfedale Harriers	355	555	00:18:20	Rory Buttle	Tonbridge AC
245	27	00:16:44	Daniel Henson	Bedford & County AC	356	393	00:18:21	Ben Abbott	Notts AC
246	360	00:16:44	Sam Hancox	Morpeth Harriers & AC	357	42	00:18:26	Charles Winch	Bexley AC
247	293	00:16:45	Brian Foulger	Leighton Buzzard AC	358	336	00:18:28	Jonathan Brown	Mansfield Harriers & AC
248	327	00:16:45	Robert Morris	Longwood Harriers AC	359	335	00:18:29	Jordan Boam	Mansfield Harriers & AC
249	193	00:16:46	Adam Way	Ealing Southall & Middlesex AC	360	66	00:18:30	Scott Goodfellow	Blyth RC
250	120	00:16:46	Campbell Menzies	Chesterfield & District AC	361	249	00:18:31	Michael Booth	Holmfirth Harriers AC
251	344	00:16:47	Stephen Garrett	Manx Harriers	362	388	00:18:32	Joe Robinson	Newham & Essex Beagles
252	72	00:16:47	Jack Gamory	Bolton United Harriers & AC	363	385	00:18:41	Paul Fradley	Newcastle (Staffs) AC
253	498	00:16:48	David Wakefield	South Shields Harriers	364	545	00:18:51	Zewede Hamid	Thames Valley Harriers
254	583	00:16:48	Patrick Stradling	Vale Royal AC	365	250	00:18:54	Robert Hinchliffe	Holmfirth Harriers AC
255	415	00:16:48	Declan Bulmer	Pendle AC	366	210	00:18:59	Mark Thomas	Gosforth Harriers & AC
256	529	00:16:49	Aidan Blythe	Tamworth AC	367	46	00:18:59	Gordon Weight	Bingley Harriers & AC
257	201	00:16:49	Joe Steward	East Cheshire Harriers & Tameside AC	368	581	00:18:59	Matty Jakeman	Vale Royal AC
258	408	00:16:50	Alberic Hall	Orion Harriers	369	548	00:19:02	Nabil Toumi	Thames Valley Harriers
259	189	00:16:51	Duncan Pinder	Ealing Southall & Middlesex AC	370	400	00:19:05	Philip Waring	Notts AC
260	178	00:16:52	Liwyd Griffiths	Derby AC	371	553	00:19:15	Ryan Keyes	Tipton Harriers
261	496	00:16:53	Ben Foreman	South London Harriers	372	645	00:19:16	Rowan Thompson	Wreake Runners
262	2	00:16:53	Owen Stepney	Abingdon AAC	373	362	00:19:27	Henrik Paulsen	Morpeth Harriers & AC
263	323	00:16:54	Miron Woldemichael	London Heathside	374	229	00:19:30	Sean Giff	Hastings AC
264	104	00:16:54	William Haycox	Cannock & Stafford AC	375	378	00:19:31	Jake Mammatt	Newark AC
265	373	00:16:55	James Thomas	Nene Valley Harriers	376	495	00:19:34	Zachary Nolan	Solihull & Small Heath AC
266	466	00:16:55	Seb Reichel	Sedgefield Harriers	377	33	00:19:35	Curtis Arnott	Beverley AC
267	96	00:16:57	Nathan Milligan	Bury AC	378	381	00:19:54	Alistair Weir	Newark AC
268	305	00:16:58	Chris Manning	Liverpool Harriers & AC	379	600	00:20:00	Michael Hawgood	Warrington AC
269	22	00:16:59	Jack Benedickter	Bedford & County AC	380	642	00:20:07	Tom Johnson	Wreake Runners
270	369	00:16:59	Dan Martin	Nene Valley Harriers	381	464	00:20:08	Sam Hearmun	Sedgefield Harriers
271	219	00:17:00	Michael Gladstone	Halifax Harriers AC	382	61	00:20:17	Jake Wade	Blackheath & Bromley Harriers
272	623	00:17:01	James Watson	Windsor Slough Eton & Hounslow AC	383	204	00:20:37	Robert Laidlaw	Elswick Harriers
273	541	00:17:02	Luke Tatton	Telford AC	384	467	00:20:55	Jack Snowden	Sedgefield Harriers
274	511	00:17:02	Christopher Hampson	Spenborough AC	385	544	00:21:06	Samuel Cooper	Thames Valley Harriers
275	300	00:17:03	Sam Shuttleworth	Lincoln Wellington AC	386	288	00:21:24	William Banks	Leigh Harriers & AC
276	416	00:17:03	Neng Wildman	Pendle AC	387	386	00:23:03	Jonathon Whitehurst	Newcastle (Staffs) AC
277	176	00:17:04	Jack Bridle	Derby AC					
278	183	00:17:04	Jordan Townsend	Derby AC	Pos	Points	Team Name	Placings	
279	596	00:17:04	Steven Darbyshire	Warrington AC	1	93	Shaftesbury Barnet Harriers	(2 4 28 59)	
280	570	00:17:05	David Moores	Trafford AC	2	101	Tonbridge AC	(8 26 31 36)	
281	580	00:17:05	James Ikin	Vale Royal AC	3	147	Trafford AC	(9 27 51 60)	
282	290	00:17:06	Adam Jamson	Leigh Harriers & AC	4	159	Liverpool Harriers & AC	(16 46 47 50)	
283	119	00:17:07	Edward Bilton	Chesterfield & District AC	5	218	Bristol & West AC	(6 55 66 91)	
284	318	00:17:08	David Reece	Liverpool Pembroke & Sefton H & AC	6	221	Coventry Godiva Harriers	(21 38 68 94)	
285	195	00:17:08	Jack Donnelly	East Cheshire Harriers & Tameside AC	7	236	Bedford & County AC	(20 48 70 98)	
286	372	00:17:08	Callum Reid	Nene Valley Harriers	8	289	Leicester Coritanian	(13 72 89 115)	
287	363	00:17:09	Matthew Metcalf	Moston District Harriers & AC	9	335	Halesowen AC	(5 101 107 122)	
288	515	00:17:11	Craig Pears	Sphinx AC	10	343	Wakefield District Harriers & AC	(15 86 118 124)	
289	505	00:17:11	Gary Clark	Southport Waterloo AC	11	367	Windsor Slough Eton & Hounslow AC	(11 52 147 157)	
290	499	00:17:12	Joe Beard	Southend AC	12	397	Reading AC	(23 79 88 207)	
291	439	00:17:12	Alton Fowler	Rosendale Harriers & AC	13	449	St.Albans AC	(1 78 133 237)	
292	509	00:17:13	Jonathan Foster	Southport Waterloo AC	14	452	Chiltern Harriers AC	(93 96 123 140)	
293	641	00:17:13	George Bettsworth	Wreake Runners	15	475	Vale Royal AC	(29 130 131 185)	
294	486	00:17:14	Josh Pendle	Skipton AC	16	514	Aldershot Farnham & District AC	(56 61 167 230)	
295	586	00:17:14	Andy Zimmer	Vale Royal AC	17	555	Liverpool Pembroke & Sefton H & AC	(25 103 143 284)	
296	334	00:17:16	Jonathon Stewart	Manchester Harriers & AC	18	563	Rotherham Harriers & AC	(82 83 100 298)	
297	523	00:17:17	James Parrot	Stockport Harriers & AC	19	604	Warrington AC	(58 151 176 219)	
298	445	00:17:18	William Johnson	Rotherham Harriers & AC	20	620	Bexley AC	(112 135 175 198)	
299	321	00:17:18	Joe Silva	London Heathside	21	634	Lincoln Wellington AC	(81 97 181 275)	
300	103	00:17:19	Thomas Eustace	Cannock & Stafford AC	22	647	Leigh Harriers & AC	(34 113 218 282)	
301	23	00:17:19	Matthew Bray	Bedford & County AC	23	648	Wirral AC	(84 127 214 223)	
302	303	00:17:19	Callum Grant	Liverpool Harriers & AC	24	654	Cannock & Stafford AC	(57 182 205 210)	
303	370	00:17:20	Jack Moore	Nene Valley Harriers	25	727	East Cheshire Harriers & Tameside AC	(74 111 257 285)	
304	274	00:17:20	Ollie Watson	Leeds Carnegie AC	26	818	Nene Valley Harriers	(152 199 226 241)	
305	406	00:17:23	Steven Heanue	Oldham & Royton Harriers & AC	27	823	Notts AC	(159 168 188 308)	
306	364	00:17:25	Rob Bradley	Nene Valley Harriers	28	837	Ealing Southall & Middlesex AC	(128 201 249 259)	
307	405	00:17:26	Scott Healey	Oldham & Royton Harriers & AC	29	851	Morpeth Harriers & AC	(49 183 246 373)	
308	401	00:17:26	Matt Williams	Notts AC	30	892	Mansfield Harriers & AC	(158 203 206 325)	
309	227	00:17:28	Nat Welsby	Harrogate Harriers & AC	31	919	Southport Waterloo AC	(161 177 289 292)	
310	113	00:17:29	Alex Dickie	Charmwood AC	32	1028	Tipton Harriers	(142 169 346 371)	
311	398	00:17:30	Robert Keighery	Notts AC	33	1092	Blyth RC	(189 193 350 360)	
312	375	00:17:32	Peter Barrie	Newark AC	34	1127	Wreake Runners	(110 293 352 372)	
313	343	00:17:32	Oliver Dickinson	Manx Harriers	35	1168	Derby AC	(260 277 278 353)	
314	145	00:17:33	Bradley Stansbury	City of Norwich AC	36	1175	Sedgefield Harriers	(144 266 381 384)	
315	320	00:17:33	Renat Hammet-Milloy	London Heathside	37	1206	Newark AC	(141 312 375 378)	
316	635	00:17:34	Spencer Rue-Ely	Wirral AC					
317	436	00:17:34	Tom Hemingway	Riverside Runners					
318	387	00:17:34	Jed Rimell	Newham & Essex Beagles					
319	108	00:17:34	Matthew Pugh	Cannock & Stafford AC					
320	308	00:17:35	Tom Schumacher	Liverpool Harriers & AC					
321	97	00:17:36	Jack Williams	Bury AC					
322	317	00:17:36	Robert Parkinson	Liverpool Pembroke & Sefton H & AC					
323	10	00:17:37	Jordan Fox	Aldershot Farnham & District AC					
324	198	00:17:38	James Hill	East Cheshire Harriers & Tameside AC					
325	341	00:17:38	David Wilkinson	Mansfield Harriers & AC					
326	123	00:17:39	Andrew Sill	Chester-Le-Street AC					
327	507	00:17:39	Patrick Cullen	Southport Waterloo AC					
328	106	00:17:40	James Lake	Cannock & Stafford AC					
329	1	00:17:41	Matthew Smith	Abbey Runners					

2010 Nationals XC - Under 17 Women

Pos	Bib	Time	Name	Club	Pos	Bib	Time	Name	Club
1	702	00:17:52	Enelia Gorecka	Aldershot Farnham & District AC	85	885	00:21:45	Helena Smith	Leicester Coritnian
2	705	00:18:22	Ruth Haynes	Aldershot Farnham & District AC	86	762	00:21:45	Dani Seddon	Bracknell AC
3	721	00:18:37	Emily Wallbank	Bedford & County AC	87	1031	00:21:47	Charlotte Mills	Vale Royal AC
4	800	00:18:47	Kate Holt	City of Stoke AC	88	775	00:21:53	Katya Blackledge	Charmwood AC
5	1038	00:18:53	Lauren Proctor	Wakefield District Harriers & AC	89	730	00:21:54	Jordanna Beresford-Smith	Birchfield Harriers
6	1067	00:18:57	Pippa Woolven	Wycombe Phoenix Harriers	90	726	00:21:55	Beth Armstrong	Bexley AC
7	945	00:19:07	Melissa Courtney	Poole AC	91	957	00:21:55	Naomi Forshaw	Reading AC
8	820	00:19:14	Georgia Taylor-Brown	East Cheshire Harriers & Tameside AC	92	975	00:21:55	Megan Stratford	Royal Sutton Coldfield AC
9	701	00:19:19	Clara Dullaghan	Aldershot Farnham & District AC	93	798	00:21:56	Sammy Joe Daley-Davies	City of Stoke AC
10	841	00:19:23	Chloe Richardson	Halesowen AC	94	947	00:21:56	Africa Mason	Poole AC
11	713	00:19:25	Alice Burgin	Bedford & County AC	95	1019	00:21:56	Kelsey Howard	Tonbridge AC
12	797	00:19:26	Jess Chen	City of Portsmouth AC	96	932	00:21:59	Gemma Walleit	North Shields Polytechnic
13	992	00:19:26	Victoria Walker	Shaftesbury Barnet Harriers	97	822	00:21:59	Philippa Williams	Elswick Harriers
14	838	00:19:28	Jade Burke	Halesowen AC	98	882	00:22:04	Georgie Brookes	Leicester Coritnian
15	763	00:19:30	Naomi Speake	Bristol & West AC	99	994	00:22:09	Fiona Higgin	Shildon Running & AC
16	997	00:19:36	Grace O'Leary	South London Harriers	100	767	00:22:10	Rebecca Bray	Cannock & Stafford AC
17	1029	00:19:40	Megan Huxley	Vale Royal AC	101	986	00:22:11	Charlotte Edge	Scarborough AC
18	1061	00:19:41	Hanna Tarver	Wirral AC	102	1048	00:22:12	Emily Legg	Wetherby Runners AC
19	913	00:19:42	Elle Roche	Marshall Milton Keynes AC	103	920	00:22:15	Jessica Wilkinson	Middlesbrough AC
20	708	00:19:47	Georgie Peel	Aldershot Farnham & District AC	104	855	00:22:15	Armelle Foulkes	Herne Hill Harriers
21	718	00:19:53	Abigail McKinnon-Austin	Bedford & County AC	105	1013	00:22:16	Charlotte Davies	Tipton Harriers
22	809	00:19:56	Georgia Bell	Ealing Southall & Middlesex AC	106	709	00:22:17	Emma Stevens	Aldershot Farnham & District AC
23	840	00:19:58	Emily Monk	Halesowen AC	107	734	00:22:21	Laura Muth	Birchfield Harriers
24	732	00:20:00	Lucy Farnell	Birchfield Harriers	108	876	00:22:21	Rebecca McLean	Keighley & Craven AC
25	998	00:20:03	Helen Wilson	South London Harriers	109	1022	00:22:26	Hope Simpson	Tonbridge AC
26	889	00:20:07	Laura Riches	Leigh Harriers & AC	110	995	00:22:28	Elizabeth Wood	Shildon Running & AC
27	952	00:20:13	Alex Bell	Pudsey & Bramley AC	111	772	00:22:30	Teresa Hulme	Cannock & Stafford AC
28	965	00:20:15	Maddy Winzer	Richmond & Zetland Harriers	112	777	00:22:37	Lizzie Mellor	Charmwood AC
29	874	00:20:17	Jess Andrews	Isle of Wight AC	113	888	00:22:39	Elizabeth Lee	Leigh Harriers & AC
30	946	00:20:18	Abigail Jones	Poole AC	114	941	00:22:40	Georgie Freeman	Peterborough AC
31	739	00:20:19	Beckie Taylor	Blackburn Harriers & AC	115	961	00:22:40	Hayley Randell	Reading AC
32	852	00:20:24	Stacey Clusker	Hastings AC	116	756	00:22:42	Chelsea Brockett	Boston & District AC
33	883	00:20:24	Lucy Crookes	Leicester Coritnian	117	1040	00:22:49	Elizabeth Heaven	Warrington AC
34	1020	00:20:27	Lucy Reid	Tonbridge AC	118	801	00:22:52	Charlotte Mason	City of York AC
35	1021	00:20:31	Annabel Shepherd-Barron	Tonbridge AC	119	799	00:22:56	Aimee Hargreaves	City of Stoke AC
36	991	00:20:33	Ciara Stewart	Shaftesbury Barnet Harriers	120	848	00:22:56	Emily Taylor	Harborough AC
37	979	00:20:34	Emily Waugh	Rugby & Northampton AC	121	731	00:22:57	Holly Climo	Birchfield Harriers
38	733	00:20:34	Danni Johnson	Birchfield Harriers	122	1009	00:22:58	Chloe Murphy	Telford AC
39	854	00:20:35	Hannah Edwards	Herne Hill Harriers	123	807	00:23:06	Nicole Burlinson	Darlington Harriers
40	835	00:20:38	Rachael Lundgren	Gosforth Harriers & AC	124	1059	00:23:07	Nicole Haviland	Wirral AC
41	706	00:20:40	Bethan Hubbard	Aldershot Farnham & District AC	125	757	00:23:09	Louise Rutt	Boston & District AC
42	886	00:20:41	Freya Vincent	Leicester Coritnian	126	982	00:23:13	Helena Flippance	Sale Harriers Manchester
43	1064	00:20:43	Sidnie Sales	Woodford Green AC with Essex Ladies	127	875	00:23:19	Rosie Hellawell	Keighley & Craven AC
44	895	00:20:43	Libbie Read	Lincoln Wellington AC	128	743	00:23:20	Melody Kane	Blackheath & Bromley Harriers
45	1008	00:20:44	Katie Hickson	Team Southampton	129	1035	00:23:21	Lucy Wittick	Vale Royal AC
46	934	00:20:45	Lori Marshall	Notts AC	130	879	00:23:22	Charlotte Rickards	Lancaster & Morecambe AC
47	1047	00:20:45	Caroline Lambert	Wetherby Runners AC	131	1044	00:23:22	Kelly Green	Werrington Joggers
48	959	00:20:47	Julia Henderson	Reading AC	132	863	00:23:24	Bethany Burnett	Invicta East Kent AC
49	1011	00:20:48	Keziah Paxton	Thirk & Sowerby Harriers	133	983	00:23:26	Kate McLelland	Sale Harriers Manchester
50	736	00:20:50	Charlotte Atkinson	Blackburn Harriers & AC	134	1033	00:23:29	Claire Perry	Vale Royal AC
51	1018	00:20:53	Ellen Holmes	Tonbridge AC	135	770	00:23:33	Catherine Hulme	Cannock & Stafford AC
52	938	00:20:53	Lauren MacGregor	Orion Harriers	136	864	00:23:36	Rachel Burton	Invicta East Kent AC
53	837	00:20:56	Helen Waddell	Gosforth Harriers & AC	137	973	00:23:37	Lucy Jennings	Royal Sutton Coldfield AC
54	711	00:20:56	Lucy Smith	Altrincham & District AC	138	704	00:23:38	Siobhan Harrison	Aldershot Farnham & District AC
55	916	00:20:58	Cerys Sanders	Medway & Maidstone AC	139	849	00:23:39	Carolinea Blane	Harrogate Harriers & AC
56	780	00:20:59	Poppy Blake	Chelmsford AC	140	858	00:23:41	Jessica Quartey-Pigot	Herne Hill Harriers
57	826	00:20:59	Sigurny Bell	Gateshead Harriers	141	808	00:23:42	Beth Ward	Darlington Harriers
58	918	00:21:04	Stephanie Allison	Middlesbrough AC	142	940	00:23:42	Penelope Ford	Peterborough AC
59	887	00:21:06	Abigail Howarth	Leigh Harriers & AC	143	922	00:23:44	Jessica Caldwell	Morpeth Harriers & AC
60	901	00:21:06	Hannah Whiteside	Liverpool Harriers & AC	144	738	00:23:53	Rebecca Shorrocks	Blackburn Harriers & AC
61	908	00:21:06	Hannah Wragg	Mansfield Harriers & AC	145	1065	00:23:54	Kate Stockings	Woodford Green AC with Essex Ladies
62	819	00:21:08	Katie Reynolds	East Cheshire Harriers & Tameside AC	146	760	00:23:56	Lauren Rayment	Bracknell AC
63	1056	00:21:10	Sophie Reynolds	Windsor Slough Eton & Hounslow AC	147	853	00:23:58	Tamsin Cornelius	Herne Hill Harriers
64	950	00:21:10	Nichola Jackson	Preston Harriers	148	836	00:24:03	Rachael Pearse	Gosforth Harriers & AC
65	927	00:21:12	Emma Randle	Nene Valley Harriers	149	866	00:24:06	Enya Lonagan	Invicta East Kent AC
66	1028	00:21:13	Rebecca Oram (DQ)	Tynedale Harriers & AC (DQ)	150	806	00:24:06	Robin Goodfellow	Daliam RC
67	891	00:21:16	Laura Donnelly	Lincoln Wellington AC	151	896	00:24:07	Gemma Selwood	Lincoln Wellington AC
68	776	00:21:17	Grace Hobbs	Charmwood AC	152	768	00:24:08	Bethany Clarke	Cannock & Stafford AC
69	1032	00:21:17	Hannah Paver	Vale Royal AC	153	993	00:24:10	Emily Findlay	Shildon Running & AC
70	789	00:21:18	Juliet Broster	City of Norwich AC	154	753	00:24:13	Emma Freeman	Blyth RC
71	761	00:21:20	Ella Row	Bracknell AC	155	1003	00:24:19	Amee Hughes	Stockport Harriers & AC
72	729	00:21:21	Carly Robertson	Bingley Harriers & AC	156	967	00:24:22	Rachel Hall	Rotherham Harriers & AC
73	1054	00:21:21	Bex Myers	Windsor Slough Eton & Hounslow AC	157	942	00:24:29	Amy Haines-Eynon	Peterborough AC
74	850	00:21:23	Kat Coupland	Harrogate Harriers & AC	158	811	00:24:32	Nicola Shelley	Ealing Southall & Middlesex AC
75	793	00:21:26	Esme Salmon	City of Norwich AC	159	1036	00:24:32	Sarah Franks	Wakefield District Harriers & AC
76	817	00:21:27	Victoria Newell	East Cheshire Harriers & Tameside AC	160	923	00:24:33	Catriona MacDonald	Morpeth Harriers & AC
77	781	00:21:28	Sophie Johnstone	Chelmsford AC	161	842	00:24:33	Lorna Gill	Halifax Harriers AC
78	924	00:21:28	Hannah Rank	Morpeth Harriers & AC	162	899	00:24:36	Laurice Hyland	Liverpool Harriers & AC
79	939	00:21:32	Emma Spencer	Pendle AC	163	723	00:24:37	Kendall Arnott	Beverley AC
80	818	00:21:32	Sally Ratcliffe	East Cheshire Harriers & Tameside AC	164	1017	00:24:38	Maisie Farnson	Tonbridge AC
81	894	00:21:34	Sheridan McWilliam	Lincoln Wellington AC	165	989	00:24:44	Natalia Pereverzina	Shaftesbury Barnet Harriers
82	787	00:21:39	Charlotte Ward	City of Hull AC	166	972	00:24:52	Lizzie Farrow	Royal Sutton Coldfield AC
83	953	00:21:44	Chelsea Corrican	Pudsey & Bramley AC	167	724	00:24:57	Jasmine Dalton	Beverley AC
84	1016	00:21:45	Lucy Blackstone	Tonbridge AC	168	1030	00:25:01	Gemma Mayled	Vale Royal AC
Pos	Bib	Time	Name	Club	Pos	Bib	Time	Name	Club

169	893	00:25:07	Nicola Isaacs	Lincoln Wellington AC	180	956	00:27:15	Sarah Bishop	Reading AC
170	921	00:25:09	Louise Cairns	Morpeth Harriers & AC	181	962	00:27:20	Mary-Jane Thompson	Reading AC
171	881	00:25:10	Chloe Harley	Leeds City AC	182	1024	00:27:38	Robyn D'Arcy	Trafford AC
172	892	00:25:20	Sammi Hood	Lincoln Wellington AC	183	867	00:28:20	Rebecca Reilly	Invicta East Kent AC
173	833	00:25:22	Jane Wood	Gateshead Harriers	184	929	00:28:24	Hannah Jones	Newcastle (Staffs) AC
174	985	00:25:25	Sarah Simeen	Sale Harriers Manchester	185	720	00:28:54	Lucy Salter	Bedford & County AC
175	812	00:25:51	Rebecca Walford	Ealing Southall & Middlesex AC	186	1080	00:29:00	Danni Rattel	Ealing Southall & Middlesex AC
176	725	00:26:15	Jade Ellwood	Beverley AC	187	1025	00:29:12	Natasha Dunn	Trafford AC
177	834	00:26:24	Naomi Johnson	Gosforth Harriers & AC	188	779	00:29:26	Isabelle Perry	Charnwood AC
178	999	00:27:04	Charlotte Stringer	Spenborough AC	189	755	00:30:56	Stephanie Ramsay	Blyth RC
179	935	00:27:08	Charlotte Saunders	Notts AC					

Pos	Points	Team Name	Placings
1	32	Aldershot Farnham & District AC	(1 2 9 20)
2	204	Tonbridge AC	(34 35 51 84)
3	220	Bedford & County AC	(3 11 21 185)
4	226	East Cheshire Harriers & Tames	(8 62 76 80)
5	258	Leicester Coritanian	(33 42 85 98)
6	258	Birchfield Harriers	(24 38 89 107)
7	302	Vale Royal AC	(17 69 87 129)
8	343	Lincoln Wellington AC	(44 67 81 151)
9	418	Gosforth Harriers & AC	(40 53 148 177)
10	430	Herne Hill Harriers	(39 104 140 147)
11	434	Reading AC	(48 91 115 180)
12	456	Charnwood AC	(68 88 112 188)
13	498	Cannock & Stafford AC	(100 111 135 152)
14	541	Ealing Southall & Middlesex AC	(22 158 175 186)
15	551	Morpeth Harriers & AC	(78 143 160 170)
16	600	Invicta East Kent AC	(132 136 149 183)

2010 Nationals XC - Under 17 Men

Pos	Bib	Time	Name	Club	Pos	Bib	Time	Name	Club
1	2507	00:19:21	Richard Goodman	Shaftesbury Barnet Harriers	101	2302	00:22:24	Joe Toomey	Hercules Wimbledon AC
2	2549	00:19:55	Thomas Curr	Stroud & District AC	102	2291	00:22:25	Matt Hipkin	Harrogate Harriers & AC
3	2579	00:19:56	Robbie Farnham-Rose	Tonbridge AC	103	2611	00:22:26	Jonathon Bradshaw	Wharfedale Harriers
4	2150	00:20:00	Jack Gray	Birmingham Rowheath AC	104	2159	00:22:28	Greg Proctor	Blackheath & Bromley Harriers
5	2131	00:20:06	Jack Goodwin	Bedford & County AC	105	2631	00:22:30	Phil Robertson	Wirral AC
6	2101	00:20:09	Ian Bailey	Aldershot Farnham & District AC	106	2275	00:22:31	Lawrane McCourt	Gateshead Harriers
7	2356	00:20:23	Sam Atkin	Lincoln Wellington AC	107	2509	00:22:31	Jack Perry-William	Shaftesbury Barnet Harriers
8	2328	00:20:29	Kieran Clement	Ipswich Harriers	108	2210	00:22:31	Luke Betts	Chorley AC
9	2303	00:20:31	Liam White	Hercules Wimbledon AC	109	2336	00:22:33	Elliott Dorey	Jersey Spartans AC
10	2177	00:20:33	Zak Seddon	Bracknell AC	110	2332	00:22:33	Jim Norris	Ipswich Harriers
11	2491	00:20:37	Charlie Hulson	Sale Harriers Manchester	111	2301	00:22:35	Geordie Logan	Hercules Wimbledon AC
12	2103	00:20:38	Harvey Dixon	Aldershot Farnham & District AC	112	2537	00:22:36	Joshua Woodcock-Shaw	Spennborough AC
13	2508	00:20:38	Tadhg Grant	Shaftesbury Barnet Harriers	113	2447	00:22:38	Niall McSharry	Owls AC
14	2345	00:20:40	Gordon Benson	Leeds City AC	114	2443	00:22:38	Ash Chambers	Owls AC
15	2585	00:20:41	Henry Pearce	Tonbridge AC	115	2510	00:22:39	Ryan Stephenso	Shaftesbury Barnet Harriers
16	2178	00:20:44	Mitchell White	Bracknell AC	116	2609	00:22:39	Asa Burnett	West Suffolk AC
17	2430	00:20:49	Michael Priestley	North Shields Polytechnic	117	2580	00:22:40	Jack Keywood	Tonbridge AC
18	2506	00:20:50	Frankie Bailey	Shaftesbury Barnet Harriers	118	2127	00:22:41	Luke Angell	Bedford & County AC
19	2105	00:20:51	Josh Grace	Aldershot Farnham & District AC	119	2204	00:22:41	Chris Youell	Chelmsford AC
20	2455	00:20:52	Adam Sloan	Poole AC	120	2391	00:22:42	Ryan Saxton	Mansfield Harriers & AC
21	2586	00:20:54	Luca Russo	Tonbridge AC	121	2462	00:22:42	David Lewis	Reading AC
22	2583	00:20:57	Chris Lloyd	Tonbridge AC	122	2324	00:22:43	Kieran Reilly	Invicta East Kent AC
23	2361	00:20:58	Nathan Page	Lincoln Wellington AC	123	2182	00:22:43	Matt Deacon	Bristol & West AC
24	2234	00:21:00	Matt Rose	Coventry Godiva Harriers	124	2582	00:22:46	Henry Kinnersley	Tonbridge AC
25	2172	00:21:02	Fergus O'Reilly	Bournemouth AC	125	2360	00:22:47	Ian Maplethorpe	Lincoln Wellington AC
26	2179	00:21:04	Will Gray	Brighton & Hove City AC	126	2344	00:22:49	Guy Allen	Leamington C & AC
27	2129	00:21:05	Matthew Bergin	Bedford & County AC	127	2373	00:22:49	Sean Kirkbride	Liverpool Pembroke & Sefton H & AC
28	2350	00:21:06	Michael Wood	Leeds City AC	128	2607	00:22:50	Liam Renton	Warrington AC
29	2439	00:21:08	Daniel Mills	Nuneaton Harriers AC	129	2230	00:22:50	Ryan Buck	City of York AC
30	2418	00:21:09	Mark Shaw	New Marske Harriers	130	2435	00:22:50	Freddie Hessian	Notts AC
31	2274	00:21:15	Lewis Hogg	Gateshead Harriers	131	2352	00:22:51	Harry Mullen	Leicester Coritnian
32	2437	00:21:17	Mark Thompson	Notts AC	132	2158	00:22:53	Will Mercer	Blackheath & Bromley Harriers
33	2142	00:21:19	Ben Marriott	Bingley Harriers & AC	133	2354	00:22:55	Lu Do Goodliffe	Lewes AC
34	2314	00:21:19	Max Kaye	Holmfirth Harriers AC	134	2486	00:22:55	Sam Turnell	Rugby & Northampton AC
35	2294	00:21:19	Ross Skelton	Hastings AC	135	2529	00:22:56	Rhys Gillard	Southend AC
36	2577	00:21:20	Tom Cox	Tonbridge AC	136	2626	00:22:57	Ben Costello	Wirral AC
37	2194	00:21:22	Chris Perrin	Cannock & Stafford AC	137	2440	00:22:57	Auberon Hall	Orion Harriers
38	2511	00:21:23	Cameron Boyek	Shildon Running & AC	138	2561	00:22:58	Martin Campbell	Team Southampton
39	2315	00:21:25	Thomas Travis-Pollard	Holmfirth Harriers AC	139	2281	00:22:59	Michael Gaughan	Halifax Harriers AC
40	2339	00:21:26	Luke Ingham	Kendal AAC	140	2343	00:22:59	Beau Smith	Lancaster & Morecambe AC
41	2397	00:21:30	Adam Gilbert	Medway & Maidstone AC	141	2273	00:22:59	Robbie Costello	Gateshead Harriers
42	2224	00:21:31	James Gray	City of Sheffield AC	142	2128	00:23:00	Sam Bennett	Bedford & County AC
43	2384	00:21:31	Sean Still	Luton AC	143	2208	00:23:00	Gareth Lavan	Chester-Le-Street AC
44	2374	00:21:31	Toby Loveridge	Liverpool Pembroke & Sefton H & AC	144	2427	00:23:01	Yasir Sheikh	Newham & Essex Beagles
45	2348	00:21:32	Elliot Todd	Leeds City AC	145	2464	00:23:02	Jonny Roberts	Reading AC
46	2471	00:21:33	Marc Scott	Richmond & Zetland Harriers	146	2414	00:23:04	Tom Roders	Nene Valley Harriers
47	2244	00:21:34	Joshua Bull	Derby AC	147	2137	00:23:04	Andrew Harding	Beverley AC
48	2109	00:21:36	Andy Provost	Aldershot Farnham & District AC	148	2227	00:23:04	Joe Broome	City of Stoke AC
49	2180	00:21:37	Kieran Silsby	Brighton & Hove City AC	149	2116	00:23:05	Chris Adams	Andover AC
50	2576	00:21:38	Jamie Bryant	Tonbridge AC	150	2216	00:23:09	Thomas Francis	City of Norwich AC
51	2110	00:21:39	Jack Puttock	Aldershot Farnham & District AC	151	2272	00:23:11	Johnie Boyd	Gateshead Harriers
52	2594	00:21:40	Sam Hearn	Tynedale Harriers & AC	152	2606	00:23:11	Matthew Pontifex	Warrington AC
53	2186	00:21:40	Adam Speake	Bristol & West AC	153	2411	00:23:12	Edward Hewitt	Nene Valley Harriers
54	2326	00:21:41	Jordan Ali	Ipswich Harriers	154	2562	00:23:12	Simon Campbell	Team Southampton
55	2121	00:21:42	Alex Rudge	Andover AC	155	2546	00:23:13	Laurent Robinson	Stilton Striders
56	2165	00:21:43	Jack Scarr	Blackpool Wyre & Fylde AC	156	2401	00:23:14	Alex Grundmann	Middlesbrough AC
57	2203	00:21:46	Alex Short	Chelmsford AC	157	2335	00:23:14	Matthew Fearn	Jarrow & Hebburn AC
58	2342	00:21:47	Callum Mason	Lancaster & Morecambe AC	158	2538	00:23:15	Jamie Cozens	Sphinx AC
59	2340	00:21:47	Patrick Vicary	Kendal AAC	159	2574	00:23:15	Lee Whitehouse	Tipton Harriers
60	2547	00:21:47	Jack Morris	Stockport Harriers & AC	160	2329	00:23:16	Jack Garvin	Ipswich Harriers
61	2282	00:21:50	Sam Kerfoot-Roberts	Halifax Harriers AC	161	2261	00:23:16	Joseph Hudak	East Cheshire Harriers & Tameside AC
62	2363	00:21:50	Ronny Wilson	Lincoln Wellington AC	162	2420	00:23:17	Oliver Carrington	Newark AC
63	2604	00:21:51	Thomas Jervis	Warrington AC	163	2233	00:23:18	Daniel Hillman	Coventry Godiva Harriers
64	2222	00:21:52	Ben Stratton	City of Norwich AC	164	2612	00:23:19	Khalid Al-Abraidy	Windsor Slough Eton & Hounslow AC
65	2295	00:21:52	Max Thomas	Hastings AC	165	2603	00:23:19	Daniel Jackson	Warrington AC
66	2541	00:21:53	John Ashcroft	St.Helens Sutton AC	166	2545	00:23:19	Jamie White	St.Helens Sutton AC
67	2575	00:21:54	Josh Bentham	Tonbridge AC	167	2225	00:23:20	Daniel Jepson	City of Sheffield AC
68	2250	00:21:55	Liam Ayton	Durham City Harriers	168	2472	00:23:21	Sam Wood	Richmond & Zetland Harriers
69	2451	00:21:55	Nicholas Stone	Peterborough AC	169	2276	00:23:22	Thomas Oliver	Gateshead Harriers
70	2311	00:21:56	Edward Shepherd	Herts Phoenix AC	170	2288	00:23:22	Dan Cheeseman	Harrogate Harriers & AC
71	2578	00:21:58	Ryan Driscoll	Tonbridge AC	171	2617	00:23:23	Zac Curran	Windsor Slough Eton & Hounslow AC
72	2367	00:21:58	Mark Loveridge	Liverpool Harriers & AC	172	2280	00:23:24	Finn Brodie	Gosforth Harriers & AC
73	2296	00:22:00	Jamie Buckley-Stanton	Havering Mayesbrook	173	2377	00:23:29	Michael Wilson	Liverpool Pembroke & Sefton H & AC
74	2371	00:22:01	Mike Bride	Liverpool Pembroke & Sefton H & AC	174	2573	00:23:29	Matt Rice	Tipton Harriers
75	2160	00:22:02	Phil Sesemann	Blackheath & Bromley Harriers	175	2502	00:23:29	Jonathan Daines	Sedgefield Harriers
76	2489	00:22:04	Callum Greenwood	Sale Harriers Manchester	176	2619	00:23:30	Jonny Dry	Windsor Slough Eton & Hounslow AC
77	2257	00:22:05	Connor Hearn	Ealing Southall & Middlesex AC	177	2133	00:23:31	Matthew Nicholson	Bedford & County AC
78	2293	00:22:05	Kris Everitt	Hastings AC	178	2522	00:23:33	Ryan Nimmons	Soihull & Small Heath AC
79	2605	00:22:07	Luke Johnson	Warrington AC	179	2637	00:23:34	Nick Langham	York Knavesmire Harriers
80	2125	00:22:08	Chris Ladhams	Basingstoke & Mid Hants AC	180	2596	00:23:34	Andrew Miles	Vale Royal AC
81	2412	00:22:08	Sam Hunt	Nene Valley Harriers	181	2157	00:23:35	Sam Jackson	Blackheath & Bromley Harriers
82	2452	00:22:10	Jacob Wisbey	Peterborough AC	182	2181	00:23:36	Sam Bedwell	Bristol & West AC
83	2590	00:22:12	Dominic Coyle	Trafford AC	183	2141	00:23:37	Jacob Tanner	Bexley AC
84	2341	00:22:16	Adam Bateson	Lancaster & Morecambe AC	184	2498	00:23:38	Adam Sample	Scarborough AC
85	2218	00:22:16	Frazer Heasman	City of Norwich AC	185	2567	00:23:39	Joseph Kirtan	Theford AC
86	2299	00:22:18	Joseph Waked	Havering Mayesbrook	186	2564	00:23:39	Ryan Heath	Telford AC
87	2378	00:22:18	Nathan Parkin	Loftus & Whitby AC	187	2298	00:23:40	Adam Edwards	Havering Mayesbrook
88	2505	00:22:18	Daniel Abrey	Shaftesbury Barnet Harriers	188	2481	00:23:42	Kieran Smith	Royal Sutton Coldfield AC
89	2196	00:22:19	Philip Pugh	Cannock & Stafford AC	189	2167	00:23:42	Daniel Johnson	Bolton United Harriers & AC
90	2113	00:22:19	Ryan Ganose	Altrincham & District AC	190	2366	00:23:43	Daniel Hyland	Liverpool Harriers & AC
91	2195	00:22:20	James Perrin	Cannock & Stafford AC	191	2254	00:23:44	Christopher Charles	Ealing Southall & Middlesex AC
92	2618	00:22:21	Nathan Ditton	Windsor Slough Eton & Hounslow AC	192	2479	00:23:45	Chris Maris	Rotherham Harriers & AC
93	2383	00:22:21	Tom Mead	Luton AC	193	2155	00:23:45	Andrew Booth	Blackheath & Bromley Harriers
94	2554	00:22:21	Stephen Parkes	Tamworth AC	194	2415	00:23:46	Andy Sockalingham	Nene Valley Harriers
95	2548	00:22:22	Jack Nixon	Stockport Harriers & AC	195	2241	00:23:48	Oliver Glyn	Dacorum & Tring AC
96	2120	00:22:22	Chris Neil	Andover AC	196	2450	00:23:48	Stuart Haw	Peterborough AC
97	2584	00:22:22	Will Mitham	Tonbridge AC	197	2513	00:23:49	Scott Thornton	Shildon Running & AC
98	2528	00:22:23	Sam Brown	Southend AC	198	2614	00:23:49	Gari Brown	Windsor Slough Eton & Hounslow AC
99	2248	00:22:23	Niall Maguire	Derby AC	199	2134	00:23:50	Patrick Stuart	Bedford & County AC
100	2237	00:22:23	Mark Plackett	Croydon Harriers	200	2226	00:23:50	Alex Brecker	City of Stoke AC

Pos	Bib	Time	Name	Club	Pos	Bib	Time	Name	Club
201	2468	00:23:52	Max Smithson	Reigate Priory AC	303	2264	00:26:59	Cameron Laidlaw	Elswick Harriers
202	2399	00:23:57	Billy McGrath	Middlesbrough & Cleveland Harriers	304	2388	00:27:10	Alex Heath	Mansfield Harriers & AC
203	2431	00:23:58	Joe Coleshaw	Notts AC	305	2400	00:27:36	James Small	Middlesbrough & Cleveland Harriers
204	2114	00:23:59	Josh Morse	Altrincham & District AC	306	2436	00:28:31	Alex Skidmore	Notts AC
205	2470	00:24:01	George Robinson	Richmond & Zetland Harriers	307	2389	00:30:03	George Moodie	Mansfield Harriers & AC
206	2536	00:24:02	Simon Bolland	Spenborough AC	308	2136	00:34:05	Kelvin Arnott	Beverley AC
207	2102	00:24:03	Matthew Brown	Aldershot Farnham & District AC					
208	2425	00:24:04	Rihads Golsts	Newham & Essex Beagles					
209	2156	00:24:06	Ross Braden	Blackheath & Bromley Harriers					
210	2198	00:24:07	Luke Baxter	Charnwood AC	Pos	Points	Team Name	Placings	
211	2633	00:24:09	Liam Blaikie	Woodford Green AC with Essex Ladies	1	61	Tonbridge AC	(3 15 21 22)	
212	2493	00:24:09	Callum Rowlinson	Sale Harriers Manchester	2	85	Aldershot Farnham & District AC	(6 12 19 48)	
213	2358	00:24:09	Matt Bee	Lincoln Wellington AC	3	120	Shaftesbury Barnet Harriers	(1 13 18 88)	
214	2392	00:24:10	Richie Talbot	Mansfield Harriers & AC	4	217	Lincoln Wellington AC	(7 23 62 125)	
215	2616	00:24:11	Dan Coe	Windsor Slough Eton & Hounslow AC	5	292	Bedford & County AC	(5 27 118 142)	
216	2258	00:24:14	William Pinder	Ealing Southall & Middlesex AC	6	306	Leeds City AC	(14 28 45 219)	
217	2319	00:24:15	Jacob Burton	Invicta East Kent AC	7	332	Ipswich Harriers	(8 54 110 160)	
218	2183	00:24:16	George Hurford	Bristol & West AC	8	418	Liverpool Pembroke & Sefton H & AC	(44 74 127 173)	
219	2347	00:24:17	Jamie Higgins	Leeds City AC	9	422	Warrington AC	(63 79 128 152)	
220	2597	00:24:18	Eddy Robinson	Valley Striders	10	429	Gateshead Harriers	(31 106 141 151)	
221	2587	00:24:19	Paul Southall	Tonbridge AC	11	446	Cannock & Stafford AC	(37 89 91 229)	
222	2357	00:24:20	Adam Baker	Lincoln Wellington AC	12	492	Blackheath & Bromley Harriers	(75 104 132 181)	
223	2465	00:24:21	Edward Stockdale	Reading AC	13	570	City of Norwich AC	(64 85 150 271)	
224	2572	00:24:22	Jonathan Hunt	Tipton Harriers	14	574	Nene Valley Harriers	(81 146 153 194)	
225	2175	00:24:23	Sam London	Bracknell AC	15	576	Bristol & West AC	(53 123 182 218)	
226	2286	00:24:24	Jake Watson	Harborough AC	16	594	Havering Mayesbrook	(73 86 187 248)	
227	2235	00:24:27	Chris Bennett	Crewe & Nantwich AC	17	603	Windsor Slough Eton & Hounslow AC	(92 164 171 176)	
228	2259	00:24:28	Ben Waterman	Ealing Southall & Middlesex AC	18	667	Notts AC	(32 130 203 302)	
229	2192	00:24:28	Stuart Davies	Cannock & Stafford AC	19	712	Ealing Southall & Middlesex AC	(77 191 216 228)	
230	2184	00:24:30	Zac Marsh	Bristol & West AC	20	758	Owls AC	(113 114 255 276)	
231	2600	00:24:30	Paul Beesley	Warrington AC	21	780	Reading AC	(121 145 223 291)	
232	2209	00:24:32	Calum Morgan	Chester-Le-Street AC	22	788	Wirral AC	(105 136 254 293)	
233	2426	00:24:32	David Kail	Newham & Essex Beagles	23	824	Tipton Harriers	(159 174 224 267)	
234	2429	00:24:32	Lloyd Creagh	North Shields Polytechnic	24	838	Invicta East Kent AC	(122 217 243 256)	
235	2531	00:24:33	Max Knight	Southend AC	25	842	Newham & Essex Beagles	(144 208 233 257)	
236	2652	00:24:34	Josh Slingsby	Wreake Runners	26	933	Chester-Le-Street AC	(143 232 269 289)	
237	2542	00:24:35	Nathan Brown	St.Helens Sutton AC	27	945	Mansfield Harriers & AC	(120 214 304 307)	
238	2473	00:24:36	Anthony Daiton	Rossendale Harriers & AC	28	1005	Bexley AC	(183 264 277 281)	
239	2188	00:24:37	Jack Morley	Bromsgrove & Redditch AC	29	1087	Spectrum Striders	(247 251 290 299)	
240	2409	00:24:40	Josh Gull	Nene Valley Harriers					
241	2309	00:24:40	Daniel Wilmott	Herne Hill Harriers					
242	2563	00:24:42	Harry Madewick-Lawton	Teesdale AC					
243	2323	00:24:43	Alistair Noel	Invicta East Kent AC					
244	2589	00:24:43	Andrew Thomas	Tonbridge AC					
245	2581	00:24:44	Christian Kinnersley	Tonbridge AC					
246	2201	00:24:45	Adam Crook	Chelmsford AC					
247	2535	00:24:45	Georges Rouillon	Spectrum Striders					
248	2297	00:24:46	Massi Dendani	Havering Mayesbrook					
249	2200	00:24:46	Joe Wales	Charnwood AC					
250	2480	00:24:48	Paul Ward	Rotherham Harriers & AC					
251	2532	00:24:50	Chris Dawson	Spectrum Striders					
252	2238	00:24:50	Ben Savill	Croydon Harriers					
253	2608	00:24:51	Shaun Richardson	Warrington AC					
254	2628	00:24:52	Tim Gordon	Wirral AC					
255	2449	00:24:53	Rupert Radley	Owls AC					
256	2320	00:24:54	Sam Hudson	Invicta East Kent AC					
257	2428	00:24:56	James Watts	Newham & Essex Beagles					
258	2615	00:24:57	Nick Cockle	Windsor Slough Eton & Hounslow AC					
259	2622	00:25:01	Shane Streeter	Windsor Slough Eton & Hounslow AC					
260	2413	00:25:03	Lloyd Kempson	Nene Valley Harriers					
261	2251	00:25:04	Archie Allen	Ealing Southall & Middlesex AC					
262	2410	00:25:05	Sam Harris	Nene Valley Harriers					
263	2211	00:25:07	Tom Belcher	Chorley Harriers					
264	2138	00:25:09	Hari Faulkner	Bexley AC					
265	2588	00:25:13	Nick Taylor	Tonbridge AC					
266	2593	00:25:14	Simeon Greenwood	Tynedale Harriers & AC					
267	2568	00:25:14	Matt Davies	Tipton Harriers					
268	2318	00:25:19	Ben Burton	Invicta East Kent AC					
269	2206	00:25:19	Sam Blackett	Chester-Le-Street AC					
270	2246	00:25:22	Matthew Hayes	Derby AC					
271	2217	00:25:24	Jack Harrison	City of Norwich AC					
272	2398	00:25:30	Lewis Baker	Middlesbrough & Cleveland Harriers					
273	2592	00:25:32	Daniel Cunningham	Tynedale Harriers & AC					
274	2526	00:25:33	Daniel Allcock	South Cheshire Harriers					
275	2512	00:25:34	Ryan Etherington	Shildon Running & AC					
276	2441	00:25:35	Jake Boat	Owls AC					
277	2139	00:25:42	Oliver O'Brien	Bexley AC					
278	2115	00:25:44	Stewart Nichol	Altrincham & District AC					
279	2146	00:25:44	Andrew MacArthur	Birchfield Harriers					
280	2519	00:25:47	Michael Hinchcliffe	Skyrac AC					
281	2140	00:25:48	Sam Risby	Bexley AC					
282	2122	00:25:49	Patrick Duncan	Ashford AC					
283	2252	00:25:50	Akira Anzai-Jackson	Ealing Southall & Middlesex AC					
284	2263	00:25:57	Daniel Balhain	Elswick Harriers					
285	2240	00:26:01	Greg Bennett	Dacorum & Tring AC					
286	2171	00:26:01	Aidan McClure	Boston & District AC					
287	2135	00:26:06	Christopher Thornley	Bedford & County AC					
288	2322	00:26:07	Joe Marchant	Invicta East Kent AC					
289	2207	00:26:12	David Harris	Chester-Le-Street AC					
290	2534	00:26:17	Chris Owens	Spectrum Striders					
291	2463	00:26:18	Jake McCallion	Reading AC					
292	2124	00:26:19	Jack Hawksworth	Barnsley AC					
293	2632	00:26:21	Ben Roden	Wirral AC					
294	2419	00:26:25	Daniel Barrie	Newark AC					
295	2483	00:26:30	Matt Finnigan	Rugby & Northampton AC					
296	2154	00:26:33	Daniel Fletcher	Birtley AC					
297	2527	00:26:46	Harry Harland	South Shields Harriers					
298	2520	00:26:46	Adam Runacres	Sleaford Striders					
299	2533	00:26:47	Ollie Kewley	Spectrum Striders					
300	2321	00:26:47	Chris Little	Invicta East Kent AC					
301	2260	00:26:48	Michael Fagg	East Cheshire Harriers & Tameside AC					
302	2434	00:26:50	Lewis Gollledge	Notts AC					

2010 Nationals XC - Junior Women

Pos	Bib	Time	Name	Club	Pos	Bib	Time	Name	Club
1	1167	00:22:06	Joanne Harvey	Exeter Harriers	47	1344	00:26:14	Becky Hewitt	Woodford Green AC with Essex Ladies
2	1287	00:22:10	Kate Avery	Shildon Running & AC	48	1214	00:26:16	Louisa Monk	Leicester Coritanian
3	1155	00:22:14	Hannah Walker	Dacorum & Tring AC	49	1317	00:26:19	Catherine Symons	Tonbridge AC
4	1301	00:22:16	Naomi Taschimowitz	Taunton AC	50	1197	00:26:24	Michelle Stone	Kingston Upon Hull AC
5	1106	00:22:36	Lily Partridge	Aldershot Farnham & District AC	51	1210	00:26:26	Catherine Whitfield	Leeds University CCC
6	1330	00:22:44	Laura Parker	Wells City Harriers	52	1140	00:26:29	Jane Thomas	Cheltenham & County Harriers
7	1311	00:22:49	Grace Nicholls	Tonbridge AC	53	1222	00:26:32	Rochelle Harrison	Lincoln Wellington AC
8	1185	00:23:10	Beth Carter	Invicta East Kent AC	54	1265	00:26:35	Emma Flanagan	Rossendale Harriers & AC
9	1275	00:23:14	Jordan Kinney	Royal Sutton Coldfield AC	55	1196	00:26:44	Jodie Spencer	Kingston Upon Hull AC
10	1176	00:23:18	Leigh Lattimore	Harrow AC	56	1221	00:26:56	Sophie Cowper	Lincoln Wellington AC
11	1198	00:23:35	Hannah Bateson	Lancaster & Morecambe AC	57	1326	00:26:57	Sarah Griffiths	Warrington AC
12	1304	00:23:42	Louise Webb	Team Southampton	58	1286	00:27:03	Claire Simm	Shaftesbury Barnet Harriers
13	1331	00:23:48	Rebecca Gough	Winchester & District AC	59	1268	00:27:07	Stef Burns	Rotherham Harriers & AC
14	1201	00:23:51	Lois Rosindale	Leeds & Bradford Triathlon Club	60	1284	00:27:21	Zoe Levin	Shaftesbury Barnet Harriers
15	1110	00:23:54	Catherine Taylor	Aldershot Farnham & District AC	61	1244	00:27:24	Stephanie Hearn	Medway & Maidstone AC
16	1241	00:23:58	Gemma Astin	Manx Harriers	62	1107	00:27:25	Sam Prier	Aldershot Farnham & District AC
17	1333	00:24:01	Nicole Roberts	Winchester & District AC	63	1312	00:27:30	Jess Owen	Tonbridge AC
18	1199	00:24:04	Annika Jarman	Lancaster & Morecambe AC	64	1212	00:27:38	Amy Danaher	Leicester Coritanian
19	1348	00:24:12	Brittany Saville	Worthing & District Harriers	65	1113	00:27:48	Caitlin Bradley	Banbury Harriers AC
20	1131	00:24:16	Emily Merrick	Bristol & West AC	66	1191	00:27:49	Charlotte Whorton	Kidderminster & Stourport AC
21	1269	00:24:19	Jessica Fawcett	Rotherham Harriers & AC	67	1313	00:27:50	Dunia Pavlovic	Tonbridge AC
22	1232	00:24:25	Rhea Ellis	Liverpool Pembroke & Sefton H & AC	68	1259	00:27:57	Charlotte Kenny	Peterborough AC
23	1251	00:24:29	Jess Russon	New Marske Harriers	69	1135	00:28:02	Nathalie Richards	Cambridge & Coleridge
24	1225	00:24:31	Lara Thomas	Lincoln Wellington AC	70	1233	00:28:09	Toria Swift	Liverpool Pembroke & Sefton H & AC
25	1323	00:24:35	Nikki Meadows	Vale Royal AC	71	1314	00:28:16	Petra Pavlovic	Tonbridge AC
26	1319	00:24:41	Sara Johnson	Trentham RC	72	1102	00:28:22	Claire Arnold	Aldershot Farnham & District AC
27	1162	00:24:42	Sarah Hudak	East Cheshire Harriers & Tameside AC	73	1211	00:28:38	Emma Brown	Leicester Coritanian
28	1111	00:24:44	Tamara Armoush	Amber Valley AC	74	1104	00:28:43	Sophie Kent	Aldershot Farnham & District AC
29	1327	00:24:52	Amy Talbot	Warrington AC	75	1237	00:29:02	Georgia Milton	Mansfield Harriers & AC
30	1282	00:25:01	Rebecca Gardiner	Shaftesbury Barnet Harriers	76	1316	00:29:03	Vicky Rukin	Tonbridge AC
31	1263	00:25:06	Jo Adams	Richmond & Zetland Harriers	77	1200	00:29:05	Emma Fulcher	Leamington C & AC
32	1137	00:25:19	Lucy Hall	Charmwood AC	78	1224	00:29:14	Holly Haywood	Lincoln Wellington AC
33	1193	00:25:25	Laura-Jane Day	Kingston Upon Hull AC	79	1264	00:29:31	Rosie Adams	Richmond & Zetland Harriers
34	1302	00:25:25	Aiya Abe	Team Southampton	80	1349	00:29:34	Jenny Smith	Wreake Runners
35	1285	00:25:30	Sophie Proffitt	Shaftesbury Barnet Harriers	81	1208	00:29:39	Lucy Gemmell	Leeds University CCC
36	1250	00:25:33	Amelia Susolowsky	Nene Valley Harriers	82	1170	00:29:48	Holly Blair	Gateshead Harriers
37	1182	00:25:38	Jenny Dyback	Ilkley Harriers	83	1239	00:29:50	Kate Raynor	Mansfield Harriers & AC
38	1220	00:25:47	Georgia Ball	Lincoln Wellington AC	84	1277	00:29:55	Emma Overy	Royal Sutton Coldfield AC
39	1360	00:25:48	Abbie Smith	Middlesbrough & Cleveland Harriers	85	880	00:30:07	Faye Barr	Leamington C & AC
40	1243	00:25:51	Fiona Gilbert	Matlock AC	86	1184	00:31:23	Chloe Haynes	Ilkley Harriers
41	1324	00:25:53	Kathy Stringer	Vale Royal AC	87	1361	00:31:25	Gemma Varley	Sedgefield Harriers
42	1234	00:25:57	Bibsi Haywill	London Heathside	88	1180	00:31:57	Samantha Skinner	Huntingdonshire AC
43	1178	00:25:58	Julia Wedmore	Herne Hill Harriers	89	1112	00:34:10	Isobel Dickinson	Ashford AC
44	1138	00:26:05	Amber Magee	Charmwood AC	90	1253	00:34:40	Amy Whitehurst	Newcastle (Staffs) AC
45	1139	00:26:07	Katie-Ann Tuttlebury	Chelmsford AC	91	1238	00:36:49	Gina Radford	Mansfield Harriers & AC
46	1169	00:26:10	Claire Baudouin	Gateshead Harriers					

Pos	Points	Team Name	Placings
1		154 Aldershot Farnham & District AC	(5 15 62 72)
2		171 Lincoln Wellington AC	(24 38 53 56)
3		183 Shaftesbury Barnet Harriers	(30 35 58 60)
4		186 Tonbridge AC	(7 49 63 67)

2010 National XC - Junior Men

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
1	3325	00:33:07	Nick Goolab	Belgrave Harriers	101	3628	00:38:07	James Wignall	Sale Harriers Manchester
2	3506	00:33:23	James Wilkinson	Leeds City AC	102	3365	00:38:08	Nathan Wardee	Bristol & West AC
3	3578	00:33:29	Ben Norris	Notts AC	103	3750	00:38:11	Jon-Philip Seymour	Wirral AC
4	3758	00:33:36	Ronnie Sparke	Woodford Green AC with Essex Ladies	104	3324	00:38:14	Peter Dolan	Belgrave Harriers
5	3306	00:34:07	Jonny Hay	Aldershot Farnham & District AC	105	3757	00:38:15	Darren Southcott	Woodford Green AC with Essex Ladies
6	3723	00:34:11	Matthew Jackson	Warrington AC	106	3384	00:38:17	Sam Densham	Charnwood AC
7	3364	00:34:13	Richard Peters	Bristol & West AC	107	3705	00:38:19	James Pigot	Tonbridge AC
8	3674	00:34:19	Matt Clowes	Staffordshire Moorlands AC	108	3373	00:38:20	John Baslington	Cambridge & Coleridge
9	3416	00:34:21	Thomas Bishop	Derby AC	109	3631	00:38:21	Danny Schofield	Scarborough AC
10	3722	00:34:26	Harry Ellis	Warrington AC	110	3575	00:38:22	Ben Russell	Norwich RR
11	3458	00:34:28	Andy Heyes	Hallamshire Harriers	111	3518	00:38:26	Danny Callow	Leicester Coritanian
12	3744	00:34:31	Alex Tovey	Windsor Slough Eton & Hounslow AC	112	3459	00:38:29	Matt Hobbs	Hallamshire Harriers
13	3567	00:34:33	Russell Best	New Marske Harriers	113	3581	00:38:30	Andrew Warburton	Notts AC
14	3721	00:34:33	Daniel Cliffe	Warrington AC	114	3709	00:38:30	Zack Cross	Vale Royal AC
15	3442	00:34:38	Ben Nagy	Enfield & Haringey AC	115	3710	00:38:33	Edd Crowther	Vale Royal AC
16	3702	00:34:38	Andrew Combs	Tonbridge AC	116	3492	00:38:33	Tom Brown	Jersey Spartans AC
17	3579	00:34:39	Blayne Pick	Notts AC	117	3390	00:38:34	William New	Cheltenham & County Harriers
18	3504	00:34:46	Carl Smith	Leeds City AC	118	3599	00:38:47	Ed Gunby	Peterborough AC
19	3345	00:34:51	Alex Bruce-Littlewood	Blackheath & Bromley Harriers	119	3527	00:38:50	Chris Woodger	Lincoln Wellington AC
20	3629	00:34:59	Ryan Worland	Sale Harriers Manchester	120	3657	00:38:50	Howard Clarke	Southend AC
21	3420	00:35:01	Luke Caldwell	Dorking & Mole Valley AC	121	3646	00:38:58	Dan Hardy	Shildon Running & AC
22	3636	00:35:04	Nial Fleming	Shaftesbury Barnet Harriers	122	3513	00:39:03	Glenn Phair	Leeds University CCC
23	3380	00:35:13	Chris Harvey	Cannock & Stafford AC	123	3553	00:39:04	Josh Elberfield	Medway & Maidstone AC
24	3659	00:35:21	Tom Frith	Southend AC	124	3381	00:39:05	Scott Baxter	Charnwood AC
25	3671	00:35:25	Matt Crehan	St.Helens Sutton AC	125	3633	00:39:07	Sagie Benaim	Shaftesbury Barnet Harriers
26	3530	00:35:29	Ricky Challinor	Liverpool Harriers & AC	126	3548	00:39:10	Chris Brown	Mansfield Harriers & AC
27	3675	00:35:31	Kyle Fowler	Staffordshire Moorlands AC	127	3565	00:39:12	James Veaneue	Nene Valley Harriers
28	3725	00:35:34	Alex Dunbar	West Suffolk AC	128	3367	00:39:17	Rob Whitham	Bristol & West AC
29	3411	00:35:36	Matt Salt	Dacorum & Tring AC	129	3519	00:39:19	Elliot Hart	Leicester Coritanian
30	3691	00:35:46	Mohamud Aadan (F)	Thames Valley Harriers	130	3393	00:39:31	Samuel Cheverton	City of Norwich AC
31	3640	00:35:50	Jake Shelley	Shaftesbury Barnet Harriers	131	3622	00:39:32	Jonny Pegg	Rutland AC
32	3720	00:35:51	Stephen Broadhurst	Warrington AC	132	3412	00:39:34	Jamie Rutherford	Darlington Harriers
33	3358	00:35:51	James McCarthy	Brighton & Hove City AC	133	3672	00:39:37	Jake Healy	St.Helens Sutton AC
34	3315	00:35:53	Alex Bellew	Bedford & County AC	134	3497	00:39:41	Howard Thompson	Kingston Upon Hull AC
35	3505	00:36:00	Joe Townsend	Leeds City AC	135	3398	00:39:42	Liam Hendricken	City of Stoke AC
36	3594	00:36:02	Sam Stabler	Owls AC	136	3317	00:39:45	Peter Corp	Bedford & County AC
37	3490	00:36:02	Elliot Palmer	Ipswich Harriers	137	3557	00:39:50	Nathan Wilkins	Medway & Maidstone AC
38	3303	00:36:02	Adam Clarke	Aldershot Farnham & District AC	138	3465	00:39:51	Jonathan Johnson	Harrogate Harriers & AC
39	3332	00:36:03	Thomas Crowley	Bingley Harriers & AC	139	3377	00:39:52	Rob MacDonald	Cambridge Harriers
40	8152	00:36:03	Toby Spencer	Soliuhill & Small Heath AC	140	3568	00:39:54	Elliott Jackson	New Marske Harriers
41	3304	00:36:10	Alex Flynn	Aldershot Farnham & District AC	141	3520	00:39:55	Stephen Maddocks	Leicester Coritanian
42	3730	00:36:13	Phillip Bernston	Winchester & District AC	142	3388	00:39:58	Andrew Kaighin	Cheltenham & County Harriers
43	3645	00:36:14	Yasin Mohammed	Sheffield RC	143	3580	00:39:59	Paul Thompson	Notts AC
44	3701	00:36:15	Sam Bradley	Tonbridge AC	144	3431	00:40:01	Jamie Taylor-Caldwell	Ealing Southall & Middlesex AC
45	3558	00:36:16	Matthew Jones	Middlesbrough & Cleveland Harriers	145	3620	00:40:06	David Smith	Rotherham Harriers & AC
46	3310	00:36:18	Mickey Reed	Aldershot Farnham & District AC	146	3559	00:40:16	Peter McGuinness	Middlesbrough & Cleveland Harriers
47	3588	00:36:19	Danny Hallam	Owls AC	147	3425	00:40:18	Chris Hepworth	Ealing Southall & Middlesex AC
48	3487	00:36:19	John Bird	Ipswich Harriers	148	3719	00:40:24	Connor McArdle	Wallasey AC
49	3713	00:36:25	Chris Perry	Vale Royal AC	149	3546	00:40:26	Liam Barlett	Manchester Harriers & AC
50	3545	00:36:25	Daniel Woodgate	Luton AC	150	3499	00:40:27	Jamie Langley	Leamington C & AC
51	3532	00:36:27	Harry Harper	Liverpool Harriers & AC	151	3711	00:40:30	Tom Heaward	Vale Royal AC
52	3508	00:36:27	Dale Worton	Leeds City AC	152	3493	00:40:34	Thomas Sessford	Keighley & Craven AC
53	3320	00:36:28	Ryan Parker	Bedford & County AC	153	3741	00:40:41	Cameron Smart	Windsor Slough Eton & Hounslow AC
54	3549	00:36:31	Luke Marshall	Mansfield Harriers & AC	154	3529	00:40:43	Ben Brown	Liverpool Harriers & AC
55	3468	00:36:32	Alex Robinson	Hercules Wimbledon AC	155	3480	00:40:46	Thomas Grey	Houghton Harriers & AC
56	3639	00:36:34	Euan McKenzie	Shaftesbury Barnet Harriers	156	3707	00:40:47	Tom Powell	Trafford AC
57	3708	00:36:37	Andrew Clews	Vale Royal AC	157	3664	00:40:48	David Gough	Southport Waterloo AC
58	3550	00:36:37	Chad Lambert	Marshall Milton Keynes AC	158	3394	00:40:53	Thomas Crawshaw	City of Norwich AC
59	3726	00:36:40	Joe Dalgleish	Westbury Harriers	159	3747	00:40:56	Andrew Gawme	Wirral AC
60	3566	00:36:47	Chris Wright	Nene Valley Harriers	160	3611	00:40:58	Adam Scott	Richmond & Zetland Harriers
61	3665	00:36:48	Joe Vis	Southport Waterloo AC	161	3376	00:40:58	Alasdair MacDonald	Cambridge Harriers
62	3706	00:36:49	James Taylor	Tonbridge AC	162	3498	00:41:01	Paul Hodgson	Lancaster & Morecambe AC
63	3451	00:36:50	Richard De-Camps	Gloucester AC	163	3540	00:41:09	Mark Boot	Long Eaton RC
64	3742	00:36:52	Nathan White	Windsor Slough Eton & Hounslow AC	164	3397	00:41:15	James Senior	City of Norwich AC
65	3755	00:36:55	Omar Mansour	Woodford Green AC with Essex Ladies	165	3301	00:41:20	Josh Arnold	Aldershot Farnham & District AC
66	3734	00:36:56	Jamie Knapp	Winchester & District AC	166	3464	00:41:36	Duncan Birtwistle	Harrogate Harriers & AC
67	3692	00:36:57	Nazwari Dawit (F)	Thames Valley Harriers	167	3387	00:41:39	Ryan Judge	Chelmsford AC
68	3399	00:37:00	Ian Lynn	City of York AC	168	3514	00:41:49	Frederick Slembeck	Leeds University CCC
69	3424	00:37:05	Sam Ashcroft	Ealing Southall & Middlesex AC	169	3609	00:41:51	Liam Fletcher	Richmond & Zetland Harriers
70	3577	00:37:08	Josh Moody	Notts AC	170	3695	00:42:01	Ali Yahye (F)	Thames Valley Harriers
71	3754	00:37:11	Gavin Lewis	Woodford Green AC with Essex Ladies	171	3522	00:42:07	Jack Cornwall	Lincoln Wellington AC
72	3521	00:37:13	Liam Phelan	Leicester Coritanian	172	3370	00:42:18	Simon Lawckham	Bromsgrove & Redditch AC
73	3753	00:37:15	Alex Cornwell	Woodford Green AC with Essex Ladies	173	3598	00:42:19	Bayah Gatluak	Peterborough AC
74	3316	00:37:16	Tom Corbett	Bedford & County AC	174	3429	00:42:34	Anthony Shaw	Ealing Southall & Middlesex AC
75	3485	00:37:18	Jason Prickett	Invicta East Kent AC	175	3313	00:42:34	Warren Uden	Ashford AC
76	3593	00:37:19	Lewis Smart	Owls AC	176	3421	00:42:47	James Dowdle	Durham City Harriers
77	3360	00:37:19	Chris Dodd	Bristol & West AC	177	3486	00:42:53	James Reilly	Invicta East Kent AC
78	3507	00:37:20	Michael Williams	Leeds City AC	178	3423	00:43:04	Jonathan Turnbull	Durham City Harriers
79	3422	00:37:24	Michael Grimes	Durham City Harriers	179	3712	00:43:10	Andy Perry	Vale Royal AC
80	3635	00:37:26	Billy Collins	Shaftesbury Barnet Harriers	180	3678	00:43:13	Jamie McInoy	Staffordshire Moorlands AC
81	3681	00:37:30	Michael Cooke	Stockport Harriers & AC	181	3694	00:43:18	Sean Pike Locke	Thames Valley Harriers
82	3318	00:37:33	Michael Goodwin	Bedford & County AC	182	3670	00:43:19	Ste Clague	St.Helens Sutton AC
83	3495	00:37:37	Jonathan Goringe	Kettering Town Harriers	183	3484	00:43:26	Nick Little	Invicta East Kent AC
84	3361	00:37:41	Sean Hazell	Bristol & West AC	184	3352	00:43:34	Craig Birch	Blyth RC
85	3414	00:37:43	Nick Wood	Dartford Harriers	185	2654	00:43:49	Greg Webb	Wreake Runners
86	3474	00:37:44	Jon Laybourne	Highgate Harriers	186	3748	00:43:53	Ross Maxwell	Wirral AC
87	3595	00:37:47	Alan Cherry	Oxford University CCC	187	3346	00:44:00	Steve Cavey	Blackheath & Bromley Harriers
88	3610	00:37:49	Douglas Roberts	Richmond & Zetland Harriers	188	3576	00:44:01	James Barker	Notts AC
89	3666	00:37:50	Patrick Vis	Southport Waterloo AC	189	3330	00:44:01	Tommy Taylor	Bexley AC
90	3308	00:37:51	Will Newnham	Aldershot Farnham & District AC	190	3309	00:44:10	George Pilling	Aldershot Farnham & District AC
91	3627	00:37:52	Jamie Roden	Sale Harriers Manchester	191	3596	00:44:29	Mark McLeod	Oxford University CCC
92	3642	00:37:52	Samuel Chambers	Sheffield RC	192	3386	00:45:14	Connar Judge	Chelmsford AC
93	3502	00:37:56	Danny Davis	Leeds City AC	193	3463	00:45:22	Matthew Driver	Harborough AC
94	3592	00:37:58	Paddy Radley	Owls AC	194	3426	00:45:25	Alex Leslie	Ealing Southall & Middlesex AC
95	3500	00:38:00	Jack Mee	Leamington C & AC	195	3509	00:45:33	Craig Aris	Leeds University CCC
96	3573	00:38:01	James Asken	Newton Aycliffe AC	196	3528	00:45:48	James Blackburn	Liverpool Harriers & AC
97	3496	00:38:02	Josh Rowe	Kingston Upon Hull AC	197	3354	00:46:04	Toma's Kohrska (F)	Boston & District AC
98	3560	00:38:04	Dale Platt	Moston District Harriers & AC	198	3510	00:46:13	Ruari Garvey	Leeds University CCC
99	3454	00:38:05	Thomas Walker	Gosforth Harriers & AC	199	3311	00:46:49	Ben Snowball	Aldershot Farnham & District AC
100	3512	00:38:06	Andrew Lauer	Leeds University CCC	200	3643	00:46:54	Jonathan Cocker	Sheffield RC

Pos	RaceNo	Time	Name	Club
201	3328	00:47:16	Luke Brown	Bexley AC
202	3326	00:49:04	Corey Arnott	Beverley AC
203	3379	00:52:20	Jamie Graham	Cannock & Stafford AC
204	3375	00:55:00	Takudzwa Gambanga	Cambridge Harriers

Pos	Points	Team Name	Placings	Pos	Points	Team Name	Placings
1	62	Warrington AC	(6 10 14 32)	9	253	Owls AC	(36 47 76 94)
2	107	Leeds City AC	(2 18 35 52)	10	270	Bristol & West AC	(7 77 84 102)
3	130	Aldershot Farnham & District AC	(5 38 41 46)	11	335	Vale Royal AC	(49 57 114 115)
4	189	Shaftesbury Barnet Harriers	(22 31 56 80)	12	427	Liverpool Harriers & AC	(26 51 154 196)
5	203	Notts AC	(3 17 70 113)	13	448	Thames Valley Harriers	(30 67 170 181)
6	213	Woodford Green AC with Essex Ladies	(4 65 71 73)	14	453	Leicester Coritanian	(72 111 129 141)
7	229	Tonbridge AC	(16 44 62 107)	15	534	Ealing Southall & Middlesex AC	(69 144 147 174)
8	243	Bedford & County AC	(34 53 74 82)	16	585	Leeds University CCC	(100 122 168 195)

2010 Nationals XC - Senior Women

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
1	4527	00:27:52	Stephanie Twell	Aldershot Farnham & District AC	101	5078	00:33:15	Gail Griffiths	Manx Harriers
2	5515	00:28:07	Stevie Stockton	Vale Royal AC	102	4948	00:33:16	Amy Green	Keighley & Craven AC
3	4820	00:28:12	Hatti Dean	Hallamshire Harriers	103	5474	00:33:17	Elizabeth Stavreski (F)	Thames Hare & Hounds
4	4845	00:28:21	Faye Fullerton	Havering Mayesbrook	104	4892	00:33:20	Rhian Hampson-Jones	Highgate Harriers
5	4590	00:28:31	Victoria Wilkinson	Bingley Harriers & AC	105	5051	00:33:22	Janine Stones	Mablethorpe RC
6	5254	00:28:31	Sonia Samuels	Sale Harriers Manchester	106	5193	00:33:24	Louise Bardsley	Reading AC
7	5637	00:28:38	Jessica Sparke	Woodford Green AC with Essex Ladies	107	5514	00:33:27	Kate Spilsbury	Vale Royal AC
8	4523	00:28:43	Emma Pallant	Aldershot Farnham & District AC	108	5257	00:33:28	Ruth Watson	Sale Harriers Manchester
9	5091	00:28:46	Natalie Gray	Medway & Maidstone AC	109	4762	00:33:29	Pippa Archer	Dorking & Mole Valley AC
10	4661	00:28:52	Claire Hallissey	Bristol & West AC	110	5378	00:33:35	Nicci Blandford	Southampton RC
11	4680	00:28:54	Jane Potter	Charnwood AC	111	5289	00:33:37	Natalie Kolodziej (F)	Serpentine RC
12	4682	00:29:01	Hannah Whitmore	Charnwood AC	112	5457	00:33:41	Rebecca Pierce	Team Bath AC
13	4720	00:29:12	Justina Heslop	Clapham Chasers	113	4660	00:33:41	Vicky Tester	Bristol & West AC
14	4658	00:29:20	Rebekah Randell	Bristol & West AC	114	5369	00:33:42	Carol Evans	South London Harriers
15	4714	00:29:24	Becky Penty	City of York AC	115	5490	00:33:43	Cath Veysey	Tipton Harriers
16	4681	00:29:28	Gemma Steele	Charnwood AC	116	4831	00:33:44	Nicola Squires	Hallamshire Harriers
17	4599	00:29:32	Debbie Walters	Birchfield Harriers	117	4593	00:33:44	Clare Grice	Birchfield Harriers
18	5507	00:29:39	Kirsty Milner	Trafford AC	118	5192	00:33:45	Marie Synnott-Wells	Ranelagh Harriers
19	4828	00:29:46	Julia Russell	Hallamshire Harriers	119	5239	00:33:47	Louise Thompson	Rugby & Northampton AC
20	5466	00:29:46	Claire Martin	Telford AC	120	4906	00:33:48	Katherine Farquhar	Holmfirth Harriers AC
21	4649	00:29:51	Imogen Ainsworth	Bristol & West AC	121	5669	00:33:49	Naomi Eaton	Birchfield Harriers
22	4551	00:29:51	Stacey Ward	Basildon AC	122	5118	00:33:52	Ruth Jones	Nene Valley Harriers
23	4889	00:29:54	Suenja Abel (F)	Highgate Harriers	123	5473	00:33:53	Denise Harris	Thames Hare & Hounds
24	4752	00:30:01	Georgina Rutherford	Darlington Harriers	124	5395	00:33:57	Amy Sharrad	Spentborough AC
25	4848	00:30:03	Harriet Scott	Havering Mayesbrook	125	4954	00:33:58	Tiz Woffenden	Keighley & Craven AC
26	4689	00:30:04	Tracy Laws	Chester-Le-Street AC	126	4605	00:34:02	Jennie Butler	Blackheath & Bromley Harriers
27	4556	00:30:04	Rebecca Newsted	Bedford & County AC	127	5446	00:34:02	Michelle Holt	Sunderland Harriers & AC
28	5114	00:30:06	Jane Mooney	Morpeth Harriers & AC	128	5554	00:34:03	Vicky Hindson	Wallsend Harriers & AC
29	5368	00:30:11	Georgie Bruinvels	South London Harriers	129	5286	00:34:03	Catherine Higgs	Serpentine RC
30	5109	00:30:12	Carolyn Summersgill	Middlesbrough & Cleveland Harriers	130	5332	00:34:04	Deborah Richards	Sheffield RC
31	4554	00:30:19	Rachel Gibbs	Bedford & County AC	131	5628	00:34:06	Diana Kennedy	Woodford Green AC with Essex Ladies
32	4511	00:30:31	Emily Adams	Aldershot Farnham & District AC	132	5633	00:34:11	Maggie Powell	Woodford Green AC with Essex Ladies
33	4883	00:30:35	Karen Ellison	Herne Hill Harriers	133	4999	00:34:13	Sophie Lovell	Leeds City AC
34	4679	00:30:40	Sarah Maude	Charnwood AC	134	4629	00:34:14	Charlotte Douglas	Border Harriers & AC
35	4589	00:30:42	Mary Wilkinson	Bingley Harriers & AC	135	5651	00:34:17	Abey Lawrence	York Knivesmire Harriers
36	4559	00:30:53	Nicole Sykes	Bedford & County AC	136	4813	00:34:18	Andrea Culp	Great Western Runners
37	4615	00:31:01	Elaine Murty	Blackheath & Bromley Harriers	137	4641	00:34:20	Linda Howell	Bournville Harriers
38	4744	00:31:02	Frances Briscoe	Coventry Godiva Harriers	138	5273	00:34:20	Clare Morley	Scunthorpe & District AC
39	5155	00:31:05	Alison Lavender	Oswestry Olympians	139	5456	00:34:23	Kirsty Morrison	Team Bath AC
40	4710	00:31:09	Emma Jackson	City of Stoke AC	140	4603	00:34:25	Jane Bradshaw	Blackheath & Bromley Harriers
41	5612	00:31:09	Charlotte Firth	Windsor Slough Eton & Hounslow AC	141	4722	00:34:28	Lucie Custance	Clapham Chasers
42	4801	00:31:09	Mary Ferrier	Gateshead Harriers	142	5220	00:34:31	Annabelle Grady	Rotherham Harriers & AC
43	5335	00:31:10	Alex Snook	Shildon Running & AC	143	5447	00:34:33	Hayley Reed	Sunderland Harriers & AC
44	4970	00:31:12	Joanne Maddick	Kingston Upon Hull AC	144	4798	00:34:34	Kylara Hassall	Folkestone RC
45	4672	00:31:13	Amanda Scott	Cambridge University Hare & Hounds	145	5543	00:34:34	Jasmine Kerry	Wakefield District Harriers & AC
46	4568	00:31:14	Sarah Murphy	Belgrave Harriers	146	4822	00:34:37	Rachael Elder	Hallamshire Harriers
47	5246	00:31:16	Rachel Deegan	Sale Harriers Manchester	147	5330	00:34:39	Jenny Horne	Sheffield RC
48	5012	00:31:27	Rebecca Howarth	Leigh Harriers & AC	148	4713	00:34:40	Dawn Gibbs	City of York AC
49	5145	00:31:28	Nicki De La Salle	Notts AC	149	5005	00:34:44	Chloe Ryall	Leeds City AC
50	4849	00:31:30	Helen Barnes	Headington RR	150	5302	00:34:45	Maren Urner (F)	Serpentine RC
51	4917	00:31:31	Katie Walshaw	Holmfirth Harriers AC	151	5398	00:34:47	Kathryn Stuart	Sphinx AC
52	5314	00:31:32	Philippa Aukett	Shaftesbury Barnet Harriers	152	4709	00:34:48	Clare Booker	City of Stoke AC
53	4675	00:31:36	Gemma Hillier	Charnwood AC	153	5055	00:34:49	Kath Lamplough	Macclesfield Harriers & AC
54	4863	00:31:42	Lisa Palmer	Heanor RC	154	5511	00:34:50	Adela Salt	Trentham RC
55	4573	00:31:44	Amy Robinson	Belper Harriers	155	5201	00:34:52	Rachel Phillips	Reading AC
56	4894	00:31:52	Katie Meredith	Highgate Harriers	156	4965	00:34:53	Rebecca Harvey	Kenilworth Runners
57	5261	00:31:53	Sam Briggs	Salford Harriers	157	4553	00:34:54	Helen Frizzell	Bedford & County AC
58	4512	00:31:55	Beth Andrew	Aldershot Farnham & District AC	158	5307	00:34:54	Grace Wu	Serpentine RC
59	4978	00:31:57	Katherine Penrose	Kippax & District Harriers	159	4836	00:34:56	Amy Tanner	Hardley Runners
60	4826	00:31:58	Ruth Proctor	Hallamshire Harriers	160	4832	00:34:59	Hannah Whitelam	Hallamshire Harriers
61	4746	00:31:59	Rachel Buxton	Coventry Godiva Harriers	161	5642	00:35:00	Naomi Lenane	Worthing & District Harriers
62	4734	00:32:00	Stacey Wheat	Colchester Harriers	162	5606	00:35:00	Joy Radford	Worcester & District AC
63	4903	00:32:01	Helen Berry	Holmfirth Harriers AC	163	4735	00:35:00	Ruth Barry	Congleton Harriers
64	4520	00:32:01	Alice Lethbridge	Aldershot Farnham & District AC	164	4608	00:35:04	Sarah Dowling	Blackheath & Bromley Harriers
65	5407	00:32:01	Gemma Connolly	St.Helens Sutton AC	165	5247	00:35:05	Hannah Griffiths	Sale Harriers Manchester
66	5112	00:32:04	Aiveen Fox	Morpeth Harriers & AC	166	5045	00:35:06	Emily Hargreaves	Lytham St Annes RRC
67	5639	00:32:05	Lauren Stewart	Woodford Green AC with Essex Ladies	167	4909	00:35:07	Julia Johnson	Holmfirth Harriers AC
68	5379	00:32:09	Amy Campbell	Southampton RC	168	5139	00:35:08	Emily Armstrong	Norwich RR
69	5152	00:32:10	Eleanor Greenfield	Nuneaton Harriers AC	169	4728	00:35:09	Katie Trickett	Clayton-le-Moors Harriers
70	5319	00:32:12	Emily Ferenczi	Shaftesbury Barnet Harriers	170	5115	00:35:10	Emma Pearson	Morpeth Harriers & AC
71	5316	00:32:14	Maggie Cooper	Shaftesbury Barnet Harriers	171	5363	00:35:12	Helen Finch	Solihull & Small Heath AC
72	5324	00:32:16	Sarah Partridge	Shaftesbury Barnet Harriers	172	5020	00:35:13	Liz Egan	Liverpool Harriers & AC
73	4843	00:32:17	Polly Keen	Havant AC	173	4628	00:35:15	Angela Armstrong	Border Harriers & AC
74	4748	00:32:20	Myshola Kirkham	Coventry Godiva Harriers	174	4969	00:35:15	Jacqui Phillips	Kidderminster & Stourport AC
75	4585	00:32:24	Pauline Munro	Bingley Harriers & AC	175	5022	00:35:19	Michelle Murphy	Liverpool Harriers & AC
76	5004	00:32:24	Sarah Peterson	Leeds City AC	176	5087	00:35:19	Sophie Wright	Marshall Milton Keynes AC
77	5579	00:32:25	Lisa Mawer	Wetherby Runners AC	177	4797	00:35:20	Lauren Fawke	Folkestone RC
78	5026	00:32:31	Kirsty Longley	Liverpool Pembroke & Sefton H & AC	178	5006	00:35:22	Alison Varley	Leeds City AC
79	5225	00:32:34	Emma Langdell	Royal Sutton Coldfield AC	179	5380	00:35:23	Hannah Coombs	Southampton RC
80	5626	00:32:36	Katherine Gundersen	Woodford Green AC with Essex Ladies	180	5093	00:35:24	Fallon Laffery	Medway & Maidstone AC
81	4947	00:32:37	Helen Glover	Keighley & Craven AC	181	5431	00:35:26	Helen Walch	Stockport Harriers & AC
82	5042	00:32:37	Julia Orr	Loughborough Students AC	182	5279	00:35:28	Jennifer Bradley	Serpentine RC
83	4509	00:32:42	Lauren Barklie	Abingdon AAC	183	5148	00:35:29	Michelle Hooton	Notts AC
84	5037	00:32:48	Sue Rusr	London Heathside	184	5393	00:35:31	Claire Green	Spentborough AC
85	5180	00:32:49	Karen Pickles	Pudsey Pacers RC	185	5101	00:35:33	Sharon McHugh	Metropolitan Police AC
86	4676	00:32:51	Laura Johnson	Charnwood AC	186	5083	00:35:34	Lauren Cripps	Marshall Milton Keynes AC
87	5470	00:32:52	Antonia Burt	Thames Hare & Hounds	187	4756	00:35:34	Ruth Ward	Dartford Harriers
88	4753	00:32:52	Susie Rutherford	Darlington Harriers	188	4580	00:35:35	Jo Buculey	Bingley Harriers & AC
89	4656	00:32:53	Dorothea Lee-Cockerill	Bristol & West AC	189	4639	00:35:36	Marianne Hensman	Bournville Harriers
90	4846	00:32:53	Sara Luck	Havering Mayesbrook	190	4683	00:35:39	Rebecca Luxton	Chelmsford AC
91	4750	00:32:53	Sarah Simmons	Coventry Godiva Harriers	191	4501	00:35:43	Aimee Billington	26.2 RRC
92	4847	00:32:55	Robyn Matson	Havering Mayesbrook	192	4994	00:35:45	Rachel Dyson	Leeds City AC
93	4808	00:32:55	Jess Trowbridge	Gateshead Harriers	193	5136	00:35:47	Karen Poole	North York Moors AC
94	5405	00:32:55	Deborah Steer	St.Albans Striders	194	4697	00:35:49	Jackie Redmayne	Chorley Harriers
95	4632	00:33:04	Rhiannon Silson	Border Harriers & AC	195	4852	00:35:49	Adrienne Hopkins	Headington RR
96	4825	00:33:04	Michelle Jenkins	Hallamshire Harriers	196	5472	00:35:50	Anna Garnier	Thames Hare & Hounds
97	5243	00:33:06	Emily Beedham	Sale Harriers Manchester	197	5403	00:35:52	Gill Jubb	St.Albans Striders
98	4763	00:33:07	Helen Bridle	Dorking & Mole Valley AC	198	5653	00:35:54	Caroline Warrington	York Knivesmire Harriers
99	4598	00:33:08	Emma Phillips	Birchfield Harriers	199	4765	00:35:57	Louise Jonascu	Dorking & Mole Valley AC
100	4876	00:33:11	Joanna Zoppi	Heaton Harriers	200	4996	00:35:58	Jennie Guard	Leeds City AC

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
201	5044	00:36:02	Charlotte Hardy	Luton AC	303	5504	00:38:26	Joan Howe	Trafford AC
202	4717	00:36:03	Karen Wood	City of York AC	304	4529	00:38:27	Bev Ganose	Altrincham & District AC
203	5558	00:36:04	Emma Walton	Wallsend Harriers & AC	305	4944	00:38:28	Liz Crosland	Keighley & Craven AC
204	5491	00:36:04	Kate Williams	Tipton Harriers	306	5154	00:38:29	Simone Wilson	Nuneaton Harriers AC
205	4905	00:36:05	Lesley Ewart	Holmfirth Harriers AC	307	5523	00:38:29	Sue Sunderland	Valley Striders
206	5058	00:36:05	Kristy Readman	Macclesfield Harriers & AC	308	4902	00:38:30	Yvette Arthur	Holmfirth Harriers AC
207	4743	00:36:08	Samantha Anderson	Coventry Godiva Harriers	309	4670	00:38:30	Diana Braverman	Cambridge & Coleridge
208	4571	00:36:10	Stephanie Ilsley	Belper Harriers	310	4936	00:38:31	Lynne Champion	Istead & Ifield Harriers
209	5195	00:36:10	Andrea Curson	Reading AC	311	5110	00:38:34	Gwenda Cavill	Morpeth Harriers & AC
210	5301	00:36:11	Penny Thorn	Serpentine RC	312	4729	00:38:36	Piirio Kivelainen	Cleethorpes AC
211	4890	00:36:12	Natasha Cendrowicz	Highgate Harriers	313	5151	00:38:37	Lisa Morris	Notts AC
212	4790	00:36:12	Zoe Woodward	Eton Manor AC	314	5641	00:38:37	Alex Wardle	Woodford Green AC with Essex Ladies
213	5120	00:36:13	Nikki Morgan	Nene Valley Harriers	315	4645	00:38:38	Emma Brown	Bridlington RR
214	4666	00:36:15	Tamara Ball	Bromsgrove & Redditch AC	316	4643	00:38:41	Sarah Rock	Bournville Harriers
215	4718	00:36:16	Helen Cooper	Clapham Chasers	317	4742	00:38:42	Cathy Wright	Corby AC
216	4532	00:36:16	Candy Hawkins	Ashford AC	318	4572	00:38:48	Gemma Redfern	Belper Harriers
217	5194	00:36:17	Nicky Cooke	Reading AC	319	5229	00:38:52	Sharon Fearn	Rugby & Northampton AC
218	4927	00:36:18	Alison Bennett	Ilkley Harriers	320	5297	00:38:56	Angharad Palin	Serpentine RC
219	4946	00:36:19	Trish Gavins	Keighley & Craven AC	321	4937	00:38:56	Angela Hames	Istead & Ifield Harriers
220	4721	00:36:20	Fiona Love	Clapham Chasers	322	4919	00:38:56	Serena Blackburn	Horsforth Harriers
221	5471	00:36:21	Vikki Filself	Thames Hare & Hounds	323	5001	00:38:58	Veronique Marot	Leeds City AC
222	4934	00:36:22	Claire Brown	Invicta East Kent AC	324	4821	00:38:59	Jenn Dick	Hallamshire Harriers
223	4952	00:36:22	Liz Tomes	Keighley & Craven AC	325	4908	00:39:00	Deborah Hall	Holmfirth Harriers AC
224	5391	00:36:24	Marian Martin	Spectrum Striders	326	5549	00:39:01	Salli Holt	Wallasey AC
225	5052	00:36:26	Sally-Ann Hales	Macclesfield Harriers & AC	327	4815	00:39:02	Emma Oughton	Great Western Runners
226	4755	00:36:27	Cara Oliver	Dartford Harriers	328	4524	00:39:03	Jess Prier	Aldershot Farnham & District AC
227	5099	00:36:29	Elizabeth Cameron	Metropolitan Police AC	329	5183	00:39:07	Kate Brook	Ranelagh Harriers
228	5565	00:36:31	Anna Lewis	Wells City Harriers	330	5214	00:39:08	Josefa Terim	Rochdale Harriers & AC
229	5334	00:36:33	Natalie Owens	Shildon Running & AC	331	4760	00:39:09	Laura Currie	Dartford RR
230	4787	00:36:33	Sharon Bolister	Eton Manor AC	332	5646	00:39:10	Natasha Johnson	Yaxley Runners & Joggers
231	5076	00:36:36	Rosy Craine	Manx Harriers	333	5292	00:39:11	Sam Ludlow	Serpentine RC
232	4992	00:36:37	Emily Dove	Leeds & Bradford Triathlon Club	334	5596	00:39:11	Elizabeth Irving	Wimbledon Windmilers
233	5508	00:36:38	Sarah Newman	Trafford AC	335	5209	00:39:11	Sandra Johnson	Richmond & Zetland Harriers
234	5040	00:36:39	Jackie Wastell	London Heathside	336	4626	00:39:15	Helen Morris	Blyth RC
235	5089	00:36:39	Harrup Bernadette (F)	Medway & Maidstone AC	337	5502	00:39:15	Rosie Fearon	Trafford AC
236	4513	00:36:44	Val Clews	Aldershot Farnham & District AC	338	4504	00:39:15	Rachel Mackie	Abbey Runners
237	5404	00:36:45	Sally Orr	St.Albans Striders	339	5090	00:39:16	Natalie Fullman	Medway & Maidstone AC
238	4601	00:36:49	Jane Hodgkinson	Blackburn Harriers & AC	340	4786	00:39:18	Steph Baxter	Eton Manor AC
239	4899	00:36:50	Christine Heaton	Holme Pierrepont RC	341	4809	00:39:20	Kirsty Walker	Gateshead Harriers
240	5298	00:36:54	Ella Palmer	Serpentine RC	342	4805	00:39:20	Helen Patton	Gateshead Harriers
241	4751	00:36:54	Sue Philips	Darlington Harriers	343	5294	00:39:22	Valerie Metcalf	Serpentine RC
242	4725	00:36:54	Rosie Hogg	Claremont RR & AC	344	4967	00:39:24	Rosalind Matthews	Kenilworth Runners
243	4912	00:36:56	Cara Penfold	Holmfirth Harriers AC	345	4879	00:39:26	Sarah Allen	Herne Hill Harriers
244	5620	00:36:56	Sarah Kearney	Wirral AC	346	5208	00:39:29	Fiona Hughes	Richmond & Zetland Harriers
245	5196	00:36:57	Lucy Daniels	Reading AC	347	5623	00:39:33	Jane Morley	Wolds Veterans RC
246	4552	00:36:58	Rachel Cave	Bedford & County AC	348	5177	00:39:34	Nicola Bradford	Pudsey Pacers RC
247	4638	00:36:58	Caroline Harlan-Marks	Bournville Harriers	349	5227	00:39:35	Annette Carlin	Rugby & Northampton AC
248	5147	00:36:59	Tracey Hallam	Notts AC	350	5557	00:39:35	Lisa Walker	Wallsend Harriers & AC
249	5186	00:37:02	Bronwen Fisher	Ranelagh Harriers	351	4816	00:39:38	Amanda Rhodes	Great Western Runners
250	5518	00:37:02	Catherine Farrow	Valley Striders	352	5255	00:39:38	Joanne Street	Sale Harriers Manchester
251	4804	00:37:03	Maggie Loraine	Gateshead Harriers	353	4925	00:39:39	Angela Allen	Horwich RMI Harriers
252	5179	00:37:04	Sharon Hague	Pudsey Pacers RC	354	4536	00:39:41	Denise Johnson	Baildon Runners
253	4635	00:37:04	Nicola Cumley	Bournville Harriers	355	4696	00:39:41	Anna Maria Cratree	Chorley Harriers
254	4880	00:37:06	Rebecca Barrow	Herne Hill Harriers	356	5199	00:39:42	Hayley Pearce	Reading AC
255	4929	00:37:08	Diane Haggard	Ilkley Harriers	357	5176	00:39:44	Marian Hesketh	Preston Harriers
256	5252	00:37:09	Shiri Leventhal	Sale Harriers Manchester	358	5413	00:39:44	Alison Barrett	Steel City Striders
257	4581	00:37:12	Sue Carriss	Bingley Harriers & AC	359	4739	00:39:45	Timea Latinovics (F)	Corby AC
258	4985	00:37:13	Joanne Perry	Lancaster & Morecambe AC	360	5621	00:39:46	Tracey Gibson	Wolds Veterans RC
259	5203	00:37:15	Caroline Stevens	Reading AC	361	5011	00:39:47	Lydia Radley	Leeds University CCC
260	5467	00:37:16	Jessica Harvey	Telford Harriers	362	5670	00:39:52	Isabel Wreford	Headington RR
261	5046	00:37:16	Melanie Koth	Lytham St Annes RRC	363	5072	00:39:53	Clare Coombs	Mansfield Harriers & AC
262	4623	00:37:17	Susanne Hunter	Blyth RC	364	5234	00:39:56	Jo Pulsford	Rugby & Northampton AC
263	4988	00:37:17	Zara Blower	Leamington C & AC	365	4812	00:39:57	Juliet Bellassie	Great Western Runners
264	4781	00:37:18	Fiona Shenton	Elvet Striders	366	4979	00:40:02	Eleanor Franks	Kirkstall Harriers
265	5175	00:37:18	Emma Essex-Crosby	Preston Harriers	367	4530	00:40:08	Sandra Lewis	Altrincham & District AC
266	4884	00:37:18	Debbie Jackson	Herne Hill Harriers	368	4838	00:40:08	Juliette Gregory	Harrogate Harriers & AC
267	5436	00:37:20	Joan Clarke	Stourbridge RC	369	5524	00:40:11	Sharon Tansley	Valley Striders
268	4637	00:37:25	Becky Hampson	Bournville Harriers	370	5116	00:40:13	Louise Burton	Nene Valley Harriers
269	5652	00:37:27	Fiona Strange	York Knavesmire Harriers	371	4646	00:40:13	Karon Colley	Bridlington RR
270	5632	00:37:29	Andrea Possee	Woodford Green AC with Essex Ladies	372	4923	00:40:14	Sarah O'Sullivan	Horsforth Harriers
271	4724	00:37:31	Mandy Herworth	Claremont RR & AC	373	5223	00:40:15	Carmel Harrison	Rothwell Harriers
272	4818	00:37:36	Carole Fryer	Halifax Harriers AC	374	5291	00:40:16	Poppy Lenton	Serpentine RC
273	4981	00:37:40	Rachel Pilling	Kirkstall Harriers	375	5433	00:40:20	Maureen Wilkins	Stockport Harriers & AC
274	5102	00:37:40	Jo Ravenhill	Metropolitan Police AC	376	5232	00:40:20	Kate Lundy	Rugby & Northampton AC
275	5163	00:37:41	Angela Srivastava	Otley AC	377	5619	00:40:23	Jeanette Fox	Wirral AC
276	5423	00:37:43	Helen Garner	Stockport Harriers & AC	378	4982	00:40:26	Alex Saunders	Kirkstall Harriers
277	5100	00:37:45	Sarah Green	Metropolitan Police AC	379	5462	00:40:29	Lisa Blagden	Telford AC
278	5190	00:37:46	Sandra Prosser	Ranelagh Harriers	380	4764	00:40:30	Charlotte Craig	Dorking & Mole Valley AC
279	5483	00:37:53	Hester Cox	Thirsk & Sowerby Harriers	381	4942	00:40:33	Janet Arkwright	Keighley & Craven AC
280	4613	00:37:55	Carolyna Jones-Baldock	Blackheath & Bromley Harriers	382	4740	00:40:33	Maggie Mulholland	Corby AC
281	4642	00:37:57	Laura Leslie	Bournville Harriers	383	5648	00:40:34	Claire Piercy	Yaxley Runners & Joggers
282	5492	00:37:58	Pippa Blackstone	Tonbridge AC	384	5125	00:40:37	Angela Marsh	Newark AC
283	5556	00:37:59	Laura Murphy	Wallsend Harriers & AC	385	5106	00:40:40	Andrea Ansell	Middlesbrough & Cleveland Harriers
284	4767	00:38:01	Ros Tabor	Dulwich Runners	386	4636	00:40:42	Helen Foot	Bournville Harriers
285	5469	00:38:03	Jane Staitte	Telford Harriers	387	4757	00:40:42	Stephanie Wood	Dartford Harriers
286	5097	00:38:03	Louisa Brana	Metropolitan Police AC	388	4630	00:40:44	Kathryn Douglas	Border Harriers & AC
287	4555	00:38:04	Kerry Large	Bedford & County AC	389	5608	00:40:44	Madeline Vosser	Winchester & District AC
288	4663	00:38:08	Jane Anderson	Bromsgrove & Redditch AC	390	5074	00:40:49	Amanda Hardy	Mansfield Harriers & AC
289	4519	00:38:08	Montana Jones	Aldershot Farnham & District AC	391	5057	00:40:49	Barbara Murray	Macclesfield Harriers & AC
290	4719	00:38:09	Melissa Galea	Clapham Chasers	392	4886	00:40:50	Fiona Pierce-Pavaday	Herne Hill Harriers
291	5237	00:38:10	Rachel Shaw	Rugby & Northampton AC	393	5551	00:40:53	Sharon Lamont	Wallasey AC
292	5036	00:38:11	Ruth Miller	London Heathside	394	4780	00:40:54	Susan Davis	Elvet Striders
293	4543	00:38:12	Kerry Sturarr	Barnsley AC	395	4634	00:40:56	Kathryn Abbott	Bournville Harriers
294	5550	00:38:12	Tricia Jones	Wallasey AC	396	5578	00:40:57	Ann Dale	Wetherby Runners AC
295	5475	00:38:12	Madeleine Watson	Thames Hare & Hounds	397	4544	00:40:58	Linda Westlake	Barnsley AC
296	5189	00:38:14	Louise Piers	Ranelagh Harriers	398	4578	00:40:59	Helen Storr	Beverley AC
297	5050	00:38:17	Sheryl Hawse	Mablethorpe RC	399	5415	00:41:05	Pauline Lowe	Steel City Striders
298	4993	00:38:21	Sian Davies	Leeds City AC	400	4741	00:41:09	Trudi Pike	Corby AC
299	5372	00:38:21	Pam Iannella	South London Harriers	401	5535	00:41:12	Khara Mills	Virgin Active RR
300	4974	00:38:24	Leanne Hague	Kippax & District Harriers	402	5064	00:41:14	Steph Goodchild	Manchester YMCA Harriers
301	5650	00:38:24	Andrea Lancaster	York Knavesmire Harriers	403	5418	00:41:17	Vicky Barrett	Stockport Harriers & AC
302	5096	00:38:26	Karen Balcombe	Metropolitan Police AC	404	5548	00:41:19	Alison Engle	Wallasey AC

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
405	5200	00:41:19	Charlotte Phillips	Reading AC	506	4928	00:47:16	Bernadette Gibbons	Ilkley Harriers
406	5442	00:41:22	Lucy May	Stubbington Green Runners	507	5531	00:47:21	Sue Foster	Virgin Active RR
407	4938	00:41:24	Jackie Hing	Istead & Ifield Harriers	508	5211	00:47:41	Michaela Ridley	Riverside Runners
408	4782	00:41:25	Jan Young	Elvet Striders	509	5397	00:47:51	Jackie Stuart	Sphinx AC
409	4943	00:41:26	Camille Askins	Keighley & Craven AC	510	4575	00:47:55	Rose Sensecall	Belper Harriers
410	5452	00:41:30	Sarah Chetwynd	Tarnworth AC	511	4537	00:47:59	Kate Walter	Baldon Runners
411	4640	00:41:31	Emily Holden	Bournville Harriers	512	5389	00:48:05	Stef Charman	Spectrum Striders
412	5339	00:41:33	Casey Hill	Silson Joggers AC	513	4976	00:48:08	June McHale	Kippax & District Harriers
413	5071	00:41:37	Ann Brown	Mansfield Harriers & AC	514	5396	00:48:20	Heather Barret	Sphinx AC
414	4769	00:41:42	Tania-Cyrena Cyrus	Ealing Southall & Middlesex AC	515	5157	00:48:48	Liz Ashton	Otley AC
415	4505	00:41:42	Helen Nurse	Abbey Runners	516	4773	00:48:51	Tracey Ashton	East Hull Harriers
416	4800	00:41:43	Christine Baudouin	Gateshead Harriers	517	5527	00:49:04	Helen Bailey	Virgin Active RR
417	4966	00:41:47	Sally Hicks	Kenilworth Runners	518	4671	00:49:14	Mary Holmes	Cambridge & Coleridge
418	5146	00:41:47	Rachel Ellis	Notts AC	519	5560	00:49:21	Claire Irons	Warrington AC
419	5068	00:41:57	Rachel Walker	Manchester YMCA Harriers	520	5268	00:49:46	Gillian Donaldson	Saltwell Harriers
420	5414	00:41:58	Carol Beattie	Steel City Striders	521	5538	00:49:47	Hamsa Tawfik	Virgin Active RR
421	5043	00:41:59	Anne Thorpe	Ludlow Runners	522	4940	00:50:23	Claire Ward	Istead & Ifield Harriers
422	5281	00:42:00	Kiera Davidson (F)	Serpentine RC	523	4597	00:50:43	Wendy Morant	Birchfield Harriers
423	5164	00:42:00	Lisa Sammons	Oxford City AC	524	4534	00:50:50	Linda Carey	Baldon Runners
424	5161	00:42:03	Sarah McBriin	Otley AC	525	5304	00:50:53	Stephanie Vaatz (F)	Serpentine RC
425	4789	00:42:07	Jane Roche	Eton Manor AC	526	4776	00:51:00	Penny Darmody	East Hull Harriers
426	4576	00:42:10	Samantha Allen	Beverley AC	527	5233	00:51:08	Tracey Price	Rugby & Northampton AC
427	4796	00:42:11	Tina Eke	Folkestone RC	528	5230	00:51:08	Wendy Jennings	Rugby & Northampton AC
428	5401	00:42:12	Kerry Marsh	Springfield Striders	529	5226	00:51:08	Melanie Akerman	Rugby & Northampton AC
429	4930	00:42:16	Diane Kitchen	Ilkley Harriers	530	5213	00:51:10	Brenda Robinson	Rochdale Harriers & AC
430	5495	00:42:17	Liz Farndon	Tonbridge AC	531	4794	00:51:21	Jane Haynes	Eye Community Runners
431	5493	00:42:17	Helen Cohen	Tonbridge AC	532	5394	00:51:30	Amanda Pearson	Spensborough AC
432	5385	00:42:18	Margaret Ehrenberg	Sparkhill Harriers	533	4726	00:51:41	Susan Allen	Clayton-le-Moors Harriers
433	5149	00:42:22	Wendy Kane	Notts AC	534	5207	00:51:55	Laura Dunphy	Richmond & Zetland Harriers
434	4535	00:42:25	Claire Greenwood	Baldon Runners	535	4977	00:52:32	Kelly Palmer	Kippax & District Harriers
435	5430	00:42:27	Helen Nance	Stockport Harriers & AC	536	5529	00:52:48	Harp Bhambra	Virgin Active RR
436	4926	00:42:36	Carol Sharratt	Ilkeston RC	537	4625	00:53:14	Alison Lowes	Blyth RC
437	5178	00:42:36	Jenny Cooper	Pudsey Pacers RC	538	5381	00:53:27	Sally Diaper	Southampton RC
438	5235	00:42:38	Ann Rollings	Rugby & Northampton AC	539	5533	00:54:12	Kay Jefferies	Virgin Active RR
439	5331	00:42:41	Kate Ladell	Sheffield RC	540	5309	00:55:37	Vanessa Anderton	Severn AC
440	5104	00:42:43	Jacqueline Reid	Metropolitan Police AC	541	4795	00:56:51	Linda Oswin	Eye Community Runners
441	4723	00:42:43	Sarah Bowen	Claremont RR & AC	542	5047	00:58:13	Dawn Lock	Lytham St Annes RRC
442	5387	00:42:48	Manisha Parmar	Sparkhill Harriers	543	4990	00:58:44	Heather Waller	Leamington C & AC
443	4507	00:42:49	Elizabeth Willis	Abbey Runners					
444	5422	00:42:53	Gillian Doolan	Stockport Harriers & AC	Pos	Points	Team Name	Placings	
445	4761	00:42:58	Lynne Morgan	Dartford RR	1	73	Charnwood AC	(11 12 16 34)	
446	5059	00:43:05	Fiona Green	Manchester Harriers & AC	2	99	Aldershot Farnham & District AC	(1 8 32 58)	
447	5048	00:43:06	Julia Rolfe	Lytham St Annes RRC	3	134	Bristol & West AC	(10 14 21 89)	
448	4980	00:43:07	Marion Muir	Kirkstall Harriers	4	178	Hallamshire Harriers	(3 19 60 96)	
449	5018	00:43:10	Karen Dalby	Liverpool Harriers & AC	5	211	Havering Mayesbrook	(4 25 90 92)	
450	4698	00:43:12	Jane Scott	Chorley Harriers	6	251	Bedford & County AC	(27 31 36 157)	
451	4824	00:43:12	Charlie Hunt	Hallamshire Harriers	7	258	Sale Harriers Manchester	(6 47 97 108)	
452	5287	00:43:14	Sally Hodge	Serpentine RC	8	264	Coventry Godiva Harriers	(38 61 74 91)	
453	4806	00:43:14	Lydia Patton	Gateshead Harriers	9	265	Shaftesbury Barnet Harriers	(52 70 71 72)	
454	5266	00:43:16	Kirsty Anderson	Saltwell Harriers	10	285	Woodford Green AC with Essex Ladies	(7 67 80 131)	
455	4779	00:43:16	Tina Wigglesworth	East Hull Harriers	11	303	Bingley Harriers & AC	(5 35 75 188)	
456	5609	00:43:17	Lou Walker	Winchester & District AC	12	354	Birchfield Harriers	(17 99 117 121)	
457	4984	00:43:19	Collette Spencer	Kirkstall Harriers	13	394	Highgate Harriers	(23 56 104 211)	
458	5649	00:43:23	Sally Valentine	Yaxley Runners & Joggers	14	401	Holmfirth Harriers AC	(51 63 120 167)	
459	5159	00:43:31	Liz Fawcett	Otley AC	15	467	Blackheath & Bromley Harriers	(37 126 140 164)	
460	5098	00:43:39	Angela Breen	Metropolitan Police AC	16	509	Thames Hare & Hounds	(87 103 123 196)	
461	4533	00:43:44	Gabriela Boiangiu	Baldon Runners	17	527	Keighley & Craven AC	(81 102 125 219)	
462	5069	00:43:52	Sharon Armitage	Mansfield Harriers & AC	18	536	Leeds City AC	(76 133 149 178)	
463	5500	00:43:54	Sue Exon	Trafford AC	19	548	Serpentine RC	(111 129 150 158)	
464	5141	00:43:55	Anne Hulse	Norwich RR	20	575	Morpeth Harriers & AC	(28 66 170 311)	
465	4777	00:43:55	Jayne Earle	East Hull Harriers	21	589	Clapham Chasers	(13 141 215 220)	
466	5070	00:44:00	Sue Bellingham	Mansfield Harriers & AC	22	687	Reading AC	(106 155 209 217)	
467	5270	00:44:08	Lisa MacDonald	Saltwell Harriers	23	727	Gateshead Harriers	(42 93 251 341)	
468	5468	00:44:10	Grace Hough	Telford Harriers	24	763	Medway & Maidstone AC	(9 180 235 339)	
469	5438	00:44:16	Zoe Yeomans	Stourbridge RC	25	786	Dorking & Mole Valley AC	(98 109 199 380)	
470	4528	00:44:16	Maggie Davies	Altrincham & District AC	26	790	Border Harriers & AC	(95 134 173 388)	
471	4774	00:44:20	Claire Capes	East Hull Harriers	27	793	Notts AC	(49 183 248 313)	
472	4803	00:44:22	Karen Joynson	Gateshead Harriers	28	826	Bournville Harriers	(137 189 247 253)	
473	5427	00:44:27	Marie Kay	Stockport Harriers & AC	29	891	Trafford AC	(18 233 303 337)	
474	4924	00:44:29	Vicky Ward	Horsforth Harriers	30	895	Southampton RC	(68 110 179 538)	
475	5479	00:44:34	Louise Neville	The Stragglers	31	898	Herne Hill Harriers	(33 254 266 345)	
476	4624	00:44:44	Sarah Kaminski	Blyth RC	32	903	York Knavesmire Harriers	(135 198 269 301)	
477	5437	00:44:49	Natalie Dellar	Stourbridge RC	33	941	Ranelagh Harriers	(118 249 278 296)	
478	5014	00:44:56	Fiona Towell	Leighton Buzzard AC	34	963	Metropolitan Police AC	(185 227 274 277)	
479	4541	00:45:03	Marion Harrison	Barnsley AC	35	964	Wallsend Harriers & AC	(128 203 283 350)	
480	5162	00:45:16	Jane Shelmerdine	Otley AC	36	975	Macclesfield Harriers & AC	(153 206 225 391)	
481	5530	00:45:20	Rona Cubitt	Virgin Active RR	37	1078	Rugby & Northampton AC	(119 291 319 349)	
482	5482	00:45:33	Anne Woods	The Stragglers	38	1091	Belper Harriers	(55 208 318 510)	
483	5341	00:45:34	Madeleine Moutrie	Silson Joggers AC	39	1122	Pudsey Pacers RC	(85 252 348 437)	
484	5432	00:45:35	Hillary West	Stockport Harriers & AC	40	1179	Great Western Runners	(136 327 351 365)	
485	5049	00:45:43	Sarah Tatton	Lytham St Annes RRC	41	1207	Eton Manor AC	(212 230 340 425)	
486	5224	00:45:48	Denise Ramsden	Rothwell Harriers	42	1235	Stockport Harriers & AC	(181 276 375 403)	
487	4865	00:45:59	Alexandra Bonnard	Heaton Harriers	43	1336	Kippax & District Harriers	(59 300 488 489)	
488	4971	00:46:07	Lou Aston	Kippax & District Harriers	44	1359	Lytham St Annes RRC	(166 261 447 485)	
489	4975	00:46:07	Kate Kidd	Kippax & District Harriers	45	1408	Ilkley Harriers	(218 255 429 506)	
490	5516	00:46:12	Carole Williams	Vale Royal AC	46	1412	Kenilworth Runners	(156 344 417 495)	
491	5269	00:46:14	Denise Ford	Saltwell Harriers	47	1417	Wallasey AC	(294 326 393 404)	
492	5156	00:46:17	Carol Armitstead	Otley AC	48	1429	Valley Striders	(250 307 369 503)	
493	4759	00:46:27	Lisa Campbell	Dartford RR	49	1458	Corby AC	(317 359 382 400)	
494	5580	00:46:33	Rosie Eccles	Wharfedale Harriers	50	1465	Kirkstall Harriers	(273 366 378 448)	
495	4964	00:46:35	Pauline Dable	Kenilworth Runners	51	1560	Istead & Ifield Harriers	(310 321 407 522)	
496	4987	00:46:41	Carol Blower	Leamington C & AC	52	1611	Blyth RC	(262 336 476 537)	
497	5267	00:46:41	Vicky Cuthbertson	Saltwell Harriers	53	1628	Mansfield Harriers & AC	(363 390 413 462)	
498	5174	00:46:42	Judith Deakin	Preston Harriers	54	1638	Otley AC	(275 424 459 480)	
499	5399	00:46:47	Jackie Timms	Sphinx AC	55	1673	Yaxley Runners & Joggers	(332 383 458 500)	
500	5645	00:46:49	Karen Freeman	Yaxley Runners & Joggers	56	1673	Sphinx AC	(151 499 509 514)	
501	4989	00:46:55	Janet Mee	Leamington C & AC	57	1760	Baldon Runners	(354 434 461 511)	
502	5546	00:46:56	Julie Barbat	Wallasey AC	58	1803	Leamington C & AC	(263 496 501 543)	
503	5517	00:47:00	Sara Dyer	Valley Striders	59	1906	Virgin Active RR	(401 481 507 517)	
504	5170	00:47:06	Faye Holden	Pendle AC	60	1907	East Hull Harriers	(455 465 471 516)	
505	5054	00:47:11	Jennifer Jackson	Macclesfield Harriers & AC	61	1909	Saltwell Harriers	(454 467 491 497)	

2010 Nationals XC -

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
1	6043	00:38:01	Andy Vernon	Aldershot Farnham & District AC	110	8626	00:42:51	Tony Carter	Wallsend Harriers & AC
2	7589	00:38:10	Moumin Geele	Newham & Essex Beagles	111	7932	00:42:53	Simon Mills	Sale Harriers Manchester
3	8320	00:38:20	Steven Vernon	Stockport Harriers & AC	112	6389	00:42:54	Jon Wills	Bristol & West AC
4	6124	00:38:44	Nielson Hall	Bedford & County AC	113	6739	00:42:54	Jon Pepper	Enfield & Haringey AC
5	7292	00:38:49	Peter Riley	Leigh Harriers & AC	114	6807	00:42:55	Benjamin Morley	Great Western Runners
6	6386	00:39:13	Tom Russell	Bristol & West AC	115	7386	00:42:56	Jonathon Archer	Low Fell RC
7	7259	00:39:16	James Walsh	Leeds City AC	116	6513	00:42:57	Tom Bean	City of York AC
8	6630	00:39:26	Luke Gunn	Derby AC	117	6509	00:42:57	Seb Duffy	City of Stoke AC
9	6030	00:39:29	Ben Lindsay	Aldershot Farnham & District AC	118	7316	00:42:59	Richard Burney	Liverpool Harriers & AC
10	7224	00:39:36	Alan Buckley	Leeds City AC	119	6284	00:43:00	Alex Gibbons	Blackheath & Bromley Harriers
11	6031	00:39:38	Martin Mashford	Aldershot Farnham & District AC	120	8036	00:43:00	Aodh O'Neill (F)	Serpentine RC
12	7307	00:39:40	Matt Bowser	Lincoln Wellington AC	121	6678	00:43:01	Jason Dunkerley	East Cheshire Harriers & Tameside AC
13	6120	00:39:45	Darren Deed	Bedford & County AC	122	6494	00:43:02	Wayne Lincoln	City of Norwich AC
14	8473	00:39:48	Philip Hinch	Tipton Harriers	123	7468	00:43:03	Tom Comerford	Marshall Milton Keynes AC
15	7936	00:39:51	Gareth Raven	Sale Harriers Manchester	124	7526	00:43:05	Michael Dawson	Morpeth Harriers & AC
16	6164	00:39:52	Dan Mulhara (F)	Belgrave Harriers	125	6960	00:43:07	Chris Buslaiah	Herne Hill Harriers
17	7681	00:39:53	Bruce Raeside	Notts AC	126	6954	00:43:08	Alastair Watson	Hermitage Harriers RC
18	6062	00:39:56	David Norman	Altrincham & District AC	127	6484	00:43:09	Luke Allen	City of Norwich AC
19	6588	00:40:05	Matt Lole	Coventry Godiva Harriers	128	7327	00:43:09	John McCole	Liverpool Harriers & AC
20	6046	00:40:10	Matt Barnes	Altrincham & District AC	129	8510	00:43:11	Johnathan Holt	Trafford AC
21	6419	00:40:12	Dean Lacy	Cambridge Harriers	130	7614	00:43:13	Paul Lowe	North York Moors AC
22	7561	00:40:13	Ricky Stevenson	New Marske Harriers	131	8807	00:43:13	Bertie Powell	Woodford Green AC with Essex Ladies
23	6414	00:40:17	Will Clarke	Cambridge & Coleridge	132	8468	00:43:14	Daniel Baier	Tipton Harriers
24	7910	00:40:18	Matt Bond	Sale Harriers Manchester	133	7261	00:43:16	Joshua Whitehead	Leeds City AC
25	7602	00:40:20	Kaim Stone	Newham & Essex Beagles	134	7739	00:43:16	Christopher Palmer (F)	Oxford University CCC
26	7159	00:40:22	John Gilbert	Kent AC	135	6847	00:43:18	Tom Jenkins	Hallamshire Harriers
27	8053	00:40:26	Nick Torry	Serpentine RC	136	7325	00:43:21	Mark Keeley	Liverpool Harriers & AC
28	8794	00:40:27	Matt Gunby	Woodford Green AC with Essex Ladies	137	7529	00:43:22	Kristian Forster	Morpeth Harriers & AC
29	7664	00:40:28	Tim Hartley	Notts AC	138	7246	00:43:24	Greg Hull	Leeds City AC
30	6570	00:40:30	Matt Almond	Coventry Godiva Harriers	139	7021	00:43:24	Matthew Revier	Hillingdon AC
31	7581	00:40:31	Rory Chesser	Newham & Essex Beagles	140	6220	00:43:25	Richard Harris	Bingley Harriers & AC
32	6585	00:40:32	Ben Jones	Coventry Godiva Harriers	141	6511	00:43:27	Tom Gayle	City of Stoke AC
33	8467	00:40:33	Mike Aspinall	Tipton Harriers	142	6854	00:43:28	John Rocke	Hallamshire Harriers
34	8073	00:40:33	Orlando Edwards	Shaftesbury Barnet Harriers	143	7267	00:43:29	Oliver Ziff	Leeds City AC
35	6131	00:40:36	Will Levett	Bedford & County AC	144	6129	00:43:29	Matt Janes	Bedford & County AC
36	7156	00:40:37	James Connor	Kent AC	145	8798	00:43:29	Ben Hope	Woodford Green AC with Essex Ladies
37	6996	00:40:38	David Bruce	Highgate Harriers	146	7727	00:43:29	Gaz Davies	Owls AC
38	6635	00:40:39	Alex Pilcher	Derby AC	147	7819	00:43:30	Jonathan Stacey	Ranelagh Harriers
39	7233	00:40:40	Simon Deakin	Leeds City AC	148	6299	00:43:32	James Poole	Blackheath & Bromley Harriers
40	7221	00:40:44	Darran Bilton	Leeds City AC	149	6288	00:43:34	Ben Harding	Blackheath & Bromley Harriers
41	6161	00:40:47	James Kelly	Belgrave Harriers	150	6139	00:43:35	Chris Riley	Bedford & County AC
42	7562	00:40:53	Andrew Wiles	New Marske Harriers	151	6427	00:43:36	Philip Wolfe	Cannock & Stafford AC
43	6035	00:40:54	Neil Phillips	Aldershot Farnham & District AC	152	7095	00:43:39	James Colton	Invicta East Kent AC
44	7773	00:40:56	John Henechan	Pudsey & Bramley AC	153	6157	00:43:40	James Fairbourn	Belgrave Harriers
45	6016	00:40:57	Mat Ashton	Aldershot Farnham & District AC	154	6950	00:43:40	Adam Przedzrymski	Hercules Wimbledon AC
46	6558	00:41:01	Andrew Ward	Clowne RR	155	8052	00:43:41	Hugh Torry	Serpentine RC
47	7893	00:41:05	Philip Hoole	Rotherham Harriers & AC	156	6049	00:43:42	Dave Cowlishaw	Altrincham & District AC
48	6440	00:41:06	Seb Foy	Cheltenham & County Harriers	157	6575	00:43:43	Richard Burman	Coventry Godiva Harriers
49	7243	00:41:06	Martin Hilton	Leeds City AC	158	6992	00:43:44	Lee Reynolds	Herts Phoenix AC
50	6898	00:41:12	Ben Warren	Harrow AC	159	8469	00:43:45	Mike Buntin	Tipton Harriers
51	8789	00:41:16	Lotfi Chebli (F)	Woodford Green AC with Essex Ladies	160	6895	00:43:45	Julian Critchlow	Harrow AC
52	6493	00:41:17	Stuart Huntington	City of Norwich AC	161	7231	00:43:46	Alexander Davy	Leeds City AC
53	6104	00:41:17	Darren Middleton	Barnsley AC	162	6126	00:43:47	Richard Hendersson	Bedford & County AC
54	8421	00:41:18	James McMullan	Thames Hare & Hounds	163	7531	00:43:49	Ben Harrison	Morpeth Harriers & AC
55	6580	00:41:19	Stephen Emery	Coventry Godiva Harriers	164	7098	00:43:50	Chris Holmes	Invicta East Kent AC
56	8733	00:41:21	Dwain Jones	Windsor Slough Eton & Hounslow AC	165	6155	00:43:52	Will Cockerell	Belgrave Harriers
57	8482	00:41:23	Mark Powell	Tipton Harriers	166	6109	00:43:53	Geoff Beetham	Barrow Runners
58	6334	00:41:25	Jon Fletcher	Border Harriers & AC	167	7577	00:43:54	Matt Lockyer	Newcastle (Staffs) AC
59	7555	00:41:26	Alec Duffield	New Marske Harriers	168	6225	00:43:55	Tim Midgeley	Bingley Harriers & AC
60	8485	00:41:27	Ian Williams	Tipton Harriers	169	7961	00:43:57	Rob Hughes	Salford Harriers
61	6301	00:41:29	Andrew Rayner	Blackheath & Bromley Harriers	170	7183	00:43:57	Gregan Clarkson	Kingston Upon Hull AC
62	6133	00:41:31	Owain Matthews	Bedford & County AC	171	6991	00:43:58	Bryn Reynolds	Herts Phoenix AC
63	7222	00:41:32	Chris Birchall	Leeds City AC	172	7449	00:43:58	James Mee	Mansfield Harriers & AC
64	8788	00:41:35	Hwyel Care	Woodford Green AC with Essex Ladies	173	7464	00:44:00	Martin Malone	Manx Harriers
65	7463	00:41:37	Kevin Loundes	Manx Harriers	174	6999	00:44:01	Shaun Dixon	Highgate Harriers
66	6861	00:41:40	Andy Thake	Hallamshire Harriers	175	6978	00:44:01	David Mulvee	Herne Hill Harriers
67	7908	00:41:42	James Bailey	Sale Harriers Manchester	176	6116	00:44:03	Steve Body	Bedford & County AC
68	6586	00:41:43	Ryan Kenny	Coventry Godiva Harriers	177	7731	00:44:03	Tom Meakin	Owls AC
69	7590	00:41:44	Ian Grime	Newham & Essex Beagles	178	7324	00:44:04	James Horman	Liverpool Harriers & AC
70	8847	00:41:45	Kim Critchley	York Knavesmire Harriers	179	7122	00:44:04	Daniel Hawksworth	Jersey Spartans AC
71	7309	00:41:45	Ian Kimpton	Lincoln Wellington AC	180	7524	00:44:06	Mark Brown	Morpeth Harriers & AC
72	8792	00:41:46	Martyn Cryer	Woodford Green AC with Essex Ladies	181	8430	00:44:06	Andrew Weir	Thames Hare & Hounds
73	6045	00:41:47	Tom Wade	Aldershot Farnham & District AC	182	6489	00:44:09	Nick Earl	City of Norwich AC
74	6956	00:41:50	Alan Barnes	Herne Hill Harriers	183	6905	00:44:11	Robert Warner	Havering Mayesbrook
75	6022	00:41:52	Steve Connor	Aldershot Farnham & District AC	184	6573	00:44:11	Tom Bark	Coventry Godiva Harriers
76	6333	00:41:54	James Douglas	Border Harriers & AC	185	6964	00:44:12	Jeff Cunningham	Herne Hill Harriers
77	8142	00:41:55	Joe Mercer	Skipton AC	186	6894	00:44:13	Jim Cooper	Harrow AC
78	7225	00:41:57	Mike Burrett	Leeds City AC	187	7384	00:44:14	Richard Brown	Louth AC
79	7556	00:41:57	Richard Morrell	New Marske Harriers	188	6848	00:44:14	Oli Johnson	Hallamshire Harriers
80	8042	00:42:00	Richard Phillips	Serpentine RC	189	6995	00:44:16	Dale Bickham (F)	Highgate Harriers
81	7732	00:42:03	Paul Miles	Owls AC	190	7481	00:44:17	James Hogg	Medway & Maidstone AC
82	8784	00:42:05	Matt Barnes-Smith	Woodford Green AC with Essex Ladies	191	7220	00:44:18	Aidan Adams	Leeds City AC
83	6114	00:42:07	Robert Whittle	Basingstoke & Mid Hants AC	192	7084	00:44:19	Malcolm Muir	Ilford AC
84	6437	00:42:09	Ryan Prout	Chelmsford AC	193	6751	00:44:21	Phil Sangar	Epsom & Ewell Harriers
85	7331	00:42:11	Adam Peers	Liverpool Harriers & AC	194	8351	00:44:22	Steven Potts	Sunderland Harriers & AC
86	8297	00:42:12	Alex Dennicott	Staffordshire Moorlands AC	195	8456	00:44:22	Ben Osborn	The Stragglers
87	6140	00:42:12	Steve Robinson	Bedford & County AC	196	7085	00:44:23	Tom Adams	Ilkley Harriers
88	7969	00:42:13	Ben Riddell	Salford Harriers	197	7483	00:44:24	Adrian Lowther	Medway & Maidstone AC
89	6166	00:42:15	Paskar Owor (F)	Belgrave Harriers	198	7657	00:44:24	Brian Dumm (F)	Notts AC
90	6144	00:42:16	Steven Tuttle	Bedford & County AC	199	7597	00:44:26	Jamal Mohamed	Newham & Essex Beagles
91	8410	00:42:17	Craig Walker	Telford AC	200	7822	00:44:26	Carl Bradbury	Reading AC
92	7255	00:42:19	Adam Osborne	Leeds City AC	201	7812	00:44:27	Peter Haarer	Ranelagh Harriers
93	8783	00:42:22	Daniel Agustus	Woodford Green AC with Essex Ladies	202	6372	00:44:27	Matthew Bristow	Brighton & Hove City AC
94	7240	00:42:25	Martin Gostling	Leeds City AC	203	7493	00:44:30	James Brown	Metropolitan Police AC
95	7528	00:42:26	Ross Floyd	Morpeth Harriers & AC	204	7226	00:44:30	Gavin Chatterton	Leeds City AC
96	8486	00:42:27	Martin Williams	Tipton Harriers	205	8797	00:44:30	Angus Holford	Woodford Green AC with Essex Ladies
97	8515	00:42:30	Ian Salisbury	Trafford AC	206	7367	00:44:34	Martin Potter	London Heathside
98	6838	00:42:31	Rob Baker	Hallamshire Harriers	207	7001	00:44:36	Peter Downie (F)	Highgate Harriers
99	6693	00:42:32	Jon Frost	East Hull Harriers	208	8802	00:44:36	Ed Messer	Woodford Green AC with Essex Ladies
100	6020	00:42:34	Graham Breen	Aldershot Farnham & District AC	209	8453	00:44:37	Graham Brook	The Stragglers
101	7256	00:42:39	Martin Roscoe	Leeds City AC	210	6215	00:44:38	John Convert	Bingley Harriers & AC
102	7000	00:42:40	Henry Dodwell	Highgate Harriers	211	7157	00:44:38	Andrew Dunwoody	Kent AC
103	6167	00:42:40	Mark Pollard	Belgrave Harriers	212	8407	00:44:39	Wil Joyce	Telford AC
104	6837	00:42:40	David Archer	Hallamshire Harriers	213	7539	00:44:41	David Swinburne	Morpeth Harriers & AC
105	6587	00:42:43	Job King	Coventry Godiva Harriers	214	6436	00:44:42	Lee Pickering	Chelmsford AC
106	8775	00:42:45	Oliver Jones	Wolverhampton & Bliston AC	215	6495	00:44:42	Jonathan Quint	City of Norwich AC
107	7477	00:42:47	Tom Collins	Medway & Maidstone AC	216	7186	00:44:43	Jarratt Perkins	Kingston Upon Hull AC
108	6584	00:42:50	Scott Hazell	Coventry Godiva Harriers	217	8218	00:44:44	James Tartt	Southport Waterloo AC
109	8316	00:42:51	Andrew Nixon	Stockport Harriers & AC	218	6213	00:44:44	Andy Brown	Bingley Harriers & AC

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
219	8803	00:44:45	Kevin Murphy	Woodford Green AC with Essex Ladies	330	8647	00:46:37	Alastair Lindsay	Wells City Harriers
220	6979	00:44:46	Keith Newton	Herne Hill Harriers	331	6593	00:46:37	Harvey Rose	Coventry Godiva Harriers
221	8057	00:44:47	Hendrik Zietsman (F)	Serpentine RC	332	6321	00:46:37	John Wright	Blackpool Wyre & Fylde AC
222	6451	00:44:50	Thomas Beedell	Chiltern Harriers AC	333	8233	00:46:38	Darren Riley	Sparkhill Harriers
223	6278	00:44:51	Daniel Brewer	Blackheath & Bromley Harriers	334	7774	00:46:39	John Holah	Pudsey & Bramley AC
224	6984	00:44:51	David Robinson	Herne Hill Harriers	335	6859	00:46:40	Mike Sprot	Hallamshire Harriers
225	7164	00:44:51	Rich Munn	Kent AC	336	7547	00:46:41	Mike Chapman	Nene Valley Harriers
226	8206	00:44:54	Steve Whittaker	Southend AC	337	7993	00:46:41	Gary Hetherington	Sedgefield Harriers
227	8041	00:44:55	Eric Phillips	Serpentine RC	338	8219	00:46:42	Steve Wilkinson	Southport Waterloo AC
228	8848	00:44:57	Tom Edward	York Knavesmire Harriers	339	6438	00:46:43	James Williams	Chelmsford AC
229	8598	00:44:58	Chris Price	Wakefield District Harriers & AC	340	7986	00:46:43	Ben Mukherjee	Scarborough AC
230	6369	00:44:59	Richard Airey	Brighton & Hove City AC	341	8017	00:46:44	Martin Gaunt	Serpentine RC
231	7953	00:45:00	Simon Bruton	Salford Harriers	342	7724	00:46:45	Andrew Robertshaw	Otley AC
232	6153	00:45:01	Malachi Byansi	Belgrave Harriers	343	6822	00:46:47	Nick Hazelwood	Halesowen AC
233	7308	00:45:01	Geoff Hall	Lincoln Wellington AC	344	6903	00:46:48	Matthew Bland	Havering Mayesbrook
234	8809	00:45:04	Jim Roche	Woodford Green AC with Essex Ladies	345	6636	00:46:48	Ian Stevens	Derby AC
235	8474	00:45:05	Tom Holden	Tipton Harriers	346	8113	00:46:49	Andy Pacey	Silson Joggers AC
236	8709	00:45:05	Malcolm Fowler	Wilmslow RC	347	7494	00:46:51	Joel Clewett	Metropolitan Police AC
237	8731	00:45:06	Sam Gardner	Windsor Slough Eton & Hounslow AC	348	8512	00:46:54	Michael Hunt	Trafford AC
238	7470	00:45:06	Chris Hearn	Marshall Milton Keynes AC	349	7495	00:46:55	Karl Free	Metropolitan Police AC
239	7568	00:45:07	Doug Kelley	Newark AC	350	6582	00:46:56	James Griggs	Coventry Godiva Harriers
240	7104	00:45:08	Mark Wilkins	Invicta East Kent AC	351	8526	00:46:56	Ian Yates	Trentham RC
241	7638	00:45:11	Simon Millett	Norwich RR	352	6682	00:46:57	Simon Grundy	East Cheshire Harriers & Tameside AC
242	7185	00:45:12	Tom McKee	Kingston Upon Hull AC	353	6952	00:46:58	Richard Xerri	Hercules Wimbledon AC
243	8075	00:45:12	Matt Grant	Shaftesbury Barnet Harriers	354	7395	00:46:59	Jonathon Stephens	Low Fell RC
244	6897	00:45:13	Peter Norris	Harrow AC	355	6963	00:47:00	Michael Cummings	Herne Hill Harriers
245	6530	00:45:15	James Ellis	Clapham Chasers	356	7615	00:47:01	Paul McGough	North York Moors AC
246	8489	00:45:16	Daniel Bradley	Tonbridge AC	357	8854	00:47:01	Richard Lowson	York Knavesmire Harriers
247	7966	00:45:17	Phil Leybourne	Salford Harriers	358	7783	00:47:01	Darren Burnley	Pudsey Pacers RC
248	7778	00:45:17	Richard Pattinson	Pudsey & Bramley AC	359	7975	00:47:02	James Williams	Salford Harriers
249	8315	00:45:18	Dean Matkin	Stockport Harriers & AC	360	6563	00:47:04	James Wood	Congleton Harriers
250	7158	00:45:19	Graeme Garner	Kent AC	361	6304	00:47:05	Roy Smith	Blackheath & Bromley Harriers
251	6223	00:45:22	Aidan Johnson	Bingley Harriers & AC	362	8002	00:47:07	Miguel Branco (F)	Serpentine RC
252	7234	00:45:23	James Dean	Leeds City AC	363	7673	00:47:08	Chris McGurk	Notts AC
253	6863	00:45:24	Scott Wilson	Hallamshire Harriers	364	7717	00:47:09	Tony Bourne	Otley AC
254	6009	00:45:24	Matthew John	Abbey Runners	365	8684	00:47:10	Gregg Ward	Westbury Harriers
255	6962	00:45:25	Simon Coomes	Herne Hill Harriers	366	7268	00:47:10	David Birtle	Leeds University CCC
256	6535	00:45:25	David Beanny	Claremont RR & AC	367	7889	00:47:11	Gary Claxton	Rotherham Harriers & AC
257	7675	00:45:26	John Muddeman	Notts AC	368	7289	00:47:13	Tom Henders	Leigh Harriers & AC
258	6981	00:45:29	Ben Paviour	Herne Hill Harriers	369	6542	00:47:13	Mark Aspinall	Clayton-le-Moors Harriers
259	6825	00:45:29	Dom Morton	Halesowen AC	370	8144	00:47:15	Jonathan Pawson	Skipton AC
260	7656	00:45:30	Richard Darling	Notts AC	371	6179	00:47:15	Ross Armstrong	Beverley AC
261	6280	00:45:30	Chris Daniel	Blackheath & Bromley Harriers	372	6974	00:47:16	Sarwar Khan	Herne Hill Harriers
262	6209	00:45:31	Stephen Bailey	Bingley Harriers & AC	373	8682	00:47:16	John Terry	Westbury Harriers
263	6549	00:45:31	Gary Shaw	Clayton-le-Moors Harriers	374	7544	00:47:17	Paul Waterston	Morpeth Harriers & AC
264	7685	00:45:32	Mike Romanienko	Notts AC	375	6370	00:47:17	David Boyce	Brighton & Hove City AC
265	7965	00:45:34	James Kovacs	Salford Harriers	376	8165	00:47:18	Andy Collins	South London Harriers
266	6475	00:45:34	Stuart Carmichael	City of Hull AC	377	8562	00:47:19	Gwil Thomas	Valley Striders
267	8428	00:45:35	Richard Todd	Thames Hare & Hounds	378	7874	00:47:20	Philip Williams	Rochdale Harriers & AC
268	7580	00:45:37	Andy Barber	Newham & Essex Beagles	379	6839	00:47:20	Armand Bush	Hallamshire Harriers
269	7340	00:45:38	Bernie Murphy	Liverpool Pembroke & Sefton H & AC	380	6740	00:47:20	John Scott	Enfield & Haringey AC
270	8046	00:45:38	Andrew Reeves	Serpentine RC	381	7451	00:47:21	Doug Ross	Mansfield Harriers & AC
271	6503	00:45:39	Stuart Warner	City of Portsmouth AC	382	6227	00:47:21	Martin Peace	Bingley Harriers & AC
272	8437	00:45:40	Gordon Irvine	Thames Valley Harriers	383	7315	00:47:22	Alan Ashton	Liverpool Harriers & AC
273	6598	00:45:43	Jon White	Coventry Godiva Harriers	384	8383	00:47:24	Dave Williams	Tamworth AC
274	6886	00:45:44	Chris Miller	Harrogate Harriers & AC	385	7691	00:47:24	Nicholas Talbot	Notts AC
275	8505	00:45:45	Thomas Charles	Trafford AC	386	6015	00:47:26	Charles Lines	Ackworth RR & AC
276	7134	00:45:46	Adrian Jones	Keighley & Craven AC	387	6940	00:47:27	Deon Coetzee (F)	Hercules Wimbledon AC
277	8705	00:45:47	Rob Downs	Wilmslow RC	388	6115	00:47:28	Andy Blair	Bedford & County AC
278	6497	00:45:47	Wayne Utting	City of Norwich AC	389	7576	00:47:29	Daniel Egan	Newcastle (Staffs) AC
279	7532	00:45:48	Gary Jones	Morpeth Harriers & AC	390	8744	00:47:30	Mark Hulmston	Wirral AC
280	7771	00:45:48	Neil Armitage	Pudsey & Bramley AC	391	7023	00:47:31	Andrew Symonds	Hillingdon AC
281	6796	00:45:50	Andy Renfree	Gloucester AC	392	8577	00:47:31	Jeremy Gold	Victoria Park H. & Tower Hamlets AC
282	6019	00:45:50	Mike Boucher	Aldershot Farnham & District AC	393	7398	00:47:32	Stuart Still	Luton AC
283	7148	00:45:50	Phillip Gould	Kenilworth Runners	394	8099	00:47:33	Nick Swift	Sheffield RC
284	7280	00:45:51	James Webb	Leeds University CCC	395	8191	00:47:33	Paul Fotherby	Southampton RC
285	6515	00:45:51	Andy Hilton	City of York AC	396	6713	00:47:34	Steve Grey	Elswick Harriers
286	6574	00:45:51	Aaron Bodycote	Coventry Godiva Harriers	397	7646	00:47:35	Chris Armstrong	Notts AC
287	6564	00:45:55	Chris Curtis	Corby AC	398	6434	00:47:35	Ken Hoyer	Chelmsford AC
288	7704	00:45:56	Michael Mannings	Oldham & Royton Harriers & AC	399	8209	00:47:35	David Hamilton	Southport Waterloo AC
289	7024	00:45:57	Daniel Thompson	Hillingdon AC	400	6210	00:47:36	Richard Balshaw	Bingley Harriers & AC
290	6156	00:45:58	Lander Eguia (F)	Belgrave Harriers	401	6498	00:47:37	Albie Von Gordon	City of Norwich AC
291	7184	00:46:00	Kris Lecher	Kingston Upon Hull AC	402	8302	00:47:38	Simon Bennett	Steel City Striders
292	6374	00:46:00	Zared Hale	Brighton & Hove City AC	403	7192	00:47:39	Peter Branney	Kirkstall Harriers
293	8090	00:46:01	James Trapmore	Shaftesbury Barnet Harriers	404	8457	00:47:39	Roy Reeder	The Stragglers
294	6500	00:46:04	Paul Bleach	City of Portsmouth AC	405	8741	00:47:41	Kelvin Dickinson	Wirral AC
295	7163	00:46:06	Andy Moreton	Kent AC	406	6008	00:47:41	Alex Grant	Abbey Runners
296	8514	00:46:06	Paul Rockcliffe	Trafford AC	407	7676	00:47:41	Rob Nixon	Notts AC
297	8712	00:46:09	Mike Halman	Wilmslow RC	408	6506	00:47:41	Stephen Cooper	City of Stoke AC
298	7500	00:46:10	Rhys Peters	Metropolitan Police AC	409	7361	00:47:42	John Flahive	London Heathside
299	6578	00:46:10	Emerson Combstock	Coventry Godiva Harriers	410	6476	00:47:42	Adam Fozzard	City of Hull AC
300	8717	00:46:12	Jim Pendrill	Wilmslow RC	411	7467	00:47:44	Andy Watson	Manx Harriers
301	8235	00:46:13	Paul Thompson	Sparkhill Harriers	412	8716	00:47:45	Stuart Parrott	Wilmslow RC
302	6367	00:46:14	Phillip Taylor	Bridlington RR	413	7358	00:47:45	Richard Browne	London Heathside
303	7354	00:46:14	Paul Sankey	Liverpool RC	414	8140	00:47:46	Richard Barrett	Skipton AC
304	6488	00:46:14	Neil Davison	City of Norwich AC	415	8527	00:47:47	Ross Langley	Tring RC
305	6718	00:46:16	Kevin Stephenson	Elswick Harriers	416	8687	00:47:48	Richard Bewell	Wetherby Runners AC
306	6040	00:46:19	Scott Smith-Bannister	Aldershot Farnham & District AC	417	6547	00:47:49	Ray Lees	Clayton-le-Moors Harriers
307	6344	00:46:19	Matt Grace	Bourne Town Harriers	418	8054	00:47:49	Robin Tuddenham	Serpentine RC
308	6378	00:46:20	James Tomlinson	Brighton & Hove City AC	419	7332	00:47:50	Colin Potts	Liverpool Harriers & AC
309	7357	00:46:20	David Parkin	Loftus & Whitby AC	420	8352	00:47:50	Paul Redman	Sunderland Harriers & AC
310	7320	00:46:21	Robert Dewhurst	Liverpool Harriers & AC	421	8680	00:47:52	Chris Palmer	Westbury Harriers
311	6899	00:46:21	Alan Wray	Harrow AC	422	8211	00:47:53	Ben Johnson	Southport Waterloo AC
312	6122	00:46:22	Steve Earley	Bedford & County AC	423	7928	00:47:54	Tim Kennedy	Sale Harriers Manchester
313	6729	00:46:22	Arber Baci	Enfield & Haringey AC	424	7423	00:47:54	Andrew Skitt	Manchester Harriers & AC
314	8544	00:46:22	Dan Fisher	Valley Striders	425	8022	00:47:54	Andrew Hibbert	Serpentine RC
315	7223	00:46:23	Mark Bryant	Leeds City AC	426	6620	00:47:54	Andrew Green	Dartford RR
316	6827	00:46:23	Bill Nock	Halesowen AC	427	8524	00:47:54	Jason Thomas	Trentham RC
317	6942	00:46:24	Phillip Glynn	Hercules Wimbledon AC	428	6105	00:47:55	Andrew Swift	Barnsley AC
318	6090	00:46:25	Alex Horton	Barnet & District AC	429	8521	00:47:55	Paul Gibbons	Trentham RC
319	6836	00:46:25	Andrew Thorpe	Halifax Harriers AC	430	6674	00:47:56	Gavin Browne	East Cheshire Harriers & Tameside AC
320	7633	00:46:25	Steve Gibbs	Norwich RR	431	7015	00:47:57	Stephen Thompson	Highgate Harriers
321	6947	00:46:27	Gervase King	Hercules Wimbledon AC	432	7549	00:47:59	John Massingham	Nene Valley Harriers
322	8479	00:46:29	John Millington	Tipton Harriers	433	8471	00:48:00	Dean Hill	Tipton Harriers
323	7459	00:46:30	Mike Garrett	Manx Harriers	434	8145	00:48:01	Steve Sayer	Skipton AC
324	7237	00:46:33	Martin Farran	Leeds City AC	435	7922	00:48:01	Colin Gell	Sale Harriers Manchester
325	7125	00:46:33	Nigel Bedell	Keighley & Craven AC	436	8312	00:48:02	James Corden	Stockport Harriers & AC
326	7278	00:46:33	Andrew Statham	Leeds University CCC	437	8292	00:48:04	David Bratt	Staffordshire Moorlands AC
327	6359	00:46:34	Alex Mouradian	Bracknell AC	438	8398	00:48:04	Steve Rose	Team Bath AC
328	7840	00:46:34	Ryan Harris	Reigate Priory AC	439	7650	00:48:06	Michael Benford	Notts AC
329	6422	00:46:35	James Chettle	Cambridge University Hare & Hounds	440	7394	00:48:07	John Stephens	Low Fell RC

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
441	7904	00:48:08	Brendam Mood	Rugby & Northampton AC	552	7219	00:49:38	Paul Freeman	Leeds & Bradford Triathlon Club
442	7094	00:48:10	Tim Corby	Invicta East Kent AC	553	7917	00:49:38	Elton Davies	Sale Harriers Manchester
443	6371	00:48:10	Howard Bristow	Brighton & Hove City AC	554	7153	00:49:41	Mick Barlow	Kent AC
444	8851	00:48:11	Darren Hendley	York Knavesmire Harriers	555	6059	00:49:42	Dave Livingston	Altrincham & District AC
445	7291	00:48:12	John Howarth	Leigh Harriers & AC	556	7794	00:49:43	Stuart Walker	Pudsey Pacers RC
446	7365	00:48:12	Norman Mitchell	London Heathside	557	8290	00:49:45	Kelvin Amos	Staffordshire Moorlands AC
447	7131	00:48:12	Laurence Hellawell	Keighley & Craven AC	558	7652	00:49:46	Matt Blunden	Notts AC
448	6975	00:48:13	Sam Knight	Herne Hill Harriers	559	8844	00:49:47	Barry Atkinson	York Knavesmire Harriers
449	6502	00:48:14	Chris Scott	City of Portsmouth AC	560	8382	00:49:48	Matthew Pleass	Tamworth AC
450	8451	00:48:14	Allan Barrie	The Stragglers	561	8335	00:49:48	Daniel Gueran	Stubbington Green Runners
451	7236	00:48:14	Ben Dyson	Leeds City AC	562	7718	00:49:49	Edward Davies	Otley AC
452	6699	00:48:15	Jim Rogers	East Hull Harriers	563	6117	00:49:49	Dave Cheshire	Bedford & County AC
453	8588	00:48:16	David McGuire	Virgin Active RR	564	8852	00:49:50	Kevin Langhan	York Knavesmire Harriers
454	6685	00:48:17	Phillip Jacques	East Cheshire Harriers & Tameside AC	565	7613	00:49:50	Dez Fielden	North York Moors AC
455	7253	00:48:18	Chris Needham	Leeds City AC	566	7905	00:49:51	John Saw	Rugby & Northampton AC
456	6660	00:48:18	Robert Brown	Ealing Southall & Middlesex AC	567	8388	00:49:51	Craig Bridges	Team Bath AC
457	8021	00:48:20	Paul Haymen	Serpentine RC	568	8671	00:49:52	Andrew Clague	West Cheshire AC
458	6643	00:48:20	Kevin Duckworth	Dudley Kingswinford RC	569	8380	00:49:52	Howard Bush	Tamworth AC
459	8672	00:48:21	Jeff Kettle	West Cheshire AC	570	8028	00:49:53	Charles Lescott	Serpentine RC
460	8116	00:48:22	Simon Woodward	Silson Joggers AC	571	6331	00:49:54	Benoit Yearle (F)	Bolton United Harriers & AC
461	7466	00:48:22	Chris Quine	Manx Harriers	572	8180	00:49:54	Chris-Lee Johnson	South Shields Harriers
462	6843	00:48:25	Dean Furniss	Hallamshire Harriers	573	7341	00:49:55	Chris Pedder	Liverpool Pembroke & Sefton H & AC
463	8313	00:48:26	Kevin Garner	Stockport Harriers & AC	574	7951	00:49:57	Paul Birkett	Salford Harriers
464	7849	00:48:29	Tadewsz Zaranko	Richmond & Zetland Harriers	575	8707	00:49:57	Ray Eagle	Wilmslow RC
465	8163	00:48:30	David Baker	South London Harriers	576	7637	00:49:58	Martin Horlock	Norwich RR
466	8305	00:48:31	Phil Cooper	Steel City Striders	577	8270	00:50:01	John Ockenden	St.Albans Striders
467	7238	00:48:31	Leon Foster	Leeds City AC	578	8301	00:50:01	Dave Ansell	Steel City Striders
468	6525	00:48:32	Steve Simpson	City of York AC	579	8455	00:50:03	Peter Kennedy	The Stragglers
469	7460	00:48:32	Darren Gray	Manx Harriers	580	6465	00:50:03	Mark Ellithorn	Chorley Harriers
470	8212	00:48:34	Gerry Lenehan	Southport Waterloo AC	581	8768	00:50:04	Dan Brazier	Wolverhampton & Bilston AC
471	8773	00:48:35	Paul Hammond	Wolverhampton & Bilston AC	582	8107	00:50:04	Jim Darcy	Silson Joggers AC
472	7422	00:48:35	Ed Fazakerley	Manchester Harriers & AC	583	6183	00:50:05	Mark Dawson	Beverley AC
473	6824	00:48:35	Kevin Monk	Halesowen AC	584	8662	00:50:05	Andrew Dodd	Ealing Southall & Middlesex AC
474	6083	00:48:36	Quentin Lewis	Baildon Runners	585	8697	00:50:06	Neil Eccles	Wharfedale Harriers
475	6691	00:48:36	Steve Coates	East Hull Harriers	586	7366	00:50:08	Andy Owen	London Heathside
476	6056	00:48:37	Dave Gilchrist	Altrincham & District AC	587	6756	00:50:08	Paul Cates	Eton Manor AC
477	8569	00:48:37	Steve Webb	Valley Striders	588	8226	00:50:09	Lorenzo Fiorletta	Sparkhill Harriers
478	8151	00:48:37	Tim Price	Solihull & Small Heath AC	589	8104	00:50:10	John Jones	Shrewsbury AC
479	7551	00:48:38	John Nash	Nene Valley Harriers	590	7450	00:50:10	Tim Raynor	Mansfield Harriers & AC
480	6332	00:48:38	Steve Angus	Border Harriers & AC	591	8169	00:50:11	Alex Halpin	South London Harriers
481	7578	00:48:41	Steve Ratcliffe	Newcastle (Staffs) AC	592	6717	00:50:11	Mark Ketley	Elswick Harriers
482	6345	00:48:42	Matt Green	Bourne Town Harriers	593	7645	00:50:12	Paul Archer	Notts AC
483	7960	00:48:44	Dave Hudson	Salford Harriers	594	8213	00:50:13	Steve McLean	Southport Waterloo AC
484	8691	00:48:44	Chris Plews	Wetherby Runners AC	595	6312	00:50:14	Chris Essex-Crosby	Blackpool Wyre & Fylde AC
485	6025	00:48:44	Jamie Del Campo	Aldershot Farnham & District AC	596	8519	00:50:15	Dale Colclough	Trentham RC
486	6554	00:48:45	Gareth Lowe	Clowne RR	597	8177	00:50:16	Paul Bainbridge	South Shields Harriers
487	7814	00:48:46	Niall O'Connor	Ranelagh Harriers	598	8429	00:50:17	Jerry Watson	Thames Hare & Hounds
488	8611	00:48:47	Greg Jones	Wallasey AC	599	8244	00:50:17	Colin Martin	Spectrum Striders
489	8666	00:48:48	Alex Rowe	Wesham Road Runners	600	7348	00:50:19	Maurice Collins	Liverpool RC
490	7335	00:48:48	Greg Callaghan	Liverpool Pembroke & Sefton H & AC	601	6706	00:50:20	David Sargent	Eden Runners
491	6337	00:48:50	Gareth Melvin	Border Harriers & AC	602	8372	00:50:21	Chris Brown	Swinton RC
492	6523	00:48:54	Mike Raynes	City of York AC	603	8597	00:50:22	Neil Penn	Wakefield District Harriers & AC
493	8433	00:48:55	Manuel Da Silva	Thames Valley Harriers	604	7135	00:50:22	Mark Knowles	Keighley & Craven AC
494	8095	00:48:55	Chris Ireland	Sheffield RC	605	8097	00:50:22	Stuart Little	Sheffield RC
495	8150	00:48:55	Steven Lidgate-Taylor	Solihull & Small Heath AC	606	8771	00:50:23	Darren Edwards	Wolverhampton & Bilston AC
496	6933	00:48:57	Ian Robinson	Heaton Harriers	607	7046	00:50:23	Jonathan Sykes	Holmfirth Harriers AC
497	8187	00:48:58	Chris Muir	South Shields Harriers	608	8761	00:50:24	Peter Hutchinson	Wolds Veterans RC
498	7570	00:49:00	Howard Leek	Newark AC	609	8060	00:50:25	Steve Hale	Severn AC
499	7900	00:49:00	Mark Armstrong	Rugby & Northampton AC	610	8274	00:50:26	Barry Graney	St.Helens Sutton AC
500	7666	00:49:01	Kevin Hope	Notts AC	611	6689	00:50:26	Steve Robinson	East Cheshire Harriers & Tameside AC
501	6904	00:49:01	Neill Collins	Havering Mayesbrook	612	7116	00:50:27	Joe Cumberland	Istead & Ifield Harriers
502	7511	00:49:01	Chris Rumsey	Middlesbrough & Cleveland Harriers	613	8592	00:50:28	Steve Faulkner	Wakefield District Harriers & AC
503	8234	00:49:01	Nick Stringer	Sparkhill Harriers	614	6508	00:50:29	Lee Dave	City of Stoke AC
504	8629	00:49:02	Gareth Huxley	Wallsend Harriers & AC	615	7082	00:50:31	Ben Jones	Iford AC
505	6845	00:49:02	Rich Guillaume	Hallamshire Harriers	616	6339	00:50:31	Jose Ferreira (F)	Boston & District AC
506	8442	00:49:03	Matt Ponting	Thames Valley Harriers	617	8849	00:50:31	Giles Hawking	York Knavesmire Harriers
507	7182	00:49:03	Richard Mathie	Kingston & Polytechnic Harriers	618	8606	00:50:33	Tony Barbat	Wallasey AC
508	6591	00:49:06	James Parrott	Coventry Godiva Harriers	619	6216	00:50:33	Stephen Fry	Bingley Harriers & AC
509	8237	00:49:07	Ian Bamber	Spectrum Striders	620	7009	00:50:34	John O'Shea (F)	Highgate Harriers
510	8318	00:49:08	Ben Styles	Stockport Harriers & AC	621	7254	00:50:35	Steve O'Neill	Leeds City AC
511	6696	00:49:08	Roy Lilly	East Hull Harriers	622	6467	00:50:35	Phil Iddon	Chorley Harriers
512	7488	00:49:08	Nick Slade	Medway & Maidstone AC	623	7376	00:50:36	Donald Kennedy	Longwood Harriers AC
513	7288	00:49:09	Alister Goulding	Leigh Harriers & AC	624	7343	00:50:37	Clark Roberts	Liverpool Pembroke & Sefton H & AC
514	7053	00:49:10	Richard Sunley	Horsforth Harriers	625	7294	00:50:38	Nick Clay	Leighton Buzzard AC
515	8452	00:49:12	Simon Brazil	The Stragglers	626	6135	00:50:38	Alan Metcalfe	Bedford & County AC
516	7342	00:49:12	Sammy Rashid	Liverpool Pembroke & Sefton H & AC	627	8373	00:50:39	Steve Doxey	Swinton RC
517	7997	00:49:13	Jolyon Attwool	Serpentine RC	628	8740	00:50:40	Tony Devoy	Wirral AC
518	8051	00:49:13	Andrew Taylor	Serpentine RC	629	8723	00:50:41	Dave Kennedy	Winchester & District AC
519	7218	00:49:15	Tim Ashelford	Leeds & Bradford Triathlon Club	630	8250	00:50:42	Jeff Hornby	Spenborough AC
520	8294	00:49:16	Richard Brooks	Staffordshire Moorlands AC	631	6814	00:50:43	Mark Tennyson	Guildford & Godalming AC
521	6006	00:49:16	James Franklin	Abbey Runners	632	7512	00:50:43	Brian Seysell	Middlesbrough & Cleveland Harriers
522	8171	00:49:17	Paul Mitchell	South London Harriers	633	7066	00:50:46	David Egginton	Huncote Harriers AC
523	7690	00:49:17	Chris Smith	Notts AC	634	7102	00:50:47	Damien Vadgama	Invicta East Kent AC
524	8602	00:49:18	Chris Ward	Wakefield District Harriers & AC	635	8381	00:50:48	Tom Orton	Tamworth AC
525	7138	00:49:18	David Shaw	Keighley & Craven AC	636	8184	00:50:49	Keith Mackey	South Shields Harriers
526	6430	00:49:19	Tom Whitmore	Charnwood AC	637	7871	00:50:50	Ian Stainthorpe	Rochdale Harriers & AC
527	7809	00:49:20	Andy Bickerstaff	Ranelagh Harriers	638	6541	00:50:51	Paul Archer	Clayton-le-Moors Harriers
528	8181	00:49:21	Michael Jones	South Shields Harriers	639	7114	00:50:53	Mark Champion	Istead & Ifield Harriers
529	8043	00:49:22	Alessandro Poggi (F)	Serpentine RC	640	6641	00:50:54	Andy Fay	Dorking & Mole Valley AC
530	6615	00:49:22	Simon Rutherford	Darlington Harriers	641	7258	00:50:55	Peter Steel	Leeds City AC
531	7785	00:49:24	James Clark	Pudsey Pacers RC	642	7474	00:50:56	Ross Threlfall	Marshall Milton Keynes AC
532	6700	00:49:24	Nigel Sisson	East Hull Harriers	643	8114	00:50:57	Kevin Rebol	Silson Joggers AC
533	8668	00:49:25	William Clapp	Harborough AC	644	7363	00:50:57	Paul Lemmon	London Heathside
534	6813	00:49:26	Adam Stirk	Guildford & Godalming AC	645	6317	00:50:58	Trevor Uttley	Blackpool Wyre & Fylde AC
535	8593	00:49:27	Martin Green	Wakefield District Harriers & AC	646	7698	00:50:58	Tim Woodthorpe	Notts AC
536	8384	00:49:27	Robert Dunn	Tattenhall Runners	647	8185	00:50:58	Chris McDonald	South Shields Harriers
537	7978	00:49:28	Tom Ford	Saltwell Harriers	648	6055	00:50:59	Adrian Fuller	Altrincham & District AC
538	6527	00:49:29	Alan Scott	Clapham Chasers	649	8239	00:50:59	Neil Garnett	Spectrum Striders
539	6394	00:49:30	Jamie Dancygor	Bromsgrove & Redditch AC	650	6520	00:50:59	Andrew Nesom	City of York AC
540	7550	00:49:31	Lee Morgan	Nene Valley Harriers	651	6318	00:51:00	Steve Waterhouse	Blackpool Wyre & Fylde AC
541	8596	00:49:31	Pete McNamara	Wakefield District Harriers & AC	652	7962	00:51:00	Ian Jackson	Salford Harriers
542	7345	00:49:31	Mark Salter	Liverpool Pembroke & Sefton H & AC	653	8253	00:51:01	Keith McGhie	Spenborough AC
543	7312	00:49:32	Paul Samways	Lincoln Wellington AC	654	6396	00:51:01	Andrew Freeman	Bromsgrove & Redditch AC
544	6356	00:49:33	Charlie Hazelrigg	Bracknell AC	655	7663	00:51:03	Marty Gibbons	Notts AC
545	7848	00:49:34	Ian Scott	Richmond & Zetland Harriers	656	7720	00:51:04	Dale Foster	Otley AC
546	7901	00:49:34	Vincent Carroll	Rugby & Northampton AC	657	6532	00:51:05	Keith Scofield	Clapham Chasers
547	6561	00:49:35	Bryan Lomas	Congleton Harriers	658	6907	00:51:05	Martin Dunmore	Headington RR
548	6944	00:49:36	Jamie Helmer	Hercules Wimbleton AC	659	8412	00:51:06	Paul Williams	Telford AC
549	7789	00:49:36	Paul Gaile	Pudsey Pacers RC	660	6690	00:51:06	Jon Carter	East Hull Harriers
550	8627	00:49:37	David Daniels	Wallsend Harriers & AC	661	7981	00:51:07	Fred Smith	Saltwell Harriers
551	8007	00:49:38	Ben Cope	Serpentine RC	662	6524	00:51:07	Mike Schofield	City of York AC

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
663	7018	00:51:08	Scott Farley	Hillingdon AC	774	7728	00:52:41	Michael Davies	Owls AC
664	7834	00:51:08	Nigel Cobb	Redhill RR	775	8751	00:52:41	Neil Toher	Wirral AC
665	7403	00:51:08	Thomas Howarth	Lytham St Annes RRC	776	8178	00:52:41	Paul Doxford	South Shields Harriers
666	6809	00:51:08	David Wintle	Great Western Runners	777	6319	00:52:42	Stuart Williams	Blackpool Wyre & Fylde AC
667	6932	00:51:11	Dan Robins	Heaton Harriers	778	8537	00:52:43	Rob Bumstead	Valley Striders
668	7339	00:51:11	Jeff Mason	Liverpool Pembroke & Sefton H & AC	779	6555	00:52:44	Scott Ramsden	Clowne RR
669	7088	00:51:11	Malcolm Pickering	Ilkley Harriers	780	8793	00:52:44	Iain Cumming	Woodford Green AC with Essex Ladies
670	8143	00:51:11	Neil Pate	Skipton AC	781	7401	00:52:45	Tony Croft	Lytham St Annes RRC
671	8499	00:51:12	Andy Wood	Tonbridge AC	782	7891	00:52:47	Howard Darwin	Rotherham Harriers & AC
672	6675	00:51:13	Liam Browne	East Cheshire Harriers & Tameside AC	783	8689	00:52:47	Ian Legg	Wetherby Runners AC
673	7780	00:51:13	Nigel Armitage	Pudsey Pacers RC	784	8679	00:52:47	Colin Johnson	Westbury Harriers
674	8149	00:51:14	Steven Howes	Solihull & Small Heath AC	785	6712	00:52:48	Ian Fenwick	Elswick Harriers
675	6287	00:51:14	Richard Hall	Blackheath & Bromley Harriers	786	8027	00:52:49	Fraser Johnson	Serpentine RC
676	8500	00:51:15	Daniel Ansell	Trafford AC	787	8822	00:52:51	Steve Battle	Worksop Harriers
677	7266	00:51:15	John Wood	Leeds City AC	788	6150	00:52:51	Andy Hunter	Beeston AC
678	8208	00:51:16	Christopher Dunn	Southport Waterloo AC	789	6095	00:52:52	James Taylor	Barnet & District AC
679	8192	00:51:17	Matthew Hibberd	Southampton RC	790	8271	00:52:53	Leon Poplewell	St Albans Striders
680	8628	00:51:18	Simon Gibbs	Wallsend Harriers & AC	791	7167	00:52:55	Lazo Pablo (F)	Kent AC
681	8242	00:51:18	Mike Houghton	Spectrum Striders	792	8776	00:52:55	Mark Moore	Wolverhampton & Bilston AC
682	6820	00:51:18	Andrew Carnuthers	Halesowen AC	793	7117	00:52:56	Derek George	Istead & Ifield Harriers
683	8011	00:51:18	James Edgar	Serpentine RC	794	7682	00:52:56	Simon Reed	Notts AC
684	6054	00:51:20	Andy Ford	Altrincham & District AC	795	8650	00:52:57	Lee Barlow	Wesham Road Runners
685	7415	00:51:20	John Mooney	Macclesfield Harriers & AC	796	7270	00:52:58	Stephen Carreras	Leeds University CCC
686	8106	00:51:21	Stephen Waters	Shrewsbury AC	797	7048	00:52:59	Damian Wilde	Holmfirth Harriers AC
687	8417	00:51:21	Nicholas Gould	Thames Hare & Hounds	798	7080	00:53:03	Barry Wild	Huntingdonshire AC
688	8252	00:51:22	Dave Lane	Spenborough AC	799	7299	00:53:03	Chris Norman	Leighton Buzzard AC
689	8100	00:51:23	Jed Turner	Sheffield RC	800	7453	00:53:04	Graeme Wilkinson	Mansfield Harriers & AC
690	8272	00:51:25	Ian Costello	St.Helens Sutton AC	801	6206	00:53:04	Paul Smyth	Bexley AC
691	7036	00:51:26	Jason Heywood	Holmfirth Harriers AC	802	6803	00:53:05	Philip Chan	Great Western Runners
692	8019	00:51:27	Alan Hall	Serpentine RC	803	8210	00:53:07	Ray Handley	Southport Waterloo AC
693	6969	00:51:27	Tony Harran	Herne Hill Harriers	804	6005	00:53:08	Richard Foster	Abbey Runners
694	6181	00:51:28	Ian Boardley	Beverley AC	805	8534	00:53:08	Matt Allen	Valley Striders
695	6088	00:51:29	Chris Burkinshaw	Barnet & District AC	806	8280	00:53:09	Ian White	St.Helens Sutton AC
696	7703	00:51:30	John Hudson	Oldham & Royton Harriers & AC	807	8504	00:53:09	Kevin Bryden	Trafford AC
697	6474	00:51:30	Stuart Buchan	City of Hull AC	808	8555	00:53:10	Tony Mills	Valley Striders
698	7631	00:51:31	Mark Garrett	Norwich RR	809	7389	00:53:10	Lawrence Johnson	Low Fell RC
699	7152	00:51:32	Michael Williams	Kenilworth Runners	810	6651	00:53:10	Michael Mann	Dulwich Runners
700	7793	00:51:34	Andrew Teale	Pudsey Pacers RC	811	7832	00:53:12	Andrew Barks	Redhill RR
701	7887	00:51:35	Richard Stott	Rosendale Harriers & AC	812	8652	00:53:12	John Bertenshaw	Wesham Road Runners
702	7640	00:51:37	Paul Sullivan	Norwich RR	813	7081	00:53:13	Darren Bottrill	Ifford AC
703	7411	00:51:38	Chris Bentley	Macclesfield Harriers & AC	814	8757	00:53:14	Paul Freeman	Wolds Veterans RC
704	6289	00:51:39	Matthew Hill	Blackheath & Bromley Harriers	815	6473	00:53:16	Kieron Blogg	City of Hull AC
705	6621	00:51:39	Richard Leahy	Dartford RR	816	7618	00:53:17	David Wilson	North York Moors AC
706	7553	00:51:39	Steve Reid	Nene Valley Harriers	817	7815	00:53:17	Chris Owens	Ranelagh Harriers
707	8179	00:51:41	Ben Foster	South Shields Harriers	818	6517	00:53:18	Martin Kirby	City of York AC
708	7971	00:51:42	Mark Seed	Safford Harriers	819	8273	00:53:18	Mark Davies	St.Helens Sutton AC
709	8013	00:51:43	Alex Eifenink	Serpentine RC	820	6204	00:53:19	Terry Roffey	Bexley AC
710	7296	00:51:43	Joby Hobbs	Leighton Buzzard AC	821	7946	00:53:21	Gary Willcock	Sale Harriers Manchester
711	6228	00:51:44	David Potter	Bingley Harriers & AC	822	6001	00:53:22	John Matthews	26.2 RRC
712	8654	00:51:45	John Collier	Wesham Road Runners	823	8774	00:53:22	Paul Jolliffe	Wolverhampton & Bilston AC
713	7272	00:51:47	James Gardner	Leeds University CCC	824	7955	00:53:23	Sean Cordell	Salford Harriers
714	8808	00:51:52	Jon Powell	Woodford Green AC with Essex Ladies	825	8379	00:53:24	Paul O'Callaghan	Tadworth AC
715	8694	00:51:52	Mark Young	Wetherby Runners AC	826	6501	00:53:25	Paul Cardy	City of Portsmouth AC
716	8737	00:51:52	Karl Bryers	Wirral AC	827	6569	00:53:26	Alex Wright	Corby AC
717	8781	00:51:53	James Toddington	Wolverhampton & Bilston AC	828	6701	00:53:26	Mike Vinegrad	East Hull Harriers
718	7836	00:51:53	Tony Lowe	Redhill RR	829	8004	00:53:27	Stephen Brown	Serpentine RC
719	6516	00:51:55	Chris Judge	City of York AC	830	7129	00:53:28	Matthew Dykes	Keighley & Craven AC
720	6100	00:51:56	David Brooksbank	Barnsley AC	831	6830	00:53:29	Phillip Scar	Halesowen AC
721	6703	00:51:56	Mark Bissell	Eden Runners	832	7067	00:53:30	Mark Gregory	Huncoote Harriers AC
722	6194	00:51:57	Jon Armstrong	Bexley AC	833	6684	00:53:30	Derek Hughes	East Cheshire Harriers & Tameside AC
723	8720	00:51:58	James Wheeler	Wilmslow RC	834	6668	00:53:31	Tesfu Yohannes (F)	Ealing Southall & Middlesex AC
724	8494	00:51:59	Richard Owen	Tonbridge AC	835	7078	00:53:31	Martin Rowe	Huntingdonshire AC
725	7575	00:52:00	Martin Bailey	Newcastle (Staffs) AC	836	8824	00:53:31	John Harrison	Worksop Harriers
726	6514	00:52:02	Paul Goble	City of York AC	837	6697	00:53:32	Steve Lonsdale	East Hull Harriers
727	6853	00:52:02	Tim Robinson	Hallamshire Harriers	838	7205	00:53:32	Martin Landells	KPMG
728	7790	00:52:03	John Marshall	Pudsey Pacers RC	839	7031	00:53:33	Wayne Byram	Holmfirth Harriers AC
729	7052	00:52:03	Marc Springer	Horsforth Harriers	840	7160	00:53:33	Lee Haze	Kent AC
730	8827	00:52:05	Mark Bush	Wreake Runners	841	8368	00:53:34	Gary Davis	Sutton-in-Ashfield Harriers & AC
731	6887	00:52:06	Steve Nesbitt	Harrogate Harriers & AC	842	6196	00:53:36	Tom Clench	Bexley AC
732	7447	00:52:09	John Harrison	Mansfield Harriers & AC	843	7665	00:53:37	James Hayden	Notts AC
733	8168	00:52:11	John Foss	South London Harriers	844	6891	00:53:37	Paul Stockburn	Harrogate Harriers & AC
734	7509	00:52:12	Marty Jordan	Middlesbrough & Cleveland Harriers	845	8816	00:53:37	Phil Bullock	Worcester AC
735	6789	00:52:12	Jason Stobbs	Gateshead Harriers	846	7899	00:53:39	Barry Greaves	Royton RR
736	7429	00:52:14	Eddie Gilligan	Manchester YMCA Harriers	847	8855	00:53:39	Russ Parkinson	York Knavesmire Harriers
737	7029	00:52:14	Chris Beadle	Holmfirth Harriers AC	848	7831	00:53:41	Mark Attenborough	Redhill RR
738	7032	00:52:16	Matthew Dewhurst	Holmfirth Harriers AC	849	7906	00:53:42	Brian Summers	Rugby & Northampton AC
739	7837	00:52:16	Martyn McHale	Redhill RR	850	7069	00:53:42	Jason Tomkins	Huncoote Harriers AC
740	8391	00:52:16	Frank Checchia	Team Bath AC	851	8029	00:53:43	Justin Lock	Serpentine RC
741	7318	00:52:17	Anthony Clarke	Liverpool Harriers & AC	852	6188	00:53:44	James Pearson	Beverley AC
742	7701	00:52:18	Mark Treadwell	Nuneaton Harriers AC	853	8730	00:53:44	Charles Coleman	Windsor Slough Eton & Hounslow AC
743	8823	00:52:19	Paul Dickinson	Worksop Harriers	854	7013	00:53:45	Nick Stockman	Highgate Harriers
744	7277	00:52:20	Max Sanders	Leeds University CCC	855	6705	00:53:48	Alan Marshall	Eden Runners
745	7087	00:52:21	Mark Iley	Ilkley Harriers	856	8545	00:53:48	Joel Giddings	Valley Striders
746	6200	00:52:21	Martin Jenner	Bexley AC	857	8556	00:53:49	Dan Murray	Valley Striders
747	8539	00:52:22	Jim Clay	Valley Striders	858	8623	00:53:51	Matt Williams	Wallasey AC
748	8674	00:52:22	Steve Adams	Westbury Harriers	859	6998	00:53:53	Jon Deane	Highgate Harriers
749	8232	00:52:22	Mark Pearce	Sparkhill Harriers	860	6826	00:53:54	Andy Nock	Halesowen AC
750	6265	00:52:23	Karl Oakes	Birtley AC	861	7985	00:53:57	Ted Kraft	Scarborough AC
751	7275	00:52:25	Ben Hylton (DQ)	Leeds University CCC (DQ)	862	7201	00:53:58	Mike Allen	KPMG
752	6393	00:52:25	Phillip Anderson	Bromsgrove & Redditch AC	863	7795	00:53:58	Jim Wheldon	Pudsey Pacers RC
753	6876	00:52:26	David Waddington	Harborough AC	864	7113	00:53:59	Steve Cable	Istead & Ifield Harriers
754	6350	00:52:27	Steve Cumley	Bourville Harriers	865	8561	00:53:59	Drew Taylor	Valley Striders
755	7093	00:52:27	Peter Bowell	Invicta East Kent AC	866	6799	00:54:00	Kevin Thomas	Gosforth Harriers & AC
756	8605	00:52:28	John Armstrong	Wallasey AC	867	7762	00:54:01	Tony Hyde	Pitsea RC
757	7765	00:52:28	Kevin Hesketh	Preston Harriers	868	7074	00:54:02	Wayne Gimblett	Huntingdonshire AC
758	8258	00:52:29	Dan Stewart	Spenborough AC	869	7228	00:54:02	Arthur Cooke	Leeds City AC
759	6815	00:52:29	Marc Woodall	Guildford & Godalming AC	870	6670	00:54:03	Daniel Bamber	East Cheshire Harriers & Tameside AC
760	8767	00:52:30	Andrew Bave	Wolverhampton & Bilston AC	871	7161	00:54:06	Bernie Hutchinson	Kent AC
761	8464	00:52:31	Phillip Utley	Thirk & Sowerby Harriers	872	7558	00:54:09	Robert Ray	New Marske Harriers
762	7019	00:52:31	Paul Leppard	Hillingdon AC	873	7381	00:54:10	Trevor Wright	Longwood Harriers AC
763	8257	00:52:32	Gerrard Skippings	Spenborough AC	874	8487	00:54:10	Simon Morgan	Tiptree RR
764	7992	00:52:33	Dave Greatonex	Sedgefield Harriers	875	8030	00:54:13	Cathel Logue	Serpentine RC
765	7319	00:52:33	Robert Cushion	Liverpool Harriers & AC	876	8183	00:54:14	Scott Lewis	South Shields Harriers
766	8872	00:52:33	Mark Clews	Aldershot Farnham & District AC	877	7276	00:54:14	Luke Pattinson	Leeds University CCC
767	8563	00:52:34	Andrew Thompson	Valley Striders	878	7574	00:54:18	Andrew Tuttle	Newbury AC
768	8448	00:52:36	Philip Wetton	Thames Valley Harriers	879	7630	00:54:19	Mark Edwards	Norwich RR
769	6779	00:52:37	Steven Medd	Gateshead Harriers	880	6724	00:54:19	David Gibson	Elvet Striders
770	7139	00:52:38	Liam Spencer	Keighley & Craven AC	881	7350	00:54:20	David Moran	Liverpool RC
771	8729	00:52:39	David Vosser	Winchester & District AC	882	7858	00:54:22	Chris Hill	Rochdale Harriers & AC
772	6435	00:52:40	Billy Parker-Brown	Chelmsford AC	883	8387	00:54:22	Mark Bown	Team Bath AC
773	7097	00:52:40	Michael Gorg	Invicta East Kent AC	884	7109	00:54:22	Ker Macrosson	Ipswich Jaffa

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
885	6086	00:54:23	Steve Pickard	Baildon Runners	996	8523	00:56:14	Ryan Procter	Trentham RC
886	6314	00:54:23	Gary Johnston	Blackpool Wyre & Fylde AC	997	7907	00:56:14	Adrian White	Rugby & Northampton AC
887	7002	00:54:24	Jon Gardner (F)	Highgate Harriers	998	8850	00:56:15	Rory Henderson	York Knavesmire Harriers
888	7352	00:54:24	George Pierce	Liverpool RC	999	8345	00:56:17	Michael Hill	Sunderland Harriers & AC
889	6238	00:54:26	Shaun Howat	Birchfield Harriers	1000	6900	00:56:20	William Darby	Hastings AC
890	8766	00:54:27	Dave Wilson	Wolds Veterans RC	1001	6261	00:56:20	Brian Bailes	Birtley AC
891	6987	00:54:28	James Ward	Herne Hill Harriers	1002	6453	00:56:21	David Breingan	Chiltern Harriers AC
892	6182	00:54:29	Mark Dalton	Beverley AC	1003	6755	00:56:21	Michael Cates	Eton Manor AC
893	7441	00:54:29	Terry Ashmore	Mansfield Harriers & AC	1004	6818	00:56:22	Thomas Bowen	Halesowen AC
894	8625	00:54:30	Michael Baker	Wallsend Harriers & AC	1005	8355	00:56:23	Dan Armstrong	Sunderland Strollers
895	6362	00:54:31	Peter Gulc	Bridlington RR	1006	7700	00:56:23	Pete Greenfield	Nuneaton Harriers AC
896	8228	00:54:31	Craig Hinks	Sparkhill Harriers	1007	8762	00:56:25	Dave Jackson	Wolds Veterans RC
897	8693	00:54:32	Paul Windle	Wetherby Runners AC	1008	6159	00:56:26	Rob Harding	Belgrave Harriers
898	6939	00:54:32	Belal Aly (F)	Hercules Wimbledon AC	1009	8220	00:56:26	Greg Aagaard	Sparkhill Harriers
899	7458	00:54:33	Andy Fox	Manx Harriers	1010	6721	00:56:27	Mike Bennett	Elvet Striders
900	8567	00:54:33	Simon Vallance	Valley Striders	1011	8363	00:56:28	Gerard Watson	Sunderland Strollers
901	7068	00:54:34	Carl Sommer	Huncoke Harriers AC	1012	8378	00:56:29	Richard Warning	Swinton RC
902	7810	00:54:35	Chris Brook	Ranelagh Harriers	1013	7662	00:56:30	Joe Gardener	Notts AC
903	7075	00:54:36	Shane Hunt	Huntingdonshire AC	1014	7806	00:56:32	Frank Nolan	Queens Park Harriers
904	6551	00:54:37	Philip Johnson	Cleethorpes AC	1015	7083	00:56:33	Matthew Maple	Ilford AC
905	6611	00:54:38	Steve Hutchinson	Darlington Harriers	1016	7781	00:56:33	Simon Beverley	Pudsey Pacers RC
906	8826	00:54:38	Robert Roper	Worksop Harriers	1017	8658	00:56:33	Russell Mabbett	Wesham Road Runners
907	7089	00:54:39	Arthur Reilly	Ilkley Harriers	1018	6462	00:56:33	Dave Taylor	Chorley AC
908	8303	00:54:40	Peter Brown	Steel City Striders	1019	7854	00:56:34	Paul Ridley	Riverside Runners
909	7541	00:54:40	Richard Teasdale	Morpeth Harriers & AC	1020	7413	00:56:34	Kevin Jackson	Macclesfield Harriers & AC
910	8034	00:54:41	Dean Morley	Serpentine RC	1021	8657	00:56:34	Alan Glasgow	Wesham Road Runners
911	6556	00:54:41	Matthew Russell	Clowne RR	1022	6539	00:56:36	Matthew Kingston	Claremont RR & AC
912	8586	00:54:42	Paul Hedley	Virgin Active RR	1023	6742	00:56:37	Mark Alden	Epsom & Ewell Harriers
913	8615	00:54:42	Richard Perry	Wallasey AC	1024	8550	00:56:37	Mark Hunter	Valley Striders
914	6464	00:54:42	Paul Wareing	Chorley AC	1025	8604	00:56:37	Steve Wilkinson	Wakefield District Harriers & AC
915	8408	00:54:44	Peter Plant	Telford AC	1026	6679	00:56:38	Andrew Farley	East Cheshire Harriers & Tameside AC
916	7980	00:54:44	Chris Redfern	Salthwell Harriers	1027	6562	00:56:40	Andy Roberts	Congleton Harriers
917	6012	00:54:45	Dominic Nurse	Abbey Runners	1028	6884	00:56:41	John McNerney	Harrogate Harriers & AC
918	6101	00:54:46	Mick Casey	Barnsley AC	1029	6833	00:56:42	Mark Gaughan	Halifax Harriers AC
919	6092	00:54:47	Liam Mitchell	Barnet & District AC	1030	7492	00:56:43	Bobby Boothroyd	Metropolitan Police AC
920	7347	00:54:47	Steve Clayton	Liverpool RC	1031	6557	00:56:43	Paul Sadler	Clowne RR
921	7416	00:54:48	Raph Murray	Macclesfield Harriers & AC	1032	6529	00:56:44	Phillip Diamond	Clapham Chasers
922	8222	00:54:49	Andy Carroll	Sparkhill Harriers	1033	8853	00:56:46	Patrick Langhan	York Knavesmire Harriers
923	7197	00:54:55	Sam Ostermeyer	Kirkstall Harriers	1034	7101	00:56:46	Mike Roberts	Invicta East Kent AC
924	8278	00:54:58	Steve Tate	St.Helens Sutton AC	1035	8127	00:56:48	Dave Richardson	Sinfin RC
925	7984	00:55:00	Keith Wood	Salthwell Harriers	1036	7667	00:56:48	Jamie Hutchinson	Notts AC
926	7715	00:55:01	Simon Anderson	Otley AC	1037	8161	00:56:50	Simon Walker	South Cheshire Harriers
927	7402	00:55:02	Torry Hellings	Lytham St Annes RRC	1038	6007	00:56:52	David Gillian	Abbey Runners
928	7940	00:55:03	Jerry Smith	Sale Harriers Manchester	1039	8304	00:56:52	Andy Buck	Steel City Striders
929	8420	00:55:03	Larry Mathews	Thames Hare & Hounds	1040	7746	00:56:56	Martin Hirrell	Penny Lane Striders
930	6885	00:55:03	Brian Miller	Harrogate Harriers & AC	1041	7271	00:56:56	Samuel Demharter	Leeds University CCC
931	8732	00:55:05	David Huck	Windsor Slough Eton & Hounslow AC	1042	6671	00:56:56	Howard Bamber	East Cheshire Harriers & Tameside AC
932	7103	00:55:06	John Wilkins	Invicta East Kent AC	1043	7173	00:56:59	Andrew Clawson	Kettering Town Harriers
933	6293	00:55:07	Brendan McShane	Blackheath & Bromley Harriers	1044	6342	00:57:00	Phil Galpin	Bourne Town Harriers
934	7800	00:55:07	Steven Snook	Quakers RC	1045	8268	00:57:01	Anthony Marsh	Springfield Striders
935	7070	00:55:08	Andrew Wolley	Huncoke Harriers AC	1046	8344	00:57:02	Leonard Chistopher	Sunderland Harriers & AC
936	7730	00:55:09	Simon May	Owls AC	1047	6618	00:57:03	Peter Butler	Dartford RR
937	7196	00:55:09	Paul Miller	Kirkstall Harriers	1048	8553	00:57:04	Gary Mann	Valley Striders
938	7995	00:55:10	Ean Parsons	Sedgefield Harriers	1049	8276	00:57:06	Peter Johnson	St.Helens Sutton AC
939	7641	00:55:11	Darwin Turner	Norwich RR	1050	6004	00:57:08	Andrew Davidson	Abbey Runners
940	7759	00:55:12	Ray Wilson	Peterborough AC	1051	6180	00:57:11	Neil Bant	Beverley AC
941	8196	00:55:12	Howard Long	Southampton RC	1052	8838	00:57:11	Brian Jones	Yaxley Runners & Joggers
942	7510	00:55:12	Tom McGrath	Middlesbrough & Cleveland Harriers	1053	7377	00:57:12	Leighton Medley	Longwood Harriers AC
943	7410	00:55:14	Robert Hawse	Mablethorpe RC	1054	7263	00:57:13	Gary Wilks	Leeds City AC
944	6076	00:55:15	Paul Baildon	Baildon Runners	1055	8347	00:57:13	Fegogrick Judson	Sunderland Harriers & AC
945	8549	00:55:16	Roy Huggins	Valley Striders	1056	7973	00:57:14	Ron Warrender	Salford Harriers
946	8518	00:55:16	Dan Clowes	Trentham RC	1057	6512	00:57:15	Jerry Barnes	City of York AC
947	8610	00:55:17	Mike Hughes	Wallasey AC	1058	8040	00:57:15	Mark Palmer (F)	Serpentine RC
948	8873	00:55:18	Nick Thorpe	Kippax & District Harriers	1059	7742	00:57:15	Mal Balmer	Penny Lane Striders
949	6408	00:55:19	Terry Fowler	Buxton & District AC	1060	6798	00:57:16	Chris Slone	Gosforth Harriers & AC
950	7033	00:55:20	Philip Egan	Holmfirth Harriers AC	1061	7119	00:57:19	Steve Lelliot	Istead & Ifield Harriers
951	7820	00:55:20	Christian Vaughan	Ranelagh Harriers	1062	8356	00:57:20	Mick Armstrong	Sunderland Strollers
952	7247	00:55:21	Danny Jones	Leeds City AC	1063	6308	00:57:20	Ian Close	Blackpool Wyre & Fylde AC
953	7269	00:55:21	Adam Brown	Leeds University CCC	1064	8551	00:57:22	Alan Hutchinson	Valley Striders
954	6002	00:55:22	Dave Wilson	26.2 RRC	1065	7408	00:57:23	Nigel Simpkin	Lytham St Annes RRC
955	7077	00:55:23	Andrew Richardson	Huntingdonshire AC	1066	6364	00:57:24	Kevin Lewis	Bridlington RR
956	8215	00:55:25	Tom Peacock	Southport Waterloo AC	1067	8758	00:57:28	John Green	Wolds Veterans RC
957	7409	00:55:26	Graham Webster	Lytham St Annes RRC	1068	7897	00:57:29	John Spencer	Rotherham Harriers & AC
958	6758	00:55:28	Adrian Frost	Eton Manor AC	1069	7499	00:57:30	Luke Lazell	Metropolitan Police AC
959	7127	00:55:29	Steve Carter	Keighley & Craven AC	1070	6097	00:57:31	Graham Bateson	Barnsley AC
960	8796	00:55:30	Alistair Holford	Woodford Green AC with Essex Ladies	1071	8828	00:57:32	Nick Dilkes	Wreake Runners
961	7123	00:55:31	Paul Raimbault	Jersey Spartans AC	1072	6431	00:57:33	Michael Bridgeland	Chelmsford AC
962	7404	00:55:33	Colin Laidlaw	Lytham St Annes RRC	1073	6285	00:57:35	Con Griffin	Blackheath & Bromley Harriers
963	7037	00:55:33	Brandon Holroyd	Holmfirth Harriers AC	1074	8795	00:57:36	Jonny Hargreaves	Woodford Green AC with Essex Ladies
964	7842	00:55:33	Paddy Patrick	Reigate Priory AC	1075	7870	00:57:37	Nigel Shaw	Rochdale Harriers & AC
965	6536	00:55:35	Louis Coles	Claremont RR & AC	1076	7513	00:57:39	Stephen Small	Middlesbrough & Cleveland Harriers
966	7096	00:55:36	Adrian Dawson	Invicta East Kent AC	1077	7176	00:57:41	Shanz Smith	Kettering Town Harriers
967	8260	00:55:37	Barrie Adams	Sphinx AC	1078	8413	00:57:42	Andrew Sedgley	Telford Harriers
968	8247	00:55:37	Julian Spencer	Spectrum Striders	1079	6351	00:57:45	Paul Foot	Bournville Harriers
969	7194	00:55:37	Tim Foreman	Kirkstall Harriers	1080	8229	00:57:45	Rob Mills	Sparkhill Harriers
970	7149	00:55:39	Peter Matthews	Kenilworth Runners	1081	7392	00:57:48	Luke Scorer	Low Fell RC
971	8603	00:55:40	Richard West	Wakefield District Harriers & AC	1082	8263	00:57:49	Mark Coyle	Sphinx AC
972	6878	00:55:41	Simon Baker	Harrogate Harriers & AC	1083	7982	00:57:52	Jimmy Smith	Salthwell Harriers
973	6667	00:55:42	Steve Plested	Ealing Southall & Middlesex AC	1084	7412	00:57:53	Chris Holden	Macclesfield Harriers & AC
974	8829	00:55:42	Mark Jelley	Wreake Runners	1085	6352	00:57:53	Chris Harlen-Marks	Bournville Harriers
975	7722	00:55:42	Andy Hunt	Otley AC	1086	7935	00:57:55	Tim Rainey	Sale Harriers Manchester
976	8321	00:55:43	Mark Chidgey	Stockport PCT RC	1087	7446	00:57:56	Jon Hardy	Mansfield Harriers & AC
977	8432	00:55:45	Richard Bell	Thames Valley Harriers	1088	6084	00:57:59	Lorne McNeil	Baildon Runners
978	8825	00:55:46	David Havenhand	Worksop Harriers	1089	6192	00:58:00	Peter Watkinson	Beverley AC
979	6819	00:55:48	Paul Butler	Halesowen AC	1090	8109	00:58:01	Tony Keech	Silson Joggers AC
980	6759	00:55:49	Ian Lambert	Eton Manor AC	1091	7017	00:58:01	Anupam Das	Hillingdon AC
981	7190	00:55:52	Gerry Waterton	Kippax & District Harriers	1092	6980	00:58:02	Valdis Pauzers	Herne Hill Harriers
982	8585	00:55:54	Russell Gardham	Virgin Active RR	1093	7705	00:58:02	Brian Schofield	Oldham & Royton Harriers & AC
983	8490	00:55:54	Tony Cohen	Tonbridge AC	1094	7213	00:58:03	Tony Foster	Leamington C & AC
984	6470	00:55:55	James Matthews	Chorley Harriers	1095	7208	00:58:03	Steve Perry	Lancaster & Morecambe AC
985	7873	00:55:55	Nick Walsh	Rochdale Harriers & AC	1096	7362	00:58:05	Carl Heap	London Heathside
986	6080	00:55:55	Gareth Hey	Baildon Runners	1097	7745	00:58:08	Tim Fletcher	Penny Lane Striders
987	6901	00:55:56	Paul McCleery	Hastings AC	1098	6722	00:58:09	Geoff Davis	Elvet Striders
988	6429	00:55:57	Mark Whitmore	Charnwood AC	1099	7565	00:58:14	Alex Combie	Newark AC
989	6177	00:55:58	Andrew Rose	Belper Harriers	1100	6672	00:58:14	John Bowker	East Cheshire Harriers & Tameside AC
990	6400	00:56:01	Nick Chapman	Burton AC	1101	7625	00:58:15	Michael Armes	Norwich RR
991	8770	00:56:04	Duncan Davies	Wolverhampton & Bilston AC	1102	8583	00:58:17	Robert Clarkson	Virgin Active RR
992	6175	00:56:05	Robert Norman	Belper Harriers	1103	7346	00:58:21	Robert Burke	Liverpool RC
993	8342	00:56:07	Roy Baker	Sunderland Harriers & AC	1104	6680	00:58:21	Tony Faulkner	East Cheshire Harriers & Tameside AC
994	8096	00:56:08	Mike Levery	Sheffield RC	1105	6714	00:58:21	Tom Hanson	Elswick Harriers
995	7387	00:56:09	Gerald Bishop	Low Fell RC	1106	7076	00:58:22	Ian Marshall	Huntingdonshire AC

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
###	7749	00:58:22	Tony Man	Penny Lane Striders	1218	6702	01:00:46	Graham Wilkinson	East Hull Harriers
###	8946	00:58:23	Duncan Chambers	York Knavesmire Harriers	1219	8343	01:00:50	William Bittlestone	Sunderland Harriers & AC
###	7333	00:58:25	Adrian Roach	Liverpool Harriers & AC	1220	8308	01:00:51	Ian Stinson	Steel City Striders
###	7290	00:58:27	Andy Howarth	Leigh Harriers & AC	1221	7784	01:00:52	David Byrom	Pudsey Pacers RC
###	7356	00:58:28	Alan Howard	Loftus & Whitby AC	1222	6797	01:00:53	Steven Bond	Gosforth Harriers & AC
###	8560	00:58:28	Alistair Smyth	Valley Striders	1223	7407	01:00:54	Joe Shaw	Lytham St Annes RRC
###	7833	00:58:29	Terry Chambers	Redhill RR	1224	6320	01:00:55	Jeff Wright	Blackpool Wyre & Fylde AC
###	7508	00:58:32	Michael Good	Middlesbrough & Cleveland Harriers	1225	7060	01:00:57	Peter Ramsdale	Horwich RMI Harriers
###	7212	00:58:32	Paul Caruana	Leamington C & AC	1226	8752	01:00:59	Terry Alabaster	Witham RC
###	7994	00:58:33	Matthew Jones	Sedgefield Harriers	1227	8023	01:01:00	Ian Hodge	Serpentine RC
###	7126	00:58:34	Andy Brett	Keighley & Craven AC	1228	7090	01:01:02	Peter Shields	Ilkley Harriers
###	7643	00:58:34	Ken Allen	Notts AC	1229	7434	01:01:07	Mike O'Brien	Manchester YMCA Harriers
###	7835	00:58:36	Clive Greyson	Redhill RR	1230	8340	01:01:11	Philip May	Stubbington Green Runners
###	8353	00:58:36	Peter Richardson	Sunderland Harriers & AC	1231	8665	01:01:12	Brian Porter	Wesham Road Runners
###	8645	00:58:37	Paul Emery	Watford Joggers	1232	7195	01:01:14	Randolph Haggerty	Kirkstall Harriers
###	7758	00:58:37	Peter Ward	Peterborough AC	1233	7635	01:01:16	Richard High	Norwich RR
###	6669	00:58:38	Philip York	Ealing Southall & Middlesex AC	1234	7380	01:01:16	Michael Proctor	Longwood Harriers AC
###	7796	00:58:43	David Woodhead	Pudsey Pacers RC	1235	7099	01:01:17	Tom Purnell	Invicta East Kent AC
###	8800	00:58:44	Steve Lambert	Woodford Green AC with Essex Ladies	1236	6401	01:01:18	Robert Sharratt	Burton AC
###	6720	00:58:44	Robert Wilson	Elswick Harriers	1237	8400	01:01:18	Steve Moss	Teesdale AC
###	6805	00:58:45	John Hargreaves	Great Western Runners	1238	6857	01:01:19	John Spencer	Hallamshire Harriers
###	6652	00:58:46	Andrew Murray	Dulwich Runners	1239	7448	01:01:20	Carl Lancaster	Mansfield Harriers & AC
###	8241	00:58:47	Geoff Hand	Spectrum Striders	1240	8613	01:01:21	Pete McArdle	Wallasey AC
###	6553	00:58:47	David Hazelton	Clowne RR	1241	7990	01:01:26	Richard Bayles	Sedgefield Harriers
###	7552	00:58:48	Jaroslav Nijak	Nene Valley Harriers	1242	7863	01:01:27	Martin O'Reilly	Rochdale Harriers & AC
###	6146	00:58:48	Rab Acid	Beeston AC	1243	6811	01:01:27	Matt Lythell	Guildford & Godalming AC
###	8699	00:58:50	Graham Wiggins	White Horse Harriers	1244	8552	01:01:28	Rob Jackson	Valley Striders
###	8454	00:58:51	Nick Brown	The Stragglers	1245	6174	01:01:29	Steve Meath	Belper Harriers
###	7554	00:58:52	Iain Dovey	New Marske Harriers	1246	6872	01:01:30	Martin Hughes	Harborough AC
###	8147	00:58:54	Robert Pritchard	Skyrac AC	1247	6325	01:01:32	Shaun Dodd	Blyth RC
###	8564	00:58:54	Andy Thorpe	Valley Striders	1248	7062	01:01:34	Gordon Stone	Horwich RMI Harriers
###	7702	00:58:55	Nick Wilson	Nuneaton Harriers AC	1249	6594	01:01:35	Martin Slevin	Coventry Godiva Harriers
###	6545	00:58:55	James Hickie	Clayton-le-Moors Harriers	1250	7642	01:01:35	Tim Tyler	Norwich RR
###	7188	00:58:56	Bruce Fletcher	Kippax & District Harriers	1251	8547	01:01:36	Tony Hagarth	Valley Striders
###	8306	00:58:56	Dave Parry	Steel City Striders	1252	6202	01:01:38	Richard Long	Bexley AC
###	7572	00:58:58	Richard Peach	Newark AC	1253	8111	01:01:41	Graham Linnell	Silson Joggers AC
###	8769	00:59:00	Paul Carroll	Wolverhampton & Bilston AC	1254	6152	01:01:44	Don Anderson	Belgrave Harriers
###	8573	00:59:01	Peter Simpson	Vegan Runners UK	1255	7571	01:01:52	Rob Orgill	Newark AC
###	7349	00:59:01	William Merritt	Liverpool RC	1256	8571	01:01:56	Paul White	Valley Striders
###	7406	00:59:04	Willie Richmond	Lytham St Annes RRC	1257	7616	01:01:57	Trevor Moss	North York Moors AC
###	8341	00:59:05	Gordon Westley	Stubbington Green Runners	1258	6081	01:01:58	Don Johnson	Baldon Runners
###	6795	00:59:05	Neil McGrow	Glossopdale Harriers	1259	8612	01:02:00	Derek McArdle	Wallasey AC
###	7753	00:59:05	Tim Warn	Penny Lane Striders	1260	7421	01:02:01	Michael Cunninghamham	Manchester Harriers & AC
###	8401	00:59:06	Michael Thompson	Teesdale AC	1261	6692	01:02:04	Carl Dickenson	East Hull Harriers
###	7216	00:59:07	Graham Roberts	Leamington C & AC	1262	7689	01:02:07	Martin Saunders	Notts AC
###	7567	00:59:08	Jonathan Compton	Newark AC	1263	7405	01:02:15	Colin Nelson	Lytham St Annes RRC
###	8590	00:59:09	Tony Audsley	Wakefield District Harriers & AC	1264	6113	01:02:20	Ian Smith	Basingstoke & Mid Hants AC
###	8336	00:59:10	John Gueran	Stubbington Green Runners	1265	6323	01:02:23	Robby Barkley	Blyth RC
###	7051	00:59:11	Phil McGeever	Horsforth Harriers	1266	6835	01:02:25	Bill Sage	Halifax Harriers AC
###	7039	00:59:12	Jason Kaushal	Holmfirth Harriers AC	1267	7611	01:02:27	Dave Morris	North Shields Polytechnic
###	7813	00:59:13	Jar O'Brien	Ranelagh Harriers	1268	7420	01:02:33	Mark Wheelton	Macclesfield Harriers & AC
###	6201	00:59:15	Ross Jenner	Bexley AC	1269	6173	01:02:35	Simon Hackett	Belper Harriers
###	6604	00:59:16	Matthew Kiernan	Croydon Harriers	1270	6178	01:02:36	Malcolm Weir	Belper Harriers
###	7658	00:59:18	Nick Evans	Notts AC	1271	6880	01:02:39	Pat Brew	Harrogate Harriers & AC
###	7199	00:59:20	Stuart Peardon	Kirkstall Harriers	1272	6075	01:02:40	John Wilcock	Aurora Harriers
###	7239	00:59:21	Robert Gatenby	Leeds City AC	1273	8589	01:02:46	Richard Pullan	Virgin Active RR
###	7859	00:59:22	Stev Leak	Rochdale Harriers & AC	1274	6804	01:02:48	Terry Fenton	Great Western Runners
###	7977	00:59:25	David Cairns	Saltwell Harriers	1275	7207	01:02:50	Philip Lightfoot	KPMG
###	6218	00:59:26	Fred Gibbs	Bingley Harriers & AC	1276	7452	01:02:50	Grant Saxton	Mansfield Harriers & AC
###	6867	00:59:29	Richard Brown	Harborough AC	1277	7721	01:02:53	Tom Hannah	Otley AC
###	8262	00:59:30	Barrie Burrows	Sphinx AC	1278	7566	01:02:54	John Combie	Newark AC
###	8279	00:59:31	Ray Vose	St.Helens Sutton AC	1279	6455	01:02:55	Barry Chester	Chorley AC
###	7338	00:59:32	Keith Lester	Liverpool Pembroke & Sefton H & AC	1280	6460	01:02:57	Henry Minorzyk	Chorley AC
###	8587	00:59:33	Michael Jameson	Virgin Active RR	1281	7803	01:03:00	Andy Angus	Queens Park Harriers
###	7792	00:59:33	Darryl Stead	Pudsey Pacers RC	1282	8565	01:03:02	Mick Tinker	Valley Striders
###	7091	00:59:34	Steve Weston	Ilkley Harriers	1283	8365	01:03:02	John Woodward	Sunderland Strollers
###	8782	00:59:36	Richard Wilson	Wolverhampton & Bilston AC	1284	6085	01:03:02	Rick Nottidge	Baldon Runners
###	6754	00:59:36	Steve Adams	Eton Manor AC	1285	6602	01:03:03	Norman Hemming	Croydon Harriers
###	6068	00:59:38	Ian Hayden	Aurora Harriers	1286	6011	01:03:04	David Nahal	Abbey Runners
###	7016	00:59:39	John Bignell	Hillingdon AC	1287	7065	01:03:04	Keith Chambers	Huncote Harriers AC
###	8804	00:59:40	Michael Murphy	Woodford Green AC with Essex Ladies	1288	7301	01:03:09	Fred Watt	Leighton Buzzard AC
###	7445	00:59:40	Jason Foster	Mansfield Harriers & AC	1289	7115	01:03:14	Ian Creasy	Istead & Ifield Harriers
###	7850	00:59:41	Jerry Bateman	Ripley RC	1290	8749	01:03:20	Nigel Pratten	Wirral AC
###	6098	00:59:42	David Bennett	Barnsley AC	1291	8692	01:03:22	John Simpson	Wetherby Runners AC
###	6537	00:59:43	Colin Dilks	Claremont RR & AC	1292	8753	01:03:26	David Andrews	Witham RC
###	6902	00:59:45	Mark Reece	Hastings AC	1293	6348	01:03:26	Roland Stevens	Bourne Town Harriers
###	6077	00:59:46	Simon Bowns	Baldon Runners	1294	8609	01:03:28	Mike Griffiths	Wallasey AC
###	6199	00:59:46	Colin Hyde	Bexley AC	1295	6648	01:03:32	Dan Smith	Dudley Kingswinford RC
###	6534	00:59:48	Gideon Shawyer	Clapham Chasers	1296	6073	01:03:34	Gareth Thraves	Aurora Harriers
###	7786	00:59:49	Nigel Craven	Pudsey Pacers RC	1297	6149	01:03:37	Mark Hodgson	Beeston AC
###	8540	00:59:50	Malcolm Coles	Valley Striders	1298	7092	01:03:37	Paul Wood	Ilkley Harriers
###	8536	00:59:53	Patrick Barrett	Valley Striders	1299	6398	01:03:38	Leonard Quartly	Bromsgrove & Redditch AC
###	7674	00:59:55	Richard Mitson	Notts AC	1300	8199	01:03:39	Richard Pearson	Southampton RC
###	8568	00:59:56	John Wallace	Valley Striders	1301	6607	01:03:40	Rob Sargent	Dagenham 88 Runners
###	7200	01:00:00	Martin Savage	Kirkstall Harriers	1302	6834	01:03:44	Heath Reilly	Halifax Harriers AC
###	6631	01:00:01	Philip Harries	Derby AC	1303	7020	01:03:45	John Luscombe	Hillingdon AC
###	7857	01:00:01	Raymond Dalby	Rochdale Harriers & AC	1304	7147	01:03:46	Tom Dable	Kenilworth Runners
###	7250	01:00:02	John Mace	Leeds City AC	1305	7118	01:03:48	John Gillis	Istead & Ifield Harriers
###	6808	01:00:05	Michael Willcox	Great Western Runners	1306	7839	01:03:48	Neil Hankton	Reigate Priory AC
###	8780	01:00:06	Jim Smith	Wolverhampton & Bilston AC	1307	6634	01:03:50	Karl Petch	Derby AC
###	8167	01:00:07	Peter Emery	South London Harriers	1308	8364	01:03:50	Phillip Watson	Sunderland Strollers
###	8012	01:00:10	Gavin Edmonds	Serpentine RC	1309	7507	01:04:01	Roger Croft	Middlesbrough & Cleveland Harriers
###	8754	01:00:10	Keith Taylor	Witham RC	1310	7869	01:04:07	Kristian Robinson	Rochdale Harriers & AC
###	7805	01:00:11	Martin Hill	Queens Park Harriers	1311	8840	01:04:10	Leonard Peacock	Yaxley Runners & Joggers
###	6616	01:00:12	Geoff Ward	Darlington Harriers	1312	8845	01:04:24	Ian Bithell	York Knavesmire Harriers
###	7121	01:00:13	Chris Thompson	Istead & Ifield Harriers	1313	8146	01:04:28	Alan Bye	Skyrac AC
###	8531	01:00:16	Colin Rathbone	Vale Royal AC	1314	8265	01:04:32	David Kelly	Sphinx AC
###	7799	01:00:16	Graham Park	Quakers RC	1315	6347	01:04:34	Richard Pearson	Bourne Town Harriers
###	7191	01:00:18	Kevin Blackhurst	Kirkstall Harriers	1316	7856	01:04:40	Matthew Cox	Rochdale Harriers & AC
###	8175	01:00:23	George Arthur	South Shields Harriers	1317	6070	01:04:41	William Raine	Aurora Harriers
###	6079	01:00:25	Ian Ferris	Baldon Runners	1318	8322	01:04:43	Paul Hawgood	Stockport PCT RC
###	8624	01:00:26	Stan Williams	Wallasey AC	1319	6404	01:04:46	Mark Woolerton	Burton AC
###	8777	01:00:26	Ian Pincher	Wolverhampton & Bilston AC	1320	6687	01:04:52	Martin McGann	East Cheshire Harriers & Tameside AC
###	8525	01:00:29	Paul Thomas	Trentham RC	1321	7391	01:04:56	Neil Morris (F)	Low Fell RC
###	8492	01:00:30	Mike Holmes	Tonbridge AC	1322	8362	01:04:59	Andy Stotton	Sunderland Strollers
###	8755	01:00:31	Gary Coulam	Wolds Veterans RC	1323	7983	01:05:02	Richard Townsend	Saltwell Harriers
###	8159	01:00:38	Robert Mayers	South Cheshire Harriers	1324	7627	01:05:05	Mark Burrows	Norwich RR
###	8358	01:00:40	Brian Carroll	Sunderland Strollers	1325	7444	01:05:07	Ian Dobb	Mansfield Harriers & AC
###	6057	01:00:42	Mike Jones	Altrincham & District AC	1326	7210	01:05:10	Dave Blower	Leamington C & AC
###	7419	01:00:42	Alan Webster	Macclesfield Harriers & AC	1327	6324	01:05:13	Ralph Dickinson	Blyth RC
###	7725	01:00:44	Phil Robinson	Otley AC	1328	8072	01:05:18	Russell Devitt	Shaftesbury Barnet Harriers

Pos	RaceNo	Time	Name	Club	Pos	Points	Team Name	Placings
###	6540	01:05:21	David Wotton	Claremont RR & AC				
###	8498	01:05:22	Charles Whitmore	Tonbridge AC	1	182	Aldershot Farnham & District	(1 9 11 43 45 73)
###	8756	01:05:31	Dave Edwards	Wolds Veterans RC	2	208	Leeds City AC	(7 10 39 40 49 63)
###	6361	01:05:34	David Foster	Bridlington RR	3	291	Bedford & County AC	(4 13 35 62 87 90)
###	7442	01:05:36	Adrian Bellingham	Mansfield Harriers & AC	4	309	Coventry Godiva Harriers	(19 30 32 55 68 105)
###	8015	01:05:46	Kieran Fanning (F)	Serpentine RC	5	390	Woodford Green AC with Es	(28 51 64 72 82 93)
###	7165	01:05:48	Adrian Musson	Kent AC	6	392	Tipton Harriers	(14 33 57 60 96 132)
###	7763	01:05:50	Nigel Harding	Poole AC	7	567	Belgrave Harriers	(16 41 89 103 153 165)
###	6832	01:05:55	Stuart Towison	Halesowen AC	8	594	Newham & Essex Beagles	(2 25 31 69 199 268)
###	6432	01:05:55	Adam Colgrave	Chelmsford AC	9	733	Hallamshire Harriers	(66 98 104 135 142 188)
###	8319	01:06:03	Martin Vance	Stockport Harriers & AC	10	830	Serpentine RC	(27 80 120 155 221 227)
###	7311	01:06:03	Geoff Powley	Lincoln Wellington AC	11	912	Morpeth Harriers & AC	(95 124 137 163 180 213)
###	8189	01:06:09	Frank Strand	South Shields Harriers	12	955	Liverpool Harriers & AC	(85 118 128 136 178 310)
###	6082	01:06:13	Richard Kirwan	Baildon Runners	13	961	Blackheath & Bromley Harrie	(61 119 148 149 223 261)
###	6415	01:06:14	Gerald Meah	Cambridge & Coleridge	14	976	City of Norwich AC	(52 122 127 182 215 278)
###	6072	01:06:14	Andrew Thompson	Aurora Harriers	15	1003	Herne Hill Harriers	(74 125 175 185 220 224)
###	8542	01:06:15	Steve Dixon	Valley Striders	16	1025	Notts AC	(17 29 198 257 260 264)
###	8124	01:06:16	Tom Pope	Sinfin RC	17	1043	Kent AC	(26 36 211 225 250 295)
###	8685	01:06:17	Tim Westmacott	Westbury Harriers	18	1075	Sale Harriers Manchester	(15 24 67 111 423 435)
###	6190	01:06:17	Neil Sergeant	Beverley AC	19	1140	Highgate Harriers	(37 102 174 189 207 431)
###	8831	01:06:18	Phil McMeelance	Wreake Runners	20	1249	Bingley Harriers & AC	(140 168 210 218 251 262)
###	8240	01:06:20	Neville Griffiths	Spectrum Striders	21	1359	Salford Harriers	(88 169 231 247 265 359)
###	7112	01:06:22	Stephen Barnsley	Istead & Ifield Harriers	22	1770	Stockport Harriers & AC	(3 109 249 436 463 510)
###	6538	01:06:23	David Kear	Claremont RR & AC	23	1821	Trafford AC	(97 129 275 296 348 676)
###	8497	01:06:26	Stuart Smith	Tonbridge AC	24	1850	Brighton & Hove City AC	(202 230 292 308 375 443)
###	7382	01:06:26	John Hart	Loughton AC	25	1873	Altrincham & District AC	(18 20 156 476 555 648)
###	7209	01:06:27	Mick Aston	Leamington C & AC	26	1902	Manx Harriers	(65 173 323 411 461 469)
###	6259	01:06:29	Geoffrey Mann	Birmingham Rowheath AC	27	2080	Hercules Wimbledon AC	(154 317 321 353 387 548)
###	6420	01:06:34	Mark Newell	Cambridge Harriers	28	2097	Wilmslow RC	(236 277 297 300 412 575)
###	7383	01:06:37	Tony Maycraft	Loughton AC	29	2209	New Marske Harriers	(22 42 59 79 872 1135)
###	7880	01:06:37	Bill Southgate	Rolls Royce Harriers	30	2222	York Knavesmire Harriers	(70 228 357 444 559 564)
###	6189	01:06:43	Brian Richardson	Beverley AC	31	2352	The Stragglers	(195 209 404 450 515 579)
###	6326	01:06:46	Kevin Freeman	Blyth RC	32	2387	Invicta East Kent AC	(152 164 240 442 634 755)
###	6171	01:06:52	Matthew Conroy	Belper Harriers	33	2440	Southport Waterloo AC	(217 338 399 422 470 594)
###	8324	01:06:57	Ian Clarke	Stourbridge RC	34	2640	East Cheshire Harriers & Tar	(121 352 430 454 611 672)
###	6764	01:07:01	Grahame Eke	Folkestone RC	35	2673	City of York AC	(116 285 468 492 650 662)
###	7297	01:07:04	Jon Hull	Leighton Buzzard AC	36	2704	London Heathside	(206 409 413 446 586 644)
###	8026	01:07:07	Sarb Johal	Serpentine RC	37	2716	Thames Hare & Hounds	(54 181 267 598 687 929)
###	7454	01:07:09	Steve Wragg	Mansfield Harriers & AC	38	2729	East Hull Harriers	(99 452 475 511 532 660)
###	8833	01:07:14	Matthew Bone	Yaxley Runners & Joggers	39	2879	Chelmsford AC	(84 214 339 398 772 1072)
###	8463	01:07:17	Ernie Huck	Thirsk & Sowerby Harriers	40	2904	Halesowen AC	(259 316 343 473 682 831)
###	6522	01:07:23	Dave Paver	City of York AC	41	2947	Keighley & Craven AC	(276 325 447 525 604 770)
###	8607	01:07:25	Phil Bird	Wallasey AC	42	3014	Liverpool Pembroke & Seftor	(269 490 516 542 573 624)
###	7417	01:07:31	David Shoesmith	Macclesfield Harriers & AC	43	3045	Wakefield District Harriers &	(229 524 535 541 603 613)
###	8236	01:07:39	David Winter	Sparkhill Harriers	44	3081	Ranelagh Harriers	(147 201 487 527 817 902)
###	8259	01:07:41	Edward Wilkinson	Spenborough AC	45	3229	Leeds University CCC	(284 326 366 713 744 796)
###	8765	01:07:42	Bill Ward	Wolds Veterans RC	46	3241	Wolverhampton & Bilston AC	(106 471 581 606 717 760)
###	8759	01:07:48	Jon Hammond	Wolds Veterans RC	47	3296	Metropolitan Police AC	(203 298 347 349 1030 1069)
###	6606	01:08:00	David Warren	Croydon Harriers	48	3335	Hillingdon AC	(139 289 391 663 762 1091)
###	6328	01:08:02	Keith Willshire	Blyth RC	49	3367	Pudsey Pacers RC	(358 531 549 556 673 700)
###	8760	01:08:05	John Hudson	Wolds Veterans RC	50	3370	Sparkhill Harriers	(301 333 503 588 749 896)
###	6800	01:08:14	Phillip Hall	Grantham AC	51	3416	Norwich RR	(241 320 576 698 702 879)
###	8156	01:08:21	Michael Cutler	South Cheshire Harriers	52	3460	Valley Striders	(314 377 477 747 767 778)
###	7632	01:08:28	Kevin Gee	Norwich RR	53	3477	South Shields Harriers	(497 528 572 597 636 647)
###	6264	01:08:32	Barry Murray	Birtley AC	54	3568	Mansfield Harriers & AC	(172 381 590 732 800 893)
###	6313	01:08:33	Peter Gibson	Blackpool Wyre & Fylde AC	55	3624	Nene Valley Harriers	(336 432 479 540 706 1131)
###	7393	01:08:34	James Skilling (F)	Low Fell RC	56	3745	Trentham RC	(351 427 429 596 946 996)
###	7696	01:08:41	Keith Waring	Notts AC	57	3794	Low Fell RC	(115 354 440 809 995 1081)
###	6617	01:08:41	Dave Behagg	Dartford RR	58	3825	Otley AC	(342 364 662 656 926 975)
###	7436	01:08:45	Jon Paramor	Manchester YMCA Harriers	59	3884	South London Harriers	(376 465 522 591 733 1197)
###	8261	01:09:04	Paul Bergin	Sphinx AC	60	3886	Blackpool Wyre & Fylde AC	(332 595 645 651 777 886)
###	7804	01:09:10	Alex Brodie	Queens Park Harriers	61	3898	Rugby & Northampton AC	(441 499 546 566 849 997)
###	6459	01:09:15	Phil McCullach	Chorley AC	62	3940	Abbey Runners	(254 406 521 804 917 1038)
###	7866	01:09:30	John Purdy	Rochdale Harriers & AC	63	4038	Westbury Harriers	(365 373 421 748 784 1347)
###	6093	01:10:07	John Murphy	Barnet & District AC	64	4204	Wirral AC	(390 405 628 716 775 1290)
###	6074	01:10:12	Keith Weavers	Aurora Harriers	65	4309	Elswick Harriers	(305 396 592 785 1105 1126)
###	7709	01:10:16	Pete Deadman	Orion Harriers	66	4369	Barnsley AC	(53 428 720 918 1070 1180)
###	6263	01:10:25	Tom Millmore	Birtley AC	67	4374	Silson Joggers AC	(346 460 582 643 1090 1253)
###	8058	01:10:26	Mike Anderton	Severn AC	68	4383	Clowne RR	(46 486 779 911 1031 1130)
###	8246	01:10:44	Alan Peers	Spectrum Striders	69	4409	Holmfirth Harriers AC	(607 691 737 738 797 839)
###	6965	01:11:08	Hassan Dervish (DQ)	Herne Hill Harriers (DQ)	70	4443	Beverley AC	(371 583 694 852 892 1051)
###	6343	01:11:29	Dave Grace	Bourne Town Harriers	71	4534	Steel City Striders	(402 466 578 908 1039 1141)
###	6452	01:11:34	Trevor Brawn	Chiltern Harriers AC	72	4535	Spectrum Striders	(509 599 649 681 968 1129)
###	6665	01:11:44	Alan Keeler	Ealing Southall & Middlesex AC	73	4580	Wallasey AC	(488 618 756 858 913 947)
###	6461	01:11:54	Eddie Murray	Chorley AC	74	4586	Wetherby Runners AC	(416 484 715 783 897 1291)
###	8112	01:11:58	Allan Lock	Silson Joggers AC	75	4695	Liverpool RC	(303 600 881 898 920 1103)
###	8655	01:12:05	Peter Cooke	Wesham Road Runners	76	4707	Sunderland Harriers & AC	(194 420 993 999 1046 1055)
###	7868	01:12:58	Phil Roberts	Rochdale Harriers & AC	77	4779	Harrogate Harriers & AC	(274 731 844 930 972 1028)
###	6757	01:13:09	Steve Dunn	Eton Manor AC	78	4846	Wesham Road Runners	(489 712 795 812 1017 1021)
###	7400	01:13:12	Dave Cosh	Lytham St Annes RRC	79	4866	Spenborough AC	(630 653 688 758 763 1374)
###	6609	01:13:19	John Brant	Darlington Harriers	80	4893	Redhill RR	(664 718 739 811 848 1113)
###	7187	01:13:27	Tony Blythe	Kippax & District Harriers	81	4898	St.Helens Sutton AC	(610 690 806 819 924 1049)
###	7432	01:13:44	Ian Manners	Manchester YMCA Harriers	82	4917	Ilkley Harriers	(196 669 745 907 1172 1228)
###	7938	01:15:02	Paul Rowley	Sale Harriers Manchester	83	5000	Middlesbrough & Cleveland	(502 632 734 942 1076 1114)
###	7151	01:15:23	Arthur Smith	Kenilworth Runners	84	5089	Bexley AC	(722 746 801 820 842 1158)
###	6622	01:15:54	Mike Richardson	Dartford RR	85	5120	Rochdale Harriers & AC	(378 637 882 985 1075 1163)
###	8622	01:16:25	Rolf Westrum	Wallasey AC	86	5165	Tonbridge AC	(246 671 724 983 1211 1330)
###	7375	01:16:47	Richard Hardcastle	Longwood Harriers AC	87	5171	Istead & Ifield Harriers	(612 639 793 864 1061 1202)
###	8708	01:17:29	Trevor Faulkner	Wilmslow RC	88	5178	Great Western Runners	(114 666 802 1127 1195 1274)
###	8160	01:17:37	Martin Stirna	South Cheshire Harriers	89	5286	Saltwell Harriers	(537 661 916 925 1083 1164)
###	6976	01:17:45	Andrew Lea-Gerrard	Herne Hill Harriers	90	5357	Lytham St Annes RRC	(665 781 927 957 962 1065)
###	8377	01:18:40	Andy Smith	Swinton RC	91	5372	Ealing Southall & Middlesex	(456 584 834 973 1123 1402)
###	8841	01:19:15	Ezequiel Ravettin	Yaxley Runners & Joggers	92	5385	Newark AC	(239 498 1099 1142 1152 1255)
###	8548	01:19:39	Paul Holloway	Valley Striders	93	5438	Huncoate Harriers AC	(633 832 850 901 935 1287)
###	7146	01:20:59	Colin Bricher	Kenilworth Runners	94	5465	Huntingdonshire AC	(798 835 868 903 955 1106)
###	7764	01:21:43	George Wright	Poole AC	95	5560	Baildon Runners	(474 885 944 986 1088 1183)
###	7987	01:25:00	Michael Thompson	Scarborough AC	96	5584	Kirkstall Harriers	(403 923 937 969 1161 1191)
###	6262	01:26:50	Patrick Kelly	Birtley AC	97	5598	Wolds Veterans RC	(608 814 890 1007 1067 1212)
###	6456	01:30:28	Mike Coppin	Chorley AC	98	5629	Macclesfield Harriers & AC	(685 703 921 1020 1084 1216)
###	6934	01:33:24	George Routledge	Heaton Harriers	99	5841	Bourne Town Harriers	(307 482 1044 1293 1315 1400)
					100	5892	Virgin Active RR	(453 912 982 1102 1170 1273)
					101	6092	Kenilworth Runners	(283 699 970 1304 1413 1423)
					102	6105	Claremont RR & AC	(256 965 1022 1181 1329 1352)
					103	6109	Eton Manor AC	(587 958 980 1003 1174 1407)
					104	6883	Sunderland Strollers	(1005 1011 1062 1214 1283 1308)
					105	7127	Belper Harriers	(989 992 1245 1269 1270 1362)
					106	7285	Chorley AC	(914 1018 1279 1280 1391 1403)
					107	7798	Aurora Harriers	(1175 1272 1296 1317 1344 1394)